

# Vaisakh News Letter



HAMSA SIVA SOHAM

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Sagittarius 2022 Dhanus

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The World Teacher Trust - Global



## Master K. Parvathi Kumar

7 November 1945 - 1 November 2022

Founder of the Vaisakh Newsletter, Taurus 1987  
President of the World Teacher Trust



Last photo: 31 October 2022

With profound gratitude for all you gave us



May the Light in me be the light before me  
May I learn to see it in all.

May the sound I utter reveal the light in me  
May I listen to it while others speak.

May the silence in and around me present itself,  
The silence which we break every moment,  
May it fill the darkness of noise we do  
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,  
Let realisation be my attainment,  
Let my purpose shape into the purpose of our earth,  
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.  
May we live in the awareness of the background.  
May we transact light in terms of joy.  
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

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### Prayer of the Year 2022-2023

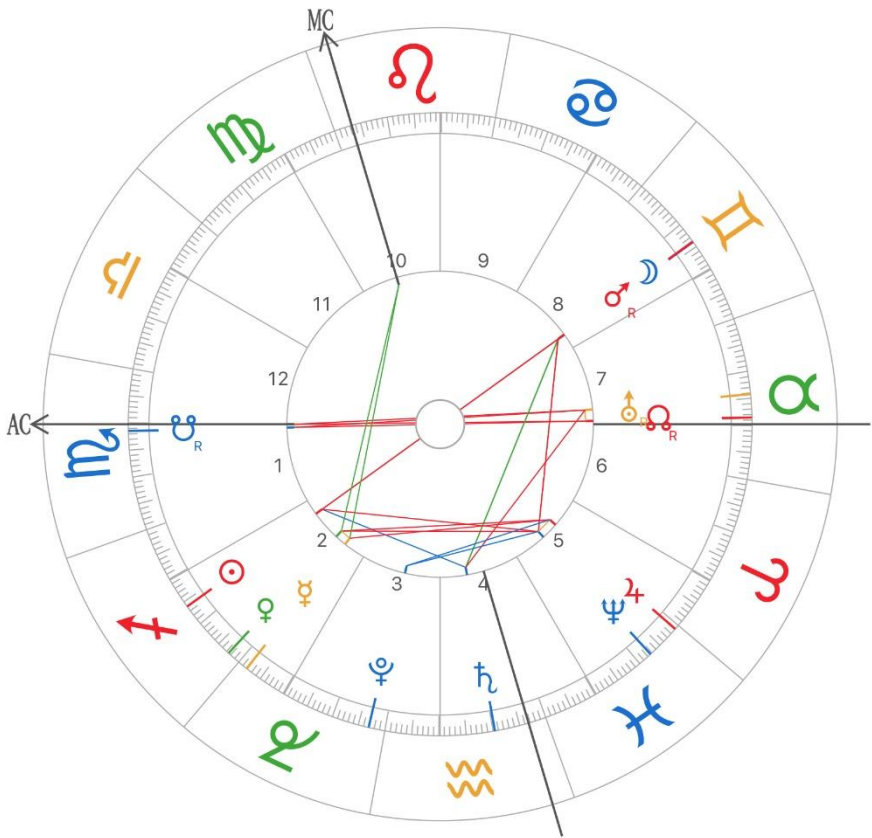
Justice prevails.

The ark sails.

Marked ends submerge.

The ark moves on with reset sail.

'Markandeya!' the Devas hail.



Full Moon of Sagittarius, 8 December 2022, 05:08 am CET (UTC + 1)

## Message of the month of Sagittarius f

### Sagittarius - a Beam of Directed Light

Each month, as the Sun enters one of the twelve zodiacal signs, a different light is distributed to Earth. Each light offers to humanity, different tasks (Labours of Hercules) for the evolution of Earth and her kingdoms, tasks that assist humanity through its path of incarnation. Each sign also describes the connection between the Soul and the personality. The light grows from Aries to Pisces, from a "dim point of light within the circle of life in pursuit of where it can be 'used' for divine expression" (Aries) to "a saving light that lights the world" (Pisces). In Pisces, the light "reveals the light of life itself and ends forever, the darkness of matter."

Thus, each month, there is a further dimension of light offered to humanity, the Light of the Soul itself, that shields, directs & protects the personality.

### A Focused Light

In Sagittarius, the light is a beam of directed, focused light. The light that points out goal after goal. This light becomes a beam, revealing a greater light ahead (the Soul, then Spirit) (towards Capricorn) and illumining the way to the center of the light. Sagittarius is always on a quest following the "beam of light revealing the greater light." That is why, they are great philosophers, teachers, professors, truth-tellers, wanderers, publishers - all armed with goals, aims and self-realized inner-truths. The seeker and the wanderlust in Sagittarius is the outer manifestation of the inner spiritual seeking ever pushing the Sagittarius onward. Outer pilgrimages bring forth into consciousness, the inner subjective world.

### Silence

In Scorpio, we are silent for we are becoming disciples.

In Sagittarius, we are still in training and silence once again plays an important role. The Scorpio silence is maintained in Sagittarius unless one encounters another fellow traveller who is also on the Esoteric Path. Then the true conversations and philosophies are shared. Sagittarius has a quest and a purpose, known or unknown. However, no matter what state of conscious is being developed, nothing deters the "rider" from achieving goal after goal. Thus, the meditative seed thought for Sagittarius on the Soul level: "I see the

goal, I reach that goal, and then I see another."

### The Professor

Sagittarius is the sign of the higher, abstract mind (Jupiter), always seeking new study and learning. They are the professors of the zodiac. Sagittarius has vision and a sense of wonder. It is to and for the Earth that Sagittarius's influence rests. Sagittarius loves the Earth and seeks to serve the Plan for the evolution of humanity through idealism and expansive altruism, seeking to utilize the knowledge gained and distributing it wisely. Thus, we have many college professors - attempting to utilize wisely their knowledge, expand the minds of students and foster an idealism that forms the beginning to the Path of Service.

*Composed by Risa D'Angeles*



Hugo Grotius (1583-1645): Sagittarius





## Message of the Teacher

### The vertical column 2

Don't worry about your material growth and your name and fame in the world. Grow in terms of consciousness. For this you have to relate to the light in you; there is no other way.

You cannot relate to the light always, so relate to the teachings of the seers to relate to the light in you. You have to look into the central vertical column. The vertebra is full of light. The head is full of light. The more you relate to it, it glows and reveals things to you.

You find a sound and light show within. So, we are able to sit for long hours in prayer. It is to grow into greater measures of light.

Each meditation should lead you into greater measure of light. There is a continuous expansion of consciousness.

*Compiled by Ludger Phillips*

## Utterances of Lord Krishna



The Me in you, never partakes the sin or piety of deeds. Do not be allured. In you and in everybody knowledge is ensheathed by ignorance. You are concerned only with your knowledge.

(5,15)

The knowledge of Me in you expels ignorance in you. Then realization shines forth in you as sunrise which is above and beyond this and that.

(5,16)<sup>1</sup>

### PRACTICAL WISDOM

Actions and speeches  
that disturb the rhythm of breath  
are unworthy.

<sup>1</sup> From: The Mandra Scripture. An Aquarian Rendering of Bhagavad Geeta. Kulapathi Book Trust, Visakhapatnam, India 2016, 5<sup>th</sup> edition

Lord Maitreya

Maitreya Community

Chain of Teachers



The Teacher uplifts the dignity of the spirit. The concept of Teacher can be seen as the lamp that dispels darkness and therefore, the Teacher may be called a beacon of responsibility. Linking up to the teaching is akin to a saving rope in the mountains. The moment the kindling of the spirit happens, the Teacher is revealed. From that moment on, the Teacher is inseparable from the disciple.

There is no end to the teaching, as there is always a learner and a Teacher. The concept of Teacher is embedded into the creation. The consciousness imbued with the Teacher elevates the attainment of the disciple as a precious, all-penetrating aroma. The bond of the disciple with the Teacher forms a link of protection in the uniting chain. There is no end to the chain of Teachers. It is at the time of darkness that the concept of teacher is to be preserved.

*Composed by Srikanth Kaligotla*



Master Morya  
*Maruvu Maharshi*

## Discover the Crystal of Imperil

In analysing matter, many elements have been identified, but there are two that are not yet discovered or named. The first is the deposit of psychic energy, and the second, the substance of Fire.

As long as the crystal of psychic energy is not found, the substance of Fire will not be identified. Just as the deposits of psychic energy can be found through imperil, the substance of Fire will be found through observing the tension of psychic energy.

The Fire of Space, in rare cases, can be observed by the naked eye where it is denser, near the protective purple border of the aura. Space becomes, one could say, filled with small tongues of flame. But for this manifestation, a strong aura is needed, which will not suffer from the proximity of the intense flame.

On ancient images one can see tongues of flame encircling the auras. But now this physical phenomenon has been forgotten. You know the full reality of what is being said. But let the scientists not complain if, prior to their discovery of Fire, We suggest that they first discover the crystal of imperil. Besides, it has almost been discovered by them already. It is easier to deal with the poison of irritation than to seek the superior psychic energy. (*Agni Yoga*)

*Compiled by Sabine Anliker*



Master Koot Hoomi  
*Devâpi Maharshi*

Shambala 55: A 5-day consecration  
(Pancharatra Deeksha)

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

From the ancient most times, the Seers have been emphasizing to the aspirants, the necessity of relating to Full Moon meditations. For two nights before the full moon, during the full moon and for two nights after the full moon, a very enchanting and delightful transmission of light happens on the planet. By associating with this light of the full moon in the night hours during these 5 days, one stands a chance to experience the full moon meditation in its completeness.

Sanat Kumara, the Lord of the planet is also in a state of deep contemplation for these five nights around the Full Moon. When the student relates in meditation, with this awareness, he is easily enabled to receive the touch of Sambala.

In the present time, though the practice of Full Moon Meditations is gaining popularity with the students globally, it is also true that the profundity of these meditations is yet to be comprehended adequately. In those, who conduct the meditations for five nights around the full moon with an awareness as described above, deeper transformations are enabled.

Recollect Lord Sanat Kumara together with the Teacher. Your meditations shall be more effective!

*Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.*

Message of Master E.K.

Neutralising the impressions



Understand that yoga is the practice of neutralising the impressions of the environment upon your mind and of synthesising the various energies and intelligences that are working in you and being externalised through you. Family is the true school of yoga practice and society is the true playground of the yoga school. You do not find a better institute than the family and your society where you can purify your affections, intellect and energies.

*Compiled by Ludger Philips*



Master CVV-Yoga

Aphorisms to Disciples 55

160. One who renounces duty can never become a yogi. Similarly, one that is interested in the results, can also never become a yogi.

161. In prayers, do not look for experiences. Just practise witnessing all that is happening in the prayer. Even when there are experiences and even majestic ones, just witness them and do not give importance to them.

162. The aspirant should have reasonable knowledge of the constitution of human body. He should know the usefulness and importance of each part of the body. The aspirant would do good to know that internal and external organs of the body are the property of God and have been bestowed on him. He should gradually adopt to practices that would give nourishment to the internal and external parts of the body.

*Composed by Guru Prasad Kambhampati*

Vidura

Teachings of Wisdom



Grip the Soul  
with the help of the will.  
Then, the Soul energy flows  
into the mind,  
and from the mind  
into the senses and the body.  
The Soul is the only friend  
to the individual soul.

### PRACTICAL WISDOM

Consciousness is the storehouse.  
Recall the Master to rearrange!





## Saraswathi

Saraswathi Suktam 7  
The precision of utterance 1

The saw produces the Golden Light. The golden rays emerging from the teeth of the saw break our bondage. The precision and clarity with which a man is able to utter the sounds gives the clue to his state of bondage. If there is less precision and less clarity in speech, it means he is more in bondage. An un-evolved person cannot precisely and sharply utter forth the letters. As one evolves the precision of utterance also evolves. This gives a clue. If one makes a consistent effort to utter forth letters precisely and accurately, through such effort he can improve the quality of his awareness. Limitations prevent one from the exact uttering of the sounds. When people speak without clear and sharp pronunciation, they do not produce, through the sounds, the Light that is necessary to burn the impurities. In such cases, it needs special training to utter the Word correctly. There is nothing that we cannot utter. It is a question of training the tongue. Some tongues can express sounds with precision, but many tongues are blunt and cannot express the specific sound in the manner that it should be uttered forth.

Thus, to focus on the appropriate utterance of the letters is necessary. Sanskrit has given the order of the letters in the sequence of their involution. It begins speaking of the vowels and thereafter about the consonants. The consonants come in sets of 5, in the same order described before.

## Ashram Regulations for Entry

### The cave 6

### An anecdote



A man contemplated upon the creator. The creator appeared, due to the intensity of the contemplation, and enquired the contemplator of his desire. The man sought a servant who can accomplish things with felicity. The creator granted such a servant but cautioned the man that the servant must always be given one task or the other, for the servant is a doer of monstrous proportions and that he would eat away the contemplator if not entrusted with work. The man was happy and satisfied. He replied to the creator that he had innumerable jobs to do and it would not be so very difficult to entrust work to the servant. The creator blessed and disappeared.

The man looked at the servant. The servant demanded work. The man asked for plenty of health to him and his kin. The servant said, "Done." The man found himself healthy. Then the servant demanded work. The man sought wealth, the servant said, "Done." The man found himself wealthy. The man was demanded of work by the servant again. The man sought name and fame. The servant said, "Done." Thus the man gained health, wealth, name and fame, and he did not know what more to ask. The servant insisted upon the work. The man said, "Give me time to think." The servant did not agree, for it was not part of their pact. He approached the man to eat him away. The man started running away from the servant. The servant ran after him. The man out of fright ran crazily into the forest nearby. The servant also entered. In the forest there was a hermit who was sitting quietly. He observed the frightened running man, stopped him by holding the latter's shoulder and enquired of the problem. The man explained the problem with his servant and his inability to entrust work to him. The hermit smiled and said, "It's no problem, I too have one. But I am able to entrust work to him." The man found respite and enquired, "How could you engage him?" The hermit showed his servant 100 feet away. The servant was climbing up and down a coconut tree.

The servant was relentlessly going up and down, up and down and up and down the tree. The man enquired the hermit, "What is he doing over there?" The hermit smiled and said, "Nothing! He is engaged there by my instruction, until I find again some work. When I have work I summon him. When I have no work I instruct him to climb up and down the tree until further orders. You too can do the same. Use your servant when you need him. At other times, ask him to climb up and down the tree in your compound." The man was happy. Now he knew how to work with his servant.



## On Secret Doctrine

### Dhyan-Chohans



Dhyan-Chohan is a generic term for all Devas, or celestial beings.<sup>1</sup>

The Secret Doctrine teaches that the whole universe is ruled by intelligent and semi-intelligent forces and powers.<sup>2</sup>

The AH-HI (Dhyan-Chohans) are the collective hosts of spiritual beings—the Angelic Hosts of Christianity, the Elohim and “Messengers” of the Jews. They are the vehicle for the manifestation of the divine or universal thought and will. They are the intelligent forces that give to and enact in Nature her “laws”, while themselves acting according to laws imposed upon them in a similar manner by still higher Powers; but they are not “the personifications” of the powers of Nature, as erroneously thought. This hierarchy of spiritual beings, through which the Universal Mind comes into action, is like an army — a “Host”, truly — by means of which the fighting power of a nation manifests itself, and which is composed of army corps, divisions, brigades, regiments, and so forth, each with its separate individuality or life, and its limited freedom of action and limited responsibilities; each contained in a larger individuality, to which its own interests are subservient, and each containing lesser individualities in itself.<sup>3</sup>

The Adityas are the light of awareness, unmanifest. They are the Devas of consciousness. The Rudras bring them down. They are called the Devas of force. The Vasus are the Devas who manifest. How these Devas are responsible for the formation of the creation and also for the formation of man is to be understood.

The significance of “Secret Doctrine” is that it provides the clues, so that we

<sup>1</sup> H. P. Blavatsky, Collected Writings vol. X, p 340. Theosophical Publishing House, Adyar, Madras 1964.

<sup>2</sup> The Secret Doctrine, vol I, p 38. The Theosophical Publishing Company, 2014; unabridged verbatim edition.

<sup>3</sup> Ibid., idem, p 287.

can connect the story well.<sup>1</sup>

*Composed by Rama Prasad Joshi*



Sri Krishna statue by Master KPK  
in Radhamadhavam, Visakhapatnam, India

<sup>1</sup> K. Parvathi Kumar, Lectures on Secret Doctrine vol. 2, Hierarchy of Devas & Prajapatis. Dhanishta, Visakhapatnam, India 2013. <https://worldteachertrust.org/en/web/publications/lectures-on-secret-doctrine2>

Saturn

Sam - The Key to Saturn

Three qualities 2



Everyone would intent to have a poised, peaceful and tranquil mind. But the imbalance between force and matter does not enable manifestation of poised mind. Thus, mind experiences limitation in all the five planes of matter.

Even in the buddhic plane, there can be imbalance due to over-activity relating to wisdom. There can be under-activity by abandonment of nature laid system. We see sanyasees getting into non-activity, due to prevalence of the concept of 'akarma krit - non doing'. There can be also hyper activity by sanyasees indulging into setting up huge Ashrams, personal propaganda and marketing, which is also an imbalanced wisdom activity.

\*Buddhic plane is also affected of its poise due to egoistic attitudes of scholars, learners, sanyasees and yogis. This is due to disproportionately high state of I AM consciousness (Ahamkara).

'I AM consciousness' is individual consciousness. It is individualized consciousness. It is a separated consciousness, which again is an illusion. Until 'I AM consciousness' develops an unceasing association with the Universal Consciousness, the ego prevails. As long as ego prevails, the limitation prevails.



## Discipleship

### The fragrance of the presence

When the inner sense becomes an incense, the fragrance of the presence of exalted beings shows the direction, and now, is combined with the will-aspect which is linked to the Higher Will. In tune with this, the disciple becomes an instrument to advanced energies. The tune of the higher spheres is played through him. The fire of aspiration is kept burning, burning the impurities of the lower self. Thus, we keep our instruments pure and ever ready to be of use and support to the group and the fellow beings.

*Composed by Ute and Peter Reichert*

## PRACTICAL WISDOM

As much as you surrender to the work,  
the work survives  
and you too survive through the work.

## Doctrine of Eternal Presence

### Introduction to Srimad Bhagavatham 5



The Creator is uttered forth by Narayana from out of his navel. The navel gave birth to a stem, the stem gave birth to a globe, the globe blossomed into a lotus, and in that lotus we find Chaturmukha. It's a profound symbolism. We don't get into it now. Narayana uttered forth himself as the Creator. The Creator wanted to know 'who am I' as he came out. That is why we are also asked to contemplate upon 'Who am I'. The Creator found himself sitting in a lotus surrounded by water. Everywhere there is water. Water here means ethers, the boundless ethers. From out of this ether there is a sprout and from out the sprout he is born. He wanted to go into the sprout and see where he came from. When he got into the waters, through the sprout, he got frightened of the abundance of the waters (ethers). He thought it is safer for him to be afloat in the lotus than to get into the boundless ocean of the ethers. He postponed the question, 'Who am I?' Then he got the question 'what am I to do?' He got the answer, 'tapa'. So he went on doing tapas (penance). As he went on doing penance he turned inward and found the source of his being. He understood that he is none other than THAT. So he came back with the answer 'That I Am'. So when he came back with the answer 'That I Am, Verily THAT as I Am', then came again the question 'What am I to do?' Then came the answer from within, 'Create'. He started creating. Not by himself. He became a channel to THAT and verily THAT came out as all this. This is how the initial initiation happened to the Creator.







Sound

Inhalation and exhalation 2

The humming sound

When we are speaking we are diverging from one sound to many, and hence it is called the negative process. When you start listening, from divergence you are getting back into convergence, then we are walking towards one sound. We do not even stop at one sound, we get into the undercurrent of the sound, and the undercurrent is responsible for inhalation and exhalation. There is no possibility to speak without exhalation and there is no possibility for exhalation without an inhalation.

See how we are going deeper into our own being. From many sounds to consonants and vowels, from many vowels to the vowel and from there to exhalation. Exhalation is the basis for all utterances. Inhalation is the basis for exhalation, and exhalation is the basis for inhalation. Thus one is the basis for the other, but there is a basis for the two. It is what we call the undercurrent of both.

If you sit quietly, closing your eyes, closing your ears with your hands, you will listen to a humming sound. That is the undercurrent, which is the basis for all inhalation, exhalation and utterances. It is happening continuously in us, we are not doing it. It is a happening. If it stops happening there is no activity at all.

## OM Namō Narayanaya



### The Path to Realization

Narayana is to be realized in three steps. The first step is called Vishnu, the second is called Vasudeva and the third is called Narayana. There is a specific path of realization by applying oneself to the discipline relating to the three terms namely Vishnu, Vasudeva and Narayana. Vishnu, in Vedic terminology is the God as the Universe. The very form of the universe is called the Vishnu. All that is visible is Vishnu. The first discipline is to see every form as a form of Vishnu. Regardless in what shape and what colour the form is, it is Vishnu. The stone, the plant, the animal, the man, the bird - all are forms of Vishnu. Even when one encounters ugly and disorderly forms, even they should be regarded as forms of Vishnu. The sum of any and every form in the universe and the very universe with its clusters of planets, solar systems and stars is Vishnu. All that is visible is Vishnu. When this discipline is taken to, one's orientation to form tends to be neutral and upright.





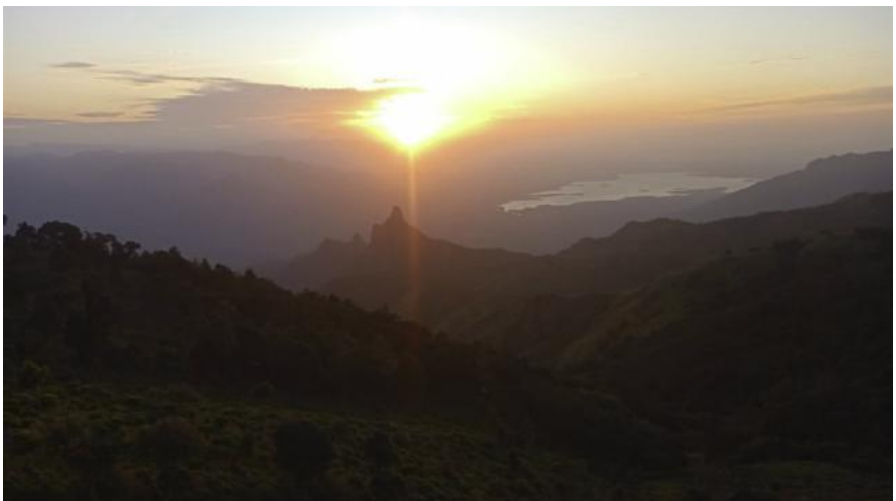
## The World Teacher Trust

### Guidelines to Members, 35-37

35. The theme of the 'Music of the Soul' shall have to be adapted to gain the grace and the link to the Hierarchy.

36. Immortality and the realization of Brahman are the hallmarks to be achieved by the members.

37. I reiterate to be emphatic that The World Teacher Trust is a means to relate to the Divine Hierarchy through the demonstration of goodwill in life. It enables recruitment into the World Order of Goodwill.



Master Mountain, Nilagiris

## On Healing Introduction



“I seek to heal but not hurt.” 3

The ancient seers knew the science of man – his constitution from etheric state to the gross physical state. They also knew that the form is ever-changing and is the result of continuous formation from etheric state to gross physical state. That the localised consciousness is the centre for such formation and that the sound, the colour, the speech and the behaviour of a human unit have a vital role to play in drawing the five elements of nature into the body and disseminating them. That the human body is in continuous formation, with the five elements gathering around the conscious centre and discharging therefrom. That the pattern of gathering around and discharging depends upon the time, the place, the five elements, the thought, the speech, the emotions entertained and the actions carried out.

In their understating, the human health had its inextricable link to human thoughts, emotions and actions. They gave predominant importance to these functional aspects of man than to the structural aspects of the man's limbs. The functioning or non-functioning of the human limbs were attributed more to the functioning of the man - indweller of the body. Their research and study revealed to them that excessive desire, anger, possessiveness, separateness, pride, prejudice and above all jealousy are the subtler diseases. They are the real diseases whose effect is felt on the functional body and the structural body. The functional and the structural body is the field that is put to the devastating play of these negative attitudes (forces) of the man. The cerebral diseases, heart diseases, nervous breakdowns, depressions, kidney failures are more in places where the natural and normal way of life is relegated to background in the name of “development”.



## Rudra The Lord of Cosmic Will and Vibration

A few dimensions of Rudra 48  
Haneeya

He is the killer of the killers. Rudra, in a higher aspect, is death to death, which means that he kills death and enables the beings to experience deathlessness. He is thus not only the Lord of Death but also the Lord of the Path to Immortality. The beings that worship Rudra emerge victoriously and they consciously pass through the portals of death by his grace. Rudra is the Lord of life and death. He bestows life beyond death, which is called the subtle life. He grants such entry into the subtle life to those who follow the Path of Knowledge and Yoga. He kills the others who need to die to start afresh. Thus he works either way with death (to release or to destroy).



Shiva with rudrakshas

Sanat Kumara



Be an observer 3

Thus the soul has three bodies of three different gradations and the related radiance and magnetism. The soul once realised has the facility to enter either of the three bodies and exit the three bodies. Mystically this is stated as, "Man has to die three times before he realises himself." Understand, death means departure. There is no death as such. Such is the beauty of transformation that happens. Therefore one cannot just limit oneself to the gross form and stick to the gross name of that form. We have different names in different states of Be-ness. Names are but codes to function in different states.

Unfortunately in spite of this knowledge being imparted, students still very strongly stick to their names and forms, to their gross names and forms and to all that is related to it. In all such cases the Teacher waits.

Serving the Teacher is the sixth commandment. Service to the Teacher has in it the goal of self-realisation. As you realise the goal, you also realise what the Teacher is. The Teacher also reveals as much as the student stands for revelation. There are many more dimensions to this commandment. A dimension is presented here.



## Seventh Ray and Magic

### The incoming of the 7th Ray 2

When Shambala is intervening and making a direct impact on humanity, there can never be a more opportune time for the aspirant. With the 6th Ray giving or rather, paving way for the incoming 7th Ray and the 3rd Ray at its full meridian, the aspirants would get satisfactory results, provided they prepare themselves well.

To prepare well, the aspirants may:

1. Preserve constantly the right orientation. Orientation is an aspect of mind and the aspirant should arrange a way of daily life whereby, through the tool of discrimination, the aspirant is constantly in right orientation. Frequent drifts from the path do not help the aspirant to progress. Therefore, preserving the right orientation is the key.
2. Bring in purity into thought, speech, and action. This has to become the daily endeavour of the aspirant. As much the aspirant is able to trace purity in these three dimensions, so much he would bring in purity into life.
3. The above two steps would help the aspirant in building a stable and receptive emotional body.
4. In performing the above steps, the aspirant would do well to ensure a consistent vibration through constant and continued inner alignment.

*Composed by Guru Prasad Kambhampati*

## Enlightening Encounters

### Mother Anasuya, Jillellamudi, 2



Her statements from time to time were noted and circulated among those who relate to her. Ten such statements are given hereunder:

- My form is universe. The form in which you see me is a facility for you. All forms are my forms.
- God is in atom and atom is in God. All is in God.
- You will eventually reach God. The way you reach God comes to you. There is no one particular method or one particular path.
- Thoughts happen since you allow them. They lead you to actions.
- God reveals himself from within you. Have patience to wait and to fulfil your obligations.
- Superstitions emerge from ignorance. Knowledge dispels them.
- The way suffering comes, in the same way relief also comes.
- Astrology is an engagement. It is amusing. The planets and their astronomical speeds brings in much chemistry. Interpretation is one's own opinion.
- There is no black magic. There is neurological disorder which requires rectification.

There are many stunning statements coming from her time to time.



Uranus

The Alchemist of the Age

Imperial Oppression 1



Imperialism is also at crisis. Governments tending to be imperialistic also face crises in Aquarian Age. No one can expand beyond proportions. Uranus levels them. Wise are the governments that confine themselves to self-rule and self-governance within their territory for the national welfare. Unwise are they who poke their nose into the neighbours' affairs. Such poking noses would eventually be cut off. Friendliness and cooperation between nations would be the only relation but not the theme of superiors and inferiors. Individuals, groups and nations should come out of self-pride, be cooperative and friendly. The monarchical system which was power-blind was replaced gradually everywhere through revolutions. But the revolutionaries themselves became as power-blind as the monarchs. In the theme of governance, humanity is trying with many ideologies to find a good governing system. They started experimenting with democracy. But those who occupied the governing positions tend to be blinded by power. Similar is the case with capitalism where the high positions are blinded by power and do carry the loving understanding. Fed up with the federal system, a section of humanity emotionally hugged communism, which again failed due to the same principle of the energy of power occupying the governing positions. There was much suffering and loss of life in the communistic countries. Above all the freedom of the citizen was usurped, which is seen as a spiritual crime. A good governance needs to ensure individual freedom to its citizens. The communism led itself even further to be a brutal power towards its citizen. Visualizing a balance between capitalism and communism, the thinkers conceived socialism which is filled with corruption up to the nose, due to much more ignorance taking to important position. Be it imperial, monarchical, revolutionary, capitalistic, communistic or socialistic method of governance, the common energy that has been ruling the masses is power and the related corruption. Injustice continues to exist and the common man continues to get exploited by the numerous social rules and regulations.



Master EK

Vishnu Sahasranama

Stanza 4 - 6

4. The Lord is unspendable. What is the difference between space and the contents of the space? The contents undergo change and we suffer from the existence and non-existence of things and persons in space. Space is beyond these two phases and exists permanently relative to the things in space. Thus we can know it is unspendable. Similarly the Lord is unspendable to space and beyond also.

5. The word Purushah means person. In the Purusha Sukta, the Lord is described as the Spiritual person in all and everything. In us, He exists as the Lord of the individual (Ishwara) from whom all the vehicles of mind, matter, senses and discrimination blossom and into whom they dwindle. So too with every atom of the universe and its counterparts.

6. The onlooker and the witness. Since the spirit in everyone and in everything does not interfere with and involve in the riddles of matter, mind and senses, He is only the onlooker. He neither punishes nor favours but observes. Everyone punishes or favours himself by his own thoughts and actions. In the meanwhile, the Lord waits, but observes as the awareness waiting to respond to the knock of the lower man.



## Paracelsus Health and Healing

### Prana - life force 2

There are three types of Prana related to the soul: gross, subtle and causal. They support the gross, subtle and causal body respectively. The gross body survives as long as the gross Prana survives in it. Likewise, the subtle body survives by the subtle Prana whose longevity is far superior to that of the gross Prana. The causal Prana supports the causal body whose longevity is as much as the longevity of the soul but is also terminal. These three bodies are generally referred to in scriptures as the body of flesh and blood, body of the golden light and the body of the diamond light. Death to these three bodies is due to withdrawal of Pranic energy from the three. Death is said to be complete when the man thus dies thrice. The secrets of death and birth are also part of the secret of Prana, its manifestation and its withdrawal. It is expected that the humanity would soon know that death to the body of flesh and blood is not an end of things to the in-dweller. The present study of Prana is to briefly and broadly cover the three states of Prana as it exists in the three bodies of the soul, the in-dweller, the man, the unit of consciousness.

*Dr K. Parvathi Kumar - Extract from: Paracelsus - Health and Healing. Website: [www.paracelsus-magazin.ch/en](http://www.paracelsus-magazin.ch/en)*

## Dimensions of Ancient Wisdom

Dr K. Parvathi Kumar

Group Life Teaching, Part 44

June 2018, Billerbeck, Germany

Pythagoras was very predominantly teaching these three dimensions of the cross. He always used to say that the Cosmic Man himself fixed himself at the cosmic, solar and planetary plane. So also the humans, they are fixed in these three dimensions. But the Cosmic Man volunteered to fix himself to enable the functioning of the universe by which the beings find their own evolution. It is an act of sacrifice from his side.

So also like the Cosmic Man, we also try to be useful to the surrounding beings and make our life a life of service by which the crosses would release us from our fixation to it. The fixation is a dimension, which happens on account of these three aspects relating to us: the life principle in us, it can cause problems, the mutating principle in us which can also cause problems. Our experiences of right and wrong can also cause problems. So we should know these dimensions, and on the basis of these dimensions we should work with Pranayama. Otherwise, why should we think of overcoming the limitations of each of the signs?

*This text is not proofread by the author and might have some mistakes.*



## Stories for Young People

### On Service

The planetary Servers are subtle, imperceptible, silent but vibrant ones.  
They are invisible and visible.

### How the Earth is freed from a burden II: The first steps

Krishna and his brother Balarama knew before and after their first breath, the task of their incarnation: to free the Earth from the burden of adharma perpetrated by arrogant rulers that had selfish motives against the welfare of the people they governed. To accomplish this task, the Lord and his brother had to wait. Warriors love to challenge. They constantly have to prove their superiority. So, it had been with Kamsa, Krishna's uncle too.

When Kamsa was sure that the extraordinary shepherd boys in Brindavan were the children who - according to a prophecy - threatened his life, he ordered Krishna, Balarama and their relatives to his capital Mathura. He pretended to invite them to a battle match. A huge war elephant and five of the best wrestlers stood ready to kill the children. The audience was shocked to see the unequal distribution of strength: on one side, a beast of an elephant and five muscular and experienced wrestlers, on the other side two delicately built children who had only known cow-herd life.

In their way of acting in the game, Krishna and Balarama communicated by exchanging glances and gave the audience a perfect show, leaving the supposedly strong ones in the dust. The audience, hitherto afraid of Kamsa, dared to openly express their joy at the children's victory. Kamsa, full of anger, gave order to kill his guests, the people of Brindavan, the children's foster parents and all relatives. Then Krishna rushed to the gallery where the armed Kamsa was sitting, grabbed him by the hair and took away his breath. Balarama stopped Kamsa's brothers who wanted to avenge his death. The whole town was full of joy, only Kamsa's widows wept and could not be consoled even by Krishna. Krishna freed his parents and grandfather from prison and installed them as the new rulers of Mathura.

The father of the widows, Jarasandha, vowed revenge on the entire Yadava clan. He gathered a huge army and marched against the capital Mathura. Krishna and Balarama watched the spectacle. They reflected. The commander

of the army was the problem. If the task was to restore a balance and lighten the Earth, that meant destroying the army. After that, Jarasandha would gather a new army. But his time had not yet come. The brothers communicated by glances. They would stand alone against the army. They received support from heaven: two fully equipped war chariots with heavenly charioteers were placed at their disposal.

Jarasandha looked at his childlike opponents with contempt. He only wanted to fight with the elder Balarama. Systematically, the brothers destroyed the entire army. Jarasandha lost his war chariot and his charioteer. Balarama held the enemy in a headlock. Krishna ordered his brother to release Jarasandha. The proud devotee of power had not only lost his army, he was deeply humiliated. He gathered a new army. This too was destroyed by the brothers. Jarasandha was humiliated and sent away. The whole thing repeated 17 times. Jarasandha needed a new plan.

*Compiled by Barbara Kleyböcker from the narration by Kamala Subramaniam "Srimad Bhagavatam". Bhavan Publishing House, Bombay. 8th edition 2003. ch. 213-218; 248*

## Window to World Service News & Activities

### SWITZERLAND

Name of the group: Circle of Good Will

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Website: [www.good-will.ch](http://www.good-will.ch)

Facebook: <http://www.facebook.com/circleofgoodwill>

<http://www.facebook.com/guterwille>

### Activities

- Online Study Groups of WTT-Global: There are 4 online study groups in bi-weekly rhythm: "Sound and Colour", "Bhagavatam" (both reading English, discussion German), "Sripada Srivallabha Charitamrutam" (German), and "Man Sacrifice" (English). There are also meetings for Dhanishta meditations.
- Group Meeting: Besides the online groups there is a meeting with fire ritual on Sundays.
- We assisted in the organisation and realisation of the CVV Sharing meeting in Hamburg, the digital archives project, a celebration at the Paracelsus Centre, Switzerland and the digital & physical General Assembly of WTT-Global, within the framework of the pandemic regulations.
- Social Activities: Support of social and spiritual activities.
- Correspondence / Organisational Work: Information and networking. Cooperation in the Executive Board of WTT-Global. Operating the mailing lists. Seminar notes and circulation in the groups. Editing the Annual Report of WTT-Global / coordination with the international groups.
- Websites and media: Operating and editing the website [worldteachertrust.org](http://worldteachertrust.org) with the help of WTT members from USA and Germany. Operating the website [sripada-srivallabha.org](http://sripada-srivallabha.org) about Lord Dattatreya and his incarnations. Operating the sites [kulapati.de](http://kulapati.de), in cooperation with WTT-Germany, as well as the website [good-will.ch](http://good-will.ch).

Operating a German and an English Facebook page as well as a page for WTT-Global.

- Books / Publications: Free distribution of English books / brochures of the WTT. During the year under review 17 books & booklets were distributed in Europe and Over-seas for free to interested persons. Electronic documents (texts, pictures, MP3) were distributed on request. Regular publications of articles in the blog "Flowers on the Wayside", [www.blog.good-will.ch](http://www.blog.good-will.ch), about different topics in relation to spirituality.
- Editing /proof-reading work for publications.
- Vaisakh Newsletters: Coordination and editing of the Vaisakh Newsletter for the different translations. Editing the electronic version in English, French and Portuguese. Electronic distribution. Editing of the web version of the Vaisakh Newsletter. Print and distribution of a few paper copies in Switzerland, together with the Lunar Messenger.
- Lunar Messenger: The monthly „Lunar Messenger“ is regularly published since 2000; it is distributed via e-mail to 1911 addresses (456 German, 635 English, 585 Spanish, 235 French) to over 45 countries, plus a few paper versions. Group members from Miami, USA, Argentina and New Caledonia help with the English, Spanish and French translations. The newsletters and other information are also made available to a larger circle of interested persons via websites.
- Pictures: Monthly illustrations of spiritual principles through paintings, mainly about the zodiacal signs.



Picture to the Month  
Sagittarius - Preparing the Dawn



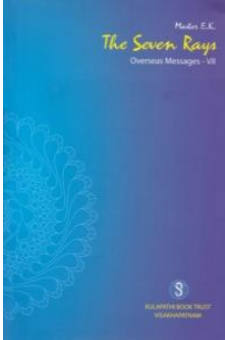
The second half of Scorpio and Sagittarius are excellent periods for practising spiritualism every year. They must be specially utilised for spiritual activities, so that when we reach the dusk in Capricorn, we are ready to receive the light. Sagittarius is said to be the "two hours before dawn." When we get up two hours before dawn, we are very much ready to meet the dawn. Thus, the preparation in Sagittarius is very important to receive the vibrations of Capricorn. If we have not prepared well, then we are not ready by the time the morning sun visits us. In the same fashion, the preparation is to be made in Sagittarius.

Dr. K. Parvathi Kumar: Saturn Spiritual Astrology

*Image composed by Ludger Philips*

## Book Review

### The Seven Rays. Overseas Messages VII



Spiritual science is there only to elevate ourselves, not others. Those who want to understand this science of the Seven Rays should not believe that they are giving spiritual wisdom to others. They should believe that they are enlightening themselves.

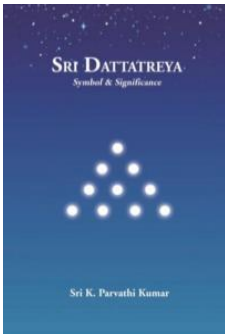
The book "The Seven Rays. Overseas Messages VII" contains five teachings of Master EK (Ekkirala Krishnamacharya) about the eternal wisdom: The Seven Rays; Basics of Spiritual Astrology; The Seven Keys; Yoga and Attainment; Yoga and Healing.

Ekkirala Krishnamacharya: The Seven Rays. Overseas Messages VII

Info: The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)

PDF: [https://worldteachertrust.org/\\_media/pdf/en/ek/the\\_seven\\_rays.pdf](https://worldteachertrust.org/_media/pdf/en/ek/the_seven_rays.pdf)

### Sri Dattatreya



Dattatreya is the Grand Teacher or "Guru principle" in the universe. The teachers in various planes are the manifestation of the one teaching principle who is re-ferred to in the ancient Indian wisdom as Dattatreya. Dattatreya also exists in a form in all planes.

Dattatreya is the principle, which exists in all as the Teacher principle, as the friend, as the guide that leads one unto one's own source of Existence. Dattatreya is an Eternal Principle. Just like the World Teacher is the principle that guides the beings of this globe, Dattatreya is also a principle

that incarnates as per the time and need in any plane of existence.

K. Parvathi Kumar: Sri Dattatreya

Info: The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)

PDF: [https://worldteachertrust.org/\\_media/pdf/en/dattatreya.pdf](https://worldteachertrust.org/_media/pdf/en/dattatreya.pdf)

## Astrological Important Days in November/December 2022

22.11.	09:20	☉ → ♏ / <b>Sun enters Sagittarius</b> ♈ ☉ in ♏ – Every morning: <i>Utilize the two hours before dawn for intense spiritual practice – particularly the first 13 degrees of Sun's transit</i> ☉ in ♏ – Every Thursday (24.11., 01.12., 08.12., 15.12.): <i>Healing prayers and healing work</i>	
23.11.	02:24	Phase of new moon starts ♌ <i>Contemplation upon 'The Pledge'</i>	☉ 00°43' ♏ / ☽ 18°43' ♏
	23:57	● <b>New moon of Sagittarius</b>	☉ 01°38' ♏ / ☽ 01°38' ♏
26.11.	14:58	4 <sup>th</sup> phase of ascending moon starts ♌ <i>Contemplation upon Ganesha (End 27.11. at 11:55)</i>	☉ 04°17' ♏ / ☽ 10°17' ♏
28.11.	09:05	6 <sup>th</sup> phase of ascending moon starts ♌ <i>Contemplation upon Subrahmanya, the Kumâra (End 29.11. at 06:34)</i>	☉ 06°04' ♏ / ☽ 06°04' ♏
29.11.	04:08	23 <sup>rd</sup> constellation <i>Dhanishta</i> starts ♌ 21:00 <b>Dhanishta-Meditation</b> ( <i>Dhanishta</i> -constellation ends 30.11. at 02:41)	☽ 17°31' ♏
30.11.	04:29	● 8 <sup>th</sup> phase of ascending moon starts ♌ (End 01.12. at 02:51)	☉ 07°53' ♏ / ☽ 01°53' ♏
03.12.	01:10	11 <sup>th</sup> phase of ascending moon starts ♌ <i>Contemplation upon Lord Nârâyana (End 04.12. at 01:04)</i>	☉ 10°47' ♏ / ☽ 10°47' ♏
05.12.	01:28	13 <sup>th</sup> phase of ascending moon starts ♌ <i>Contemplation upon Hanumân, an embodiment of Rudra (End 06.12. at 02:18)</i>	☉ 12°50' ♏ / ☽ 06°50' ♏
07.12.	03:32	Phase of full moon starts ♌ <i>Contemplation upon the 8-petalled Heart Lotus; upon Lord Dattâtreyâ, the Lord of Yoga, and Master Kût Hûmi</i>	☉ 14°57' ♏ / ☽ 02°57' ♏
08.12.	05:08	○ <b>Full moon of Sagittarius</b>	☉ 16°02' ♏ / ☽ 16°02' ♏
15.12.	21:09	● 8 <sup>th</sup> phase of descending moon starts ♌ (End 16.12. at 22:32)	☉ 23°49' ♏ / ☽ 17°49' ♏
18.12.	23:02	11 <sup>th</sup> phase of descending moon starts ♌ <i>Contemplation upon Lord Nârâyana (End 19.12. at 22:03)</i>	☉ 26°57' ♏ / ☽ 26°57' ♏
21.12.	22:48	☉ → ♏ / <b>Sun enters Capricorn</b> ♌ <b>Winter Solstice:</b> Birthday of Jesus Christ ☉ in ♏ – Every morning: <i>Contemplation upon the brilliant-white 5-pointed star during the twilight hours ☆</i>	
22.12.	14:43	Phase of new moon starts ♌ <i>Contemplation upon 'The Pledge'</i>	☉ 00°41' ♏ / ☽ 18°41' ♏
23.12.	11:17	● <b>New moon of Capricorn</b>	☉ 01°33' ♏ / ☽ 01°33' ♏
29.12.		<b>December Call Day</b>	

All times are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hour);

From: »Astrological Calendar 2022/2023«; [www.worldteachertrust.org](http://www.worldteachertrust.org);

Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.



## The Great Invocation

Let us form  
the circle of good will.  
Omnia Vincit Amor.

From the South through  
love, which is pure,  
from the West through  
wisdom, which is true,  
from the East through will,  
which is noble,  
from the North through  
silence, which is golden.  
May the light make  
beautiful our lives.  
Oh! Hierophant of our rite,  
let his love shine.  
Omnia Vincit Amos.

We bow down  
in homage and adoration  
to the glorious  
and mighty hierarchy,  
the inner government  
of the world,  
and to its exquisite jewel,  
the star of the sea  
- the World Mother.

From the point of light  
within the mind of God,  
let light stream forth  
into the minds of men.  
Let light descend on  
earth.

From the point of love  
within the heart of God,  
let love stream forth  
into the hearts of men.  
May the Lord return to  
earth.

From the centre  
where the will of God  
is known,  
let purpose guide  
the little wills of men,  
the purpose  
which the Masters  
know and serve.

From the centre  
which we call  
the race of men,  
let the plan of love and  
light work out,  
and may it seal the door  
where evil dwells.

From the Avatar  
of Synthesis  
who is around,  
let his energy pour down  
in all kingdoms.  
May he lift up the earth  
to the kings of beauty.

The sons of men are one,  
and I am one with them.  
I seek to love, not hate.  
I seek to serve,  
and not exact due service.  
I seek to heal, not hurt.

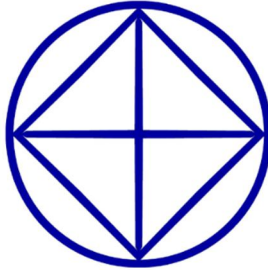
Let pain bring  
due reward of light  
and love.

Let the soul control  
the outer form and life  
and all events,  
and bring to light  
the love that underlies  
the happenings of the  
time.

Let vision come and  
insight. Let the future  
stand revealed. Let inner  
union demonstrate and  
outer cleavages be gone.

Let love prevail.  
Let all men love.

*Master DK*



May we stand in Light and  
Perform our obligations and duties  
To the surrounding Life to be Enlightened.

May we float in Love and  
Share such Love and compassion  
With the fellow beings to be fulfilled.

May we tune up to the Will and  
Thereby alert our Wills to gaze  
The Plan and cause the work of Goodwill.

May the Light, Love and Will  
Synthesise our lives into One Life.