

VAISAKH NEWS LETTER



HAMSA SIVA SOHAM



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Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh News Letter'.

The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

(Maruvu Maharshi: Master Morya; Devapi Maharshi: Master Koot Hoomi; Vidura: the Mahachohan)

The World Teacher Trust Europe

c/o Jesús and Tiziana Diaz
Talackerstrasse 77
CH-8152 Glattbrugg, ZH
Switzerland
Tel. & Fax: ++41-1-8102627
E-mail: wtt europe@hotmail.com

INVOCATION

May the Light in Me be the light before me
May I learn to see it in all.

May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

PRAYER FOR THE MONTH



This prayer is recommended to be done daily during this month.

The deeper the lake is the farther skies peep into it.
The higher the cliff is the less the fellow beings are visible.
The higher the cliff is the fall is fatal.
I live in depth and not at height.



MESSAGE OF THE MONTH

Scorpio is the cosmic 8th house. Number 8 stands for change. Death is but one of such changes although dreaded by human beings. Change is inevitable. The keynote of Nature is change.

If one observes life, it is an admixture of immutability and mutability. There are certain parts in us, which are unchangeable. There are certain other parts in us, which are changeable. People are accustomed to live in the changeable part and complain of change. It is but wise that you move to the unchangeable in you so that you not only remain immutable and eternal, but also enjoy the beauty of change.

In the depth of your being you are unchangeable. As soul you are eternal, the Light of the Soul is also eternal, the outer being, that is, the mental, the emotional, and the mundane aspects of your life are changeable. Shift your awareness into the depth of your being. Shift from peripherals to depth. Scorpio demands such depth.

Live in depth, or face death. The options are yours.

K. Parvathi Kumar

THE GITA

- LORD KRISHNA -



THE TURTLE

The turtle is an excellent symbol for the disciple to observe. It has the ability to withdraw during adverse situations into itself and extend again into objectivity when favourable conditions prevail.

Movement from subjectivity to objectivity and from objectivity to subjectivity, at ease, is the chief skill that a disciple is supposed to gain. This requires a detached attachment, in other words, it is like working with gloves. One should be able to extend into objectivity according to the need of the hour. When the need is done, at will he should be able to withdraw.

The civilized man, today, is taught the path towards objectivity and is not educated of the path to subjectivity, consequently he is unable to withdraw the senses and mind into himself even when there is no need for such extension of consciousness through mind and senses. Yoga is therefore the only technique, which has to be practiced with due care and diligence. This would enable man to suspend the activity of the senses at will.



PEACE

- LORD MAITREYA -

If you wish peace, you should learn to cooperate. People demand peace, they cannot get peace just by demand, nor can they buy it in the market. Peace is the product of sympathetic understanding and cooperation. A society full of aggression and malice can only have wishful thinking relating to peace, which they can never attain.

Learn to sympathize, learn to cooperate, learn to condole others during their calamities and learn to help. These attitudes shall have to be taught even in the childhood. In fact in every tradition there are simple, fundamental moral stories for the children, which carry profound truth. These stories are generally overlooked. The elders are too busy to inform the stories that inspire children to follow the path of virtuous aspirations. There is a specific path to peace, it cannot be experienced by demonstrations on the roads.

DIAMOND CONSCIOUSNESS (7)

- MARUVU MAHARSHI -



There is no way for us to contact aspirants who lose their consciousness in deep sleep. There should be a few minutes of semi-conscious state that the aspirant should practice to gain, to enable our contact with him. Sleep-mongers, I repeat, are unfit for discipleship.

The Diamond Consciousness, which I have been speaking of, if gained through the suggested practice, much can be learnt, learnt faster and learnt deeper. It is a golden opportunity. This consciousness can also be experienced not only while one slips into sleep, but also as one is about to arise from sleep.

For the above reason one should try to be on the bed for a few minutes even when he gets the initial bell for awakening.

Thus, a few minutes before slipping into sleep and a few minutes anterior to awakening, are the most valuable moments. Their duration does not cut into the real sleep hours, therefore, make an endeavour to participate in the teachings that the Hierarchy is imparting to the prepared souls.

The highest and grandest example of Diamond Consciousness, in recent centuries, has been Jesus the Christ, who tried not to lose consciousness during the hours of crucifixion even while there is the approach of death to the body.

Loss of awareness or consciousness is the most unfortunate state for the being. Divine Life belongs to those who make the right understanding and use of the bedroom hours (sleep hours).

I conclude saying that your bedroom can be your death-room or an Initiation Chamber according to your option.



A FEW KEYS FOR THE WORK OF GOODWILL

- DEVAPI MAHARSHI -

1. Do you think you are capable? You may think so, but we consider you capable, if you have the ability to work with your group members. Many can do work, from our standpoint, that is not seen as capability. Ability to affect a groupal activity is the real capability.
2. Check up how is your psychological resistance when a new member enters into the group and tries to work prominently. Do you resist him? Do you desist him? Do you feel jealous? Do you comment? Do you criticize? Do you look for being his guide? If you find these tendencies in you, you are unfit to be a group member.
3. Every person has a heart. He can receive a warm and vibrating response of others heart only through your good deeds, not by speeches or by bombarding him with your bookish knowledge.
4. Would you like to do deeds of eternal value? If so, follow the instructions of a Master of Wisdom for life. Do not deviate therefrom.
5. If your work of goodwill is receiving acceptance in the society and if you are growing prominent in the society, normally the society tries to admire you, honour you and even felicitate you. If your personality gets attached to such honours, admirations and felicities, you would not progress in your manifestation of goodwill work. You should think of intensifying the work, unmindful of the public praise. It is but common sense that the rise is due to the work and as long as you continue to work, the admiration etc. follows you as a shade.



VARIOUS FORMS OF TELEPATHY

- MASTER DJWHAL KHUL -

SUBJECTIVE AND OBJECTIVE GROUPS

Telepathic work between subjective and objective groups. I do not refer here to the contact between an inner group of disciples, functioning consciously on the subjective levels, and the outer form that group takes. I refer to an inner group and a different outer group or groups. These groups, on both levels, can be either good or bad, according to the quality or caliber of the group personnel and their motives. This opens up a wide range of contacts and is one of the ways in which the Hierarchy of Masters work, as individuals. It is, however, not possible for groups upon the outer plane to respond to this type of contact until the bulk of their members have the heart centre awakened. In this connection a most interesting point should be noted. The awakening of the heart centre indicates inclusiveness, group appreciation and contact, also group thought and group life-activity. Unless, however, the head centre is also awakened and active, the soul is not able to control, and this heart activity need not necessarily be what we call good or spiritual activity. It is quite impersonal, like the sun, of which the heart is, as you know, the symbol. It shines alike upon the good and the bad; and group activity, as a result of heart awakening, can include the bad groups. Therefore you can see the necessity of awakening the head centre and bringing in the control of the soul aspect; and hence the emphasis laid upon character building and the need for meditation.



MY ADVISE

- SHIRDI SAI -



QUOTABLE QUOTE

- VIDURA -

The ignorant indulges in the differences of the religions.
The knowers see Truth hidden.
In Truth, all religions unite.
Follow the Path of Truth through any religion,
you will reach Me.
Do not be lost in the routine of religion
and the variety of practices.
Truth should prevail in all thoughts, speeches and actions.
Compassion to beings is primary.
The left and the right hands are seemingly different
but are complementary.
Together they accomplish better
than individually.
Discussion, argument and conflict
lead nowhere.
Competition is unhealthy.
Be just and be unmindful of the injustice done to you.
Engage in your duty towards others
and let that be the motto of the daily life.

Tolerance
is the strength of the weak,
and is the ornament of the strong.



BUDDHI

- MASTER E.K. -

In daily life or during the events of daily life, if the mind is at work, the teachings are of no help to you. If *buddhi* is at work, the teachings would be of immense help.

To ensure that *buddhi* functions but not the behavioural mind, the only single way is to see the soul in the one you interact with.

There is no other way.



A GOOD WORD

THE LOOK

The Lord looks to those who look to Him. The Lord looks to all in all the three worlds and conducts them, but they do not know that they are looked at because they do not look to Him.

The Lord knows how to look, He teaches through his band of Teachers to learn how to look. Those who know how to look, can look to Him in all. He too looks to all. He protects them, guides them and illumines them, according to their choice and inclinations and waits until they look to Him.

K. Parvathi Kumar

GREAT INVOCATION

From the point of Light within the Mind of God
Let Light stream forth into the minds of men.
Let light descend on Earth.

From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May CHRIST return to Earth.

From the centre where the Will of God is known
Let purpose guide the little wills of men -
The purpose, which the Masters know and serve.

From the centre which we call the race of men
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

From the Avatar of Synthesis who is to come
Let His energy pour down in all kingdoms.
May He lift up the Earth to the Kings of Beauty.

Let Light and Love and Power restore the Plan on Earth.

Master D.K.



The congregations of goodwill,
the rituals, the worship programs
and the works of goodwill
terminate in fruition,
if such activities commence and conclude
with OM.
OM is the key to fruition
in all walks of life.

K. Parvathi Kumar