Vaisakh News Letter



HAMSA SIVA SOHAM

♐

Sagittarius 2026 Dhanus

Letter No. 8 / Cycle 40 — 22nd November until 21st December 2026
The World Teacher Trust – Global



May the Light in me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK

Contents

Prayer of the Year 2026-2027 4
Message of the Month 5
Message of the Teacher 7
Utterances of Lord Krishna 8
Lord Maitreya 9
Master Morya - Maruvu Maharshi 10
Master Koot Hoomi - Devapi Maharshi 11
Message of Master E.K 12
Message of Master C.V.V 13
Vidura Wisdom Teachings 14
Saraswathi 15
Hanuman 16
On Secret Doctrine 17
Venus 18
Discipleship/Hymns to Agni, the Sacred Fire 19
Life and Teachings of Master Jesus / Externalisation of Hierarchy / White Magic 21
Temple Service / On Healing 24
Sanat Kumara 27
Seventh Ray and Magic 28
Enlightening Encounters 29
Uranus 30
Vishnu Sahasranama Master EK 31
Paracelsus - Health and Healing 32
The Female Hierachy 33
Stories for Young People 34
Window to World Service 36
Image of the Month 37
Book Review 38
Astrological Important Days 39
Master D.K - Great Invocation 40

Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

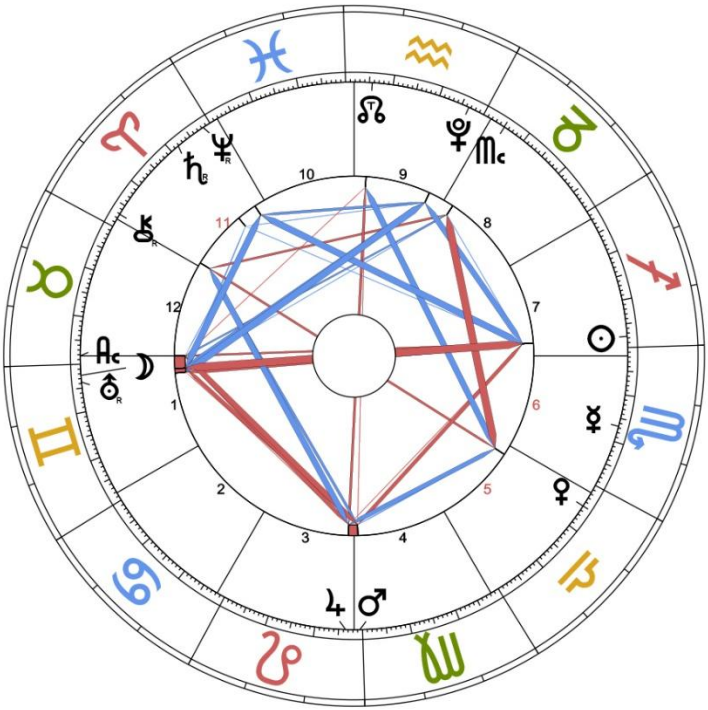
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Prayer of the Year 2026-2027

Number one, the rod.
Zero to one, the serpent unwinds.
Number nine, the throne;
Number ten, the crown.
Kingdom gained. Hunter becomes saint.
Hunter bears pot. Light of life carried.
Mind and wisdom married.
Saint blesses the couple with holy water from pot.

Occult Meditation 81



Full Moon of Sagittarius, 24 November 2026, 03:53 pm CET (UTC + 1)

Message of the month of Sagittarius ♐

Archer, Eagle, Truth-Seeker

Sagittarius, the 9th signs of the zodiac, in between the autumn festivals, Winter Solstice and Christmas, can easily be lost in autumn holiday preparations - festivals, Advent, lighted candles, wreaths, feast days, traveling, foods, gifting, decorations and preparations. So let us consider this sign, – hidden at times, silent, driven to travel, loving eating and foods and cultures, capturing images (photographer) and making music (musician), in depth.

Sagittarius often takes pilgrimages, has vision, aspiration, goals of educating, being a professor, being of service and of saviorship (Capricorn, Aquarius and Pisces). Sagittarius is the sign of discipleship and quite tested (like Scorpio), always in search of learning the "right use of the arrows of thought, restraint of speech, and harmlessness (ahimsa)." Eventually these great tests result in a state of freedom and liberation for Sagittarius.

Esoterically Sagittarius is one of the "signs of silence." - the time and sign immediately preceding - and thus preparing for the birth of the new light, around the winter solstice marking the birth of the Holy Child as Christmas.

Sagittarius is truthful always seeking the "spirit of truth emerging from individual revelation." Truth is paramount to Sagittarius, often called the truth-seeker. This is because justice is a virtue of Sagittarius. There is no justice without truth. And truth sets one free.

Sagittarius is a mutable sign, Pisces and Gemini being the other two. Mutable signs make contact and connections, both of which release Love. The "bowman" of Sagittarius seeks to unite humanity with ethics, a life philosophy and a concept of God. Sagittarius streams through Jupiter before reaching earth. Jupiter is Ray 2, the distributor of Love/Wisdom. During the month of Sagittarius, Love and Wisdom prevail.

Three constellations make up the sign of the archer - Lyra, the seven-stringed harp; Ara, the altar; and Draco, serpent of wisdom. Two other constellations surround these three - Aquila, the eagle (Spirit) and Cygnus, the swan (Soul). Sagittarius produces musicians and photographers, is known for its extraordinary ability with music from Lyra and its photographic eye a quality that derives from Aquila.

In Sagittarius, the Soul's meditative seed thought is, "I see the goal, I reach the

goal, and now I see another."

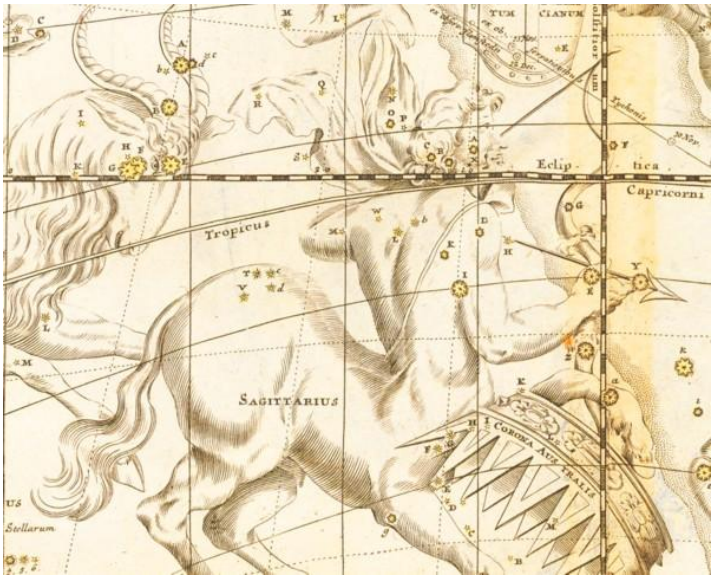
What is the goal as we enter the age of Aquarius?

Some among the many goals that can be considered for this age of Aquarius are

1. Preparation for the Reappearance of the Christ.
2. Study of astrology, the tool, language, art, science and psychology of Aquarius.
3. Learning the significance, focus and purposes of Aquarius - the forming of communities and fighting for and preserving freedom for humanity.
4. Learning about and creating the new education for humanity for the new Aquarian age. Teaching the "little ones" (humanity).

It seems time for these to come together – forming community, new learning, and the building of the new world culture and civilization - our goals, hopes, wishes and dreams. Jupiter, the beneficent loving and wise helpmate of Sagittarius, when asked from the heart, will direct us.

Composed by Risa D'Angeles



Johann Gabriel Doppelmayr (1677-1750): Sagittarius



Message of the Teacher

The Ajna Center

The causal body is full of brilliant diamond light. That's why for the birth of causal body in us, the center at Ajna shall have to be opened. That is the reason why contemplations are done of light at Ajna by seers. They are called the Tapasvins. The contemplating center is Ajna. That's why the knowers always desire that we recollect the importance of this center. They suggested that on a daily basis, as you enter into the work, you recollect this center by touching this center with the middle finger or with the ring finger and as an add-on to that recollection, they said, set some mark over there, so that it stimulates the energies of Ajna. This custom comes from the seers, from the Prajapatis, that we set a brow mark. The tradition of brow mark comes from the sublime seers who are the forerunners of this humanity. They are the ones through whom we all came through. Therefore, when you get that kind of inspiration, you start marking at Ajna, start with the brow and then go up to Ajna, and sometimes they even make a vertical column. You see Master EK with a vertical column, it means, I am very strongly decided that I shall move upwards.

Compiled by Ludger Philips



John Woodroffe: The Ajna Center

Utterances of Lord Krishna



What if, you may ask. I say only, that such people are lacking in comprehension. The fulfilment they derive is of a finite nature. One who worships the gods, attains the level of one's gods. Those who worship Me in all, attain Me in all. The attainment of gods is bound by number. The attainment of Me in all is Infinite.
(7, 23)

I stand always as the background of all. I stand unmanifest in the forms of manifestation. People see the forms and know Me not. They do not recollect Me as the Higher Existence in all existences. They do not recollect Me as the unspendable and the loftiest of all principles. Such people lack in will because they are lacking Me.
(7, 24)



Krishna statue installed by Master Kumar in Germany, now in Heiligenberg

Lord Maitreya
Maitreya Community



Stillness

A king once asked a wise man how to know who is true, how to tell treason from loyalty. The wise man pointed to richly dressed riders and said, "There lies betrayal." Then he pointed to a lone traveller and said, "There stands true loyalty, for solitude can betray nothing." From that day, the king kept only the faithful close. A heart at one with itself has nothing to betray, while a divided mind can hide treachery behind fine appearances.

The Teacher has accepted the full measure of this faithfulness. His hand is the hand of the lone traveller, a fire in the dark. His shield carries the calm of the mountains. He knows how narrow the path is for His Community. Yet it is in this very narrowness that the foundations of what is being built reveal themselves, and they reveal themselves in stillness.

Understanding of matter can grow only where betrayal is impossible. When the inner ground is whole, the knowledge of substance itself begins to open. This does not happen through noise or effort. It happens in stillness, the living ground where faithfulness becomes clear and real work begins.

May stillness become the ground on which all is built and may understanding grow where betrayal cannot reach.

Composed by Srikanth Kaligotla

PRACTICAL WISDOM

Knowledge is always associated with silence.
Please note that.

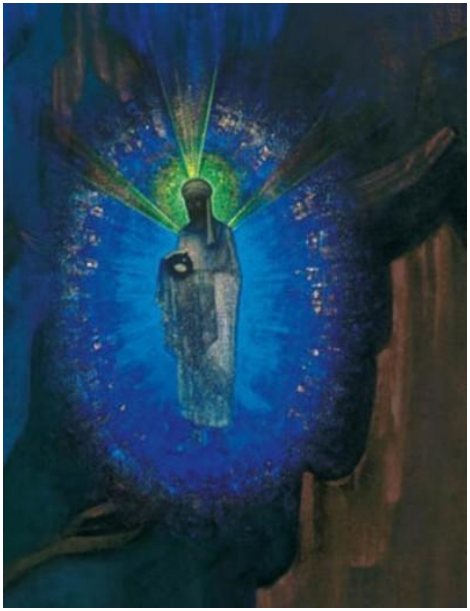


Master Morya
Maruvu Maharshi

Increase one's Receptivity

In the dark the yogi places a strong magnet or a chip from an object from the far-off worlds above the crown of a pupil's head, and asks, "What do you feel?"
Usually the first answer is negative, "I do not feel anything."
The yogi says, "It is not true; there cannot be in you such a lack of alertness that you cannot feel anything."
The pupil insists, "I cannot feel anything."
"It is not true; you are simply afraid to express the sensation and relate what you experience."
After a long silence the pupil says, "Perhaps I do feel some cold and see something like a flashing of stars."
Why do people say "seemingly" and "perhaps," when they see and feel? Only by decisive affirmation does psychic energy grow. Thus one can increase one's receptivity, because above us there are always magnetic currents and the radiance indicating the flowers of space. *(Agni Yoga, 1929)*

Compiled by Sabine Anliker



Nicholas Roerich: Fiat Rex (extract)



Master Koot Hoomi
Devâpi Maharshi

Shambala 3: Relating to Shambala

Recollect Shambala, bow down to Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.

The path to Shambala is the path to the truth. Truth is beyond all religions and cannot be coloured by religion. The path is open to those who offer themselves to the path of service in every walk of life. The teachings of Shambala pierces through and unfolds the petals of the heart lotus. The teachings continue to inspire even during the sleep hours and awaken the students into service.

It is futile to look for Shambala in the deserts of Gobi. It is an ashram in the ethers and is luminous. Depending upon the purity of heart, Shambala approaches the beings. Your association with the thought of Shambala itself starts the process of purification. The thought of Shambala even vitalizes and lifts-up your pranic pulse.

An ardent wish to relate to Shambala would lead your life into the related paths which would eventually lead you to the touch of Shambala. Recollecting Shambala has no specific rules and regulations. Associate the recollection with your pulsation; it enables you to gain the touch of Shambala eventually.

Let the thought of Shambala be the very first thought on your awakening.

Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.



Message of Master E.K.

Fate and Destiny 1

One misconception about astrology which makes us unfit to study or use astrology is a belief in fatalism. There are some who believe that life is predestined. It is not so true. There are some who believe that life is the result of one's own pre-actions and decisions. So, on one side we have the fatalist who believes that everything is already written there about his future and he has nothing to do. On the other side we find the blind rationalist who believes that he creates his own future every moment. Each of these two people has only one eye to see. They have grown blind of the other eye. Because there is 50% of truth in what each of these fellows believes.

Just for a clearer insight, it is like a passenger travelling in a big ship, having his own free will to move around and spend time anywhere and in whichever manner he likes on the deck of the ship and on top of that, having freedom of action, speech and behaviour. The only constraint being that the passenger cannot jump out of the ship. The inherent reality that one needs to know is that even though he may walk unrestrained on the deck of the ship in four directions, yet he will travel or move only in the direction in which the ship is travelling.

Similarly, we are all here living on this earth globe. We can go to any country, town, city or village. We have the choice to eat or starve, sleep or sit, or read whatever book we want. Yet we are being led by this earth only in the direction in which the earth is going. So, in the individual sense and the personal sense, we are curtailed of our freedom.

Compiled by Ludger Philips

Master CVV-Yoga



Aphorisms to Disciples 103

307. If your thoughts are personal and are emerging from your personality, then your personality tail wags.

308. Increased personality work only strengthens your personality. Your consciousness flowing through your personal thoughts will only make your personality strong.

309. Therefore, be alert to your thought patterns and keep observing them.

Composed by Guru Prasad Kambhampati



Moon over Mount Shasta



Vidura

Teachings of Wisdom

The one
who conceives thoughts of goodwill,
plans in detail, and acts in silence,
is the wise one.

PRACTICAL WISDOM

Your sincere aspiration leads you to a guide,
a teacher in the outer world.
If he is a true Teacher,
he leads you to the Teacher in you,
who awaits you in your heart.
He shows you the way to find
your Teacher in your heart.

Saraswathi



Saraswathi Suktam 12 – 5
The 7 Manifestations of the Word

Saptadhatu, the second aspect of the hymn, means (residing in the 3 mansions) to manifest in 7 ways. The One in Sahasrara manifests through the 3 higher centres. The One in the Base Centre also manifests in the 3 lower centres. There is perfect division of labour between them.

The 3 lower centres are taken care of by the Kundalini in Muladhara. The 3 higher centres are taken care of by Sanat Kumara in the Sahasrara. Man is located in-between the two sets of three, above and below. The 3 centres above can be taken as the planetary, solar, and cosmic devas (intelligences). The 3 centres below can be taken as the mental, emotional and the physical intelligences. These are the kingdoms, which are formed by the Word, and man is in the centre.

In tune with these 7 planes are the 7 tissues built in the body. The sounds relating to the 7 centres are the 7 scales of music. We have 7 states of awareness, 7 planes of Existence. They are presided over by the 7 Manus; 7 Seers, 7 Rays, 7 colours. There is a magic wand of 7 given as a table, which may be referred to (*The Composer's book "Mithila - A New Age school syllabus" is recommended for further reading*).





Hanuman

8. Hanuman and Mahabharata 3

Arjuna is already dexterous in archery and powerful in releasing his arrows. In addition, Hanuman gives his support to the power and weakens the power of the weapons coming from the other side. Arjuna also is an energy of Rudra. Arjuna is one of the names of Rudra. Rudras helped in establishing order in Dwapara Yuga by supporting Krishna.

There is an esoteric understanding behind this important symbolism of Kapi Dhwaja (Hanumans dwelling on the flag). In Dwapara yuga, the Lord descended as Jagadguru, the World Teacher as Lord Krishna. He is Narayana, meaning “the One to follow”. The other is Nara (the one who is to follow). Nara and Narayana come down in a chariot which we call the body.

The stage of the whole play of initiation is arranged as a battlefield with the lower and higher principles of body and the five senses ever in conflict. The airy principle, represented by Hanuman as the Kapi Dhwaja, aids in the victory of the higher principles over the lower. This dramatic situation is symbolically described in the historical Scripture called The Mahabharata, composed by the sage Veda Vyasa about 5000 BC.

The historical event of the Mahabharata war has been imported as a symbol of the conflict, understanding, discrimination and realisation of God- consciousness by man-consciousness. This is the declared purpose of any Purana and it is depicted with perfect skill in the Mahabharata.

In this Mahabharata war in the twilight hours of Dwapara Yuga and Kali Yuga, Hanuman bestowed his Presence atop the chariot on the Flag!

To this day, he is on the planet to help beings overcome conflict and conditioning and to travel on the Path of Light!

On Secret Doctrine

Sophia 2



We dwell upon few dimensions of what is ‘Gnosis’ or ‘jñāna’ in this edition.

1. The above words are related to the Sanskrit root, ‘jñā’ meaning to perceive, to know and experience.
2. Mme HPB describes that with the occultists, the first born of ‘jñāna’’, the Mahat is a phantasm reflected from the Absolute Nirguna.
3. The absolute Nirguna means the one reality (Parabrahm) devoid of all attributes and qualities.
4. The abstraction or infinite time is called ‘kāla’. Its phenomenon appears periodically, as the effect of Mahat.
5. Mulaprakriti, the noumenon, is self-existing and without any origin — is, in short, parentless, Anupadaka (as one with Brahmam)
6. Prakriti, its phenomenon, is periodical and no better than a phantasm of the former, the Mulaprakriti.
7. Thus, the pure knowledge, jñāna or gnosis, is understood as a reflection of the absolute. According to Nirukta (etymology), the sound 'ञ' (ña) refers to the knowledge. ‘Ja’ is to be born. When the two are put together, it forms the word, ‘jñāna’. From the same root, the word ‘gnosis’ is derived.

With this understanding in the background, we proceed further to learn about the various references to ‘Sophia’, ‘Pistis Sophia’, few doctrines in this context and that which we understand as ‘Theosophy’.

Compiled by the Brotherhood of Sadguru Tapovana



Venus

Venus in its Three Dimensions 2

We can also see the form aspect of Venus in Taurus, the balance aspect of Venus in Libra and the love aspect of Venus in Aquarius. Thus, the travel can be from Venus to Mercury, from Mercury to Saturn and also from Saturn to Mercury and from Mercury to Venus. The whole travel is done from its central point, otherwise, again we will be moving around and around. This central point is called Jupiter. The presence of I AM Consciousness enables walking the path with ease. This ascending and descending path is described in the Puranas in a mystical way.



Discipleship



The Presence is the Essence

At times one might wander purposelessly and hopelessly, considering as to which way to take, what to do and why. Reminding oneself in such situations that aiming at opening up to the inner Presence, cultivating and experiencing it, is a valuable practice here. This will bit by bit become the source for the answers to many of one's questions. Thus, the process includes refining one's inner senses to become more alert to the subtle voice of the Presence. How can this become a reality, one might ask. Like anything else it is by training the inner muscles, so to speak, and practicing inner quietude even in outer turbulences. Thereby the indecisiveness and the type of counterproductive doubts that lead to endless mental noise are slowly reduced and possibly transformed into construction material on the path. The trust into the quality of inner work and inner dialogues, is building a stable refuge, a source of guidance and an energy fountain that can withstand stormy weathers. Simultaneously, it will have a positive and balancing effect on the surroundings. The Presence, that is always at hand, thus becomes a consciously perceived co-traveller that never fails.

Composed by Ute and Peter Reichert

PRACTICAL WISDOM

Live not by borrowed thought,
apply your conscience.



Hymns to Agni, the Sacred Fire
Rgveda, Mandala-1, Sūkta – 14, Ṛk – 1

ऐभिरग्ने दुवो गिरो विश्वेभिः सोमपीतये ।
देवेभिर्याहि यक्षि च ॥
ā | ebhiḥ | agne | duvaḥ | giraḥ | viśvebhiḥ | soma-pītaye |
devebhiḥ | yāhi | yakṣi | ca ‖

Word Meaning:

agne	O Agni! (Lord of Fire)
eabhiḥ	with these
giraḥ	words of adoration and praise
duvaḥ	worship and offerings
ca	with all
viśvebhiḥ devebhiḥ	together with all the gods
somapītaye	for the drinking of Soma juice
ā yāhi	do come
ca	and
yakṣi ca	to the sacrifice

Meaning:
Oh Agni! I adore you and worship you! May you bring the devas together to receive the Soma juice. May you conduct the Sacrifice.

Explanation:
Through etymology, we understand ‘yakṣi’ as the worship offered to those devas. Agni, is extoled and worshipped such that he may bring the devas together with him. In this act, he thus serves as the priest! The coming together is for the drinking of soma juice.
Soma is the name of the mystic root from which the juice of soma is squeezed to be sipped and tasted by the one who performs the sacrifice. Soma is the Lord of experience.

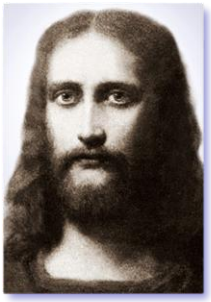
Squeezing the Soma is but a figurative description of feeling the unheard music and shaping it through breath and voice. This is the real juice of the mystic root Soma. Squeezing the juice from the root means squeezing or making manifest the music that is potential.

'giraḥ' refers to utterances of invocation and 'duvaḥ' is ardent worship. Through such invocation and worship, when Agni, brings together the devas to receive the soma, it means he enables the manifestation of all the intelligences or the devas.

In fact, Soma means the spirit of music which manifests through sound and which makes the breath manifest. This prayer stanza from the Rig Veda, extols Agni to conduct such manifestation with the worshipper.

Oh Vanaspati Agni! (It is a dimension of Agni as Iḍā). May you transmit the oblations and the offerings of the ritual to the devas and bring forth awakening to the offerer!





Life and Teachings of Master Jesus

Part 31

The guide continued: In this way, because of Rudras and mind born sons of Brahma, the inner and the outer consciousness of beings was formed. This is the story of the third wave of humans. On this earth, the third wave lived on the land where currently the Pacific Ocean and the Indian Ocean are. That place, which is now covered with water, was once land. Taking to forms, having a mind and accepting to live with sensory experiences, the third wave, spread out on that land. As the third land formed vastly, the first, the White Island, went underground. It was covered by a desert. At present, Gobi Desert exists there. Only a very few siddhas (the accomplished ones) are still living on the hidden White Island. Being in alignment with Sanat Kumara, these siddhas are carrying out the Divine Plan on earth. While the White Island became hidden, the Varaha Island became uninhabited. While very few of the beings of the Varaha Island reached the White Island in the evolution, the others reached the third land, the Shanta Island.

The first wave of life established in the forehead and the head part, which is the place of Aries in us. When our consciousness reaches Sahasrara, the vision of the White Island and the association with great people can take place. Similarly, the consciousness of the siddhas of the Varaha Island establishes in us in the lower part of the head, from the eyebrows to the chin. When our consciousness reaches the Ajna centre within us, the vision of this island is a possibility. In this island, the crystalline light filled with knowledge and wisdom can be experienced. With the emergence of the third wave, as the mind and senses were formed, the inner and outer consciousness of the being were formed. A dual state was formed. This duality is Gemini. This duality in creation is the source of light and shadow. The duality of knowledge and ignorance is formed in the beings. The seers described knowledge as light and ignorance as darkness. These dualities were called as Aditi and Diti. All that is born out of the light of knowledge is light. They are the Suras

and Devas. Those born out of darkness of ignorance are the Asuras and Daityas. The first set were said to be born to Aditi, and the second to Diti. Basing on the quality of soul, either Adityas or Daityas are born in him. Thus, mankind forming into this set of two is Gemini.

For the beings of the third wave of life, consequent to the formation of mind, industriousness and empathy were formed. The dualities of sleep and wakefulness were also formed. The paths of knowledge and ignorance were also formed. Depending on the evolution of the beings in the previous creation (kalpa), based on the mind, body, and senses some showed interest in dharma, truth, wisdom etc. There were many others, who, according to their stage of evolution, based on their mind, senses, and body, were inclined to experience the wealth of the earth. Some beings, for orienting upwards to experience the Self, fixed their consciousness on I Am (self) and followed the practice of Dharma and the life of Yoga. While others became indulgent. As the desire for indulgence increased, they also became immoral. As the bodily consciousness got fully established in them, their consciousness reached Muladhara. It got connected to the consciousness of the earth. As some reached Muladhara, the others reached Sahasrara. In the intermediate stages, depending on the evolution, having seven types of intelligences, the beings started living.



Arkhip Kuindzhi: Sunset (1876-1890)

The Externalisation of Hierarchy 18



You should be released of your profession, family, social obligations, you should be at one with the I AM. That is what we have to plan from the second half of life. The creator has already planned; he is on the returning path. We are progressing, he is receding. That is why from the second half of life start receding so that you are released when you come to the point of departure. Start to release from the very beginning.

In Kali Yuga we live normally until 84 years without depending on others. Let us assume it now. Even if you live up to 100 you will not be very functional. So we have 21 years, and 21 years… Up to a point we progress, then we have to recede slowly. From where do we have to regress? The path of return is joyful; learn it along with the path of progress. As you progress learn also to regress, that is wisdom. Don't keep on breathing in all the time; that is not the law. Hierarchy is to teach us to move out of matter. Relating to Hierarchy and the teachings would lead us to a discipline called discipleship; that is what we need to follow. We gain a life of freedom from matter, not from responsibility. Freedom is mostly misunderstood as freedom from responsibility. Freedom is gained by extreme responsibility towards all obligations. You are not supposed to create more and more obligations. The knowledge as per obligations is not to gain more obligations. That is practical wisdom. We gain freedom by fulfilling our obligations. Therefore we need to complete our obligatory karma as early as possible and thereby stand free. This is one path with can be gained through wisdom.

The other path is to be a spokesman for Hierarchy so that you continue to be a mouthpiece for the wisdom so that you help your fellow beings to get into this joyful state of freedom. That is how we have the two steps; we only gain by fulfilling our obligations.



White Magic 4

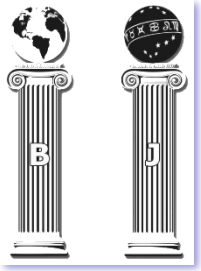
All the prayers and contemplative practices are to strengthen the soul aspect in us and align the personality to the soul. It's not annihilating the personality but adapting the personality to the requirements of the soul. When we are earnest about aligning our personality to the soul that becomes our foremost program. Then, we have the teachings of yoga or the teachings of the Master. The very first aphorism of yoga says, 'Now, practise yoga.' 'Now' means you have done enough in the world, and you know enough of the world and you would now like to know something subtler than the world of forms. Our main aim should be to orient towards the soul. That should become our main program and everything else should become subservient to it.

I will read out Master Djwhal Khul's words regarding this aspect. "I wish to bring to you with greater emphasis the rules and regulations related to discipleship which are very systematically given in the book, 'White Magic.' If we sincerely practice, we enter into the field of the magic of the soul." Master DK calls this book, 'The Magic of the Soul.'

The Magic of the Soul is better realized and experienced if we follow these regulations. These regulations are also described elsewhere like in the Patanjali Yoga Sutras, the Bhagavad Gita and other scriptures. The speciality of Master Djwhal Khul is that he has a very organized presentation of wisdom. He is not poetic but he is scientific. He provides a scientific approach to work on oneself, one's lower self with the help of the divine. The higher self seeks the help of the divine to train one's own lower self. That's where prayers become relevant.

This text is not proofread by the author and might have some mistakes.

Temple Service



7. Subtle Sleep 1

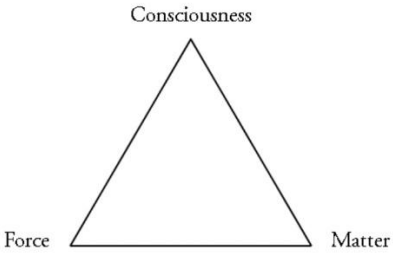
To turn the mind inward, requires a lot of effort because from the childhood we have trained it to go outward with the help of the senses. It only goes out and does not know how to come back. The only way for it to come back is through sleep. For those who cannot come back by themselves, nature helps bringing them back through sleep. Just like when a child who keeps on playing till he falls asleep, then the mother brings the child into the bedroom, removes the shoes, changes the dress and puts the sleeping child to a comfortable bed. For all those who cannot turn subjective the nature does it for them during sleep. Sleep is the means by which the human beings are brought into subjectivity. If we do not even get sleep, it is a dangerous situation. Not being able to sleep is due to hyperactivity of the mind in objectivity. If a man cannot get sleep easily, it means that he has to re-organise his mind quite a bit. Man needs much sleep because he moves so much in objectivity and spends so much energy during the day. The one who works in objectivity in an organised manner, would not have problem to sleep. On the contrary, the sleep becomes subtle and it is not a very deep sleep. There are some, when they sleep, they are like the logs of wood. Even if we move them they don't get up and they have gone deep down into the slumber of sleep. All the knowers only have a subtle sleep and not such a slumbering sleep. Even animals do not sleep deep! In the night while an animal is seemingly asleep and we move by its side, it opens it eyes and sees us. Because its sleep is very subtle. Its sleep is subtle because during the day it has neither hyperactivity nor conflicting activity.



On Healing

4. The Fivefold Human Machine 2

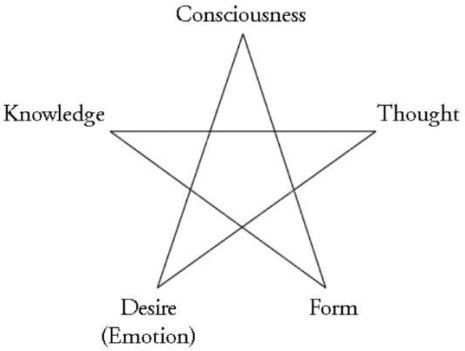
Matter is the gross state while consciousness is the subtle state of existence. Healing is enabling the flow, free flow of consciousness up to the gross physical matter, causing the necessary, rectificatory mutations in the plane of force and matter. (Figure - 1)



The fivefold understanding in a little more detail:

1. The blissful state of existence of consciousness
2. Its knowledgeable state
3. Its state as thought
4. Its state as desire (emotion) and
5. Its state as form, - the gross physical

Even in this understanding the various states of existence are only of consciousness. Hence, it is only the flow of one as many. (Figure - 2)



The sevenfold understanding of Creation is:

1. The state of Spirit
2. The state of Soul
3. Its state as Akasha
4. Its state as Air
5. Its state as Fire
6. Its state as Water, and
7. Its state as Matter

On Synthesis

War is fought only in mind,
and in the emotional plane.
War is not among those
who live in the plane of wisdom.
Fight takes away energy.
Harmony and peace are lost.

Sanat Kumara



Practise Harmlessness in Thought, Word and Deed 5

Persons who hold the contrary energy to harmlessness work like anti-magnets. People run away from them. People disassociate themselves. Even a street dog prefers to be away. Do you observe this? When some persons are at walk on the road side a stray dog, a street dog walks along and accompanies a person that doesn't know the dog. But the dog walks along. The dog feels friendly with the person and walks along, since it can smell the quality of harmlessness in the person. Even if a stray dog runs away looking at you, imagine what is the quality of energy that you hold. There are some people amidst our society, whom people would like to avoid. Even animals avoid them.

To see how much harmlessness one carries, a Master of wisdom used to play a trick. He gave a rose to the one who came to him and conversed with the person who held the rose in the hand. If the rose crippled with the touch of the person, he did not prefer to give wisdom to such a person. If the rose remained intact for long hours and continued to be fresh, he allowed them to get into the occult training. Observe the plants around you, the animals around you and the humans around you. If they blossom at your side, you are in a good way of harmlessness. If they shrink with your presence, observe that there is a lot to be desired in terms of harmlessness.



Seventh Ray and Magic

The incoming of the 7th Ray 49

While glamour is a pitfall, reducing the activity into dead routine is another. There are more pitfalls that a 7th Ray worker needs to watch out for.

Methodical functioning of a 7th Ray worker is very important for manifestation of work. But one should bear in mind that it is only a means. One should not get emotionally attached to it. Attachment in any form is hindrance for self-transformation and evolution. Be it a positive attachment or a negative attachment. Yet it is a hindrance.

Being attached to one's own methodical and orderly functioning is a positive attachment. Looking down on others who are chaotic and avoiding & hating them is a negative attachment. Both these have their adverse effect on 7th ray worker's thoughts & actions and his evolutionary growth.

Getting attached to the means will keep the 7th ray worker away from experience, a necessary implement for transformation. Transformation and evolution are possible only through experience. As souls we all descended into creation to experience and thereby evolve.

Work without experience is dead work, labour. Such work becomes a head load. Experience keeps the 7th Ray worker inspired and the activity of 7th Ray worker shines with life and energy. As the work carries life, it supplies life to the 7th Ray worker. Therefore, he is never tired in spite of long years of voluminous work. Being in the moment and experiencing is the key. It keeps the 7th Ray worker from the pitfall of reducing the 7th ray work into tedious labour.

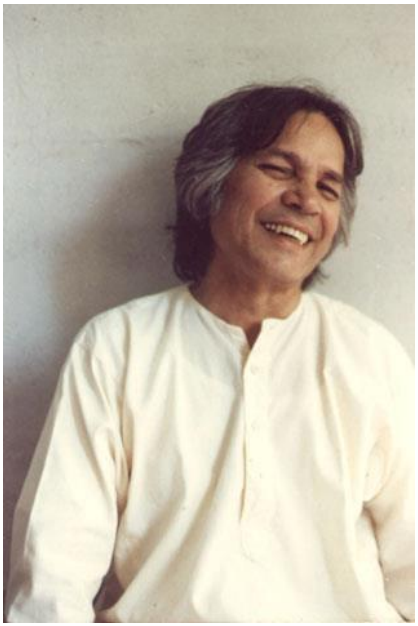
Composed by Guru Prasad Kambhampati

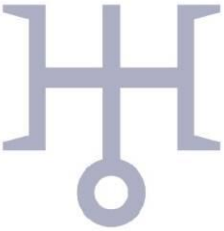
Enlightening Encounters



U G - The Master 6

UG turned to Saukumarya and said, “Hope your work for the day went well. It is true that I told my fellows that you are a remarkable person and a gentleman. Having said that I owe an answer to you. You were remarkably silent for four hours yesterday evening while there was so much of conversation. To be silent is not easy. Your silence was gently touching me all through. I also said this morning that you are remarkable because you live by your professional work. The world needs working hands not just preaching mouths. You are self-reliant and not a vampire on others. I heard that you teach and that you teach ‘Secret Doctrine' also. I am glad that you do that. Till date I did not fully understand what HPB wanted to communicate. I too taught ‘Secret Doctrine' for a while. There were many idle listeners, mostly retired persons older than me. They needed some pastime. I therefore stopped teaching. I felt it was futile to teach those who have neither inclination nor ability to practice what is taught.” Saukumarya listened but did not reply as there was no specific question. It was a perception of UG which Saukumarya respected.





Uranus
The Alchemist of the Age

Uranus and Sun Signs 1

The energies of Sirius are transmitted by Uranus through space to our system and to humanity. These rays reach the planetary heart centre as far as the planet is concerned and the heart centre of the disciples. It may be pertinent here to note that the planet and humanity are connected to the Great Bear, to Pleiades and to Sirius. These three great centres are connected to our solar system through Leo, Capricorn and Pisces respectively. The planets Saturn, Mercury and Uranus conduct the transmission to the planet and to the disciples on the planet. The planet receives it respectively into its head centre, ajna centre, and heart centre. The disciples likewise receive it into their head centre, ajna centre and heart centre. These groups of triangles working on the planet, the humans and other beings on the planet are of consequence. The students of occultism need to note this.

The energies of Sirius are conducted by Uranus in this cycle via the Central Sun of Leo called Regulus. For this reason the sun sign Leo is of consequence in the New Age. Uranus and Leo enable self-rule through conflict to a Leo aspirant and transform him into a disciple. The aspirant needs to impose discipline upon himself. Leo being a feminine sign to Aquarius, its negative attitude shall have to be oriented more towards Aquarius (towards the blue sky) than towards the worldly affairs. Leo engrossed in the world could be a liar. Only through self-discipline ‘the lion must emerge from the liar’.



Master EK

Vishnu Sahasranama
Stanza 16 –3-7

Explanation:

3, 4. In the same way, the Lord Himself manifests as the eater in all the beings. Finally He is the eater of all, who eats everything into his own subjectivity and hence, He is the one, who endures all.

5. The first born in creation is the creator Himself and the sacred ones who are the first three, four, seven and twelve. The first three are Brahma, Vishnu and Siva. The first four are the four Kumaras who remain pure throughout the creation. The first seven are the seven great lights who are known as the Saptarishis (The seven seers). They are formed by the combination of the three and the four and manifest through the spectroscopy of the creation. The first twelve are the Adityas who preside over the twelve months of the great year of one creation. They are formed out of the multiplication of the first three and the first four. “They all take birth in me and they are my mind-born ones,” says the Lord in the Bhagavad Gita.

6,7. Since the Lord is the purest spirit from which everything comes out, He cannot be touched by anything that came out before it can be transmuted as Himself. Like the fire, which cannot be polluted by the type of fuel it burns, the Lord cannot be touched by anyone of the sins of creation. The Lord is the success of all. Everyone who can believe in Him knows the order of the universe and its plan and acts only accordingly. Hence, He knows no defeat. A knowledge of the Lord is truly a knowledge of success.



Paracelsus
Health and Healing
Perception of Udana Prana 1

Udana Prana is around the throat and works as a complementary to Apana Prana. Apana is exhalation. The pull for exhalation comes from the throat area, while the push for exhalation comes from a point below navel. It supports inhalation as well. It is a supporter of exhalation essentially and is also a supporter of inhalation. It establishes a contact between the lower torso, upper torso and the head. In yoga, Udana Prana is given great importance, for, it establishes a link between the heart and the head. Yogis consciously move into the upper part of the head with the help of Udana. As regards the health, Udana chiefly presides over the speech. Magnetic, effective and ossiferous speeches are enabled by the vitality of Udana Prana. In as much as Udana Prana is sound and strong so much one can overcome hunger and thirst. Men would not be totally dependent on food and drink, when Udana is vitalised. It may not be hyperbolic to say that there are people who feel tense when they miss a breakfast, a lunch or a dinner. To them fasting means death. But when Udana Prana is strong, one can do away with food and drink at times of emergency.

Dr. K. Parvathi Kumar: Occult Healing Vol. 1, Dhanishta, Visakhapatnam, India 2019



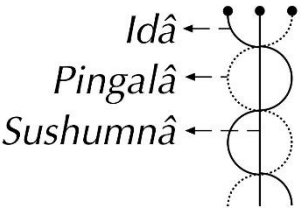
Master Mountain



The Female Hierarchy

Part 44

The birth of Dattatreya or the fulfilment of yoga in us happens when we accomplish the unmaliced nature in its entirety. An unmaliced nature is in marriage with Prajapati Atri, meaning the nature always stands beyond the triplicity of quality. From there it permeates, percolates down. It never displaces itself from that state. It is firmly anchored beyond the three qualities, and functions through the three qualities and the five elements, and it is a state of permeating while it is percolating. When you have that kind of awareness established in us, then we are called to be in yoga. In creation the principle of yoga is made to manifest through the unmaliced nature. And Dattatreya is said to be Lord of Yoga in creation. That means he permeates from Sahasrara to Muladhara, and he is in the central column, and he is supported by the left and the right as the First and Third Logoi. The left vagus nerve is called Ida, it is reproductive and it represents the Third Logos, Brahma. Pingala represents the Second Logos, Vishnu. The central column represents the First Logos, Shiva. They are all just one flowing in three channels. So, you have the will, the knowledge, and the activity in its fullness when you are yogi. So, Anasuya forms the female principle through which the yoga happens. That's why in discipleship we speak of practicing Anasuyatva, meaning try to stay unmaliced.



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Stories for Young People

7. Attitude of Servitude – Lakshmana

Lord Lakshmana is the living embodiment of the attitude of loving servitude. His life is not merely a story of a devoted younger brother; it is the story of one who found his very purpose in serving the Divine.

Born to Queen Sumitra and King Dasharatha, Lakshmana displayed an extraordinary attachment to Lord Rama from his earliest days. As they grew, Lakshmana never sought a separate identity. He rejoiced simply in being with Rama, learning from Him, serving Him, and following Him.

When Sage Vishwamitra sought King Dasaratha to send Rama to protect his sacred yajñas from the diabolics, Lakshmana eagerly accompanied his brother without hesitation. The true measure of his devotion was revealed when Rama was exiled to the forest for fourteen years. Before Rama could even ask, Lakshmana stood before Him and said, "How can I remain in Ayodhya while You wander through the forests? Wherever You are is my kingdom. Without You, even heaven has no joy." Leaving behind the comforts of palace life, his royal privileges, and even his newly married wife Urmila, he accompanied Rama and Sita into exile without the slightest hesitation. He never considered his sacrifice to be a burden; to him, serving Rama was the greatest privilege life could offer.

As they lived in exile, he built huts with his own hands, gathered fruits and firewood, prepared the paths ahead, and ensured that Rama and Sita lacked nothing. While they slept, Lakshmana remained awake through the nights, bow in hand, guarding them from every danger. Tradition even says that throughout the fourteen years of exile, he seldom slept, offering his own rest so that Rama and Sita could sleep undisturbed.

One of the most painful moments of his life came when Rama chased the golden deer. Lakshmana knew instinctively that something was amiss. When the cry calling for help echoed through the forest, he recognized that no ordinary danger could overcome Rama. Yet Sita, distressed by the cry, insisted that he go in search of his brother. Though his heart warned him otherwise, Lakshmana obeyed her wishes, making every effort to ensure her safety before leaving. Even in that difficult decision, he sought only to serve both Rama and

Sita to the best of his ability.

When the great war in Lanka began, Lakshmana fought fearlessly at Rama's side. He challenged mighty warriors, including Indrajit. Even when he fell unconscious after being struck by a celestial weapon, his own life meant little to him compared to Rama's mission. His strength, courage, and valor were all offerings laid at Rama's feet.

When the exile ended and Rama was crowned king, nothing changed in Lakshmana's heart. He did not seek a kingdom, power, or recognition for the years of sacrifice he had made. He continued serving Rama with the same humility that had marked his life in the forest. Service was never a means to gain honor; it was the very fulfilment of his existence.

Lakshmana's life teaches that true servitude is not weakness, dependence, or loss of dignity. It is love so complete that the ego disappears. His life silently proclaims that when one dedicates every thought, every action, and every breath to the Divine, no duty is small. In Lakshmana, we see the perfect example of the sacred attitude that says, "I do not live for myself; I live only to serve the Divine."

Composed by Sanath Sripathi on the basis of Śrīmad Bhāgavatam



Rama, Sita, Lakshmana and the golden deer

Window to World Service
News & Activities

SPAIN

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Activities 1

By Zoom through an individual connection with the virtu-al channel of the WTT Spain or the Global:

- Participation in daily meditations, New Moon, Full Moon, Dhanishtha Meditation.
- Participation in the main celebrations that the WTT-Global celebrates during the year.
- Participation in WHHO healing prayers on Thursdays and Sundays.
- Organization of one of the virtual activities addressed to the entire Spanish group: the weekly reading of the biography of Srīpāda Srīvallabha, Avatar of Lord Dattatreya.

Face-to-face activities:

- Some meditations and group meetings in a private house.
- Coordination, translation of some articles and linguis-tic correction of the monthly publication of the Span-ish version of the Vaisakh News Letter.
- Group meeting one Sunday a month, where astrology is practiced and meditation, and there is a fraternal coexistence among its members.
- Collaboration with the Wisdom & Astrology WTT WhatsApp group.
- Transcript of lectures by Master KPK.
- Volunteering with people who are in advanced chron-ic disease and end-of-life.
- Management of the study group for young people in Girona called "Grup Lux", of which we attach their own report.

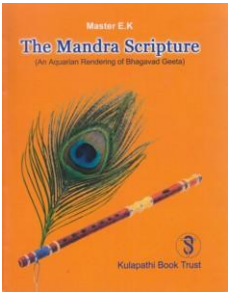
Picture to the Month
Sagittarius - Purifying and Uplifting the Earth



In its effort to keep the Earth pure, Shambala strives through the Hierarchy to educate the humanity of the need for keeping the Earth pure. While Earth is striving towards purity, the humanity is working contrary to the Earth's plan. The humanity is consistently and constantly polluting the Earth.
Shambala strives hard to arrest these deteriorating conditions if and when the deterioration is rampant. It even sees natural calamities such as earthquakes, explosion of volcanoes, tsunamis, tornadoes and the like as means for course correction. At times if required, even mass scale wars are used as implements of change.
Dr K. Parvathi Kumar: Shambala. Dhanishta, Visakhapatnam
Image composed by Ludger Philips

Book Review

The Mandra Scripture



The Mandra Scripture is an Aquarian rendering of the Bhagavad Geeta, the celestial song of the Lord. Master E.K., to whom the Grand Wisdom of the Bhagavad Geeta was revealed, directly dictated afresh the celestial song in a very simple and lucid manner. This is not a commentary on the Bhagavad Geeta. It is Bhagavad Geeta rewritten, directly communicating the import for the benefit of the seekers of Truth. Master E.K. had an unique ability to dictate at length any profound wisdom-concept, wisdom-key or a scripture. This book is meant for the aspirants all over the world to be used upon themselves for self-transformation and self-realisation.

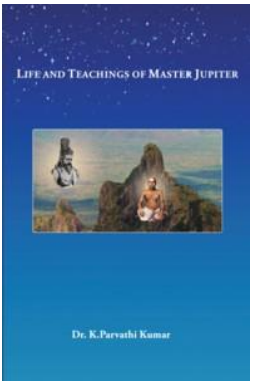
E. Krishnamacharya: The Mandra Scripture

Order book: https://www.aquariusbookhouse.com/product/the-mandra-scripture/

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Bilingual publication German / English: https://worldteachertrust.org/_media/pdf/de/mandra_scripture.pdf

Life and Teachings of Master Jupiter



The grand sage Agastya is also known as Master Jupiter in theosophical literature. He has been with the planet and humanity over yugas, right from Lemurian times. He descended on this planet along with the other Sons of Will and Yoga and has been helping the planet and humanity. He resides in the South to enable stability for the planet and also to enable stability for the beings on the planet. He brought down much light into the matter and therefore there is much light in the lower planes also, so that the beings can pursue the light.

The book “Life and Teachings of Master Jupiter” by Dr K. Parvathi Kumar describes a few dimensions relating to the life and work of Agastya.

K. Parvathi Kumar : Life and Teachings of Master Jupiter

Order book: https://www.aquariusbookhouse.com/product/life-and-teachings-of-master-jupiter/

PDF: http://worldteachertrust.org/_media/pdf/en/life_and_teachings_of_master_jupiter.pdf

Astrological Important Days

in November/December 2026

22.11.☉ ♐	08:23	**Sun enters Sagittarius** *Every morning: Utilize the two hours before dawn for intense spiritual practice - particularly the first 13 degrees of Sun's transit*
23.11.☽	19:13	Phase of Full Moon starts. *Worship the Cosmic 1st Ray, Lord SIVA, and sing the 5-syllable mantra OM NAMA SIVAYA* *Birthday of Lord Dattatreya and Master Koot Hoomi; contemplation on Lord Dattatreya, the Lord of Yoga* *1926: Birthday of Sri Satya Sai Baba*
24.11.♂	15:53	**Full Moon of Sagittarius** ○ (Karthika-Full-Moon) *(Moon in Karthika or Rohini, Sun in Scorpio or Sagittarius).*
30.11. ☽	19:42	8th phase of descending moon starts (End 01.12. at 18:44)
03.12.♃	18:34	11th phase of descending moon starts (End 04.12. at 19:15) *Contemplation on Nârâyana*
07.12. ☽	23:43	Phase of New Moon starts *Contemplation on 'The Pledge'*
09.12.☿	01:51	**New Moon of Sagittarius** ●
12.12.♄	09:35	4th phase of ascending moon starts (End 13.12. at 12:18) *Contemplation upon Ganesha*
14.12.☽	04:42	23rd constellation Dhanishta starts
	14:46	6th phase of ascending moon starts (End 15.12. at 16:49) *Birthday of Subrahmanya (Sanat Kumara)*
	21:00	**Dhanishta-Meditation** (Constellation ends on 15.12. at 07:22)
16.12. ☿	18:16	8th phase of ascending moon starts (End 17.12. at 18:56)
19.12. ♄	17:39	11th phase of ascending moon starts (End 20.12. at 15:45) *Contemplate upon Narayana and Vishnu, and their first embodiment on the planet, Kapila*
21.12.☽	13:06	13th phase of ascending moon starts (End 22.12. at 09:54) *Contemplation on Hanuman, an embodiment of Rudra*
	21:50	**Sun enters Capricorn (Winter Solstice)** *Esoteric Birthday of Jesus Christ*

All times are in CET (Central European Time) / UTC + 1 (Universal Time Coordinated plus 1 hour);
Data source: Astrological Diary 2026/2027, www.worldteachertrust.org
The World Teacher Trust - Global, CH-6440 Brunnen



The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through love, which is pure,
from the West through wisdom, which is true,
from the East through will, which is noble,
from the North through silence, which is golden.
May the light make beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

Master DK

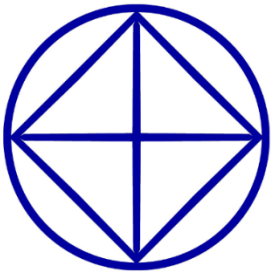
From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and insight. Let the future stand revealed. Let inner union demonstrate and outer cleavages be gone.

Let love prevail.
Let all men love.



May we stand in Light and
Perform our obligations and duties
To the surrounding Life to be Enlightened.

May we float in Love and
Share such Love and compassion
With the fellow beings to be fulfilled.

May we tune up to the Will and
Thereby alert our Wills to gaze
The Plan and cause the work of Goodwill.

May the Light, Love and Will
Synthesise our lives into One Life.