

VAISAKH NEWSLETTER



HAMSA SIVA SOHAM



Sagittarius 2018 Dhanus

Letter No. 8 / Cycle 32 -22nd November until 21st December 2018
The World Teacher Trust - Global

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The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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INVOCATION

May the Light in me be the light before me
May I learn to see it in all.

May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

PRAYER OF THE YEAR 2018 - 19

May we express Good Will in action.
May we unfold the power to manifest.
May we enter the world for the Lord.
May we stay united in all ways.



MESSAGE OF THE MONTH OF SAGITTARIUS

A rider on the white horse with bow and arrows in either hand is the inspiring symbol of Sagittarius. The white horse indicates a life dedicated to the path of light; the bow indicates attunement to the super-soul and the arrow indicates manifestation of goodwill in action. Sagittarius is the true symbol for an aspirant who intends walking the path of light or the path of discipleship. True aspiration lies in dedicating one's life to the path of light and love. It happens to the human being through evolution. The impulse to dedicate life for the path of light is seen as grace but not as self-will. Through time such impulse happens which is called grace. As one decided to walk the path of light he needs to reinforce himself with skills and abilities, virtues and rhythms; these can be gained through daily attunement to the divine which is within and around. To impart this technique of attuning to the divine a teacher appears in life; he is seen as Jupiter in Sagittarius. The teacher guides and the student follows the technique and slowly and gradually attunes to the divine within and around. With the will to walk the path of light the aspirant now gains further enforcement through attunement. This attunement is representative of the bow. Thereafter the man has to incessantly work to benefit the surroundings through acts of goodwill. Every arrow that he releases with the help of the bow should manifest some measure of light on earth.

The avatar of Kalki, it is prophesied, is the deliverer or the saviour in the age of Kali.

Idle worshippers crazily wait for the avatar but the truth is the avatar is around and is willing to work through every true aspirant. Every aspirant can be a means for Kalki to express upon the planet. Expecting good things should be replaced by working for them; by submitting oneself we manifest such good things. All the aspirants are expected to join forces to manifest acts of goodwill without personal motives, ambitions and aspirations. Such an impersonal work lifts the aspirant into the brotherhood of light, to perform increasingly qualitative deeds of goodwill.

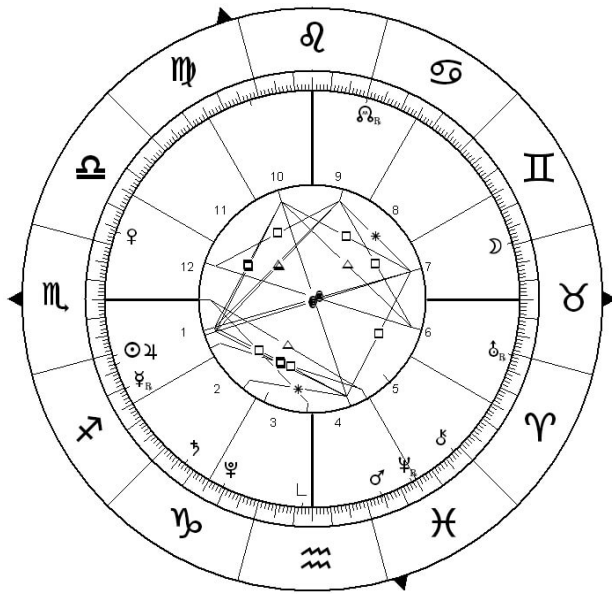
Sagittarius is the sign of rituals and the related mysteries. To gain access to these dimensions the aspirant is strongly recommended to rhythmic life. All ritualistic temples that function within the sacred mountain caves inaugurate their activity in the month of Sagittarius. True aspirants may even gain access to such temples. To rhythmic life the fundamental is to follow the rhythms of Moon and full moon, equinoxes and solstices.

The whole creation is worked out as a ritual with rhythms as the fundamental bricks. Let rhythms be adopted to gain the ritualistic energies.



MESSAGE OF THE TEACHER
AWAKEN THE LIGHT WITHIN

The dawn stands for the angels. Two hours before the dawn stands for Sagittarius, which is presided by Jupiter, the preceptor of the angels. Jupiter awakens the awareness in Muladhara, enabling the work of light for angels and also for humans who attune to the light during the pre-dawn hours. To recollect the teacher and to stand in light either in Muladhara or in Anahata, or in Ajna is the ancient-most practice to awaken the light within and to conduct acts of goodwill. The necessities of Sagittarius can only be experienced. They could not be explained by the Vedas in their completeness.



Sagittarius Full Moon, 23 Nov. 2018, 06:39 am CET (UTC + 1)



UTTERANCES OF LORD KRISHNA

The one that attains the state of Brahman is untouched by illusion.
 The one that attains the state of Brahman witnesses death as departure from body.
 The one that attains the state of Brahman is the stablest one.
 The one that attains the state of Brahman remains immortal and eternal.
 (2-72)

Know that the action is meant for cleansing.
 Ensure that your action is clean enough.
 Unclean action tends you to be unclean.
 Clean action tends you to be clean.
 (3-1)

Nature sets beings to action
 With a view to cleanse them.
 As cleaning happens, knowledge dawns.
 Painting does not shine forth if the canvas is un-cleaned.
 (3-2)



**LORD MAITREYA
MAITREYA COMMUNITY**

GRATEFULNESS

The Vedas extol Agni (Cosmic Fire) as the foremost of the Devas. The Lord Agni in its most tender expression is described as the lunar ray. The lunar ray causes fertilization, germination and growth. The lunar ray carries the magic of transforming the inorganic to organic. Magnetization is but the effect of the lunar ray which emerges from blissful states of Soma, whose principle is expressed through the planet Moon. As we relate to moonlight we relate to Soma who is Neptune to Neptune but not just to the satellite moon.

The Lord Agni just through lunar ray does such magical work. Imagine his other ways of work through various planets such as Jupiter, Venus, Mercury etc. Through the Sun the Lord of Fire transmits light and awareness.

The planet Earth ever receives varieties of energies through variety of planetary regents. The planet is daily nourished and fulfilled; just as the planet so also the beings of the planet are nourished and fulfilled by the energies surrounding the earth. To be grateful to those who are our benefactors is but the fundamental quality which humans have to imbibe. For aspirants gratefulness is mandatory. The Community is ever alert in matters of gratefulness.



**MASTER MORYA
- MARUVU MAHARSHI -**

RIGHT ORIENTATION

Every century has its Mahatmas. Their life and their teachings are meant to uplift the humans from mundanity. But the humans are so deeply stuck with matter that they cannot see the various dimensions of the teachings. Man resides in matter but is not of matter. He is the master who relates to matter with the help of mind. Master, mind, matter is the order of Hierarchy.

The Earth's matter is the densest of the planetary matters. Hence effort is needed to recollect oneself from mundanity. The matter in other planets is not as mundane and dense as that of the Earth. The seers who preside over the matter descend from time to time to help the mundane men, for they know that the men by themselves cannot overcome the conditioning of the matter. The seers also know that planetary existence is but a punishment for beings, and the beings would do well to repent and to retribute. Their work is to rectify themselves when men are sent to prison the message is to retribute and rectify. Looking for joy in prison is silly. Men on earth should overcome this childish dimension of tending towards joy. They would do well to retribute, to repent and to rectify themselves.

Seers are ever available to uplift those who look for upliftment with an attitude of repentance, retribution and rectification. Since man's mind entertains matter, matter binds man and cripples him as age advances. Incurable sicknesses discomfort the man and even while man intends to get out of the body the matter of the body does not permit. Death has become a nightmare on Earth.

It is therefore recommended to keep the body as supple, subtle and light as possible, as one tends towards that curve of life which is called old age. When right orientation is gained by man towards light and he adapts to a yoga discipline he sheds much matter and tends to be light. There is a specific preparation before departure which should be worked out at least for seven years for a conscious and comfortable departure.



**MASTER KOOT HOOMI
- DEVAPI MAHARSHI -**

SAMBALA - 7

Recollect Sambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

In Sambala, time is regarded as God. God is time and time is God. Even the scriptures speak of time as God. But in due course of time fire is seen as God substituting time. As time passed by the Sun is seen as God substituting the fire. Later came many symbols, names and forms of God which totally obscured the very original dimension of God.

Sambala accepts time only as God; it accepts not worships of any variety. According to Sambala comprehending time and functioning in tune with time is primary. Worshipping time is also seen as a deviation. Equinoxes and Solstices are to be comprehended and are to be attuned to; instead on such days if worships are done it is a distortion, according to Sambala. When you attune to the dimensions of time you realize the original state of your own being.

The full moons, the new moons, the various phases of Moon, the Sun's transit through sun signs are to be observed more for attunement than for other activity. *Tapas* is the other name of attunement. *Tapas* stands for deep contemplation, meditation and attunement. Such attunement enables to realize one's own being and also to realize the purpose for which one is on earth and further realize the potential of the given equipment (body), to fulfil such purpose.

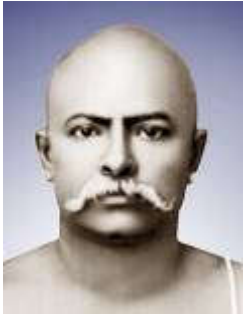
The king of Sambala, Manju Sree Keerti, passed an ordinance that attunement to time be the practice; action in such attunement be the way to fulfil. In dark ages subtly the humans deviated from the fundamental.



MESSAGE OF MASTER E.K.

THE FINAL GOAL

Attuning to the Voice of Silence to realize the self is the message of the bow and arrow, the symbol of Sagittarius. By fulfilling the goals man progresses. The final goal is self-realization, after which no further goals are required to be achieved. Aspirants are those who embark upon such goal.



MASTER CVV-YOGA
APHORISMS TO DISCIPLES 9

25. A yoga student should submit himself to the yoga process. For the process to progress regulations are imparted. One cannot neglect the regulations in the name of free will. Apply not free will in a wrong context.
26. Ensure that your life is as transparent as possible. It should be an open book. It should not contain clandestine deeds and secrets.
27. You should not be a cause of sorrow to the friends and associates around you. Learn to bear, forbear, be tolerant and be patient.



VIDURA
WISDOM TEACHINGS

The Initiate
absorbs through silence
the sinful talks and actions
of the wicked,
and thereby weakens the latter.

PRACTICAL WISDOM
It is better
To be a Physician, a Healer
Than to be a Philosopher.



SARASWATHI

SUKTAM 3 DEVAS AND ASURAS 2

There are people among us who are very covetous. They want to conquer and dominate. The soft one never oversteps or causes aggression. Instead of fighting, he connects to the Father who is the basis for the two. He tells the Father: “Father, look at my position”. He doesn’t even complain that the other is causing problems. He simply links up to the Father. Then, the Father has to come down to set the matters right. Therefore Avatars come to see that the aggressive ones are set to order. The Father does not annihilate the aggressive ones. There is no such word as annihilation in the dictionary of the Father, because both of them are his sons, and are asked to do different jobs. One does the given job, and the other tries to do what is not his.

We always like other’s job more than ours. If each one of us were to be asked: “How is your profession?” we would say: “I do not like it”. Other’s vocations are more interesting to us. What is given to us is what we have to do. If we do other things, we lose the right order. Thus, when the aggressor does something which is out of order, the Light from higher sources has to come to set things right. Lord Krishna teaches in The Bhagavad Gita to Arjuna: “Do your job. You are from the kingly class. It is your duty to protect the Law and fight the Lawless. It is your Dharma. Do not speak like a saint, whose duty is to pray and invoke. The saints are to pray and invoke. Kings or governments are to protect the Law and social order. The business class are to do business. Others are to work as employees”.

Today everything is out of order. Nothing behaves as it should because there is a complete transgression of the ordained duties. That is Kali Yuga. Today religions/priests are business like. Governments are also business like. Governments ruin business and industry. Education is business. Health and healing is business. Teaching and healing is business. Law-makers, law administrators are money minded. Everyone has a price! It is out and out a money-minded society. It is a third class society we are in. Let us accept it and see if we can transform it.

The very social order and ethical fabric is destroyed. In developed nations, drugs are sold at schools. Alcohol and sex are freely allowed in the name of freedom. Children have no direction. The family system is destroyed. The future, if we peep to look at, is bleak. This is due to absence of “Swa-Dharma”! The Bhagavad Gita

speaks of Swa-Dharma meaning, that one should know what is his ordained duty and implicitly conduct it.

Through the hymn we seek the help of the Word and its deity, Saraswathi. Let not the devas in us be deterred by the diabolics in us. Let not our good intentions be obstructed by thoughts, which prevent us from translating the intentions into actions.





SRI RAMAKRISHNA
SELF-KNOWLEDGE

Only two kinds of people can attain to Self-knowledge:
Those whose minds are not encumbered at all with learning, that is to say, not overcrowded with thoughts borrowed from others;
And those who, after studying all the scriptures and sciences, have come to realise that they know nothing.

PRACTICAL WISDOM

Healing the mind is superior
To healing the body.



ON SECRET DOCTRINE
PARENT STARS AND SISTER PLANETS

Every world has its parent stars and sister planets. Earth is the adopted child of Venus. But Earth's inhabitants are of their own kind. The inhabitants of Earth are sentient beings. There is no comparison between the beings of Venus to the beings of the Earth. Every planet breeds its own men, animals etc., and no one has any resemblance to its sister planet. Each planet carries its special progeny. Between all the beings of all the spheres, there is something common but something totally different. The spiritual essence is the same but the envelopes that are built around emerge from the planetary spheres.

The nucleoles are eternal and ever-lasting, while the surrounding nuclei are periodical and finite. Their periodicity and finiteness is akin to the quality of matter relating to the planet. The nucleoles form part of the absolute, while the nuclei carry the light of the spheres that they belong to. It is that light which condenses into forms, the nucleoles. Such condensed form is called Atma or Pratyagatma meaning separated entity or Jivatma. From trinity to the normal mundane beings all are Pratyagatmas in whom the absolute remains the same, but the gradation of light matter is different.

Thus there is but one Absolute Upadhi in the spiritual sense, form, on, around which, are built for Manvantaric purposes the countless basic centres on which proceed the universal, cyclic and individual evolutions during the active period.

The informing intelligences, which animate these various centres of Being, are referred to indiscriminately by men beyond the Great Range as the Manus, the Rishis, the Pitris, the Prajapati, and so on; and as Dhyani Buddhas, the Chohans, Melhas (fire gods), Bodhisattvas, and others, on this side. The truly ignorant call them gods; the learned profane, the one God; and the wise, the Initiates, honour in them only the Manvantaric manifestation of THAT which neither our Creators (the Dhyani Chohans) nor their creatures can ever discuss or know anything about. The Absolute is not to be defined, and no mortal or immortal has ever seen or comprehended it during the periods of Existence. The mutable cannot know the Immutable, nor can that which lives perceive Absolute Life.

Therefore, man cannot know higher beings than his own "progenitors." Nor shall he worship them, but he ought to learn how he came into the world.



SATURN

TIME Time Cycles 1

The elongation of time is an aspect of Saturn. We make many experiments before we reach the ultimate solution, this is also an aspect of Saturn. That is where the time sense works. There are certain things, which happen according to time. When we try before, they don't happen. Master E.K. always used to say, "Whenever an incurable disease is cured through me, it is not me, it is the time. At that point of time, when the disease is to be cured, you came to me. Even if you had come to me before that time, you may not have found the cure."

To the one who can really understand the working of time, life is a play. That time sense can only be understood when we have a proper understanding of Saturn. Obstacles are our own impressions of an external agency, which prevents us from what we regard as progress. Through that process man gains experience and learns to wait. He realises that his expectations are not according to how it is, but according to what he regards as how it should be. We always feel, "It should be like this," but it is otherwise! It is an aspect of time. We have to wait. "Learn to wait and wait to learn."

DISCIPLESHIP

THE QUALITIES OF SOUND MIND (From the Laws of Right Relationship)

PSYCHOLOGICAL PROBLEMS AND THEIR SOLUTIONS 2

The spiritual technique of dealing with psychological difficulties regards these conditions as the result of the personality not being controlled by the spiritual nature. The individual should take his attention away from his feelings, complexes, fixed ideas, and undesirable thoughts and focus it upon expressing the soul qualities of will, love and wisdom. The same attentiveness and potency of thought, directed to things spiritual, will free him from his self-induced miseries. An inner change for the better ever involves an alteration in direction, a change of method, and a different attitude toward life, circumstance, people or us.

Wrong psychological conditions are disastrous and dangerous if they are permitted to exist. They lead to unhappiness, conflict, failure and a vast number of problems, difficulties and absurd extremes. They gently complicate human living and destroy many spiritual values. Most psychological problems are of emotional origin, not mental. Emotion and thinking are so closely interrelated that it is not easy to separate them. The most common forms of psychological difficulty are hate, inferiority complex, suppression, frustration, sense of futility, fanaticism, obsession, homosexuality, fear, depression, glamour and illusion, faults and evil.

A disciple



THE TEACHER

48. PANCHA PANCHA HRISHEEKADEHA MANAS CHATUSHKA PARASPARAM Interrelates in a fourfold manner with the fivefold body

Pancha pancha hrisheekadeha -

The body is ruled by the principle of five. There are five organs of actions, five sense organs, five sensations, five pulsations and five elements. Thus, the body is composed of 5 X 5 principles. All these 25 principles are but 5 principles only in their detail. Their relationship is given in the table hereunder.

Fivefold Body (5 X 5 principles)

5 Elements	5 Sensations	5 Sense Organs	5 Organs of Action	5 Pulsations
Akasha (5th Ether)	Sound	Ears	Speech	Prana
Air (4th Ether)	Touch	Skin	Hands	Vyana
Fire (3rd Ether)	Sight	Eyes	Legs	Udana
Water (2nd Ether)	Taste	Tongue	Urinary Tract	Samana
Earth (1st Ether)	Smell	Nose	Anus	Apana

The body is thus a bunch of five and in each of the five there are again five sub-principles. These five constitute the five layers into which man descends. It is the presence of man that enables this body to animate, to move and to conduct the purpose of life. It is necessary that this anatomy of man, which constitutes the structural and functional part of the human body, is well understood.

manas chatushka - quadruplet including the mind

Quadruplet is three plus one. This three plus one relates to the fivefold body. The three are God in man, man in God and discriminative will. And the one is the mind. God in man is the Divinity in man. Man in God is the ego or separative consciousness. Discriminative will is buddhi.

The Quadruplet

1	God in Man	Vasudeva	Universal Soul	Existence
2	Man in God	Sankarshana	Soul	Awareness
3	Discriminative Will	Pradyumna	Buddhi	Thought
4	Mind	Aniruddha	Mind	Action

Parasparam - mutually cooperative

Man is but an image of God and exists in a fourfold manner. God exists in a fourfold manner. Since man is the image of God he, too, exists as fourfold. He steps down to relate to the surroundings as an individual entity. With the help of buddhi he interacts with the surroundings. For such interactions he steps down into the fivefold body to monitor it as the mind. The mind is the link to the fivefold body. Beyond the mind in the buddhic plane he is not conscious of the body of flesh and blood. In that plane he has only the body of light. As Pure Consciousness he is light without a body and as Pure Existence the entity of light is merged into totality. These are the four states of man. Without a mind one cannot relate to the world. The mind and the three preceding it function together with the body as their vehicle.

The body will not function by itself without the fourfold man in it. Man cannot function in the world without the body. They are mutually supportive. For this reason it is said parasparam. One supports the other.

All the above three function through the mind when one is a Teacher. For mundane man the mind and the ego function, buddhi functions off and on and the Divine is at rest.

The four are imperishable, the five are perishable. When one refers to man we should necessarily refer to the imperishable part which is eternal. The other perishable part is the vehicle of man. The man and the vehicle are so intertwined. The gullible therefore do not see the eternal and the transient parts that are intertwined. The composite constitution is referred by them as man.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.



KAPILA

THE APPROACH 5

7. Practice Yoga (the Eightfold-Yoga) daily with yama and niyama.

Yama includes:

1. Harmlessness
2. Truthfulness
3. Freedom from thieving instinct
4. Purity of sex relationship and
5. Lack of possessive instinct.

Niyama includes:

1. Contentment
2. Fiery Aspiration
3. Self-study of scriptures
4. Purity and
5. Surrender to I AM in all.

Accomplishment of these virtues enables mastery of senses and sense organs and thereby the mind.

8. Teaching those who seek, that which is understood and realised in daily practice.

9. Experience the presence of Lord in the virtues of others. The presence of virtue is the presence of the Lord only. It is his splendour - vibhuti. Do not meditate, recollect and lament upon others' vices. They stimulate the vices in you. Keep them as information for action but do not get affected by them.

Respect the virtuous. Pleased by such respect, the Lord within bestows harmony and poise. It also neutralises the pride in you. Cooperate with them. Lend support to their acts. Associate with them. This establishes poise in you.

10. These instructions when followed implicitly, the mind gets purified and establishes in goodwill.

ASHRAM LEAVES

3 x 7



The solar angel stabilizes the waters through the song of 'Jagat' (12 qualities). At the peak of utterance, He realises Himself, through the threefold utterance of the word of seven letters (3 x 7). He shines forth unfolding into creation.



*When the seed
disappears into
the soil, the
plant emerges.*

*Dissolve the seed
of ego, to let
the future tree
of fruits and
flowers.*

Master
K. Parvathi Kumar



Lord Dattatreya FALSE TEACHERS 2

Men with common sense, introspect, before they plunge into any action. It should be so even in relation to the Path to the subtle/supernatural world. Sat Guru creates the taste towards the Truth. Through his teachings, he inspires the pupils to follow the Law. He also encourages self-study, self-analysis, self-introspection and inaugurates the will for self-transformation. He gives the contemplative and meditational techniques to enable the pupil to dip into the super-conscious layers of him from the superficial layers of his mind. He does not encourage people to gather around him all the time. He would not also encourage them to publicise him and proclaim him as the great one. He remains simple and teaches simplicity to the followers, for Truth is simple. Aggrandisement of one's personality is foreign to the quality of the Sat Guru.

A guru that aggrandises himself gathers around him people of similar quality who aggrandise themselves in association with him. Just as the guru tries to accomplish his individual agenda, the followers too, try to accomplish and fulfil their individual objectives. Thus, the community around the one who is not a Sat Guru would be like a social club, people fulfilling their individual tasks through social contacts and related influence. Such false teachers cast a shadow on the true teachers, which is not seen as a sin by a Sat Guru, but as a protection. The light feels secure when hidden from the profane. The Sat Guru knows that all that popular activity around him is like the foam around the water, which does not last long. He therefore does not allow excessive foam and fog to gather around him. In the Age of Kali there are many who proclaim themselves as gurus and distort the most sacred tradition of Teacher-student. A Sat Guru is known by the path he emphasises, by the simplicity he demonstrates and the transformation that happens to the people around him.

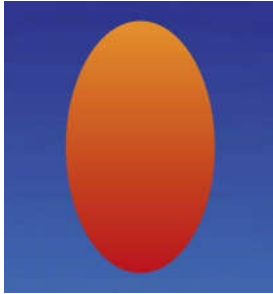


FIRE THE PRAYER 5

PÛSHAN EKARSHYE
YAMASÛRYA PRÂJÂPATYA VYÛHA RASMÎN
SAMÛHA TEJAHA.
YATTE RÛPAM KALYÂNATAMAM.
TATTE PASYÂMI YO
SAVASOW PURUSHAHA.
SOHAM ASMI.

"Oh! Solar God,
You are the son of Prajapathi.
You are lone ranger of the sky.
You are all nourishing and all regulating.
Please withdraw your rays and brilliance.
By your grace I would then be able to see
Your beautiful golden disc."

These (two) prayers are from the Upanishad Isavasya. Thus Fire ritual helps a disciple on the Path.



Rudra
THE LORD OF COSMIC WILL AND VIBRATION

Advent of Rudra (First Logos) 2

Rudra is the foremost of the Devas that are tangible entities emerging out of the intangible and the absolute God. He is the Lord that sprouts as the cosmic fire, as the first spur and leads the Devas for their manifestation. He permeates the three ethers beyond the five elements and brings forth the whole universe from the seeming nothingness. It is again He who withdraws the whole creation into naught. He is the passage between the negative zero to positive zero and again from positive zero to negative zero.

He emerges like a roar and is therefore called Rudra in the Veda. The Vedas chiefly classify the Devas into three categories.

- a. The *Adityas* - these are the twelve qualities of the twelve sun signs. These are Lords of Radiation. They are expressed through the rays of the sun globe during the twelve months of the year. The cause for their expression is Rudra.
- b. The *Rudras* - these are the Devas of Vibration that transmit force through the ethers. The transmission is through sound and light.
- c. The *Vasus* - these are the Devas of Materialization.

The *Adityas* are 12 in number. The *Rudras* are 11 in number and the *Vasus* are 8 in number. Thus they are 31 in all. With the left and right principles, they are 33. Thus 33 are the Devas that function in all the seven planes and hence the number is 330,000,000. The Vedas call them 33 crores of Devas.

11 is the number of Rudras. It is the number of the Master, and thrice 11 are 33 that bring forth the creation causing triangles with the Devas of Radiation and Materialisation.

The 11 Rudras and their consorts are:

No.	Rudras	Their Consorts (Nature of Rudra)	Meaning of Names of Consorts
1	Manyu	Dhi	Will
2	Manu	Vritti	Power of Behaviour

3	Mahakaal	Asana	Power of Combustion
4	Mahat	Uma	Pause (Static Power)
5	Siva (Sankara)	Niyut	Channelising Power
6	Rutadhvaj	Sarpis	Procreative Power
7	Uru	Ila	Limiting Power
8	Retobhav	Ambica	Conceptive Power
9	Kaal	Iravathi	Power of Intuition
10	Vamadev	Sudha	Power of Holding or Retention
11	Dhritavrat	Deeksha	Power of Continuity



GROUP PRAYERS

May our worship of Agni enable
radiance of Adityas,
vibration of Rudras,
manifestation of Vasus.
May we be inspired to live lives of Goodwill
fulfilling our plan within the Plan.

PRACTICAL WISDOM

Let us build a temple for God,
Not only outside, but also inside.
The former leads to religion,
The latter to fulfilment.

SANAT KUMARA SEE THE ONE CONSCIOUSNESS IN ALL



Sraddha enables one to see the One Consciousness in all. Consciousness exists in all that IS. It exists as salty nature in salt, as sweetish nature in sweet. It is the active intelligence in all things that we see. To be able to contact this in things and beings, one needs Sraddha. If one has Sraddha, he can remember himself as I AM throughout the day. He cannot be engulfed by his personality. He remembers himself as the soul and sees the soul in the other. Soul is the other name for the consciousness in form. Seeing that consciousness, enables you to be in contact with it and to transact with it. This is how you can transact in light. Transacting in light is the fundamental training that a Master intends to impart to his students. The students generally see the formations, the envelopes around that light of consciousness. They see sound, colour, form, name and many other things, but do not see the individual consciousness. To be able to see that, Sraddha is the key: to be, to be here and now. To see the Be-ness in others you need to be fully conscious and that cannot come by wishful thinking. It has to be practised. It has to be practised with much patience. Without patience you cannot pursue. Every day an effort can be made to see the light of consciousness in the surrounding forms. Verify how much you remember the light of consciousness in the transactions that you carry out during the day. Every day is a page in the book of your life. Each page should be well written, and every year is a chapter. Unless you have patience, you cannot practise Sraddha, and unless you gain Sraddha, you cannot transform as light.



FROM THE TEACHER'S PEN
QUESTIONS AND ANSWERS
THE RIGHT UNDERSTANDING
OF EDUCATION 2

Question: Dear Master, will you please give the right understanding of education as it is intended by Manu Vaivasvata and by the Hierarchy of Masters?

Answer: Newer techniques and methods must be developed to hasten the process of integrating the whole man. Firstly, the competitive spirit should be eliminated and cooperative consciousness should be introduced. No doubt individual attainments find their impediments in competition but there should be a different way of bringing out the best out of the child. Secondly, a sense of responsibility shall have to be inculcated more than the sense of fear for attainment.

Thirdly, an atmosphere of patience should be created; in such an atmosphere the child can learn the first rudiments of responsibility. The children that are born out are of high grade intelligence, they should be taught to shoulder small responsibilities and duties which will call for much patience. Impatience shall have to be noticed by the teacher and corrective measures be introduced so that the child grows with patience. As much patience settles in the child so much restlessness is expelled from the child's responsibilities.

Another dimension is to create an atmosphere of understanding; authority should be replaced with understanding. The teachers and patients should explain to the child the reason for the activities. They should also be told of the future demands of the society upon them. An enquiring spirit should be encouraged and should not be snubbed by authority.

An atmosphere of punctuality should be created so that the children learn the importance of time and gain the ability to employ time correctly and usefully. Lastly and finally an atmosphere of love should prevail in the schools, kindergartens and colleges where the child feels that he/she is cared for and that they are not punished for petty wrongdoings and other little things which can be ignored.

There is much information given by Master Djwhal Khul through Alice A. Bailey for use in the book 'Education in the New Age'. Please refer to it.

CHILDREN'S SECTION
ON SERVICE

May the Server learn
to see the One in three and
the three in the One.

PANCHATANTRA STORIES
23. THE HORSE AND THE TIGER

Long ago, there was a farmer who had an old horse with him. As the horse had become old, the farmer told the horse to leave his house and live in some forest. The horse became very sad. He said to his master, "Master, I'm your old servant. I have served you all my life. I have always been faithful to you and there has been no slackness on my part in carrying out my duties. So long as I was physically strong, you had all your affections for me but as soon as you realized that I have become physically infirm and I no longer have that vigour and vitality in me, you asked me to leave your house and go and live in some forest. Is this a reward to the services rendered by me with all my honesty and faithfulness?"

The farmer was at a loss of words. He had no logical answer.

"All right," the farmer said to the horse. "You can stay in my house provided you bring me a tiger. I want a tiger's skin."

So the worried horse set out for the forest. There he met a fox. The fox took pity on the horse and enquired from him the reason of his sadness. The horse narrated the whole story.

The fox being good natured offered to help the horse. He said to the horse, "You lie down here on the ground as if you were dead."

The horse followed the advice of the fox and lay there on the ground as if he were dead.

Then the fox met the tiger and said, "Your Majesty, there is a dead horse lying in an open field. It is better you come and see for yourself."

When the fox and the tiger reached the spot, where the horse was lying pretending to be dead, the fox said, "Let us pull this horse and put it behind the bushes so that we could have a peaceful meal. What I'll do is that I'll tie your tail to the tail of the horse."

"Yes, I agree with you," said the tiger.

So the fox, instead of tying the tiger's tail to that of the horse, tied the horse's tail with the leg of the tiger. Then he asked the horse to get up and run fast.

The horse at once got up and started running as fast as he could.

All this happened so suddenly that the tiger didn't get a chance to balance himself. The horse was running so fast that he was literally being dragged like a dead animal. His body slammed against big rocks so many times and was caught by thorny bushes in the way. He was getting injuries after injuries and was bleeding profusely.

The tiger began to cry and threaten, but the horse didn't stop. At last, the tiger couldn't take any more of it and succumbed to injuries.

The horse stopped at his master's house with the dead tiger tied to its tail. The farmer was very happy to see the dead tiger. He permitted the horse to stay at his house as long as he wished.

The wise indeed say:

"Mind is mightier than body."

STORIES FOR YOUNG PEOPLE

8. PREPARE YOURSELF

A sage named Vishnu Maharaj lived in deep silence in the Himalayas. A student addressed him: "I want to know something about the Upanishads." The sage answered: "Bow down first. You are asking about subtle truth with a swollen ego. How can you possibly learn?" The student did not like to bow down before anyone - so he left.

But nevertheless he was eager to know. He inquired about his doubts, but always he was told: "Go to Vishnu Maharaj. No one else can answer you." The student was afraid because he knew, his problem was his ego. He told to himself: "Bow down and then your question will be answered." But his ego refused and he searched for anyone else to answer his questions. But everyone told him the same: "Go to Vishnu Maharaj."

The student approached the cave where the sage lived. He watched the living of the sage but feared the confrontation with him. So he left the place and went back. This play continued. One day the sage addressed him: "Come, sit down. Are you hungry? Do you want to eat with me?" He offered food and drink to the student and then said: "Now you should go. I have no more time to spend with you today." The student protested: "Food and drink I can get elsewhere. I have some questions, sir. I want spiritual food." The Master answered: "You are not prepared. You want to examine me. I can reply your answers or not. You don't want to learn. When you are prepared, come to me and I will answer you."

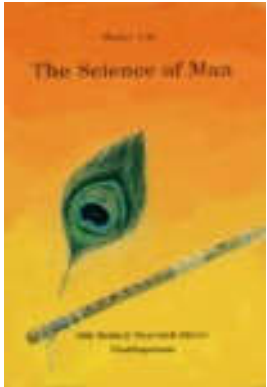
The student became very humble. He prepared himself the whole night before addressing the Master again and his questions were resolved. He understood that questions are resolved by humility itself. It allows man to rise above argumentation and makes intuition flow uninterruptedly to solve his questions.

Told by Swami Rama: "Living with the Himalayan Masters". 1978. Pennsylvania.

Compiled and quoted by B.K.

BOOK REVIEW

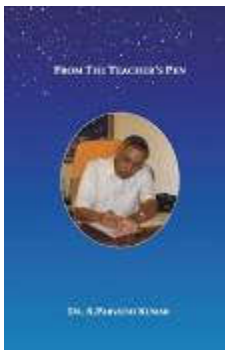
THE SCIENCE OF MAN



The need for practice of Spiritual Science by man is immanent, in the context of the upsurge of Material Science. Man should find the technique to be fit to experience that which is revealed by Nature through Science. The technique is contained in the World Scriptures. The Science of Man is an effort to furnish this technique, practice of which enables man to unfold from within. It is the application of technique upon oneself that reveals the Self to oneself. "The Science Of Man" is another stream of Wisdom flowing through the consciousness of Master E.K.

Ekkirala Krishnamacharya: The Science of Man
Copies: The World Teacher Trust, info@worldteachertrust.org

FROM THE TEACHER'S PEN



Contemplations and meditations are not possible until the fundamental step is achieved. Aligning the mental thought, the vocal speech and the physical action is the basic need of discipleship. Unless all the three are brought into alignment one cannot pass through one's own objective mind. For the three to get aligned conscious efforts have to be made.

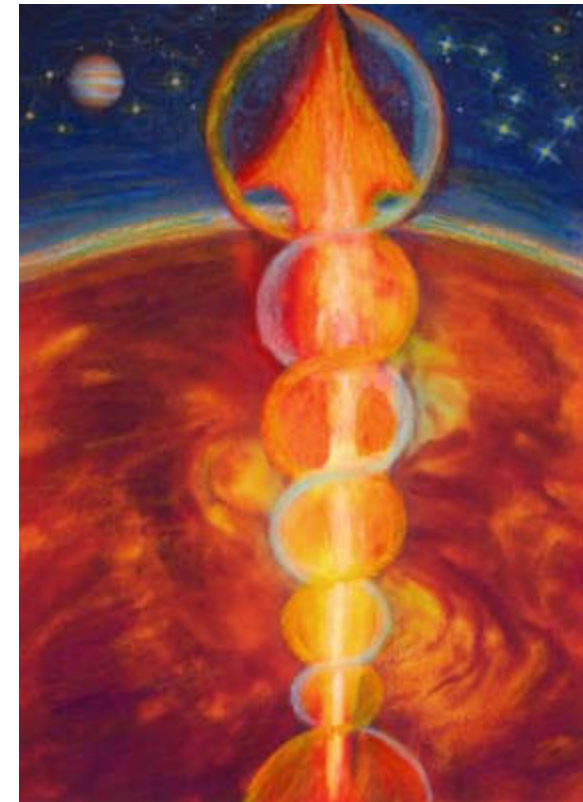
The book "From the Teacher's pen" by Dr. K. Parvathi Kumar gives in 88 sections answers to questions about a variety of issues that are connected to discipleship as a way of life.

K. Parvathi Kumar: From the Teacher's pen
PDF: http://worldteachertrust.org/_media/pdf/en/from_the_teachers_pen.pdf
Info: The World Teacher Trust, info@worldteachertrust.org

Picture to the Month of Sagittarius: Sagittarius - The Path of Return through the Sushumna

Sagittarius stands for shooting high. Noble goals can be set up and be reached with the energy of Sagittarius. Limitations can be overcome to accomplish the state of liberation through the will of Sagittarius. Sagittarius is the shooter. Sagittarius is also the judge; hence the shooter fails not. Sagittarius stands for the Path of Return through Sushumna to reach the bliss of Pisces.

Dr. K. Parvathi Kumar, Vaisakh News Letter Sagittarius 1999





Agni

An Introduction into the Work of Cosmic Fire, 82

5. The Electric Fire

The One with the Three Eyes 2

The 1st Logos is said to carry three eyes. One eye is the activity of fire through matter, which develops the world from the subtle matter to the gross, and later develops the matter into the four kingdoms. When the matter is thus sufficiently developed, then the release of the 2nd Logos comes from the same source. So, one is the lunar function, the other is the solar function of the One Logos. That is why He is called 'Chandraka vaishva nara lochenaya' meaning 'The One who has the three eyes'. And the Three in One is called the First Logos. The One that functions through the Three. So, the 1st Logos is the centre of will that works out the Plan relating to the Cosmos.

And in this working out, we are in the 2nd systemic existence, where we experience the equilibrium of existence. And whenever certain major adjustments are needed, only then the 1st Logos descends. Otherwise, there is not much need for the 1st Logos to function in this systemic existence. He is the support for the system, and therefore exists in us in total sleep. The activity is that of the 2nd Logos or the Solar Fire, who is to be realised totally in the world. Till that time, the 1st Logos sleeps in us - and sleeps in the world, only giving the necessary support. The elaborate examples of Father, Mother and Child given yesterday, will make it familiar to us, how the 1st Logos functions. And because we are in the Aquarian Age, the functioning of the 1st Logos by descent was also explained yesterday.



WINDOW TO WORLD SERVICE

NEWS & ACTIVITIES

(Inputs welcome)

UNITED STATES OF AMERICA

Name of the group: The World Teacher Trust - United States of America / Pushyami

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Activities Part 2

General activity includes:

- Group gatherings on Full moon, Equinox, Solstice, May Call, December call and all such days of practice, with prescribed activity, as recommended by Master. Additionally, a monthly meeting cycle for meditation, study and planning activity is being followed.
- Group study and discussion sessions with books from Master EK and KPK as basis are done periodically. Also, additional activities like teaching of chanting of Vedic hymns to the interested children and adults by motivated individuals out of personal interest.
- Service activity is conducted on special occasions like Good-will day and also periodically as need and opportunity arises. The group members visit various local homeless shelters physically to cook & serve food. Sponsoring of food for homeless people locally and for service activities in India are done on a regular basis.

Additionally:

A web based service "Master's Call" is being run from *Fremont, California*. This includes various activities like:

- Collection and hosting the media archives of WTT. Internet based streaming and download access to audio and video registrations via computers and mobile devices (including Android & iOS). Also live webcast of WTT events and Master's discourses has been enabled.
- Archives are hosted at <http://masters-call.net> and live broadcast is presently done using services from WIZIQ and YouTube. For additional information please contact admin@masters-call.net.
- Annual CD collections are sourced out of this service and are distributed in various WTT seminars and gatherings across the world.

Books of M. KPK and M. EK's are presently being listed and distributed via Amazon.com, an on-line bookstore. They are shipped from *Fremont, California*. Other electronic versions (including Kindle) of these books are made available as well. With Master's blessings and direction, the group has formed a registered Non Profit Organization "*Merry Life Society*" (501(c)(3)) to enable and help organize local group events and service activity.

The group conducted their 10th Annual Group Living at *Bodega Bay, California* during Summer solstice (June 23rd-25th, 2017).

In *Corvallis, Oregon*, a member has created the mail list for WTT-USA members in an effort to keep all informed and to eliminate duplicate correspondence. A small group gathers for the New Moon and Full Moon meditations

In *Denver, Colorado*, a WTT brother is continuing with the activities of regular prayer, special ritual performances and frequent listening to Master KPK's discourses with the alliance and support from WTT Rajahmundry. Many discourses that are in Telugu are being written down and put in the WTT Bangalore's library.

In *New York*, members work with transcriptions of Master's lectures; translations from Telugu; proof-reading Paracelsus magazine articles; as well as WTT website pages.

The Science of Man

Dr K. Parvathi Kumar

First Young Group Life Teaching, Part 68

August 2001, Visakh

The Science of Spirituality 1

It helps man regardless to what faith he belongs. In fact, the source of these faiths, like Christ, Buddha, they are not people who followed a faith. Faith was formed after them, in their name. Buddha did not found Buddhism. Christ did not found an organization called Christianity. It is all arising out of an emotional understanding of a highly accomplished man. Buddha is accomplished completely, Christ is accomplished completely, likewise every Master whom we respect. They are the accomplished ones. They worked with themselves. They knew themselves - "Man know Thyself." So, when they have known, they have performed greater acts, and they have demonstrated the science. The emotional and gullible people, they make a God out of them. But those accomplished beings, they never said, "We are God", they said, "We have known God and we have found ourselves to be an expression of God." That's what Christ said. When people asked him, "Are you the Son of God?", he said, "Yes, but you, too."

Everyone is a Son of God. Some have known, some are yet to know. They come to give the science, but emotional followers make it a religion. In India, there was no religion, only the way of life.

They found thousand ways of reaching the Truth and expressed that these are the way. Every way which enables you to reach God, ultimately culminates in meditation where you contact the Higher Self in you which is Divinity. Then you realize that the Divinity is not only in you, but is everywhere. It is all pervading and is within and around everything that we see. That is what an accomplished person links up with.

Christ called it 'the Father', Buddha called it 'the Dharma'. The thousands of Indian seers called it as IT or THAT. Moses called it 'the Law'. If you name it, you get away from it, you are more occupied with the name than with the substance. Between the Germans, the Belgians and the Spanish, the substance is the same. But the moment we know that this is a German, your ideas about the German preoccupies you more than the German itself.

This text is not proofread by the author and might have some mistakes.



VISHNU PURANA CHAPTER XXIV

The Spheres of the Earth 3

Subsequently these units govern the componental parts of the day, the month and the year, up to aeons of time.

- In individuals they govern the biological rhythm which manifests as heartbeat and respiration.
- In the fauna and flora on this Earth, they preside over the harmony of colour and the sonorous nature of the chirping sounds of the birds and beasts.
- In the human beings they govern the musical sense and make him discover the science of music and enjoy the art of music.

Soma the Gandharva in the Vedas is described as the grand musician who goes round the creation with his seven-stringed instrument, the septenary principle of creation. This creates the seven basic entities, the five Bhutas, mind and the ego. These components create an individual on this Earth in one of the biological forms.

Sumana is the individual mind which governs the programme of the individual existence.

Bhrajā means the light that breaks out. It means the sense of objectivity among individuals.

These seven nodal points are called hills of rain. They are very pleasant to realize and enjoy. The living beings live here amidst the Devas and Gandharvas. This means that the living beings are only units interpenetrated by the Deva Consciousness and the Gandharva sense of music. We, individuals, live as individuals only by virtue of the temporary formation of the ego centre. Within, above, around and beyond this ego centre we are nothing but bundles of Deva and Gandharva Consciousnesses, packed properly as individuals.

Among these nodal points there are living beings who live in the form of the memories of their good deeds. There are towns and villages among these memory patterns. It is only after a very long time that one dies here (because one has to die as a concept, not as a body). These abodes are either in the form of mastery or bondage (both as concepts) and one has to enjoy them continuously.



Soma



PARACELSUS HEALTH AND HEALING INHIBITION AND HEALING

Extract from: **Paracelsus - Health and Healing**
Website: www.paracelsus-center.ch

Dr. K. Parvathi Kumar

Healing involves rectifying inhibition, which would neutralise frustration. When frustrations are neutralised abnormalities disappear and normality is restored. Health is the other name for normality. It is time that health workers know man's inhibitions, which are social, traditional, and many times, more superstitious than scientific.

Life is not normally rounded out until all functions of its nature are exercised. Life expresses in man in a threefold manner. It conducts the nature in man, which is again threefold. One relates to the body, another relates to the mind, and a third one relates to the Soul, or the divine part in man. All need to be worked out and experienced. If not, there would be frustrations at any level. Any frustration has an impact on health. Body, mind and Soul need to get fulfilled, and each one should receive its due share. Then, health is natural.

Celibacy as a virtue is never imposed by any scientific religion, because celibacy demands abstaining from certain instincts and functions natural to the body consciousness. Where such natural instincts are avoided, unconsciously frustration builds up, leading to sickness.

There are some people for whom naturally celibacy becomes acceptable. This could be due to the fact that there was excessive sex activity in the previous incarnation. The Soul's journey through lives gives different experiences. Some are experienced in abundance and some others are not. Man comes back into incarnation to experience what remained unfulfilled. Hence, if there was adequate experiencing of one aspect of life he turns to the other. It does not mean that he would not turn back to the earlier experience. Until experiences at all the three levels are fulfilled forever, man comes back.

From this understanding it would be clear that natural celibacy is normal temperament, while imposed celibacy breeds sickness. Many religious ignorantly indoctrinate that celibacy is indicative of spiritual development. It need not necessarily be so.

Fasting, celibacy, abstaining from social activity is not really religious. It is ignorance taking to the glorious envelope of religion and spirituality.

Astrological Important Days in November/December 2018

22.11.	08:24	Phase of full moon starts	☉ 29°56' ♍ / ☽ 17°56' ♀
♋		<i>Contemplation upon Lord Dattâtreyâ, the Lord of Yoga, and upon Master Kût Hûmi (Devâpi)</i>	
	10:01	☉ → ♈ / Sun enters Sagittarius	
		☉ in ♈ – Every morning: <i>Utilize the two hours before dawn for intense spiritual practice – particularly the first 13 degrees of Sun's transit</i>	
		☉ in ♈ – Every Thursday (22.11., 29.11., 06.12., 13.12., 20.12.): <i>Healing prayers and healing work</i>	
23.11.	06:39	☉ Full moon of Sagittarius	☉ 00°52' ♈ / ☽ 00°52' ♀
29.11.	14:16	☾ 8 th phase of descending moon starts	☉ 07°16' ♈ / ☽ 01°16' ♀
♋		(End 30.11. at 12:25)	
02.12.	09:30	11 th phase of descending moon starts	☉ 10°06' ♈ / ☽ 10°06' ♀
☉		<i>Contemplation upon Lord Nârâyana</i> (End 03.12. at 08:30)	
05.12.		Departure of Śrî Aurobindo from the physical (1950)	
06.12.	07:42	Phase of new moon starts	☉ 14°05' ♈ / ☽ 02°05' ♈
♋		New moon point of Sagittarius: Contemplation upon ,The Pledge'	
07.12.	08:20	☉ New moon of Sagittarius	☉ 15°07' ♈ / ☽ 15°07' ♈
10.12.	13:20	4 th phase of ascending moon starts	☉ 18°23' ♈ / ☽ 24°23' ♀
♌		<i>Contemplation upon Ganesha</i> (End 11.12. at 15:52)	
12.12.	12:07	23 rd constellation <i>Dhanishta</i> starts	☽ 17°27' ♀
♌	18:36	6 th phase of ascending moon starts	☉ 20°38' ♈ / ☽ 20°38' ♀
		<i>Contemplation upon Subrahmanya, the Kumâra</i> (End 13.12. at 21:19)	
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 13.12. at 15:15)	
13.12.		Departure of Śrî Nicholas Roerich from the physical (1947)	
14.12.	23:46	☉ 8 th phase of ascending moon starts	☉ 22°54' ♈ / ☽ 16°54' ♀
♀		(End 16.12. at 01:43)	
18.12.	03:27	11 th phase of ascending moon starts	☉ 26°06' ♈ / ☽ 26°06' ♀
♂		<i>Contemplation upon Lord Nârâyana</i> (End 19.12. at 03:05)	
20.12.	01:56	13 th phase of ascending moon starts	☉ 28°04' ♈ / ☽ 22°04' ♀
♋		<i>Contemplation upon Hanumân, an embodiment of Rudra</i> (End 21.12. at 00:05)	
21.12.	21:39	Phase of full moon starts	☉ 29°56' ♈ / ☽ 17°56' ♀
♀		<i>Contemplation upon the 8-petalled Heart Lotus</i>	
	23:22	☉ → ♏ / Sun enters Capricorn	
		Winter Solstice: Birthday of Jesus Christ	
		☉ in ♏ – Every morning: <i>Contemplation upon the brilliant-white 5-pointed star during the twilight hours</i>	

All times are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hours);
From: »Astrological Calendar 2018/2019«; www.worldteachertrust.org;
Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.

GREAT INVOCATION

Let us form the Circle of Good Will.

OMNIA VINCIT AMOS

From the South through Love
which is pure.

From the West through Wisdom
which is true.

From the East through Will
which is noble.

From the North through Silence
which is golden.

May the Light make beautiful
our lives.

O Hierophant of our Rite
Let his love shine.

OMNIA VINCIT AMOS

Let us form the Circle of the World Servers.

We bow down in homage
and adoration

To the Glorious and Mighty Hierarchy,
The Inner Government of The World,
and to its Exquisite Jewel,
The Star of the Sea -
The World Mother.

From the point of Light
within the Mind of God
let Light stream forth
into the minds of men.
Let light descend on Earth.

From the point of Love
within the Heart of God
let love stream forth
into the hearts of men.
May Christ return to Earth.

From the centre where the
Will of God is known
let purpose guide the little wills of men,
the purpose, which the Masters
know and serve.

From the centre which we call
The race of men

Let the Plan of Love and Light
work out

And may it seal the door
where evil dwells.

From the Avatar of Synthesis
Who is to come

let His energy pour down
in all kingdoms.

May He lift up the Earth to the
Kings of Beauty.

The Sons of Men are one
and I am one with them.

I seek to love, not hate.

I seek to serve and not exact
due service.

I seek to heal, not hurt.

Let pain bring due reward
of light and love.

Let the soul control the outer form
and life and all events,
and bring to light the love
which underlies the happenings
of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master D.K.

Prayer to Agni

Oh Lord Agni!

We pray that we may be lead
through the paths of righteousness (of Light),
for you know the lighted paths of the Universe.

Lead us, guide us and ensure that
all our Karma is burnt on the way
and that we tend to be the lighted beings
in the Eternal Kingdom of Light
to Serve in Joy!

(Isa Vasya)