

Vaisakh News Letter



HAMSA SIVA SOHAM



Scorpio 2023 Vrishika

Letter No. 7 / Cycle 37 – 23rd October until 22nd November 2023

The World Teacher Trust - Global



May the Light in me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

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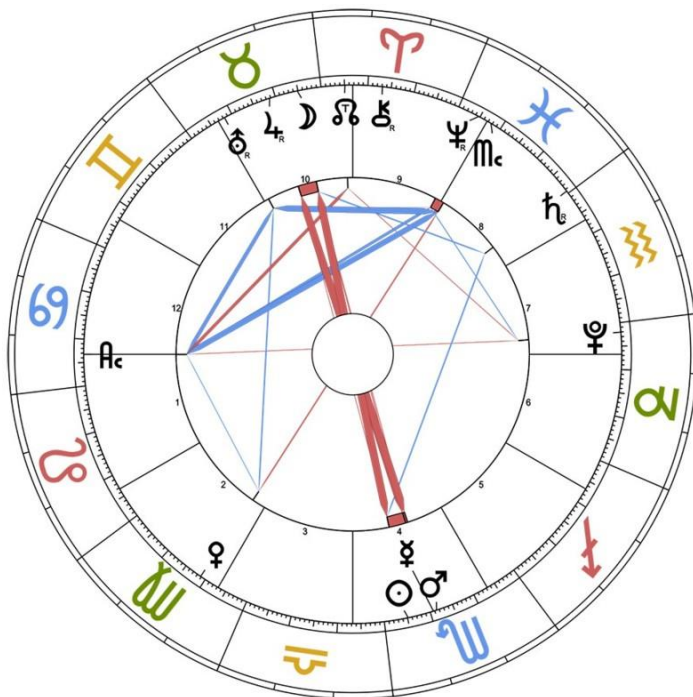
Prayer of the Year 2023-2024

In His name we live, in His temple we live;
In Him verily we live until He opens His eye in us.

In His name He lives, in His temple He lives;
In Him verily He lives, as He opens His eye in us.
In the meanwhile, let us wait, let us look to Him
and not to each other.

Let us call Him in all to find all in Him,
When the life is a Car festival and not a war festival.

Occult Meditation 25



Full Moon of Scorpio, 28 October 2023, 10:24 pm CET (UTC + 1)

Message of the month of Scorpio ♏

Scorpio - the Sign, the Person, the Mysteries

Scorpio is the eighth sign of the zodiac. It both hides and reveals the Ageless Wisdom mysteries and teachings. Of all the twelve signs (except Pisces), Scorpio is the most veiled, concealed, hidden, unknown and buried in secrets and misunderstandings. When encountering a Scorpio, meaning someone with Sun or Moon or ascendant in Scorpio, there is always a subtle aura of mystery, an intrigue as something is transmuting and transforming. Often dressed in black, with sunglasses even after the sun has set, Scorpio hides away for several reasons - to protect and be protected, to observe without being observed. Scorpio, extremely intelligent, is a strategist. They understand all that is hidden. If a disciple, Scorpio calls the dark into the Light. To be with a Scorpio (family, friend, lover) is to be aware of death and regeneration, every day and every moment.

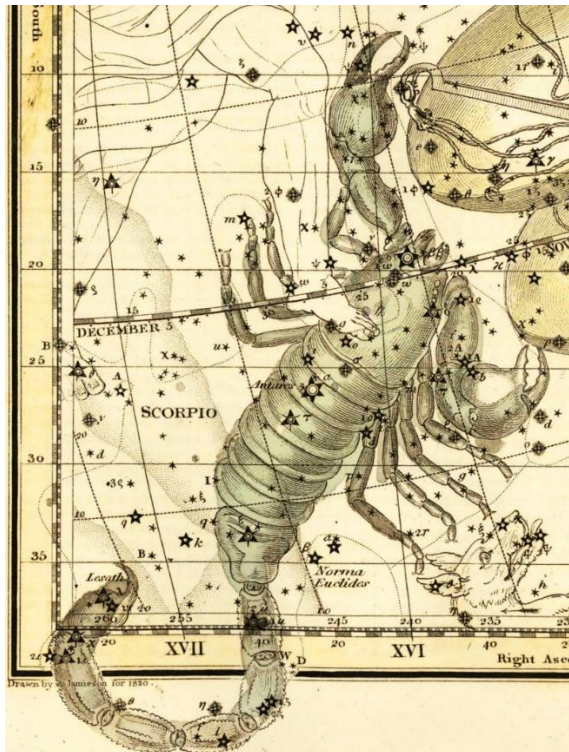
Scorpio is the spider, the scorpion and its quality of stinging, the serpent that can shed its skin, the phoenix on fire, the eagle in the air and eventually the dove (Holy Spirit), bringing intelligence and joy to the people. One can see in these different personas (developmental stages) of Scorpio the rising up from darkness into the light. Scorpio always enters into battle, always becoming the triumphant warrior. Scorpio knows desire (Mars). Scorpio seeks the self through what it desires. In this way, Scorpio and Taurus, the signs in opposition, understand each other. Taurus is also the sign of desire.

In the yearly cycle, it is during Scorpio that the falling leaves are withering on the ground, the animals are seeking shelter for the winter, darkness increases each day, and a sense of hibernation occurs in all kingdoms.

Since Scorpios are aware of others on invisible levels, and since experiences of betrayal have trailed them throughout lifetimes, Scorpio conceals from everyone with exception of trusted intimates, their innermost secrets, lest betrayal should occur. Considering someone trustworthy, is the highest compliment Scorpio can offer. Tend to the Scorpios in your life with understanding, kindness and care. They are often weary from constant inner and outer battles, the nine spiritual tests and the concept of death always surrounding them.

Scorpio is known as the sign ruling death and the underworld. But Scorpio, as the eagle, is also the sign of both regeneration and of immortality. The Lords of Scorpio patiently wait for humanity to have progressed sufficiently out of the past, casting away the old, and array themselves with the “new”, thus exchanging the terrestrial (spider, snake) for the celestial (eagle, call to immortality). Those who manifest the soaring spiritual strength and power of Scorpio enter into initiation in Capricorn. Once the eagle phase begins to manifest in a disciple, secret sources of life-giving sustenance and vitality become available. These disciples then become the judges (Sagittarius), leaders and teachers of "men".

Composed by Risa D'Angeles



Alexander Jamieson (1782-1850): Scorpio



Message of the Teacher

Human progression 3

Madam Blavatsky, who gave out these Golden Stairs, is a limb of the Hierarchy. Through her a grand work was initiated in the 19th century, which is bearing fruits now. It will bear many more fruits in the 21st century, helping humanity in the needed direction. With the advent of the Aquarian Age, the human progression has taken rapid strides through science. Eventually the impact of Aquarius and Uranus (the presiding planetary energies) enable quicker transformation of the humans also. May the Plan prevail, may good will prevail, may the humans progress as for the desired Plan.

Compiled by Ludger Philips



Utterances of Lord Krishna



Your work is the only practice to you. Practice makes you perfect. Even after practice, do not leave your work. Work is training while you practise. Work is your experience, your play after you complete your probation. By practice you get tranquillity of your activity and a poised state of experience while doing your work. A bicycle is in poise only when it is in movement. Poise is not stillness, it is fullness. Stillness is static, but poise is dynamic. Culmination of activity into play is poise. Culmination of labouring into pleasure is poise. Conflict eliminated from conflicting forces is poise. Harmony remains and harmony is poise. In this path, practice and culmination are in the same process.

(6, 3)

PRACTICAL WISDOM

Do not live above the ground.
Do not live in speculative spiritualism.
Be practical and be normal.

Lord Maitreya

Maitreya Community

Education - 4



Education is a continuous process. Study must be continued during one's entire life. The schools must be a stronghold of learning in all its fullness. Each school, from the very primary up to the highest institution, must be a living link among all schools. Each school must be a complete educational unit. Applied knowledge must be taught, without breaking away from historic and philosophic science. The art of thinking must be developed in each pupil. Only then will they grasp the joy of perfection and know how to make use of their leisure. In schools there must be a useful museum and cooperative entities in which the pupils themselves take part. Cooperation must be taught from a very young age. All phases of art must be included. Understand that without the paths of beauty there can be no education.

Composed by Srikanth Kaligotla



Master Morya
Maruvu Maharshi

Choose a Teacher on Earth

In the relation between teacher and disciple, the teacher can instruct only within the boundaries of what is permitted. He uplifts the disciple, cleansing him of outworn habits. He warns him against all kinds of treason, superstition, and hypocrisy. He tests the disciple, openly and in secret. The teacher unbars the gates to the next step with the words, "Rejoice, brother." He may also bar them with the words, "Farewell, passer-by."

The disciple chooses his own teacher. He reveres him as one of the highest beings. He trusts him and brings him his best thoughts. He cherishes the name of the teacher and inscribes it upon the sword of his word. He shows diligence in labour and flexibility in achievement. He welcomes trials as he welcomes the dawn, his hope directed to the unlocking of the next gate.

Friends, if you wish to approach us, choose a teacher on Earth and place your guidance in his care. He will tell you in time when the key may be turned in the gate. Each one should have a teacher on Earth. (*Agni Yoga, 1929*)

Compiled by Sabine Anliker



Master Koot Hoomi
Devâpi Maharshi

Shambala 66: Group co-operation

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Between Shambala and the worlds that are subtle and divine, there is a firm co-operation. With the vital plane (Pranamaya loka), Shambala has a deeper association. The healing devas of the vital plane are favorable to the members of Shambala. In the recent times, Master CVV worked out such co-operation which he stabilized in himself and further bestowed such eligibility to the mediums who follow his Yoga. To seek the co-operation of the devas in treatments for restoration of health, is being recognized by the present age. Students with a pure heart and a clean mind, who have submitted themselves towards serving in the vital plane (in the work of healing), are enabled with the co-operation of the healing devas by Shambala. When such an arrangement is worked out, there is a possibility of 'Ateetha Kaya Kalpa Chikitsa'. (This is a subtler procedure of rejuvenating the body cells through transmutation. Chikitsa means treatment in Sanskrit.) 'Ateetha Kaya Kalpa Chikitsa' has a special place in the yoga given out by Master CVV. Master CVV worked out an agreement with Shambala, and the planes that are divine and subtle. He conducted acts of transcendental healing to rejuvenate the body. This has been noted by certain historians of the time. To cause rectifications in prana is seen as a state of accomplishment in Yoga (a Yoga Siddhi).

The members of Shambala carry an ability to cause rectifications to the prana (vital body). Co-operation of the healing devas to the disciples is also made possible. Shambala enables such co-operation of the devas to the ones engaged in healing activities among the new age groups. They are conducting the work of healing through prayers. Outwardly, medicines are also administered. However, it is by the application of will, that they bring about rectifications in

the vital body. Using this approach as a new age technique, Shambala works to bring about restoration of health in co-operation with the Hierarchy of Masters. This is a secret not known to many.

Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.



Message of Master E.K.

Essentials and non-essentials



It is for you, the consciousness, the whole body is constructed. It is around you the body is constructed. It is your duty to see that your consciousness is not conditioned by your body. Just as the water or a drink poured in an impure bottle, the water becomes impure. A consciousness that is conditioned by the matter of the body can work only as a conditioned consciousness and not pure consciousness.

So, we should know what pure consciousness is and how consciousness should be kept pure. The body requires food and drink, but we do not require food. This is the scientific aspect of it. But we feel that we want food and drink. This is the unscientific part of our observation. We have confused the essentials and non-essentials. We have to rearrange once again.

The Indian scriptures say that, "*Avidyaya mrutyum theerthva vidyaya Amrutha masnutha*". That means, "Cross the temporary values with the temporary vehicle and live with permanent values knowing yourself permanent".

Compiled by Ludger Philips



Master CVV-Yoga

Aphorisms to Disciples 66

190. Just as there are 6 seasons in a year and 6 different flavours (tastes) in food, there will be diverse and different experiences in life. Just as having food with diverse flavours, accepting diverse experiences in life, is what I primarily teach.
- 191 Unless you accept happiness & sorrow, profit & loss, comfort & discomfort with equanimity, my training to you will continue. In your mind when this equanimity is formed, I will accept you as my equal, will make you stand as equal to me and will grace you 'the state beyond duality'. When I say, "as my equal", it means that you will, like Brahman, become the permanent one. Having become immortal, you will exist.

Composed by Guru Prasad Kambhampati



Vidura

Teachings of Wisdom



The rich have plenty to eat;
but they cannot digest.
The poor can digest plenty,
but they do not get as much.
One needs to find the meeting point.

PRACTICAL WISDOM

Time moves slowly.
It moves at snail's speed.
It teaches patience.
Patience is the keynote of evolution.



Saraswathi

Saraswathi Suktam 8 Beyond anyone's possession 3

To possess wisdom is the worst of the illusions. Wisdom may possess us. We cannot possess wisdom. We need to realize that we cannot possess anything. Everything comes to pass by. We cannot possess the body forever, we cannot possess things forever, we cannot possess life, we cannot possess even awareness. All is given, we should learn to be grateful because in friendliness much is given to man, not to possess, but to live with and to share. Saraswathi the Word, is not only incapable of being possessed but is also non-possessive. This is clearly demonstrated by a Master of Wisdom. A Master of Wisdom cannot be possessed, nor does he possess others. He floats with joy in friendliness.

Do not possess and be not possessed. The one who possesses is possessed! If you wish to be a Master of your life, learn to live in friendliness, learn to co-exist. Relieve yourself from possessive attitudes. Man wants to possess his lady. The lady wants to possess her man. Both of them compete to possess the children. Possessiveness is due to fear of losing. We are bound to lose as we tend to possess. Learn to co-exist, not to possess. It is a big step in human evolution. Restore friendliness, which demonstrates mutual respect, love and freedom. The Word is friendly, it co-exists as a friend from eternity to eternity. We cannot possess it. It does not possess us.

The Word is friendly. It bestows life. It bestows awareness. It bestows the speech to man. It conducts pulsation -it does almost everything for us and demands nothing! All that we can do is to be grateful, to be thankful and respectful. Recognize its profound work. If willing, try to co-operate, learn to be friendly. Let your friendliness be in such silence as the Word.

Ashram Regulations for Entry



Encountering and recognizing an ashram

Sometimes in your tours and travels you may unconsciously encounter an ashram, which you may not notice unless you are alert. There are means to recognize such as:

1. a pleasant touch of a cool breeze as you enter a place while you are moving in nature
2. a flowery drizzle changing the ambiance at once
3. a mount, a hill or a hillock with a triangular peak
4. a natural garden of fruits or flowers
5. a lush green meadow in a valley of mountain range
6. an opening in the sky amidst clouds transmitting unusual colours
7. a rainbow
8. on the banks of flowing rivers or in the islands in between the flowing waters
9. when a group of birds pass by a green field making creaking sounds of greetings
10. a place where a couple of eagles move around in the sky in a clockwise direction
11. a meadow where groups of doves move joyfully eating grains
12. a huge tree with shadow giving branches sprawling around
13. a waterfall, the green field around or in the waterfall
14. a table of a mountain which is generally inaccessible for human habitation

Also these signs given by nature are enough hints for you to become extra alert and get silent to relate to the energy of an ashram. When you encounter such places, such skies as stated above, you will have to stay quiet, contemplate and relate to a possible etheric ashram.

On Secret Doctrine

Space - 1



“Space and Time are one. Space and Time are nameless, for they are the incognizable. That, which can be sensed only through its seven rays – which are the Seven Creations, the Seven Worlds, the Seven Laws,” etc.

1. Space is God. Space is the other name for existence.
2. Space is the Background from which all emerges and merges into!
3. Space is a Globe.
4. Space is existence.
5. Time springs from the space globe as a creator.
6. The creation is filled by space through time.
7. Space follows time, and as time moves like a spiral and fills the creation with its energy.

Compiled by Rama Prasad Joshi



Galaxy - Nasa

Saturn

Sam - The Key to Saturn

The Rhythm 1



The whole work relating to discipleship is initiated through rhythm. Rhythm is the essence of creation. Rhythm is an essential activity in creation. The involution as well as the evolution of creation is according to a rhythm.

- The sunrise, the sunset, the lunations, the movement of planets and the appearance of seasons are all according to a rhythm.
- The growth of fauna and flora has a rhythm.
- The growth of a plant and unfolding of a flower from it also has its rhythm.
- Nothing moves in creation without rhythm.
- All beings are subjected to this rhythmic Law. The Mineral, the Plant, the Animal and the Devas follow the law of rhythm.
- A man, if he intends to evolve and experience in essential state of immortality and eternity, he too should fall into rhythm.

Such rhythm fundamentally starts with setting up a rhythm in daily life.

- There has to be a harmonious rhythm between one's work, rest, food and sleep. One has to find out through experimentation to find ones harmony in relation to ones activity through sleep and rest.
- Disagreeable activities, disagreeable food, imbalanced periods of rest and relaxation, disturbed sleep indicate absence of rhythm.

With such an absence of rhythm, one cannot truly grow with the help of wisdom. Gathering wisdom without the concurrent rhythmic functioning leads one into the fields of illusion and glamour.



Discipleship

The invisible map

An unknown path without an outlined route seems to lead into a labyrinth. What to do with the sense of unease, the strangeness of the unknown territory with its sounds that have never been heard before? This travel is an adventure - making oneself ever ready to expect the unexpected, is our key motto on the path. It helps us navigate in turbulent waters, round up our sharp edges and find a new rhythm and balance. To stay stable even in adverse weather conditions, in the eye of the storm, is the goal. The road towards that goal is made up of tests and tribulations on various levels. Yet, the hitherto unknown places slowly become more familiar and the vague recollection of having been in this situation before gives ease to inner agitations and releases new energies. Arriving at the next way post, the traveller realizes the valleys, caves and mountain areas that have been left behind on this sojourn into the seemingly unknown.

Composed by Ute and Peter Reichert

PRACTICAL WISDOM

Take the teaching and then assimilate it.
Follow your conscience and move forward.
Don't make a blind following of something.

Doctrine of Eternal Presence

Introduction to Srimad Bhagavatham 16



The stories relating to the varieties of initiations that happened in terms of the doctrine of Bhagavatha are given out in the scripture Srimad Bhagavatha. And all those who have accomplished this Presence through practice are the only ones that are mentioned in Srimad Bhagavatha. The great initiates of Bhagavatha are called the world disciples. They have remained in the Presence of the Lord at all times to come, i.e., for eternity. At times of difficulties; at times of crisis; at times of sorrow; at times of pleasure; at times of splendour; at times of depression; at all times, without exception they remained in the Presence of the Lord and thus continue to be. They exist thus for eternity. They remain immortal and divine. Such ones are mentioned in the scripture Bhagavatha and they form the Hierarchy of Bhagavatha.



Sri Krishna statue installed by Master Kumar in Radhamadhavam

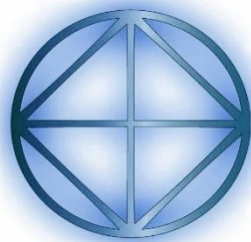


Sound

No Thought 2

We also don't have the ability to control the thoughts that keep coming to us. Is it that we think and then act? It is not so. A thought comes to us and it pulls us into action. We are slaves of our thoughts. The thought decides our action and our behaviour decides the thought. We are conditioned by our own behaviour, on the basis of which we keep getting thoughts. Those thoughts propel us throughout the day. We are not masters of our thoughts, we are just made use of by the sensuous thoughts and by the evening we get tired. We are so tired that the Mother Nature, thinks: "Unless I put him into sleep, he won't be good enough for tomorrow". In the name of sleep the Mother Nature withdraws us into the inner chambers and then prepares us well and presents us better the next day morning. Daily it is the Mother that removes our shoes and puts us into bed, because we are so tired that we sleep with the shoes on and with the dress on. So, Mother Nature feels: "Oh, poor thing", and she removes the shoes, changes our dress and puts us in an orderly way on the bed, and the next day morning we will find that our shoes were removed, our clothes were changed and we are fresh enough to act.

OM Namō Narayanaya



Narayana Gayatri 2

The yantra of Vishnu is a 6-petalled Lotus, that of Vasudeva a 12-petalled lotus and that of Narayana an 8-petalled lotus. Normally books present the lotuses in a two-dimensional manner. All lotuses are three-dimensional. The lotus of Vishnu with 6 petals is but 3 petals in each layer with 2 layers. The lotus of Vasudeva is also of triangular petals in 4 layers. The lotus of Narayana is 2 petals in 4 layers.



Vishnu - 6-petalled lotus
(triangular petals in 3 x 2 layers)



Vasudeva - 12-petalled lotus
(triangular petals in 3 x 4 layers)



Narayana - 8-petalled lotus
(2 petals in 4 layers, at right angles to each other)



Burton Callicott (1907-2003): Rainbow



The World Teacher Trust

Guidelines to Members, 68-70

68. Let work be measured in terms of its usefulness to the surrounding life.

69. The personality is transformed through successive expansions of consciousness and work.

70. Know that expanded consciousness is additional equipment for the fulfilment of additional work.



Master Mountain, Nilagiris

On Healing



2. The Fundamental Understanding 10

The divine qualities function through soul and the bodily qualities function through mind, the reflection of the soul in the body. Soul carries light and mind carries logic. Soul carries love and mind carries emotion. Soul carries will, while mind carries desire, the selfish will. When the qualities of the soul superimpose upon the qualities of the body, the process is complete. Logic is the dim-light of the mind, which can be substituted by the brilliant light of the soul.

Likewise the muddy water of emotion can be distilled to gain the pure waters of love. Similarly the separative, selfish, individualistic will can be supplemented by the will divine. The process is called 'building up of Antahkarana Sareera'. In the future lessons we shall know in details that constant application of mind upon the soul makes the process easier and quicker.

Another understanding we gain in this context is that the soul qualities are immutable, unchangeable and eternal through creation, while the body qualities are ever changing. They are in mutation. The Light, Love and Will remain, while the desires, emotions and logic change. The soul remains but the body changes. If we observe carefully, there is a part in the human being that is eternal and immutable and there is another part, which is eternally mutable. One is stable. The other is changing. The stable one is called the Man, the Soul. The changing one is called his body. Man, the soul remains, but the body he functions through changes.



Rudra The Lord of Cosmic Will and Vibration

A few dimensions of Rudra 58 Lingam 2

The Lingams range from mud lingams, sand lingams, stone lingams, sacred stone lingams, precious stone lingams, precious metal lingams and crystal lingams. A Lingam is a Lingam in whichever material it is. It is the shape which is more important than the material. The depth of devotion enables the transmission of the blessing from the Lingam.

In India, the Seers conceived 12 most auspicious Lingams where the Lord Rudra can be experienced in an effulgent egg form of light. They are called Jyothirlingams. In China and South America there are huge stone formations in a perfect form of Lingams, which are amazingly beautiful and vibrant. The peaks of mountains are also seen as forms of Shiva Lingams. Pyramids are also seen as forms of Shiva Lingams. A double pyramid is a complete Shiva Lingam with sharp angles. When the angles are rounded up, it is considered to be more beneficial. Hence the original form of Shiva Lingam is the most auspicious.



Sugarloaf Mountain in Rio de Janeiro, Brazil

Sanat Kumara



Worship the Lord with joy 1

Worshipping is an act of relating oneself with God. All worships in so far as they are ardent, reach the God centre in oneself. Ardent worship is a hearty worship. It is not mechanical. Ardent worship is a worship that reverberates in the heart chamber. Such reverberating worship reaches the Divine and the Divine responds showering his grace. It is downpour of Presence. The Presence comes from God in man to man in God. The God in man is the eighth state of awareness. And man in God is the seventh state of awareness. Man may fall even from the seventh as per the quality of his desires. When man in God prays ardently, the God in man responds. The God in man is called Christ, Krishna, Christ principle and Krishna consciousness. In the Eastern Scriptures that existed even far before Krishna and Christ as persons, this Christ principle, Krishna principle or Krishna consciousness is described as Ishwara. Ishwara is today called in some groups in English as Master. When you think of Master, you are thinking of the Master consciousness in you. You are linking to the Master consciousness in you or Krishna consciousness or Christ consciousness in you. The reference is not to a person. The reference is to the principle, which presents itself in all beings.



Seventh Ray and Magic

The incoming of the 7th Ray 13

As the principal quality of this energy is synthesis, through brotherhood a sense of higher unity will be inaugurated.

The incoming 7th Ray brings out Group Spirit. Service and Sacrifice move from individual level to that of a group. Group service and Group activity become more prominent. The individuals serve the group and the group will serve and fulfil greater cause. Every individual recognises his/her part in the group and aptly contributes. Every individual realises and puts the Group before him/her. Group comes first and individual comes next. Individual sacrifices himself for the benefit of the Group. Such groups work on the keynote of brotherhood.

Each individual in the group learns from and supports one another. Individuals in the group function in a rhythmic and a ritualistic fashion and consequently groups functioning would also be rhythmic and ritualistic. Such groups function effectively and will become instrumental in manifesting Goodwill or Gods will.

Everyone in group gradually evolves, assumes greater responsibilities and transformation happens concurrently. Each individual's personality gets rounded up through service. When the individuals in the group evolve, the group evolves.

Composed by Guru Prasad Kambhampati

Enlightening Encounters

Sree Sistla Rama Krishna Rao 1

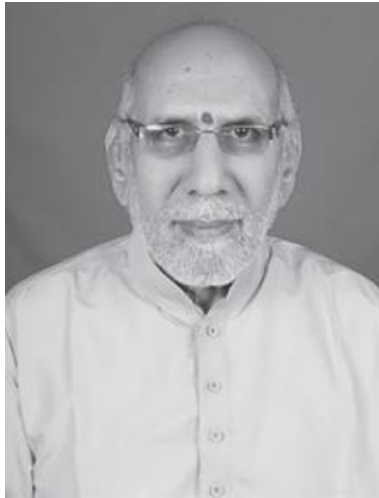


Sree Sistla Rama Krishna Rao is popularly known in the world as a nail artist. He is a well known artist that scribes with nails and has scribed images relating to epics such as Ramayana, Mahabharata, Bhagavatam, etc.

Sree SRK Rao hails from a simple Brahmin family of Parvathipuram, in the Northern part of Andhra Pradesh, India. He is a simple house holder, holding normal responsibilities of the family, consisting of his wife and daughters. His lady is a staunch devotee of Lord Hanuman while Sree Rao minded the normal life, attending to his employment, to his friends and to his hobbies which included Saturday parties. He was accustomed to alcohol, as was normal with his friends and colleagues on Saturdays. As his children were growing in age, he was avoiding the family on Saturday evenings. His lady suggested to her husband that he may stay at home with his friends and enjoy his party and that she, along with children would go out to a temple of Hanuman or to the market for the household goods for the week getting into the down town. Sree Rao agreed to do so since he had immense love and even respect to his lady for her righteous and theistic practices. Days passed by until his 40's.

Once on a Saturday, Sree Rao was alone at home. Not a single friend turned out. He waited for a while. He thought he would conduct a party for himself on a solo basis with nuts and alcohol. He set up the articles on a table. He arranged bottles of aerated waters, a bottle of alcohol, a tumbler, an ice box and the nuts (peanuts and cashew nuts). There was already a small image of Lord Hanuman on the table. It was a thumb sized image. He thought fit not to disturb the image. He felt that the lord is all compassionate. He is all knowing. Even if he sets away the image, he is anyway observed. The lord anyway knows that he has a drinking habit. He offered his excuses to the image of the lord and commenced his party, slowly gulping pegs of whisky mixed in soda water and munching nuts now and then. He was all alone. He went into soliloquies. As the

whisky went in, thoughts came out. “What kind of life am I leading? I am not an example either to my wife or to my children. My wife is noble. She is even guarding the children from me and guarding me from children. She does not want the children to know that their father drinks alcohol. She is so pious and responsible. I am neither pious nor responsible.” He was feeling disgusted of himself, while he was continuing the drink.



Uranus

The Alchemist of the Age



Uranus cares not public opinion 2

Today many live tuning up to the dance of public opinion. It is so with many intellectuals. They do not vehemently contradict, but compromise and live a life of public acceptance. Such a process is suicidal from the spiritual standpoint. They kill their conscience and their intellect is of no contribution to social uplift. All reformers of the society invariably differed with the public opinion. The public may not initially accept. It may object. It may cause hurdles. It may criticize. It may even hurt. But the bold ones proceed unfettered by such public action, knowing full well what is good for the public. Functioning in true alignment with one's conscience is more important to live life with contentment than to compromise the very purpose of life. The great benefactors of humanity are the role models in this regard. They could give a 'break-through' progress.

Knowers and intellectuals who care for popular opinion, who are over-sensitive to public evaluation are in a way self-centred. They wish to guard their personality from all criticism. They hide themselves in the garbs of nobles. But they are partially dead to their conscience. Such intellects have never been useful to the society. They are the timid ones who cannot even publicly support the daring ones who demonstrate conscious acts of goodwill. Theirs' is disservice which is worse than no service.

There is such weakness in the human consciousness today. Men limit their thoughts and their actions to the public standards. The psyche behind such compromise is to seek public acceptance, recognition and appreciation. This is nothing but personality gratification at the cost of the self (the soul) and the public good in the long run. One would remain good for nothing if one limits to such personality gratification. Nothing good can happen in a substantial way. The great yogi Vivekananda says, "Leave a mark of fragrance of your life before you depart from here." Such should be the motive.



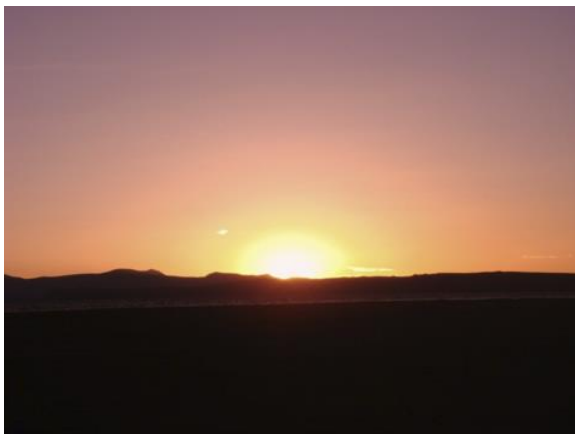
Master EK

Vishnu Sahasranama

Stanza 5, 8-9

8. The whole creation is an arrangement of principles that manifest as the folds of space and time. They unfold into the workings of intelligences, forces and the layers of matter. All these exist dormant in the egg like the colour, fragrance and shape of the tender petals in a bud which is the would-be flower. The one who takes care of the arrangement of this totality is called Vidhaata. On lower mental plane and the plane of force and matter, He is understood as the law of inevitability which is called fate. A proof of the existence of this principle is the manifestation of everything according to its own nature and set properties.

9. If the Creator who is the totality of the intelligence of one unit creation is to meditate, he has to meditate upon his own presence as his own background whom he can conceive as the Lord. Therefore the Lord is Supreme even in the eyes of the creator himself.





Paracelsus Health and Healing

Prana - life force, part VI Purity of content and container 3

Man's work is limited to ensuring his vehicle of Prana (body) as clean as possible. The vehicle is to be understood as the mind, senses and body put together. It is in this context the principles of purity gain importance: Purity in thought, in speech and in action. Besides this, as far as possible, he also needs to ensure purity of the surroundings. He cannot abandon the work relating to Prana with a resigned attitude that the planet is impure and the sunrays are impure and so on. He needs to contribute his lot. The whole area of work relating to health and healing relate to ensuring purity of thoughts and habits. Mere purity of habits without purity of thoughts does not help. Religion attempted to impart purity of thought and the science of health attempted to ensure purity of habits. This is the fundamental foundation namely, the pattern of thoughts and of habits. But today neither of these is ensured in medical practice. Just medicine is given for the symptoms thrown out by body. True sense of health and healing has to restore appropriate habits and thought patterns.

Dr K. Parvathi Kumar - Extract from: Paracelsus - Health and Healing. Website: www.paracelsus-magazin.ch/en



The Female Hierarchy

Part 8

In tune with time, everything emerges, grows, retreats, and merges. That is why we have time aspect also along with the aspect of awareness emerging. On one side there is emergence (of awareness), on the other side there is the emergence of time. When we spoke about the twenty-four elements that emerged from the one existence, I spoke of this dimension. As there is emergence of awareness, there is emergence of time. Time exists even to us only after we awaken. In sleep there is no time for us. So also in creation, the time and the nature, they emerge and they form into an activity. And that activity is conducted in tune with the time plan and is concluded in tune with the time plan.

The nature and the time form the first triangle with the pure existence. Pure existence from out of which there is emergence of awareness, and the emergence of time. The two form a triangle with the Absolute and bring forth the activity which we call consciousness. This is an alternating aspect. All this activity happens upon a background. That background is called pure existence which is eternal and is considered to be God Beyond. The God Beyond enters into the creation through time and nature as consciousness. So, pure consciousness is same as God in Creation. God Absolute is beyond time and nature. This is what we see as the symbol over there.

This text is not proofread by the author and might have some mistakes.

Stories for Young People

On Service

Fix not ceiling to Service.

Paths to Shambala 7: Shambala. The Powerful

The focus of the Roerich's five-year journey through Central Asia was Shambala, the institution that, in the background, guides and protects humanity and is the mirror of its impact on people's culture, beliefs and experience. In "Shambhala - The Secret World Centre in the Heart of Asia" (1930), Nicholas Roerich collects his experiences as if in a kaleidoscope. In his opening narrative "Shambhala - The Radiant One", a person from the West questions a Buddhist monk of high rank about the existence and tasks of this world center.

After having been convinced of the credibility of his counterpart, the Lama is now ready to tell something about Shambala.

This ashram is well informed about all the happenings in the world. It not only has a high tower to observe what is going on, but also owns instruments suitable for this purpose and disposes of invisible powers to guide people and bring them help if necessary. The head of the ashram is called Rigden-jyepo by the Buddhists. Out of reverence, the Lama refuses to confirm that it is Lord Maitreya. The great Lord sometimes appears in human form at sunrise in a monastery. He speaks to a gathering of Lamas who listen to his prophecies with great reverence.

At the insistence of the questioner, the Lama confirms that the ashram has shifted its location from near Shigatse to various places, even unknown to him. Also, the Great Ones and their staff no longer showed themselves in public as they used to do it. But the messengers of Shambala "work along with great speed" and are constantly ready to "fulfil what has been ordered by the Great Wisdom".

In his exchange with the Lama, the interviewer mentions the upcoming events and the importance of Shambala for the New Era. The Lama confirms the assumption: Shambala is preparing. It has a vast army that is getting ready to fight in order to support the work of the planets for a New Age. Humanity is

threatened by the fires of the earth and air and Shambala, in union with the good forces of humanity, is trying to prevent a catastrophe.

"Is it true that new energies are being given to humanity?"

The Lama confirms this information. Shambala is establishing a "kingdom of righteousness" and is also giving new energies to humanity for this purpose. Inevitably, he says, there will be undesirable events when dealing with these forces. The armies of Shambala are gathering to put the enemies of righteousness in their place and to free the earth from dark forces. For this purpose, there is a strict separation between the followers of darkness and those of light. This requires a great effort of goodwill: "Everyone who wants to help in this great task will be rewarded a hundredfold."

Dedicated to Angela Fremont.

Sources: Nicholas Roerich: Heart of Asia. 1930; Nicholas Roerich: Shambhala. 1930; Ruth A. Drayer: Nicholas and Helena Roerich. The Spiritual Journey of Two Great Artists and Peacemakers. 2005.



Nicholas Roerich: Order of Rigden Jyepo, 1933

Window to World Service News & Activities

Supra-National Groups and Activities

Name of the group: WTT - German Speaking Community

Contacts: Efrat Gal-Ed, E-mail: efrat@gmx.net / Sabine Markgraf, E-mail: s.markgraf@posteo.de / Yavaline Leicht, E-mail: m.y.leicht@web.de

Activities

The German-speaking Community is transnational and includes countries such as Germany, Austria, Switzerland and other countries with German-speaking group members.

Within the German-speaking Community various activities were carried out in 2022:

- Monthly lecture series every second Wednesday of each month. Group members give public lectures to members and friends of the World Teacher Trust via a Zoom platform.
- „Friends of World Teacher Trust” platform: Development of standardised slides for external presentation as well as a design for the YouTube channel. The slides are available to all members worldwide through Kombo Cave.
- Development of a website for „Friends of the World Teacher Trust“ which offers basic information to people who are interested in the wisdom teachings, It contains essential aspects of the wisdom teachings as well as information to online events and publications.
- Monthly programme sent out to the German-speaking Community to bundle information and communicate with group members
- Planning and organisation of the May Call 2023 in Neckarelz, Germany
- A school project in the Ashanti region of Ghana was included in the WTT e.V. Germany portfolio. Donations were used to buy equipment for the classrooms as well as finance the teaching staff during the first school year.
- Intranet site for German-speaking Community: all sorts of information, projects and contact persons can be looked up on this page (discontinued).

Picture to the Month

Scorpio - Fusion of Individual, Groupal and Planetary Kundalini



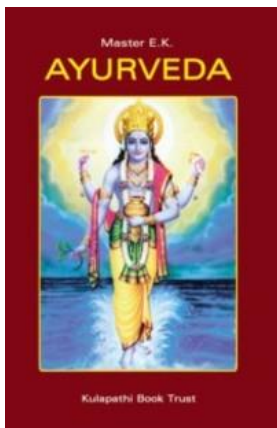
One aim of Master CVV's yoga is to awaken the Kundalini of the individual and to coordinate it with the Kundalini of others. The awakening of the Kundalini is called the vertical plane. Coordinating with the Kundalini of others is called the horizontal plane. The next level is connecting the Kundalini of humanity with the planetary Kundalini and with the solar and cosmic Kundalini. This stage perfects humanity on Earth towards the spiritual light of the Brotherhood.

Dr. K. Parvathi Kumar: Seminar on Saraswathi - The Word, Rigi 1999

*The image is a visualisation of the "Master CVV Sharing" prayer:
https://worldteachertrust.org/en/web/meditation/master_cvv_sharing
Image composed by Ludger Philips*

Book Review

Ayurveda



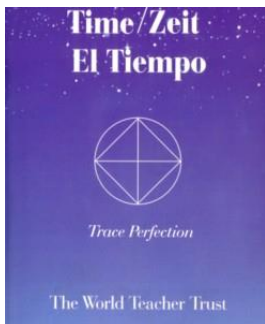
Ayurveda is the science of Life. The vital body, senses and the mind form the field of study of health and dis-ease in Ayurveda. It is the habit-forming nature of man that is to be used positively as a preventive method for all diseases. Master E.K. has written a fine introduction to this vast subject and his intention is to reach a wide public audience, so that the language remains relatively non-technical.

E. Krishnamacharya: Ayurveda

Copies: Kulapathi Book Trust, India,
kulapathibooktrust@gmail.com

PDF: http://worldteachertrust.org/_media/pdf/en/ek/ayurveda.pdf

Time



In this booklet you will find a dimension of Time and a practical way of alignment with it. You will also find the fivefold key of time, the importance, characteristics and qualities of constellations, the relationship between the moon and the 27 constellations, the 12 houses, the effect of the planets on us, and how to liberate yourself through meditation.

K. Parvathi Kumar: Time / El Tiempo

The World Teacher Trust, Ediciones Dhanishta, Barclona, Spain

Info: The World Teacher Trust, info@worldteachertrust.org

PDF: https://worldteachertrust.org/_media/pdf/en/time.pdf

Astrological Important Days in October/November 2023

23.10.	13:44	23 rd constellation <i>Dhanishta</i> starts	☽ 17°31' ≈
☽	18:20	☉ → ♏ / Sun enters Scorpio	
		☉ in ♏ – every evening at the twilight hours: <i>Light a lamp at the front-door and worship the serpent-power Kundalini, that encircles around the stem of the Base Centre.</i>	
		☉ in ♏ – every Monday (23.10., 30.10., 06.11., 13.11., 20.11.): <i>Contemplation upon Śiva, the cosmic 1st Logos</i>	
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 24.10. at 11:58)	
24.10.	11:44	11 th phase of ascending moon starts	☾ 00°43' ♏ / ☽ 00°43' ♏
♂		<i>Contemplation upon OM NAMA ŚIVĀYA</i> (End 25.10. at 09:02)	
28.10.	00:48	Phase of full moon starts	☾ 04°15' ♏ / ☽ 22°15' ♏
♃		<i>Worship the cosmic 1st Ray, Lord Śiva, and chant the five-syllabled Mantra OM NAMA ŚIVĀYA</i>	
	22:24	☉ Full moon of Scorpio (part. lunar eclipse)	☾ 05°09' ♏ / ☽ 05°09' ♏
29.10.		End of summertime (CEST 03:00 h → CET 02:00 h)	
04.11.	20:30	♁ 8 th phase of descending moon starts	☾ 12°07' ♏ / ☽ 06°07' ♏
♃		(End 05.11. at 22:48)	
07.11.		Goodwill Day: Birthday of Master <i>KPK</i> (1945)	
08.11.	03:53	11 th phase of descending moon starts	☾ 15°26' ♏ / ☽ 15°26' ♏
♃		<i>Contemplation upon OM NAMA ŚIVĀYA</i> (End 09.11. at 06:12)	
12.11.	10:15	Phase of new moon starts	☾ 19°43' ♏ / ☽ 07°43' ♏
☉		Divali -Festival of Lights, to dispel the darkness of the darkest new moon; <i>Contemplation upon 'The Pledge'</i>	
13.11.	10:27	● New moon of Scorpio	☾ 20°44' ♏ / ☽ 20°44' ♏
17.11.		1875: Foundation of the Theosophical Society	
18.11.		1971: Foundation of The World Teacher Trust at Visakhapatnam	
19.11.	18:18	23 rd constellation <i>Dhanishta</i> starts	☽ 17°31' ≈
☉	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 20.11. at 16:56)	
20.11.	00:52	♁ 8 th phase of ascending moon starts	☾ 27°23' ♏ / ☽ 21°23' ≈
☽		(End 20.11. at 22:47)	
22.11.	15:02	☉ → ♏ / Sun enters Sagittarius	
♃		☉ in ♏ – Every morning: <i>Utilize the two hours before dawn for intense spiritual practice – particularly the first 13 degrees of Sun's transit</i>	
		☉ in ♏ – Every Thursday (23.11., 30.11., 07.12., 14.12.): <i>Healing prayers and healing work</i>	
	18:34	11 th phase of ascending moon starts	☾ 00°09' ♏ / ☽ 00°09' ♏
		<i>Contemplation upon Lord Nārāyana</i> (End 23.11. at 16:32)	

All times until **29.10.** are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours) later in CET (Central European Time)/UTC+1 (Universal Time Coordinated plus 1 hours);

From: »Astrological Calendar 2023/2024«; www.worldteachertrust.org;

Publisher: The World Teacher Trust – Global, Edition Hier und Jetzt, ISBN 978-3-907246-81-8.



The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make beautiful
our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

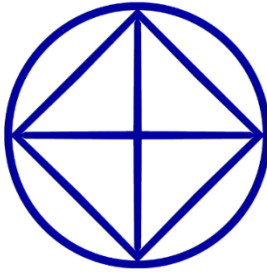
The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



**May we stand in Light and
Perform our obligations and duties
To the surrounding Life to be Enlightened.**

**May we float in Love and
Share such Love and compassion
With the fellow beings to be fulfilled.**

**May we tune up to the Will and
Thereby alert our Wills to gaze
The Plan and cause the work of Goodwill.**

**May the Light, Love and Will
Synthesise our lives into One Life.**