

Vaisakh News Letter



HAMSA SIVA SOHAM



Pisces 2026 Meena

Letter No. 11 / Cycle 39 — 18th February until 20th March 2026
The World Teacher Trust - Global



May the Light in me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



Contents

	Prayer
of the Year 2025-2026	4
Message of the Month.....	5
Message of the Teacher	7
Utterances of Lord Krishna	8
Lord Maitreya	9
Master Morya - Maruvu Maharshi.....	10
Master Koot Hoomi - Devapi Maharshi	11
Message of Master E.K.....	12
Message of Master C.V.V	13
Vidura Wisdom Teachings	14
Saraswathi	15
Hanuman.....	16
On Secret Doctrine	17
Venus	18
Discipleship/Hymns on Agni, the Sacred Fire	19
Life and Teachings of Master Jesus / Externalisation of Hierarchy / Fire Ritual	21
Temple Service / On Healing	24
Sanat Kumara	27
Seventh Ray and Magic	28
Enlightening Encounters	29
Uranus	30
Vishnu Sahasranama Master EK	31
Paracelsus - Health and Healing	32
The Female Hierarchy	33
Stories for Young People	34
Window to World Service	36
Image of the Month	37
Book Review	38
Astrological Important Days	39
Master D.K - Great Invocation.....	40

Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

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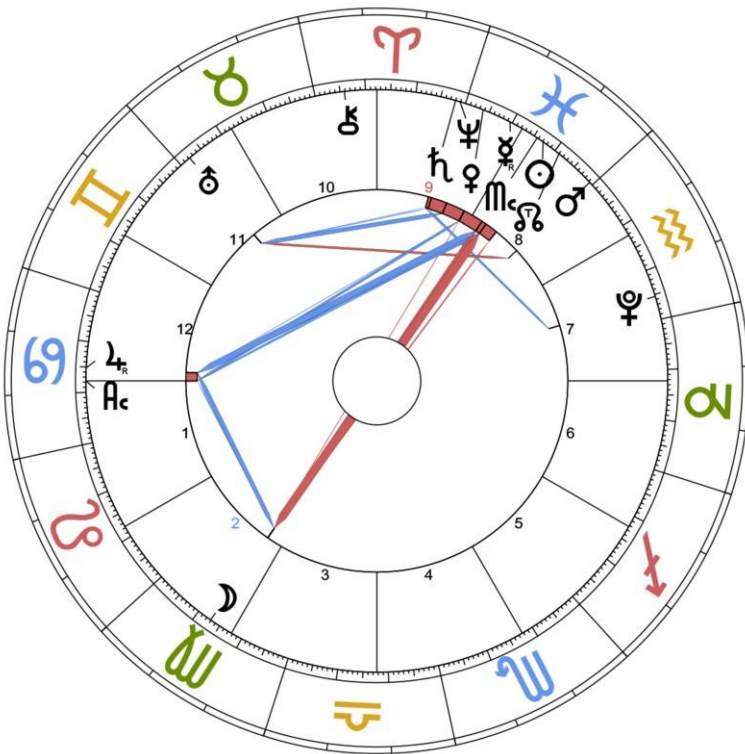
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Prayer of the Year 2025-2026

To whose temple the Arch is starlit,
 In whose temple the Sun is the image of God, To whose temple the Moon
 goes every month And brings the message out every full moon,
 And whose message the Moon sings as a word of sixteen letters,
 His religion I belong to;

His temple I visit; His name I utter; His glory I live in.
 To Him I offer the lotus of my day, To Him I offer the lotus of my night.

Occult Meditation 20



Full Moon of Pisces, 3 March 2026, 12:38 pm CET (UTC + 1)

Message of the month of Pisces ✕

Pisces - the Light of the World

Pisces is the last of the 12 zodiacal signs. Pisces contains within itself all the preceding eleven signs with all their rays, lights, talents, creativity and gifts. When Aries begins with the new fire for the new astrological year, Pisces hands its entire self, and the other eleven signs to Aries who then creates the new year, the “new fields of the Lord” for humanity to live within.

During February 19 and March 20 (tropical zodiac), humanity lives within the energies and Light of Pisces, the “*Light of the World that ends forever the darkness of matter.*” Potent words for the two fish often hiding behind ferns, one facing downward toward matter and the other facing upward, yearning for the path of return. The two Pisces fish offer to humanity compassion, creativity, and deep sensitivity to the sufferings of the world.

Connecting the two fish is a silver cord, one facing upward, the other downward. Pisces lives in two worlds, which in many cases is a suffering for Pisces. The Pisces glyph represents the life of humanity, leaving our spiritual home of the Father, descending into and entering Earth (form and matter), experiencing passion, suffering, attachments, separations, sorrow and eventually, liberation and redemption, upliftment of all matter into the Light.

The early life of a Pisces (Sun, Moon, rising, Mars) is often filled with misunderstanding (by others), confusion, distortion, drugs, alcohol, sorrow and misadventures difficult to comprehend. All of these experiences “educate” the Soul about form and matter.

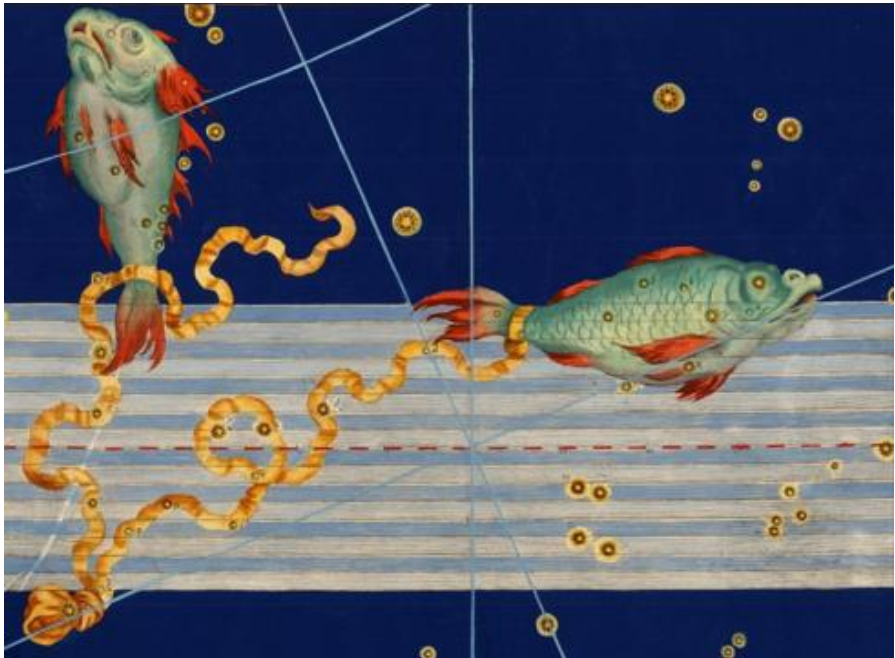
The Soul is the vehicle for the Father. The Soul (the Will to Good, Will to Love, Wisdom, Divine Intelligence), as we build our personality (physical body, emotions, lower mind - the vehicle that connects us with the outer world), is quietly embedded within us, observing what it is like for a spiritual being to live on Earth in form and matter (the Mother). Each experience provides the Soul with information, growth and wisdom.

Through many lives, the Soul is in a state of quiet observation so that later, when the personality is strong and serviceable and able to withstand the Light of Spirit, the Soul assumes kind and loving control of the personality and begins to direct the life energies of the individual.

When we encounter someone in the throes of life’s difficulties we can recognize

and identify correctly that the Soul within them is learning about life (the light and the dark) in form and matter. We can enter into the very essence of Pisces, that of compassion and understanding, knowing that it is *“the love that underlies all events in all lives in all matters in all times.”*

Composed by Risa D’Angeles



Johann Bayer (1572-1620): Pisces



Message of the Teacher

The Work you do 2

The quality of your work and dedication is more important than what you do. Your thought, speech and action should be aligned. That is the purpose of doing work. The other results are secondary. We are generally more alert in certain activities which we consider important and not so in others. It should never be so. You should respond to every duty in the same manner, with the same dedication. This has been the secret in my life.

Compiled by Ludger Philips

PRACTICAL WISDOM

Shamballa, Hierarchy and Blue Mountain Ashram be invoked
for harmonious flow of adjustments.
Invocations and meditations are the means.

Utterances of Lord Krishna



My nine natures described above stand as nine sources of Creation. They produce Me as the content of the Creation in nine phases or items. They are the nine wombs through which I AM produced as the universe. I AM the source and the merging point of all My nine natures. (7, 6)

Do not lose yourself in the detail of My Nature. Remember Me in all and you do not lose yourself. Remember that there is nothing beyond Me in the whole Creation. In Me everything is woven into the web of existence. I stand as the string of continuity around which all things are gathered as the jewels in a necklace. (7, 7)

Krishna statue installed by
Master Kumar in Bünde, Germany





Lord Maitreya Maitreya Community

The Great Prophecy

What is a prophecy? Is it a prediction written on a wall, fixed and waiting to happen? Or is it a living plan, a scientific process offered to humanity to work out through conscious cooperation?

A prophecy is not mere foretelling but a formula of potential, a rhythm of energies that asks for human participation. The Higher Will sets the direction, but the collective will of humanity determines its fulfilment. When our thought, motive, and action are in harmony, prophecy unfolds. When confusion, disbelief, or apathy enter, even the noblest design is delayed, just as a chemical reaction falter when its elements are impure.

The key here is to understand that prophecies move through both great and small cycles. Each “great date” in human destiny depends on countless “smaller dates” - the daily moments when choice and awareness shape the path ahead. The dark ones often seem successful because they act diligently within these smaller currents, sowing confusion and delay while humanity often looks only toward grand events.

Here lies the lesson. The antidote is watchfulness, right thought, and united good will. When we stay awake in the small moments and fill them with purpose, we become co-creators with the Higher Will. Then prophecy is no longer a foretelling of what might be; it becomes the living future, built day by day through the strength of light-filled thought and inner steadiness. May the prophecies of the great ones be consciously worked out!

Composed by Srikanth Kaligotla

Master Morya
Maruvu Maharshi

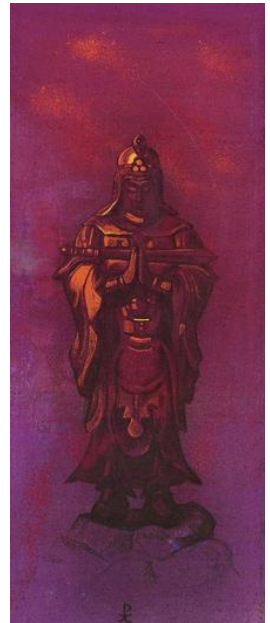
Free Will



Free will is a subject that is interpreted in many ways. One sees it as willfulness; another as irresponsibility; a third as the madness of the ego. Only the one who has gone through the discipline of spirit can realize how strict the reality of freedom can be. The abuse of freedom is a festival of ignorance. People cannot reconcile themselves to the Hierarchy of Knowledge, nor can they respect discipline of the will. But is any Yoga possible where there is no responsibility for one's will? Each yogi wields his sword directly over his own heart; to that degree is he responsible for every action of his will. The consequences resulting from the will of a yogi may be indescribably severe, but he has chosen them consciously. Thus, one can see the yogi as a tireless warrior, always on guard. - Whoever is sure in his will, let him enter! (Agni Yoga, 1929) (*Agni Yoga*, 1929)

Compiled by Sabine Anliker

Nicholas Roerich: Sword of Peace





Master Koot Hoomi
Devâpi Maharshi

Shambala 94: Immortality

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

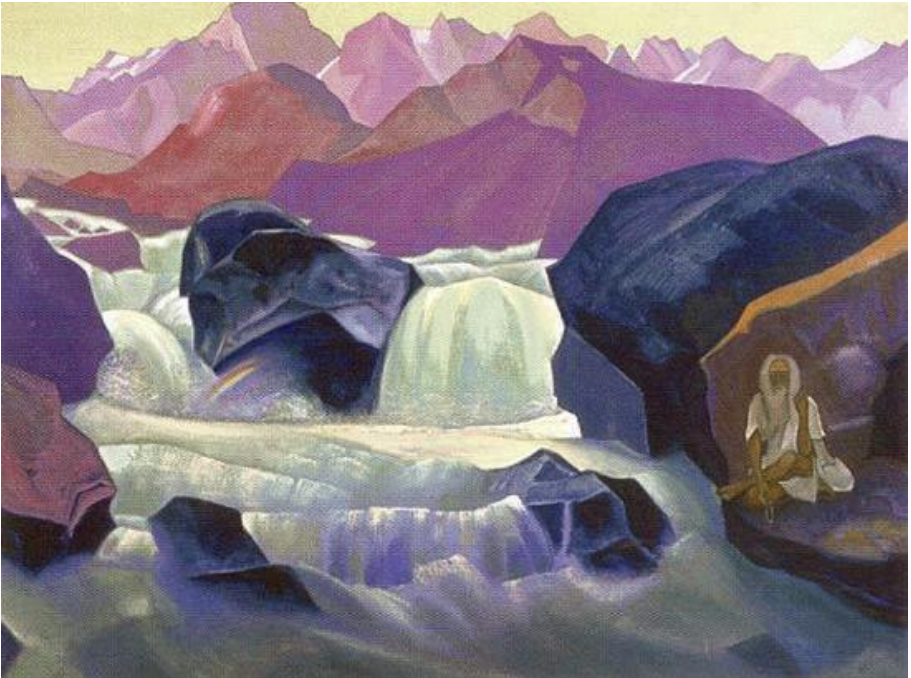
'The Lord of the World', Lord Sanat Kumara is called in the Bible, 'The Ancient of Days' or 'Sanatana'. The Hindu Scriptures call him 'The Shyama Bala' inhabiting Shambala. The Ritualistic school addresses him, 'Onlooker'. He is the Lord of the planet in all its seven layers. The Manu, Vaiwasvata; Lord Maitreya, The World Teacher; The Chohans and the Guides of the civilization - function in all the seven layers of the planet according to the plan coming from Lord Sanat Kumara. Lord Sanat Kumara presiding over the planet is seen and revered as "The Great Sacrifice" by the Devas, the Yogis and the Seers. It is but Him, who is the savior in the subtle planes for the planet. He is said to have chosen to watch over the evolution of men and devas until all have been occultly saved. He is the only Savior that has chosen to stay back on the planet. The evolution of the planet is conducted according to his plan. He is the Lord of the Inner government of the world. He is the King that directs all evolution on the planet and gives (formulates) the plan of work to the Masters of Wisdom, the Yogis, the knowers and the adepts.

Lord Sanat Kumara conducts chiefly four conferences in a year, three of them being esoteric and the fourth one being exoteric. This is conducted during the Vaisakh full moon in the Vaisakha valley. It is Lord Sanat Kumara who bestows immortality to the seekers. The aspiring ones, that are eligible through their practices to cross over death, it is Lord Sanat Kumara that initiates them to stand immortal. The Master and his Master present the applicant for initiation (candidate) in the presence of Lord Sanat Kumara to be initiated. Lord Sanat Kumara examines the candidates and conducts the initiation. He bestows the touch of the Rod of Initiation to the applicant for initiation.

While Lord Sanat Kumara wields the Rod of Initiation, his accompanying pupils,

the applicant for initiation, along-with the two Masters that accompany; contact the energy.

Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.



Nicholas Roerich: Santana, 1935



Message of Master E.K.

Saturn in the 10th House - 1

In case a person has Saturn in the tenth house, then he knows that he will be underestimated. He knows that his potentialities can never be understood by others. For that he has a choice; either he can feel sorry and disappointed for himself and retire in his life or he may use it to his own advantage. In fact when others don't understand your potentialities, you ought to use them better. That being so, you will have a better hold over the other persons around you.

Thus the secret of how to use the knowledge depends upon you and not upon the planets. So, never think that the planets give you good or bad consequences. For instance, if you go to the bank and present a cheque to the cashier, then are you sure the cashier will give you money? Well, it all depends upon your own bank account. Similarly, the planets also discharge their duties along the same lines.

Troubles have nothing to do with success or failure. Definitely there will be troubles when there is Saturn in the tenth house. But no one rose to heights and became greater in ordinary mankind without having troubles in his personal life.

Compiled by Ludger Philips

Master CVV-Yoga

Aphorisms to Disciples 94



276. My prayer will help you to orient to the One. The One, which is the basis for all. The One, which percolates into all that is and the One which fills all that is.
277. You are but a spring out from the One and you too are filled with One. Carry this in your awareness and then see the One in all that is around you.
278. All has come out of the One, their culmination is also into the One.

Composed by Guru Prasad Kambhampati



Mount Shasta



Vidura

Teachings of Wisdom

Think before you plunge into action.
Accept the consequences
of your actions.
Foolish are those who act
without foreseeing the consequences.
Peevish are those who do not accept
the consequences of their own actions.
They do not adopt
the remedial actions.

PRACTICAL WISDOM

The Divinity moves amidst the mortals
to praise those who follow the path of selfless service.
Only the ones that serve the life with one-pointedness
can perceive the Divinity on earth.
To others he looks like them, as an ordinary mortal.

Master EK

Saraswathi

Saraswathi Suktam 11

The Cosmic Person 4



The wisdom books indicate many a way of turning inwards. In this hymn the process is mystically hinted at by the term Anthariksham. A Sanskrit scholar may understand it as “looking into the space around us”. But if we receive the blessing of the hidden knowledge, we gain the clue, i.e. Anthar Ikshanam. When we look into, we are fulfilled. When we are fulfilled, we link up to the Cosmic Person. This fulfilling process is done by the Word, as the intermediary. Then the inside and outside are connected. Such ones do not indulge in criticism and scandal. Criticism and scandal are foreign to the fulfilled ones. They are therefore also not criticised and scandalized. The Word lifts them up into the realms of beauty.



Hanuman



6. Maruti receives the title “Hanuman” 2

The first logos (Rudra) gave him a boon that he shall never die. He said, “There is no death to this boy. He shall be a Chiranjeevi. He shall be for ever. As long as he wants, he can be on earth. He can move anywhere he likes”. With the help of Vayu, he can take to any form he likes. This form does not bind him. The Kumaras also came and gave him blessings. It was a huge event on the planet. The boy said, “I am interested in the Sun. I wish to be around him and learn all knowledge relating to the universe. Because to me he looks to be the best teacher”. Moving along with the Sun in the sky, he learnt all Wisdom. He is well versed with the four Vedas.

All these are the incidents of the Lemurian times. Today they may sound like fairy tales, but they were the order of the day back then.

Because of this adventure with the Sun, he got special hanus (cheeks). He is therefore called “Hanuman”. He started looking like a monkey!



On Secret Doctrine

Upanishads - 7



The Secret Doctrine provide glimpses into the various Upanishads as references for study. Stanza III from the Stanzas of Dzyan says,

10. Father-Mother spin a web whose upper end is fastened to Spirit (Purusha), the light of the one Darkness, and the lower one to Matter (Prakriti) its (the Spirit's) shadowy end ; and this web is the Universe spun out of the two substances made in one, which is Swâbhâvat (a).

(a) In the Mandukya (Mundaka) Upanishad it is written, “As a spider throws out and retracts its web, as herbs spring up in the ground . . .so is the Universe derived from the undecaying one” (I. 1. 7).

* * * * *

1. This Upanishad, from the Atharva Veda, is the epitome of the teachings related to Mendicancy.
2. Mundaka in Sanskrit is from the root word, ‘munda’, that commonly means the shaven head. It is an indication of giving up of ignorance, or replacing the individual will with the divine will. Tonsuring as a sacrament is highly symbolic of submission to the higher will and knowledge.
3. ‘Mundaka Upanishad’, is a teaching given out through Brahma, to his son Atharva who imparted this knowledge to Angira. He in turn taught it to Satyawaha, the son of sage Bharadwaraja and Satyawaha in turn passed it on to Angiras.
4. When the sage Saunaka approaches Angiras with a question, “Oh Venerable Master! what is it that, knowing which, everything becomes known?”. A catechism follows which forms the leading portion of the wisdom in the Mundaka Upanishad. It describes the approach to Brahma Vidya or that which we know as Theosophy.

5. Sage Angiras thus responds to Saunaka saying, there are two kinds of knowledge to be worked out. One is called the 'Para vidya' and the other is called the 'Apara vidya'. The knowledge relating to the Vedas, and the Vedangas belong to the class of Apara vidya while the knowledge relating to Immortality and that which is beyond (brahman) is called 'para vidya'.

This is the framework with which the wisdom relating to the Brahma-vidya is given out in the Upanishad. This background is essential to understand further about the 'web of creation'.

Compiled by Rama Prasad Joshi



Arkhip Kuindzhi: North



Venus Aswa Vidya

The principle of Venus in Sanskrit is called Sukra. Sukra is the principle that functions from the cosmic to the planetary plane. Even while we eat our morning bread, he functions as our experiencing of the bread. We miss it when we speak while eating the bread. If we are experiencing the bread, we will not speak; if we speak there is no bread and it is just eating without experience. This is how we miss Sukra every minute. In every event we have developed an expertise in missing.

I have spoken many times about it as Aswa Vidya, which is the fundamental thought for a spiritual aspirant. Aswa Vidya makes us live 'here and now' to experience. That means that we do not jump into the future nor do we drown in the past; it is living in the presence to experience it fully. When we are at one work the rest of it is absent to us, and only this work is present. We are well focused to experience. This is true in every walk of life. Volumes can be spoken of this Vidya or science.

The experience that we gain from the Cosmic Existence to our existence with the bread is the scope of operation of Venus. It is not just looking at our chart to see where our Venus is located. Mostly our Venus is squared by Mars. Thus, the Venus principle has its range from the first emanation, that is, from the point of emergence to the point of our eating bread. All is experienced. This is what is called Sukra.

Discipleship

Challenging Situations



When we are facing challenging situations, times of despair and frustration, we are often not aware of the additional amount of support that is flowing into our being as we are pre-occupied with our own individual problems and have thus blocked ourselves from sensing the presence of the soul, our inner sun and guiding light. These times of darkness carry a lot of potential for growth as the abundance of light requires the needed clearance, assimilation, and new orientation in life. These intervals of trial and tribulation can have a cathartic effect that allows us to dig deep and to revisit our inner roots. So, we remove what is hindering our growth at this very moment to be able to till the ground afresh, so that the seeds for the next round have a sustained growth condition.

Composed by Ute and Peter Reichert

PRACTICAL WISDOM

Earth and Heaven adjust the Human.

Be Awake,

Be Aware,

Be Alert.



Hymns to Agni, the Sacred Fire Rgveda, Mandala-1, Sūkta - 12, Ṛk - 5

घृताहवन् दीदिवः प्रति ष्म रिषतो दह ।
अग्ने त्वं रक्षस्विनः ॥

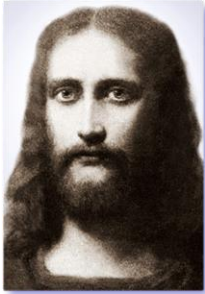
ghṛtāhavana dīdivaḥ prati śma riṣato daha |
agne tvam rakṣasvinaḥ ||

Word Meaning:

agne	Oh Agni!
ghṛta-āhavana	the one to whom, the oblations of clarified
dīdi-vaḥ	(receiving the offering) you shining forth
prati	towards us
sma	verily
tvam	thou
daha	burn down
riṣataḥ	the one that inflict cruel deeds
rakṣasvinaḥ	the destroyer of the diabolics
agne	Oh Agni!

Meaning:

Oh Agni! You receive the oblations of clarified butter in the ritual and shine forth resplendent. Please destroy the diabolics that inflict cruel deeds upon us.



Life and Teachings of Master Jesus

Part 22

There were seven teachers in the Ashram including Lokayatha. All of them were well educated in the science of rituals. Lokayatha gave only one lecture a week. That too on Saturdays. No one knew where he was or what he does on the rest of the days. There were three motherly figures to take care of the students in the ashram. Amongst them Mother Pratichi was the most important. The experienced students acted as leaders and took care of the new ones. All the students were divided into groups of fourteen. There was a leader for each group and the welfare of the students was thus taken care of. Student leaders acted as bridge between teachers and students mediating between them. When the teachers travelled to other places as part of their work, the student leaders taught the students. Jesus began to study with discipline and a keen mind. Nine months passed in this manner.

Throughout the day Jesus was learning ritualism with mantra and yantra along with the group. In the rituals, numbers like three, five, seven, nine, eleven, seventeen, eighteen, twenty-one, twenty-four and so on were primarily used. Teachers arranged the students in the form of yantras according to these numbers and performed rituals. At the centre of the yantra, either the fire was worshiped or the teacher himself would stand during the course of the ritual. Also, yantras were made in the shapes of circles, triangles, squares, pentagons, hexagons, octagons, nonagons and the like with hundred and eight students in hundred and eight ways. Different yantras were arranged according to the time and planetary movements. All the mantras were recited according to the yantras. Special training was given for the recitation of mantras.

Jesus was perfecting himself in ritualism and becoming an adept in the way of pronunciation. His enunciation was impressive. The teachers were also pleased. Nine months passed, studying ritualism during the day and practising flute in the evening. He demonstrated equal skill in playing the flute as in his studies. Being

an adept in enunciation he was getting more immersed in the sound of his heart than in the sound of the flute. Looking inwardly, he visualised his own brahmarandhra (on top of the head, at Sahasrara, a passage of life) as the flute. He visualised the six chakras as the six holes of the flute. Gradually, he stopped playing the flute and started following the sound of Anahata. Every evening, he would sit alone on a stone slab and meditate at Anahata (heart). Steadily through practise he would forget his surroundings. Pulsation of his heart would increase and momentarily he would enter into a state of trance. He would not be aware of what transpired in that state of trance. He would not even know, how long this state of Saamagaana (the philosophy and science of uniting thought, sound and music) continued. After waking up he would remember that while meditating at Anahata, he became one with the pulsation but he would not recollect anything that had happened after that. It was a state of forgetting himself. It was neither sleep, nor wakefulness, nor a dream. It was an experience. It was a state in which the mind, thoughts and surroundings dissolved. Only the awareness that he was in it, remained. It was also known that the self that he associates himself with, was not That Self. “THAT I AM, I AM not I am,” he acknowledged in this sequence. Jesus felt his body become lighter and as he walked towards the cottage, he felt as if he were floating. “What is this? Every time I have this experience, my body feels lighter!” He walked towards the cottage with this thought. “Not only lighter, but also auspicious changes are taking place in the face, hands and feet. A worthy change is taking place in your nature, affirming the science of Samudrika.” Saying thus, Mother Pratichi stood beside Jesus. Jesus rejoiced at the sight and speech of Mother Pratichi.

She further said, “All the knowledge that you learn during the day would be utilised for the welfare of the world. The meditation that you do at Anahata in the evening will be useful for the Almighty to reach you. You are excelling in both. It brings great joy to us. Continue your practice. You will gradually know everything.”

Jesus offered salutations to Mother Pratichi.

The Externalisation of Hierarchy 9



Sanat Kumara is the head of all those who have come from higher circles to stay on the planet and help humanity to ascend into all the planes of existence. The king and also the men of wisdom, they constitute the Inner Government of the planet. All the divine Sons of God are called Hierarchy. They constitute a part of the cosmic Sons of Will. This Hierarchy is headed by Sanat Kumara. Sanat Kumara forms the foremost centre on the planet, the centre of Will. In the morning invocation we say, 'From the centre where the Will of God is known'. We refer to the Shambala centre. When we say, 'From the point of point of Love', we speak of the centre of Hierarchy. The Shambala centre is ethereally present in the Gobi desert which is now in that part of the globe called Mongolia. In Mongolia there is Gobi desert and there it is hidden in an etheric form in the 2nd etheric form. You do not find it in the Gobi desert. You need to gain the body of diamond light to gain the presence of Sanat Kumara and experience the Shambala centre. The requirement is, gaining a body of diamond light. Vajradhara, in the Buddhist language. You know the monkey god in India. He is a Vajra body. They say Jai Vajra. It is an extraordinary diamond body. There are many who have gained the Vajra Sarira from the body of flesh and blood and there are many more who have formed the body of golden light. They constitute the Hierarchy, while the higher planes of the Hierarchy are those with the diamond body. And these can be with Shambala because Shambala is the most sublime centre on the planet. It is the centre of Will to the planet.





The Significance and Importance of the Fire Ritual 9

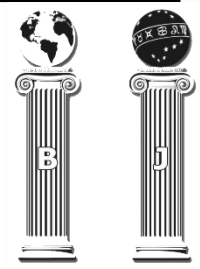
Jupiter gives fulfilment and expansion, and the elephant is a good symbol of expansion and fulfilment. It looks so full. That is how it is conceived as a symbol. It is one understanding. There is another understanding of elephant. In the sky there is a constellation called Hasta. If you look at the constellation, it looks like the head and the trunk of an elephant. All wisdom to this solar system comes from that constellation. On account of this the elephant-head has been recognised for worship of all wisdom. The physical manifestation of the animal elephant is in accordance with its appearance in the constellation. There is a wisdom in the heavens and a great architect in the universe. He prepares the forms on the planet according to their designs in the cosmos. According to the design of the constellation Hasta, you have the creature elephant on the planet. This is how the seers have visualised in the past. Hence, they call an elephant Hasti. Hasti is the Sanskrit name for elephant, and Hasti is a derivative of the constellation Hasta.

When this wisdom of the elephant is substituted here in the place of the conditioned aspect of Scorpio, then there is the conditioning of spirit in the base centre, and all spiritual practice is to release the spirit from matter.



Temple Service

5. Human Body, the Temple



The ultimate truth is that every human body is a Temple and the image of God is himself. In fact, every human is an image of that God. The Path of knowledge is to know this. For experiencing how God exists in us and to know that we are His image is the Path given by the knowers from time to time. The path is One. The knowers give it in different ways. They are not different paths but are different expressions of the One Path. A German would say autobahn, the Indian would say Maarga (in Sanskrit, Maarga is the path). So, if one says Maarga, another says Path, the third one says Sendero, they are speaking of the same thing but the expression is different.

There is one truth and the One Path is explained in different parts of the globe differently. We need to understand that the ultimate truth is that man is a prophecy fulfilled in creation.



Master Kumar teaching in Miami, 2012



On Healing

3. Co-operation with the Five Kingdoms 10

In this Aquarian Age, there is a definite need to go in for lighter food. We need lighter bodies. This is space age. We need to fly. To fly we need to eat like birds, but not like? (Better I leave unsaid). See, how birds eat. See how light they are! We too can do so. We will come to it later. The first step towards being Aquarian is to abstain from eating animal flesh. There is need to bring down animal killing and eating. The whole atmosphere is polluted through this outrage viz., butchering the animals. It is more than 2000 years since the doctrine of Ahimsa was pronounced by the most compassionate human being namely: Gautama, the Buddha. He gave a call to humanity to put a stop to animal and human killing. This Earth is getting more and more drenched with the blood that spills from the bodies of the animal and the human. It has its impact on the etheric currents of the planet. It is establishing itself more and more as our instinct to kill. The crime today at global level speaks of it. The statistics show that our killings are all time high. To kill another for one's own end seems to be reduced to a routine.

In India if you deny a beggar, he moves away. In New York if you do so, you run the risk of your life! Life seems to be no more so safe in the so-called developed parts of the globe. We do not know if we are developing or enveloping ourselves into a catastrophe. We are winding fast around us and the tentacles are tightening. We need to unwind. Otherwise we meet our end by our own, so-called wisdom. Let there be a beginning somewhere. Let it be here, in this seminar hall. Let us stop killing, starting with the animal. We can live and live well even without meat. We do not die if we do not eat meat. But the animals die if we eat. Let us save the animal. It is useful to us even otherwise. Let us therefore be wise.

Sanat Kumara



Learn to be alone 1

Eleventh instruction is: Learn to be alone as far as possible. To be alone is different from being lonely. To be alone is to be 'all-in-One'. It is the highest state of Be-ness. Only One is in all as many. It is only One Existence as many. It is One Awareness, the universal awareness. It is One Life, the universal life. Within One Existence, One Awareness and One Life, forms emerge due to the formations. One appears as many. For example, we have a huge hall here. We can easily build ten rooms within the hall. Then there are many rooms. But it is one hall only as many rooms. Matter divides and makes one as many. There is space in each room, thus there are ten spaces. But before the rooms are built, it was one space in the hall. There is space in the hall. There is space outside the hall. The space in the hall is but the space outside the hall only. Before we built this hall, it was one space only. After we built the hall, the one space is called inside space and outside space. This demarcation is due to emergence of the hall, emergence of matter. Matter divides. Matter is not only the matter that we see. There is subtle state of matter, subtler state of matter and subtlest state of matter.



Seventh Ray and Magic

The incoming of the 7th Ray 41

The Divine Plan is paramount for the 7th Ray worker. His dedication to the Plan should start controlling his mind, body and senses.

Neither his strength nor the work that he manifests should control his five-pointed star, meaning, the five-fold form that has been given to him. He should stand steady in alignment, in the five-fold form. For this, he has to first ensure that the form bestowed to him is intact.

For the 7th Ray worker, the five-pointed star is of great value. It is very precious, for without it, his purpose cannot be pursued. Aspirants would do well to respect it and constantly cleanse it, in order to keep it intact. This is the first care of every aspirant. The star needs to be maintained clean for it to shine forth. There are many methods that seers like Patanjali, have given that would help one in maintaining the form clean, pure and fit.

Master CVV, in the Occult Meditation no. 26, hints at a method of cleaning the five elements of the form.

“Cure earth by food, cure water by drink, cure fire by heat, cure air by breath, cure sound by thought, cure mind by truth, cure is complete.” (One may read the commentary for the meditation given in the book “Occult Meditations” by Master KPK.)

A 7th Ray aspirant would do well to maintain a practical daily rhythm for keeping the form intact. He needs to be persistent in his efforts.

Composed by Guru Prasad Kambhampati

Enlightening Encounters

Sadguru Sree Sivananda Murthy 8

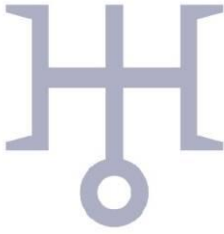


Once, for the annual function of the students and partners of Rao & Kumar chartered accountants, Saukumarya invited Sree Sadguru as the chief guest. Sree Sadguru visited the office of Rao & Kumar, went through every cabin and finally took seat in the chair of Saukumarya, in the latter's cabin. He closed his eyes for a couple of minutes. He addressed the partners and staff saying - "You are all fortunate to associate with Saukumarya who is not just any other chartered accountant. It is but one of the many avenues through which he serves. I see this office as a true Aryan unit serving the needs of the society. Wealth is incidental. Service is primary. May this office serve for long years to come. The partners were touched. They offered salutations to Sree Sadguru. They requested him to pen his views on a paper. Sree Sadguru did so. Copy of his statement is as under -

"Essence of any profession is Service. Service is the way out of our indebtedness. That is the release from our bondage to this earthly existence. That being a profession, should be the thought and action of any life.

This office has this Philosophy guiding it as I can see it clearly. Wealth is incidental. This is an ideal Indian i.e., Aryan unit."

Leaving the office Sree Sadguru laid his hand on the shoulder of Saukumarya and said, "In every activity relating to you, there is a spiritual dimension as-well. Nothing is done without it, be it your family, your bureau, your groups all over and your projects. You manifest spirit into social, economic and domestic fields. You have this ability to anchor the Divine energies into the activities you carry out. To manifest and to lift up are but the two dimensions of one work which you are able to do."



Uranus The Alchemist of the Age Uranus and the Seven Rays 2

Of course the Vedic wisdom unfolded much information applying the number key Seven. The Seven Ray qualities daily encounter us not only through sun rays but in many more ways. The sun ray essentially is the Magic Wand of Seven and is present in a variety in and around us. (please see the Magic Wand on the next page.)

Seven is the number of Sun besides One, since Sun works in a sevenfold manner. Uranus being the Central Sun also works with number Seven. Just as it interacts with every planetary energy, it interacts with the Seven Ray energies of the Sun. Remember 12 times 7 is the cycle of Uranus. It would be of interest to know through Ray wisdom the work of Uranus. A few hints would be thrown here under for the student to elaborate by himself through self-study and application.

Uranus stimulates the Seventh Ray to re-establish the Ceremonial Law and Order, to bring about the much-forgotten science of Magic. By interaction of the Seventh Ray Uranus contemplates to unite Spirit and Matter (electrical fire and frictional fire) enabling manifestation of the Kingdom of God upon Earth. It brings the humanity to the burning ground and burns all undesirables with the help of the Seventh Ray. It brings the Great Grand Lodge that exists in Sirius down to Earth and re-establishes a New Age Masonic order through the Grand Lodge of White Brotherhood. It leads the prepared souls and connects them to the Hierophant of our race who holds the mysteries of Initiations on Earth.



Master EK

Vishnu Sahasranama
Stanza 14 - 3-4

3. If we observe a sun-globe, we find that His brilliance is due to his own presence as his rays. The same is the case with the comprehension of everyone of us. The brilliance of comprehension is limited by the concept of the individual while the brilliance goes on expanding the concept as the urge of knowing and realising the unknown until the limitation of the concept breaks and gives way to the content as the one all-brilliance.
4. The devas of one universe stand in a beautiful arrangement both in position and in work. The intelligences and the energy centres that manifest from these devas also stand in a pre-arranged discipline and order which keeps the ultimate fitness of things in the pattern. This order and discipline is manifesting itself through the pattern of the solar system in the atom with the solar precision of the year as well as the atomic structure and number. All these things reveal that there is a particular manifestation of the Lord as the Commandant General with all the devas as his armies. Such a one is called Vishvakshena in the Vaishnava symbolism. He is said to hold the rod in his hand and lead the armies through channellised patterns to form the defence line of the Lord's kingdom. In the Saiva symbolism, He is called Subrahmanya, the first Kumara who holds Sakti (power) as his weapon and leads the armies of gods.



Paracelsus Health and Healing

Prana - Life Force

5. Minor Pranas 6

Perception of Naga Prana

Naga Prana, as said earlier, is related to Udana Prana. It enables belching and hiccups. When there is disease of wind in the body the person belches. Belching relieves the discomfort of accumulated wind in the stomach. When a person is suffering from belching he should be suggested to eat only digestible light food and heat producing food. This Prana could be restored to equilibrium through right food and drink. Similarly, hiccups also indicate the discomfort of the digestive system. It messages disagreeability of food and inertia of liver. If the hiccups and belching happens during sleep it is indicative that the person shall have to drastically bring in healthy food habits. Lack of discipline in matters of food indicates disturbance of Naga Prana.

Dr K. Parvathi Kumar - Extract from: Paracelsus - Health and Healing. Website: www.paracelsus-magazin.ch/en





The Female Hierarchy

Part 35

Teaching necessarily involves repetition and recapitulation. It enables assimilation of the teachings. There are ten Prajapatis, essentially. They also gave birth to some more Prajapatis. Essentially, there are ten Prajapatis - they are recreation of the creator himself. And there are Manus. The first Manu is called Svayambhuva Manu. The Manu is the administrator. The Prajapati is the teacher. Manus and Prajapatis, they conduct the whole activity of the creation. This dimension was explained before but I felt to make it more comprehensible we start with it.

The Prajapatis, as I said, are the teachers. They are the seers. They are the prophets. The Manus are the rulers. That's how from the beginning of the creation there is interaction between the teachers and the administrators. The Second Logos descends through the creator as Manus. The Brahman via the First Logos descends through the creator as Prajapatis. One has the knowledge of organizing, administering - they are called Manus. The other has the wisdom of administering, organizing, and ensuring that beings are given the knowledge. So, when we take the creator, it is through him the Manus descend and also the Prajapatis descend. Prajapatis descend via the First Logos. They are men of knowledge. They are men of wisdom. The Manus descend via the Second Logos and the creator. In us, there is the head represented by the Prajapati. Then there are shoulders and the body executing whatever wisdom we carry in our head. Each one of us is both a Prajapati and a Manu. Prajapatis are the advisory board. Prajapatis constitute the head. Manus constitute the shoulders and the hands. That's why the one who shoulders the activity is called an administrator. What is it that we shoulder? The ideas that the head generates. The ideas are generated in the head and they are executed by the being as an administrator. They work hand-in-hand - they are together in their working. They are the major actors in creation. It is in tune with that we have the system of the priest and the king. As I said in earlier seminars, through

the creator there is the descent of Prajapatis and there is the descent of the Manus. Prajapatis represent the wisdom. Manus represent administration, organization, and execution. They work hand-in-hand to manifest the creation.

This text is not proofread by the author and might have some mistakes.



Fire ritual at the Guru Puja celebration in Mysore, November 2025

Stories for Young People

On Synthesis

When we lead from behind
we can take care of all,
and no one is neglected.

Leading from the back enables us
to supervise the entire group.

Part 11: The Transgender

Of all the conditions of incarnation, the gender role seems to be the one that characterises people the most: it determines their position in the family, their role in society and their personal obligations. In ancient traditions, kings and peoples prayed to receive a successor, a male. The family tree of the family is orientated towards the male heir. It is well known that in Great Britain the importance of male descendants led to a separation of Church and State. If you take a closer look, it is amazing that ancient writings also tell us about the relativity of gender roles. In Shakespeare's works, behind whom a great master stood, we find many funny scenes and confusions that deal with gender identity.

Such a story is also there in the Mahabharata. The Pandavas live in exile in the forest. They kept themselves busy by preparing for an impending battle with the Kauravas. The battle seems inevitable once the exile is over. Arjuna, the best fighter among the brothers, is working on his technique with the bow. Urvashi, a celestial female being is watching him. She desires Arjuna, initially from a distance. Then an opportunity arises. When Arjuna is invited by his father Indra to Amaravati, his capital, and Indra is showing him the splendour of his kingdom, Urvashi is among the dancers and singers that Indra arranges to perform for his son's entertainment. Urvashi approaches Arjuna and directly communicates her passion towards him. Arjuna is not used to such behaviour from a woman. He is shocked that such an offer is made to him in this heavenly place. Urvashi tries to dispel his hesitation. Here in heaven, rules are not the same. Arjuna would not be violating anyone's rights or committing a sin if he gave in to her request. In the heavenly realm, at his father's side, Arjuna cannot feel carnal desires. Arjuna begs Urvashi to forgive him for his rejection,

but he only has the feelings of a son towards his mother. Urvashi looks red with anger and frustration.

She curses his manhood: Arjuna should live without his sexual organs in future. When Arjuna told his father Indra about the incident, he praised his son for his steadfastness, which was exceptional for a mortal. So he altered the curse of Arjuna, so that the transformation into a woman is reduced to a period of one year and, moreover, the usefulness of the curse for his fight against the Kauravas is prophesied.

And so it happened. When the last year of their exile dawned, Arjuna put on women's clothes and hid himself in guise of a women in the service of the queen of a befriended king. He was credible in that role because he knew arts such as singing and dancing and how to behave like a woman.

The story shows us that we understand gender roles as a mere characteristic of our embodiment, balancing the masculine and feminine sides within us. We are souls who play only a brief role on this earth.

Scenes from the Mahabharata. Compiled by B. Kleyböcker



Arjuna rejects Urvashi

Window to World Service

News & Activities

SPAIN

Name of the group: Spanish version of The Vaisakh Newsletter

Contact: Jordi Pomés Vives

Adress: Canet de Mar 08360 (Barcelona)

Phone: +34 654980414

E-mail: jordi.pomes@uab.es

Activities

Work Group coordinated by Jordi Pomés Vives

- In it, 8 people (María Birulés, Helena Cattivelli, Rosa Fernández Sopena, Cristina Gonzalez Riquelme, Fer-ran Villergas, Montse Falgàs, Constanza Contreras and Jordi Pomés) collaborate in the translation from English to Spanish. Jordi Pomés was also in charge of the correction
- The translated texts were sent monthly to Gaston Ferrari for editing the Argentina version of the magazine.
- Layout and edition of magazine was made by Ana María Conde.

The “Vaisakh Newsletter” was sent electronically to all WTT Spain list and also to “Hermanos del Aguila”.



Picture to the Month
Pisces - Receiving and Transmitting Cosmic Energies



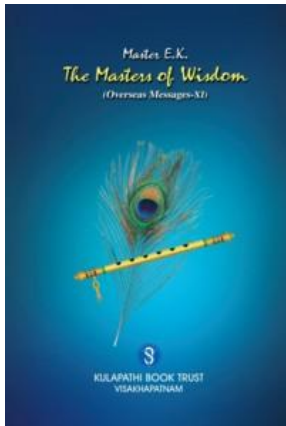
Visualize three great centers around the Sun namely the Great Bear, the Pleiades and the Sirius. Meditate upon the three different energies transmitted from the three centers upon the Sun. Further visualize reception unto Shamballa of the triple energies via the seven rays. Further visualize the work of Shamballa in transmitting the resultant energy to the seven ray ashrams of the planet.

Dr K. Parvathi Kumar: Shambala. Dhanishta, Visakhapatnam

Image composed by Ludger Philips

Book Review

The Masters of Wisdom. Overseas Messages XI



The word Master is for the first time used by Madam Blavatsky to indicate a group of people who work in their own way for the perfection of humanity in a multi-dimensional direction. The difference between a Master and all the other people is, mastery not upon any subject or any branch of wisdom, but at first a mastery upon themselves.

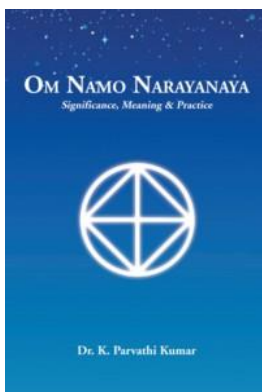
The book "The Masters of Wisdom" contains 11 lectures by Master EK (Dr Ekkirala Krishnamacharya). He presents the dimensions of the Masters whom he witnessed, encountered and from whom he received guidance.

Ekkirala Krishnamacharya: The Masters of Wisdom. Overseas Messages XI

Order book <https://www.aquariusbookhouse.com/product/overseas-messages-11/>

PDF: https://worldteachertrust.org/_media/pdf/en/ek/the_masters_of_wisdom.pdf

OM Namo Narayanaya. Significance, Meaning & Practice



Narayana stands for the alpha and omega of the universe: The Vedic seers gained this four-lettered sound in their penances, found its significance and its meaning. They initiated the seekers into this mantra from ancient most times to enable self-realization and at-one-ment with Narayana.

This book is for seekers who would ardently like to work with the mantra of Narayana.

K. Parvathi Kumar: OM Namo Narayanaya. Significance, Meaning & Practice

Order book: <https://www.aquariusbookhouse.com/product/om-namo-narayanaya/>

PDF: https://worldteachertrust.org/_media/pdf/en/om_namo_narayanaya.pdf

Astrological Important Days

in February / March 2026

18.02.	☿	16:51	Sun enters Pisces
21.02.	♄		1878: Birthday of Mirra Alfassa (The Mother)
24.02.	♂	02:32	8th phase of ascending moon starts (End 25.02. at 00:22)
26.02.	♃	20:04	11th phase of ascending moon starts (End 27.02. at 18:03) <i>Contemplation upon the healing energies</i>
02.03.	♌	13:26	Phase of full moon starts <i>Contemplation upon Mitra-Varuna, the not untrue beings</i>
03.03.	♂	12:37	Full Moon of Pisces ○ (Magha-Full Moon) <i>(Moon in Magha or Purvaphalguni, Sun in Aquarius or Pisces) Through Magha the student becomes a magical worker; he cooperates with the Plan and progresses in connection with the Hierarchy.</i>
10.03.	♂	21:24	8th phase of descending moon starts (End 11.03. at 23:50)
14.03.	♄	03:41	11th phase of descending moon starts (End 15.03. at 04:47) <i>Contemplation upon the healing energies</i>
16.03.	♌	01:26	23rd constellation Dhanishta starts (End 17.03. at 01:52)
		05:11	13th phase of descending moon starts (End 17.03. at 04:53) In the month of Magha, Maha Siva Ratri. <i>Appearance of Lord Siva as an endless vertical pillar of light</i>
		21:00	Dhanishta-Meditation
18.03.	☿	03:55	Phase of New Moon starts <i>Contemplation upon ,The Pledge'</i>
19.03.	♃	02:23	New Moon of Pisces ●
20.03.	♀	15:46	Sun enters Aries (Spring Equinox)

All times are in CET (Central European Time) / UTC + 1 (Universal Time Coordinated plus 1 hour);

Data source: Astrological Diary 2025/2026, www.worldteachertrust.org

The World Teacher Trust - Global, CH-6362 Stansstad



The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make beautiful
our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

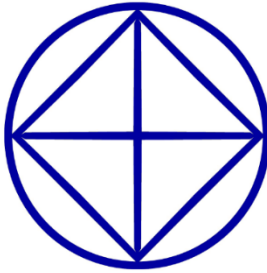
The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



May we stand in Light and
Perform our obligations and duties
To the surrounding Life to be Enlightened.

May we float in Love and
Share such Love and compassion
With the fellow beings to be fulfilled.

May we tune up to the Will and
Thereby alert our Wills to gaze
The Plan and cause the work of Goodwill.

May the Light, Love and Will
Synthesise our lives into One Life.