

Vaisakh News Letter



HAMSA SIVA SOHAM



Pisces 2023 Meena

Letter No. 11 / Cycle 36 – 18th February until 20th March 2023
The World Teacher Trust - Global



May the Light in me be the light before me
May I learn to see it in all.

May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

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Prayer of the Year 2022-2023

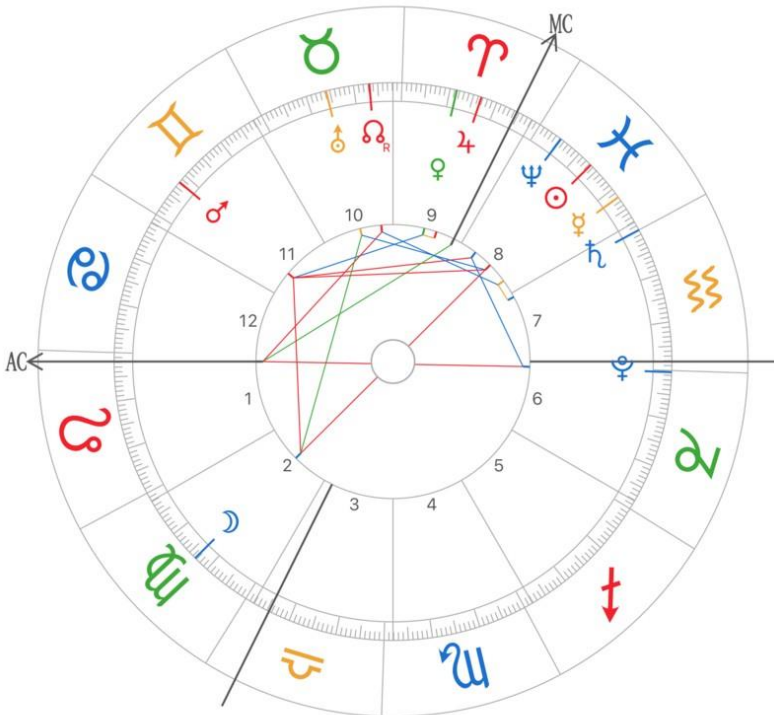
Justice prevails.

The ark sails.

Marked ends submerge.

The ark moves on with reset sail.

‘Markandeya!’ the Devas hail.



Full Moon of Pisces, 7 March 2023, 01:40 pm CET (UTC + 1)

Message of the month of Pisces ☸

THAT becomes I AM. THAT I AM, as an ocean, contains many droplets of water. The water in the droplets is the same water as in the ocean. The droplets are also called I AM. Hence the phrase, I AM THAT I AM.

Each I AM is born and will eventually merge again into the ocean. During its time span, it gathers experience. The I AM is sleeping in the minerals, the physical plane. The I AM is dreaming in the plants, as sensation on the etheric plane. The I AM is awake in the animals, as mind on the mental plane. Up to this point in evolution, everything is automatic.

The I AM is self-conscious and has discriminative will in humans because of the buddhic part that functions as the higher mind. Because of the free will he is bestowed with, man has to make an effort to progress in the evolution of consciousness. The I AM is group consciousness in the next kingdom in nature. We are all on the journey, hence the story of the Prodigal Son. The highest truth, the pure love, and the bliss of existence is what Pisces offers.

As Pisces contains all and is all, it cannot be described. Pisces is all in essence and there exists an apparent illusion that units of consciousness exist.

Pisces offers freedom from illusion, as the highest truth. From the highest truth, pure love is born. Eventually, the bliss of existence results when all is seen as 'one appearing as many'.

Composed by Heinrich Schwägermann Lorenzen

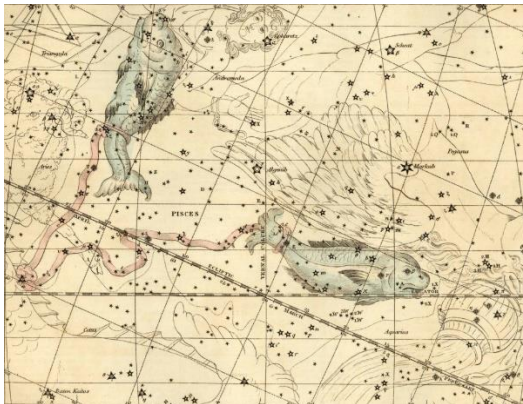


Message of the Teacher

The vertical column 5

We have been pondering upon the splendour of the central vertical column, the cerebro-spinal system, into which there is the descent of the Master. Our true abode is the same cerebro-spinal column. When we are out of it, we are out of the house of the Father. That is how we become a stray son, when we don't know how to come back into it. We are then the stray son or the prodigal son, meaning we have lost the purpose of life and we are doing whatever comes to you from the objective life. We are like a kite without the thread. A kite which loses the thread of the holder of the kite loses his direction. The Master who is omnipresent, omnipotent, omniscient, he makes the central vertical column as his abode. He teaches us and we, in tune with him, need to live in the world.

Compiled by Ludger Philips



Alexander Jamieson (1782-1850): Pisces

Utterances of Lord Krishna



Let not the objective contact condition your consciousness. You experience happiness in yourself, the Me in you. You have established Synthesis with the Cosmic I AM in you. You will experience the same happiness.

(5,21)

Happiness is of two types : External and internal. External happiness is from external causes, which are but the stimuli, objective. The very contact is enjoyed as happiness by habit. Happiness by contact is only a proposition, a supposition and a corpse of memory. When the consciousness entertains such a one, the result is but disappointment. All the external causes make a proposal of happiness to the consciousness and escape from the scene. The consciousness is bound to struggle with a busy programme of a series of unfulfilled promises. Every proposal has a beginning and an ending of a programme for happiness, but there is no happiness as experience. Never permit yourself to play with the senses of contact for happiness. Thus you be learned.

(5,22)

PRACTICAL WISDOM

Devotees are stones.

Disciples are bricks.

The former are around
the Temple.

The latter fit into
the Temple.

Lord Maitreya

Maitreya Community

Specialty



In the community our feeling is one of absence of specialty, because We live for the whole complex of life at large. As birds above the Earth, like bees above the flowers, we can embrace the entire universe.

More special one tends to be, the farther away they are from discipleship. Know that simplicity is the other name of Discipleship. Therefore, make every effort that the specialty should become but one of the dishes at your table and nothing more. Every specialist approaching Us inevitably loses their shaded glasses which is but needed to be able to see the gamut of colours out there. From specialty and exclusivity to simplicity and inclusivity is the way to the community. Without a specialty it is easier to prepare oneself for the current task in evolution, the task of intercourse with distant worlds and the needed transformation of the astral world. Note that the timing of the awaited next great achievements depends upon the humanity itself and none other. The adoption of the concept of the community is the way to open these gates. Let us take up broadly the quest of Community. May the manifestations of narrow specialization be disapproved.

Composed by Srikanth Kaligotla



Master Morya
Maruvu Maharshi

Desire and its bondage

Can one live without desire when even the spirit is incarnated by desire? Desires are like sparks igniting motion. Then what does it mean to say that a yogi is free of desire?

Let us take the precise meaning of the words: a yogi is free, not from desires as such, but from their burden.

He knows himself to be free because he is not a slave to desire. On the path of goal-fitness, a yogi, applying co-measurement, relinquishes desires in the name of the most essential. This ability to change easily is at the core of the yogi's liberation. Nothing hinders his progress.

It is precisely the inert, stillborn desires that become the chains of bondage for humanity. It is people who chain themselves with such bonds. Either incaution or the karma of others brings on the infection of desire, and a person, instead of progressing, loses all ability to change.

Pay attention to those who stand and wail. What arrested their way? What forces diverted them from the contemplation and understanding of the world? The most minute, almost indistinguishable, desire burdened them and obscured their vision. How monotonous has their world become! Their desires, like parasites, depleted their energy. Desire can be worms and chains, or sparks and wings. The liberated one soars in realization. The one enslaved, wails in despair. (Agni Yoga, 1929)

Compiled by Sabine Anliker



Master Koot Hoomi
Devâpi Maharshi

Shambala 13: The Guard

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Shambala is the most high and most sublime centre of the Earth. Shambala neutralizes the incoming forces that are detrimental to the Earth. Know that the planet Earth is not as strong vitally as it is supposed to be. This is due to the ignorant activities of the beings on the planet. The negative activity of the humanity attracts negative forces surrounding the Earth, which Shambala ably resists. Earth is exposed to highly beneficial forces as also to detrimental forces. Sanat Kumara, being the king, the lord, and the ruler of the planet, ensures that Earth is protected from extraneous forces. Many a crisis were averted by Shambala which is not known to gullible humanity. That the Earth could be hit by a meteor, that the Earth could be occupied by aliens, are but many legends that prevailed not only now but even from the past. Shambala protects with its army any detrimental impact on the planet and upon the life of the planet.

Likewise, there would be destructive activity emerging even from beings of the Earth, as it happened in Atlantis. Even such destructive energy is neutralized by Shambala. Shambala emerges to neutralize all diabolic activity emerging from within and without at a mass scale.

Be assured that, in spite of the nuclear bombs and other destructive arsenal that are crazily developed by humanity, little would affect the planet. There is an unseen protector of divine power which guards the planet from the centre, which is called Shambala.

Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.

Message of Master E.K.

The Power of habit



The demands of the mind are called desires. They are the results of our long-standing habits. Habits form part of our past Karma and they condition the mind. Habits, good or bad, have so great influence upon us that they cannot be influenced by any amount of knowledge or reasoning. When one can understand the power of habit, this power can be used for constructive purposes by engrafting good habits into our nature. Work that is proposed by mind engrafts itself to form a good habit in our nature. When once formed, the engrafted habit can alter the thoughts of the mind. After all our thoughts and reasoning float upon the surface of our nature which is our habit. Discipline applied in this line arranges things to form a routine, which can be really understood as the Music of our Consciousness. The Yogic Seers have understood these secrets and hence they prescribe routine to the Yogic student without enforcing. Enforced routine works upon the mind, while proposed routine begins to work upon our very nature.

Compiled by Ludger Philips



Master CVV-Yoga

Aphorisms to Disciples 58

169. When the work that is possible is done in humbleness, the impossible also becomes possible. The unwavering faith in the One that witnesses all from within and who is all-pervading (Antaryami) is what a Guru teaches. Stand firmly in Brahman and conduct yourself and the work.

170. There is no room for emotion, rage and fury. Equality, seeing everyone and everything as equal, is true Yoga.

171. Witnessing the One in knowledge and ignorance, light and darkness, birth and death is Yoga.

Composed by Guru Prasad Kambhampati

Vidura

Teachings of Wisdom



The man driven by the sense objects
grows distant to the Law
and the purpose of life,
and loses the splendour,
the wealth, the family,
and even the life.

PRACTICAL WISDOM

The seer sees,
not only the seed,
but the design within.
He relates accordingly.



Saraswathi

Saraswathi Suktam 7 The precision of utterance 4

The utterance of letters itself is a science. There is a science of utterance, which is one of the keys of wisdom. This science demands:

- I. precision of utterance of letters
- II. appropriate intonation
- III. appropriate stress
- IV. even flow of sound like a stream, neither slow, nor fast or stunted
- V. strength of utterance at low, middle and higher tone to be keenly followed
- VI. the utterance has to be musical.
- VII. elongations of any sound should be as long as it should be. Neither more nor less.

It is a way. A discipline to utter. When its intricacies and importance are realized and followed, the Word produces the required alchemy. It improves the colour note and the sound note of the utterer. The conditioning of the body of flesh and blood is gradually overcome. The brain cells sharpen and comprehend wisdom better. Retention of wisdom becomes possible.

“Dispel the darkness of ignorance,
and liberate the utterer from bondage.

Ashram Regulations for Entry



The cave 9

At this point the following four principles may be adopted into the activity of associating with respiration.

While you inhale and exhale, let them be:

1. slow
2. soft
3. deep and
4. uniform

When they are slow, awareness of mind slows down. When they are soft, no noise happens at the bridge of the nose or at the throat. By this, likely ulcers through noisy inhalation and exhalation are avoided. When noise happens during respiration, the heat of inhalation and exhalation may cause ulcers at the bridge of the nose or at the throat. This is avoidable.

When inhalation is deep, it enables entering deep into one's own self. When it is uniform, it establishes a rhythm. Therefore these four principles have to be adopted into the practice of respiration.

As one consciously follows inhalation, which is slow, soft, deep and uniform, one listens to the sound 'SO'. Likewise as one exhales, one listens to the sound 'HAM'. The student of respiration is required to consciously go in and go out with inhalation and exhalation listening to the corresponding sounds.

On Secret Doctrine

Maruts



The Maruts are represented as the storm gods and the friends and allies of Indra; they are the “Sons of heaven and of earth.”

In the Rig Veda the name Siva is unknown, but the god is called Rudra, which is a word used for Agni, the fire god, the Maruts being called therein his sons.

The Maruts represent

- (a) passions that storm and rage within...
- (b) occult potencies concealed in the manifold aspects of Akâsa’s lower principles...
- (c) actual conscious Existences, Beings of a cosmic and psychic nature.

The Maruts shown firstly – as the sons of Siva-Rudra – the “Patron Yogi,” whose “third eye,” mystically....¹

The seven Maruths that conduct the seven planes in the microcosmos, that is the human and the macrocosmos, that is the Cosmic person are the movers in all the seven planes.

Do you know the Master, Maru? He is called Maurya or Morya. His original name in Puranas is Maru. Why is he called Maru? He is unstoppable; it is impossible to stop him. And he gives Agni yoga. Agni is the collective name of the Rudras. Think of Master Morya, and the will functions in such a strong manner that nothing can stop. He was acclaimed as a Maru. Because he has that quality of Maruths.²

Composed by Rama Prasad Joshi

¹ The Secret Doctrine. The Theosophical Publishing Company, 2014; unabridged verbatim edition.

² K. Parvathi Kumar: Lectures on Secret Doctrine, vol. 3. Dhanishta-Editions, India.

Saturn

Sam - The Key to Saturn

Number 8 x 3 - 2



The seers utter forth the sacred sounds concurrently associating with the utterances. They associate with the sound and move upwards with the upward thrust coming from exhalation. They experience the upward movement with the upward reverberation of the sound. At the end of each utterance, they experience a trill of light and sound at the brow center.

Lord Krishna specifically described this process in the 8th chapter of Srimad Bhagavad Gita between 10th and 13th slokas. Remember the related wisdom in the 8th chapter which is again relatable to Saturn. The 8th chapter of Srimad Bhagavad Gita holds the key for transformation of beings from the limitation of mortality to the liberation of immortality and self realization.

The 8 triangles relating to the eightfold nature and the 24 limitations arising there from are intended to be cleared, harmonized and equilibrated through utterance of the sound 'Sam' 8 times.





Discipleship

Co-Operative Working

Those who have eyes to see beauty in and beyond form, carry the light in their eyes. How often do we forget to look for the hidden treasures in the surrounding life? We look for the treasures in apparent secret and sacred places, search for the occult in distant regions of the globe as if it were the outer journey that would bring us salvation. Least we understand the symbols and messages that are at our doorsteps - often trodden on and disregarded. But like gemstones that are covered and shielded by rocks, our eyes need to be unveiled, and our senses polished, to see more clearly what is already within our reach.

Composed by Ute and Peter Reichert

PRACTICAL WISDOM

The presence upholds
and is immanent
in all the
three worlds.

Doctrine of Eternal Presence

Introduction to Srimad Bhagavatham 8



Devarshi Narada received the initiation from the Creator, while other four are accomplished even before, i.e., in the earlier Kalpas. There were knowers even in the preceding creation and once again manifested to cooperate with the present creation. They are the most higher Souls in the Plan of creation. Vedavyasa could classify the Vedas, elaborate Vishnupurana into 17 other Puranas, write commentaries on Brahmasutras, give out all the laws of creation and the eternal dharmas that run the creation through the Panchamaveda called Mahabharatha of which Bhagavad- Gita is a part. He was still not happy! He was finding himself not fulfilled! Imagine how could that happen to a man, to a seer who has done such stupendous work for the posterity. He was not feeling fulfilled. He was not contented. That was the time when Narada came and gave out the secret of Bhagavatha.

Narada advised : see everything as Vishnu. All this form is Vishnu and all that behaves through the form, the force that expresses itself through the form is Vasudeva and the source of the force and of the form is Narayana. See the whole creation as Vishnu in these three layers. Then you find the beauty of variety of the ONE who is acting in million ways and is presenting himself in millions and millions of forms.



Sound

Respiration and Pulsation

The sound "SO-HAM" and "OM" 3

In the sound SO-HAM, there is OM. When the consonants S and H drop off, what remains is OM. This is the sound that you will listen in the centre of your pulsation. What we do as OM is different from what is happening as OM. Our effort to utter OM is only to link up with the OM which is happening inside.

This OM happens continuously inside and that is the basis for pulsation. It is the basis for the two-fold activity of respiration and mind. It is the basis for all speeches, and it is the link to the higher sounds. OM is to be heard in the Heart Chakra. That is what a yogi continuously listens to on a daily basis. Only when you are able to listen to the sound in your own heart, you can say that your Heart Centre is functioning according to Nature. You utter OM and listen. Later you listen OM without uttering. Realise, thereby the happening of OM.



OM Namō Narayanaya



The Path to Realization 4

The second step is to observe Vasudeva. Vasudeva is the indweller of the forms. In every form, there is activity. Thanks to science one need not take the strain to explain that there is activity in inanimate things. All inanimate things are but aggregates of a few millions of atoms and every atom is full of activity. Activity within the form has its centre. Beings behave in varieties of ways. See the variety of behaviour of the indwelling being. Slowly orient to the indwelling being more than to its behaviour. A dog is a being, it has its (dog's) behaviour. The dog's behaviour is activated due to the presence of the being in the dog. The cat and the rat also have the indweller. Their behaviours are different. The presence of the being stimulates the related patterns in the form. See the presence of the being more than its patterns. In this boat, there are lights, fans, amplifiers and other electrical apparatuses. Each apparatus behaves according to its pattern in the presence of electricity. It is the presence of electricity that enables rotation of the fan, illumination of a bulb, amplification by the microphone and so on. The different activity is due to the difference in the pattern of the form. There is no difference in electricity. Likewise, one indwelling presence in varieties of forms causes different activities. The activity can be good, bad and ugly, but the presence is verily the one.



The World Teacher Trust

Guidelines to Members, 44-46

44. The World Teacher Trust adapts to the practice of Master CVV Yoga, which enables the formation of the etheric body, which in turn enables the parallel functioning in the subjective and objective sides of life.

45. Pray twice daily invoking Master CVV.

46. Read 'Music of the Soul' which enunciates the theme of a parallel life.



Master Mountain, Nilagiris

On Healing

2. The Fundamental Understanding 2



The science of healing also leads us to those forces that function behind the form. The consciousness is the director; the thoughts, the speeches, the actions, the attitudes of the senses, the seven tissues of the body among many others are the players in the field called the body. We travel through from the source to the field i.e., from the centre to the circumference as consciousness, just like director of a movie functions (though subtly) through the team in the movie. He directs all. So too the consciousness directs all that is around it. The other name for consciousness is soul. It is the soul that lends the basis to all the play within the formation, including the human formation. If the director of the movie is not listened to, the movie remains ill-directed. So also when the soul is not allowed to function through the body, the body gradually gains sickness.

So, what is healing? It is a process that enables free flow of soul energy into all layers of the body. If one can align to enable the release of soul energy, he is a healer. This is the fundamental understanding that leads to other essential steps of understanding. Often the fundamentals are ignored and much mental fund is gathered like the husk without the grain! We should grind ourselves much in fundamentals so that the basis is strong to make proper understanding of the science. To repeat, healing is nothing but the flow of soul energy into the body. In other words when we function as soul, healing happens. To sum up, healing is the function of the soul.



Rudra The Lord of Cosmic Will and Vibration

A few dimensions of Rudra 51
Tara

Tara means the Lord in the form of stars. Rudra is the light of the stars. He enables the expression of the light which is otherwise hidden in the stars. Some of these stars are billions of miles away from us and their light reaches us. Such is the power of Rudra. The light shining forth from any object, planet or human being is the force of Rudra that externalises the hidden light. Rudra destroys the shell of the hidden light (Adityas) to bring forth the light. To enable the manifestation of the light from higher circles, Rudra is the Cosmic Lord to be worshiped.

Tara also means the one that enables transcendence. Just as Rudra enables the manifestation and destruction of obstacles, he can also help the transcendence of the souls from the obstacles of personality.



Photo: Hubble / NASA

Sanat Kumara



The Teacher is a vehicle of the Divine 3

For aspirants to get right orientation, the key is to serve the Teacher at all levels, i.e., to serve him at the physical plane, to cooperate with his work, and to be generally available to the Teacher to any assistance the Teacher may need at his personal level. Serving the visible Teacher pleases the invisible Divine. And the Divine in turn transmits keys. The keys are essentially three. One is the key to action. When the key to action is realised by the aspirant, one will stop acting in a manner that binds oneself for the present or for the future. Action is realised as a joyful function with no strings attached. The key to action liberates the aspirant from karma. Secondly, the key to wisdom is given to enlighten one's personality and attain soul consciousness. Thereby the aspirant grows into greater measure of light. The third key is the key to self-realisation. This is given as a technique of prayer or worship or meditation. This will enable the aspirant to realise the self. All these keys are transmitted by the Divine through the Teacher to the aspirant. Therefore serving the Teacher is a key by itself which opens doors to all other keys.

Lord Krishna gives this key in the fourth chapter of Bhagavad Gita as the 34th sloka. The sloka says, "Know that through humble, dedicated and devout service to the Teacher one would receive from the Teacher the knowledge, the knowledge of self, of creation, and of all that IS."



Seventh Ray and Magic

The incoming of the 7th Ray 5

The White Magic of the 7th Ray would bring out advancements to humanity. We are already witnessing these advancements. Man is now able to fly and cover vast distances. Man is also now able to see and listen to, in live, that which is physically very far. These are but few instances of the magic that is manifesting.

One could say that the discoveries, inventions, and advancements that are happening in the world are mainly due to man's growing interest in science and the advancements are more towards material ends. But when the interest for science transmutes into love for divine understanding, and understanding of cosmogenesis and anthropogenesis, the magic would emanate as true white magic. Since the man is now walking from 6th Ray into 7th Ray, and since man is inspired by idealism, sacrifice and service, the driving force for man's inventions and advancements would transmute into service to the race and service for greater good. That is when we will see the real White Magic happening.

Composed by Guru Prasad Kambhampati

Enlightening Encounters

Mother Anasuya, Jillellamudi, 5



The group was given cryptic spiritual utterances of value. The Mother would intermittently smile and say things of profound value. A while later, and reluctantly, the group took leave of the Mother. The impact of her Presence remained with Saukumarya and is recollected from time to time, to once again relish the grand Presence.

Incidentally in March 1984, Master EK departed. In June 1985 Mother Anasuya departed. Till date Mother Anasuya is recollected by a hundred thousand visitors who took food from her hand and gained Presence. Mother Anasuya was a phenomenon. Her Presence is eternal. It was indeed a deep encounter of enlightenment. She was beyond all controversies of the time. In her name and memory, a temple is built in Jillellamudi, which people visit from time to time. India is a blessed land. Many a time, Divinity incarnates in different grades and in different forms to inspire the surroundings.

Uranus

The Alchemist of the Age



Suppression of the Weak by the Strong 1

In human history there is one continuing story of the strong suppressing the weak, the rich suppressing the poor, the intelligent exploiting the unintelligent, the wise exploiting the ignorant and the powerful dominating the weak. The former class needs to recognizing the latter as the younger ones. An elderly fraternal attitude by the former to the latter is the need of the hour to find peace amidst humanity. Uranus plans this. The rich, the intelligent, the wise and the powerful need to learn to cooperate, to share, to distribute and to caress the poor, the unintelligent, the ignorant and the weak. This is the only way to peace. Humanity is but one unit of consciousness within the Universal Consciousness. If a part of humanity is at unrest, the other part cannot be at rest and be peaceful. If a part in the human body is suffering pain, the pain is to the human as a whole but is not limited only to that part. The understanding of 'one humanity' is the teaching of the Aquarian Age with Uranus as its teacher. Intelligent, civilized human beings start thinking about the one humanity and the need to address and redress the suffering humanity. Seeing humanity as a whole is suggested to every true occult student, so that he develops a global consciousness in him, contrary to individualized consciousness. To think for oneself requires to be replaced by thinking for the group, for the nation and for the global life at large. This enables expansion of consciousness which again is an aspect of Uranus. Jupiter conducts normally expansion of consciousness but Uranus adds speed to it.



Master EK

Vishnu Sahasranama

Stanza 3, 3-5

3. Pradhana is the primordial substance which descends into three-fold nature with the help of the activity of divine thought. Primordial substance and divine thought manifest periodically from the one existence eternal. They form the parents of the whole creation including Prakriti which comes down as the triangle of the three qualities. Pradhana is called Moola Prakriti (basic nature) by the Sankhyas and Aditi by the Vedic Seers. It is the first manifestation of the Lord. It takes the first stir of creation after a stillness of all the universes in a slumber of equilibrium to themselves on the background of the higher consciousness of the one existence.

4. The personality of every individual has his synthesis in the soul consciousness and the spark of spirit within. This unit of soul and spirit serves as the Lord or the Master of the personality which contains the mechanism of psychology and intelligence.

5. The Lord once came down in the body of man with a lion's head when he wanted to kill a great demon Hiranyakasipu to save Prahlada, the son of the demon and who was a great devotee. The manifestation of a human body with a lion's head was only to prove the possibility of His descent in any form or in any combination in the biological kingdom.



Paracelsus Health and Healing

Prana - life force, part III - 1 The vital magnetic fluid 1

Prana is the vital magnetic fluid that radiates from Sun as far as our solar system is concerned. It is transmitted to man through the agency of certain intelligences of air who are of a very high order and are of golden hue. The etheric counterpart to the physical body of man receives it and distributes to the physical body through the spleen, according to the esoteric understanding. For this reason the nature and the function of the etheric body of man gains rightful place in matters of health, healing and restitution of life. The functioning of etheric body as the receiver, assimilator and transmitter of Prana to the physical system would be considered in the subsequent chapters of Prana. In the present context it is enough to note that the vital magnetic fluid that radiates from Sun is transmitted to the etheric body of man through the agency of certain intelligences (Devas) of air. These Deva entities are of a very high order and are of a golden hue.

The Deva entities of golden hue that receive the Pranic radiations of Sun transmit powerfully those radiations through certain centres in the upper part of the etheric body, which is a subtle 'blueprint' of one's form. A centre in the head and the centre in between the shoulder blades receive the Prana through the Deva entities and pass it down to the etheric counterpart of the physical organ, the spleen. These golden hued Pranic entities are in the air surrounding us and are especially active in the tropics of the globe. It is for this reason life blooms much around the tropics with the variety of fauna and flora. The tropics are specially bestowed with the golden hue air, where the air is pure, warm and dry. The golden rays of the Sun, which are experienced by humans during the dawn and the dusk

hours are greatly beneficial and the humans are recommended to expose to these rays.

Dr K. Parvathi Kumar - Extract from: Paracelsus - Health and Healing. Website: www.paracelsus-magazin.ch/en



Dimensions of Ancient Wisdom

Dr K. Parvathi Kumar
Group Life Teaching, Part 46
June 2018, Billerbeck, Germany

Whatever is needed, adjustments shall be conducted or you are directed from within to conduct them and accordingly you can course your journey towards light.

So this dimension along with the dimensions of Pranayama would lead us to slowly neutralise many zodiacal signs in us and ultimately, we remain as the three zodiacal signs. It is three zodiacal signs, which express as six, and the six zodiacal signs, which express as twelve.

For a man of complete wisdom only three zodiacal signs are relevant. They function as the triple quality of the soul. The soul with its triple quality is what is given as a symbol of a centre around which there is an equal-lateral triangle of triple quality, around which there is a circumference. It is called “the outer man”. The outer man and the inner man, they are connected to each other by the triple quality, and that is what should be ultimately remain with us. One quality from each cross is what remains, when we are completely evolved on the planet. One sign from the cardinal cross, one sign from the fixed cross and one sign from the mutable cross, only these three remain.

Just like I gave you the information how to neutralise Libra and Gemini, there are other ways of neutralising the other sun signs, by which ultimately you remain a centre with three qualities around you and surrounded by the one energy which we call “the omniscient, the omnipotent and omnipresent energy”.

Thank you one and all! Namaskarams.”

This text is not proofread by the author and might have some mistakes.

Stories for Young People

On Service

Replace emotion by devotion
and intellect by intuition
through offering life to Service.
Let it be a slow and gradual process.

How the Earth is freed from a burden V: An obstacle

Krishna's friends, the Pandava brothers, established their first kingdom. Yudhishtira, the eldest among them, planned to perform the horse sacrifice for the welfare of his kingdom. The ritual called for releasing a beautiful young horse unrestrained into wilderness and protecting it from a distance.

The horse was a sign of rulership for its owner. When it roamed through the neighbouring kingdoms, the kings there had the choice of supporting the owner of the horse with rich offerings or catching the horse and fighting with the owner.

Krishna agreed with Yudhistira's plan, but there was a problem: King Jarasandha, Krishna's old enemy. He would never cooperate with Krishna's friends. From the last tussle between Jarasandha and Krishna, many years had passed and Jarasandha seemed to have forgotten his vow of revenge against the Yadavas. He was busy with a new vow: he wanted to sacrifice more kings in honour of Lord Mahadeva to lay a wreath of a hundred royal heads at his feet. Yudhistira's horse sacrifice would draw his attention to the Pandavas. The brothers could not grasp the great power of Jarasandha.

Krishna explained, "Jarasandha worships the Lord of Will in every manifestation. All that he has achieved is because of his iron will. For example, through rigorous practice he has obtained a mace that makes him invincible in battle." Krishna smiled, "This mace Jarasandha hurled at me when he could not reach me on the mountain. Since then, this weapon has disappeared. There is now a chance to defeat Jarasandha."

Yudhistira was pondering on a thought and his brothers waited. Arjuna became impatient, "We are warriors and do not avoid any fight. Whom should we fear when Krishna is with us?" Bhima hugged Arjuna: "You spoke from my heart, I just didn't dare to disturb our eldest brother's thoughts." The others laughed

and Krishna patted Bhima on the shoulder approvingly, "Off to Girivraja, the fortress of Jarasandha." Bhima threw joyfully his club in the air. And Krishna, Arjuna and Bhima set off for the fort. Yudhistira wondered how the three were going to accomplish this task, but he knew they would not tell him their plan.

To be continued...

Compiled by Barbara Kleyböcker from the narration by Kamala Subramaniam "Srimad Bhagavatam". Bhavan Publishing House, Bombay. 8th edition 2003. ch. 213-218; 248f



Window to World Service News & Activities

UNITED STATES OF AMERICA

Name of the group: The World Teacher Trust - USA / Pushyami

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Activities, part 2

California group (Merry Life Society)

The California group meets periodically in and around Bay area of California for various study and service activities with inspiration, guidance and direction of Master KPK.

General activity of the group includes:

- Group gatherings on Full moon, Equinox, Solstice, May Call, December call and all such days of practice, with prescribed activity, as recommended by Master. Additionally, a monthly meeting cycle for meditation, study and planning activity is being followed.
- Group study of books from Master EK and KPK as basis are done periodically. Also, additional activities like teaching of chanting of Vedic hymns to children and adults are performed.
- Service activity is conducted on special occasions like Good-will day and also periodically at various nodal points of the year and also as need and opportunity arises. The group members visit local family shelters physically to cook & serve various meals of the day.
- Group supports service activities in India on a regular basis.
- With Master's blessings and direction, the group has formed a registered Non-Profit Organization "Merry Life Society" (501(c)(3)) to enable and help organize group events and service activity.
- As part of the service activity, in addition to supporting the service activity in India, the group prepares and serves food at various homeless shelters in bay area on a regular basis on Master's birthday and other important occasions of WTT.

Additionally:

- A web-based service “Master’s Call” is being run from Fremont, California. This includes various activities like:
 - Collection and hosting the media archives of WTT. Internet based streaming and download access to audio and video registrations via computers and mobile devices (including Android & iOS). Also, live webcast of WTT events and Master’s discourses has been enabled.
 - Archives are hosted at <http://masters-call.net> and live webcasting is presently done using services from YouTube. For additional information please contact admin@masters-call.net.
 - Additionally, annual CD collections are sourced out of this service and are distributed in various WTT seminars and gatherings across the world.
- Books of M. KPK and M. EK’s are presently being listed and distributed via Amazon.com, an on-line bookstore. They are shipped from Fremont, California. Other electronic versions (including Kindle) of these books are made available as well. Additionally, booklets to write the seed sound “Sri Ram” are made available in US at no cost. The completed booklets are collected and restored appropriately which are consecrated at various WTT centers.
- Some members are volunteering with transcriptions and translation of the teachings. This includes Telugu translation work such as help with translation of Master EK’s English teachings to Telugu and also help with WTT website as needed.

Picture to the Month
Pisces - Saraswathi and the Flow of Energies



Water in its subtlest form is electricity. So you have electric fire in Pisces also. That is why it is called a spiritual sign. Saraswathi is the one that conducts the flow from up above to down below; all movement of all beings, be it horizontal or vertical; all movements of the planets and even the movement of the sun around the central sun. It is all arising out of the flow, just like we see the flow in a river. You can visualise a circular flow of the energies in creation, which is called the wheel of creation.

Dr. K. Parvathi Kumar: Seminar on Saraswathi - The Word, Rigi 1999
Image composed by Ludger Philips

Book Review

Spiritual Psychology



Spiritual psychology is one of the important occult tools to understand the deeper side of the constitution of man. It approximates the soul and deals with the essential characteristics of the psychology of the human soul. The exoteric psychology more often identifies the problems of a person but does not have solutions for in the exoteric science there are no answers relating to the functioning of the life principle and the principle of intelligence. The esoteric psychology deals with the inner man, his qualitative behaviour and the consequent effect on the natural equilibrium of his energy system.

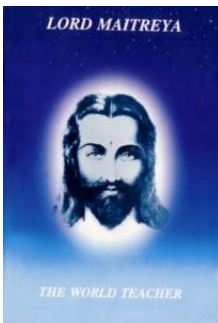
“Spiritual Psychology” is a type of reference book to which one can constantly refer.

E. Krishnamacharya: Spiritual Psychology

Copies: The World Teacher Trust, info@worldteachertrust.org

PDF: https://worldteachertrust.org/_media/pdf/en/ek/spiritual_psychology.pdf

Lord Maitreya



Lord Maitreya is a sage of great brilliance descending from the order of Lord Vishnu - the Second Logos, the preserving Light, the Logos of Love-Wisdom, the Cosmic Second Ray. The teachings of Lord Maitreya are those of synthesis, unity of existence, and love and wisdom. This book reveals the qualities of The World Teacher Lord Maitreya.

The Song of Lord Maitreya is sung among the plane-tary groups of goodwill. Interested persons and groups may sing the song during the twilight hours daily.

K. Parvathi Kumar: Lord Maitreya

Info: The World Teacher Trust, info@worldteachertrust.org

PDF: https://worldteachertrust.org/_media/pdf/en/maitreya.pdf

Astrological Important Days in February/March 2023

18.02.	15:32	14 th phase of descending moon starts ‡	☉ 29°40'≈ / ☽ 05°40' ≈
		<i>Mahā Śiva Rātri: Contemplation upon Mahādeva, the Lord Absolute, into whom all the worlds recede</i>	
	23:34	☉ → ♓ / Sun enters Pisces	
19.02.	10:14	23 rd constellation <i>Dhanishta</i> starts	☽ 17°31' ≈
☉	11:48	Phase of new moon starts	☉ 00°31' ♉ / ☽ 18°31' ≈
		<i>Contemplation upon 'The Pledge'</i>	
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 20.02. at 07:16)	
20.02.		1878: Birthday of Mirra Alfassa (The Mother)	
☽	08:05	● New moon of Pisces	☉ 01°22' ♉ / ☽ 01°22' ♉
26.02.	20:29	● 8 th phase of ascending moon starts ☉	☉ 07°56' ♉ / ☽ 01°56' ♀
		(End 27.02. at 21:52)	
02.03.	02:10	11 th phase of ascending moon starts ‡	☉ 11°11' ♉ / ☽ 11°11' ☽
		<i>Contemplation upon the healing energies</i> (End 03.03. at 04:41)	
06.03.	11:47	Phase of full moon starts ☽	☉ 15°36' ♉ / ☽ 03°36' ♀
		Magha-Full Moon (<i>Moon in Magha or Purvaphalguni, Sun in Aquarius or Pisces</i>): <i>Through Magha the student becomes a magical worker; he cooperates with the plan and progresses in connection with the Hierarchy.</i>	
07.03.	13:40	○ Full moon of Pisces	☉ 16°40' ♉ / ☽ 16°40' ♀
14.03.	15:52	● 8 th phase of descending moon starts ♂	☉ 23°45' ♉ / ☽ 17°45' ♂
		(End 15.03. at 14:16)	
17.03.	09:37	11 th phase of descending moon starts ♀	☉ 26°29' ♉ / ☽ 26°29' ♀
		<i>Contemplation upon the healing energies</i> (End 18.03. at 06:44)	
18.03.	19:59	23 rd constellation <i>Dhanishta</i> starts ‡	☽ 17°31' ≈
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 19.03. at 17:34)	
20.03.	21:17	Phase of new moon starts ☽	☉ 29°57' ♉ / ☽ 17°57' ♉
		<i>Contemplation upon 'The Pledge'</i>	
	22:24	☉ → ♈ / Sun enters Aries	
		Spring Equinox: Contemplation upon Shambala, Sanat Kumāra and the six Dhyāni Buddhās	
21.03.	18:23	● New moon of Aries ♂	☉ 00°50' ♀ / ☽ 00°50' ♀
		☉ → ♈ from 1° till 14° (till 04.04.): <i>Contemplation upon Master Morya and 15 days yogic programme to lay down a good seed for the coming year</i>	
26.03.		Summer time starts (02:00 h CET → 03:00 h CEST)	
28.03.	15:33	● 8 th phase of ascending moon starts ♂	☉ 07°37' ♀ / ☽ 01°37' ☽
		<i>Contemplation upon Master Morya</i>	

All times until 26.03. are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hour), later in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);

From: »Astrological Calendar 2023/2024«; www.worldteachertrust.org;

Publisher: The World Teacher Trust – Global, Edition Hier und Jetzt, ISBN 978-3-907246-81-8.



The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on
earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

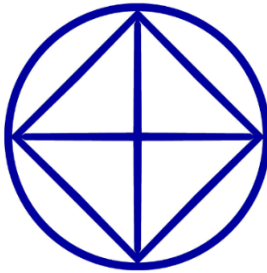
The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the
time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



**May we stand in Light and
Perform our obligations and duties
To the surrounding Life to be Enlightened.**

**May we float in Love and
Share such Love and compassion
With the fellow beings to be fulfilled.**

**May we tune up to the Will and
Thereby alert our Wills to gaze
The Plan and cause the work of Goodwill.**

**May the Light, Love and Will
Synthesise our lives into One Life.**