

Vaisakh News Letter



HAMSA ŠIVA SOHAM



Libra 2019 Thula

Letter No. 06/ Cycle 33 – 23rd September until 23rd October 2019

The World Teacher Trust - Global

Invocation



May the Light in me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Prayer of the Year 2019-2020

A Clean Life
 An Open Mind
 A Pure Heart
 An Eager Intellect
 An Unveiled Spiritual Perception
 A Brotherliness for One's Co-Disciple
 A Readiness to Give and Receive Advice and Instruction
 A Loyal Sense of Duty to the Teacher
 A Willing Obedience to the Behests of Truth
 A Courageous Endurance of Personal Injustice
 A Brave Declaration of Principles
 A Valiant Defence of Those who are Unjustly Attacked
 A Constant Eye to the Ideal of Human Progression and Perfection
 which the Secret Science depicts
 These are the Golden Stairs
 up the steps of which the learner may climb
 to the Temple of Divine Wisdom.



Full Moon of Libra, 13th October 2019, 23.08



Message of the Month of Libra

'Balance! Balance! Balance!' This is the message of Libra. Libra is a passionate sign; it does work with passion. This passion exists in all walks of life but the passion can set beings out of order and out of balance. Thus, balance of oneself at all times in all activity is the challenge for Libra. Venus in Libra gives the passion, Moon in Libra gives the imagination but Saturn in Libra is the true guide that balances the passion and emotion of Libra. Saturn is exalted in Libra; Saturn is the lord that imparts patience, tolerance, discipline, adoption to procedures and adoptions to the law of nature. Saturn also bestows the needed detachment which antidotes the passion.

Librans are justice-oriented. They prefer fair play and justice in activity. Justice is imposed in Libra by Saturn while justice is delivered in Sagittarius. The judge sits in Sagittarius while the advocate for justice sits in Libra. Advocates shine well when they carry the energy of Saturn.

Another dimension relating to Libra is, it can easily fall into illusion and yet by associating with Saturn the illusion gets decoded.

The sound Rama is the sound of fire that adjusts the perception of Libra and is therefore strongly recommended by the seers. Inasmuch as one is in tune with the sound of Rama in one's own heart centre all illusions and imbalanced passions are kept at bay. The Librans are the beauty of the creation. All that they need is to surrender at the feet of Saturn the grand master. Once cleared by Saturn a Libran shines-forth without any limitation. May the Librans note the importance of exalted Saturn in Libra and adapt to its discipline.



Message of the Teacher Relating to Respiration and Pulsation

All attachments and entanglements are only at the mental level. Mind is not the place to rest. Mind can never be at ease. It is full of tides high and low and it is ever at fight with life.
Learn to relate to respiration and lift up into pulsation to relive yourself from your ever-nagging mind.



Libra

Utterances of Lord Krishna



Know that I have no obligations in all the three worlds.
There is nothing that I need,
There is nothing that I don't have.
Yet I am ever engaged in action.
(3-22)

I am ever in action
Not because I need to be,
but because you tend to follow me.
If I don't do since I don't need anything, you learn not to do anything
though you need much.
(3-23)



Lord *Maitreya*

Being in Tune with Subtle Plans

There are for sure subtle and divine planes of existence into which one can walk in by translating divine thoughts into action. To be in those planes is a great responsibility; to be at all times in noble thoughts and the related action is like being on a rope to walk. Do not think that you can do excursions and amusements in those worlds. It is but a childish understanding that one can be childish and irresponsible in the planes of light.

Many pay penalties when they are not alert enough to be in tune with their responsibility. The angels and the seers are no exception to it.

Man climbs up to mountain peaks and yet indulges into eating and drinks instead of experiencing the opportunity of being at the highest altitude. Why should one go up from 4000 metres to 8000 metres only to eat potato fry, pasta and drink coca cola? It can as well be done on the ground.

Sacred places are meant for entertaining sacred thoughts and formulating the related plans of action but not for indulgence into the pleasures of the senses. To carry foodstuff to the mountain peak shows the utter ignorance of man in that he is indulging in extra labour in carrying extra food.

Different energies are available when you fly through jet planes at 10000 metres high. Such heights enable effortless ideation and contemplation. The steps of Pranayama, Pratyahara and Dharana can happen; instead people are heavily engaged in seeing as many movies on the mini screens as possible. Indeed, Kali tricks man in every possible way.

Master Morya
– *Maruvu Maharshi* –

Angels of Sicknesses



As much as there are angels for peace and of benediction there are also angels of sickness and infirmities. The latter are but humans. A restless human being is an unconscious transmitter of sicknesses. It disturbs the vibrations around. The sensitive, the weak and the meek are regularly affected by the restlessness of these beings. These transmitters of sickness can be spotted by the wise very easily. These are the ones who regularly discuss about ill health. They are themselves victims of anxiety and fear. Through their conversations they spread the vibrations of sickness to the surroundings. There are other transmitters of sickness. The anxious ones, the ones that ever doubt and the ones who ever irritate themselves and others are also the ones who live in self-pity. They only see the defects of the world and constantly discuss about the worldly deficiencies. They cannot accept the world as such and try to relate to it in a positive manner.

When the angel of sickness is around it is but necessary that you close your doors and windows to such an angel. When people speak regularly of sickness shut your ears towards them. “May we shut the door where evil dwells”.



Master Koot Hoomi
– *Devâpi Maharshi* –

Sambala 17

Recollect Sambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Sambala works generally through the Hierarchy of Masters. This is because others cannot conceive and transmit its energy. The Hierarchy subtly introduces the energy of Sambala into humanity causing the needed changes at a global level. Sambala balances the energies of the planet and ensures counter-balance whenever a particular nation or a race is gaining excessive power. Their hand can be clearly seen in such events as resolution of communistic philosophy which is contrary to freedom and free will which are essential aspects of human progress. It is they who opened up the globe for a free flow of economic forces in the form of globalization. They ensure that neither the West nor the East gain supremacy to the detriment of the others. They constantly supply energies for the upliftment of undeveloped and under-developed communities.

Even to bring planetary adjustments, beside adjustments in humanity, they also ensure water and fire and elemental adjustments. Tsunamis now and then, cyclones of greater dimension, bursting out of the volcanoes are under their regulation. Earthquakes are also seen as a means of adjustment.

The enormous industrial growth followed by atomic fission and the related electronics have their stimuli of Sambala.

The planet and the planetary beings today are walking towards the climax and the related crisis which is also modulated by Sambala.

Those who wish to relate to Sambala should relate to Sahasrara (thousand-petaled lotus) through the means of the Sound OM.

Message of Master E.K.

A Yogi



Anxiety and emotion antidote the state of Yoga.

Equanimity and poise support the state of Yoga.

Let each one weigh himself with these parameters to find if one is a Yogi.



Message of Master C.V.V.

Aphorisms to Disciples 17

53. Choose a posture most comfortable to you to relate to me in prayer. I do not insist upon a particular posture. The posture should give comfort to your entire body so that you can relate to the movements in the body instead of relating to the body as such.

54. Notice the feeble current that is initiated in the prayer and its impact on your entire nervous system via the plexus. Notice also its impact on the system of blood streams. The flow of the currents through the blood streams heal you while the flow through the nervous system rearranges your awareness to unfold and comprehend that which is beyond mental.

55. Strive to ensure that your thought, speech and action are aligned. Let there be no error in this regard; if you do so it enables me to relate to you from within and cause the needed adjustments. The inner and outer have to be adjusted for expression of my energy through you.

Vidura

Teachings of Wisdom



The Master guides those
whose heart is open.
The King commands the subjects,
and even punishes the lawless.
The Lord of Death punishes those
who carry out acts of evil in secrecy.

PRACTICAL WISDOM
Replace self-will by goodwill.



Saraswathi

Suktam 3
Separativity 3

As we are uttered forth in the morning, we feel that we are existing, but in the Eastern terminology this feeling is called maya, in Sanskrit, meaning, illusion. Verily THAT exists as this. The ocean exists as the wave. Without the former, the latter is simply not there. It is the same although it is not the same. That is the beauty of IS and IS NOT. According to one understanding, water is different from the ice block, but from another perspective the ice block is water. The ice block is not different in essence, but is different in state.

When we are awakened in the morning, we feel: I AM, we should become aware of THAT as I AM; otherwise we are lost for that day. As we emerge as a wave from the ocean, each one of us should feel 'I am the ocean emerged as wave'. This is the contemplation that prevents us from feeling separated.

Srî Râmakrishna

The Perfect Man



He indeed is blessed in whom all the qualities of head and heart are fully developed and evenly balanced.

He bears himself well in whatever position he may be placed.

He is full of guileless faith and love for God, and yet his dealings with others leave nothing to be desired.

When he engages in worldly affairs, he is a thorough man of business; In the assemblage of the learned, he establishes his claims as a man of learning and in debates, he shows great powers of reasoning.

To his parents he is obedient and affectionate;

To his brethren and friends he is loving and sweet;

To his neighbours he is kind and sympathetic; always ready to do them good;

And to his wife he is the lord of love.

Such a man is indeed perfect.

PRACTICAL WISDOM

Light in the head is cool.
A hot head is an ignorant one.



On Secret Doctrine

The Four Heads of Purusha 3

Etymologically Asu means breath, Asuras mean the spiritual breath or the breath of God. But for theological purposes they are shown as issuing forth from the thighs of Brahma. They represent the night before the day. The breath is even before the birth of the Creator himself and is therefore known, but not seen. It is not visible like the light of the day. And it is this breath that enables involution to happen. Sura stands for light while Asura stands for darkness. Due to ignorance darkness is negatively interpreted, and is also interpreted as non-divine, non-angelic. The entire creation is made up of invisible and visible nature. The invisible is seen as Diti and the visible is seen as Aditi. To say Diti is evil is but ignorance. As men lost the holistic philosophy of the Vedas, they started dividing the entire male-female energy of God as benefic and malefic, as light and darkness. But the Veda says that darkness is absolute light. The so-called light shines forth upon the background of darkness. What is dark is dark to the seer's eye but not to itself. A man of wisdom sees much more the beauty of the light and darkness. It is no wonder that the deities like Krishna and Rama are depicted in the bluish colour of the night than the light of broad sunlight.

Men should stop dividing the universe according to their knowledge and ignorance. Instead, they would do well to see the fitness of the visible and invisible dimensions of the universe

Saturn

Transformation Neutralization of Karma



Saturn governs the time sense of man. He is also called 'Kronos', the snail of time. We want things to happen very speedily, but he walks in a snail's pace.

Saturn will make us to get the right speed. Man experiences the cycles of time in his mind, and man's concept of these cycles gradually become condensed as he expects more returns from the objective world. There is a point up to which man is allowed to go into the objective world, and after a point there is the retracing into the subjectivity.

In Masonry they say, "Man is screwed trice." In the beginning, man does certain things with a selfish desire. Then, he finds that if he pleases others, he will gain more. That is business. The businessman always tries to meet the taste of the consumer or the customer, not because he loves the customer, but because by that, he sells more and his profits grow. That is the second step, where man looks to others' likes to promote his profit, and in that process, he learns to recognise others' liking. He learns to work for others' liking and by that he becomes virtuous. He learns virtues, which for himself are profit, because he gains more, but slowly, to be virtuous becomes his habit. Then what happens is, the cycles of time, for which Saturn is the presiding Angel, will withdraw the objective profitability, but by then man is stuck to the virtues. Many virtuous men, in history, did not have material success. The man is in conflict and thinks, "To be virtuous perhaps is not good." He swings between virtue and vice. Then, according to the cycles of time and also according to his evolutionary timetable he sticks more and more to virtues, because he is able to please so many people and in that process he rejoices more and more. That is the state

of a real disciple. He will not look to his personal profit in doing things, but looks to profit others. He gradually becomes a man of goodwill. From profit to prophet he reorients! He continues to live for the benefit of others. That is what ultimately happens. A Son of God is thus born, over incarnations.



Discipleship

The Qualities of Sound Mind (From the Laws of Right Relationship)

Fear 2

With most people fear falls into two categories – fear of the future and fear of failure. Fear of the future is a growing tendency in the world and causes much distress. It is the unknown and its possibilities as to need, suffering and death that we fear, both for others and us. There are times when it is wise to look and plan ahead but too much force should not be expended in undue anticipation and preparedness. This because no one can foretell with accuracy what will occur, the unexpected being the most likely possibility. So, the part of wisdom is to live one day at a time, dealing with each problem as it arises to the best of one's ability. Preserve the inner calm and the outer smile and refuse to let the mind wander to the immediate future. As for the present, it is too near for tight perspective and judgment.

Fear of failure, the second most prevalent type of fear, affects people along many lines. The fear that one may fail to make good, the fear that we may not gain the love and admiration of those we love, the fear that we may not be understood, the fear that others despise us or look down upon us, the fear that one may fail to see and grasp opportunity – these are all aspects of the fear complex which colours the lives of so many people. This fear can be based upon an environment, which is uncongenial and unappreciative, or on a personal equipment which seems inadequate to its task.

A disciple



The Teacher

59. Visuddha

Extraordiarily Pure

This attribute of the Teacher relates to the throat centre, which is called the visuddhi centre. The centre of visuddhi is the functional centre for sound and speech. The entire work of the Teacher is with sound. Jupiter is the principle that functions through the Teacher, and Jupiter works through sound. He elevates students imparting the sound. The sound is the medium between him and the student. With the help of sound, he builds a triangle with the student to manifest divinity. Only through triangles manifestation is possible. The student, the Teacher and the sound constitute the triangle. The consequence is the transformation of the student. The sound works as the catalyst for transformation. Transformations are carried out until the student reaches the centre of visuddhi.

All speech and sound regulations are imparted to the student to enable him to appropriately work with the sound (For more details on sound regulations refer to the book on Sound by the same author).

The throat centre stands for Gemini in astrology. Gemini is known for mass initiations (large groups of humans). The Teacher, who is essentially Jupiter, steps down to the throat, takes to the principle of Mercury, imparts sound and initiates humans to cause lift-up. Mercury is the lord of the throat centre. Mercury is also the metal that transforms the base metals into gold. The Teacher thus is especially pure, and with the help of sound he transforms his followers also to be pure. Many are the subtle workings of the Teacher with visuddhi.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart. A disciple

Kapila

The Steps, Part 5



17. By practising slow-soft, deep and uniform breathing and eliminating conflicting thoughts and actions, one can gain poise in respiration. Gaining poise in respiration is called Pranayama. (It is not any exercise of respiration. Holding the breath and holding breathless, etc are acrobatics of respiration and are not recommended by Kapila or even by Patanjali). Proper inhalation eliminates the need for exhalation. And proper exhalation eliminates the need for inhalation. One gradually consumes the other and establishes the one in Samana or poise.



Ashram Leaves

The Unknown

Who created all this?

The Creator himself does not know.

How is it possible that the Creator creates but does not know?

Just as it is possible for a just born baby to pulsate without knowing pulsation.

PRACTICAL WISDOM

Shamballa reveals
when self-will is sacrificed
on the altar of goodwill.

Lord Dattatreya

The Hierarchy of Sri Guru Datta



There are great grand beings who accomplished all initiations even in the previous Kalpa. They form a ladder or a Hierarchy, to help the beings on the Path to Truth. They are invoked from ancient most times through one's own teacher. The Hierarchy is as under:

GURU	the Teacher in physical form
PARAMA GURU	the Teacher of the Teacher
PARAMESTI GURU	the Teacher of the Teacher's Teacher
SAPTA RISHIS	the 7 principles of the 7 stars of the Great Bear
DHRUVA	the Pole Star
SANAKA	the mind-born son of the Creator
SANANDANA	the mind-born son of the Creator
SANAT KUMARA	the mind-born son of the Creator
SUKA	
VYASA	
NARADA	
PARABRAHMAN	

So, from the Lord Absolute up to one's own Teacher, there is a hierarchical order that forms the army of Sri Guru Datta to help the beings at all planes.



Fire

Detailed Explanation 3 IV. Offerings to the 10 Directional Cosmic Devas 1

OM INDRAYA SWÂHÂ. INDRAYA IDAM NA MAMA
Offering to the Lord of EAST, INDRA.

INDRA is the Lord of the East. He protects the whole Creation. He is also the King of the Celestials. He exists in us around the Ajña Centre. He is the Protector of All. He is the Lord of Neptune.

OM AGNAYE SWÂHÂ. AGNAYA IDAM NA MAMA
Offering to the Lord of SOUTH –EAST, AGNI.

AGNI here is the directional Deva. The place of Agni in Creation is South-East. This is in relation to planets and human beings. He is the Lord of Frictional Fire. He exists in us in a Centre between the shoulder blades and in the Sacral Centre. He is the Lord of the vital life in the body.

OM YAMAYA SWÂHÂ. YAMAYA IDAM NA MAMA
Offering to the Lord of SOUTH, YAMA.

YAMA is the Lord of Death. He holds the secret of death. He is the Lord of Pluto, the Grand Disciplinarian. He is in South. The South in us, is the Heart Centre. Unless one follows the Path of Discipleship, this Centre will not unfold.

OM NIRUTAYE SWÂHÂ. NIRUTAYA IDAM NA MAMA

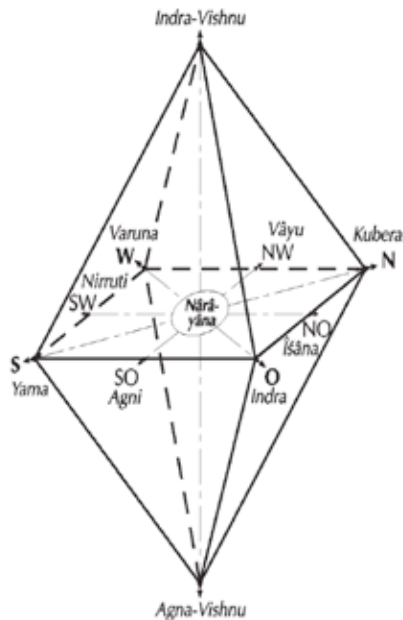
Offering to the Lord of SOUTH-WEST, NIRUTA.

NIRRUTA is the Lord of Material Consolidation. He consolidates every planetary formation. He consolidates every human body and keeps it together. He is the Protector of material formations. He exists in us in the Lower Muladhara Centre.

OM VARUNAYA SWÂHÂ. VARUNAYA IDAM NA MAMA

Offering to the Lord of the WEST, VARUNA.

VARUNA is the Lord of the West. He is the strength in the Creation. He is the Counterpart of the East. He is the container, while MITRA is the content. He is the Lord of Uranus. He exists in us in the Higher Muladhara Centre.





Rudra The Lord of Cosmic Will and Vibration

A Few Dimensions of Rudra 10 Rohithaya

He is the red-coloured one. The colour of Rudra is pure red. Red is the colour of Agni. It is the first colour in the manifestation. It is will. It leads the creation from the seeming nothingness to the apparent something. The will is required to construct and even to destroy. The red colour of Rudra works to create and to destroy. Will is the beginning and also the ending of any periodical activity., The will is required to begin as well as to conclude. Some cannot begin. They need to invoke Rudra. Some cannot conclude. They also need to invoke Rudra. Blockages can generally happen in the activity. Even for clearing such blockages, the will is required. Such will of Rudra can be invoked through the contemplation of the red colour. Only advanced students can work with red. Others are advised to work with orange, a variation of red. Tender persons like children are advised to contemplate upon the rose colour. Even the day starts with red at the eastern horizon and concludes with red at the western horizon.

Sanat Kumara

Observation is the Key



For this reason, Lord Sanat Kumara says, “Do not get worried and do not strain to gather the virtues. Also do not strain to eliminate the vices. It is a path of difficulties. Instead link-up through observation of the Divine in the animate and in-animate forms.” If this practice is carried out with patience and with Sraddha, one transcends even the duality. This is a key by itself, which is generally over-looked.

Observation is the true key. The other word is witnessing. Be patient and be keen to observe the consciousness. You would slowly find that the behavioural patterns are but the imagery on the silver screen of consciousness. Silver screen is the basis for the imagery. Consciousness is the basis for behaviour. Behaviours are in variety. Imagery is also in variety, but the silver screen is one, consciousness is one. When the silver screen is observed, imagery does not affect us. Similarly, when consciousness is observed, behaviours do not affect. But this needs practice for long years. Sometimes the practice may extend to a few lives. Nevertheless, this is the only key to be followed. One may fail a thousand times, but still pursuing this practice is progressing on a direct highway. This needs to be remembered.



From the Teacher's Pen
Questions and Answers
Prayer to the Solar God

Question: Dear Master, can you suggest a single prayer to the Solar God whom we see every morning, that would help me and the fellow men?

Answer: Dear friend, the prayer already exists in the Isha Upanishad:

HIRANMAYENA PATRENA
SATYASYA APIHITAM MUKHAM
TATVAM PUSHAN APAVRUNO
SATYA DHARMAYA DRUSHTAYE

Meaning, 'Unveil to us the face of the true spiritual sun, hidden by a disc of golden light, that we may know the truth and fulfil our duty in our journey to Thy sacred feet.'

(This translated version is given by Master Djwhal Khul, while the original in Sanskrit is also given.) You may do the prayer looking at the rising Sun which looks like a golden solar disc.

The Wisdom of Nakshatras

Star 6: Ardra



Ardra means 'the moist of the eyes'. It has the worldly warmth, the warmth that builds the moist of the Earth which enables growth of fauna and flora. It is the cementing factor. It has a motherly nature in its core while it is hard in its outer.

The presiding deity is Rudra who is the fiercest one, the accomplishing one. The natives of Ardra are fiercely competitive and are achievement oriented. They much believe in self-effort. In Puranas Rudra is said to have been born from out of the Cosmic First Logos through the Third Logos as a child. As the child came out it roared. This is called the cry of Rudra. The fearsome child was split by the creator, the Third Logos, into male-female. The female part is compassionate and full of motherly love while the male part is fearsome. The creator is said to have split the male-female child again into 11 parts to reduce the fearsomeness of Rudra. Thus, 11 Rudras with their female counterparts came into existence to preside over the cosmic, solar and planetary spheres. Ardra constellation is extremely powerful and effective in the outer and is extremely lovable, tender and nourishing in the inner. This star or constellation is a true representation of male-female dimension of Gemini in all the worlds. The planetary ruler of Ardra is Rahu, the node, which again was cut into two pieces by the Second Logos as positive and negative node. The qualities of Rahu as well as Ketu are present in the native of this constellation. One is to grip, the other is to release. One is to re-



member, the other is to forget. One is materialistic, while the other is philosophical and relinquishment oriented. One conditions, the other liberates. If Ardra natives are outwardly soft, they would be very strong inwardly. Likewise, when they appear strong and fearsome outside their inner is very soft and tender, motherly, nourishing etc. If the outfit is male, the inner is female; if the outfit is female, the inner is male. Such is the peculiarity of Ardra.

Since the constellation of Ardra is completely in sun sign Gemini, Mercury, the lord of Gemini associates with the natives of Ardra. The Ardra natives have a combination of intellectuality and passion. They are as much destroyers as builders and vice versa.



The animal symbol of Ardra is dog, especially a female dog. Associating with dog is helpful to the natives of Ardra. A dog can be a good friend while it could also be a menace causing troubles for others. It can be very grateful and can be otherwise. Feeding dogs satisfies the energies of Rahu.

The Ardra natives are self-made people; their self-effort is of profound order. The very word Ardra is the root word of arduous and ardent. They work hard and they are ardent at their work. Hence, mostly their effort yields results. The challenge of natives of Ardra is to balance their intellectual abilities and the emotional feelings. While they are relentless workers they should be consoled and appreciated. They are generally materialistic in their outlook which is a typical characteristic of Rahu, the positive node.

Ardra natives have to take particular care of travels and of marital relations. The best remedy for natives of Ardra is to worship Lord Shiva by which the energies are harmonized and even Rahu and Ketu get to their balance and function beneficially.

The Ardra natives since they are believers in self-effort, they keep pushing things harder and harder and are constantly at perfecting the action. They seldom believe that perfection can only be traced and cannot be achieved. They have illusion of achievement trying for ultimate fulfilment and get disillusioned and dissatisfied when achievement is alluring.

The natives of Ardra would do well to live in humid places, which is in

tune with their moist characteristic. Diamond is the precious stone which is helpful to them. Another peculiar feature of Ardra is, the wild animals are friendly to them due to the affinity of the Rudra energy as it exists commonly as between them. Taming of lions, tigers and other wild beasts is easier for them. The natives of Ardra do not accept defeat. The bird symbol for Ardra is an eagle in its takeoff stage.

Photo dog: Bodlina, Wikimedia



Agni

An Introduction to the Work
of Cosmic Fire, 92

5. The Electric Fire

Faces of First Logos 6

A human being who has realised the presence of the 1st Logos in him can even assimilate the worst poison. And there are persons who demonstrate it. And invariably, they are all the staunch followers of the rituals of Shiva. They are the ritualists who follow the functioning of Shiva and realise Him in them. The two-fold Hierarchy keeps functioning through the supra-cosmic plane of Neptune and Uranus – in the supra-cosmic plane they are called Mitra and Varuna, who are also called Vasistha and Agastya, and for all purposes, we can consider them as the supra-cosmic energies of the Principle of Neptune and the Principle of Uranus. They keep functioning according to the directions of the Lord.

This is in short an understanding of the 1st Logos, and in fact, as I have said in the very beginning, we are more to work with the energies of the 2nd Logos and realise the love-aspect and the soul-aspect. But since there is a visit of the energy of the 1st Logos in the contemporary time, it prompted me to speak a little more of Him from the scriptures. Arising out of this visit of the energy from that cosmic centre, the things that would happen upon the system have been given as prophecies by Master Djwhal Khul. All that He has given about death and all that He spoke about the future manifestation of light and love on the system is based on understanding of the visit of the energy of the 1st Logos. And He has hastened to prepare the humanity towards the new purpose. And He has forewarned the arrival of the New Age and that we all have to walk into a different way of life to live in the New Age. We have to wind up much of our useless activity and orient towards a purpose, because an energy has already visited the system, and if we do not quickly orient to be receptive of the energy, the energy will burn up. That is why He has hastened to speak of the energy

through the books of Madam Bailey. And the 30 years' working with Madam Bailey is only the Master's sense of responsibility to communicate with humanity of the things to come, so that the humanity will prepare for it. Because the visit of energy itself was so sudden, and it was realised only after it visited.

This text is not proofread by the author and might have some mistakes.



Master Djwhal Khul



Master EK

Vishnu Purana
Chapter XXIV

The Infernal Worlds in the Nether Waters

Parasara continued: "Now I will speak to you about the infernal worlds that are found in the nether waters. The sinners are baked to purity in these worlds. These infernal regions are fearsome and uncouth. They are terrible in implementing pains of weapons and fire by the Lord of Discipline. Those who indulge in sinful deeds fall into these worlds.

- One who serves as a false witness, takes sides or reports things wrongly will be taken to Raurava, the Hell of Worms.
- Drunkards, killers of Brahmin, thieves of gold reach Sukara, the Hell of the Boar.
- One who kills a foetus, destroys a township, kills a cow or smothers beings, reaches Rodha, the Hell of Obstruction.
- Killers of kings, killers of merchants and one who shares the bed of his preceptor will be baked in the heated bowl at Tapta Kumbha, the Heated Globe. The same is the fate of one who feels amorous of his sister or kills a good government servant.
- Sellers of good women, of lions' cubs, those who imprison others or desert a devotee will be thrown into molten metal.
- One who feels amorous of his sister or daughter will be thrown into flames at Maha Jwala, the Hell of the Great Flame.
- One who insults his Guru, is cunning as a jackal, criticizes the Vedas or sells knowledge of the Vedas, and one who has illicit relations with ladies will be cut and buried in salt at Lavana, the Hell of Salt.
- One who commits theft or transgresses the law will be thrown upon metal bars.

- One who hates the gods, the Pitris or Brahmins, will be eaten by microbes at Kromi Bhojana.
- One who eats without offering to the Pitris, Devas and his guests will be made to consume large quantities of saliva at Law the Terrible.
- One who cuts the limbs of others with swords, etc., will be slaughtered at Visasana, the Place of Slaughter.
- One who receives bribes will be hung upside down at Adhah Sirah, the Hell where beings are kept upside down.
- One who worships or sacrifices in a wrong way or divulges the secrets of the future indicated by the stars, one who is impulsive in acting and one who feeds others with putrefied food will be taken to be fed with putrefied matter at Huzavaha, the Hell where putrefied matter is given as food. Brahmins who sell flesh and meat and their products, sesame or salt, will also be fed with putrefied food. One who mercilessly plays with cats, dogs, stags, cocks, pigs or birds also reaches the same hell.
- Brahmins who sell books, cooked foods, live by the dramatic arts, sell alcohol, poisonous goods or buffaloes will be thrown into pools mixed with blood at Rudhirambha, the Hell of Bloody Waters. One who lives by celebrating functions, one who kills a friend or a bird or burns a house will meet the same fate.
- One who destroys sacrifices or villages will have to swim through Vaitarani, the river to be crossed.
- Those who transgress in matters of money or youth will be shut in darkness at Krishna, the Plane of Darkness. So too the filthy ones, deceits and adulterators.
- One who cuts forests for nothing will be thrown on swords and knives erected as the leaves of trees. at Asipatra, the Hell where knives sprout as leaves of trees.
- Brahmins who kill sheep or deer will be thrown into flames at Vahni Jwala, the Hell of Flames of Fire.
- One who defaults in his austerities or his duties at one of the four stages of life, will be thrown amidst the fanged creatures.
- If a celibate sleeps by day and has sexy dreams, he will be eaten by dogs at Svabhोजना, the Hell where beings are eaten by dogs.

In this way, there are varieties of hells in hundreds and thousands, such as

Tala, the Abode of Palms, Krumisa, the Abode of Microbes, Sandamsa, the World of Stings, Krishna Sutra, the Thread of Darkness, Tamas, the Plane of Blindness, Wichi, the Blowing Wind, Apratishta, the Abode of Unstability, and Awichi, where no wind blows.

Those who commit sinful deeds will suffer from these hells and get baked of their sins. Sins are also of thousands of varieties and hence the existence of so many hells. You can find the various sinners experiencing the various hells. Those who transgress their duties of the various stages of life, mentally, physically or verbally, will be thrown into the corresponding hells. When these sinners inhabit the hells, they will visualize the Devas in an inverted way. Even the Devas can see these sinners inverted.

Paracelsus

Health and Healing

Nutrition and Health



Do the present-day physicians know much about food and nutrition? Probably not, could be the answer. Four generations ago physicians were not only prescribing medicine, but were also advising on matters of food and its rhythm. Even today in other medicinal systems such as homeopathy and ayurveda, prescriptions were also given to the patients in relation to food and drink and also in relation to rhythms, at least during the period of treatment, but it is not so in the traditional medicinal system namely allopathy.

In ancient India there is a health dictum “fasting is a super medicine”. When there is ill health fasting was suggested; living on waters and juices was also suggested until the illness was cured. When there is illness, the auto immune system fights to expel the sickness. If food is taken in a normal fashion, we load the system and cause more stress on the auto immune system which is fighting to expel the undesirable matter from within the system. When a patient is being treated, for medicines to effectively help the cure there should be supportive food to ensure that the patient does not tend to be weak, but it does not mean that the patient be allowed to eat as if he is healthy. Drinking cold water and eating ice cream is avoidable when one has cold, affecting the respiratory system. Eating fried food and other calorie-rich food when one has fever causes more damage to the health while an attempt is being made to tone-up the digestive system.

Today in the traditional medicinal system, there is no prescription at all vis-à-vis the food and drink; the answer by the physician to such questions is, “Do not worry, the antibiotics will take care.” It is pretty much known that

antibiotics are as much killers as they are medicines.

Patients may be interested in food choices, especially when they are sick, and the physician would do well to advise. Obesity and malnutrition are tending to be high in rich and poor communities respectively, due to inadequate knowledge of simple nourishing food. While many physicians recognize that diet is influential in matters of health they do not learn enough about nutrition in medical schools or in the training programs that follow. It is estimated that 50 to 80 percent of chronic diseases such as diabetes, hypertension and heart-sickness are partly related to or affected by nutrition. Timely regulation of food would mediate the occurrence of such sicknesses. A change in diet, if suggested, would avert the risk factor. People gain weight at the rate of a pound or two every year which is not taken seriously, but over a decade the person tends to be over-weighted which would cause a huge impact on his health. There has to be a frequent if not daily weighing of the bodily weight as a habit which a physician can insist to his patient. Weight gain is such a surreptitious activity that persons cannot notice until after some time. A daily checkup is the best way to bring in the needed daily corrections in terms of intake.

It is a great service if in the schools and in the community, the children are imparted the habit of a weekly check-up of their weight so that they tend to be cautious to ensure height and weight balance. The body-mass index should be paramount in the minds of the humans to avoid the rampant sicknesses that hover around. Medical students should have in their education module a distinct subject relating to food and nutrition; a casual mention here and there cannot be considered adequate. There should be a specific examination paper in relation to this subject to ensure that every physician knows adequately about food and nutrition; curriculums shall have to be slightly reframed for this purpose. Physicians should be trained to discuss food with patients besides discussing the ailments and the sicknesses. A record should also be maintained of the eating habits of the patient.

Today all physicians warn the patients of the peril of smoking and of the benefits of not smoking. They have become advocates for not smoking. Similarly, there should also be advocates for balanced diet with nutritional values.

In any health-care system prevention of sickness should be placed over

treatment of sickness. It is in this direction the law makers and the administrators need to work to ensure healthy food habits within the community. Preventing sickness is universally acceptable and is ever preferred to incessantly fighting ever-persisting sicknesses. A nutrition professor, Marion Nestle, says that “one cannot satisfy talking about band-aids, for bruises something more should be done in the field of nutrition”; it requires to be educated at all levels up to the level of the physician.

“Weight loss” is the pet subject in rich communities. To ensure good health, keys should be given to all how to eat and reduce, but not how not to eat. There is a way to eat, to maintain right body-mass index that should be targeted.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

Website: www.paracelsus-magazin.ch/en

Dimensions of Ancient Wisdom

Dr. K. Parvathi Kumar
Group Life Teaching, Part 6
June 2018, Billerbeck, Germany

We are three in one actually. There is the Master who is the universal Master of whom we are the image or the second dimension, and that image has a third dimension of expressing outside. So, from being an outer man, we need to turn into an inner man, and being an inner man, we can relate to the super man. For that, the technique given is Pranayama.

To experience the three in one, Pranayama is helpful. Though the technique is given, not all can accomplish. It has been given many times. It is given in many books, not only by me, by many Masters of wisdom. Even if it is attempted, the mind is hopelessly conditioned by objectivity. It requires time to sit within one-self, turn inward. How many years it took Buddha to turn inward! No man could ever realise without turning inwards. No man turned out to be a son of God until he started turning inward and moving inward deeper into his own being.

The purpose of discipleship is to turn inward and to relate to the One in whom we live, we move and we have our being. But turning inward itself has become a huge task. That is why Buddha decided: Let me turn inward and see what it is.

Two years ago at Billerbeck I closed the session with that statement: Please turn inward. That is the only way. If you turn inward and make journeys in an inward manner, you don't need outer books. All is known from within. Even before the books were there, there were people who realised, and due to their realisation, they have written which became our scriptures. No person became a Master of Wisdom by reading books. By reading books no one has become a Master of Wisdom. By reading himself slowly things opened and revealed, and all he came to know, he has put out either on a leaf or on a paper.

So we need to take to the fourth step of Pranayama to turn inward and to turn upward. Unless we turn inward, we cannot move upward. It is like going to a lift, getting into the lift. Then the lift can take you up vertically.

If you stand before the lift, it does not take you up. You have to get into the lift. And then press the button to move. Likewise, there is a way to move in, and there is a way to move up. As you keep moving up, discharge of knowledge opens to you. And it is all given afresh to you. You don't get a copy of a book inside. It is a fresh revelation. It is similar to the revelation of the one who preceded you. Like the travel you make, when you come to Billerbeck. We have similar stations that we touch. Those who come from the north, they touch similar stations, from the east, from the west, from the south. Each time you travel you have different experiences. And every traveller has different experiences on his own travel.

So also the inner travel, you have the freshness of your own experience, a first-hand experience, a maiden experience, which you can share with others. So the mystery of man is within him, within his heart. Don't look for the mystery elsewhere, it does not work.

This text is not proofread by the author and might have some mistakes.

Stories for Young People

On Service

Step up Service, as body shows
signs of disease and decay.
Service is the true medicine to restore life.
Body withers away and decays,
when Service is not attempted.

5. Freedom

According to his father's plan, he was to become an English gentleman. He was educated in English schools and received scholarships and prizes from the University of Cambridge. When he entered Indian soil at the age of 25, the language and culture of his homeland were foreign to him. But he was inspired by a spirit that did not come from Western sources. So he once wrote (to his wife) about his three aims in life:

1. Faith, virtue, talent, education and wealth... belong to God and must be given back to him.

2. The direct experience of God and

3. The liberation of his country: "I will not fight with swords and cannons; there are also the forces of Brahman based on knowledge. This feeling is not new in me, I was born with it. God sent me to earth to fulfill this great mission. At fourteen the seed was born, at 18 it had firm roots."

In 1893 England treated India as its colony and exploited its people, animals, nature and riches. Aravinda found a chaotic dissatisfaction of the people in his homeland Bengal and in the whole of India, which exploded in sporadic emotional actions. Arabinda began to change the situation. He studied the great rebellions in history. He contacted leaders of the rebel movements. He brought people together, informed and wrote articles about the intolerability of the political situation in India. He uncompromisingly demanded India's absolute independence from British rule. Without focusing on himself, he shook up the whole of India and gave it a voice.

Only when he was persecuted by the government did his name become known. But he found a system that allowed him to escape persecution and work tirelessly for the "cause". He also joined a secret society that did not exclude armed struggle.

In 1908 radicals of this movement caused an attack on the British magistrate in Muzzafapur. All leaders of the rebel movement were arrested. The government saw an opportunity to destroy the movement in a show trial. Aravinda /Arabinda or Aurobindo was transferred to Alipur prison.

There he had an encounter that transformed his life. Now he did not care about his imprisonment or the upcoming trial. He writes about it: (of himself in the 3rd person): "He now set himself a goal that only shone from a distance, but which was now worldwide in its inner meaning and affected the entire future of man-kind". It concerned the liberation of man from illusions and especially from the fear of death. For the next 40 years of his life he devoted himself to this goal silently and in the background. Witnesses of his work are his writings - especially his book "Savitri". Although he withdrew to Pondicherry, his commitment to India was not in vain. On Sri Aurobindo's birthday, August 15, 1947, India gained its independence.

Stories and quotes after Otto Wolff: Sri Aurobindo. Hamburg 1967.



Sri Aurobindo)

WINDOW TO WORLD SERVICE
NEWS & ACTIVITIES
(Inputs welcome)

Argentina

Name of the group: WTT - Misiones

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Activities, Part 2:

The activities of Misiones Group take place in three cities of the province of Misiones (Posadas, Eldorado and Iguazú) where we gather at astrologically propitious times. On equinoxes, solstices and full moon times, some brothers who are able to do it, use to gather at the Falls to cooperate with manifestation of the energies.

Weekly:

Posadas:

- Every Sunday morning at 4.30am Gayatri is chanted 108 times.
- Then we have morning Prayer, Fire Ritual and finally Global Peace Prayer.
- On Sundays at 8hs we read Master DK books as a continuity of the work done by Pedro Nahúm.
- Water Ritual on Mondays at 6 pm, and we read about great beings at 7p.m.
- On Thursdays, at 6am Fire Ritual and Healing.
- On Tuesdays, Thursdays and Saturdays, at 17.15 pm reading of Master D.K. and K.P.K. books and then we have evening prayer.

Puerto Iguazú:

- On Thursdays at 18.30 we gather to study Master KPK teachings.

Eldorado:

- On Thursdays at 19h we gather to study Master KPK teachings.

Eldorado:

Monthly:

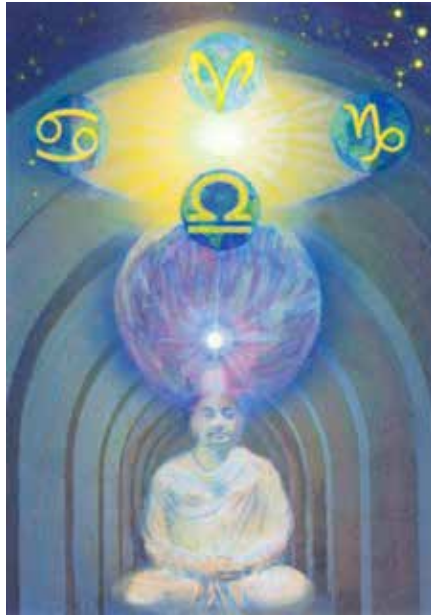
- Full Moon meditations; New Moon meditations.
- Dhanishtha.
- Prayer for Argentina

Quarterly:

- Solstices and Equinoxes: Gatherings at Iguazú and Posadas.

Picture to the Month of Libra

Libra - The World Mother, Planetary Chains and Root Races

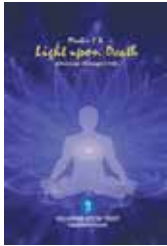


From the path of the zodiac, the disciple enters the path of the Sun through the third, fourth and fifth steps of Raja yoga. Through the sixth and the seventh steps, he transcends the seven-fold planetary path of the Sun and enters into the soul of the Sun. In the eighth phase he attains the centre of the spiritual Sun who is the lord above all creations. He sits in the lotus above the head-centre. But he is one with the centre which is everywhere, with its circumference nowhere. The sign Libra in the zodiac conducts the functions of the fourth as well as the fifth phase of Raja yoga and ends with the whole frame of zodiac in the sixth phase. It is replaced by the six lotuses. Henceforth, the emblem of the disciple is not the wheel with centripetal and centrifugal forces, but it is the lotus with only the unfolding activity. The highest form of Buddha in man is seated in a lotus. He is called the Jewel of the Seventh Lotus.

Dr. E. Krishnamacharya: Spiritual Astrology

Book Review

Light upon Death



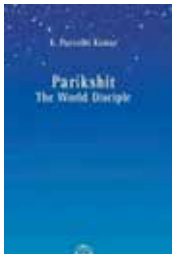
The seven lectures contained in the book "Light upon Death. Overseas Messages VIII" present hitherto unrevealed dimensions about death and other related topics. Dr Ekkirala Krishnamacharya (Master EK) explains in a simple but highly spiritual and scientific way the meaning and nature of death, the place and purpose of death in our evolution, the role we have to play and the awareness we have to develop to overcome living a death-conditioned life. This book should be read by every occult student.

E. Krishnamacharya: Light upon Death

Info : Kulapathi Book Trust, kulapathibooktrust@gmail.com

PDF : https://worldteachertrust.org/_media/pdf/en/ek/light_upon_death.pdf

Parikshit – The World Disciple



Spiritual aspiration happens to every human in one incarnation or the other. If you deeply intend to see the Lord and if your effort is towards that end, then you are symbolically called Parikshit. The story of "Parikshit -The World Disciple" by K. Parvathi Kumar is the story of transcendence of death through continuous aspiration.

K. Parvathi Kumar : Parikshit – The World Disciple

Info: The World Teacher Trust, info@worldteachertrust.org

PDF: http://worldteachertrust.org/_media/pdf/en/parikshit.pdf

Astrological Important Days in September/October 2019

23.09.	09:50	☉ → ♎ / Sun enters Libra	
		♎	Autumn Equinox: Contemplation upon the female Hierarchy
24.09.	13:12	11 th phase of descending moon starts	☾ 01°07' ♎ / 01°07' ♎
		♂	<i>Contemplation upon Śiva, the cosmic 1st Logos</i> (End 25.09. at 10:39)
28.09.	00:16	Phase of new moon starts	☾ 04°31' ♎ / 22°31' ♎
		♃	New moon point of Libra: Festival of Lights, to dispel the darkness of the darkest new moon; contemplation upon 'The Pledge'
	20:26	● New moon of Libra	☾ 05°20' ♎ / 05°20' ♎
			☉ in ♎ – 1 st to 9 th ascending moon phases: <i>Worship the descent of the Lunar Ray through the symbolism of Durgā, the Mother impermeable, and to culminate the worship on the 10th ascending moon phase (Durgā-Festival).</i>
05.10.	06:21	● 8 th phase of ascending moon starts	☾ 11°38' ♎ / 05°38' ♎
		♃	(End 06.10. at 07:24)
07.10.	09:08	10 th phase of ascending moon starts	☾ 13°44' ♎ / 01°44' ♎
		♎	<i>Durgā-Festival</i>
08.10.	11:20	11 th phase of ascending moon starts	☾ 14°48' ♎ / 14°48' ♎
		♂	<i>Departure of Shirdi Sai Baba from the physical</i> (End 09.10. at 13:49)
	16:42	23 rd constellation <i>Dhanishta</i> starts	♎ 17°28' ♎
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 09.10. at 19:42)	
12.10.	21:06	Phase of full moon starts	☽ 19°09' ♎ / 07°09' ♎
		♃	<i>Contemplation upon the Mother sitting on the lion</i>
13.10.	23:08	☉ Full moon of Libra	☽ 20°14' ♎ / 20°14' ♎
21.10.	03:14	● 8 th phase of descending moon starts	☽ 27°21' ♎ / 21°21' ♎
		♎	(End 22.10. at 01:55)
23.10.	19:19	☉ → ♏ / Sun enters Scorpio	
		♏	☉ in ♏ – every evening at the twilight hours: <i>Light a lamp at the door-front and worship the serpent-power Kundalini, that encircles around the stem of the Base Centre.</i>
			☉ in ♏ – every Monday (28.10., 04.11., 11.11., 18.11.): <i>Contemplation upon Śiva, the cosmic 1st Logos</i>
	21:39	11 th phase of descending moon starts	☽ 00°06' ♏ / 00°06' ♏
			<i>Contemplation upon OM NAMA ŚIVĀYA</i> (End 24.10. at 18:48)
27.10.		End of summertime (CEST 03:00 h → CET 02:00 h)	
	07:53	Phase of new moon starts	☽ 03°33' ♏ / 21°33' ♏
			New moon point of Scorpio: Contemplation upon 'The Pledge'
28.10.	04:38	● New moon of Scorpio	☽ 04°25' ♏ / 04°25' ♏
03.11.	22:26	● 8 th phase of ascending moon starts	☽ 11°10' ♏ / 05°10' ♏

All times until **27.10.** are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours) later in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hour);
 From: »Astrological Calendar 2019/2020«; www.worldteachertrust.org;
 Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.



The Great Invocation

Let us form
the circle of good will.
OMNIA VINCIT AMOS.
From the South
through love,
which is pure,
from the West
through wisdom,
which is true,
from the East
through will,
which is noble,
from the North
through silence,
which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
OMNIA VINCIT AMOS.
Let us form the Circle of the
World Servers.

We bow down
in homage and adoration to
the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
– the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return
to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatâr
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Angustamaatraha Purusho,
Madhya Atmani Thisthathi.
Eeshano Bhootha Bhavyasya,
Nathatho Vijugupsatey.

Meaning:

The Thump sized miniature form
is centrally placed in the person.
In the centre of the miniature form
is the Master of the universe.
Relate to the resplendent thump sized being in you
and to its centre.
It relieves you from the past and from the future.

Katha Upanishad