

# Vaisakh News Letter



HAMSA SIVA SOHAM



Scorpio 2022 Vrishika

Letter No. 7 / Cycle 36 – 23rd October until 22nd November 2022  
The World Teacher Trust - Global



May the Light in me be the light before me  
May I learn to see it in all.

May the sound I utter reveal the light in me  
May I listen to it while others speak.

May the silence in and around me present itself,  
The silence which we break every moment,  
May it fill the darkness of noise we do  
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,  
Let realisation be my attainment,  
Let my purpose shape into the purpose of our earth,  
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.  
May we live in the awareness of the background.  
May we transact light in terms of joy.  
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



## Contents

Master E.K. • Invocation .....	2
Prayer of the Year 2021-2022 .....	4
Message of the Month.....	6
Message of the Teacher .....	7
Utterances of Lord Krishna .....	8
Lord Maitreya .....	8
Master Morya - Maruvu Maharshi.....	9
Master Koot Hoomi - Devapi Maharshi .....	10
Message of Master E.K.....	11
Message of Master C.V.V .....	12
Vidura Wisdom Teachings .....	13
Saraswathi .....	14
Ashram - Regulations for Entry .....	15
On Secret Doctrine .....	16
Saturn .....	17
Discipleship.....	19
Doctrine of Eternal Presence/Sound/OM Namō Narayanaya .....	20
Guidelines to Members / On Healing / Rudra .....	21
Sanat Kumara .....	27
Seventh Ray and Magic .....	28
Enlightening Encounters .....	30
Uranus .....	32
Vishnu Sahasranama Master EK .....	34
Paracelsus - Health and Healing .....	37
Dimensions of Ancient Wisdom .....	40
Stories for Young People .....	42
Window to World Service .....	44
Image of the Month .....	46
Book Review .....	47
Astrological Important Days .....	49
Master D.K - Great Invocation.....	50

Dr Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

**Contact: The World Teacher Trust - Global**

The Vaisakh Newsletter in English and French: [info@worldteachertrust.org](mailto:info@worldteachertrust.org); German: [wtt@kulapati.de](mailto:wtt@kulapati.de), Spanish: WTT Argentina: [wtt@wttargentina.org](mailto:wtt@wttargentina.org), WTT Spain: [info@wtt.es](mailto:info@wtt.es); Brazilian Portuguese: [brasil@worldteachertrust.org](mailto:brasil@worldteachertrust.org)

### Prayer of the Year 2022-2023

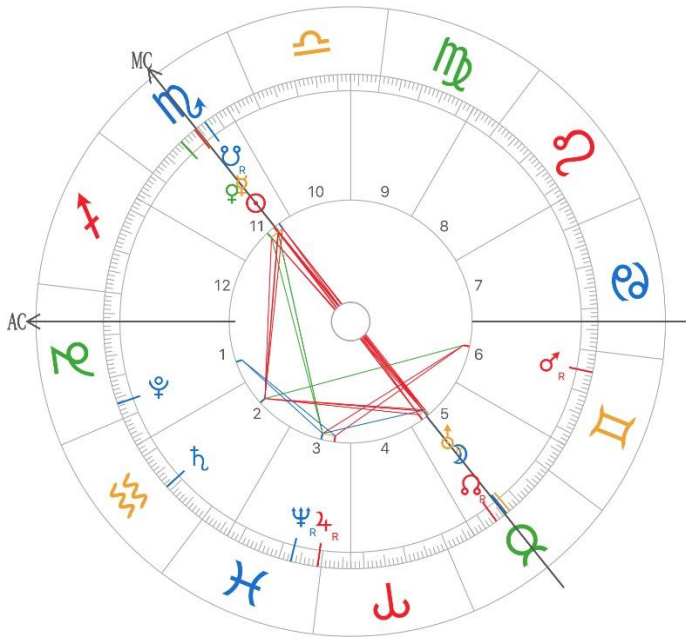
Justice prevails.

The ark sails.

Marked ends submerge.

The ark moves on with reset sail.

‘Markandeya!’ the Devas hail.



Full Moon of Scorpio, 8 November 2022, 12:02 am CET (UTC + 1)

## Message of the month of Scorpio ♏

For some, death to the body, senses and mind is the most terrifying idea to think about. But for some, it is just a transition from one state of awareness to the next. What that next state is, has been discussed by all religious people and philosophers. The theme of death never seems to leave the human mind. The irony is, whatever the truth is, it does not matter, as we shall all experience it.

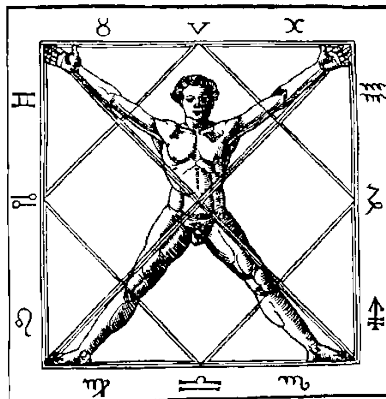
The truth about the law of rebirth or the law of opportunity is a very mysterious and opaque theme.

There is so much glamour and ignorance about the rebirth of the personal soul. The idea of a personal soul is not only wrong but also egotistical. Egotism belongs to the personality and not to the soul. It is the personality that reincarnates and the truth will be known only when we approach the subject from the angle of service and sacrifice. We incarnate in groups and a group's fitness into Lord Sanat Kumara's plan for humanity decides when a group would incarnate.

The truth about evolution and its secrets which Scorpio hides can only be uncovered when the separate consciousness dies and the personality is freed from all limitations of the physical, emotional, and mental planes.

Scorpio is normally associated with darkness but in truth, it is total light.

*Composed by Heinrich Schwägermann Lorenzen*





## Message of the Teacher

### The vertical column 1

Around the axis of North Pole and South Pole the globe rotates. Around the vertical axis all activity happens.

You are in the central vertical column and experience the ups and downs, and you are not in the ups and downs. We can see how everything is moving. But when you also participate in the movement, you are in the movie. You feel the movement with the mind.

If you are in the being, you are out of the mind; there is no mutability. The beauty of the movement is all around. If you stay inside, you experience the movement and observe it.

*Compiled by Ludger Philips*



Hugo Grotius (1583-1645): Ophiuchus, Anguis Serpens and Scorpio

## Utterances of Lord Krishna



One who is under one's own control, leaves off all deeds mentally. He is at ease in himself. Mentally he never does or makes others do any deed. He lives in his body as if he lives in a City of nine Gates.

(5,13)

No motive, no chain actions of his deeds. The Me in you owns neither deeds nor their chain actions. He does not identify himself with the result. All the activity is natural. Deeds are done naturally while he is above nature.

(5,14)<sup>1</sup>

### PRACTICAL WISDOM

Devotional energy  
When systematized into work  
Tends to build energy  
For society at large.

<sup>1</sup> From: The Mandra Scripture. An Aquarian Rendering of Bhagavad Geeta. Kulapathi Book Trust, Visakhapatnam, India 2016, 5<sup>th</sup> edition

Lord Maitreya

Maitreya Community

Quality



When friendliness is invited into the beings and action is associated with goodwill, the quality of one's action improves and tends towards realms of divinity.

When one asks about what is to be considered a manifestation of work, it is indeed a difficult question. The answer however, to be noted, is in the quality and not the volume, nor the quantity. But to the new and the naive, the external volume overshadows the substance. Even decently experienced minds are usually engaged in logic and busy with the mechanical calculations, and are often times oblivious to the very substance and the import. Rainbow is but a decomposition of the light due to the illumination behind. How can the frivolous be affirmed that only the quality will illumine? The humanity needs to learn to distinguish great works from lifeless corpses. May the thought plane be fortified with qualitative thoughts.

*Composed by Srikanth Kaligotla*





Master Morya  
Maruvu Maharshi

Imperil - main destroyer of psychic energy

Imperil is the main destroyer of psychic energy. But one should not forget three other violators: fear, doubt, and self-pity. When it becomes possible to physically measure psychic energy, it will be instructive to see how these darkeners work to disrupt the flow of energy. But the flow of energy can be supported by countering efforts based upon self-sacrifice and achievement. These seemingly abstract concepts affirm the reality of the Life Principle, whose energy is cognizable and measurable.

I affirm that the fires evoked by these indicated rhythms can be intensified and also can be of service in the strengthening of one's psychic energy. The Fire of Space, like a sword, smites the darkeners.

The power of psychic energy will not be destructive if it is controlled in a co-measured way. Recognizing that psychic energy is a measurable substance will give rise to new thinking throughout all life. (*Agni Yoga*)

*Compiled by Sabine Anliker*



Master Koot Hoomi  
*Devâpi Maharshi*

## Shambala 54: Meditation

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

When you associate the etheric centres of consciousness in you, from Sahasrara to Muladhara with Shambala and conduct your meditation, your will begins to get auspiciously transformed. To align with the Divine will, perceive the divine plan and to conduct life on Earth, this knowledge to associate with Shambala in meditation is very necessary. Shambala stands as a goal and destination, to the Munis, Rishis and the Yogis.

Shambala is the centre for unfoldment, brotherhood, and transformation relating to humanity on the planet. Ajna centre as the gateway, the aspiring ones try to receive the consciousness of Shambala via the sahasrara. Work out to transmit such energy of Shambala to the centres below Ajna. Continuously, conduct your meditation in this manner, with a spirit of service and sacrifice. It enables reception of the necessary guidance to transform oneself into a world server. The touch of Shambala can progressively alter the course of your life journey.

*Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.*

## Message of Master E.K.

### Savitri and Satyavan



Saturn is called the 'Lord of Death' who lives in the nether worlds. Sun is called the 'Lord of Truth' (in Sanskrit, Satyavan which means Lord of Truth) who is destined to die into the carbonisation of the body. When we take oxygen inside it is destined to end into the carbon, otherwise we don't live.

The Sun rises every morning and he is destined to set in the West. In between there is the sunlight which comes down to Earth. It is called, the maiden Savitri in the scriptures. The story goes that she wanted to marry Satyavan, but it was predicted that he would die after marriage and Saturn will take him away to the netherworlds. But she wanted to marry him. She married him and Saturn at the time of sunset took Satyavan away i.e., out of the body, and she followed him into the nether regions.

And it is said that the god of the nether worlds asked her to go away. "You cannot take him back; it is not possible". She said, "Wherever he is, I should be there". And the Lord of the netherworld discovered that the two are inseparable and said, "You take him again into the next dawn".

That is how the story goes. It is magnified into the modern scripture of the twentieth century named "Savitri" by Sri Aurobindo in English. Of course, the story is there in the ancient scriptures but he has made it into a full-fledged scripture with all the symbolism worked out. Just this is an example.

*Compiled by Ludger Philips*



Master CVV-Yoga

## Aphorisms to Disciples 54

156. Consult doctors only when it is absolutely needed. Do not take medicines frequently without necessity.

157. As a result of Prayer, your mind gains not only peace, but also power. Unlimited power gets posited in your mind and enables lively functioning of your mind, senses, and body. Your body tends to get lighter.

158. Because of prayers, worries within you are ploughed out. Worries that are ploughed out get solved gradually.

159. During Prayer all parts of your vertebral column get the touch of my power. During prayer when you get sensations in your back, understand that reconstruction is happening within you. Due to the touch of my power, magnetisation of your vertebral column happens. During that time, you might receive visions of light.

*Composed by Guru Prasad Kambhampati*

## Vidura

### Teachings of Wisdom



The one dominated by the senses  
is already conquered  
by the enemies-internal.  
The enemies can conquer him  
effortlessly.

### PRACTICAL WISDOM

When the eyes meet in joy,  
The Light shines forth.  
Let us meet in Light!



## Saraswathi

### Saraswathi Suktam 7 Light and sound 2

When we detail ourselves, we do not know much about anything, like today's doctors. Those who know about the throat do not know about the stomach, and those who know about the stomach do not know about the heart. Those who know about the heart, do not know about the nervous system - due to excessive specialisation. We even try to understand occultism in bits and pieces. By gathering fragments together confusion results in. The wisdom science is always studied from unity to diversity, from synthesis to analysis and from generals to particulars. This is the approach of the Seers.

Wisdom is one, the branches are many. It is more effective to start with synthesis and get into analysis without losing synthesis. Sound has light and light has sound. Master Djwhal Khul therefore speaks of: "Seeing the sounds, listening to the colours". With the help of the Word we can experience this.

## Ashram Regulations for Entry

### The cave 5



Regular practice enables establishment of a habit. The habit of sitting is to be inculcated first. The habit of sitting at the same time for the same duration is very important, without which not much can be achieved. It is recommended that such habit of sitting for the same time and same duration is setup twice daily or thrice daily. For an overactive mind five times daily is also recommended. For not so active mind three times daily is recommended. For a normally active mind two times daily is sufficient. What is important is to be able to sit quiet and apply the mind upon the respiration. This is the first step. Though it is not difficult, many find it difficult to do so. Therefore they cannot enter into the cave. Hence, they disable themselves the initiation.



## On Secret Doctrine

### Manasa Putras



At the beginning of the human stage of the fourth round on this globe, they “ooze out” their astral doubles from the “ape-like” forms, which they had evolved in round III. And it is this subtle, finer form, which serves as the model round which nature builds physical man. These “Monads” or “divine sparks” are thus the “Lunar” ancestors, the Pitris themselves. For these “Lunar Spirits” have to become “Men” in order that their “Monads” may reach a higher plane of activity and self-consciousness, i.e., the plane of the Manasa-Putras, those who endow the “senseless” shells, created and informed by the Pitris, with “mind” in the latter part of the Third Root-Race.<sup>1</sup>

For ages, the human monads did not have a mind. They developed like in a dreamless sleep. In order to awaken the thought principle in these beings, the Kumaras - also called Manasa Putras, Sons of Brahma, the cosmic mind - descended onto the planet in the third root race.

The Manasa Putras, mysteriously also called the cosmic rebels, came down under the guidance of Sanat Kumara, in order to extend their helping hand.

The Manasa Putras set a great hope on the human evolution, and they never give up on this hope, in spite of all adverse human behaviour. The human intellect cannot grasp the compassion and patience of the Divine.<sup>2</sup>

In order that humanity can consciously make experiences, a group of beings called Manasa Putras (Sons of Cosmic Mind) or Agnishvattas (Lords of the Flame) decided to awaken the mind (manas) in man. The human beings should get self-awareness and learn through experience, that freedom means responsibility. This happened 18 million years ago.<sup>3</sup>

<sup>1</sup> The Secret Doctrine, vol I, p 180-1. The Theosophical Publishing Company, 2014; unabridged verbatim edition.

<sup>2</sup> <https://worldteachertrust.org/en/web/basics/compassion>

<sup>3</sup> [https://worldteachertrust.org/en/web/basics/the\\_7\\_races](https://worldteachertrust.org/en/web/basics/the_7_races)



The garden of Eden described in the Bible was etheric. Adam and Eve possessed bodies of light before receiving their mantles of skin, bodies made of flesh and blood. They ate the fruit of the tree of knowledge, which allegorically describes the gift of reason through the Manasa Putras, the sons of intellectual power.<sup>1</sup>

*Composed by Rama Prasad Joshi*



Installation of the Sri Krishna statue by Master KPK in Örrius, Spain

<sup>1</sup> [https://worldteachertrust.org/en/web/basics/the\\_mystery\\_of\\_the\\_serpent](https://worldteachertrust.org/en/web/basics/the_mystery_of_the_serpent)

## Saturn

### Sam - The Key to Saturn

#### Three qualities



The whole creation is but a fabric of the triangular activity of Consciousness, Force and Matter.

1. The nature of Consciousness is Poise (Sattva).
2. The nature of Force is Dynamism (Rajas).
3. The nature of Matter is Inertia (Tamas).

The eightfold nature builds a triangle with consciousness, force and matter. Each triangle is different from the other in the sense that either matter or force dominates each other disturbing the equipoise of the three qualities of nature.

For example:

1. In the plane of gross matter, matter dominates force and consciousness.
2. In the plane of water the force dominates matter and consciousness.
3. In the plane of fire, the force dominates even further.
4. In the plane of air, the force of air dominates the matter and consciousness.
5. In the plane of akasha, the matter and the force find their equilibrium. For this reason, this plane is considered stable, quiet, tranquil, and peaceful.
6. The mind which is in 6th plane could be either of poise or of excessive dynamism or could be inert depending upon the triangular combination of matter, force, and consciousness.



## Discipleship

### The sojourn into the inner worlds

In the depth and core of our inner being, caves can be found. Caves, that lead us to the inner light, the inner gemstones that shed the necessary light within the abode to make us find the way and tread the path to the dome. But lo! Be aware of the inner jungles, the snaring and binding force of illusion that may appear in various- and at times- beautiful shapes and forms. The seeker is advised to hold on to the inner light and carry on the sojourn into the inner worlds, up the steep, spiral path developing the inner sight and other subtle senses needed.

To the outside world, this might appear as 'hiding' from the world, yet the disciple knows better and is following his inner voice, the music of the soul, that is becoming his travel companion, the guide on the path.

*Composed by Ute and Peter Reichert*

## PRACTICAL WISDOM

Simplification and amplification are as per need.

Do not amplify when it needs to be simpler!

## Doctrine of Eternal Presence

### Introduction to Srimad Bhagavatham 4



Before the word reaches the throat it exists as AUM. Unuttered AUM in the form of exhalation. Before it existed in the form of exhalation it existed as inhalation, before it became inhalation and entered through your nostrils it is there all over. That which is all over enters through the nostrils becomes inhalation and through exhalation when it crosses through the throat it utters forth itself into letters, into words, into sentences, into discourses, into scriptures and into so many details. That is how the One beyond utters forth Himself. All that comes out of Itself remained to be its vehicle. At best it can cease to be the vehicle. So even the Creator is uttered forth to utter.



Brahma



## Sound

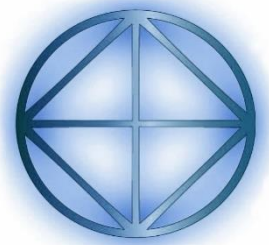
### Inhalation and exhalation 1

The importance of speaking need not be elaborated beyond this point, because the interior sounds can manifest when we stop uttering the exterior sounds. There is a method to practise it. That is, to speak when it is required, to speak pleasantly and not to deviate from facts when you speak. This is the minimum required. Thereafter, develop an attitude to listen. When you keep listening, you will listen in the beginning to so many words which are a combination of consonants and vowels.

Every consonant is supported by a vowel keep listening to the undercurrent of all exterior sounds. Gradually you will find only one sound manifesting as many. If you sit in a park of a big city where there is much car traffic, and you listen to the undercurrent of the sounds that are made by the cars you will find only one sound like "weeeee...". In us also there is a sound like that which continuously happens. Without that undercurrent within us we cannot utter, not even vowels or consonants. There is something in us which enables an utterance. We will grow aware of that by converging from various sounds into one sound.



## OM Namō Narayana



### The centre

In each one of us, there is the centre of Narayana from where He permeates the whole being. It is the eighth centre in us. Man is constituted of seven planes like the creation. He has:

No.	Body/Plane	Kosa	Chakra
1	Physical	Annamaya	Muladhara
2	Vital/Desire	Pranamaya	Swadhistana
3	Mental	Manomaya	Manipuraka
4	Discrimination	Vignyanamaya	Anahata
5	Joy/Happiness Experience	Anandamaya	Visuddhi
6	The Self/Soul	Anupadaka	Ajna
7	The Spirit	Adi	Sahasrara

In all these seven planes, the man functions, but the very basis is also within him as the eighth plane, with the eighth centre. This centre is located in a lotus of eight petals which is posited in between the heart centre and the throat centre. This centre is called Narayana centre, while the other seven centres are centres of activity for man and for Cosmic Man as well.



## The World Teacher Trust

### Guidelines to Members, 32-34

32. Master CVV prayer is but the essence of Yoga. It should be adapted into daily life.

33. Let the directional planetary Devas and also the Devas of the five elements be respected.

34. Devotion without emotion should be the foundation for all that one does in life.



Master Mountain, Nilagiris

## On Healing Introduction



“I seek to heal but not hurt.” 2

Man's dependence on medicines is all-time high now. He eats as much medicine as food for maintenance of his body. The prohibition to eat and drink is much more today in prescriptions than before. The modern man chalked out a way of life, where stress, competition, speed, covetousness have become essential ingredients to life with the consequent by-products namely: tension, jealousy, hatred, anxiety etc. He is tending more and more towards man-made world drawing himself away from the serene world of nature.

In contrast, the ancient Seers studied and developed a way of life, where cooperation instead of competition, loving understanding instead of jealousy, suspicion or hatred and contentment instead of covetousness prevailed. The life was slow but natural. They carried the key to life and gave it to those who cared for it more than other things in life. They preferred goodness to greatness, poise to dynamism and self-fulfilment to material fulfilment.







## Rudra The Lord of Cosmic Will and Vibration

A few dimensions of Rudra 47  
Hantre

Hantre: He is the one that kills. Rudra is the killer, or the Lord of Death. The beings die and take to rebirth. The death is caused by Rudra, while the birth is caused by Brahma, the Creator. Rudra thus is considered as the one presiding over the graveyards. All graveyards are the lands of Rudra.



Shiva with the body of his dead wife Sati - Dakshayani

Sanat Kumara



Be an observer 2

Thus, the student becomes an insider, indweller. Such indwellers receive more attention of the Teacher. They receive greater measure of light as also the magnetic impact, which should enable them to get deeper and deeper into oneself. He gets into experiences, which are hitherto imperceptible and intangible. It slowly leads to an understanding that the indweller has access to the subtle world for experience, whose joy is many times more than that of all experiences of the gross world with the help of the gross body of outer mind, senses and body. The gross body is then seen as a vehicle for the outer work. During times of contemplation and meditation the outer vehicle is parked and the inner vehicle is taken for inner experiences. In the subtle, one experiences with the help of the subtle body. In the gross, one experiences through the gross body. The subtle body is the replica of the gross and vice versa. The presence of the Teacher enables this transformation faster. Likewise the Teacher subtly imparts teaching and training to enable the student even to shed, to park the subtle body and enter into causal body. Thereafter even the causal body is parked to experience just as soul. At that state the experience is only of THAT. THAT I AM is the experience of the soul. For this reason the soul is called the vehicle of the Spirit. The soul in turn can function in the causal plane with the help of the causal body, in the subtle plane with the help of the subtle body, and in the gross plane with the help of the gross body. Such is the facility of the Teacher's presence through which he would lead the sincere student to go through these transformations.



## Seventh Ray and Magic

### The incoming of the 7th Ray

Shambala has made a direct impact on humanity, the third major centre of our planetary Logos. The impact has been made to bring about certain adjustments to match up to the divine intention.

Shambala's direct touch to humanity is not so much on account of the point of evolution that the humanity has managed to reach. It is because our Planetary Logos is preparing Himself for certain higher initiation. Such initiation requires reorganisation of, and rearrangement to the energy flowing through His third centre. His first and second centres being Shambala and the Hierarchy, respectively.

Master DK refers to this direct intervention of Shambala to the humanity as a creative crisis. This is happening due to:

1. Completion of a cycle of 25,000 years of lesser Zodiac, the time during which our Planetary Logos has interacted and interrelated to the Solar Logos.
2. Conclusion of the Piscean Age, which lasted for 2000 years, which is followed by the incoming of the Aquarian Age as a result of which there are changes taking place in the body of manifestation of the Planetary Logos through His three major centres.
3. The increasing dominance of the 7th ray and its activity. The 7th ray, together with the above two factors, is lessening the power of the 6th ray.

*Composed by Guru Prasad Kambhampati*

## Enlightening Encounters

### Mother Anasuya, Jillellamudi, 1



Mother Anasuya lived for 62 years in a village called Jillellamudi, near Bapatla, a town in the Guntur District of Andhra Pradesh, India. She was an embodiment of abstract wisdom, Brahma Vidya. Even from her third year, she demonstrated transcendental state through her meditations. Even before she was born, she appeared in a dream to her father and said, “I take to a form of Mother of all and be amidst people in the world. Know that I am Brahman and that I am born of self-will. I shall give presence and help beings as a Mother.” Even from her third year, she was frequently getting into meditations for long durations. She showed little interest in food and even as a baby, never cried for milk. She seldom ate and even when she did, she consumed very insignificant quantities. Yet, she carried a huge body all through.

For 62 years she lived in a female human body. She married and had children like every other woman. But mostly her function was ‘To Be’. She was mostly witnessing Brahman, within and around. Her normal life was more a happening than doing. She believed in witnessing the ‘One’ - within and around. Common functions happened in life in a normal way.

She never indulged in teaching nor did she suggest any practices to realize Truth. Yet she allowed people around her to conduct whatever practices they carried out, out of their own inspiration. She was only happy offering food to as many people and animals as possible. The only practice witnessed is her long durations of transcendental meditation - Samadhi.

She is little known to have slept. Her sleep was in very short and insignificant durations. She frequently used to say “Forgetfulness brings sleep. I do not sleep since; I am mostly in the state of awakening. I do not also forget any event, big or small. At all times I remain ‘I Am That I Am’. The only activity I like, is to feed as many beings as possible. Since I am a Mother, I am happy seeing beings fulfilled with food.”

She was daily counseling hundreds of persons that visited her and was also feeding them. She fed at-least one morsel of delicious food by herself and later directed them to the dining hall to have stomach full of food. Her kitchen and dining places were ever active. Every person that visited her for a second time, she remembered them by their family name and also remembered, what dish (of food) she had fed that person previously. That was amazing to many. She was known to be “A Mother that never forgets.”



## Uranus

### The Alchemist of the Age

#### Religious suppression 2



Madame H.P. Blavatsky struck the bell to alert the humanity of false religions and false practices. But that was only a beginning. Today the authority of religion is much reduced compared to its past. The priest was as powerful as the king regardless of the wisdom he possessed. Today a preacher or a teacher survives by the wisdom he gives and more so by his demonstration of such wisdom in daily life. The upper, forward, intellectual classes formed into exclusive clubs of wisdom, denying such wisdom to the commons. Wisdom like the sun light is for all and cannot be held secretive. The open-mindedness of the religious leaders, their transparent behaviour, their ability to synthesize with all the prevailing practices of Theo are the demands of the day. The religion cannot survive by mere authority, by injecting fear of God and by subjugating the human consciousness to variety of superstition.





Master EK

Vishnu Sahasranama

Stanza 2 - 2

2. “Soul, the Supreme” means the Lord’s Presence in each living being. This Presence is the spirit that exists, to whom the soul forms the pure ray.

3. The Lord is the highest path and goal of the liberated ones. Liberation includes the process of resolving the riddles of the matter, mind and senses which form the changing nature of a living being. At first, this starts with the first recollection of the Lord by the individual. The approach is made possible in four alternatives.

- a) The afflicted being struggles to get off his affliction. During the struggle, he begins to hit at the Lord by way of prayer and worship.
- b) The one with curiosity peeps into the nature of many things. Gradually he hits at the Lord as the Cause of all causes.
- c) The one who is crazy after getting his things done runs after everyone to achieve his selfish ends. He seeks and seeks in various persons and incidentally feels the Lord in all.
- d) The man of knowledge knows Him directly. This is the path prescribed by the Lord and made available for the living beings struggling in the bondage of self-conditioning. Liberation is the result.

Hence the path and the goal are also forming a projection of the Lord’s reflecting presence in the individuals.



## Paracelsus Health and Healing

### Prana - life force 1

#### Prayer:

Oh Prana! Salutations to you.  
You are the Master of the Universe.  
You are the Lord of all beings.  
In you all is established.  
You establish in all and sustain all.  
You are the past, present  
and the future.

#### Introduction:

Prana is the living essence and is the substance of which the vital formations are made. Prana is the name given to the energy, which is the basis of all phenomenal life. The whole phenomenal world is dependent upon it. It is the ruler of all. All living beings live, move and have their being in it. The life-bestowing Prana is the Lord of all living beings. Prana is so called because of its vibrating nature. The vibrating intelligence of the creation is called Prana. The Vedas recognise that all pulsates in creation, be it animate or inanimate, be it perceptible or imperceptible. It is the animating force in all that is manifest and unmanifest in the universe.

The subject of Prana has been given much importance for mundane and supermundane purposes. Nowhere else the subject of Prana was pondered over, contemplated, investigated and studied as in India. The yogis and saints of India revealed the science and practice relating to Prana. This is a unique gift given by them to the world. The Vedas, which are considered as the foremost scriptures of the world gave many clues relating to this energy, especially Rig Veda and Atharva Veda.

Prana exists in the gross, subtle and causal worlds and its emanation is right



from the emergence of root matter called Prakrithi. It is the chief intelligence that causes motion to the creation. Air is its primary vehicle. Air exists in all and therefore Prana exists in all. The movement within the atom is also due to this life principle, which is not generally recognised. There is not much of a difference between life and awareness, which is but one, functioning as two. In the inanimate and inert substances there is internal movements and no external movement. In the animate forms there is internal and as well as external movements. The airs that move within and outside are called Maruths in the scriptures and are said to be chiefly seven and their subcategories are again seven. Thus 49 Maruths are spoken of in the scriptures in relation to Prana. Likewise, the scriptures also describe seven planes of light and seven sub-planes. These planes of life function with the substance of Prana. “Seven times seven” is a frequently used phrase in explaining cosmogenesis and anthropogenesis.



The Maruths

## Dimensions of Ancient Wisdom

Dr K. Parvathi Kumar  
Group Life Teaching, Part 43  
June 2018, Billerbeck, Germany

The four cardinal signs form the cardinal cross, the four fixed signs form the fixed cross, the four mutable signs form the mutable cross, These three crosses represent the crucifixion of man upon the human form. That means, we are fixed. The soul, which is a pulsating principle of life, it is fixed in the form in these three dimensions. That is why we need to release ourselves three times before we are free. We have to release from the physical dimension, from the emotional and mental dimension and even from the buddhic dimension to be what we are.

These dimensions should be there that we are the flying beings that have taken to a form and we are fixed in the form. It is a worst situation compared to that of a bird which is caged. A bird in the cage is not fixed to the cage, it is only conditioned by the cage, but we, the humans, we are crucified upon these crosses only to gain the necessary experience in relation to our being on the planet.

When we function with proper understanding, they give the optimum understanding. When we do not carry the proper understanding of the human form and function as we like, then every cross fixes us. The cardinal cross fixes us, the fixed cross fixes us, and the mutual cross also fixes us.

*This text is not proofread by the author and might have some mistakes.*

## Stories for Young People

### On Service

Yield not to destructive criticism while at Service.  
Service is generally attacked by energy of social selfishness.

#### How the Earth is freed from a burden I: A request

Once again, the time has come. The Earth complained to its Creator about human beings. "Their sins are upsetting all the laws and polluting me to such an extent that I am becoming ill. I have a fever and my form is beginning to change." The Creator himself could no longer help. However, He promised that "The Most-High Lord" with the support of His heavenly powers would cleanse the Earth and remove the cause. The Earth was comforted.

The greatest danger to the Earth is when man becomes too powerful and abuses all living beings for his personal interests. When man also uses his spiritual powers for the subjugation of creation, including the angelic realm, the Lord intervenes. 5000 years ago, it was that time (again). The warriors loaded their weapons of war with mantras and threatened not only all living beings but also the very existence of the planet.

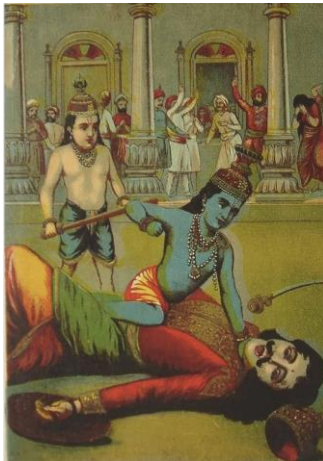
As promised, the Lord came in human form. He was hardly born when he was threatened with death by his maternal uncle Kamsa. The uncle feared him because of a prophecy. Krishna made sure that his body disappeared beforehand so that Kamsa could not trace his whereabouts. Kamsa tried to find and kill Krishna with the help of magically generated demonic beings. Krishna redeemed the monsters and lived happily with his foster parents in the countryside for 12 years. His time was finished, when Kamsa invited Krishna to his home with the intention of killing him. Krishna accepted the challenge and Kamsa's life was over.

With the killing of Kamsa, the Lord began his mission to protect the living beings and the Earth from the atrocities of certain rulers of the warrior clan that were non-righteous and treading the path of adharma. The next warrior to challenge Krishna was Kamsa's father-in-law, Jarasandha. He had learned magic from his father, a disciple of the best master of his time. Jarasandha worshipped the divine in its cruel form and it was his dream to build an empire for this god. He had subjugated many kingdoms and captured the kings' sons.

Every day, one of the princes was sacrificed to the god. After the physical death, the prince's subtle body was preserved and used as a phantom to protect Jarasandha's fortress. Other magical weapons and warning signals protected the fortress so that it could not be entered or exited without his knowledge.

Jarasandha despised human fear and weakness. Discipline, duty, respect for tradition and upholding family values were his greatest virtues. When he married off his two daughters to Kamsa, he hoped for his son-in-law's support in his grand plans. However, when Kamsa had been prophesied to be killed by a nephew, Kamsa became neurotic with fear and thus, useless for Jarasandha's plans. Kamsa began to numb his fear with alcohol and the company of women. It was then that Jarasandha's affection for Kamsa turned into disgust. But the fact that his son-in-law had been killed by a 12-year-old boy went against Jarasandha's warrior honour and awakened his sense of family. He consoled his weeping daughters with an oath to avenge Kamsa's death on Krishna and his family tribe, the Yadavas.

*Compiled by Barbara Kleyböcker from the narration by Kamala Subramaniam "Srimad Bhagavatam". Bhavan Publishing House, Bombay. 8th edition 2003. ch. 213-218; 248*



Krishna kills Kamsa

## Window to World Service News & Activities

### SPAIN

**Name of the group:** Centro Vamsi

**Contact:** Úrsula Bravo, Murcia

**Phone / WhatsApp:** +34 667 09 69 18

**WhatsApp:** <https://chat.whatsapp.com/GupW8yeyATeL7UGVkwLwZ>

### Activities

*By Zoom:*

- WhatsApp activities
- by Zoom: Meditation: Daily meditation, New moon and Full moon, Dhanishta Meditation.
- Whatsapp Study Group:
  - Astrology - Basic, Therapeutic, Spiritual/Esoteric.
  - The Labours of Hercules: Self-knowledge of the Soul. Personal work.
- Zoom-activities: Healing: Thursday and Sunday: WHHO Prayer

Picture to the Month  
Scorpio - The Central Vertical Vibration



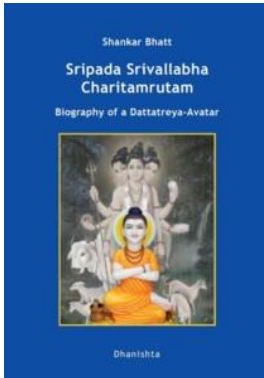
The central vertical vibration enables us to experience all planes of existence and that we are pure consciousness. And around you, there are the planes of consciousness. The central vertical vibration is in you. Within the column, it is light. It is that light which enables the Sun to shine. The Sun cannot shine by itself; it is THAT which gives us our comprehension in the morning. It is experienced in the subtle column of consciousness. Inside the spine, there is light. It is not a fluid, lumbar fluid; it is light. It is the base for everything. It is available in the core of our being, that is our home. We can move from above downwards and up; then you are called a yogi. That is what is called amrita inside the cave of the Master. It is inside our central column.

Dr. K. Parvathi Kumar: December Call, Bangalore 2016

*Image composed by Ludger Philips*

## Book Review

### Sripada Srivallabha Charitamrutam



The "Sripada Srivallabha Charitamrutam" is an extraordinary book about Sripada Srivallabha, the first incarnation of Lord Dattatreya in the present age, who lived 700 years ago (1320-1350). Lord Dattatreya is the Grand Cosmic Teaching Principle and the synthesis of the First, Second and Third Logos.

The present revised English edition was developed together with the German translation and it is published by Dhanishta Foundation, India. It contains a foreword by Sri Kumar and is enriched with many footnote explanations, 21 images and a commented register of

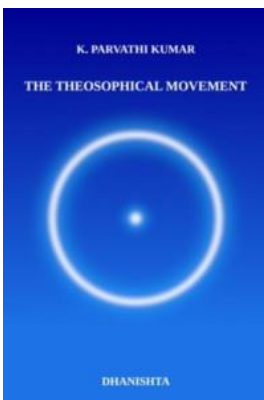
persons (592 pages).

Shankar Bhatt: Sripada Srivallabha Charitamrutam

Info: [https://sripada-srivallabha.org/en/web/charitamrutam/acquiring\\_books](https://sripada-srivallabha.org/en/web/charitamrutam/acquiring_books)

PDF: [https://sripada-srivallabha.org/\\_media/en/sripada\\_srivallabha\\_charitamrutam.pdf](https://sripada-srivallabha.org/_media/en/sripada_srivallabha_charitamrutam.pdf)

### The Theosophical Movement



The Planetary Hierarchy externalised itself during the last 100 years through such initiates as H.P.B., A.A.B., Master CVV and Master E.K. The Divine plan as it works on earth is unveiled. The universality of the truth and its patterns of manifestation are expressed in the Western languages to unfold the concept of human brotherhood. There is the movement of Theosophy in an order from H.P.B., A.A.B., Master CVV and Master E.K. This book contains in brief the movement of Theosophy since 100 years. It is a talk at Misiones, Argentina, by Sri K. Parvathi Kumar, in 1992.

K. Parvathi Kumar: The Theosophical Movement

Info: The World Teacher Trust, [info@worldteachertrust.org](mailto:info@worldteachertrust.org)

Online: <https://worldteachertrust.org/en/web/publications/books/theosophical/main>

E-Books: <https://worldteachertrust.org/en/web/publications/kpk-overview-online>

## Astrological Important Days in October/November 2022

23.10.	12:35	☉ → ♏ / <b>Sun enters Scorpio</b>	
	☉	☉ in ♏ – every evening at the twilight hours: <i>Light a lamp at the door-front and worship the serpent-power Kundalini, that encircles around the stem of the Base Centre.</i>	
		☉ in ♏ – every Monday (24.10., 31.10., 07.11., 14.11., 21.11.): <i>Contemplation upon Śiva, the cosmic 1<sup>st</sup> Logos</i>	
24.10.	13:57	Phase of new moon starts	☉ 01°03' ♏ / ☽ 19°03' ♎
	☽	<b>Divali</b> -Festival of Lights, to dispel the darkness of the darkest new moon; <i>Contemplation upon 'The Pledge'</i>	
25.10.	12:48	● <b>New moon of Scorpio</b> (part. solar eclipse)	☉ 02°00' ♏ / ☽ 02°00' ♏
30.10.		End of summertime (CEST 03:00 h → CET 02:00 h)	
31.10.	20:42	● 8 <sup>th</sup> phase of ascending moon starts	☉ 08°22' ♏ / ☽ 02°22' ♎
	☽	(End 01.11. at 18:35)	
01.11.	22:23	23 <sup>rd</sup> constellation <i>Dhanishta</i> starts	☽ 17°30' ♎
02.11.	21:00	<b>Dhanishta-Meditation</b> ( <i>Dhanishta</i> -constellation ends 02.11. at 21:13)	
03.11.	15:00	11 <sup>th</sup> phase of ascending moon starts	☉ 11°08' ♏ / ☽ 11°08' ♎
	☽	<i>Contemplation upon OM NAMA ŚIVĀYA</i> (End 04.11. at 13:38)	
07.11.		<b>Goodwill Day:</b> Birthday of Master <i>KPK</i> (1945)	
	☽ 11:46	Phase of full moon starts	☉ 15°00' ♏ / ☽ 03°00' ♎
		<i>Worship the cosmic 1<sup>st</sup> Ray, Lord Śiva, and chant the five-syllabled Mantra OM NAMA ŚIVĀYA</i>	
08.11.	12:02	○ <b>Full moon of Scorpio</b> (lunar eclipse)	☉ 16°01' ♏ / ☽ 16°01' ♎
16.11.	01:20	● 8 <sup>th</sup> phase of descending moon starts	☉ 23°37' ♏ / ☽ 17°37' ♎
	☽	(End 17.11. at 03:27)	
17.11.		1875: Foundation of the Theosophical Society	
18.11.		1971: Foundation of The World Teacher Trust at Visakhapatnam	
19.11.	06:00	11 <sup>th</sup> phase of descending moon starts	☉ 26°50' ♏ / ☽ 26°50' ♎
	☽	<i>Contemplation upon OM NAMA ŚIVĀYA</i> (End 20.11. at 06:11)	
22.11.	09:20	☉ → ♏ / <b>Sun enters Sagittarius</b>	
	☉	☉ in ♏ – Every morning: <i>Utilize the two hours before dawn for intense spiritual practice – particularly the first 13 degrees of Sun's transit</i>	
		☉ in ♏ – Every Thursday (24.11., 01.12., 08.12., 15.12.): <i>Healing prayers and healing work</i>	
23.11.	02:24	Phase of new moon starts	☉ 00°43' ♏ / ☽ 18°43' ♏
	☽	<i>Contemplation upon 'The Pledge'</i>	
	23:57	● <b>New moon of Sagittarius</b>	☉ 01°38' ♏ / ☽ 01°38' ♏
26.11.	14:58	4 <sup>th</sup> phase of ascending moon starts	☉ 04°17' ♏ / ☽ 10°17' ♏

All times until 30.10. are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours) later in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hours);

From: »Astrological Calendar 2022/2023«; [www.worldteachertrust.org](http://www.worldteachertrust.org);

Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.





## The Great Invocation

Let us form  
the circle of good will.  
Omnia Vincit Amor.

From the South through  
love, which is pure,  
from the West through  
wisdom, which is true,  
from the East through will,  
which is noble,  
from the North through  
silence, which is golden.  
May the light make  
beautiful our lives.  
Oh! Hierophant of our rite,  
let his love shine.  
Omnia Vincit Amos.

We bow down  
in homage and adoration  
to the glorious  
and mighty hierarchy,  
the inner government  
of the world,  
and to its exquisite jewel,  
the star of the sea  
- the World Mother.

From the point of light  
within the mind of God,  
let light stream forth  
into the minds of men.  
Let light descend on  
earth.

From the point of love  
within the heart of God,  
let love stream forth  
into the hearts of men.  
May the Lord return to  
earth.

From the centre  
where the will of God  
is known,  
let purpose guide  
the little wills of men,  
the purpose  
which the Masters  
know and serve.

From the centre  
which we call  
the race of men,  
let the plan of love and  
light work out,  
and may it seal the door  
where evil dwells.

From the Avatar  
of Synthesis  
who is around,  
let his energy pour down  
in all kingdoms.  
May he lift up the earth  
to the kings of beauty.

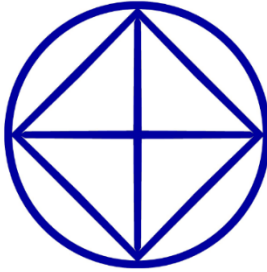
The sons of men are one,  
and I am one with them.  
I seek to love, not hate.  
I seek to serve,  
and not exact due service.  
I seek to heal, not hurt.

Let pain bring  
due reward of light  
and love.  
Let the soul control  
the outer form and life  
and all events,  
and bring to light  
the love that underlies  
the happenings of the  
time.

Let vision come and  
insight. Let the future  
stand revealed. Let inner  
union demonstrate and  
outer cleavages be gone.

Let love prevail.  
Let all men love.

*Master DK*



**May we stand in Light and  
Perform our obligations and duties  
To the surrounding Life to be Enlightened.**

**May we float in Love and  
Share such Love and compassion  
With the fellow beings to be fulfilled.**

**May we tune up to the Will and  
Thereby alert our Wills to gaze  
The Plan and cause the work of Goodwill.**

**May the Light, Love and Will  
Synthesise our lives into One Life.**