

# VAISAKH NEWS LETTER



**HAMSA SIVA SOHAM**



**Sagittarius 2003 Dhanus**

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The World Teacher Trust - Europe

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The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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## INVOCATION

May the Light in Me be the light before me  
May I learn to see it in all.

May the sound I utter reveal the light in me  
May I listen to it while others speak.

May the silence in and around me present itself,  
The silence which we break every moment,  
May it fill the darkness of noise we do  
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,  
Let realisation be my attainment,  
Let my purpose shape into the purpose of our earth,  
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.  
May we live in the awareness of the background.  
May we transact light in terms of joy.  
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

## MESSAGE OF THE TEACHER

### ASANA



The word *Asana* in the book of Patanjali is yet another word misunderstood and misinterpreted. *Asana* is the 3<sup>rd</sup> step of Yoga and has nothing to do with the physical posture. It relates to the state of mind, the posture of mind. Patanjali speaks of stable and comfortable mind as the 3<sup>rd</sup> step of Yoga. This demands accomplishment of the two preceding steps of *Yama* and *Nyama*. Without their accomplishment no aspirant would accomplish the 3<sup>rd</sup> step of Yoga, that is, *Asana*. Many books comment *Asana* as stable and comfortable physical posture. It is not so. It is: “stable and comfortable mind”. Without this the next step of Yoga, that is, *Pranayama*, is just impossible.

## PRAYER FOR THE YEAR

In HIS name we live  
In HIS Temple we live.

In HIM verily we live  
Until HE opens HIS eye in us.

In HIS name HE lives  
In HIS Temple HE lives.

In HIM verily HE lives  
As HE opens HIS eyes in us.

Let us look to HIM  
When we look to each other.

Let us find HIM in all that IS.

## MESSAGE OF MASTER E.K.

### INSTRUMENTALITY

Every man does certain acts. Certain other acts happen through him. Among these, some are fulfilled and some are not. The wise one notices through such phenomena the mere instrumentality of oneself.





## MESSAGE OF THE MONTH OF SAGITTARIUS

The Path of Sagittarius is a straightforward path, like the path of an arrow. It is so only for those who follow the Law. For such a one the mind gets purified to gain the related virginity. The Lord manifests only through such virgin minds.

The need to understand the Law and follow it should commence very early in life for a true student on the Path. The discharge of work in tune with the Law is the soul's activity. In such discharge of duty he gains the skill. He makes no mistakes. Sometimes the discharge of the Law demands sacrifice. For the lawful one, sacrifice becomes a way of life.

*Arjuna* was one such disciple on the Path of Sagittarius. Even initially he had the inclination to follow the Law. He served the mother, the brothers and the society. He did not comment or criticise *Yudhistira* when a splendid kingdom was lost in a gamble. In tune with the Law he shared the lady he won with his brothers in a challenge. He denied an angel who approached him for conjugal love. He endured acts of personal injustice done to him. His life is a life of a Sagittarian that attracted the attention of the Lord. His life stands as a role model of service and sacrifice for the benefit of the fellow beings and is a complete example of a true Sagittarian.

## GÎTÂ-UPANISHAD

- LORD KRISHNA -



The sight of the ocean is considered auspicious. The ocean has a special place in Creation. It absorbs the rivers, the rivulets and streams as well. It also accommodates the rain. In spite of many absorbing into, it retains the same level. It does not sink, nor does it cross borders. It is full by itself. Any further additions from it or deletions from it do not cause difference in its level. It is full at all times.

Likewise a man of wisdom cannot be further entertained for joy, nor can his joy be taken away from him. He is joyful with himself. He is peaceful and contented in himself. No external pleasure would add to his joy. Likewise lack of pleasures does not deplete his joy.

People who are preoccupied in fulfilling petty and sundry desires cannot even imagine the joy of a man of wisdom. The man of wisdom is the stable one.



## LORD MAITREYA IMPERSONALITY

The Plan we work with has the objectives of:

- a. dispelling darkness
- b. dissolution of blind believes,
- c. dissipation of fear,
- d. promotion of goodwill,
- e. instituting fearlessness,
- f. imparting wisdom.

Every effort made to enhance the light of comprehension receives our co-operation. Our co-operation is generally invisible and is extended to all human acts of service and of enlightenment. Persons who work relentlessly for the social upliftment are transmitted energies to accomplish their task.

Among those in whom the intent to serve, to uplift and to contribute to wisdom is seen, we select some for further inspiration. We subtly direct them and enable them in fulfilling their tasks of goodwill.

The ones who work with our inspiration remain simple and mingle with the society and conduct acts of goodwill without much personal aggrandisement.

We cognise workers who do not seek cognition of the society. Those who seek cognition of the society fall into the illusion of aggrandising themselves. They generally deviate from the Path of Truth. Truth is simple and needs to be transmitted in simplicity, silence, and in secrecy. Acts of goodwill shall also have to be done as impersonally as possible. The Community of Maitreya carries impersonality as its fundamental quality.

## MASTER MORYA - MARUVU MAHARSHI - DIVINE TREES



When the Devas were building the planet Earth, Mother Earth expressed a desire: “Amidst the solar system, the Earth planet is the least illumined one. It has more matter and less awareness. How will the beings of the Earth quench their thirst for knowledge? How will they receive afresh the inspiration? How will they conduct to the Light? Please consider a Path to Light to the beings of Earth”.

The builders of the Earth replayed: “Your desire is a desirable one; it shall be fulfilled. The planet shall receive thunders and lightning during the change of season, from summer to rain. The thunder and the lightning are manifestation of the Lord as sound and light. The beings can nowhere receive such powerful manifestation. For that reason we shall organise tall growing vertical trees which would receive initially the impact of light and sound and transmit the same to the beings. We shall also prepare pulses and cereals that contain similar energy. Consuming them, also the beings will receive a minimum impact of light and sound. Among these trees the Cedar will stand as the most sacred tree, and the Banyan (*Ficus bengalensis*) will be its associate. In these trees the Lord as Fire is best instituted.

The Earth felt pleased.



**MASTER KOOT HOOMI  
- DEVAPI MAHARSHI -**

**SAMBHALA**

*Sambhala* is the Pole Star for the Truth-seekers. *Sambhala* bestows tolerance, peace and joy. To some, *Sambhala* is true; to some others, *Sambhala* is a concoction; to few others, *Sambhala* is the goal of life, the 'Bestower of Bliss'. Just as the human soul is the centre of consciousness for the human, *Sambhala* is the Centre of Consciousness for the planetary body. Just as the individual soul carries in it the soul of the planet, it also carries a name. That name is the most sacred name, which is Lord Sanat Kumara. Just as the human body receives life and awareness, the planetary body receives life and awareness from Sanat Kumara. The Heart Lotus of Sanat Kumara is a diamond lotus. The essence of its energy is the essence of the Heart of the Sun; it is the primordial Light, *Aditi*. The 7 planetary principles are received by Sanat Kumara as the 7 Rays into him. He in turn transmits these 7 principles to the planet.

The truth of human existence is the existence of the human soul. Likewise, the truth of existence of the planet is the existence of its soul, Sanat Kumara. He is the Presiding Angel for the planet and the planetary beings. He presides over their evolution. He is the Perfect One on the planet. He is the manifestation of the Cosmic Fire on the planet.



**THE TEACHINGS OF  
MASTER D.K.**

**AHIMSA**

*Ahimsa* is the cornerstone of virtues. *Ahimsa* enables effortless accomplishment of many virtues. If *Ahimsa* is accomplished, the following virtues are automatically accomplished:

1. patience,
2. enthusiasm,
3. selflessness,
4. lack of pride,
5. lack of aggrandisement and self-praise,
6. friendliness,
7. accommodative nature,
8. comprehension,
9. sympathy,
10. compassion,
11. expansion of consciousness,
12. ability to cognise others' needs,
13. service,
14. silence,
15. love.

*Ahimsa* is frequently spoken of but is rarely practiced. Ponder upon this.



## VIDURA WISDOM TEACHINGS

Intelligent utilization  
of resources through business  
for the good of the society  
enables the businessman  
to walk into the realms of light.

## SHIRDI SAI SAYINGS

### NAME & FORM



Who, do you think, am I? I AM eternal and omnipresent. You do not have to travel anywhere to meet Me. Wherever you are, there and then, you can experience Me.

While I can be in form and carry a name, I AM verily beyond your concept of the name and the form. You too are no different from Me, except that you think that you are your name and your form.

## CHILDREN'S SECTION

### THE DOCTRINE OF ETHICS

Listen with patience.  
Analyse without haste.  
Comprehend the truth  
and the myth.  
And conduct  
in the world !

## CHILDREN'S SECTION

### YOGA ÂSANAS

#### Bhujangāsana\*

Procedure:

1. After Vajrāsana slowly raise on the knees, rest your hands vertical to the ground and stretch the body backwards. The spine bent forward is now bent backward to relax. Raise your head as much as you can to look up.

Effect:

- Strengthens the back. Tones up the liver. Useful for women to achieve timely periods.
- Helpful to the pregnant women.
- Recommended for people with back-ache, slipped disc and displaced ribs.



\* An Âsana from the book 'Mithila' of Dr. K. Parvathi Kumar for physical and psychological relaxation.

## BOOK REVIEW

### THE MANDRA SCRIPTURE. An Aquarian Rendering of the Bhagavad Gita



The Bhagavad Gita is the celestial song of the Lord. It contains 18 keys to the Truth. It is directly addressed to a son of man by God and is therefore a world scripture. The Mandra Scripture is an Aquarian rendering of the Bhagavad Gita. Master E.K., to whom the Grand Wisdom of the Bhagavad Gita was revealed, directly dictated afresh the celestial song in a very simple and lucid manner.

This is not a commentary on the Bhagavad Gita. It is the Bhagavad Gita rewritten, directly communicating the import for the benefit of the seekers of Truth.

**Ekkirala Krishnamacharya: The Mandra Scripture.**

**Copies:** The World Teacher Trust Europe: [wtt-europe@wtt-europe.ch](mailto:wtt-europe@wtt-europe.ch)

### SRI DATTATREYA. The Symbol and the Significance



Dattatreya is the Grand Teacher or “Guru principle” in the universe. The teachers in various planes are the manifestation of the one teaching principle who is referred to in the ancient Indian wisdom as Dattatreya. Dattatreya also exists in a form in all planes. Dattatreya is the principle, which exists in all as the Teacher principle, as the friend, as the guide that leads one unto one’s own source of Existence. Dattatreya is an Eternal Principle. Just like the World Teacher is the principle that guides the beings of this globe, Dattatreya is also a principle that incarnates as per the time and need in any plane of existence.

**K. Parvathi Kumar: Sri Dattatreya.**

**Copies:** The World Teacher Trust Europe: [wtt-europe@wtt-europe.ch](mailto:wtt-europe@wtt-europe.ch)

**Booklist:** [http://www.good-will.ch/pdf/wtt\\_publications.pdf](http://www.good-will.ch/pdf/wtt_publications.pdf)

## NEWS - REVIEW

### TOURS OF THE TEACHER

#### 15<sup>th</sup> -17<sup>th</sup> December 2002, Birthday of Paracelsus Einsiedeln (Schwyz), Switzerland, “Paracelsus -Health & Healing” Magazine

The Teacher came all the way from India to open the proceedings of work for the Magazine “Paracelsus -Health & Healing” dedicated to Paracelsus and including all the therapies of healing known to be effective.

A group of 50 brothers and sisters of the WTT from Germany, Spain and Switzerland gathered to study the different proposals and to share the work of bringing about such a monthly publication in English in the field of Medicine, Naturopathy, Health & Healing.

#### 28<sup>th</sup> -30<sup>th</sup> December 2002 Bangalore, India, December Call 2002

Around 300 hundred people participated in the 2<sup>nd</sup> celebration (in this new cycle of 12 years, starting from the year 2000) of December Call with the Teacher in Bangalore, India. The group living during three days was organized in the “Sadguru Tapovan” premises of the WTT Bangalore. This is a recently build community in the outskirts of the city of Bangalore, composed of 17 family houses, a house for the Teacher and a prayer hall. All houses are powered with solar energy. The community is located among a garden of mango trees. There are plans to build 7 new houses to amount to a total of 24 family houses in the community with capability to accommodate one more family from abroad in the upper floor for the next group livings and December Call. Ten members of the European Brotherhood of the WTT Europe from Denmark (5), Switzerland (3), Belgium (1) and Germany (1) took part in this harmonious celebration. The Teacher spoke of all the statements made by Master CVV, and allotted time to answer questions on meditation and the spiritual path.

## GREAT INVOCATION

Let us form the Circle of Good Will.

OMNIA VINCIT AMOS

From the South through Love  
which is pure.

From the West through Wisdom  
which is true.

From the East through Will  
which is noble.

From the North through Silence  
which is golden.

May the Light make beautiful  
our lives.

O Hierophant of our Rite  
Let his love shine.

OMNIA VINCIT AMOS

Let us form the Circle of the World Servers.

We bow down in homage  
and adoration

To the Glorious and Mighty Hierarchy,  
The Inner Government of The World,  
and to its Exquisite Jewel,  
The Star of the Sea -  
The World Mother.

From the point of Light  
within the Mind of God  
let Light stream forth  
into the minds of men.  
Let light descend on Earth.

From the point of Love  
within the Heart of God  
let love stream forth  
into the hearts of men.  
May Christ return to Earth.

From the centre where the  
Will of God is known  
let purpose guide the little wills of men,  
the purpose, which the Masters  
know and serve.

From the centre which we call  
The race of men

Let the Plan of Love and Light  
work out

And may it seal the door  
where evil dwells.

From the Avatar of Synthesis  
Who is to come

let His energy pour down  
in all kingdoms.

May He lift up the Earth to the  
Kings of Beauty.

Let Light and Love and Power restore  
the Plan on Earth.

The Sons of Men are one  
and I am one with them.

I seek to love, not hate.  
I seek to serve and not exact  
due service.  
I seek to heal, not hurt.

Let pain bring due reward  
of light and love.  
Let the soul control the outer form  
and life and all events,  
and bring to light the love  
which underlies the happenings  
of the time.

Let vision come and insight.  
Let the future stand revealed.  
Let inner union demonstrate  
and outer cleavages be gone.

Let love prevail.  
Let all men love.



For the advanced student of OM the Life  
And the Light flow unhindered.  
His works and speech flow out with inspiration  
and would even inspire the surroundings.

The works happen in tune with the time and  
Space. There manifestation is smooth  
Therefore utter and listen to the OM  
Happening in you.

K. Parvathi Kumar

Master D.K.