

VAISAKH NEWS LETTER



HAMSA SIVA SOHAM



Sagittarius 2008 Dhanus

Letter No. 8 / Cycle 22 –21st November until 21st December 2008
The World Teacher Trust - Global



The life pulsation
is but a transformation of OM
to conduct the pulsation of the heart
and further to express as respiration.

In the path of return,
link up to respiration,
reach pulsation of Prana
and realize OM.

Respiratory activity is the door
that opens the way to OM.

Enter the path of OM
and realize yourself as OM.

K. Parvathi Kumar



Invocation

May the Light in me be the light before me.
May I learn to see it in all.
May the sound I utter reveal the light in me.
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment.
May it fill the darkness of noise we do,
And convert it into the Light of our background.

Let virtue be the strength of my intelligence.
Let realisation be my attainment.
Let my purpose shape into the purpose of our earth.
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

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Dr. Sri K. Parvathi Kumar is President of the ‘World Teacher Trust’ and Founder of the ‘Vaisakh News-Letter’.

The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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Prayer for the Year

The ascent of man is through the eagle.

The descent of man is through the serpent.

The serpent is the coiled coil of time.

The tongues of the serpent are the wings of the eagle.





Message of the Month of Sagittarius

Sagittarius, the ninth house of Zodiac is considered as the most sacred of all the Signs. Lord Krishna says in Bhagavad Gita, "I am Sagittarius among the months of the solar year". Sagittarius is a fiery Sign and represents a Sign of aspirant. Aspirations rule high in this Sign. Fire adds further to the aspiration making it as fiery aspiration.

Aspirations can be of mundane or super mundane nature. To set goals from time to time and to reach them is the basic characteristic of Sagittarius. "I have covered this far, I shall go forth to reach the next milestone." Endless is the pursuit of a true Sagittarian be it mundane or super mundane.

During Atlantian times the glyph of Sagittarius was a centaur. The hind portion is the beast and the fore portion is the man holding the bow and arrow. It is indicative of beastly aspiration, since man was mostly conditioned by beastly attitudes. The goal was to develop the fore portion and thereby dominate the beastly part in him. The aspirant was cultivating virtues to be a virtuous personality. Others were pursuing beastly aspirations. As time passed by, the virtuous ones evolved and have become the seed of the Aryan Race. Thus the glyph of the Sagittarius has changed from that of semi-beast and semi-man to that of man who is personality oriented.

The aspirant in the Aryan times nourishes and develops the soul from out of the personality, which is called Christ Consciousness or God Consciousness. Virtuous personality is the fertile ground, which enables the sprouting of the seed of the soul. The aspiration set for the Aryan is to transform from personality to be a soul and to function as a soul. To indicate this aspiration the glyph of Sagittarius is depicted as the arrow set on the bow.

The Upanishads explain this symbol. The arrow is the soul and the bow is the sacred sound OM, also called Pranava. With the help of the sacred sound the aspirant reaches the pure state of existence, consciously travelling through all the seven planes of existence. He experiences himself as "THAT" and returns as "THAT I AM" only to lift up the fellow beings, which is the work in the next Sun Sign Capricorn. Thus a saviour is born.

Jupiter is the Lord of Sagittarius, who holds the key to sound. He initiates the aspirants into the path of sacred sound. The initiate proceeds like a released arrow passing through Pisces, experiencing Passover in Aries and settling in the state of Pure Existence. Many are the keys to the most mysterious and sacred sign, Sagittarius.



Message of the Teacher

The Mystery of Moon

Much misunderstanding exists among the aspirants that Moon is dead. The place of Moon as a planet and as a planetary principle in the field of spiritualism is rather mysterious. Moon as a planet wields its influence upon every atom or ego of this Earth. Planet Moon is the body through which the lunar deity manifests the purposes of the cosmic plan. This Lunar deity enables fertilisation, germination and growth of bodies and also forms the basis of consciousness that evolves the forms. The correct information about the effect of Moon on Earth is only known to the yogis of Himalayas and yogis of the two poles and four other selected centres on Earth. In fact, all the six centres below the seventh contain the lunar principle, the seventh being the Solar principle. The lunar principle is called Soma and not many esoteric schools have reached that stage of consciousness to visualise the mysterious functioning of the Moon. Moon as planet continues to be the centre of distribution of Soma principle to this Earth.

Moon's magnetism is the cause of the tides of the ocean, the formation of clouds and the circular path of waters, which forms the animal metabolism on this Earth. The centre of this Earth could attract matter around itself and obtain this globe of atoms which we call the Earth globe with the help of this magnetic principle received by the Earth centre from the Moon. The Earth could fecundate the colours of the Sunbeam into the seasonal effects and into the flora & fauna. It is the means for human fertilisation. Without the lunar ray the chemistry and biology of this Earth would have been like an eyeball without a mind to receive the solar light.

Gîtâ-Upanishad

- Lord Krishna -



Prerequisites of Pranayama

“Observe absorption of Prana into Apana. And likewise observe absorption of Apana into Prana thereby observe the regulated state of Prana”, says the Lord (4.29) (continued from previous month).

Just as Patanjali suggests prerequisites for practice of Pranayama, Lord Krishna also speaks of prerequisites of Pranayama. He describes in the slokas of the current and previous chapters indicating the prerequisites, which may be briefly narrated as under:

Discrimination: Lord Krishna suggests holding on to discrimination at all times. Discrimination of what is needed and what is not needed; discrimination of temporary and permanent; discrimination of mutable and immutable. He further suggests caring for the immutable, the permanent and the essentials and not for the non-essentials, the temporary and the mutable aspects of life. This will enable development of discriminative will called Buddhi.

Goodwill in action: He suggests action in preference to inaction. He further suggests that the action be oriented for others welfare more than ones own welfare. Then discriminative will transforms into Goodwill and enables unfoldment of the being.

Prefer action to result: He says action is eternal and results are periodical. In a travel, travel is continuous and milestones come to pass by. Results are like milestones, which need not be given importance in preference to action i.e travelling. When men get more oriented towards result, he says their focus on action gets disturbed. Since action is eternal in creation, engage in action relating to welfare of the

others regardless of the results.

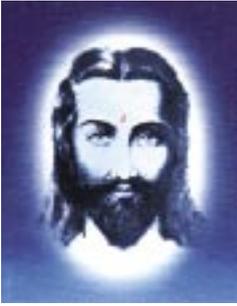
Non-manipulative action: When one holds discriminative will and is oriented to Good-will while at action and cares not for results of such action manipulations do not creep in. Manipulation dampens the discriminative will, goodwill and diverts the mind to-wards results. He therefore suggests non-manipulative action.

Detachment: When one fulfils all the four steps stated above much splendour manifests through one's action. He suggests that one should not get engrossed in ones own creation. This would condition him.

The aforesaid five steps would enable man to carryout with ease the four Yajnas stated in the earlier sloka (4.28). Thereafter one is eligible to do Pranayama.

The Lord suggests not to be in haste to get into Pranayama without fulfilling these steps.

While the steps stated above look difficult to the student for practice, if one starts acting in terms of Goodwill, in due course of time, he will accomplish. Its better to start travelling however ill equipped one is than to stop and brood over. One need not brood over. It is better to start action in his own way with his present state of quality/ability.



Lord Maitreya

The Contagion

Wavering flames do not burn object. Stable and focussed flame burns it. Cooking needs the latter and not the former. Cooking is but transformation. Transformations in you are possible if the power of fire in the flame is at work. The power of fire is not at work when the flame is wavering. Observe the frame of your mind. If it is a wavering one, it helps you not. A wavering mind is a contagion. It dispirits the surroundings. It eventually submerges into ignorance and also leads others into it.

The wavering ones are exposed to another danger. They are susceptible to blasphemy. They can be instrumental to wound the innocent ones. Be careful of inconsistency of mind.

Indifference is the twin brother of inconsistency. It corrupts and corrodes all good beginnings. Indifference is but crystallisation of lack of effort. And that builds frigidity.

To the wavering ones, a Teacher is of help. To the indifferent ones such help is not possible. The Teacher is the hold to the sinking one. But if he is indifferent, he does not care to hold on. Such ones are doomed.

It is helpful to search in oneself, if indifference is subtly growing in him, if wavering is entertained. If one finds such symptoms, he will do better being in the physical presence of the Teacher.

Master Morya - Maruvu Maharshi -



Fitness

A disciple close to a Master was wondering the way he gives entry to the aspirants into his aura. The disciple enquired, "Master, what is the fitness that enables you to accept a student". The teacher smiled and said, "be aside me in the next days".

A few days after came an aspirant and the Master enquired, "What is the purpose of your seeking entry". The aspirant answered, "I look for proofs of super mundane". The Master replied, "Come back after some time". He told the disciple on side, "He cannot be one of us."

A few days after came an aspirant and the Master enquired, "What is the purpose of your seeking entry". The aspirant answered, "I am sad of life". The Master replied, "Come back after some time". He told the disciple on the side, "He cannot be one of us."

A few days after came an aspirant and the Master enquired, "What is the purpose of your seeking entry". The aspirant answered, "I want to defeat my enemies by the power of yoga". The Master replied, "Come back after some time". He told the disciple on the side, "He cannot be one of us."

A few days after came an aspirant and the Master enquired, "What is the purpose of your seeking entry". The aspirant answered, "I want to be rich and powerful to propagate your yoga". The Master replied, "Come back after some time". He told the disciple on the side, "He cannot be one of us."

A few days after came an aspirant and the Master enquired, "What

is the purpose of your seeking entry". The aspirant answered "I want to know the Divine Plan, Cosmo genesis, Anthropogenesis. I offer myself to you to get this knowledge." The Master replied, "Come back after some time". He told the disciple on the side, "He cannot be one of us."

A few days after came an aspirant and the Master enquired, "What is the purpose of your seeking entry". The aspirant answered, "I want to be free; I want liberation and bliss." The Master replied, "Come back after some time". He told the disciple on the side, "He cannot be one of us."

A few days after came an aspirant and the Master enquired, "What is the purpose of your seeking entry". The aspirant answered, "I wish to transform myself from my beastly nature to human and from human to Divine". The Master then asks, "What is the reward you expect of it?" the aspirant replied "only to Be and to serve." The Master rejoiced and admitted him. The Master turned to his disciple on the side and said, "He is the one who is ready for self transformation. He is ready to rid himself of his faults without regret. He will not look for miracles and proofs. He will be deterred by fame and riches. He will not be proud of knowledge. He will Be and be humble to serve. Such ones need to be attended to." The disciple kneeled down and saluted the Master.

Entry into yoga is not for all. It is only for those who seek to perfect themselves.



Master Koot Hoomi - Devapi Maharshi -

Depths and Heights

Sagittarians aim high. To reach heights they should conquer the depths. Often people forget the depths and aspire the heights. An experienced swimmer dives into water from great heights and springs up from the depths. Such are the daring ones, whose spirit is ready to plunge into the carnate matter and rise again to the heights of spirit. The soul enters the flesh and blood each time, which is called incarnation. It has to rise from the carne, once again into its original state. The one who knows the depths only can do it. The incarnating soul enters into the body of flesh and blood and dwells deep in the pit of Muladhara. He needs to rise once again from the flesh. Such is the work on hand, my brothers. The timid and the fearful also need to be encouraged of their potential. Such is the work of love. Our community relentlessly teaches the means of ascent.

Message of Master E.K.



Discipleship - Routine

What practices you are adapting to, is not the criteria. What thoughts prevail with you while you are at such practices of discipleship is the criteria.

All discipleship practices are meant for elevating you from your critical and judgemental thoughts. As long as the thought plane does not qualitatively improve through the practices, you are only labouring without intent.

Practices, generally, tend to be a dead routine when the intent to improve the quality of thinking is absent. Aspirants are frequent victims of jealousy, suspicion, doubt, hatred, dislikes and the like. Measure your Yoga practices by the quality of thought you entertain.



Vidura

Wisdom Teachings

No man can grow wise
unless he serves an Initiate,
and studies Scriptures
under the tatter's guidance.

Shirdi Sai Sayings



The Boomerang

Do not indulge in criticism of others' faith and ways of worship and service. All worships and services reach Me and please Me. Criticism of any good work hurts Me. When it hurts Me, it hurts you, for I do not retain either good or bad. It returns to those who emit.

All that work of goodwill done with heart reaches Me undoubtedly.



Sri Ramakrishna

Teachers

The great logs of sound timber float down a stream bearing the weight of a man, a cow, or an elephant.

A steam-boat crosses a river itself and at the same time takes others with it.

Teachers are like the steamboat and the logs of sound timber. They not only themselves cross, but they also help others to cross the waters of life.

Lay Man's Prayer



We are upset;
we are upset because
we see upside down.
We see all upside down
and get further upset.
We wish to change everything around.
We wish to set up
the surroundings in an order.
We least realise
that all is in order
and that we only are upside down.
We Pray.
Please set up the upset ones.

Discipleship

Prayer of Guidance - 2

Striking evidence of God's hand can be seen in apparently accidental coincidence, happenings and circumstances. We are directed for more than we are aware of. Answers to prayers for guidance are often unnoticed, distorted, misinterpreted, or rejected because it was not what was expected. Fixed ideas and plans obstruct guidance; keep your mind open and flexible. Guidance can come from any direction, inner or outer, through a thought or a sign. Take note of any sign, large or small that encourages, warns or confirms. Such guidance may or may not be correct. If it is confirmed by one's intelligence and intuition, then let it be accepted. If such guidance is not followed it can lead to disaster.

A disciple

Occult Meditations

Meditation 24



*Have your friend in yourself, be a friend to others;
Depend upon yourself, be dependable to others.
Do not expect but demand what is due to Him from them.
Be a guard and guardian to the temple not for you, but for
Him.
Be a guard and a gardener for your body and mind,
not for you but for Him.*

Commentary:

The friend that never fails is verily in each one of us. It is wise to cultivate friendship with the friend in us. The friend in us is ever ready and never failing. He exists as pulsation in the heart of everyone and he is willing to guide you even up to the Truth. He is your life and your light. He is your very existence and awareness. Note that he continues to be with you, while in life, in death, in birth and in all states. He guards you even while you are at sleep. There can be no friend equal to him. Cultivate friendship with such a one. The joy of his friendliness enables you to be friendly with others. Lord Maitreya holds such a friend and hence he is friendly to the whole world.

Learn to depend upon yourself. This is yet another quality to be cultivated in discipleship. Depend upon yourself and be dependable to others. Depend upon the self, the higher self in you. Draw support from Him in you and be supportive to others. Self-dependency is the real strength. Only kids depend on others but adults do not. See the areas where you depend on others. Carefully learn to eliminate such dependency. The one who develops dependency on others suffers when such others are not available. Know that mastery is in self-dependency but not in gathering helpers without whom you cannot work. Many teachers fall into this trap of dependency when the students start helping them in their personal routine. They become imbecile.

To work is man's privilege. To expect is burdensome in life. Many times expectations result in disappointments. Until this secret of work is learned, man continues to be affected by the duality of the world.

Demanding what is due to Him can be done only by the Teacher who knows the indebtedness of the students to the Divine. In recent times, teachers like Shirdi Sai Baba made such demands continuously from the followers, not for himself but for the benefit of the followers. 'Non-expectation' is to be practised by the student and the Teacher would demand that which is due to God.

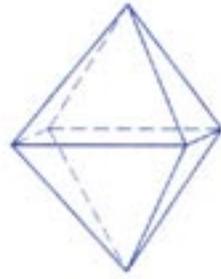
The guardians to the temple often become powerful and aggrandise themselves. Instead of guarding the temple, they own the temple. The temple stands for every good work. People in charge of the good work unwittingly fall into the trap of their own personality. The will to power enters into them and they become controllers. They fall down from the status of being a guard and a guardian to the good work. Around every Teacher, people gather to work. By working with the Teacher, they become important. They forget that the importance that they receive is not theirs. They relate to the work and the Teacher. They try to control the people, the work and even the Teacher. This is a very common phenomenon. By doing so, such followers fall. The fall can be very heavy and very deep. It can come as an incurable sickness, as an economic crisis or as a heavy opposition.

Guarding good work is not a privilege but a responsibility. Every student who works with a Teacher should be on guard relating to this trap, which is a very common trap. To be a guard and a guardian of a temple (good work) is a tremendous responsibility and such responsibility needs to be discharged with utmost care and humility.

Similar should be the attitude of the student towards his body and mind. He should be a guard and a gardener for his body and mind. He should know that the mind and the body are God-given and hence are Divine. He should use the body and the mind with utmost care. He should learn to nourish the body appropriately with food, drink, work and rest. He should also learn to nourish the mind appropriately with thoughts of the Divine and of goodwill.

The nourishment has to be like a gardener who takes every care of the garden, eliminates the weeds and nourishes the seeds. This is what the student neglects with respect to his body. The meditation therefore suggests to the meditator to be a gardener also.

Rudra



26. Drapa

Drapa means the killer of the diabolics. The Lord mercilessly destroys the diabolics when evoked. Among the diabolics, those who are blocking the Plan are only destroyed.



Ashram Leaves

Gemini

Meditate upon the Throat Centre. Try to link up, mentally, the air in the lungs with the air outside. Get hold of the thread of consciousness. Thereby, enter the inner chamber of the Temple. Practice the art of breathing, meditating upon the Self.

On Love

The Power of Love overpowers Power.



On Change

Entry is change
and
exit is change too!



On Silence

Silence is half-acceptance,
says the human law.





Hymns on Agni

**21. YASTVA DOSHAYA USHASI PRESAMSAD
PRIYAMVA TVA KRUNVATHE HAVISHMAAN
ASVONASVE DAMA AA EMYAVAN
TAMAM HASAHA PIPARO DASVANSVAM**

Meaning:

Oh Lord Agni! Some worship you during the dawn hours. Some others worship you during the dusk hours. Like the domesticated horse you move in their houses during the day & night and protect them from every misfortune.

Commentary:

The domesticated horse is the horse that lives within the house of the owner. The horse is an animal that does not sleep like other animals or human beings. It only rests but does not sleep. That is why for horses stables are built. Horse is an animal that is filled with life up to the brim. So alert and active is its life that is ever wakeful. The hymn here symbolically speaks of the life force within the human body. The human body is the dwelling place and the human is the indweller. The life in the body is active during the day and during the night. Even when the human experiences sleep the life continues to be at work. Life pulsations function day & night and the basis for such continuous pulsating activity in ones body is Agni. The Vedas call this aspect of Agni as fire of life, Pranaagni. Departure of life is considered misfortune. Because the indweller can no more dwell in the body and fulfil the purposes of incarnation. Failure to fulfil the life purpose is also a misfortune. Worshiping Pranaagni enables restoration of life. Hence this hymn.

Violet Flame Invocations



I am in the heart.
I am in the heart of earth.
I am in the heart of mountain and the rock.
I am in the heart of river and the stream.
I am in the heart of rain and the fields.
I am in the heart of men, animals and the plants.
I am in the heart of the flying birds.
I am in the heart of the elements.
I am in the heart of the elementals.

I am the pulsating Consciousness.
I am the sound AUM.
I AM THAT, THAT I AM.

I AM THAT I AM.
Count St. Germain

From the Teacher's Pen



Humans Learning through bitter Experience

The warring mentality is being healed from time to time from higher circles. At the same time the human freewill is never interfered with. Humanity has to learn from time to time when the guardians watch and overview. They help only if oriented. The humanity cannot be helped, when there is not adequate orientation. Those who orient are but few. Those who do not are many. Therefore the suffering as a whole.

Waiting does not irritate, if we walk into greater measure of life. When you plant a seed, it does not grow into a tree and give fruits. There is a time plan relating to it. You can only eliminate the impediments to the growth of the seed. The seed grows as per the time plan. As long as waiting irritates, so long there is a threshold that prevents entering into life. Tolerance, patience, forbearance are the other names for waiting. Individually, groupally, nationally and globally, man of goodwill need to pray, wait and do tuning to the Divine Plan.

Mahatmas always exist and try to help in this manner. Mortals do not understand and therefore their complaint against Mahatmas. The Humanity sometimes learns through bitter experience, before they land into the Synthesis of seeming opposites. Even today the situation is such.

Children's Section

The Doctrine of Ethics

**The poetry of the unimaginative,
the passions of the inhibitive,
the failing archery of the hunter
are wasteful vanities.**

Dear Children

Imagine the archer riding on a horseback pursuing noble goals. This is the symbol of Sagittarius, which is very inspiring. The horse is white like a cloud moving swiftly. The horse indicates an active body full of life and willing to cooperate. The man pursues noble targets, one after the other.

Aspiration is the fundamental fire that initiates progress. The fire of aspiration is represented by the bow and the arrow, which are set to hit the target. When men have noble aspirations in life adequate fire ignites in oneself and enables moving forward. When this aspiration is supported by an active and agile body it is easier to pursue noble goals.

Teenage is the best time in life to settle for certain noble aspirations. When it is so done the teenage vitality will not defuse into food, drink and entertainment. It gets focussed. The focussed vitality is like the horse set on the path pursuing a noble goal. It enables travel, and life would be one of achievements, not for one self but for the fellow beings.

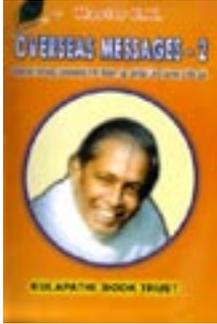
Sagittarius suggests setting on a noble pursuit. May you do so early in life.

K.Parvathi Kumar

(from the editorial of Dr. K. Kumar on the website: www.jugendforum-mithila.de)

Book Review

Overseas Messages 2



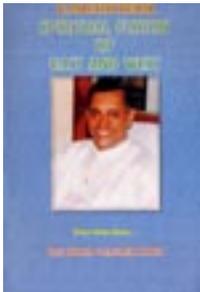
Dr. Ekkirala Krishnamacharya (Master E.K.) toured the European countries seven times during the period 1972 to 1983. He gave lectures at various places at the request of the groups. The 2nd volume of “Overseas Messages” contains a collection of seminar transcriptions from lectures given in Europe in the early 80ies.. Master E.K.’s teachings continue to inspire even years after his departure from the physical.

Content: Advanced Astrology, Discipleship in the Modern Age, Spiritual Life, Journey of the Soul (The Evolution of Consciousness).

Ekkirala Krishnamacharya: Overseas Messages 2

Copies: The World Teacher Trust, info@worldteachertrust.org

Spiritual Fusion of East and West



India’s spiritual and intellectual links with the Western world date back to ancient times and every age has produced seers and awakeners pursuing the path of spiritual fusion of the East and West. This is a collection of articles published in newspapers, based on interviews with Dr. K. Parvathi Kumar. The texts range from the message of the Vedas as propagated by M^{me} Blavatsky to the future of humankind. Among the subjects covered are Science of Time, West Approaches East, Man Know Thyself, Socialism Emerging etc.

K. Parvathi Kumar: Spiritual Fusion of East and West

Copies: The World Teacher Trust, info@worldteachertrust.org

Master Morya



Part 5

Thakurs and their Castles

The bitter experience of many centuries has taught them that their only salvation was in distrust and caution, without which their national history and their most sacred treasures would have been irrevocably lost. Political upheavals and Moslem invasions which have for so many centuries torn India and shaken that country to its very foundations, the all-destructive fanaticism of the Moslem vandals, and the Catholic padris, capable of any cunning scheme to secure manuscripts and destroy them – all these more than justify the Brâhmanas.

However, in spite of these destructions occurring through the centuries, there exist in many places in India vast libraries, access to which would shed a bright light not only on the ancient history of India itself, but also on the darkest problems of universal history. Some of these libraries, filled with priceless manuscripts, are in the possession of native princes and of the pagoda priests subservient to them, but the greater part is in the hands of the Jainas (the oldest sect) and of the Râjputâna Thâkurs, whose ancient hereditary castles are scattered all

over Râjasthân, like so many eagle's aeries on the summits of rocks. The existence of the celebrated collections at Jaisalmer and Pathâna are known to the Government, but they remain wholly beyond its reach. The manuscripts are written in an ancient and long forgotten language, intelligible only to the high priest and his initiated librarians. One thick folio is considered so sacred and inviolable that it is fastened to a heavy golden chain in the centre of the temple of Chintâmani in Jaisalmer (the capital of the Râjputâna desert), and is taken out to be dusted and rebound only at the advent of each new pontiff. This is the work of Somaditya Saurâchârya, a great high priest, well-known in history, who lived prior to the Moslem invasion. P 75 - 76

(The Thâkurs occupy in India a position similar to that held by European feudal barons of the middle ages. Nominally they are dependent on their native ruling princes or on the British Government; but de facto they are entirely independent. Their castles are built on inaccessible rocks, and in addition to the obvious difficulty of reaching them other than in single file, they claim another advantage, namely, that of being interconnected by underground passages, the secret of which is inherited from father to son. We have visited two such underground halls, one of which was big enough to contain a whole village. Only yogins and initiated adepts (apart from their owners) are allowed free access to them. It is well known that no torture would ever induce any of them to reveal the secret, especially when one bears in mind the fact that they daily inflict torture upon themselves.)

Dates of the next Travels 2008

Dates

November 21st - 24th

December 7th - 9th

December 25th - 26th

December 27th - 29th

January 8th - 24th

Program

Guru Poojas at Bellary, Karnataka State

Guru Poojas at Srikakulam

Guru Poojas at Ananthapur

Guru Poojas at Bangalore

Guru Pooja and Seminar for Westerners at
Visakhapatnam

During these dates you won't be able contact Dr. K.P. Kumar.

You find the updates on: www.worldteachertrust.org/vaisakh15_e.htm

Window to World Service News & Activities

(Inputs welcome)

Group Reports

Name of the group: WTT Vilanova i la Geltrú "Ashram"

Contact: Carmen Castro

Address: : C/ Sant Magí nº 14, 08800 Vilanova i la Geltrú

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Activities:

- We meet to meditate on Tuesday, Thursdays and Fridays at 6am. On Thursdays we do healing practice of master C.V.V. after meditation.
- Group of study once a month on Saturday afternoon, 'The path of yoga'
- We participate in different courses of personal growing and health, like:
 - 'The science of Health' course given by Valentin Garcia, one Sunday per month.
 - 'Light and conscienceness' course.
 - 'Rebirthing' etc.
- We formed a group on the Gospels, we meet on Saturday morning.
- We give massage and different therapies for free on Thursday afternoon.
- Last group work we have developed: A 'Charitable Festival' last April 5th for helping our sister Julieta from Germany and 'Kinder aus Argentinien'

Name of the group: WTT-Group of Valencia, Centro Maitreya

Contact: Sabina de la Paz (Valencia)

Phone: ++34 +96 378 66 14

E-Mail: Sabinapaz50@msn.com

Activities:

- Sharing the wisdom teachings twice a week.
- Economic cooperation in humanitarian and social help, especially to the group Urusvati in Argentina.
- Promotion of the magazine "Paracelsus – Health & Healing".
- Lending the meeting place of the association to other groups.
- Selling of books from Ediciones Dhanishtha.

Extracts from the Teachings

SRI SUKTAM The Nature and the Characteristics of the World Mother, Part XIII

Dr. Sri K. Parvathi Kumar
Wengen Group Living, Switzerland, May 2002

Saha Ka Asmikâm Asmitaha
Saha – that One
Kâ – by what means
experiences his own existence.

That is why the worshipper by such expression pleases the Mother so very well. “O, Mother, without You, even the Father does not know that He is.” That is why the intelligent seekers always seek the Father through the Mother, and Jesus Christ was one of them in recent times. He was a Mother worshipper. He did not give out what practices he did. He gave out what he knew. He worshipped the Mother through his mother. He could find the contact to the World Mother through his mother. If you neglect your mother, the Mother is not pleased with you. This is a secret. If your mother is not favourable to you, it means, the nature is not favourable to you. You will have a lot of difficulties. In the case of Jesus the assistance and cooperation of the mother was so complete. For that you can seek the book on “Good Friday”.

Ramakrishna Paramahansa was one such Mother worshipper. *Master E.K.* through his mother he could worship *Gayatri* and have the experience and the benediction of *Gayatri*. It is the easier way. *Srî Vidya* is going through the Mother to the Father. Then the whole creation is her network. She takes you by the hand up to the Father and says: “This is a fit son, you may use him.” If the Mother recommends, the Father accepts. If the Mother does not, the Father cannot. There is such perfect understanding between them.

There are also people who reach the Father straight, but on the

way they have a lot of bruises, injuries, and turbulences. Somehow they reach, but by the time they reach, the whole body is bruised. This is *Brahma Vidya*. *Buddha's* enlightenment versus *Maitreya's* enlightenment. *Maitreya's* enlightenment is through the Mother. *Buddha's* enlightenment is direct to the Father. It is a very painful path. *Srî Vidya* is a beautiful path, every bit of the travel you enjoy. Not only you rejoice reaching the goal, but you rejoice every bit of the travel. It makes a lot of difference.

That is how the Mother worship came to be as the Path of Grace. The Mother has instant grace for the children. The Father has to consider. The child would rather prefer to go to the mother and seek what she wants than to go to the father. So, father is like the philosopher. He cannot understand the petty problems of the children. The mother understands. She understands the hunger, she understands the little desires, she is more obliging. That is why this path is chosen by those who are soft natured and grow strong bit by bit. The others are the warriors.

Vivekananda was a warrior. He was contemplating upon the nameless, formless, unspeakable God, and his Master experienced that God through the Mother very easily. Whatever the disciple accomplishes with great labour, the teacher accomplishes effortlessly. So, the student always said to his Master, "You are a Master, the way you can do, I can't do." Then the Master said, "It is not me, it is the Mother. You also follow the Path of the Mother. It becomes easy, but your head is strong. You don't want to. So, do it the hard way. The bull has to hit the wall, break its head, until it becomes soft." The encounters between *Ramakrishna* and *Vivekananda* are something really interesting and suggest many subtle things. In recent times they form a good example.

This is *Kâmsomitam*. Even He feels his existence, when you emerge, and you build a splendid abode for Him whose outermost boundary is of golden hue: *Hiranya Prâkârâm*. *Prâkârâ* is the boundary. So, She is the golden temple or a temple with outermost golden boundary. He is the deity inside, and She does all this, drawing power from Him. Without Him She is not. Without She He is, but He cannot feel He is. Such is the understanding relating to this term. So, you can't say, "Who is greater than whom?"

Âdrâm – The Mother is called *Âdrâm*. It is another profound term. It speaks of many things relating to the Mother. Essentially it is the cordiality aspect of the creation by which the systems are knit together or bound together. The interrelation of the beings on the planet and the interrelation of the planets as between them and their relation with the Sun, and then the sun system with the solar family related with other solar systems and groups of solar systems with the basis in the cosmos – all is held together by the cordiality principle of the Mother. It is called love. It is by love all is held together. That love is the prime quality of the Mother. Every quality that is narrated so far is a special by itself, and this is another special quality which represents the love of the Mother. It is the love of the Mother that keeps the systems, planetary, solar and cosmic, together. She is the synthesising principle. Whosoever carries it, carries the Mother with him, meaning: the Mother favours him. Those who are blessed by the Mother have this quality of synthesis. They can synthesise even the seeming opposites, because they can see the opposites as complementary. They can dissolve conflicts, because their approach is one of love.

This love you can also see with the mother in a family. She is the one who keeps the family together. She ensures that the children are together, and she ensures that the family as a unit is held together. It is the love of the mother that keeps the family together. She is therefore called the backbone of the family. That quality of the Mother is the cementing force in creation that binds things together.

Âdrâm also means viscose material, viscosity. You find that viscosity in blood. It keeps many things together, and it is through this viscosity and cordiality the Mother keeps the system intact.

Âdrâm also means the blood stream which is the vehicle for life. The Mother transmits life and holds all together through the viscosity of life, and love is the basis for the entire existence of the universe. Hence love succeeds all, synthesises all. The blood stream and love, they are intertwined, because the blood stream carries the love or the cordiality. It is a magnetic impact that holds various things together. So, blood is seen as the manifestation of *Âdrâm* in us. Love is the subtle aspect of *Âdrâm*. Emotional love is an inferior aspect of *Âdrâm*. Love inferior is emotion. It is another way of holding together. Emotional love is possessive. Pure

love is not possessive and yet holds together. The mother lets the children free out of love, and an emotional mother holds the children totally to her and does not allow them to grow to their fullest extent. The love of the mother is the love that enables complete expression.

Âdrâm stands not only for viscosity, but also for the magnetic impact. There are persons who are magnetic. They don't attract people, but people get attracted to them. There is the inferior magnetism which is called hypnotism. It is animal magnetism. Through hypnotisation people hold others as their captives.

The love that is spoken here is love with free will. It is a love that comforts. It is a love that allows enough space for people. Emotional love surrounds you so much, and you feel that someone is squeezing you by the neck. There are mothers who lose their children by their emotional love. When you possess, they wish to run away. There are spouses who hold their partners with emotion. Emotional love causes imprisonment. No one would like to be imprisoned. Essentially the souls are freedom lovers. All our effort is to be free, and we are trying to learn the know-how to be free. You would not like to be possessed by others, and so much you should not possess others. Possessive people do not know how discomforting it is, when they possess. So, the Mother teaches the right cordiality, the right magnetism.

Paracelsus is one initiate who draws very clear distinction between animal magnetism and divine magnetism. The Masters of wisdom hold divine magnetism. It flows from them. They allow as much freedom as every soul seeks. They are not possessive, they do not control, and yet they are willing to help, only when help is sought. Otherwise they respect others' freedom and free will and do not interfere to help, unless sought. It is superior love. Many times they say, "We cannot help you, though we wish to help, because at the right moment you don't seek the help, and we cannot interfere into your system, unless you seek."

cont.

This text is not proofread by the author and might have some mistakes.



Vishnu Purana Introduction

This is a translation of the Vishnu Purana done by the Master E.K. Vishnu Purana is the grandest of the Puranas, which was dictated by Parasara, the then World Teacher, to Lord Maitreya for 50 years at the Eastern entrance of the Sravasthi (Sagatse) Cave Temple under a Ficus Tree. It is this Purana, which is detailed into 17 other Puranas by Vedavyasa. Master E.K. embarked upon a lucid translation of the Purana. To the extent it was translated, it is being given in the Newsletter. It is but a very small part of the whole, but is already considered immensely useful for the students of discipleship.

Introduction

The Puranic literature covers the major portion of the ancient wisdom of India. The main object of the Puranas is to render the proper import of the Vedas in the form of the description of some historical events symbolised and allegorised to suit the need of explaining the various truths of the Veda. Veda forms the centre of the circumference of the basic human consciousness and it is better understood through the Puranas. The Vedic literature is itself so extensive and compact that it requires a specialist to comprehend and provide the import to others. To an ordinary reader, it appears quite like a bush of valuable, yet unapproachable truths. Here the Puranas come to our rescue. In lucid language they give out the import of the whole Vedic literature. They narrate, describe, explain, exemplify, symbolise and divulge the Vedic literature in an engagingly magnificent manner. They are to the reader like the surface of the still waters of a deep lake in the bosom of which we can gauge the mysteries of the paramount heights of the Vedic skies, reflected.

The Puranic author finds the gateway between the cosmic and the mundane worlds. According to him, the behaviour of the whole cluster of the universes is cyclic and these cycles render a formula. To him the history is a materialisation of the cyclic mysteries of the universe. The author imbeds this formula in

a historical incident. A detailed description of the seasons, necessarily imbeds the formula of the year in it. So also the detailed version of a Purana imbeds the cosmic wisdom enough to reveal the Puranic formula. This formula is quite helpful for us to approach the Vedic import with ease.

The very composition of a Purana means an epic. Any Purana is composed according to the given formula which imbeds five essential features:

1. The unfolding of a cosmos into an egg of various universes with all the details of the evolution of the solar systems and planets thereof. This aspect is called "SARGA".
2. The stages of creation in its secondary stages called "PRATISARGA".
3. The order of evolution of the creative intelligences descending upon this earth, which is called "VAMSA".
4. The nodes and demarcation of time during the process of creation which is called "MANVANTARA".
5. The dynasties of the divine intelligences descending as ruling forces from the solar and lunar centres. This is called "RAJAVAMSANUCHARITA".

The plan contains a microscopic as well as a bird's eye view of the whole expanse of one creation from its emanation to its merging.

A few Words about the Authors of the Puranas

Parasara, the son of Sakti, is the first author, who compiled the Vishnu Purana. He is the grandson of Vasistha. Before him the Veda was in its hay day; when the Puranic keys were used orally by the Gurus to divulge the secrets of the Veda. Parasara could foresee the Kali age in which the human beings have their comprehension blurred by mere intelligence and lose synthesising power in the light of the analytical faculty. Hence he could find the necessity of imbedding the puranic keys from the oral tradition in the form of written books. He was well versed in the Vedic lore and was a pastmaster of the eighteen cosmic formulae which he edited in the form of the Vishnu Purana. His son Veda Vyasa developed the remaining seventeen formulae into separate books elaborately. Then he also composed the grand Itihasa, the Mahabharata, the scope and the field of which is dazzling to the human comprehension. This book contains the synthesis of the eighteen Puranas in its eighteen books. It also contains the Bhagavadgita of eighteen chapters, which covers the total import in the grand synthesis which is known as Yoga. In the end, Veda Vyasa found his work too intellectual and involved to be carefully followed. He felt a sense of dissatisfaction with what he had contributed to posterity. In a nutshell, he composed the aphorisms of Brahma, but again, he found them too stiff and concise to be easily followed. Then he received a new inspiration from Narada and composed the grand and final book on the Vedas with a particular stress on the Sama Veda. It is the Bhagavata Purana.



Paracelsus Health and Healing

Sickness – The Doorway to Health

Sickness many times leads to better health and even longevity. This looks to be a fallacy, but it is true. For example when man finds himself slightly diabetic he takes to better routine, with choicest food, exercise etc. What is not possible in healthy condition sometimes becomes possible when there is ill-health. The fear of ill-health would many times work out to be attentive in matters of health habits. Until man really evolves he would not be self-responsible in matters of health. Majority of mankind still remains in infancy or adolescence. They are yet to be self-responsible. *People that are mature are conscious of the consequences of their actions.* Such people implicitly take to daily exercise, right food, right action, right thought and adequate sleep. The ones who do not take to this discipline are disciplined by nature by throwing signals of danger in matter of health.

Diabetes, cardiac problems, hypertension drive patients to right discipline. When the related discipline is implemented they live longer than many. They take to a new rhythm and place themselves in a new life pattern. *The patients who know their sickness most and who take to the right discipline are the ones that live the longest.*

Regular and brisk physical activity which is frequently emphasized is the greatest causality of a healthy life amidst the humans. In all sick people one generally finds aversion to physical activity. Out of fear the ones that fall into sickness, get into exercise at doctor's advice and take to a healthy life style. That is how most of the sick who take to the discipline inevitably fall into the slot of healthy life style. They live long by adopting to the healthy rhythm.

Likewise people susceptible to heart disease, blood pressure etc. who notice their sickness in the early stages maintain better health due to the early advise they receive to prevent sickness. This is because they respond

out of concern to the meaningfulness of right food, right exercise, relaxed attitude to work and good sleep.

Even the most educated in the society are very poor in their attitude to health until they are hit hard, but sometimes it could be too late. The rich are as poor in their knowledge as the uneducated, considering the oily foods, the sweets, the ice creams and other high calorie food they eat.

Education relating to the life style is a much more valuable service to health than treating the sickness. There has to be as much education of health as medication at the least.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

With a subscription you support this important work (€ 70 / year)

Wanted ! Collaborators for Paracelsus Health & Healing Layout and Translation

Our Paracelsus Team needs support!

The „Paracelsus - Health and Healing“ magazine is organised by a group within the World Teacher Trust. We are looking for helpers for the layout of the German and Spanish edition. The work comprises the setup of the German or the Spanish issue on the base of the English original.

Prerequisites for joining the team are pleasure in the work and a Mac Intel-computer. The software for the entire CS3 (incl. Indesign, Photoshop, Adobe Illustrator) worth about 3.000 Swiss Francs is provided by the Paracelsus Center.

We also urgently need more translators (German – English, Spanish-English).

If you are interested or have further questions, please contact Anna Beutler anna.beutler@gmx.ch, phone 0041 (0)55 412 28 05

Best regard

For the Paracelsus Center

Sabine Mrosek

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Astrological Important Days in November / December 2008

21.11.	23:44	☉ in ♐ / Sun enters Sagittarius	
	♀	☉ in ♐ – Every morning: <i>Utilize the two hours before dawn for intense spiritual practice – particularly the first 13 degrees of Sun's transit</i>	
		☉ in ♐ – Every Thursday (27.11., 04.12., 11.12., 18.12.): <i>Healing prayers and healing work</i>	
22.11.	10:09	11 th phase of descending moon starts	☉ 00°26'♐ / ☽ 00°26'♌
	♋	<i>Contemplation upon Lord Nârâyana (End 10:57 on 23.11.)</i>	
26.11.	15:42	Phase of new moon starts	☉ 04°43'♐ / ☽ 22°43'♌
	♋	New moon point of Sagittarius: <i>Contemplation upon 'The Pledge'</i>	
27.11.	17:54	● New moon of Sagittarius	☉ 05°49'♐ / ☽ 05°49'♐
03.12.	18:27	23 rd constellation <i>Dhanishtha</i> starts	☽ 17°19'♌
	♋	21:00 Dhanishtha-Meditation (End of <i>Dhanishtha</i> -constellation at 20:38 on 04.12.)	
05.12.	10:02	● 8 th phase of ascending moon starts	☉ 13°36'♐ / ☽ 07°36'♋
	♀	(End 10:36 on 06.12.)	
08.12.	09:06	11 th phase of ascending moon starts	☉ 16°37'♐ / ☽ 16°37'♑
	♌	<i>Tag von Lord Nârâyana (End 07:06 on 09.12.)</i>	
11.12.	21:28	Phase of full moon starts	☉ 20°11'♐ / ☽ 08°11'♋
	♌	<i>Contemplation upon Lord Dattâtreyâ, the Lord of Yoga, and upon Master Kût Hûmi (Devâpi)</i>	
12.12.	17:37	○ Full moon of Sagittarius	☉ 21°02'♐ / ☽ 21°02'♋
18.12.	23:34	● 8 th phase of descending moon starts	☉ 27°23'♐ / ☽ 21°23'♌
	♌	(End 23:35 on 19.12.)	
21.12.	13:04	☉ → ♑ / Sun enters Capricorn	
	☉	Winter Solstice: Birthday of Jesus Christ	
		☉ in ♑ – Every morning: <i>Contemplation upon the brilliant-white 5-pointed star during the twilight hours</i>	
22.12.	01:39	11 th phase of descending moon starts	☉ 00°32'♑ / ☽ 00°32'♌
	♌	<i>For healing purposes (End 03:28 on 23.12.)</i>	
26.12.	10:43	Phase of new moon starts	☉ 05°00'♑ / ☽ 23°00'♐
	♀	New moon point of Capricorn: <i>Contemplation upon 'The Pledge'</i>	
27.12.	13:22	● New moon of Capricorn	☉ 06°08'♑ / ☽ 06°08'♑
29.12.		December Call Day	
31.12.	00:24	23 rd constellation <i>Dhanishtha</i> starts	☽ 17°19'♌
	♋	21:00 Dhanishtha-Meditation (End of <i>Dhanishtha</i> -constellation at 02:43 on 01.01.)	
04.01.	01:08	● 8 th phase of ascending moon starts	☉ 13°46'♑ / ☽ 07°46'♑
	☉	(End 00:32 on 05.01.)	

All times are in MET (middle european time).

From: »Astrological Calendar 2008/2009«;

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Great Invocation



Let us form the Circle of Good Will.

OMNIA VINCIT AMOS.

From the South through Love
which is pure.

From the West through Wisdom
which is true.

From the East through Will
which is noble.

From the North through Silence
which is golden.

May the Light make beautiful
our lives.

O Hierophant of our Rite

Let his love shine.

OMNIA VINCIT AMOS.

Let us form the Circle of the World
Servers.

We bow down in homage
and adoration

To the Glorious and Mighty Hierarchy,
The Inner Government of The World,
and to its Exquisite Jewel,
The Star of the Sea -
The World Mother.

From the point of Light
within the Mind of God
let Light stream forth
into the minds of men.
Let light descend on Earth.

From the point of Love
within the Heart of God
let love stream forth
into the hearts of men.
May the Lord return to Earth

From the centre where the
Will of God is known
let purpose guide the little wills of men,
the purpose, which the Masters
know and serve.

From the centre which we call
The race of men
Let the Plan of Love and Light
work out
And may it seal the door
where evil dwells.

From the Avatar of Synthesis
Who is around
let His energy pour down
in all kingdoms.
May He lift up the Earth to the
Kings of Beauty.

The Sons of Men are one
and I am one with them.
I seek to love, not hate.
I seek to serve and not exact
due service.
I seek to heal, not hurt.

Let pain bring due reward
of light and love.
Let the soul control the outer form
and life and all events,
and bring to light the love
which underlies the happenings
of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master D.K.