

# Vaisakh News Letter



HAMSA SIVA SOHAM



Sagittarius 2023 Dhanus

Letter No. 8 / Cycle 37 – 22nd November until 22nd December 2023

The World Teacher Trust - Global



May the Light in me be the light before me  
May I learn to see it in all.  
May the sound I utter reveal the light in me  
May I listen to it while others speak.

May the silence in and around me present itself,  
The silence which we break every moment,  
May it fill the darkness of noise we do  
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,  
Let realisation be my attainment,  
Let my purpose shape into the purpose of our earth,  
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.  
May we live in the awareness of the background.  
May we transact light in terms of joy.  
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

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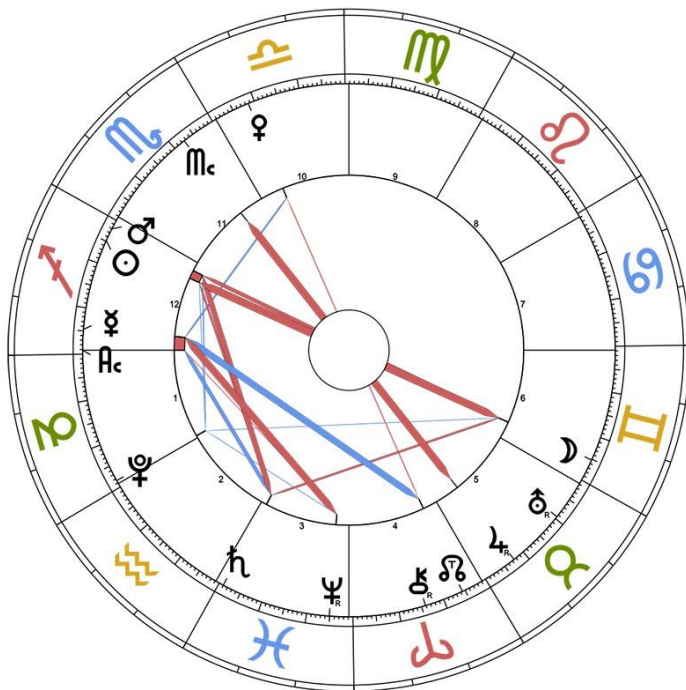
## Prayer of the Year 2023-2024

In His name we live, in His temple we live;  
In Him verily we live until He opens His eye in us.

In His name He lives, in His temple He lives;  
In Him verily He lives, as He opens His eye in us.  
In the meanwhile, let us wait, let us look to Him  
and not to each other.

Let us call Him in all to find all in Him,  
When the life is a Car festival and not a war festival.

*Occult Meditation 25*



Full Moon of Sagittarius, 27 November 2023, 10:16 am CET (UTC + 1)

## Message of the month of Sagittarius ✎

Sagittarius is the disciple, the eternal striving human being, searching for the truth. To help those who seek, the teacher will appear. The teacher shows the way, the way to I AM.

The ultimate teaching from Mandra Gita is the simple phrase by Lord Krishna: "Surrender to ME". The simplest is often the most difficult for us.

To help us, the path has been told by many teachers, in many different languages and in many different parables or ways to facilitate an easier access to the truth. From the teachings of Master HPB, Master DK, Master EK and Master KPK, we know about the Antahkarana. The building of the Antahkarana is the advanced process of the transformation that we refer to as the internal alchemy. I will give you an understanding of this process.

The whole process called discipleship can be seen in two parts.

Firstly, we start with a shift in our personality from the lunar principle to the solar principle. We start to focus on giving to the surroundings and reduce the receiving attitude in our personality. The lower triangle of Saturn, Mars and Moon has to be superseded by the upper triangle of Venus, Mercury and Sun. During this process, we develop virtues and abilities which are reflected in the first two steps of yoga by Patanjali (Yama and Niyama). The next step in the yoga process (Asana) prepares the platform for the further development as the foundation has to be very stable.

Secondly, we arrive at the advanced part, the building of the Antahkarana. Here, we have to develop seven centres in us which we call lotuses, which supersede the chakras. This is due to the shift in the nature of the energy that is now represented by the solar principle of giving instead of the lunar principle of receiving. This is done during the next three steps of yoga (Pranayama, Pratyahara and Dharana).

When the process is complete, the personality, which is a flower on the tree of life, has been transformed through a magical process in nature into a fruit, which we call the Antahkarana, and the Master is born in us in the sign of Capricorn.

*Composed by Heinrich Schwägermann Lorenzen*



## Message of the Teacher

### Tradition and Truth seeking 1

In India the tradition is very strong, but the tradition also gives the way to the Universe. That is why the tradition is also honoured. But then, there is a direct path to Brahman that discharges you from the level of varieties of rituals and gives you direct access to Vedic keys and Vedic wisdom. Should we not be intelligent enough to link up to it than to hang on to the faith? What is required is shifting from faith to knowledge - faith to knowledge, enquiry about the truth.

Truth and enquiry about the truth is what is needed to work with the Yoga of Master CVV. It dispenses with all Indian traditional practices. He said, "I don't even give you mantras in Sanskrit, English is going to be a global language" and he was very good with English. He connected also with the Theosophical Society. He opened a Theosophical Society in Kumbakonam also. He was very non-traditional, not understood by the locality. They left him. He felt all the better, "What should I have people who hang around me not knowing anything?"

*Compiled by Ludger Philips*

## Utterances of Lord Krishna



Do not notice the activity of the senses. Let them notice you and follow you. Do not do the work. Let the work be done by you. Take up yourself, your work finds its way through you, while the motives of the work are totally eliminated. Now you have marched on into Synthesis.

Transform yourself by yourself. The lower yourself, the phantom of non-self should be transformed into the higher yourself, the Synthesis, 'I AM'. Do not insult yourself by dwelling in the phantom. You can be a friend of your lower self while transforming. You can be an enemy of your higher self by dwelling as a phantom. Be sure and be aware, the enemy is killed. Let the 'I AM' in you be a friend of the 'I AM' in Me and in all. (6, 4-5)

### PRACTICAL WISDOM

Aim and set a target.  
Realise to reach it.  
Transcend to radiate  
and shine forth.



Lord Maitreya

Maitreya Community

Education - 5

It is the responsibility of the teacher to assess and evaluate the aptitude of the pupils. Discernment of their capabilities makes for a just relationship towards these future workers. The interaction and the study hours will be most agreeable when the teacher is in such understanding of one's students. The teacher thus can be their friend and guide them in the best direction. Often times, the students themselves do not understand their destination. The children should not feel a sense of compulsion in the schools. Their learning can be stimulated by patient persuasion and not by force. Be mindful, the little ones love the work of the grown-ups. More discourses are encouraged and more experiments. It is indeed a joy in application of the forces and not mere studies.

*Composed by Srikanth Kaligotla*





## Master Morya *Maruvu Maharshi*



### Thus does the disciple approach the Teacher

When the Teacher severs his ties with a disciple, the ring received from the Teacher must be returned by the disciple. This should not be seen as a rare occurrence. The karma of obsession or weakness of spirit can easily set a barrier between the disciple and his Teacher. Self-correction by the one expelled can bring him back to the point at which the path was interrupted. The disciple must understand the need for haste and apply himself to this task.

It is difficult to see as a qualified disciple, one who has no questions to put to his Teacher. Of course, questions and answers will come in due time, and the living tissue of trust will saturate space.

Thus does the disciple approach the Teacher: open, ready to shed the old-world tatters, striving toward the new consciousness, eager for knowledge, fearless, truthful, devoted, keenly vigilant, industrious, knowing goal-fitness, and sensitive. He will find the path of trust. Maya will no longer tempt him. Mara will not terrify him. In the bosom of Earth will he find the stone from the far-off worlds. For him, life will be adorned, ability strengthened, and superfluous words, erased.

"Teacher, I have succeeded in withstanding the stabs of heat and the horror of cold. My bodily strength has left me, but my ear remains open. And my body of light is ready to tremble at Your call. And my arms are ready to carry the heaviest stones for the Temple. Three Names are known to me. Known to me is the Name of the One Who Veiled Her Face. My power grows."

Thus shall the disciple address the Teacher. (*Agni Yoga*, 1929)

*Compiled by Sabine Anliker*



Master Koot Hoomi  
*Devâpi Maharshi*

## Shambala 67: Evolution

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

The evolution of the beings on Earth depends upon the strength of the will that the beings carry. Shambala is the will center on the planet. Two paths to evolution exist at Shambala. With the former path, evolution and development are soft, smooth and progress at snail's pace. While, with the latter, the progress is at a rapid pace. The choice of the path taken, is made by the beings themselves. The progress could also be slow paced up-to a stage, thereafter intensifying. The pace of progress is a decision by the being that works out. Each being is endowed with free will by the divine. Being here, means the human. The free will of man is altered by none, in the creation. From an occult standpoint, manipulating will of others to suit one's own plan, is seen as a crime! The knowers do not interfere with the free will of others.

The beings work out their own pace of evolution. They are guided from within to speed up at times and progress evenly at other times. Shambala encourages them accordingly.

Guided from within, Gautama adopted a rapid pace to become Buddha, the enlightened one. Likewise, Jesus worked out at a rapid pace guided from within and reached the state of Christ. Shambala recognizes and co-operates from the subtle planes, when the beings aspire to evolve. According to their free will, Shambala strengthens and encourages.

*Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.*

## Message of Master E.K.

### The Work of the Masters 1



To add to the new group of world servers, everyone who experiments a new pattern upon himself will present himself as one more individual, a contribution to the already existing number of thinkers and workers. Like this, the numbers increase gradually, so that the new pattern of work comes into existence. This is the work of the Masters. They live away from the world, not physically and not mentally, but in a strange dimension of consciousness, they live away from us. Physically they live amidst us, they will be mixing with us, sharing everything good and bad with us, but the only peculiarity is, they are so close with us, that they know us, we do not know them. That is one strange thing with the Masters.

*Compiled by Ludger Philips*



Alexander Jamieson (1782-1850): Sagittarius



Master CVV-Yoga

Aphorisms to Disciples 67

192. In all situations in life, be neither abnormal or sub normal. Be normal. Be natural. Be responsible. Be simple. When you are excited or emoted, you are denying yourself, the opportunity to see Me.
- 193 Do not create situations in life. Respond to the situations in a responsible manner.
- 194 See ME in all the situations of your life. Then you neither overact nor underact. Your actions will be sequential and not consequential.

*Composed by Guru Prasad Kambhampati*



## Vidura

### Teachings of Wisdom



The ones who get timely,  
tasty, fresh and nourishing food,  
are rich in life.  
The others who work for it,  
are poor in life.

### PRACTICAL WISDOM

The best yardstick for balance is common sense.  
In all your practices never lose common sense.  
Then you are lost.  
You are a confusion to yourself,  
and you confuse others.



## Saraswathi

### Saraswathi Suktam 8 The eternal, soundless sound

When we observe with keen interest the work of the Word, we find profundity and silence. We too need to gain profundity in our being to be silent. Those who are deep are generally silent. The shallow ones make noise. The listeners are more profound than the talkers. From talkativeness one should grow to be a listener. From being a listener one should grow to be a complete listener. Many persons listen but do not completely listen. When we listen completely, we listen to the heart, more than listening to the tongue. The tongue confuses. The heart trumpets the gospel. The one who rejoices to listen to the trumpet of the heart cares little to speak. He enjoys the inner silence. In the inner chambers he meets the ever 'humming sound', that sound is Saraswathi. It caresses you. It directs you. It speaks to you in your mother tongue! Don't think that It speaks to you in Sanskrit. Above all it guides you in life as a friend and protects always and in all ways.

## Ashram Regulations for Entry



### Encountering and recognizing an ashram 2

The ashrams in modern age are ethereal. They keep moving from place to place according to purity of places. Such ashrams are almost in every nation.

In nature there are many sacred places, where there are meditating groups of higher order. You can feel their presence and you can get directed to an ashramic place.

Where nature is particularly beautiful in contrast to the surroundings be alert of an ashram. In such places,

1. plants bear plenty of flowers and flower meadows are very common
2. fruit bearing trees are full of fruits with their branches bent down with the heaviness of the fruits
3. streams that flow through produce pleasing music to the ears
4. birds sing and the animals are friendly
5. an inexplicable tranquillity prevails and the breeze is particularly cool and soothing, drizzles happen on and off, cleansing the nature

Such places are not uncommon, to a traveller. Many times as you move by a road or by the rail, you find them on either side if you have a keen eye to observe. The mind of modern men is so preoccupied, so that they miss the presence of such ashrams that are in the proximity of their villages, towns and cities.

## On Secret Doctrine

### Space - 2



The first illustration of space, being a plain disc, the second one in the Archaic symbol shows, a disc with a point in it – the first differentiation in the periodical manifestations of the ever-eternal nature, sexless and infinite “Aditi in that” (Rig Veda), the point in the disc, or potential Space within abstract Space.

1. Space is God. The ‘One’ that we call ‘God’ is the ONE who is beyond the 7 planes of existence i.e., the Light before the formation of the worlds, the Light that emerges from darkness (the Seeming Nothingness, the God Absolute, the Eternity, the Undefinable One).
2. From this Light everything emerges and into this Light every created thing/being merges.
3. It is the Aditi of the Vedas, the Narayana of the Puranas, the Light of the Worlds, the World Mother and the Light of Synthesis.

*Compiled by Rama Prasad Joshi*



Galaxy - Nasa



## Saturn

### Sam - The Key to Saturn

#### The rhythm 2



Activity is again a triple. It exists in the thought plane, in the vocal plane and in the physical plane. Equilibrium has to be worked out between the three.

- Excessive thinking as well as absence of thinking is irregular.
- The flow of thoughts has to be like the flow of stream. There should not be flooding of thoughts followed by drained thoughts. Flooding rivers and dry rivers serve no purpose in promoting life.
- Likewise talkativeness is avoidable. Speechlessness is also avoidable.
- Inaccuracy in speeches is required to be avoided.
- Not all can be accurate and precise in their speech unless they have developed a balanced faculty of listening. It is well known that good listeners eventually become good speakers.
- Balanced, accurate, pleasant and flowing speech is but an aspect of rhythm relating to speech.
- Man's activity is manifold and man has to ensure that he builds rhythm into every simple action relating to life. When rhythm is well established life becomes musical.



## Discipleship

### View and vision

Evolution has its own laws that do not necessarily correspond to our expectations and concepts. The mere studying of the laws of nature and evolution gives us only limited insight. Applying these insights into our daily life gives us experience, a field to gain further experiences and indicates where adjustments are to be made. Our perspectives seem to be novel to us but for those further ahead of us they might be old-fashioned. Knowing that innovations may also appear in a biased light, the inquisitive mind that looks from above, so to speak, gets a broader view, a more synthetic one. How can we be so sure about our own personal understanding of the world, of truth and untruth when our view is coloured and limited by our personal spectacles? There is no optician that can offer a “one size fits all” lens. How can we expect that others should have the same views and understanding as we entertain? The beauty is in variety and consciously seeing and experiencing the Higher Vision divided into a fragrant flower bouquet, only to merge into it again on a higher level.

*Composed by Ute and Peter Reichert*

## PRACTICAL WISDOM

Discipleship is in listening  
and speaking silence.

## Doctrine of Eternal Presence

### Introduction to Srimad Bhagavatham 17



The stories relating to them are to be studied to reaffirm ourselves the truth of the eternal Presence. This doctrine of eternal Presence that is once again explained in the book Mandrajala, 'Music of the Soul' by Master EK. The teaching of Bhagavatha is trying to live in the Presence of the Lord. And the one accomplished is called a Bhagavatha. He is an embodiment of 'Bhagavat-tattva', Lord himself in the form of Bhagavatha Purusha . A Bhagavatha Purusha remains to be a medium of the Lord. He no more lives for himself. He has no life for himself. The Lord lives and he experiences the Presence of the Lord in him. He experiences the acts of the Lord through him. He extols the grand acts that the Lord conducts through him. He remains in him. The Lord remains in the 'Bhagavatha' and the 'Bhagavathamurthi' remains in the Lord. They become non-separate. Non-separateness with the Lord within and around is accomplished. The Bhagavatha Path continues.



Sri Krishna statue installed by Master Kumar in Wermelskirchen, Germany, Christmas 2014



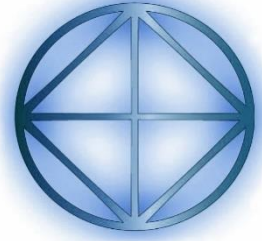
Sound

No Thought 3

We are not independent. The monster of our thoughts makes use of us throughout the day. But the one who has consciously walked into the internal being familiarises himself with the triple principle of IDA, PINGALA and SUSHUMNA. The triangular activity as is happening in Space through Time can be visualised when man familiarises himself with the functioning of the Triple Principle. This Triple Principle is the higher triangle in us, when properly contacted it reveals the plan of action. The revealed plan of action can then be conducted through the lower triangle.

We gain the mastery over the triangle of thoughts; then, instead of a thought propelling us, we propel a thought, direct it and manifest it. That is white magic. A person who is propelled by thought can never think of being in the "Lodge of the White Magicians". A person who is rid of the conditioning of the lower triangle of thought and who is associated with the higher triangle of thought, is the one who handles the thought and sees that it is manifest.

## OM Namō Narayanaya



### Narayana Gayatri 3

There are tree leaves and plant leaves with triple leaves and double leaves which can be arranged like the aforesaid lotuses to gain proper understanding. In the Vedic rituals, such leaves are used for worship. There is Bilwa dala (Bael leaves) that has 3 leaves as one unit of leaf.



Bilwa dala (Bael leaves)

Likewise there is Tulasi dala (Oscimum sanctum leaves) which is in pairs in right angles. These are used to worship the deities.

It is generally believed that Narayana is deeply pleased when He is offered a 'Tulasi dalâ (a stalk of 4 leaves). Narayana or Vishnu or Vasudeva or Krishna are generally worshipped with a 4-leaved unit of Tulasi, which is a sacred plant.



Tulasi dala (Bunch of Oscimum sanctum leaves)

Meditating upon the lotuses with their related shapes and colours is a science by itself. But for those who are devotional, chanting and listening to the sound of the mantra is enough. The colour blue can also be visualized. More than this could be too technical a practice.



## The World Teacher Trust

### Guidelines to Members, 71-73

71. Make sure to translate all that you know in terms of knowledge into work. Add spiritual value to every speech or action that comes out of you.

72. All souls emerge from one God and are therefore essentially pure. There are no sinners. Ignorance is the sin.

73. Discipleship is a genuine effort to regain the state of virgin nature.



Fires at Master Mountain, Nilagiris

## On Healing



### 2. The Fundamental Understanding 11

The mind, the senses and the body put together is called body by the knowers. This should not be lost sight of in our study and understanding. The body has its growth and decay. It has the stages of birth, growth and death. It goes through infancy, youth, adult and old age during its growth. It begins with birth and concludes with death.

The indwelling man has no such stages. He is made to believe that he has such transformations. The child is told that he was born on a particular day. He believes so. He is told later that he is no more a child and that he should behave better. He believes so. Later he is told that he is old. He believes so. Someone tells him that he dies. He believes it too! The indweller has no birth and hence has no death. The electrical appliance may wear out but not the electricity. The expressions may cease but that which is expressing ceases not. When people refer to you as young or old, they are only referring to your body but not to you. Your body can be young or old but not you, the eternal one. The health or disease is to the body only but not to you.

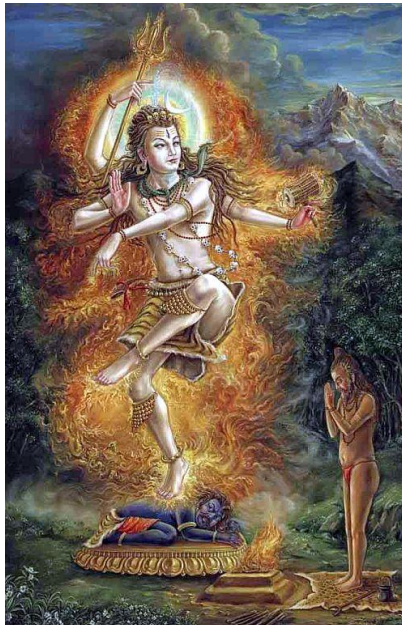
To think “I am sick” is ignorance. To think “My body is sick” is knowledge. The body has birth, growth, health, sickness and death. The apparatus has vulnerability to repairs but the energy functioning through has not.



## Rudra The Lord of Cosmic Will and Vibration

### A few dimensions of Rudra 59 Nataraja

He is the king of dance. The Lord is said to be in an eternal dance. If he concludes his dance, the creation comes to an end. His dance is nothing but the metrical and musical functioning of the vibrating principle in creation, whose basis is in the space pulsation. Frequently one comes across the symbol of a dancing Shiva, which should remind one of the pulsation, the vibration and the related power. The Lord as Nataraja is also considered as the one who bestows the musical excellence of the Gandharvas.



Shiva as Nataraja



Sanat Kumara



Worship the Lord with joy 2

When we say Master, it is the Master consciousness functioning through Master CVV. When we say Krishna, the reference is not to Krishna the person, but to Krishna the Master principle, Ishwara. When we say Christ, we are again referring to the Christ principle, which is the Master principle or Ishwara principle. When this principle works through a person, that person is also recognised as God on Earth. All Masters, Yogis, Saints are but vehicles of the one Ishwara principle. It exists in the God centre in man. Prayers are addressed to the God in the God centre. When they are ardent and reverberating, the link is established between the God centre and man centre. Meditations are also meant to be relating to the God centre in oneself, in the aspirant. Meditations and prayers cannot be mechanical routine practices. If that be, they don't build the bridge between God in man and man in God.



Burton Callicott (1907-2003)



## Seventh Ray and Magic

### The incoming of the 7th Ray 14

With the influence of the 6th Ray, man gained the knowledge of light in the physical plane and astral light. Man also gained a lot of interest in illumination, both physical and mental. He also made discoveries in astronomy and astro-physics. But this knowledge was with a very few and was concentrated. It was limited to the thinkers and scientists of the times.

With the advent of the 7th Ray, the theories of advanced thinkers will reach out to the masses. General awareness of man on advanced theories will increase. This knowledge will find itself in the education system and gets spread in a gradual and organised manner into the masses. Superstition will be replaced with logical understanding of the advanced theories and phenomena. There will be a steady growth in understanding eventually across all the fields.

All this becomes possible through groups of initiates - initiates who are well trained with 7th Ray working. They work in accordance with the Plan and in coordination with each other. They work as an undercurrent to all that is to be transformed on the surface. They execute, monitor and govern from within.

They ensure manifestation of the Plan.

*Composed by Guru Prasad Kambhampati*

## Enlightening Encounters

### Sree Sistla Rama Krishna Rao 2



An hour passed by. Slowly he was into the kick of alcohol and he was a bit high. Sree Rao saw that the image of Hanuman was moving forward from the other edge of the table, where the wall was, towards where he was sitting. It was amusing to him, to see the moving image. He spoke to the image inviting the image towards him. Lo! He felt the image was moving towards him and reached the edge. Sree Rao said, “Move further.” The image moved further and fell from the edge of the table. Sree Rao abruptly moved his hands to hold it. As he held the image in the hands a beam of light emerged from the image and hit him strongly at the forehead. Sree Rao went into trance!

Much of the past was recollected for Sree Rao and the future responsibility relating to life dawned on him. He repented, repented and repented for a couple of hours. Tears rolled down from the eyes. He wept aloud and alone. A while after, he cleared the table of all the party material. He cleaned the table, set a white cloth on the table and restituted the image of Hanuman at its original place and lighted incense. He sat in contemplation of Hanuman, closing his eyes, facing the image.

The family returned home from the weekly visit of the temple. The lady of Sree Rao observed a sea change in the ambience at home. The family quietly had the dinner and retired into their sleeping places. The lady gently asked Sree Rao as to what happened and how was it that the house is fragrant with incense smell. Sree Rao narrated all that had happened in the evening. He said that the purpose of life has dawned upon him due to the grace of Lord Hanuman and that he had received the touch of Hanuman. His life hereafter shall be a new and chaste life, in accordance with the commandments of the scriptures. The lady was joyful and was immensely thankful to the deity Lord Hanuman whom she regularly worshipped.

## Uranus

### The Alchemist of the Age

#### Uranus cares not public opinion 3



Public memory is short-lived. The public is immersed in its daily routine of money, bread, butter and bed. It soon forgets even a great event that happened a week ago. Even if someone is honoured with the title of noble laureate, a week after it is no more remembered. The life moves on and does not carry memory relating to others. The noble laureate may remember that he is one among the elite, but others don't. George Bernard Shaw drew the full juice of being honoured with noble laureate by being in the headlines of the news continuously for a week. It was on the headlines of the newspapers when he was awarded noble laureate. A day later he denied the title conferred upon him. He was again on the headlines. He was persuaded by his followers. Therefore he accepted. That he accepted was again in the headlines of the newspapers. The award money he received, he donated in total to a charitable fund that has put him again in the front page of the newspapers. A couple of days later, when the journalists enquired of the charitable fund, he declared that it was a single man organized fund and that it was no other than himself. That's how he was distinctly remembered among the noble laureates due to his unconventional thinking and actions.

Instead of living for public opinion better live for your own values. Live by that which you feel is right. Care little about what others think. All Initiates demonstrated this attitude in life. They can't live up to public views. They live up to the higher principles of life and gradually the public sees a greater value in them.



Master EK

Vishnu Sahasranama

Stanza 6, 1-2

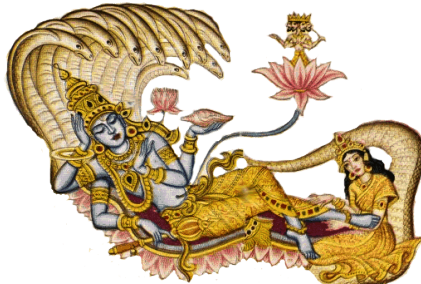
अप्रमेयो हृषीकेशः पद्मनाभोऽमरप्रभुः ।  
विश्वकर्मा मनुत्वष्टा स्थविष्ठः स्थविरो धृवः ॥

Meaning:

Invoke the Lord as the one beyond measure, the Lord of the heart and whose navel is embellished with a lotus. He is the Lord Executive among the Devas, the great Architect of the Universe, the King of time and races and the artificer of forms. He is also the stablest of all those who are stable and the oldest of all.

Explanation:

1. All measures are born only after the mind in space is born. Before that they lay concealed in the background as the implements of masonry and carpentry waiting to be used by those who will be born. Since the background is the Lord, he is beyond measure.
2. Heart is not the physical heart of beings but it is a centre around which our physical heart is formed in the mother's womb. The centre precedes all physical matter and makes its first manifestation everywhere as a centre of pulsation. It exists as a centre of electro-magnetic fields in space, the nucleus of an atom and then the nucleus of a cell and then only as the heart centre of a living being. The Lord manifests as the centre at first and exists as pure love in all of us.





## Paracelsus Health and Healing

### Prana - life force, part VII The triple quality of consciousness 1

Prana is fivefold in its manifestation corresponding to the five states of mind. Mind can be in the blissful state of Ananda which relates to the sky and it can be in the state of ideation / intuition which can be correlated with the state of air. Mind can be in the state of thought which is correlated to fire. Mind can also be in the emotional state which is correlated to water. Mind relates to the matter when it is in interaction with the objectivity. These five states of mind are supported by five pranic pulsations. Mind contains the principle of consciousness and experiences the five states with the help of the fivefold pulsations. Without the pranic principle the consciousness cannot animate to experience. Pranic principle emerges from consciousness and supports the activity of consciousness. Since prana is an offshoot of consciousness the triple quality of consciousness also have their impact on prana. The three aspects of consciousness are:

- over active consciousness, called rajas;
- under active consciousness, called tamas and;
- poised consciousness, called satva.

The triple consciousness brings out the triple qualities even into prana, which can be noticed in the pulse of a person.

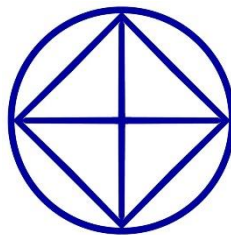
*Dr K. Parvathi Kumar - Extract from: Paracelsus - Health and Healing. Website: [www.paracelsus-magazin.ch/en](http://www.paracelsus-magazin.ch/en)*



## The Female Hierarchy

### Part 9

If you see the symbol of perfection, it is fourfold in the sense that which is in the top is in the bottom vertically. But before that, the one at the top details into time and nature. And the interaction between time and nature brings forth that which is beyond into creation. That which is beyond is brought into creation through the interaction of time and nature. You have many occult meditations in relating to it. The meditations are given by Master CVV and are hand over to us by Master EK and the commentaries are given. There you can see how the time and nature, they play with each other. “The serpent and the lotus”, that’s how it is said. The one beyond is brought down into creation as consciousness which is male-female. Pure consciousness is already male-female - it is existence and awareness. When we speak of consciousness, it is the point from which the hierarchy of the female happens. That’s why we relate to the pure consciousness as the Mother. It is called Gayatri, it is also called Aditi. It is called Savitri - Savitri because even while we slip into sleep it exists and conducts activity. It is called Sarasvati because it flows. Like that, many names are given to that pure universal consciousness, which is an emergence from existence. From that state we have the hierarchy happening.



*This text is not proofread by the author and might have some mistakes.*

## Stories for Young People

### On Service

When there is yearning to Serve,  
opportunity dawns on your mind's screen.

### Paths to Shambala 8: Shambala. The Protective I

*The focus of the Roerich's five-year journey through Central Asia was Shambala, the institution that, in the background, guides and protects humanity and is the mirror of its impact on people's culture, beliefs and experience. In "Shambhala - The Secret World Centre in the Heart of Asia" (1930), Nicholas Roerich collects his experiences as if in a kaleidoscope. In his opening narrative "Shambhala - The Radiant One", a person from the West questions a Buddhist monk of high rank about the existence and tasks of this world center.*

Shambala protects its faithful and punishes the malicious ones. The Lama gives examples of this.

One painter created incomparable pictures of Shambala's saints. Another painter became envious and defamed his righteous colleague in order to harm him. Then the defamer's house caught fire and, in an attempt to save his possessions, he burnt his hands so that he could not work for a long time.

A rich man used his possessions for the common good. An envious man tried to destroy the wealth. Then, within a day, he lost his own possessions and was forced to maintain his livelihood by begging.

Shambala supported the 5th Panchen Rinpoche in his escape from Lhasa.

The once significant centre of the Buddhist faith was in decline due to corruption and superstition. Even among the faithful, respect for its institutions had sunk to a low point. Only the highest dignitary, the Panchen Lama, followed the ancient traditions of all great Lamas and was held in high esteem, even abroad. Panchen Rinpoche foresaw the downfall of Lhasa and decided to flee. His pursuers were close behind him. A lake hindered the escape so much that evading its banks would have meant the end. It began to snow. The Panchen Lama began to meditate and ordered his followers to spend the night on the lakeshore. A heavy frost set in and the lake was frozen the

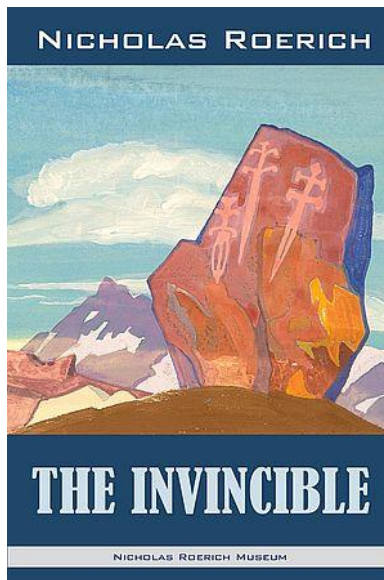


next morning. Rinpoche was able to cross the lake with 300 followers by the shortest route. By the time the pursuers reached the lake, a thaw had set in and the fugitives were safe because they were far ahead.

During their journey, the Roerichs were also under the protection of Shambhala. In a stone desert, days away from human dwellings, the caravan could observe a large black vulture circling low over their camp. It was followed by something brilliant and beautiful, accompanied by a lovely scent. When Nicholas Roerich tells his interlocutor about it, the Lama explains to him that the vulture is the embodiment of the enmity that wants to destroy the Roerich projects. The shining ball is a materialization of the power of Shambhala, which offers them protection even when the protected ones do not perceive it.

*Dedicated to Angela Fremont.*

*Sources: Nicholas Roerich: Heart of Asia. 1930; Nicholas Roerich: Shambhala. 1930; Ruth A. Drayer: Nicholas and Helena Roerich. The Spiritual Journey of Two Great Artists and Peacemakers. 2005.*



## Window to World Service News & Activities

### Supra-National Groups and Activities

Name of the group: CVV Sharing

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### Activities

During the period of the spring equinox, we - a group of 18 friends of the CVV energy of synthesis - met in the Wendland region of northern Germany for a four-day group living. It was the 13th CVV Sharing meeting.

The “Seminarhof Drawehn” in Kassau is situated on the edge of a small village and it has grown out of an old farmstead. Its centre is a beautiful 12-angular building with a spiral roof. Its large windows open a wide view over fields and forests.

During the meeting we followed a rhythm of longer and shorter meditations alternating with sharing in smaller and larger groups and walks in nature.

For this year’s programme, the preparation team had planned more free time for exchanges, and the meeting was also one day longer. We spent the exact time of the equinox in meditation and contemplation on the energy manifesting at the moment of entry into Aries.

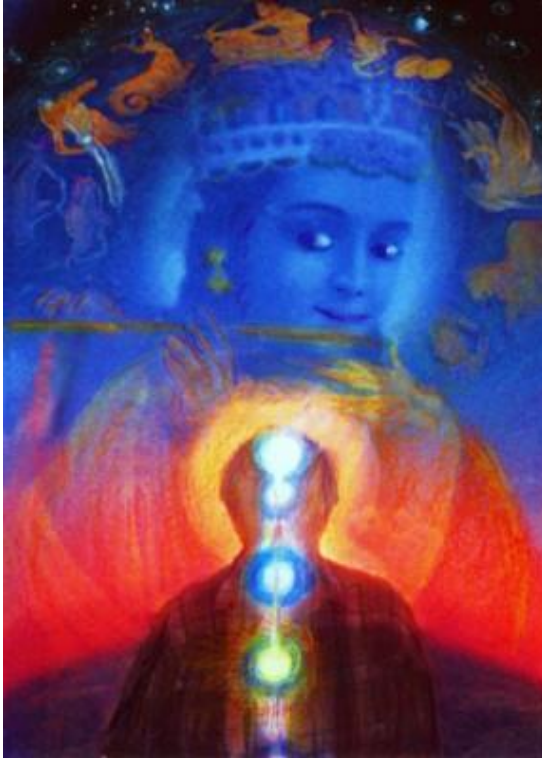
We talked in smaller and bigger groups about what moves us, how we keep the inner connection in the flood of information in everyday life and how we live with the influences of the present time.

We also delved into Sri Kumar’s message for the year 2022/23, and a fascinating input on the current planetary constellation seen through the symbolic language of Greek mythology opened up a deeper understanding. Sunday evening, a group member led us through an exercise on the symbols and qualities of the seven rays. Sunday morning after meditation, we gathered outside for a small fire ritual. Despite the wind and icy temperature, it was a sublime experience to welcome the new year with the fire and the rising sun.

- A second, shorter meeting took place at autumn equinox 2022 in Hamburg.
- The meeting 2023 will again take place at the same place at the beginning of spring.

## Picture to the Month

### Sagittarius - Alignment from Individual to Universal Consciousness



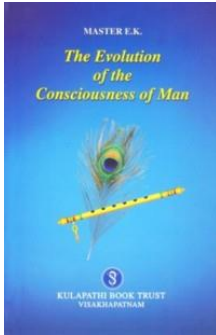
Sagittarius is the most sublime sun sign and is specially dedicated to spiritual practices from ancient most times in accordance with the Vedic tradition. Bhagavad Gita quotes Lord Krishna as saying that, “I am Sagittarius among the 12 zodiacal months.” Krishna stands for the universal consciousness and that universal consciousness is presented annually through Sagittarius, the 9th of the 12 sun signs. From Sagittarius to Gemini, and from Gemini to Aries (in the reverse path), the path exists in Sagittarius. It is a path from Muladhara to Visuddhi and Visuddhi to Ajna and Sahasrara. The path is called the ‘Path to Narayana’ and the specific days in Sagittarius are called the ‘Days of Narayana’.

Dr. K. Parvathi Kumar: OM Namō Narayanaya

*Image composed by Ludger Philips*

## Book Review

### The Evolution of the Consciousness of Man



The soul has no development at all at any point of time, because when we are fully developed, we will be in the soul and the goal is the soul consciousness. So, we are supposed to develop towards the soul. The soul has nothing to develop. In fact, what we call Soul is the highest degree of illumination of consciousness.

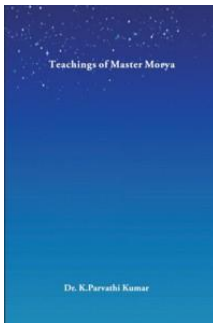
The content of the lectures in the book "The Evolution of the Consciousness of Man" makes the reader delve deep into the inner layers of his being and lets him become aware of his true 'Self'.

E. Krishnamacharya: The Evolution of the Consciousness of Man

Copies: Kulapathi Book Trust, India, kulapathibooktrust@gmail.com

PDF: [https://worldteachertrust.org/\\_media/pdf/en/ek/the\\_evolution\\_of\\_the\\_consciousness\\_of\\_man.pdf](https://worldteachertrust.org/_media/pdf/en/ek/the_evolution_of_the_consciousness_of_man.pdf)

### Teachings of Master Morya



Master Morya states: "Be grateful for what is given". We always know what we are not given, but are oblivious to what is given. When we do not value what is given, why should we be given more? Learn to use what is given.

The book "Teachings of Master Morya" contains seed thoughts expressed by him. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average person.

K. Parvathi Kumar: Teachings of Master Morya

Copies: Dhanishta Editions, Visakhapatnam, India

<https://www.aquariusbookhouse.com/>

PDF: [https://worldteachertrust.org/\\_media/pdf/en/teachings\\_of\\_master\\_morya.pdf](https://worldteachertrust.org/_media/pdf/en/teachings_of_master_morya.pdf)

## Astrological Important Days in November/December 2023

22.11.	15:02	☉ → ♏ / <b>Sun enters Sagittarius</b>	
	♀	☉ in ♏ – Every morning: <i>Utilize the two hours before dawn for intense spiritual practice – particularly the first 13 degrees of Sun's transit</i>	
		☉ in ♏ – Every Thursday (23.11., 30.11., 07.12., 14.12.): <i>Healing prayers and healing work</i>	
	18:34	11 <sup>th</sup> phase of ascending moon starts	☉ 00°09' ♏ / ☽ 00°09' ♐
		<i>Contemplation upon Lord Nârâyana</i> (End 23.11. at 16:32)	
23.11.		1926: Birthday of <i>Sri Satya Sai Baba</i>	
24.11.	14:37	13 <sup>th</sup> phase of ascending moon starts	☉ 02°00' ♏ / ☽ 26°00' ♐
	♀	<i>Contemplation upon Hanumân, an embodiment of Rudra</i> (End 25.11. at 12:52)	
<b>26.11.</b>	11:24	Phase of full moon starts	☉ 03°53' ♏ / ☽ 21°53' ♏
	☉	<i>Contemplation upon the 8-petalled Heart Lotus; upon Lord Dattâtreyâ, the Lord of Yoga, and Master Kût Hûmi</i>	
27.11.	10:16	☉ <b>Full moon of Sagittarius</b> (Karthika-F. m.)	☉ 04°51' ♏ / ☽ 04°51' ♐
	☽	(Moon in <i>Krittika</i> or <i>Rohini</i> , Sun in <i>Scorpio</i> or <i>Sagittarius</i> )	
04.12.	17:30	● 8 <sup>th</sup> phase of descending moon starts	☉ 12°15' ♏ / ☽ 06°15' ♑
	☽	(End 05.12. at 20:07)	
08.12.	00:36	11 <sup>th</sup> phase of descending moon starts	☉ 15°36' ♏ / ☽ 15°36' ♑
	♀	<i>Contemplation upon Lord Nârâyana</i> (End 09.12. at 02:02)	
12.12.	01:54	Phase of new moon starts	☉ 19°43' ♏ / ☽ 07°43' ♏
	♂	<i>Contemplation upon 'The Pledge'</i>	
13.12.	00:32	● <b>New moon of Sagittarius</b>	☉ 20°40' ♏ / ☽ 20°40' ♏
15.12.	18:01	4 <sup>th</sup> phase of ascending moon starts	☉ 23°27' ♏ / ☽ 29°27' ♏
	♀	<i>Contemplation upon Ganesha</i> (End 16.12. at 15:31)	
<b>17.12.</b>	00:07	23. constellation <i>Dhanishta</i> starts	☽ 17°31' ≈
	☉	13:03 6 <sup>th</sup> phase of ascending moon starts	☉ 25°16' ♏ / ☽ 25°16' ≈
		<i>Contemplation upon Subrahmanya, den Kumâra</i> (End 18.12. at 10:44)	
	21:00	<b>Dhanishta-Meditation</b> ( <i>Dhanishta</i> -constellation ends 17.12. at 22:24)	
19.12.	08:37	● 8 <sup>th</sup> phase of ascending moon starts	☉ 27°07' ♏ / ☽ 21°07' ♏
	♂	(End 20.12. at 06:44)	
22.12.	03:47	11 <sup>th</sup> phase of ascending moon starts	☉ 29°58' ♏ / ☽ 29°58' ♐
	♀	<i>Contemplation upon Lord Nârâyana</i> (End 23.12. at 02:42)	
	04:27	☉ → ♏ / <b>Sun enters Capricorn</b>	
		<b>Winter Solstice:</b> Birthday of Jesus Christ	
		☉ in ♏ – Every morning: <i>Contemplation upon the brilliant-white 5-pointed star during the twilight hours</i> ☆	

All times are in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hours);

From: »Astrological Calendar 2023/2024«; [www.worldteachertrust.org](http://www.worldteachertrust.org);

Publisher: The World Teacher Trust – Global, Edition Hier und Jetzt, ISBN 978-3-907246-81-8.



## The Great Invocation

Let us form  
the circle of good will.  
Omnia Vincit Amor.

From the South through  
love, which is pure,  
from the West through  
wisdom, which is true,  
from the East through will,  
which is noble,  
from the North through  
silence, which is golden.  
May the light make beautiful  
our lives.  
Oh! Hierophant of our rite,  
let his love shine.  
Omnia Vincit Amos.

We bow down  
in homage and adoration  
to the glorious  
and mighty hierarchy,  
the inner government  
of the world,  
and to its exquisite jewel,  
the star of the sea  
- the World Mother.

From the point of light  
within the mind of God,  
let light stream forth  
into the minds of men.  
Let light descend on earth.

From the point of love  
within the heart of God,  
let love stream forth  
into the hearts of men.  
May the Lord return to  
earth.

From the centre  
where the will of God  
is known,  
let purpose guide  
the little wills of men,  
the purpose  
which the Masters  
know and serve.

From the centre  
which we call  
the race of men,  
let the plan of love and  
light work out,  
and may it seal the door  
where evil dwells.

From the Avatar  
of Synthesis  
who is around,  
let his energy pour down  
in all kingdoms.  
May he lift up the earth  
to the kings of beauty.

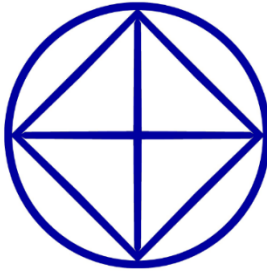
The sons of men are one,  
and I am one with them.  
I seek to love, not hate.  
I seek to serve,  
and not exact due service.  
I seek to heal, not hurt.

Let pain bring  
due reward of light  
and love.  
Let the soul control  
the outer form and life  
and all events,  
and bring to light  
the love that underlies  
the happenings of the time.

Let vision come and  
insight. Let the future  
stand revealed. Let inner  
union demonstrate and  
outer cleavages be gone.

Let love prevail.  
Let all men love.

*Master DK*



**May we stand in Light and  
Perform our obligations and duties  
To the surrounding Life to be Enlightened.**

**May we float in Love and  
Share such Love and compassion  
With the fellow beings to be fulfilled.**

**May we tune up to the Will and  
Thereby alert our Wills to gaze  
The Plan and cause the work of Goodwill.**

**May the Light, Love and Will  
Synthesise our lives into One Life.**