

# Vaisakh News Letter



HAMSA SIVA SOHAM



Libra 2023 Thula

Letter No. 6/ Cycle 37 – 23rd September until 23rd October 2023

The World Teacher Trust - Global



May the Light in me be the light before me  
May I learn to see it in all.  
May the sound I utter reveal the light in me  
May I listen to it while others speak.

May the silence in and around me present itself,  
The silence which we break every moment,  
May it fill the darkness of noise we do  
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,  
Let realisation be my attainment,  
Let my purpose shape into the purpose of our earth,  
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.  
May we live in the awareness of the background.  
May we transact light in terms of joy.  
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

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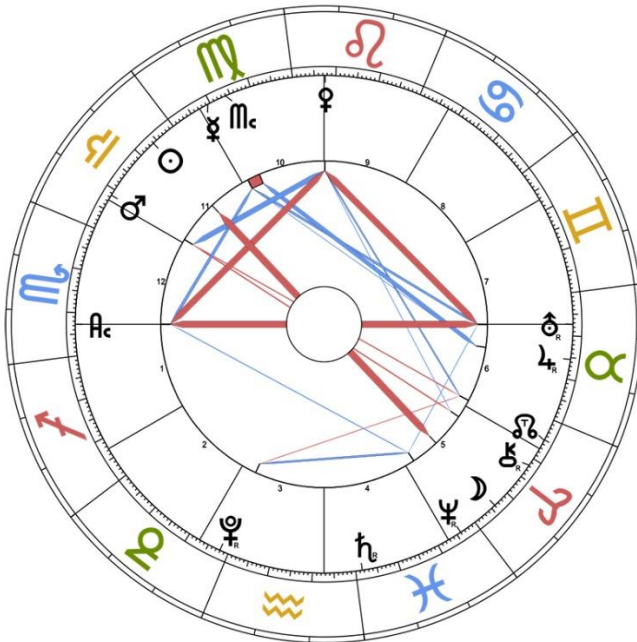
## Prayer of the Year 2023-2024

In His name we live, in His temple we live;  
In Him verily we live until He opens His eye in us.

In His name He lives, in His temple He lives;  
In Him verily He lives, as He opens His eye in us.  
In the meanwhile, let us wait, let us look to Him  
and not to each other.

Let us call Him in all to find all in Him,  
When the life is a Car festival and not a war festival.

*Occult Meditation 25*



Full Moon of Libra, 29 September 2023, 11:57 am CEST (UTC + 2)

## Message of the month of Libra ♎

The tree of Life has its roots in Aries and its fruits in Libra. In Libra we reap the consequences of our actions that we initiated in Aries.

Libra is a trap that appears as beauty. Not all that shines is gold. We get trapped when we follow our desires.

A seed sprouts and develops a stem with branches. Flowers will then emerge and a fruit will develop. Inside the fruit again, there are more seeds which are of the same quality as the parent seed.

This is the cycle of action or karma and we live through life after life with very little change. How to get out of this cycle?

Inherently we all seek peace and harmony but the outcome of our action is often a conflict due to the personality desires.

On the path of yoga, Libra is the first step to be accomplished and we do that by re-uniting Virgo and Scorpio.

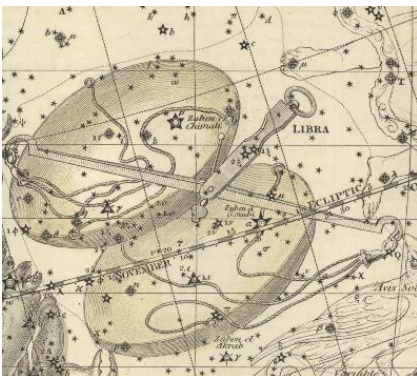
We should overcome being critical. We should overcome the trait of always wanting to find faults in others. We should become dispassionate and detached.

Being natural, neutral and normal in all walks of life will help.

When that is accomplished, the liberated energies of Libra can manifest and the true beauty in us will shine forth.

So Mote It Be!

*Composed by Heinrich Schwägermann Lorenzen*



Alexander Jamieson (1782-1850): Libra



## Message of the Teacher

### Human progression 2

As much as one progresses one should think and act to help the progress of the others surrounding him. That is why the whole emphasis has shifted to serve the less fortunate, the weak, the disabled, the poor and the innocent. A charitable disposition toward the younger members of the society and sympathetic consideration of their plight is important. If not, the progressive ones get chained by the ones, who are not progressing.

The human consciousness is one. Therefore, the entire human consciousness needs to move forward but not in bits and pieces. The whole human consciousness is becoming, is changing for the better. Just like in a body, trouble in one limb impedes the activity of man. When a part of the society is stuck, the humanity as a whole is also stuck. This can be seen only from the point of synthesis. In a big machine, if one part is ineffective and inoperative, the whole machine stops. If one link fails in a chain, the chain cannot move. You see with your bicycle, if the chain is broken, the bicycle does not move. Thus the human chain needs to move as a whole. Only the seers see this. They therefore strive for the progression of humanity as a whole.

*Compiled by Ludger Philips*

## Utterances of Lord Krishna



The Lord further said :

You see how you can do your work without attachment to the result. If you do so, you are a mendicant, you are a yogi. Do not fancy that you will be a mendicant by discarding the sacred fire. You will never be a yogi by discarding your work. Work as sacrifice is fire that purifies mind and senses.

Mendicancy is yoga itself. Yoga is Synthesis and hence mendicancy is Synthesis. Mendicancy is the elimination of the result and not the deed. By eliminating the result, you are a mendicant. By doing your work, you are a yogi.

(6, 1-2)

## PRACTICAL WISDOM

The essence of religiousness is righteousness.  
To be righteous is better than to be religious.

Lord Maitreya

Maitreya Community

Education - 3



In addition to setting the child's attention to the far-off worlds in admittance of the infiniteness and also the idea of seeding the thoughts of sharing and that of a community, it is of great responsibility of the guide to encourage them to work as grown-ups. From an early age, let the child learn to sympathize, to cooperate, to condole others during their calamities and learn to help where it is needed. In fact in almost every tradition there are simple moral stories for the children that carry the fundamental seeds of morality and elements of profound truth. These are not to be overlooked and the elders are advised to take time to inform such stories that inspire children to follow the path of virtuous aspirations. The ideas of common good and that of greater good are to be informed. When one looks outside for morality and peace amongst the chaos of the outside world, it is easy to ignore that they often start from one's own backyard from within the home.

*Composed by Srikanth Kaligotla*





Master Morya  
*Maruvu Maharshi*

Do not avoid enemies

You know that We do not avoid enemies, but one should not waste one's strength on them.

The trainer of wild animals must first excite their rage before he succeeds in taming them. No motion is possible without tension. Therefore, every progressive teaching needs its enemies and its teacher. One must keep in mind, the physical law in order to understand the immutability of the law of the spirit. My advice is that the significance of the teacher and the need for enemies must be understood. Certainly, only the Teacher will lead the enemy to fury. The full measure of evil must be manifested before one may rise regenerated out of the flames of wrath. It is impossible to avoid the obstacles of the path but know that no obstructive tensions will occur without being of benefit. Indeed, they may be of service to entire nations!

If a hermit is able, with his thought alone, to destroy a stronghold of evil, then the tensity that is allowed by the Higher Forces will be like a battering ram against the hostile forces.

I vouch for success, but only if unity is achieved, and Hierarchy is accepted. Many things can undermine good results, but decisiveness brings relief.

One should not reject the invisible world; one should demand of oneself, cooperation with it. (*Agni Yoga, 1929*)

*Compiled by Sabine Anliker*



Master Koot Hoomi  
Devâpi Maharshi

## Shambala 65: Transcending the personality

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Beings that function according to the personality are stuck in the world. Transforming the personality into a divine one when they mount upon it and conduct acts of goodwill, beings are not conditioned by the world. They ensure welfare of the surrounding life. Such ones receive the co-operation of the Hierarchy of Masters from the subtle planes. The entry to the ashrams is to those who have worked their way out of bondage of the personality life. The one who can drop the personality traits at will, gains entry to the ashrams and is enabled to move around freely in the ashrams. These insights are given through the teachings of Master Djwhal Khul.

The vibrations of the personality have their impact upon the environment. Even among the ashrams, there is a variety of a very fine nature, in their vibration. Due to this variety, there is an obstruction caused to the subtle vibration, even when the personality is aligned to the divine. However much it may be aligned to the divine, personality is still an impediment to enter an ashram. Discarding the personality is the step to be taken to gain an entry into the ashrams.

There is an occult statement that, “One enters the ashram, naked.” Discarding the personality is what is hinted through this statement. Personality is the first sheath to a being. When the personality is dropped, he shines forth as an embodiment of pure consciousness. Entry into any of the ashrams is permitted to such ones. When Lord Krishna said, “One makes an approach to Him, naked”, discarding the personality is what he indicated. Even to gain an entry to Shambala, transcending one's personality is the key.

*Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.*



## Message of Master E.K.

### Predictions 2



The present suicidal politics of the international politicians and the increasing rate of suicides on the individual level indicate that the collective future of mankind is drifting towards a suicide on the global level. This does not mean that a total destruction is inevitable. It all depends upon the will of the individuals and collective mind of man and the procedure that is moulded by the will.

Desire can be changed at will any time, while future is being translated into the present in terms of our deeds. If we want to live on this earth, no one is there to object. If we want to kill ourselves, there is no one to object. It proves that the key to the future lies in the hands of the present mankind. One of the two predictions comes true, according to our own choice.

It is enough if we know that the future that does not yet exist, in any form, except as our own intention. I personally believe that the future is not conditioned by the knowledge of man. I repeat that prediction is wishful thinking to some and a gambler's dice, a toss of the coin, to others. To some others it is a written book, sealed. Hence it is good not to think of the future in terms of objectivity.

Let us learn to do our work in the present when the future becomes a legitimate success.

*Compiled by Ludger Philips*



## Master CVV-Yoga

### Aphorisms to Disciples 65

188. In my yoga path there is no room for severe contemplation on me. Seeing all as Brahman is the only way. As prayers continue to happen well, gentleness and calmness will grow.
- 189 The one who is called Master is the Brahman who is within and without, who is the in-dweller and the all-pervading one. It is stupidity to think Master as different from Brahman. For boundless experience witness Brahman in everything.

*Composed by Guru Prasad Kambhampati*



Vidura

Teachings of Wisdom



The low-class fear lack of food and shelter,  
the middle-class fear death,  
the rich fear loss of wealth,  
and the cultured fear ignominy.

### PRACTICAL WISDOM

We pray: May the Master initiate the  
Central Vertical Vibration  
in us and lead us into the realms of Light.



## Saraswathi

### Saraswathi Suktam 8 Beyond anyone's possession 2

When we are active, we are in Existence, when we are not active, we are also in Existence. Can we say that when we are active we are non-existent? When the Word is active the Creation happens. At the same time it is with Existence. The activity of God and the Word is a play in friendliness. They are playful and friendly too. Poor is the understanding of those who try to grade the Word secondary to God. They are together at all times and are incapable of being possessed. Lucky are those who are aware of this Truth. The beings are therefore recommended to contemplate as THAT I AM but not as I AM THAT. The significance is already cleared in the earlier hymns. The Creation and the beings of the Creation come out of this Celestial Couple and are essentially made out of them. Having been born out of them, the beings think of possessing. Having given birth to all this They let us free and do not possess. Such is Their love for the beings. Their love is friendliness. In fact, Pure Love has no possessive instinct.

Poor are they who try to possess. People possess things. They possess places, languages, thoughts, desires and even wisdom. This possessive instinct is a curse on humanity. Neither mineral, nor plant, nor animal, who are considered to be inferior to man, demonstrate a better attitude than man's possessive attitude. The whole human history is nothing but a mad race to possess. Wisdom science gives the clue to live in friendliness but not in possessiveness. Be friendly to all that is and eliminate the possessive attitude.

## Ashram Regulations for Entry

### The Golden Temple inside and the Golden Temple outside 3



The mysteries of initiation are many. Humans crazily move around the mountains and hills of Peru to find the temple of Atlantis. They move around the Jerusalem temple looking for the Golden Temple of Solomon. They move around the pyramids of Egypt and Mexico trying to decipher the mysteries surrounding them. The true and real mystery is within oneself. The temple is within and it is golden! There is no need to look for distant temples. “What is distant is proximate too”, is an occult statement. Mysteries are not only in the creeks of Himalayas and the like, but also within the human body. Look for the priceless treasure within you and do not strain to find it out in the high and dry places of mountain ranges. May you be blessed!





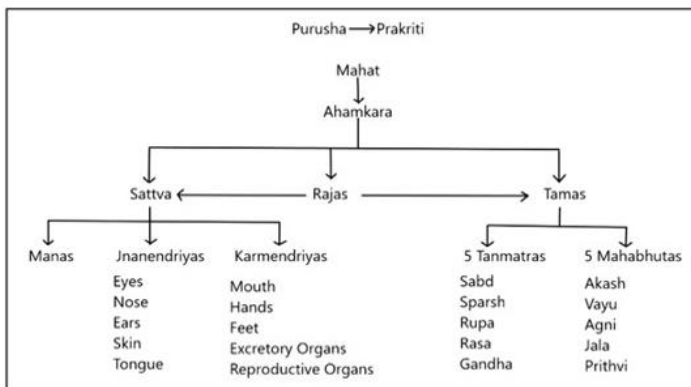
## On Secret Doctrine

### Tanmatras - rudimental principles



In Sankhya philosophy, the Mahat, the Ahamkara and the five Tanmâtras are called the seven Prakritis (or Natures), and they are counted from Maha-Buddhi or Mahat down to Earth.

In the words of “Vishnu Purâna”: “The first creation was that of Mahat (Intellect), the second of Tanmâtras (rudimental principles), and the third, that of the senses (Aindriyaka)”



The five elements are represented by the five “Tanmâtras”. Tanmâtras means the “rudimental principles” in Sanskrit.

ELEMENTS	TANMÂTRAS	SENSE ORGANS
MATTER	SMELL	NOSE
WATER	TASTE	TONGUE
FIRE	SIGHT	EYE
AIR	TOUCH	SKIN
ETHER or AKASHA	HEARING / SOUND	EAR

This is how the five elements are experienced through the five sense organs on account of the five Tanmâtras. That which is beyond Akasha descends through sound into four grosser states, which are the touch, the sight, the taste and the smell.

At the time of creation the Tanmâtras allow us to perceive the world around us. Thus, ākāśa or ether has sound potential while vāyu or the air, has two qualities sound and touch, tejas or fire has three qualities śabda (sound), sparśa (touch) and rūpa (form that is visible), aapah or water has four qualities – śabda, sparśa, rūpa and rasa (taste) while pṛthivī, the earth or matter, has five qualities— śabda, sparśa, rūpa, rasa and gandha (smell).

*Compiled by Rama Prasad Joshi*



Master KPK installing the Sri Krishna statue in Wermelskirchen, Germany, August 1997

## Saturn

### Sam - The Key to Saturn

#### An Occult Meditation 2



It is interesting in this context to mention that the 3 dots can be artistically seen in nature as the 3 petals of the Bilwa Patra.

The two leaves on either side of Bilwa Patra give birth to the upwardly posited leaf. The traditional practice of offering a Bilwa Patra with 3 leaves, to the cosmic Mahayogi, Lord Shiva is but a symbolic expression of offering one's three qualities at the feet of the Lord to get harmonized.

The wisdom is multifaceted and is truly speaking unfathomable. As one orients to the 3 qualities that are present in him and practices to harmonize them through a self-imposed rhythm and regulation, one finds the way and also its multiple presentations in nature.



Bilwa Patra (Bilwa Leaf)



## Discipleship

### Beauty unveiled

When beauty is in the eye of the beholder, the choice is ours, either to stick to a limited understanding of beauty or to find the veiled and occult beauty that may or may not use an outer form. Out of habit, we often stop at our own understanding, our own preconceived ideas, and do not allow the space of the inner unveiled world to expand in our hearts and minds. No breathing technique will allow this space to open up, unless our thought, speeches and actions are aligned towards vertical levels with a Will to Good as our guideline. The task might seem daunting, yet the helping hand is right here within us in the vertical column, waiting for us to seek its support, to invoke the Presence of the One Light. There needs to be an ardent calling to get a response, a note, a symbol, all tailor-made for us. Every path is unique and so are the tools necessary. But lo, entering the widened inner space, the inner column, we can consciously connect with the inner core of our co-travellers and step by step lending and receiving for one another, where needed. Thus, we move on.

*Composed by Ute and Peter Reichert*

## PRACTICAL WISDOM

Listen to the teachings  
and follow yourself,  
the Master in you.

## Doctrine of Eternal Presence

### Introduction to Srimad Bhagavatham 15



So from Lord Narayana to the Creator, Bhagavatha was discoursed. The initiation of Bhagavatha happened. And from the Creator to his mind born son, Narada Bhagavatha was once again initiated. And Narada initiated Vedavyasa, Vedavyasa initiated Suka, Maharshi Suka initiated Parikshith, the king of Kurur. That is how there is one hierarchy of the seers of the path of Bhagavatha. Bhagavatha Hierarchy is Narayana, Chaturmukha Brahma, Narada, Vedavyasa, Sukha and Parikshith. That is one hierarchy.

If there is a hierarchy, it facilitates the process of enlightenment. But the Lord need not necessarily function through the hierarchy. He can function independent of the hierarchy or through the hierarchy. The Hierarchy cannot bind the Lord. The Lord himself once again gave Bhagavatha to Lord Maitreya! That is how Krishna initiated straight away Maitreya into the path of Bhagavatha, into the path of Presence, of synthesis.

In fact this path of synthesis was given by Parasara both to Vedavyasa and Maitreya. But somehow it was not the time to be. Neither of them got initiated into it. So Narada had to redo it for Vedavyasa and Lord Krishna did it for Maitreya, and Maitreya gave it to Vidura. So that is another Hierarchy of Bhagavatha.



Sound

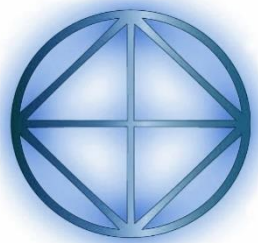
No Thought 1

We do not know how we are existing, how do we wake up in the morning, nor from which point are we coming out in the morning as we wake up. We don't know how it is happening. We also do not know where we are going when we are getting into sleep. The doors are open and closed for us by the Mother Nature. For the one who knows he can open the door and come out, and again open the door and get in. So, the entry and exit are not known to us. How do we wake up? How do we become conscious from the seemingly unconscious state of sleep? When we are at a sleep, who is conducting all the activity within? As we wake how do thoughts come to us? Do we think? Or the thoughts come to us to propel us into actions that are meaningful or meaningless?



Burton Callicott (1907-2003): Descent-Ascent 1, 1984

## OM Namō Narayanaya



### Narayana Gayatri 1

There is a Narayana mantra in the metrical form of Gayatri, which is as under:

OM

Narayanaya Vidmahe

Vasudevaya Dhimahi

Tanno Vishnuh Prachodayat<sup>1</sup>

This mantra is called Narayana Gayatri or Vishnu Gayatri. Meaning:

- Narayanaya Vidmahe: To realize Narayana
- Vasudevaya Dhimahi: We contemplate/meditate upon Vasudeva.
- Tannaha Vishnuhu Prachodayaat: May Vishnu support/help/assist/stimulate us.

“To realize Narayana, the cosmic essence, we contemplate upon Vasudeva, the indweller of the forms. May Vishnu help us for such realization.”

This mantra has 8 syllables for each line and 24 syllables in all. For every mantra, OM is prefixed and even suffixed in Vedic tradition. For effective fulfilment, the mantra is chanted in multiples of 6 or 8 or 12. This is because, the mantra of Vishnu is 6-syllabled, mantra of Narayana is 8-syllabled and mantra of Vasudeva is 12-syllabled. The related lotuses also carry the respective number of petals.

<sup>1</sup> Intonation: [https://worldteachertrust.org/\\_media/media/audio/08\\_narayanaya\\_vidmahe.mp3](https://worldteachertrust.org/_media/media/audio/08_narayanaya_vidmahe.mp3)



## The World Teacher Trust

### Guidelines to Members, 65-67

65. Every expansion of consciousness brings in the related work.

66. Work expands as consciousness expands.

67. Do not shirk away from additional loads of work. It enables the related expansion of consciousness.



Master Mountain, Nilagiris



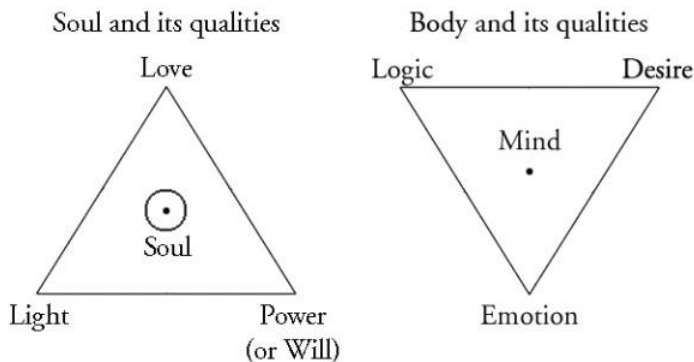
## On Healing



### 2. The Fundamental Understanding 9

Many times we express not but our qualities do. When the qualities express, the basis for their expression is again the soul! This is the insight we need to gain so that the qualities and their affect on the body are seen vividly. The sum total of our qualities is called personality. Personality expression is different from the expression of the person. The person is the soul and the personality is the quality aggregate. When the person speaks of himself unasked and speaks ill of others he is mostly expressing his personality. The love of personality is the hindrance for soul's expression and hence equally a hindrance to healing.

Healing is the act of the soul quality. Soul's quality is that of light, love and power. Healing is transmission of light, love and power to set right the form and its qualities. Man has the potential for the divine qualities of Light, Love and Power for he is essentially the Soul. But the qualities of the body should align with the divine qualities for expression of the latter through the former. When this alignment is absent, the Soul energy cannot flow and healing cannot happen.





## Rudra The Lord of Cosmic Will and Vibration

### A few dimensions of Rudra 58 Lingam 1

Lingam is a symbol. It is the basic symbol of Creation. It is the basis for all other formations. All forms are Lingams and Shiva Lingam is the basic symbol. It is the symbol of an egg with the potential of number 10. Number 10 is a perfect number and the egg is the perfect shape for manifestation. From the sphere to the egg, from the egg to the Cosmic Person and from the Cosmic Person to the fourfold creation, Cosmogogenesis is conceived. The worship of the Shiva Lingam is considered as the worship of the Cosmic Egg. The Cosmic Egg contains all conceivable creational intelligences. For this reason the Vedic tradition worships the Lingam. All other forms of God are subsequent to this tradition. In later times, the base for the Lingam is seen as the female aspect, while the Lingam is seen as the male aspect. The original understanding was different. The Lingam represents all in one, including the female form. The Lingam is the potential of all that is and manifest whatever the worshipper seeks from it. Every conceivable cosmic, solar and planetary deity can be invoked from this all-inclusive symbol. Every other symbol is understood to be incomplete compared to the Lingam, since it is the Cosmic Egg. Such is the importance in the Vedic tradition for the Lingam. It is called Shiva Lingam because it is a symbol of auspiciousness. It is the most auspicious symbol of the Vedas.



## Sanat Kumara

### Love of God 7



The sacrifice of Lord Sanat Kumara is considered to be a great sacrifice. He condescended to be on earth and to help the beings. He is with us since Lemurian times. He is with us since the emergence of the third root race on this planet. He has no personal purposes to fulfil. It is only his love of the Lord that nourishes him on the planet. Nothing earthy nourishes him. His being with us is causeless. Since he is causeless, he is eternally blissful. He gives us the seventh teaching “Love God, inculcate Love of God.”





## Seventh Ray and Magic

### The incoming of the 7th Ray 12

The incoming 7<sup>th</sup> Ray has brought with it its energy, the Energy of Synthesis. However, in the beginning of 20<sup>th</sup> century an impetus has been given to our planet. From most high circles the Energy of Synthesis has been transmitted to the planet Earth and its beings. The energy came down from Sirius or the Dog Star (Sarameya Mandala) via the central sun of the constellation Leo, Regulus, via Halley's comet to our Earth. Master CVV, an adept from the ashram of Master Jupiter, who was well prepared and waiting for it, received it. He then worked with it and commenced transmission to not only mankind but also to plant, animal, and mineral kingdoms. (For more details refer to the book 'The Aquarian Master'). This energy has not only impacted our planet but also other planets in our solar system, which in turn will have its impact on the beings of our planet.

The energy that entered our planet has first established itself. It has then slowly and gradually spread itself and is conducting the needed changes systematically. The process of transmutation and transformation will gain momentum and speed.

Man needs to gain synthesis between:

1. Inner and outer.
2. The two extremes in his nature: hyperactivity (Rajas) and inertia (Tamas).
3. Thought, speech and action.
4. Lower mind (Manas) and higher mind (Buddhi).
5. Personality and soul.
6. Individual consciousness and cosmic consciousness.
7. Soul and Super Soul.

This synthesizing activity will draw support from the prevailing energy of the 7<sup>th</sup> Ray and the process gains speed.

*Composed by Guru Prasad Kambhampati*

## Enlightening Encounters

### Sree Satya Sai Baba 7



Baba looked towards the lady of Saukumarya and said, “Your husband has developed a Divine mind. There is much jealousy attacking him all through. But he is stable. He withstands the attacks and conducts his work. He is a deeply focused person. He is very tender at heart, which only you know. Sai is around him. Nothing can touch to affect him.”

“What for have you come here, to Puttaparti?” enquired Sai. Saukumarya answered “To see you and to receive your Presence Baba. We are blessed with your ‘interview’. ”

Baba looked at the couple and said, “Sai is ready to give anything you want. You can seek.” In a single tone the couple said, “Your Grace and your Presence is everything to us. We need nothing else, Baba.”

Baba hugged again and said, “The Grace and Presence has always been with you and it will be so, forever. Keep doing what you are already doing. People come here to seek things. It is a never-ending sickness, that they seek. They also want peace. How do they get peace, Bangaru?” Saukumarya said, “When want is dropped, peace remains. As long as wants and desires exist, they distance the peace. This is simple but difficult to practice for many, Baba.”

Baba was so joyful. He hugged Saukumarya for the third time and said “How precise and brisk. I love you Bangaru. Though you do not seek, I wish to give you something besides the Presence and Grace,” saying so Baba materialized a golden ring with the symbol of OM on it. He decorated it on the hand of Saukumarya and held Saukumarya's hand in his own hand for a while and closed his eyes. He opened his eyes after a minute, and looking to Smt. Kumari, the lady of Saukumarya, Baba said, “Do you know that your husband has realized OM? When I hold his hand in my hand, I am listening to the soundless sound of OM through his hand. It is beautiful. I wish to hold his hand for a little while more.” Saying so, he held his hand for another minute and said, “I am not happy

at just giving a golden ring. I will transform it to diamond.” Saying so, Sree Baba gently blew air from his mouth at the ring. The symbol of OM transformed into a diamond! That was a great delight for the on looking couple. Baba said, “Baba is now very happy. You came for Baba. You did not come with any desires to Baba. It is rare for Baba to receive people who need nothing. Truly you are related to me. Be joyful and be fulfilled. Baba’s blessings shall ever be with you.”

It was almost an hour that Saukumarya and the lady were in the joyful and playful Presence of Sree Satya Sai Baba. It was a memorable encounter for life. Saukumarya always held the ring to his right ring finger. Baba showered much Sacred ash (Vibhuti) into the pallu of Smt Kumari’s saree and said, “You are a very blessed person. Your life fulfills. Have no anxiety about your husband and children.”



## Uranus

### The Alchemist of the Age

#### Uranus cares not public opinion 1



A man who lives or tunes to the dance of others' opinion leads a miserable life. Public opinion has no standard parameters. They judge people by the results and not by the means. If one is successful, all that he did is considered right regardless the means. If one fails, all that he did is wrong regardless the good means employed. If a war is won, how right was the winner is never questioned. The publicity and propagation is so high that the means are buried. Logic is developed on the basis of success and is conveniently believed by the public. If one fails, the means adopted are heckled at. The public view is malleable and can be moulded through bombardment of information. Much of the media does it for the powerful ones and the general public believes it. This is the common knowledge which does not apply common sense. Though paradoxical, common sense is uncommon and what is frequently informed becomes common knowledge. Common sense tells us to drink water during a hot day, but the common knowledge is, people run for colas and cold water. The public generally carries herd mentality; they can be led through forceful thought.

When man lives to the parameters of public opinion, he contributes little to the society. One cannot live his life. Each life is unique. It has to be lived to its optimum. It cannot be manipulated, moulded and directed by others' opinion. A Krishna, a Buddha, a Jesus, a Socrates, a Pythagoras, an Einstein would not have become possible if they had followed the beaten track of public opinion. One needs to follow one's conscience and live one's life. He may seek advice, guidance and information from others. But one should take it unto one's conscience and make a conscious decision. Since each one is original by one's own right, one cannot let others live their life. There are many around who would like to live others' life. This vampirism finds its death in the hands of the incoming Uranian energy.



Master EK

Vishnu Sahasranama

Stanza 5, 5-7

5. Great sound means the totality of the utterance of the whole universe in all its detail as the spell of the one word, OM. It means the sound principle which exists in space and which forms the background of all the sound vibrations of all planes. This is invoked as the Presence of the Lord here.

6. Beginning and ending are to the creation and the creator but not to the background. When clay is made into a pot and when the pot is broken, there is a beginning and an ending to the pot but not to the clay. The Lord forms the clay of the whole universe which imbeds the potter in every atom of it. Hence, he has neither birth nor death.

7. The word Dhaata denotes the creator, who is the content of the self-effulgent golden egg and who manifests as four-faced Brahma. Since he comes out of the background Lord along with the egg, the four-faced Brahma is also remembered as the Lord Himself in the capacity of His son.







## Paracelsus Health and Healing

### Prana - life force, part VI Purity of content and container 2

Mind, senses and body together constitute the container while the content is the human consciousness called the soul which is self-effulgent. The effulgence of the soul is called Buddhi or discriminative will. Thus soul and Buddhi are the contents. Mind, senses, body are the container. The soul through its will communicates to mind and the mind conducts the body which is fivefold in its nature and constitution. The five elements, the five sensations, the five sense organs and the five organs of action constitute the body. The four sets of five constitute the body and when Prana enters into the body it divides into five streams. Thus the Prana also becomes fivefold having entered the body.

The Prana is already qualitative and is not considered pure since the sun himself is evolving and the planet as well. As explained in the earlier article the sunrays via the planetary sphere enter the humans and other planetary beings and cause their animation. When it is received by the humans the quality of their container namely the fivefold body also further affects the magnetic impact of Prana.

*Dr K. Parvathi Kumar - Extract from: Paracelsus - Health and Healing. Website: [www.paracelsus-magazin.ch/en](http://www.paracelsus-magazin.ch/en)*



## The Female Hierarchy

### Part 7

“Pancha Kritya Parayana” - like that wisdom says. It has basically fivefold activity. What is Pancha Kritya? See, we are all set to be born - that is number one. Then we grow - second step. Then we grow to our optimum beyond which we do not grow - that is third step. Then we retreat - that is the fourth step. Then we once again join the source from which we have emerged. It is true with the individual being, it is also true with the nature. Everything emerges from seeming nothingness, which we call pure existence. There is an emergence, there is a growth, there is a fulfilment, there is a withdrawal, and there is a mergence. That is how we can see the monthly activity; we can see the yearly activity - it is all cyclical. In this cycle, there are five chief nodal points which she conducts each time she emerges. One emergence enables one creation to happen. And then it merges. But it is its nature that in tune with the time, in tune with the Law of Periodicity, it emerges again. Just like with us every day, the awareness emerges and we feel we are existing. We feel we are existing only when there is already the awakening from within. We do not wake up. It is the awareness that emerges and then we feel we have awakened. “We are awakened” is the truth. “We have awakened” is not the complete truth. We feel so, but we are awakened. We are put to sleep. As we awaken, we slowly unfold into activity. Then we get to the height of our activity. Then slowly we withdraw our activity. Then again, we slip into sleep. This is how in five steps the awareness works with us. And in five steps the creation also happens. Therefore, this activity of awareness is an activity which happens alternately according to a time plan. That is how the nature and the time are said to be like the two dimensions of the one.

*This text is not proofread by the author and might have some mistakes.*

## Stories for Young People

### On Service

Attachment to Service

is primary to the Server.

Attachment to persons, places and things

condition the quality of Service.

### Paths to Shambala 6: A real place?

*The focus of the Roerich's five-year journey through Central Asia was Shambala, the institution that, in the background, guides and protects humanity and is the mirror of its impact on people's culture, beliefs and experience. In "Shambhala - The Secret World Centre in the Heart of Asia" (1930), Nicholas Roerich collects his experiences as if in a kaleidoscope. In his opening narrative "Shambhala - The Radiant One", a person from the West questions a Buddhist monk of high rank about the existence and tasks of this world center.*

The Lama holds sacred the knowledge of Shambala and its members and seeks to protect this knowledge. Therefore, he rejects the questioner. The questioner insists on the existence of Shambala on earth as a link to the heavenly one. He himself had already seen one of the outposts of Shambala. The Lama then admits that this place exists on earth. The Lama describes the place in the way Hilton had described it in Shangri-La: protected by high mountains and labyrinthine paths, a place with a mild climate, rich vegetation and warm water. But since the Lama fears curiosity as the inquirer's motive, he warns against approaching the place without being called. He says it is protected by poisonous gases and psychic barriers. No local, even the tour guides through the mountains, are willing, under risk of losing their life, to enter the forbidden area. Those who nevertheless tried could disappear or suffer some other misfortune, like the Romanian explorer Csoma de Körösi, who suffered many misfortunes in his life, or the German explorer Grünwedel, who went mad. They were curious and not interested in the deep meaning of Shambala. Shambala exists as a real place, but the only way to approach it is by means of the inner connection with its leader Rigden Jyepo (Maitreya) and to follow his instructions.

Experienced Lamas have many stories to tell about the inaccessibility of Shambala.

A man searches for Maitreya Buddha for twelve years in vain. He becomes angry and gives up his faith as a figment of his imagination. Then he meets a man who is trying to pull a horse's hair through an iron rod. As he does so, he keeps muttering to himself, "Even if my whole life is not enough, I will sew through this thing." The unbelieving seeker becomes thoughtful: what did twelve years mean in the face of such steadfastness. Then Lord Maitreya himself appears to him and says, "I was always with you, but you did not see me, rejected me and spat on me. We will make a test: go to the bazaar. I will be on your shoulders." The man went to the bazaar in a joyful mood, expecting that the people would be pleased to see him with the Lord. But the people shrank back from him. He asked why. They replied, "Because you have this foul-smelling dog full of boils on your shoulders." People only see what is of value to them. Or was it a mere reflection of the viewer's desires, feelings and motives?

*Dedicated to Angela Fremont.*

*Sources: Nicholas Roerich: Heart of Asia. 1930; Nicholas Roerich: Shambhala. 1930; Ruth A. Drayer: Nicholas and Helena Roerich. The Spiritual Journey of Two Great Artists and Peacemakers. 2005.*



Nicholas Roerich: Order of Rigden Jyepo

## Window to World Service News & Activities

### Supra-National Groups and Activities

Name of the group: ANIMA Despertar Conciencia | ANIMA Channel

Contact: Joan Bertran de Bes

Contact details: [info@animadespertaconciencia.org](mailto:info@animadespertaconciencia.org) |

<https://animachannel.org>

### Activities

ANIMA (<https://animachannel.org/>) is a non-profit communication channel created on 2020 by WTT members from different continents to spread inspiring contents to the general public and it is open to everybody for contributions.

On 2022 the English YouTube channel

(<https://www.youtube.com/@ANIMA.English>) reached 350 subscribers and 80 videos published since its creation. An interview to Master KPK had 4.000 visits and a video about CVV 1.100 visits.

The Spanish channel

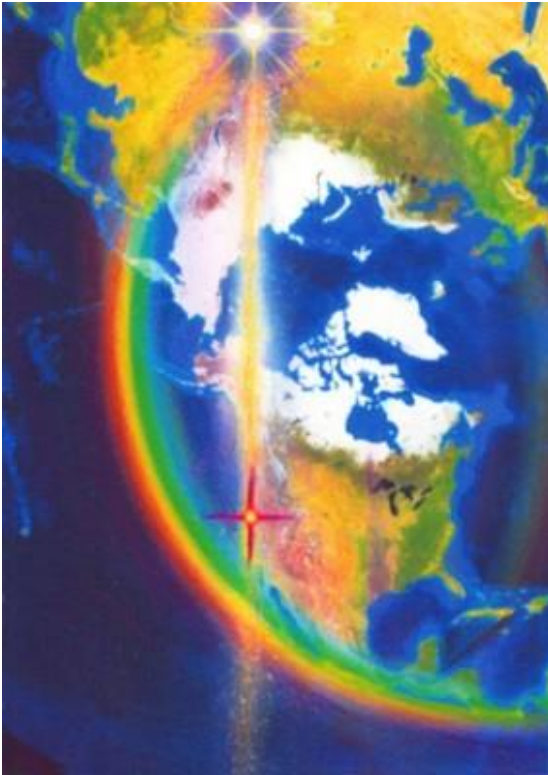
(<https://www.youtube.com/@animadespertaconciencia>) has 1.650 subscribers and 330 videos published. The most viewed video is one on Maria Magdalena with 3.700 visits and Master's interview with voiceover had 1.100 visits.

Our next challenge is to create a wider network of people willing to cooperate with new contents for the channel. All are invited!

In 2022, among others: Master KPK interview, video on CVV in Kumbakonam.

## Picture to the Month

### Libra - Rainbow Bridge between Shambala and Shasta



The Lord of Shambala, Sanat Kumara, the most ancient one and the most sublime one, is not only the ruler of the beings on the planet but also the teacher and the awakener. In him, the will, the knowledge, and active intelligence are in their complete manifestation. He is called Shasta. Shasta means a synthesis of the three energies namely will, knowledge and action. On the Western horizon, a mount is dedicated to Shasta which is popularly known as Mount Shasta. The Lord works from Shambala in the East and from Shasta

in the West, to synthesize East and West at all levels.

Lord Sanat Kumara abundantly manifests the Aquarian energies through Mount Shasta which in turn awakens the entire state of California to usher in the electronic age. California is the pioneering province for global evolution now due to ever unfolding innovations in the field of electronics, communications and information technology.

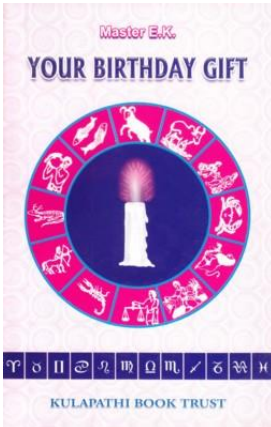
Imagine the rainbow bridge between Shambala and Shasta, to realize the energies of Aquarius and thereby transform the self. The effort of Shambala and Shasta is expected to manifest the golden age by the age 2424.

Dr K. Parvathi Kumar: Shambala

*Image composed by Ludger Philips*

## Book Review

### Your Birthday Gift



The sun gives the influence of the twelve zodiacal signs differently for those born during the twelve months of the year. Each of the zodiacal signs bestows its characteristic touch to all the aspects of life.

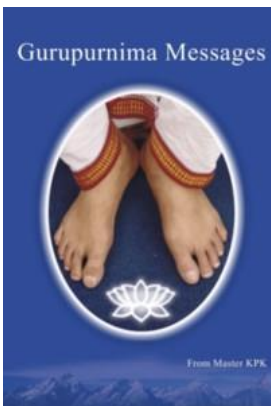
Astrology holds the key to life. It is necessary to get into the secrets of the time relating to one's own life in particular and relating to the humanity in general. "Your Birthday Gift" is the first step towards understanding of Time and also a right understanding of the human psyche. It is an invaluable gift to all true seekers of truth, coming from Master E.K.

E. Krishnamacharya: Your Birthday Gift

Copies: Kulapathi Book Trust, India, kulapathibooktrust@gmail.com

PDF: [https://worldteachertrust.org/\\_media/pdf/en/ek/your\\_birthday\\_gift.pdf](https://worldteachertrust.org/_media/pdf/en/ek/your_birthday_gift.pdf)

### Gurupoornima Messages



The Gurupoornima Messages given by Master K Parvathi Kumar during Gurupoornima celebrations at Bhagyanagaram, now find their expression in the form of a booklet on the occasion of Gurupoornima 2023.

The readers may be initiated into the path of discipleship.

K. Parvathi Kumar: Gurupoornima Messages

The World Teacher Trust, Bhagyanagaram, India 2023

Info: The World Teacher Trust,  
[info@worldteachertrust.org](mailto:info@worldteachertrust.org)

PDF: [https://worldteachertrust.org/\\_media/pdf/en/gurupoornima\\_messages.pdf](https://worldteachertrust.org/_media/pdf/en/gurupoornima_messages.pdf)

## Astrological Important Days in September/October 2023

23.09.	08:49	☉ → ♎ / <b>Sun enters Libra</b> ‡	<b>Autumn Equinox: Contemplation upon the female Hierarchy</b>
25.09.	04:26	11 <sup>th</sup> phase of ascending moon starts D	☉ 01°47' ♎ / D 01°47' ♌
26.09.	06:12	23 <sup>rd</sup> constellation <i>Dhanishta</i> starts ♂	D 17°31' ♌
	21:00	<b>Dhanishta-Meditation</b> ( <i>Dhanishta</i> -constellation ends 27.09. at 03:40)	
28.09.	15:19	Phase of full moon starts ‡	☉ 05°10' ♎ / D 23°10' ♋
29.09.	11:57	☉ <b>Full moon of Libra</b>	☉ 06°00' ♎ / D 06°00' ♏
06.10.	03:05	● 8 <sup>th</sup> phase of descending moon starts ♀	☉ 12°32' ♎ / D 06°32' ♌
09.10.		1874: Birthday of Nicholas Roerich D	
	09:07	11 <sup>th</sup> phase of descending moon starts <i>Contemplation upon Śiva, the cosmic 1<sup>st</sup> Logos</i> (End 10.10. at 11:39)	☉ 15°44' ♎ / D 15°44' ♎
13.10.	18:21	Phase of new moon starts ♀	☉ 20°04' ♎ / D 08°04' ♎
		<i>Contemplation upon 'The Pledge'</i>	
14.10.	19:55	● <b>New moon of Libra</b> (part. solar eclipse) ‡	☉ 21°08' ♎ / D 21°08' ♎
		☉ in ♎ – 1 <sup>st</sup> to 10 <sup>th</sup> ascending moon phases: <i>Worship the descent of the Lunar Ray through the symbolism of Durgâ, the Mother impermeable, and to culminate the worship on the 10<sup>th</sup> ascending moon phase (Durgâ-Festival).</i>	
21.10.	18:23	● 8 <sup>th</sup> phase of ascending moon starts ‡	☉ 28°01' ♎ / D 22°01' ♋
		(End <b>22.10.</b> at 16:29)	
23.10.	13:44	23 <sup>rd</sup> constellation <i>Dhanishta</i> starts D	D 17°31' ♌
	18:20	☉ → ♏ / <b>Sun enters Scorpio</b>	
		☉ in ♏ – every evening at the twilight hours: <i>Light a lamp at the front-door and worship the serpent-power Kundalini, that encircles around the stem of the Base Centre.</i>	
		☉ in ♏ – every Monday (23.10., 30.10., 06.11., 13.11., 20.11.): <i>Contemplation upon Śiva, the cosmic 1<sup>st</sup> Logos</i>	
	21:00	<b>Dhanishta-Meditation</b> ( <i>Dhanishta</i> -constellation ends 24.10. at 11:58)	
24.10.	11:44	11 <sup>th</sup> phase of ascending moon starts ♂	☉ 00°43' ♏ / D 00°43' ♋
		<i>Contemplation upon OM NAMA ŚIVĀYA</i> (End 25.10. at 09:02)	
28.10.	00:48	Phase of full moon starts ‡	☉ 04°15' ♏ / D 22°15' ♏
		<i>Worship the cosmic 1<sup>st</sup> Ray, Lord Śiva, and chant the five-syllabled Mantra OM NAMA ŚIVĀYA</i>	
	22:24	☉ <b>Full moon of Scorpio</b> (part. lunar eclipse)	☉ 05°09' ♏ / D 05°09' ♏
<b>29.10.</b>		End of summertime (CEST 03:00 h → CET 02:00 h)	

All times are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);  
From: »Astrological Calendar 2023/2024«; www.worldteachertrust.org;  
Publisher: The World Teacher Trust – Global, Edition Hier und Jetzt, ISBN 978-3-907246-81-8.





## The Great Invocation

Let us form  
the circle of good will.  
Omnia Vincit Amor.

From the South through  
love, which is pure,  
from the West through  
wisdom, which is true,  
from the East through will,  
which is noble,  
from the North through  
silence, which is golden.  
May the light make beautiful  
our lives.  
Oh! Hierophant of our rite,  
let his love shine.  
Omnia Vincit Amos.

We bow down  
in homage and adoration  
to the glorious  
and mighty hierarchy,  
the inner government  
of the world,  
and to its exquisite jewel,  
the star of the sea  
- the World Mother.

From the point of light  
within the mind of God,  
let light stream forth  
into the minds of men.  
Let light descend on earth.

From the point of love  
within the heart of God,  
let love stream forth  
into the hearts of men.  
May the Lord return to  
earth.

From the centre  
where the will of God  
is known,  
let purpose guide  
the little wills of men,  
the purpose  
which the Masters  
know and serve.

From the centre  
which we call  
the race of men,  
let the plan of love and  
light work out,  
and may it seal the door  
where evil dwells.

From the Avatar  
of Synthesis  
who is around,  
let his energy pour down  
in all kingdoms.  
May he lift up the earth  
to the kings of beauty.

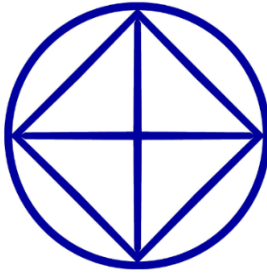
The sons of men are one,  
and I am one with them.  
I seek to love, not hate.  
I seek to serve,  
and not exact due service.  
I seek to heal, not hurt.

Let pain bring  
due reward of light  
and love.  
Let the soul control  
the outer form and life  
and all events,  
and bring to light  
the love that underlies  
the happenings of the time.

Let vision come and  
insight. Let the future  
stand revealed. Let inner  
union demonstrate and  
outer cleavages be gone.

Let love prevail.  
Let all men love.

*Master DK*



May we stand in Light and  
Perform our obligations and duties  
To the surrounding Life to be Enlightened.

May we float in Love and  
Share such Love and compassion  
With the fellow beings to be fulfilled.

May we tune up to the Will and  
Thereby alert our Wills to gaze  
The Plan and cause the work of Goodwill.

May the Light, Love and Will  
Synthesise our lives into One Life.