

Vaisakh News Letter



HAMSA SIVA SOHAM



Pisces 2020 Meena

Letter No. 11 / Cycle 33 — 19th February until 20th March 2020
The World Teacher Trust - Global



May the Light in me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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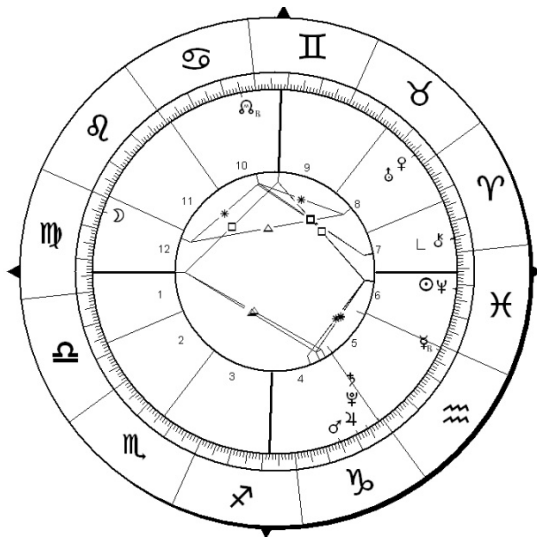
Dr Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr Sri K. Parvathi Kumar for easier comprehension of an average group member.

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Prayer of the Year 2019-2020

A Clean Life
 An Open Mind
 A Pure Heart
 An Eager Intellect
 An Unveiled Spiritual Perception
 A Brotherliness for One's Co-Disciple
 A Readiness to Give and Receive Advice and Instruction
 A Loyal Sense of Duty to the Teacher
 A Willing Obedience to the Behests of Truth
 A Courageous Endurance of Personal Injustice
 A Brave Declaration of Principles
 A Valiant Defence of Those who are Unjustly Attacked
 A Constant Eye to the Ideal of Human Progression and Perfection
 which the Secret Science depicts
 These are the Golden Stairs
 up the steps of which the learner may climb
 to the Temple of Divine Wisdom.



Full Moon of Pisces, 9 March 2020, 18:57 h CET

Message of the Month of Pisces ☸

Pisces - the fishes - is the last sign of the Zodiac, a mutable sign and also a watery sign. Pisces can lead one to yet another cycle of bondage and captivity due to delusion or it may lead to renunciation and detachment through a crisis that drives one to sacrifice. The two fishes are the two opposite directions; one leads to utter limitation, another leads to liberation. Waters exist not only as sea waters which are salty but also as sky waters which are pure and taste like nectar.

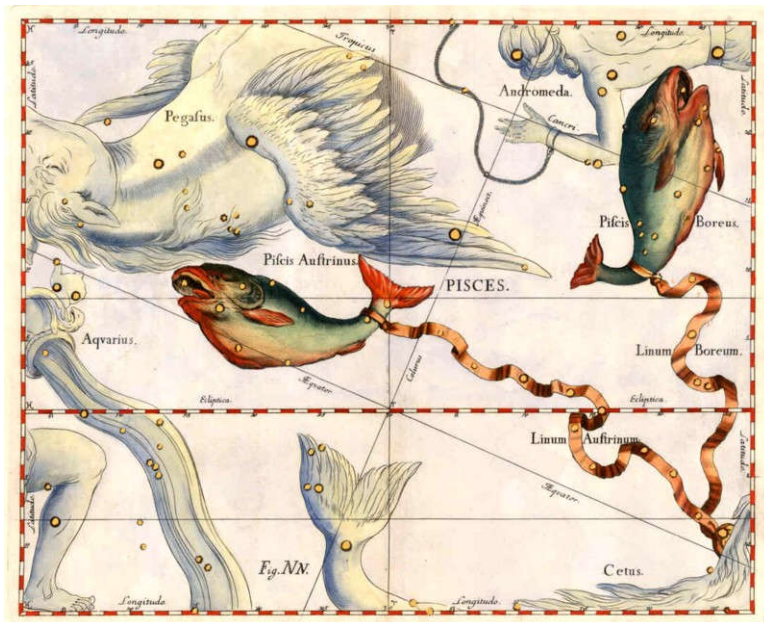
A Piscean is pulled by the double nature. Attraction and repulsion are a constant activity. Pisceans are easily drawn into illusion only to get disillusioned, but every disillusionment is followed by illusion. Pisceans brood over the past and alternately they dream about the future. They are not much in the present; they are more thinkers than practical workers. Pisceans are endowed with intuitional consciousness. The intuition is dormant in them. Emotions play a greater role. They live by awakened feelings but not by awakened mind. A Piscean enters again and again into Pisces and moves in the great wheel putting himself to unlimited mutability until the wheel reverses; then the evolved Piscean tends to be a pure Aquarian. In that state he works as a soul with the personality aligning with the soul. Such Pisceans have no more the saltish sea and the eternal waves that pull forth and push back. An evolved Aquarian holds the key to a Piscean who otherwise remains in the endless cycles of birth and death. Relating to Uranus enables a Piscean to wriggle out of the past and move forward. Let Jupiter be replaced for alignment with Uranus to cause the needed step-up, transformation and transcendence.



Message of the Teacher

Clearing Mind Pollution

“It should happen this way, it should be like this” is but a desire which is confused with Will. Desires pollute the mind. A polluted mind furthers desires. The mind pollution can be cleared only through conscious respiration and association with pulsation. “Cure the mind with air” is an occult statement. A cleaned mind is Buddhi. May the air be the teacher, respiration be the process and Buddhi be the fruit.



Utterances of Lord Krishna



The one that neglects to be
Within the aura of my light,
However much he strives,
will grope in darkness.
(3-32)

Fight not with your nature.
Learn to be friendly with your nature.
Bring it along to me in you.
You and your nature get enlightened.
(3-33)



Lord Maitreya

Maitreya Community

Enabling Cooperation

Your purity and transparency is rejoiced by Us.

Your natural and comforting speeches also comfort Us.

Your talkative nature is disappointing to Us.

Your silent service, We rejoice.

Your manipulative speeches and actions generate anger in Us.

Your attempt to rectify yourself enables our cooperation.

Master Morya
Maruvu Maharshi

Swiftness in Service



Unless the hand reaches the mouth, the hunger is not satiated. Do you see the cooperation of the hand and the mouth in fulfilling your hunger? It is the readiness to help, we notice and appreciate. Depending on the need of the stomach the hand and mouth move swiftly. Do you also exercise such swiftness in your service to others? We are on the lookout for those who are swift enough to respond to the dire needs of others. Such ones do not feel heaviness, fatigue and tiresomeness in service. Notice your own hunger and notice the swiftness of your hand and mouth to feed your hungry stomach. Bring that swiftness in your service to others.

Delayed service is no service. Delayed treatment cures not the patient. Disinterested service is dangerous. It is like a physician arriving after the death of the patient with all the necessary medicines. Hasty service is equally dangerous. It is like mouth gulping the food fast. In such hastiness, the food may get into the wind pipe and cause death.

The ones swift in action are generally healthy. Observe the blind, the deaf, the dumb and the lame, they overcome their disability only through swift action.

Service is not as simple as one thinks. One requires not only to be pure but also to be swift and alert while at service.



Master Koot Hoomi
Devâpi Maharshi

Sambala 22

Recollect Sambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Just as the aspirants strive towards purity, the earth too is striving. Having descended from Venus, Earth lost its lustre. Venus is four times more brilliant than Earth. Having emerged from Venus, Earth lost its lustre and is striving to regain just as the aspirants, who are resplendent souls, lost their lustre due to their mundane orientations. It is for this reason planet Earth is not seen as a sacred planet; just like every man is not seen as sacred.

Sambala embarked upon the responsibility of purifying and uplifting the Earth. In its effort to keep the Earth pure, Sambala strives through the Hierarchy to educate the humanity of the need for keeping the Earth pure. While Earth is striving towards purity, the humanity is working contrary to the Earth's plan. The humanity is consistently and constantly polluting the earth. Unless the irresponsible nature of humanity is set right, the effort of Earth to purify itself remains undone. The matter, the water as well as the air are deeply polluted upon Earth. The illicit and immoral activity of humanity infected the Earth with infectious germs, variety of poisonous fevers and epidemics that emerge from time to time. The old epidemics are replaced by the new and more vicious fevers. Varieties of viruses are prevalent upon Earth. Man is afraid of the geometrical progression of viruses but he least realizes that he is the unconscious contributor to the spread of poisonous viruses.

Sambala strives hard to arrest these deteriorating conditions if and when the deterioration is rampant. It even promotes natural calamities such as earthquakes, explosion of volcanoes, tsunamis, tornadoes and the like. If required, mass scale wars are also promoted. The Will of Sambala is invincible.

Message of Master E.K.

Powers



No one is ever endowed or bestowed with powers. Every power is self-acquired including the spiritual power. The acquired powers remain dormant until an event emerges.

The touch of a guru may also stimulate the otherwise dormant powers. But the powers entirely belong to the one who earned and acquired it.



Master CVV-Yoga

Aphorisms to Disciples 22

64. In relocating misplaced articles, develop not anxiety; instead think of Me, and relax and recollect.

65. Your alignment with Me transforms you as My heir. Through you flows unlimited power of Will, Light of Wisdom and multiple Service. You tend to be a resourceful person. Just align with Me, that is enough.

66. The ways of My training and My teaching are inimitable, cannot be copied by others. Those who align only know it. They too do not imitate, they let Me work through them.

Fail not to pray twice daily.

Vidura

Teachings of Wisdom



Jealousy, victimization,
unpleasant expression,
vengeance, and deceit,
are the seats of evil.

PRACTICAL WISDOM

All doctrines of God are man-made.



Saraswathi

Suktam 4 The Ability to Assimilate 4

We cannot get into the playground without knowing the play. If we do so, we fail, we lose, we lose the joy and land in conflict. Ignorance of the play while within the playground is terrible. Is it not? Hence, the need to lead ourselves from ignorance to knowledge and from knowledge to the bliss of the play. Knowledge bestows strength and ability to serve the Plan. Knowledge bestows better comprehension that leads to realization. Realization brings in sympathy, sympathy leads to love and love leads to oneness. Such is the process.

Thus, as we enter life - the playground, we should have the knowledge of the play. Education has this purpose. That is the true purpose of education -to impart the knowledge of living, living harmoniously, joyfully and blissfully. Saints and sages say that life is a song, a dance, a play. Unless requisite knowledge is given through education, man is bound to fail. Then very queer questions arise such as: “Why all this Creation? Why pain, evil, sorrow? Why is there wickedness? Why should we follow morals? Etc, etc. etc.”

The modern education is venting in this direction. It teaches competition, aggression, one-upmanship, covetousness, power-mongering -areas where peace and harmony are absent. The education relating to life needs to be taught concurrently with modern education. Otherwise, humanity remains otherwise than wise.

Srî Râmakrishna

What are you truly?



A Pariah was carrying the flesh of slaughtered animals in baskets suspended on a pole from his shoulder, when he met Shankaracharya, who was returning from his bath in the Ganga.

It chanced that he touched the person of the holy man. Shankara was offended and cried out, “Thou hast touched me, sirrah!”

The Pariah replied, “Master, neither have I touched you nor have you touched me! Please reason with me and say whether your true Self is the body, or the mind, or the intellect, and tell me what you truly are.

You know well that the Atman is attached neither to Sattva which leads to God, nor to Rajas which leads to action, nor to Tamas which turns us away from light.”

PRACTICAL WISDOM

I grant independence
from the wheel of birth and death.

Master CVV



On Secret Doctrine

Occultism

Occultism must win one day. Every occult truth has to pass through denial before it is finally accepted. The person that stands by the truth is often crowned much later while a wreath of thorns is set on his head while he was alive. This is not uncommon, for truth cannot find its acceptance in a world of untruth.

Pythagoras therefore insisted upon his students to keep a pledge which is popularly known as the vow of silence which shall be renewed every five years. The cultured society is too fast and too shallow, and they find themselves duty-bound to deny when truth is presented afresh. Mankind practices deception and fraud on the society. The society always consisted of meek and weak masses, which submit to the fraud and deception of the strong and the wicked. There are such infamous critics who keep saying that the society consists mostly of fools and idiots who care only for their safety all the time while they never found their safety at any given point of time.

Truth is stranger than fiction; it may any day and most unexpectedly vindicate its wisdom and demonstrate the conceit of our age. The edifice of untruth may fall any moment when truth decides to step in. It is therefore important to an occultist to hold the truth within and share it around with like-minded people, though such truth may still remain to be a fiction. That there is a sacred and secret brotherhood in existence and that it does not die is but one such truth which expresses itself, here and there, to awaken the sincere souls that are in search for truth. The Saint Germaines and Cagliostro of 18th century, having learned their bitter lessons in Europe, find their expressions elsewhere in the world in a fresh and natural ambience.

There are a number of these mystic brotherhoods which do not have much to do with the “civilized” countries. It is in the unknown communities, who stand as the future crop of the humanity, their work continuous to flourish. These

“adepts” could, if they choose, lay claim to strange ancestry and exhibit verifiable documents that would explain many a mysterious phase in the history. For reasons best known to them, they would rather prefer not to exhibit such proofs and documents.

There exists in the world a class of adepts who are mightier than the profane, they are personally pure, benevolent and holy as individuals, they relentlessly help the true seekers on the path, untouched by the profane, the deceptive and fraudulent magicians of the day whose work is not magic but conceit.





Saturn

Transformation

The Building of the Antahkarana 2

In the horoscope of a spiritualist, Saturn influences Gemini. In the horoscope of an average man, he rules over Scorpio along with Mars. Spirit comes down into matter through a converging spiral path in Scorpio. This denotes the nature of death. Retracing the same path, we find the same serpentine path, but ever expanding, as ‘the path of new life’.

When the journey of the imprisoned soul of man is completed from Scorpio to Gemini, in the reversed direction, Saturn works through Gemini in constructing the Antahkarana of the disciple. In Scorpio, the symbol is the serpent, in Taurus it is the winged bird. When the journey is from Aries to Scorpio, then Scorpio is the 8th house. The 8th house in any horoscope represents death. Death means loss of consciousness.

Thus, from the 8th house, we retrace back up to Taurus, but before Taurus there is Gemini. Gemini lays the ultimate step to work out our Antahkarana with the help of the Saturnine discipline. Retracing life is a process of disciplining and evolving. When we observe the tail of the serpent, towards the end, it has small rings. When we observe it in the reverse order, from tail to head, again the rings grow bigger. The rings become wider, like in the snail, in the conch, as it goes down, the rings grow small, as it goes up they are wider.



Discipleship

The Qualities of Sound Mind (From the Laws of Right Relationship)

Two Things to Learn

There are two things which all must someday learn. One is to develop a sense of humour, a real (not forced) capacity to laugh at oneself and with the world; how small little happenings are when looked at in the right light and humorously. The other is not to take things seriously. Carry on your activities with patience and dispassion, unworried about the result. This process, long continued, will result eventually in the attaining of an equilibrium, which nothing can disturb.

The day alternates between daylight and darkness. We likewise have our cyclic periods of light and dark, good and evil, progress and stagnation. When faced with changed conditions, loneliness and loss, we need to stand steady and give ourselves time to adjust and stabilize into a new rhythm of life. The effect of one's situation may result in a profound depression, in an utter sinking of the heart as the future is faced. Face the future, however, and remember that daylight ever comes after dark. This needs emphasis.

Depressive thoughts are no guide to the future. It is hard to realize what of beauty and opportunity lies ahead when confronted with a situation in which one sees no light. Let the hope of better things come to restore your lost smile and drive you into constructive action. The best is yet to be. The future will see the recovery of the joyousness of life and the restoration of faith in oneself, man and God.

A disciple



The Teacher

64. Hamsacharam

The one who moves like Hamsa, the Swan

The Teacher permeates into the followers through the path of pulsation. He is associated with pulsation within him and in the beings around. Pulsation is an activity of life and light that exists in each one of us. It is the activity of the soul linking up to the personality and the body. The Teacher is but a pulsating soul. He identifies himself with the pulsating principle within him and around him. Pulsation is the basis of existence in the body. When pulsation recedes, the soul delinks with the body.

The song of pulsation is regarded as the music of the soul. Associating with it in oneself one can live as the soul. Associating with pulsation in others one can also function in the surrounding forms. Pulsation is but pulsating awareness and is called Hamsa, the Swan. This is because the sound of exhalation can be listened to as HA and the sound of inhalation can be listened to as SAM.

SOHAM is the mantra which is sung by the pulsating soul. SOHAM means SAHA AHAM, meaning THAT I AM. THAT I AM is the truth of existence in creation. Beyond creation it is called THAT. Verily THAT exists as I AM and the one who realizes it in oneself is called a Hamsa or a Swan. It is the basic identity of every being with respect to the truth of THAT I AM. All other identities are but the modifications of the state of THAT I AM. In the western scriptures THAT is called God, the Father, and I AM is the Son. THAT descends into all from unity of Existence to unitary existence. One becomes many, but many is apparent, is not real. The reality is One Existence. On the background of One Existence there are seeming unitary existences. It is like the waves floating in the ocean. It is also poetically said as the swans floating in the ocean.

The heart trumpets the truth of I AM. It makes a centripetal and centrifugal movement which can be heard as SOHAM, meaning THAT I AM. THAT I AM is the original identity, other identities are make-belief, therefore relating to the heart one would be able to realize the truth of THAT I AM. God, the Master of the universe, exists in each one of us and sings the song of THAT I AM.

Identifying with it one can realize that each formation is but a Swan song of THAT. The scriptures say that Ishwara, the Master, exists in all, in the heart. The heart is called Hridayam in Sanskrit which was earlier explained. By relating with pulsation one can be with the God centre within oneself and relate to others through the God centre. This is how a Teacher moves in all those who are oriented to him and helps them.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.





Kapila

Surrender - The Blissful Way

Contemplate upon the Self, the centre of creation which exists in you as your being. Submit all your knowledge, your actions and their fruits at the feet of the Self within and without. You shall stand delinked and detached by such contemplation. Poise steps in, through such linking to Self. Mind stands aside. Actions happen, causes cease. Since the mind stands aside, there is no causal body carrying out the illusion of separativity, of attraction and of repulsion. The sole attraction to the Soul Universal remains in all happenings in and around. The Self reveals through all that surrounds and that which is beyond the surrounding.

Self reveals as the centre of all the beings. The ever-continuous humming sound of the Self is heard through sound and silence. Sight gives way to vision that pierces through form and formations and directly meets the Self in the objective forms. The Masters of Wisdom, the Kumaras, the Devas worship this Self as 'Om'. They visualise all the creational activity as His play. They play their role too in tune with the play. The Cosmic Person is no different from the Self, the Self within - your very being! Visualise your being in and around. That is the real Yoga, the union with the One.

Study of spiritual sciences, conduct of sacrifices, pilgrimage to sacred places, contemplation upon mantra, meditation, study of scriptures, practice of yoga, service and sacrifice, do not by themselves give the vision of the Lord. Yoga living enables vision of the Lord in daily life. Yoga living is living in union with the Lord (Self) while in interaction with the form and the name through time and place. Experiencing the Lord in all these four dimensions leads to fulfilment.

This sacred doctrine called Sankhya, shall be given only to those who are attentive and alert, who are compassionate to the fellow beings, who are inclined more to duty than to their rights and privileges, who are unaffected

by malice and who are unpolluted by sex and desire. To them the doctrine paves the way for realisation.





Ashram Leaves

Different Eye

When you view, the viewer in you views.
When you hear, the hearer in you hears.
Then, how can you view or hear Him?
Just as you visualise the land beneath your feet.
It needs a different eye.

PRACTICAL WISDOM

Each morning and evening
I pervade you as I AM.
If you look at me as the centre,
you dissolve in Me.

Master CVV



Lord Dattatreya

The Special Places of Presence

Salagrama: sacred, natural stone, in circular shapes/spherical shapes, formed out of shells (found in riverbeds). The tree of *Audambara*, the cow, the dog, and the saint, give the perceptible presence of Sri Guru Datta.

Thursdays, the month of Sagittarius, the 11th moon phase, the full moon, the new moon, are the special times to experience Sri Guru Datta.



In sandalwood, and in the sacred ash, *vibhudi*, His presence is experienced and is therefore recommended to be used on the body.

In the pilgrim centres, banks of the sacred rivers, mountain ranges, and in places of silence the presence can be felt easily.

Sri Guru Datta also moves in a body of great light. He is "The Embodiment of Knowledge", he can dispel ignorance and the related illusion. He is pure and poised. His form is blissful and sacred. He alerts, invokes, stimulates and makes strong the will in the beings, bestowing fulfilment. He is "The Master of the Masters", "Friend of the Universe" and is "The Most Compassionate One". May his touch of love inspire the reader to walk into the path of yoga that leads one to the Truth.

Fire

Detailed Explanation 6

V. Offerings to the Planetary Devas



OM SUKRAYA SWÂHÂ. SUKRAYA IDAM NA MAMA

Offering to the Lord of VENUS.

SUKRA is the Planetary Lord of VENUS. He represents the subtle body in us. He is the Teacher and Master of the path of immortality. He exists in us in the heart centre. He is the principle of immortality.

OM SENESHVARAYA SWÂHÂ. SENESHVARAYA IDAM NA MAMA

Offering to the Lord of SATURN.

SENESHVARAYA is the Lord of SATURN. He is the principle of consolidation. He exists in us in the Muladhara centre.



Rudra The Lord of Cosmic Will and Vibration

A Few Dimensions of Rudra 15 Taskara

Taskara means the stealer, the thief. Rudra, as Taskara, thieves from those who thief others. He steals from those who steal. Stolen wealth not only gives sorrow but also disappears soon. Stealing is a major activity in Kali-Yuga. Thieving exists in the physical, emotional, mental and even in the buddhic plane. Taskara ensures that the stolen thing is stolen again. This is how he balances the system. There are many stories on how Rudra steals those who steal with power or intelligence. He deceives those who deceive others. It is a very humorous, but effective activity of Rudra.



Sanat Kumara

Be the Player and the Observer 2

The humans are therefore compared to a chameleon, which keeps changing its colours according to the colour of the leaf, of the tree and during this process one forgets its original colour. Humans also forget their original state of being when they continuously become identified with their actions. They need to get back to Be-ness, between one action and the other, as the first step. And as a second step, they can be doing and also be simultaneously observing.

Throughout the day if one attempts to practice this, he would be eligible for advanced steps of observation. In the advanced state one is advised to observe one's thirst when one is thirsty. Observe one's hunger when one is hungry. When one is thirsty and if one observes one's thirst as an observer, one would be distant from the thirst. When one is distant from the thirst, the thirst disappears! When one is hungry and if one witnesses one's hunger, one grows distant from one's hungriness. Then the hunger disappears. It is by observation, thirst and hunger can be overcome from time to time, until one gets drinking water and eatable food. One does not have to become anxious about the thirst and hunger. It is one's presence in the body that gives the feeling of hunger and thirst to the body. When one is distant from one's body through observation, the body feels no hunger and thirst. The chemistry of hunger, thirst, desire happens in one's body due to one's presence.



From the Teacher's Pen Questions and Answers

Usefulness of Values

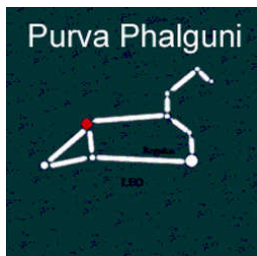
Question: Dear Master, how important are individual values?

Answer: Dear brother, a value is truly a value in its usefulness to the surrounding life. If not, it has no value at all. Persons may acquire wealth, but it is of little value to society unless such wealth is used for others benefit. One may acquire power, but it will be of no value to him unless such power is again utilized for the benefit of the surrounding life. One may have gained wisdom, yet, it is no value unless such wisdom is shared to elevate beings and alleviate them from suffering.

Only the stupid hold on to power, money and wisdom close to their chest. They are of no value to nature and to the society at large. Know that the value is in its usefulness; know that the proof of food is in its eating. One cannot go around displaying the power, money and wisdom. Such vanity is despised.

The Wisdom of Nakshatras

Star 11: Purva Phalguni



Purva Phalguni is the 11th of the 27 constellations. It spans through the Sun sign Leo. It symbolizes swinging hammock which is indicative of joy, pleasure, prosperity, love and positive worldly feelings. The natives of this constellation believe in enjoyment of life. Being

leonine they are able to create and at the same time also destroy what is created due to over-confidence. They have abilities but their over-confidence neutralizes their successes. They are born with good fortune and luck. The life starts on a comfortable platform which they would build or destroy according to their intellectual inclinations. The natives of Purva Phalguni are intellectually inclined. They are honest and loyal to the friends and relatives. To them the family ties are of utmost importance. They give importance to cleanliness and tidiness. They keep their homes and surroundings clean and decorate them if possible. They are compassionate and empathetic. They are generally driven by career interest. The planetary lord of Purva Phalguni is Venus. Their approach to life is of passion. The body parts relating to Purva Phalguni are shoulders. The deity is Aryaman, one of the twelve sons (Adityas) and also Lakshmi, the goddess of wealth. Aryaman stands for friendliness. Genitals are also governed by Purva Phalguni; therefore, they have the power of procreation. They can procreate well on the premise of creation. They are good duplicators and copiers. The fig tree is identified with the characteristics of Purva Phalguni. Its number is 11; its colour is light brown. Brown is a mixture of red and earth. They believe in worldly prosperity and they have passion for it. This is represented by the reddish aspect of the brown. In fact, Phalguni is reddish brown, meaning the material inclination. The lucky number for Purva Phalguni is 9. The animal relating to Purva Phalguni is female rat and the bird is female eagle.

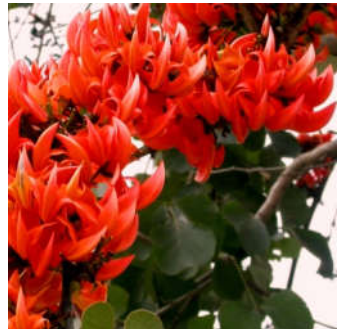


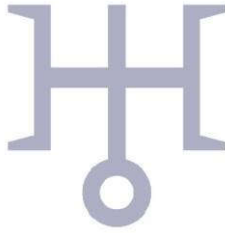
Other characteristics of this constellation are healthy constitution, light-hearted nature, impulsive, acting in haste, attempting too many things at the same time, constantly in motion, responsible towards obligations, hospitable and sociable, trying to be the best.

Purva Phalguni natives like full freedom. It is seen that they become very famous in one field or another. They have inherent intuitive powers to know the problems of others. The natives of Purva Phalguni extend their helping hand to the needy even before they ask. Purva Phalguni natives will possess sweet speech and are fond of travelling.

Purva Phalguni natives choose not to be a slave to anyone. Because of this quality, it is often noticed that they will not take a job which involves subordination in its true meaning. The natives of Purva Phalguni are very much sincere in all the work they undertake. They cannot be a party to any illegal activities nor have they the power of tolerance to see such activities. This condition of the mind can drag them into several complications in life, but they are very much ready to face any such problems and complications. They do not like to get any benefit at the cost of others.

The natives of Purva Phalguni enjoy power and give preference to position and authority rather than money. They pursue a righteous path of progress and may devote their valuable time for such a cause.





Uranus The Alchemist of the Age

Service 2

One has to improve qualitatively; there is no other way. That needs Will. The other name for such Will is aspiration. The Will has to be applied in meditation for alignment of the soul with the Super Soul. Such alignment brings down the divine qualities of Will, Love and Light. This is the vertical work, which is required to be done daily. The energies emerging from such alignment need to be applied during the times of activity into the surroundings. This is the horizontal activity. Each meditation needs to enable influx of energies from the Super Soul to the soul and from the soul to the personality. The personality has to expand the resultant energies purposefully into the surroundings through personality activity. Thus, the vertical work and the horizontal work need to be equally vibrant. They need to find the right angle as between them. If there is no qualitative implementation in the horizontal activity, not much can be gained through meditation.

Master EK

Vishnu Purana Chapter XXVII

The Process of Differentiation



Thus, you see how Mahat and the other entities exist potentially before they are differentiated. The process of differentiation brings forth the entities of Devas and other beings. Then the Devas have their children and they in turn have their children. Thus, the whole Creation descends down to the Earth. Just as the tree sprouts from the seed and expands and expands until it reaches the state of seeds once again, you see the Creation of beings expand and expand in cycles. Just as Time stands as the background of all the expansions of the tree, so also Lord Vishnu stands as the background of the expansion of the whole Creation. Just as the plumule of a corn seed contains the root of the would-be plant and just as the stem contains the leaves and the would-be seeds in it potentially, just as the twig contains the potential flower and the latex, so also the Lord stands as the potential of all the details of the Egg. Just as the germ sprouts out of the seed, breaking aside the husks, so also the Power of Lord Vishnu makes the whole Creation sprout - breaking the various layers aside and formulating the various chain actions. Thus, Lord Vishnu is the Pervasion and Permeation of the whole Creation that includes the three worlds. Again, these worlds merge into Him. It is He who forms the existence, the non-existence and the background beyond. All units (movable and immoveable in this Creation) are in Him undifferentiated. He is the primordial nature of all the Creation, in Him it merges and in Him it exists as its potential. Hence, virtually speaking, He is the Creator of the act of Creation and the result of these acts. He is the ladle of oblation in the sacrifice of the grand fire of existence and non-existence of Creation. There is nothing that He is not."



Paracelsus Health and Healing

Lethargy, a Sickness

Physicians would do well to notice lethargy as a serious sickness. Lethargy is a peculiar and an undefined state between sleep and death. The heart almost ceases to beat and the body becomes motionless. The expression in the face tends to be pale and faded. Yet, the man is alive and can return to activity of his own which no one understands.

The patients cannot be alarmed to fall into the comfort of lethargy. During the wakeful hours, they should be advised to be active, mentally and also physically. The low heart-beat, the low diastolic pressure brings in lethargy to the lungs. The lungs should not be allowed to slow down in terms of their strength to breathe in and to breathe out. Inactive lungs are as much a serious problem as sub-normal heart.

The persons with lethargy are also tensed and it is an unnatural tension of the organism in relation to the vital dimensions of man. Fatigue, pride, grief and shocks may lead one to this state.

More often a person suffering from lethargy over long time complains of forgetfulness, loss of memory and remembrance. This is but a dangerous sign of withdrawal of consciousness.

The physician should enquire about the daily routine of the patient to elicit information about the degree of activeness of the patient.

Depressions are common for those who succumb to lethargy over years and they dampen the surroundings and the surrounded members. Every effort should be made to make sure that the persons are active enough to retain functional health though not good health. While hyperactivity is avoidable hypoactivity is equally avoidable.

If a patient says, "I have done all within my power", the physician should not believe. It is a sophisticated way of expressing one's inability, if not failure. Such persons excuse themselves falling into self-set limitations and self-pity.

When a patient is exhausted, he loses the key to health and keeps living with indolent and ignorant pronouncements. The physicians have a duty to remind the patients of the inexhaustibility of heart energy and they should not let such energy buried in them depriving themselves of better possibilities. To say all forces have been exhausted is but a conceit.

The lethargic, the indolent, the lazy and the ignorant person, falling into self-pity speaks of giving up everything and of washing one's hands of a situation. Such ones close access to the positive healing energies. The physician should be aware of the psychological disorders. They do disservice if they do not notice the psychic disorders and yet give copious lists of medicines.

Dr K. Parvathi Kumar

Extract from: Paracelsus - Health and Healing. Website: www.paracelsus-magazin.ch/en

Dimensions of Ancient Wisdom

Dr K. Parvathi Kumar
Group Life Teaching, Part 11
June 2018, Billerbeck, Germany

Somewhere down the land, this has been forgotten, that man has arrived on the planet to discharge his duties towards the planet, to discharge his duties to all the life on the planet. Instead, they have taken to a different dimension that is desire. Instead of contemplating “what am I to do”, the thought got twisted to “what am I to get”. What am I to get is in relation to desire. What am I to do is in relation to duty and obligation. When duties are replaced by desire or when people move in terms of their desire, they get stuck in the objective world and get disconnected to the inner being which man is. So, the inner being is delinked from the outer being, once when there is a shift from what is to be done to what is to be gained.

Today humanity is moved by what is to be gained instead by what is to be done. There are four kingdoms: the humans, the animal, the plant and the mineral. Relating to them is the attitude of an elder brother, meaning, relating to a flower or even to a glass of water here. You should relate to them as an elderly brother. Do you show an attitude of an elderly person or a responsible person? When we are always oriented all the time to receive what we wish to receive, we forget what we have to do.

This text is not proofread by the author and might have some mistakes.

Stories for Young People

On Service

Persons who cannot appreciate
the value of Service
and those who serve not,
enchain themselves.

11. Legend

The general was faced with poorly trained and equipped soldiers. His officers there had often received their posts through relationships or had bought their way into the posts. He had a mighty enemy: Napoleon, who had conquered half of Europe and wanted to subdue Russia. When General Kutuzov met Napoleon in the battle of Borodino (1812) he lost two thirds of his men. Kutuzov did not give up. He changed his tactics. Instead of fighting in open battle, he retreated and left his enemy nothing but burnt earth. Cities and villages were evacuated, supplies and possessions taken with them or destroyed. When Napoleon stood before the capital Moscow, Kutuzov ordered the same procedure. The officers were horrified. They praised the age of the capital, its art treasures and the memories associated with it - not to mention the task of evacuating such a large city. Kutuzov remained tough. He said: "We are soldiers. Our task is to save Russia. This is our goal. If we continue with our tactics, Napoleon will perish in his victory."

When Napoleon invaded Moscow, he believed he had reached his goal. He thought, the Russian Czar had to surrender and recognize him, Napoleon, as the winner. But the city was empty. Fires broke out, started by the inhabitants themselves. No one appeared to recognize Napoleon's "victory". And there were hardly any supplies. The soldiers were able to steal treasures, but had nothing to eat. And winter was just around the corner. Napoleon had to command the retreat of his troops.

Loaded with treasures, but poorly equipped for the icy cold and half dead from hunger, the Napoleonic soldiers marched towards France. Of 594,000 men, only 81,000 reached France. Russia was saved. General Kutuzov had his Russian troop line up and congratulated it on its victory - which it had won almost without a fight.

Kutuzov became the hero who had defeated Napoleon. The Russian people saw the general as Lev Tolstoy had described him. Scientists of history show the character deficiencies and military errors of Kutuzov. They misunderstand the meaning of this legend. Tolstoy praised the patience, sacrifices and trust in divine justice of the Russian people in the fight against Napoleon's superiority and gave these qualities the name of General Kutuzov (1745-1813 Greg. Calendar).

Story after Lev Tolstoy: War and Peace



Window to World Service News & Activities (Inputs welcome)

Argentina

Name of the Group: Salta Group

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Open Group Activities - Permanent Activities

- Full Moons and New Moons Meditations
- Solstices and Equinoxes Group Meditations
- first Thursday of each month Healing Meditations
- Fire Ritual: One Sunday every month
- Percent or long-distance participation every Sunday to Prayer for World Peace, 11AM Argentina, local time
- Convened Meetings (no fixed date) for reading and analysis of the Masters Parvathi Kumar and Ekkirala Krishnamacharya teachings.
- Creation of a WhatsApp group for those attending the various meetings (with permanent update) to communicate important astrological dates. Meeting dates and diffusion of the various teachings from the Global WTT.
- Provision of financial aid destined to:
 - Homeless shelter and assistance for the terminally ill
 - Financial assistance or permanent supplies to people with disabilities.
 - Humanitarian aid to canine shelters.

Non-permanent activities carried out in 2018

- Council meeting at WTT Salta ARGENTINA Headquarters during Spring Equinox.
- Video presentation with teachings about the sacred symbol of the WTT before the International Congress of the New Thought Development Foundation, held in Cuba, Havana, November 2018.

Picture to the Month of Pisces

Pisces - Spiralic Ascent



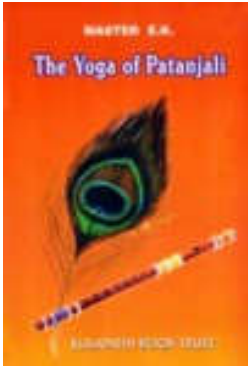
Solar energy descends down through Aries and then there is a further descent into Cancer. Thereafter the activity happens up to Capricorn. Then the solar God slowly and gradually proceeds via Pisces into Aries and enters into higher circles. Before entering the higher circles, he hands over a kind of Olympic fire to the next cycle of time.

Each cycle of time the solar God offers a different energy. Every year is therefore different from every other year, though in the calendar we find the same dates. Many times, the energy comes, many times the energy descends from higher circles, entering into the causal, the subtle and the gross physical matter, and the once again ascends from Capricorn via Aquarius and Pisces into higher circles from Aries.

Dr K. Parvathi Kumar, Seminar in Bad Essen, Germany 2009

Book Review

The Yoga of Patanjali



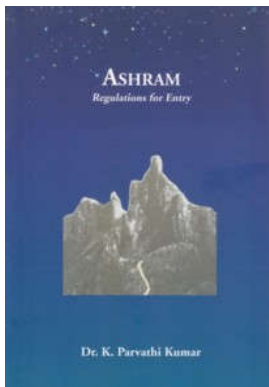
Yoga is the science par excellence of Man. It is the oldest of the real sciences that remain with mankind today. Patanjali's aphorisms are given in the form of instructions. Each aphorism is given first in Sanskrit, with word-meaning, followed by a commentary and explanation in English. With this study, Master E.K. has made a valuable contribution to the growing awareness and spiritual fusion between East and West which was his chosen mission.

Master E.K. has an Aquarian approach to explain the practical steps relating to Yoga practice for the benefit of the true seekers of truth.

E. Krishnamacharya: The Yoga of Patanjali

Copies: The World Teacher Trust, info@worldteachertrust.org

Ashram. Regulations for Entry



Entering into the ashrams of Masters is possible by adopting oneself to the cardinal occult regulations and practices. Emotional approach would not lead one to the ashram and in as much as one tends to be impractical, one gets derailed from the normal and simple journey of life.

The booklet is a practical guide for those who intent to make inner adventures and eventually find the hidden beauty of Nature within and without. It is meant for sincere seekers.

K. Parvathi Kumar: Ashram. Regulations for Entry

Info: The World Teacher Trust, info@worldteachertrust.org

PDF: https://worldteachertrust.org/_media/pdf/en/ashram.pdf

Astrological Important Days in February/March 2020

19.02.	05:57	☉ → ♓ / Sun enters Pisces	
22.02.	06:50	23 rd constellation <i>Dhanishta</i> starts	♌ 17°28' ≈
‡	14:33	Phase of new moon starts	☉ 03°23' ♓ / ♌ 21°23' ≈
New moon point of Pisces: Contemplation upon 'The Pledge'			
21:00 Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 23.02. at 09:13)			
23.02.	16:32	● New moon of Pisces	☉ 04°29' ♓ / ♌ 04°29' ♓
02.03.	08:23	● 8 th phase of ascending moon starts	☉ 12°11' ♓ / ♌ 06°11' ♌
♌		(End 03.03. at 09:20)	
05.03.	08:49	11 th phase of ascending moon starts	☉ 15°12' ♓ / ♌ 15°12' ♌
♌		<i>Contemplation upon the healing energies</i> (End 06.03. at 07:17)	
08.03.	22:34	Phase of full moon starts	☉ 18°47' ♓ / ♌ 06°47' ♌
☉		<i>Contemplation upon Mitra-Varuna, the not untrue beings</i>	
09.03.	18:47	○ Full moon of Pisces	☉ 19°37' ♓ / ♌ 19°37' ♌
11.03.		1940: Master MN left his physical body	
15.03.	22:49	● 8 th phase of descending moon starts	☉ 25°46' ♓ / ♌ 19°46' ♌
☉		(End 16.03. at 22:30)	
17.03.		1984: Master EK left his physical body	
18.03.	23:56	11 th phase of descending moon starts	☉ 28°48' ♓ / ♌ 28°48' ♌
♀		<i>Contemplation upon the healing energies</i> (End 20.03. at 01:30)	
20.03.	04:49	☉ → ♈ / Sun enters Aries	
♀		Spring Equinox: Contemplation upon Shambala, Sanat Kumâra and the six Dhyâni Buddhas	
12:35 23 rd constellation <i>Dhanishta</i> starts			
♌ 17°28' ≈			
21:00 Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 21.03. at 15:09)			
23.03.	08:00	Phase of new moon starts	☉ 03°07' ♈ / ♌ 21°07' ♓
♌		New moon point of Aries: Contemplation upon 'The Pledge'	
24.03.	10:28	● New moon of Aries	☉ 04°12' ♈ / ♌ 04°12' ♈
♈		☉ in ♈ and 1 st - 14 th phase of ascending moon:	
<i>Contemplation upon Master Morya and 15 days yogic programme to lay down a good seed for the coming year</i>			
29.03.		Summer time starts (02:00 h CET → 03:00 h CEST)	
01.04.	00:20	● 8 th phase of ascending moon starts	☉ 11°40' ♈ / ♌ 05°40' ♌
♀		<i>Contemplation upon Master Morya</i>	
02.04.	00:10	9 th phase of ascending moon starts	☉ 12°38' ♈ / ♌ 18°38' ♌
♌		<i>Birthday of Lord Śrî Râma</i> (End 02.04. at 23:13)	
03.04.	21:28	11 th phase of ascending moon starts	☉ 14°30' ♈ / ♌ 14°30' ♌
♀		<i>Contemplation upon Master Morya</i> (End 04.04. at 19:00)	
07.04.	08:31	Phase of full moon starts	☉ 17°54' ♈ / ♌ 05°54' ♌

All times until 29.03. are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hour), later in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);

From: »Astrological Calendar 2019/2020«; www.worldteachertrust.org;

Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.



The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on
earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the
time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



Angustamaatraha Purusho,
Madhya Atmani Thisthathi.
Eeshano Bhootha Bhavyasya,
Nathatho Vijugupsatey.

Meaning:

The thump sized miniature form
is centrally placed in the person.
In the centre of the miniature form
is the Master of the universe.
Relate to the resplendent thump sized being in you
and to its centre.
It relieves you from the past and from the future.

Katha Upanishad