Vaisakh News Letter



HAMSA SIVA SOHAM

M,

Scorpio 2021 Vrishika

Letter No. 7 / Cycle 35 — 23rd October until 22nd November 2021 The World Teacher Trust - Global



May the Light in me be the light before me May I learn to see it in all. May the sound I utter reveal the light in me May I listen to it while others speak.

May the silence in and around me present itself, The silence which we break every moment, May it fill the darkness of noise we do And convert it into the Light of our background.

Let virtue be the strength of my intelligence, Let realisation be my attainment, Let my purpose shape into the purpose of our earth, Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it. May we live in the awareness of the background. May we transact light in terms of joy. May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Prayer of the Year 2021-2022

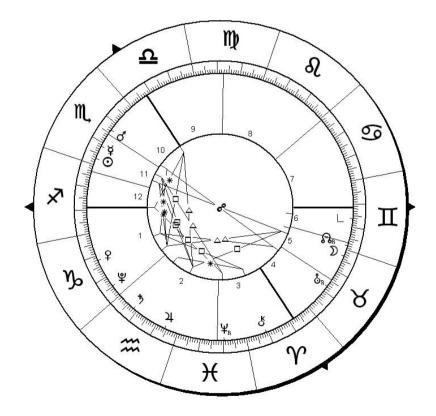
Tables turn. Time tables framed. Planetary adjustments.

Levels set in squares. Set-squares erected.

Right angles established. Wrong angles adjusted.

Accounts squared up.

Occult Meditation 86



Full Moon of Scorpio, 19 November 2021, 09:57 am CET (UTC + 1)

Message of the Month of Scorpio $\ensuremath{\mathbb{M}}$

Scorpio is a very interesting sign; it is also the most mysterious. Before we enter Capricorn, Scorpio offers us points of crisis and moments of reorientation. Recognizing these two deeply important functions of Scorpio is of great value in helping us understand ourselves, family or friends who may have Sun, moon or ascendant [rising sign] in Scorpio.

Our lives on Earth are our chosen spiritual adventure. There comes a time in one or more of our lives when we find that we have divine curiosity. We want to understand the underlying motives of our existence and lives. We want to step out of the "cloud of ignorance, *avidya*" and we are eager to progress forward in knowledge with strength and serenity.

When we start thinking in this way, we can know we are stepping into the evolutionary path or the path of return. We want to be practical, to understand what is of value to us. We want to understand power (Pluto), and we want to pass all of the nine tests of Scorpio offered to us by Mars. Mercury steps forward informing us that we must be careful of our thoughts and speech, for they are most powerful. Thoughts and speech can destroy or they can create. Words are magic. It is only through understanding these things and the nature of the Scorpio tests that true insight may be obtained. We can then hope to understand what it means to be a World Disciple.

Scorpio is the sign of the underworld as well as the World Disciple. The nine tests (nine headed Hydra, that Hercules must confront) are divided into three major tests for the three levels of the personality (physical, emotional and lower mental). Each disciple must pass the nine testing times in Scorpio. Scorpio carries the tests down into the physical plane where they must be tackled and handled well.

All the tests and difficulties must be "carried up into heaven", which means all problems must be solved through the use of the reasoning, illumined mind, and lifting all difficulties up to the Light of the Soul. We visualize this "lifting up" as Scorpio disciples. When offering difficulties to the Light of the Soul, the disciple can then say "Warrior am I and from the battle I emerge triumphant!" *Composed by Risa D'Angeles*



Message of the Teacher

Relate to the Omniscient One

Relate the mind to the omniscient one in you and around you. It helps to detach yourself from the illusion of objectivity. It dissolves fear. It also enables you to be at work delinked from results.

As long as you believe you are the doer, you are affected by the quality of Rajas. Rajas brings along with it, separative identity. It brings along attachment to the things around, and thereby, fear and unending worry. When you know that the deeds are done through you, and that you are but an instrument in the hands of the Divine Will, all you do, yields the related joy. Relating to the omniscient one at all times is a complete art by itself.

7 November 2021: Day of Goodwill

Happy Birthday, dear Master !



Utterances of Lord Krishna



Prana and Apana are the centrifugal and centripetal pulsations. Some offer the one into the fire of the other. Thus, they stabilize the path of pulsation and enter into the poise of breath. (4-29)

Some offer life by regulating their diet. All of them know offering. All of them have washed their filth in offering. (4-30)¹



Lord Maitreya Maitreya Community Myth of ownership

The sense of possession, the perception of personal ownership is seen as an inhibitor of the collective consciousness.

Today's indiscriminate marketing by the industrial complex to distribute their product is tremendous. The imbalance created by over-production of things invariably brings in the craft of creating those false needs in the targeted mind. The crafty campaigns concocting lies alongside a few nuggets of convincing truth, sets off the passion for fashion.

A forcible seclusion of oneself from things is futile. It only intensifies that passion. It is not the denial, but a deepened awakening of consciousness that brings the conquest. It has been demonstrated to us that one may be surrounded with things and yet consciously stay renounced from the glamor of ownership. It is most important to rationally educate the youth on the debasing significance of possession of things. It is of importance that the impracticality of ownership is realized. Is it just the yearning for the permanence, through a medium of impermanence?

Liberate yourself from this myth of personal ownership, the community awaits.

Composed by Srikanth Kaligotla

Realisation of Psychic Energy



Whither may one direct one's consciousness? Truly, to the reality of Infinity. This means that it is time to pass from the coarse layers of matter to delve into the subtler energies.

The striving of most people has little to do with psychic energy. Certain properties of this energy have been completely lost to their consciousness. It is most difficult for humanity to realize the infiniteness of energy and its ability to act independently. People easily sense energy in relation to physical actions, but they little realize something much more remarkable: that psychic energy can act independently even at great distances. Like a cannon ball that speeds from the cannon produces its individual effect, so our energy also creates results completely independent and long lasting. Of course, the durability of the results depends on the reserve of energy. One can project energy consciously, but one can also project it subconsciously if it is directed frequently in the same way. When the cannon ball of energy has been propelled afar, one may feel a temporary exhaustion of energy. But he who knows this can happen, will not be concerned. On the contrary, he will reinforce the act of transmission with his own consciousness.

The projected energy may be so powerful that it can cause physical manifestations, for the fusion of energy with the elements produces most unusual phenomena. Earlier races paid attention to such action of psychic energy.

If the time has come to speak of the physically visible accumulations of psychic energy, it means that the reality of psychic energy has become evident. It means that people must strive without delay to master this energy. The fire of space and psychic energy are linked and are the basis of evolution.

Once people realize psychic energy, the new era of Agni Yoga will affirm itself. (Agni Yoga). Compiled by Sabine Anliker

Master Koot Hoomi Devâpi Maharshi

Sambala 42: Universal Welfare



Recollect Sambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.

Divine Will is the means to manifest the Divine Plan. Divine Will is perceived only when the individual nature transforms into divine nature. The six-fold distortions (desire, anger, coveting, glamor, carelessness and spite) of human nature, emotions, instability and fundamentalist aspirations disable the perception of the divine plan. Impure muddy waters cannot reflect the clear skies above! 'A clean life, an open mind, an eager intellect' (ref: Golden Stairs by Mme HPB) therefore become prerequisites to perceive the Divine Will. In those who have not accomplished the first two fundamental steps of Yama and Niyama (of the Eight-fold Path of Yoga), it is but impossible for the Divine Will to descend.

Complete faith in truth and righteousness, and a natural taste for virtues, can enable transformation of individual nature to Divine nature. Any amount of discipline and austerities in the name of consecration do not help gaze the Divine Will. Stubborn and hard practices only bring in much suffering to oneself. Fulfilment is certain when indomitable will coexists with a life of righteousness.

Thoughts of good will are not personal in nature. Such good will is not localized to a group, a community, a region, or a time. Without such limitations and localization, when the plan is worked out for the welfare of all, it remains an eternal work. Sambala is consecrated to conduct of activity which is intended at universal welfare. It is on account of such ideals, that Sambala even extended subtle support to the allied nations during the Second World War helping them to a victory.

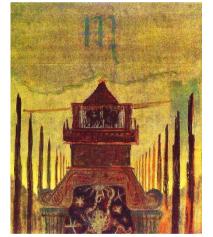
Composed by Bangalore group

Message of Master E.K.

The Path

I hold unto you the path which is valid for the present and for the future too. In this path, contentment is the under current. Your progress is in association with concurrent contentment. The path itself is joyful. The path is not mine but is given to me by those who walked before me. It is ancient and is eternal.







Master CVV-Yoga

Aphorisms to Disciples 42



120. When your prayers are deep, you would come to know of the adjustments that are being carried out in the group members through their prayers. You may observe them. And if they seek, you may give them the necessary suggestions or recommendations.

121. Not only group prayers, but as per your inner voice and direction, you may also do special prayers at other times. For prayers, purity of the place is particularly important. Make sure of it.

122. Inner satisfaction should be your objective. Prayers should give you inner satisfaction. Inner satisfaction as the basis, you should perform your duties and conduct your programs & activities.

Composed by Guru Prasad Kambhampati

Vidura

Teachings of Wisdom



The Devas are unlike the shepherd. They protect only the righteous, and leave the unrighteous to the consequence of their actions.

PRACTICAL WISDOM

Listening to the Vibrations of OM in the surroundings is the Key to the Presence.

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Saraswathi



Saraswathi Suktam 6 Pusha

TWAM DEVI SARASWATYAWA VAJESHU VAJINI RADA PUSHEVA NAH SANIM

Oh Mother Saraswathi! May you nourish the force and the consciousness just as Pusha nourishes the body.

Who is Pusha? The sun in Libra-Scorpio is called Pusha. In the wisdom of the Aryans, the 12 sons of the 12 sun signs have 12 names. These names indicate the characteristics of the sun in that sign. For each season there is a name for the sun. Vedic astrology was conceived by the ancients with the equator as its reference point. It is not built upon the basis of local understanding. Regional festivals cannot be interpreted universally. But there are certain universal festivals.

In Libra the earth around the equator, experiences the full bloom of its fauna and flora, reaching its height in Scorpio, where the material formation is complete. That means, the spirit has reached the grossest matter. In the months of Libra and Scorpio, the vegetation is in full bloom around the equator, because rain which is the preceding seasons has given the necessary nourishment. The season is called Sarad, and growth is complete in this season. During summer such heat is absorbed into matter that the surface of earth opens and prepares to receive the rain.

Ashram Regulations for Entry

Application of Right Thought and Action 3

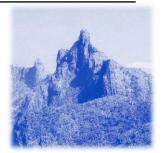
One denies oneself the entry, unless one has proved oneself to be:

- self-regulated
- harmless
- benevolent
- pure in thought
- pure in speech and
- noble in action.

Objective World and Obligatory Karma

The key of respiration is normally not given until one has attained right relation with the objective world. This is so, because it serves no purpose even if information is given until the obligatory karma is cleared.

Objective life does not let one free, until the obligatory karma is fulfilled. Obligatory karma is accumulated over many past lives. It is one's indebtedness to the world which remained un-discharged. One goes on postponing obligations and accumulates them. Therefore it is not as simple as one thinks, for one knows not how much one has accumulated. As one proceeds in time, from the folds of time, the past karma of indebtedness revisits one. One should have the attitude to clear them with righteousness holding on to the law of acceptance. If one rejects, postpones or tries to manipulate it, the indebtedness grows further. Since one does not know the un-discharged obligations of the past, one is advised to take to the law of acceptance and meet the obligations as they emerge.



On Secret Doctrine

Rings And Cycles



"The abodes of Fohat are many," it is said. "He places his four fiery (electropositive) sons in the 'Four circles'. The circles alluded to here, are the Equator, the Ecliptic, and the two parallels of declination also known as the tropics. These four circles preside over the climates of which are placed the four mystical entities. Then again, it is said, "Other seven (sons) are commissioned to preside over the seven hot, and seven cold lokas at the two ends of the Egg of Matter". This corresponds with our Earth and its poles. The seven lokas are also called the "rings" or "circles." The ancients divided the polar circles into seven instead of two, as Europeans do, for Mount Meru, which is the North Pole, is said to have seven gold and seven silver steps leading to it.¹

It can be safely said that it is the correct esoteric teaching. Having appeared at the very beginning, and at the head of sentient and conscious life, man became the living and animal Unit, from which the "cast-off clothes" determined the shape of every life and animal in this Globe.² The man we talk about here, is the astral, the soul, for the Zohar says that the real man is the Soul and his material frame no part of it.

At the beginning of a creation an impulse comes forth from the eternity of existence. It divides into the 3 qualities of Will, Love and Activity, which further subdivide into 7 qualities. 7 sounds, 7 colours and 7 planes of existence come forth, which also exist in us in the 7 centres (chakras). The week with its 7 days our lives progress in cycles of 7 years, which each should lead us to higher rings.

Through the eons. our earth goes through a chain of 7 incarnations or globes.³

¹ The Secret Doctrine. Vol. I, p.204

² The Secret Doctrine. Vol. I, p.290

³ https://worldteachertrust.org/en/web/basics/the_7_races?s[]=rings

We are on the 4th, the dense physical globe. We are travellers who have stepped down by 3 steps to the 4th and who will ascend again by 3 further steps.

Composed by Rama Prasad Joshi



Inauguration of the Sri Krishna statue by Master KPK and Kumari Garu in Wermelskirchen, Germany, August 1997

Saturn



Death and Ressurrection

Loophole 2

There is a great Initiate, who is one of the Kumaras, like Sanat Kumara. He is called Sanat Sujata. Sanat Sujata tells his disciple, "Death is nothing but a loophole in awareness."

Saturn rules over the physical death, through Scorpio. In Scorpio, matter completely dominates consciousness, hence, we experience a state of death to consciousness. In Capricorn, there is once again the rise of the Spirit, because there 'the upward path' commences. As 'the upward path' starts, it is the Spirit taking over from the matter. In other words, gradually consciousness is regained. It is like the serpent becoming a winged bird, soaring into the skies once again.

Discipleship

Overcoming Self-Centredness

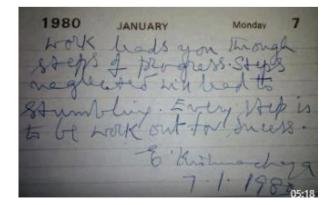
A major lesson in group work is overcoming self-centredness that may be hidden in emotional aspirations, oversensitivity to thoughts and reactions from group members, or towards one's personality traits. Overcoming these hinderances by means of love and determination will gradually open the door to self-forgetfulness, joy and service rightly rendered.

Composed by Ute and Peter Reichert

PRACTICAL WISDOM

Work leads you through steps of progress. Steps neglected will lead to stumbling. Every step is to be worked out for success.

Master EK, 7 Jan. 1980



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The Teacher



82. Chandrakantakatarakairavamujvalam

The Teacher shines forth like the gem of chandrakanta and like the stars

The gem of chandrakanta carries the light of full moon. The full moon light is transparent and is known for being the purest of the lights. It bestows serenity and pleasant attitude. The gem of chandrakanta takes the colour of the surroundings reflected upon it. Such is the Teacher. The Teacher has no colour of himself. He reflects the colours of the beings around him. The followers are reflected to themselves to be able to see themselves better. Self-reflection is not possible for the followers. The Teacher enables self-reflection, thereby the student sees what is to be eliminated in oneself. Each one is by nature a self-effulgent one, but is enwrapped by the colours of one's own personality. The Teacher's effulgence overwhelms his form and is therefore compared to the gem of chandrakanta and to that of the stars. This is the vision of the true student regarding the Teacher. To others the Teacher is like any other person. He appears to the students according to them, like the moon which has the sixteen phases of new moon to full moon.

The Teacher is also compared to the stars in the sky. He is as far as he is near. His light reaches far, while he is very far. He is unimaginably far while he is seemingly near. Even the atman is described as far and near at the same time.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.

Sound

7. By the seventh step you reach a point where you are silent in thought and in speech.

8. The chanting of hymns and the practice of music are given as good practices to be successful in speech.

When the Veda is chanted, it is chanted in the three tones. There is a subtone, there is a normal tone and there is an overtone. For instance, when we chant Gayatri, it contains all the three tones. If you continue to chant in all the three tones, purification happens in all the three lower centres. A disciple is strongly instructed to chant in the three tones at least for one hour a day. It is a process of purification through sound. Music contains these three tones. There are the three basic sounds, each tone has its seven sub-tones in music. When you speak to a person who is next to you, you speak in a low tone, when you speak to a person who is before you, you speak in a normal tone, if you have to speak to a person who is farther away, you speak with a high tone. We are using daily these three tones, but there has to be a rhythmic use of the three tones for purification. The rhythmic use of the tone happens when you chant Vedic Hymns or practice music. These are the 8 steps through which you can gradually purify the lower centres and get the fitness to live in the realm of silence. It gradually leads to living in silence, ridding oneself from the conditioning of speech.

PRACTICAL WISDOM

Trust is the fundamental for happening of a miracle.





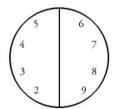
OM Namo Narayanaya

Symbol of Narayana 4

The symbol of 10 in Veda is the circle with a centre. It is also called the primary basic mandala.

Its symbol in Hebrew and Greek systems is:

The Sephiroth is but cipher. Cipher is zero. It is out of zero, nine letters emerge. The Sephirothal Tree is but a representation of number 10. The Sephiroth of 10 is but the Viradj of the Vedas. The Cosmic Person (Viradj Purusha) is also depicted as stepping down by nine steps into a tenfold creation.







Mystic Mantrams and Master CVV

Vertical Levels



The above said screw of the miller along the vertebral column produces VERTICAL LEVELS of consciousness in others by his presence. Vertical is the term used for the awakening of the individual Kundalini. The Master produces a child of his own presence in each of the disciples only to awaken the individual Kundalini in the permeated light of 'I am'.

At this stage, the GURU works horizontally and the disciples begin to experience vertically. This means the Master works through the disciples while the disciples think that they are working and developing.



Listening to the Invisible Master 9

Since the "Swan Song" is functioning round the clock, the seeker would do well to listen to it as much as he can. In the process, the number of respirations as also the number of thoughts that one produces per minute are considerable reduced as he is graced with the magnetic touch of the Swan Song with the help of continuity of practice. As he touches upon the song, his respiration and objective mind neutralise each other and settle him deeper in pulsation (deeper than respiration and thought). At this stage, the seeker is said to have arrived at THE DOOR, where he knocks upon for entry into subtler state of his existence. It is in this state the seeker realises that the respiration as also the thought neutralise each other enabling him to enter into the state of pulsation where there is only the awareness of the twin sound. He is withdrawn enough to make further entry into the double sound and is therefore, considered as having attained the state of "Regulated Prana" This is described in the Path of Yoga as "PRANAYAMA". The popular understanding of "PRANAYAMA". The popular understanding of "Pranayama" as breathing exercise is a distorted understanding which serves its own purpose for the profane and which seals entry into internal kingdom.



Rudra The Lord of Cosmic Will and Vibration

A Few Dimensions of Rudra 35 Mrutyunjaya



He is the one who vanquishes the death (and bestows beings with the victory over death). In the Puranas, there are many episodes relating to the conquering of death with the help of the fiery breath Vayu. The essence of yoga practice is to transcend death. When Pranayama and Pratyahara, the fourth and fifth step of yoga, are accomplished with the help of life pulsations, man transcends death. The life pulsations are but the vibrations of Rudra as Vayu. All meditational techniques recommend linking up the mind with the respiration. It would result in the absorption of the mind into the respiration, which would lead the student to experience himself as pure awareness. In the process, the student transcends the body consciousness into a pure pulsating unit of consciousness. The Masters are those who accomplished this transcendence. They live in bodies of light unconditioned by death. Death is at three levels. A fully liberated person (Master) transcends death at all the three levels. This work is done with the cooperation of Rudra. He is therefore called Mrutyu, the vanquisher of death.



Sanat Kumara

Functioning as a Soul 1

Initiates move as souls, they interact as souls, they give the touch of the soul. They do not dump concepts of wisdom. Only intellects dump concepts of wisdom. Initiates do not. They give the touch of the soul. They use their personality as a vehicle to move and to give the touch. Their personalities are infused by the soul and are therefore resplendent. These resplendent personalities are described in the occult terminology as the 'white robes'. For a person who functions as a soul, the personality is transparent and resplendent with light, which is called the 'white robe'. Putting on white robes of cloth is totally different from holding the inner white robe.

6. The Descending Ray



As explained in the earlier articles, our planetary sun receives rays from Cosmic Sun via Central Sun. But the quality of the rays received, diminishes at every plane. The primordial rays, meaning the rays emerging from Cosmic Sun, diminish stage by stage at every plane. When rays are received from Cosmic Sun and radiated by the Central Sun, the quality of rays radiated diminishes by 49 times (7 times 7). Meaning the quality of rays radiated by Central Sun is just $1/49^{th}$ of the primordial rays radiated by the Cosmic Sun. Further, when planetary sun receives rays from its Central Sun and as it radiates further, the quality diminishes by 294 times more. That means, the quality of rays that planetary sun radiates when compared to primordial rays is diminished by 343 times (7 x 7 x 7). Finally, when the rays reach atoms within our physical body, they get further diminished by 7 more times.

To say that the rays are getting diminished is one way of understanding. To say that the rays are differentiated in terms of quality they carry when they descend from one plane to another is another understanding. At every plane, the rays get diminished or get altered by 7 times because every plane has seven sub planes within it.

This is path of the Descending Ray.

Composed by Guru Prasad Kambhampati

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Enlightening Encounters

Sree Sree Sree Avadhutendra Saraswati Swamiji

(Sree Raghuvara Das) 3

It was in the April of year 1975, that Saukumarya completed his education, settled as a professional accountant, was married, blessed with a child (baby girl), bought a house and was living therein. There was a phone call informing "Avadhutendra SaraswatiSwami intends to see you. He is in Visakhapatnam. He likes to know your address."

Saukumarya at once jumped in heart and said, "I will personally come, pickup Swamiji and bring him home. Please let me know where Swamiji is?" The answer came, "He is at the Rama's Temple in Ramnagar, which you have installed along with your good lady."

At once, Saukumarya reached the temple at Ramnagar, picked up the Swamiji along with his helper, brought him home, gave food and other hospitality that was appropriate for the saints.

Swamiji was deeply pleased with Saukumarya and said, "I visited the temple which you have installed. Rama, the Lord is favorably disposed to you and to that colony. The people in the colony heartily admire you. I felt I must see you at once, for I know that you are a worthy son of your father. Your father was a great devotee, whom I admired. I am very happy that you walk in his footsteps. Be blessed. My purpose of visiting you is over."

Saukumarya invited Swamiji to have a look at his shrine room where Swamiji found the picture of Master CVV and Master EK. He was delighted particularly to see Master EK's picture and enquired, "Do you know Master EK?" Saukumarya said, "It is a gradual association from 1970 that grew into an intimate association and tending to be integral." Swamiji said, "You are moving into greater Light. You are guided. Will you also lead me to Master EK, for I deeply wish to see him." Saukumarya was alert enough to say "Who am I to lead? I follow you. I can arrange for your meeting. Kindly rest for a while."



Uranus

The Alchemist of the Age

Thinking Apart from the Brain 5

There is a planetary path from Saturn to Mars, Mars to Mercury and Mercury to Uranus. The successive rulers of the three decanates of Aries are Mars, Mercury and Uranus. This is the new Astrology, which astrologers have to make note of. Martian energy which is essentially Arian is to fight, to conquer. It is an outgoing energy. In discipleship the fight has to be taken inside oneself, than to let it out. Then Mars works as fiery aspiration. It leads the aspirant to the realms of buddhi - Mercury. Then the disciple is said to have taken to the second decanate of Aries. In the process with the help of Mars man transforms his personality and enables himself to tune up to buddhic energy. Buddhi rules manas (Mind). Mind rules activity. Thus the disciple is born in the aspirant. But when the disciple in the buddhic plane remains open in spite of wisdom and does not conceptualize and concretize the wisdom known, he stands chance to receive the electrical touch of Uranus. When the electrical functioning of Uranus frequently happens through the buddhi, gradually the Master is born in the disciple. Then the third decanate of Aries is said to be at work. Remember the Saturnian preparation of an aspirant, the Martian functioning of the Will upon one's own nature, the related manifestation of buddhic light and the openness of such buddhic light leads one into the realms of Uranus.



Master EK

Vishnu Sahasranama

The Mystic Undercurrent 2

Numbers come out of Him and hence, His splendours cannot be counted. He is the fertilizer, the grower and the distributor of everything as the vibrations of the oceans of the sound principle. He is the utterer of the various huge forms. He produces OM in every heart and is known by everyone through it.

He comes down as the sun, moon and the galaxies. He manifests as desire, fulfils it and cuts it off with His judgement. He is the absolute, the seeming nothingness which eats everything. He cannot be seen since He sees through us. He emerge, as rage in beings, only to cut it off in His play. He is ever aware and His vehicle is the air as breath, is the hero who knows no sorrow, since He is His own favourable direction. He is His own development and no part of Him can ever be His equal. Reason comes out of Him and He is the speed beyond sequence. He is the cause, implement, doer and undoer of everything, within His own concept. He is His own concept of perfection and His own sphere of golden glow which we know as objectivity. He is the rotating wheel of His own vision which radiates the components of time and space. He is the rotating wheel of the starry regions and the wheel carries the cosmos as His own chariot. He is the cycles of time, He is the father in whose bosom, the beings awake and get to sleep.



Paracelsus Health and Healing

The Great Transference



Life can be lived for specific purposes or for desires. When it is for former, there is health due to clean interplay and right activity. The solar energies are at work when the soul activity is manifesting. When life is lived for desires, the lunar energies are at work. And these energies are under the control of moon. Moon builds bodies, Sun energizing them. Desires have everything do with body. Noble purposes have everything to do with the Soul. A Soul is but a potential sun. Doctors, patients and human beings at large may have to ponder on this. When the distinction between purposes of life and desires of life are clearly understood the human will be reaching a point of great transparency. When the lunar builders are at work, they stimulate the body with desires.

Desires can lead to diseases, ill-health and death. When purposes are at work the solar builders are in action and the lunar builders remain subservient and cooperative to the solar builders.

It can be seen in the lives of great men that their bodies cooperated with them as long as they were working for a noble plan. As soon as the plan is accomplished, they even departed through some sickness. It is therefore all the more necessary that people engage with noble purposes to keep the sickness at bay.

There is an upward movement of energies when noble thoughts are at work. The centres and the related plexuses above the diaphragm namely the heart centre, the throat centre and the pituitary (if not the pineal) get activated. They secrete through the related glandular energies of solar builders and the centres below the diaphragm serve the role of distributing these energies. Thus, the bridge is built between the man (the soul) and the personality. This would result in harmonizing the 3 lower centres which are generally the centres of potential sickness. The link between the higher and the lower centres is as under:

Ajna — Base (Pituitary - Adrenal) Throat — Sacral (Thyroid - Gonads) Heart — Solar Plexus (Thymus - Pancreas)

Today majority of sicknesses emerge from solar plexus and sacral centres. When these centres are linked up to their higher counter parts, they become healthy. They get insulated. The key is in transference of life activity from desires to noble purposes. The healers, the doctors, the health workers, the social activists may have to think also in this direction for restoring health to humanity.

Dr K. Parvathi Kumar - Extract from: Paracelsus - Health and Healing. Website: www.paracelsus-magazin.ch/en



Dimensions of Ancient Wisdom

Dr K. Parvathi Kumar Group Life Teaching, Part 32 June 2018, Billerbeck, Germany

If you find planets in the fixed signs, where there are, as we say in astrology, the malefic planets, then the trouble is much more. Taurus/Scorpio, Leo/Aquarius are seen as the fixed cross. In this fixed cross, if you slowly transform the vices into virtues and keep on developing a life of virtues, they also get fixed in you. That is the beauty of the fixed cross. Whatever is fixed is fixed forever.

So, to eliminate the undesirable dimensions in the fixed cross, we need to substitute them with virtue after virtue, virtue after virtue. The intelligence shall have to be gradually substituted with virtues. Otherwise, that intelligence causes self-impediments - "Let virtue be the strength of my intelligence" - that is what we say. Intelligence tends to be beneficial to its owner and also to the surroundings, when it is also associated with virtues. When there are not enough virtues, the intelligence becomes a problem to its owner of such intelligence.

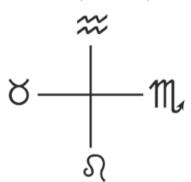
Therefore, this understanding has to come, and he has to adapt to certain virtues or to associate with persons with virtues. Just like associating with men with certain vibrations of health, associating with men of fairly good virtues would also enable us to gain these virtues. That is where associations are recommended for self-transformation. If you associate with persons who are practising virtues, you also get the inspiration to pick up some virtues of your choice and start working with them. When virtues are practised, one virtue has the habit of bringing another virtue to you. It is like a chain of virtues. Just like one vice brings another vice, just like it is said in the field of humour that a man smokes only when he is in a gamble house, and he is in the gamble house only when he drinks. Like that one vice after the other: smoking leads to gambling, smoking leads to drinking, drinking leads to gambling. Like that, vice after vice you assimilate. One vice is enough to open doors for many vices. Likewise, one virtue is good enough to open doors for a chain of virtues.

So, practice of virtues is found to be inevitable to overcome the involuntary functioning of your own being. In spite of you, you get worried, in spite of you,

you get frightened, in spite of you, you get irritated, in spite of you, you are into anger, in spite of you, you are into many, many emotions. This is called the "involuntary system" which exists in each one of us on account of the fixed signs.

The students should be able to gain control over this condition by constant practice of virtues, service and non-attachment. If you wish that your behavioural patterns definitely need certain improvement over what it is now, we need to practise these three dimensions, namely: practice of virtues, service as an attitude and non-attachment to the surrounding, and not being passionately attached to things. All associations of our past karma are shown in these signs.

This text is not proofread by the author and might have some mistakes.



The fixed cross Taurus, Scorpio, Leo, Aquarius

Stories for Young People

On Service

Sympathy is the positive emotion in Service. Sympathise. Do not be pitiful.

7. Scorpio: The Cave of Symbols I

Three disciples of Master Count Saint Germain went embarked on a trip on horseback into the mountains of Wyoming. The siblings Nada and Rex showed their friend, King, their favourite places.

It was spring, the air was filled with the scent of flowers, the chirping of birds, the buzzing of insects, and the murmur of a mountain stream. The three enjoyed the views, the power of the mountain air and the deep affection they felt for each other. The sun had already passed its zenith when Rex suggested a visit to "the cave" for the way home.

A rock face 300 meters high indicated perhaps it was an inaccessible place to explore. However, there was a path soon seen leading to a cave. The path was strewn with boulders that made progress difficult. A projection of rock hid the cave's entrance. Through a 16-meter corridor visitors to the cave could reach a hall 70 meters in diameter. In the light of powerful flashlights, the ceiling showed coloured lime salts in amazing shapes: Crosses, circles, triangles and many other signs used as secret symbols since the beginning of earth's existence. There was a complete silence in the cave and an invisible presence was perceptible. A wall with three arcs of different colours seemed to indicate entrances to other rooms. Rex said that once he and Nada had tried to touch this wall. They had been warned not to by a friendly voice.

King became excited in front of this colourful wall. He could perceive spaces behind it and sense the timeless significance of this place. He turned to the children and shared his perception with them. Nada and Rex seemed disturbed. They looked at King unblinkingly. King's body was transformed into an ethereal figure, six feet tall with golden hair and clothes of an unknown origin. When King's agitation subsided. Eventually he resumed his natural form, and the siblings told King about his transformation. Nada realized that king had remembered a previous incarnation and he had taken on the form from that earlier time. In deep thought, the three visitors slowly walked out of the cave. Nada's white horse could hardly be calmed down. He too had perceived the strong and unusual energies.

From: Godfré Ray King: The Magical Presence. Saint Germain Publishing. 3rd ed. 2015. King describes his encounter with Master Count Saint Germain in the year 1931. Compiled by Barbara Kleyböcker



Mount Shasta

Window to World Service News & Activities

SPAIN

Name of the group: Good Will In Action - Buena Voluntad En Acción Contact: Aurora Mahedero Address: BVA - Pg de Montjuic, 70 baixos, 08004 BARCELONA Phone: +34 931926260 E-Mail: info@ bonavoluntat.org / wtt.spain@gmail.com Website: http://bonavoluntat.org

Activities - part 2

BASIC NEEDS

This program is intended to help cover basic needs of families treated in the work plans offered by Goodwill in Action.

It is the program that has grown in recent years, both in what refers to the number of people served as in the amount of food given to each family. This program also focuses on two axes: the food and personal care and household products, and delivery of clothes.

Food and hygiene products

Staples are distributed in the food service: pasta, rice, pulses, oil, sugar, flour, biscuits, cereals, bread, eggs, cheese, chocolate, milk, fruit, vegetables, and canned vegetables and other products.

Thanks to the campaigns of collection of shops, schools and individuals, as well as food purchases made by the institution itself, can complement the contributions of food provided by the Food Bank, which while important are insufficient for feeding families served.

RECEPTION AND WORK PLANS

Goodwill in Action provides a space for information, guidance and advice to all individuals and families who need support in any aspect of their daily lives. Foster care is intended to promote the inclusion and participation in society of individuals and families who are at risk of exclusion.

Coordination and networking with other agents, services and resources of the District of Poble Sec and the city of Barcelona, as well as the development of

individual work plans can provide tools to people so they can enjoy a dignified life.

Employment workshop

We accompany people in their search for work, through the employment workshop and follow-up interviews to facilitate their employment.

We know, to the business sector, the potential of persons performing labour insertion plans.

TRAINING

Language

Learning languages courses (Spanish, Catalan and English) as a channel of social integration and social inclusion are offered.

Occupational courses

Basic and occupational training for specific professions (attention to the elderly, domestic service, kitchen). Courses are offered within the plans of inclusion of persons served, allowing you to acquire new skills or reinforce existing ones.

Instrumental courses

Digital literacy is a key part of the plan of socio-labor insertion of the person. It allows to be autonomous in their job search.

Activities for children

To support most of the aspects of the daily lives of users of good will in action, we provide some resources to respond to the needs of children, as well as to accompany parents and parents in the educational process of their children. The main activity carried out is the tutoring. This activity is to provide extra support outside ordinary school. It is designed for children of primary school (aged 6 to 12) and for children of secondary school, in which, in addition to achieving the objectives of the school, also referred to relational type. Cultural excursions are also made. And in the month of July is organized the Summer Club, offering a choice of educational entertainment to children who do not have the possibility of accessing other resources of leisure. At Christmas and through the Solidarity Christmas Campaign, the Magi have filled illusion and gifts to 197 children.

STAFF AND VOLUNTEER

Goodwill in action is currently developing its activity by 7 employees, 2 students in practice and 79 volunteers on average and a total of 236 collaborations. Some members of the WTT actively collaborate in goodwill and are part of the Board.

Volunteering is the essence and the Foundation of good-will in action. All activities are based on the collaboration of volunteers and are carried out with their participation. They are that week come to the Association and its commitment to make everything work.



Picture to the Month of Scorpio Scorpio - Guarding the Threshold to the Underworld



Sarama is one of the feminine Devas that governs the subconscious and unconscious planes of the mind. These planes are figuratively described as the nether worlds or the underground kingdoms. She is also described as a female dog of the Devas in charge of the gates of the nether regions. She is also identified as a syllable of three sounds produced as the first, second and fourth of the seven musical scales, represented by the three sounds Sa-Ra-Ma. Cerberus, the three-headed dog with a serpent as its tail, which is found in Greek mythology guarding the gates between heaven and hell, must be the same divinity. The names Sarama and Cerberus have much similarity. The sounds are also somewhat similar. Also, Sarama is identified with the functions of the Dog-star. Since the sound-producing awareness causes the awareness and awakening of the subconscious and unconscious levels, it is compared with the dog, the animal noted for its vigilance. Dr E. Krishnamacharya: Spiritual Psychology

Image composed by Ludger Philips

Book Review

Know Thyself



The sentence "Know Thyself" is in every scripture. It is among the oldest of the sentences man discovered. Generally, in the beginning we don't understand the significance of this sentence - it appears simple and childish. Everyone knows himself by name and by the name of the parents, by the address and telephone number. Beyond this, it is doubtful if one knows oneself. The seven subjects that are presented through the book "Know Thyself" by Dr Ekkirala Krishnamacharya (Master EK), the third volume of "Overseas Messages",

are real gems of wisdom which every ardent aspirant shall need to preserve in the chamber of his heart for regular recollection.

Ekkirala Krishnamacharya: Know Thyself

PDF: https://worldteachertrust.org/_media/pdf/en/ek/know_thyself.pdf Info: The World Teacher Trust, info@worldteachertrust.org

Lectures on Secret Doctrine 3: Maruths



Our very existence is because of air. Madame Blavatsky speaks of the fiery breath in the very beginning of the "Secret Doctrine". Exhalation coming from the absolute causes all This, and the inhalation causes withdrawal of whole world into Brahman. With the help of air, every-thing is made to manifest and everything is enabled to de-manifest. Air is necessary for all movements, for vertical movement, horizontal movement, for rotational movement, for spiral movement and so on.

The book gives a good understanding of Vayu, the cos-

mic intelligence of air, which details into the seven winds called Maruths." K. Parvathi Kumar: Lectures on Secret Doctrine 3: Maruths PDF: https://worldteachertrust.org/_media/pdf/en/lectures_on_secret_doctrine3.pdf Info: The World Teacher Trust, info@worldteachertrust.org

Astrological Important Days in October/November 2021

23.10.	06:51	$\odot \rightarrow \mathfrak{M}$ / Sun enters Scorpio		
ኦ		\odot in \mathfrak{M} – every evening at the twilight ho	urs:	
		Light a lamp at the door-front and worship the serpent-power Kunda-		
		linî, that encircles around the stem of the Base Centre.		
		⊙ in M, – every Monday (25.10., 01.11., 08.11., 15.11.):		
		Contemplation upon Šiva, the cosmic 1st L	ogos	
28.10.	09:19	● 8 th phase of descending moon starts	⊙ 05°05′11,/D 29°05′ S	
4		(End 29.10. at 10:40)		
31.10.		End of summertime (CEST 03:00 h \rightarrow CET 02:00 h)		
0	09:57	11 th phase of descending moon starts	⊙ 08°09′ 11, /⊅ 08°09′ 11?	
		Contemplation upon OM NAMA ŠIVÂYA	(End 01.11. at 08:52)	
04.11.	01:33	Phase of new moon starts	⊙ 11°48′ ¶ , /⊅ 29°48′ <u>∽</u>	
4		Festival of Lights (Dîvali) to dispel the o	larkness of the darkest new	
		moon		
	22:14	New moon of Scorpio	⊙ 12°40′ ¶, /⊅ 12°40′ ¶,	
07.11.		Goodwill Day: Birthday of Master KPK (1945)		
11.11.	02:20	● 8 th phase of ascending moon starts	⊙ 18°52′ ¶, /⊅ 12°52′ ≈	
4		(End 12.11. at 01:21)		
	10:29	23 rd constellation <i>Dhanishta</i> starts	D 17°30′ ≈	
	21:00	Dhanishta-Meditation (Dhanishta-constellation ends 12.11. at 10:23)		
14.11.	01:18	11 th phase of ascending moon starts	⊙ 21°50′ ¶,/⊅ 21°50′ ¥	
\odot		Contemplation upon OM NAMA ŠIVÂYA (End 15.11. at 02:10)		
17.11.		1875: Foundation of the Theosophical Society		
18.11.		1971: Foundation of The World Teacher Trust at Visakhapatnam		
4	07:30	Phase of new moon starts	⊙ 26°08′¶,/⊅ 14°08′ ℃	
			smic 1st Ray, Lord Šiva, and chant the five-syllabled	
		Mantra OM NAMA ŠIVÂYA		
19.11.	09:57	O Full moon of Scorpio (part. lunar eclipse)	⊙ 27°14′ 11, /⊅ 27°14′ 8	
22.11.	03:33	$\odot \rightarrow \checkmark$ / Sun enters Sagittarius	2	
D		⊙ in 🖌 – Every morning:		
		Utilize the two hours before dawn for intense spiritual practice – particularly the first 13 degrees of Sun's transit ⊙ in ⊀ – Every Thursday (25.11., 02.12., 09.12., 16.12.):		
-		Healing prayers and healing work		
27.11.	01:13	• 8 th phase of descending moon starts	⊙ 04°57′ Ґ / D 28°57′ ର	
<u> </u> ۲		(End 28.11. at 01:30)	1957 0537 Minu	
	23:44	11 th phase of descending moon starts	⊙ 07°56'⊀⁄) 07°56' <u>∽</u>	
D		Contemplation upon Lord Nârâyana (End 30.11. at 21:44)		

All times until **31.10**. are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours) later in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hours); From: »Astrological Calendar 2021/2022«; www.worldteachertrust.org;

Publisher: The World Teacher Trust - Global, Kohlhüttenstr. 10, CH-6440 Brunnen.



The Great Invocation

Let us form the circle of good will. Omnia Vincit Amor.

From the South through love, which is pure, from the West through wisdom, which is true, from the East through will, which is noble, from the North through silence, which is golden. May the light make beautiful our lives. Oh! Hierophant of our rite, let his love shine. Omnia Vincit Amos.

We bow down in homage and adoration to the glorious and mighty hierarchy, the inner government of the world, and to its exquisite jewel, the star of the sea - the World Mother. From the point of light within the mind of God, let light stream forth into the minds of men. Let light descend on earth.

From the point of love within the heart of God, let love stream forth into the hearts of men. May the Lord return to earth.

From the centre where the will of God is known, let purpose guide the little wills of men, the purpose which the Masters know and serve.

From the centre which we call the race of men, let the plan of love and light work out, and may it seal the door where evil dwells. From the Avatar of Synthesis who is around, let his energy pour down in all kingdoms. May he lift up the earth to the kings of beauty.

The sons of men are one, and I am one with them. I seek to love, not hate. I seek to serve, and not exact due service. I seek to heal, not hurt.

Let pain bring due reward of light and love. Let the soul control the outer form and life and all events, and bring to light the love that underlies the happenings of the time.

Let vision come and insight. Let the future stand revealed. Let inner union demonstrate and outer cleavages be gone.

Let love prevail. Let all men love.

Master DK



May we stand in Light and Perform our obligations and duties To the surrounding Life to be Enlightened.

May we float in Love and Share such Love and compassion With the fellow beings to be fulfilled.

May we tune up to the Will and Thereby alert our Wills to gaze The Plan and cause the work of Goodwill.

May the Light, Love and Will Synthesise our lives into One Life.