

VAISAKH NEWS LETTER



HAMSA SIVA SOHAM



Taurus 2007 Rishabha

As the sacred word OM is uttered
the trinity manifests.

They are the Lords of the triangular manifestation.

Utter OM and synthesise
the spirit, matter and consciousness.

Their synthesis in you is *Samadhi*.

Stay in natural *Samadhi*
and live your daily life.

Utter therefore the sacred word.

K. Parvathi Kumar



Invocation

May the Light in me be the light before me.
 May I learn to see it in all.
 May the sound I utter reveal the light in me.
 May I listen to it while others speak.

May the silence in and around me present itself,
 The silence which we break every moment.
 May it fill the darkness of noise we do,
 And convert it into the Light of our background.

Let virtue be the strength of my intelligence.
 Let realisation be my attainment.
 Let my purpose shape into the purpose of our earth.
 Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
 May we live in the awareness of the background.
 May we transact light in terms of joy.
 May we be worthy to find place in the Eternal Kingdom OM.

Master E.K.

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Dr. Sri K. Parvathi Kumar is President of the 'World Teacher Trust' and Founder of the 'Vaisakh News-Letter'.

The Teachings given in the name of the Masters are all seed thoughts expressed by them. They are elaborated and described by Dr. Sri K. Parvathi Kumar for easier comprehension of an average group member.

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Prayer for the Year

Ten times ten.
The wheel rotates.
Three wheels from one wheel.
A total of four wheels.
Three above and four below.
Seven wheels rotate in three directions.
Seven and three is ten.



Message of the Month of Taurus

Taurus gives the word of God. The Word of the Year-God is received by the most silent ones on the planet, who in turn silently manifest the Word. The Word cannot be heard by those who do not follow the profound discipline of speech. Speech relates to the 5th element, ether. One can elevate oneself into the etheric space through right speech or cause fall to oneself through lack of speech discipline.

You should mean what you speak, then your speech carries the power of intent. Such speeches only have the ability to manifest the power of the Word. Speech regulations are many. They are not followed even by the best of the well-meaning aspirants. A lot of criticism prevails even in aspirants. The mankind is busily engaged in critical and negative speeches. Elevating speeches would enable the principle of Mercury in you to associate with the principle of Jupiter. Other speeches would cause association of Mercury of mundane energies. We frequently inform the aspirants to pull out their tongue and hang it over the corner for a few years. Use the tongue only for sacred utterances and daily necessities. Such discipline if followed for 12 years would result in a fiery tongue which has the ability to manifest. Fear not the tongues of the serpents. Fear your own tongue. Taurus emphasises upon the tongue and its discipline both for input (food) and output (speech).



Message of the Teacher

Bhakti

Poor is the life that loves not. Even mundane love teaches more than dry and abstract knowledge. When you love someone you think of him/her day and night. You think him/her or his/her ways of life, likes and dislikes, choices and preferences. The whole life around the clock revolves around the one you love.

Do you have such love for God? If you love Jesus Christ or Krishna or any other noble being your thoughts always revolve around him. You would like to do what they would like. You would not do what they won't like. If you really love a teacher you would do what the teacher says. Love gives the magnetic impetus to do things as the teacher says or does. This is the simplest way Gopis attained Krishna Consciousness. They loved Krishna. They lived for Krishna. They did only all that was to the liking of Krishna. Such love of God is called Bhakti, which is translated into English as devotion. Distinguish devotion from emotion. The latter is stupidity while the former is energetic attunement.



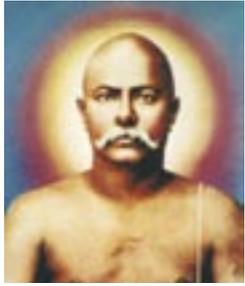
Gîtâ-Upanishad

- Lord Krishna -

Devas and Synthesis

Worship of Devas is worship of Me only. The Divine (I AM) permeates as this. The Divine only permeates as Devas (Angels). Electricity permeates as many lights conducting varied functions. The essence of the Devas is I AM, the Divine. But the functions are varied. According to their functional principles they carry different names and different forms. When you see the names, forms and the functions of the Devas you tend to forget ME, the background of them. Worship of Devas is complete when you recollect ME too. If not you are lost into the pantheon of Gods. Remember ME as the pure science while the Devas are the applied part of the science. I AM the science. The Devas are the applied science. They are a facility in creation to help you out. If you wish to have breeze there is fan. If you wish to dispel darkness there is light. If you amplify sound there is the amplifier. Those who know use the appliances appropriately. Electricity by itself would not give you breeze, light or amplification of sound. Such is the meaningfulness of the Devas. Know their function and know ME as their basis. You are then in synthesis.

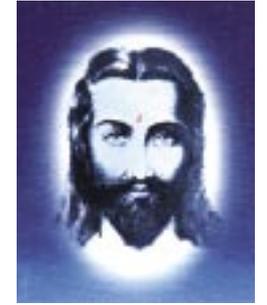
Some neglect the Devas not knowing their sacred purpose. Some others neglect ME in their engagement with Devas. Neither of them is in synthesis. The seers know and demonstrate the synthesis.



A Word from Master CVV

Worry not of Changes

The change has become imperative in the present times. Changes happened even to planetary functions. Your efforts to know your horoscope through progressions and transits are mostly in vain. Don't think Saturn is all too bad and Jupiter is all too beneficial. They have changed functions. Everyone works for change today. You remain charming if you accept change. You face difficulties if you resist change. Prayers invoking me would cause necessary adjustments in you, which would enable you to attune to the changes. Worry not of changes. I cause drastic changes in your health, economics and your associations in life. Observe the beauty of change that happens in you. This is what I frequently speak as 'round development, all round development.'



Lord Maitreya

Time and Intuition

Timing the work is as important as planning the work. Just as there is work plan there is also time plan. Learn to time the plan of the work and also time the events and also fulfil within the appointed time. This is a discipline. It enables you to do many more works than what you think that you can do.

This discipline starts with timing the hour of waking-up, timing the daily natural morning routine, timing the prayers and timing the daily events of work besides timing for food, for relaxation and for entertainment. Do not take it that you are binding for nothing.

If you abide by time, time does not bind you. It enables you to fulfil tasks with ease. If you waste time, time wastes you. The planets know the value of time and hence are shining in the sky over innumerable years.

Time enables building subtle bridges over unknown valleys to destiny to enable you to pass through without fall. Time helps the timely with intuition. Intuition is the gift of time. Instead of craving for intuition learn to respect and follow time.



**Master Morya
- Maruvu Maharshi -**

Ponder on This

As per the design of one of the members of our brotherhood we condescended to appear to certain aspirants in the west. We conducted even correspondence, today called as "Mahatma Letters". We revealed certain ancient-most secrets of Nature. We taught the principles of discipleship. We demonstrated subtle manifestations. The result was not as expected. Most of those who came in contact with the above, turned out to be enthusiasts; seeking more and more miracles and magic than being hardworking aspirants. Most of the members sought more miracle sciences than the Path. All that was revealed could be a reality to those who follow the Path. Instead most of them wanted to act as our agents. They least know that we need no agents. Much less such agents who do not practice what they preach.

The true aspirants who intended to follow the path turned inward, worked upon themselves and unfolded within silently. Such ones were hardly a dozen. The rest have caused more disturbances to the situation than giving appropriate information. After 30 years of experimentation we decided to get back to silence and wait for the true aspirants who work upon themselves to transform themselves as disciples. The rest of the ones till date keep discussing of us over a cup of coffee or at the dining table or in their evening chats. Such ones would do better when they learn silence and learn to be constructive in their speech. Those who are critical, destructive, and judgemental in speeches regularly postpone the possibility of becoming even an aspirant. This may be pondered over.



**Master Koot Hoomi
- Devapi Maharshi -**

The Quagmire

Judas and Devadatta are recorded in history as traitors. They breeched the trust. Breeching the trust has become common now. The trust of the teacher is a treasure that is more often lost than held. Firstly it is difficult to understand precisely the teaching of the teacher. Mostly pupils understand what they want to understand and do not understand the whole teaching. Listening to the teaching is a profound discipline. We infrequently meet good listeners. The one who does not listen well cannot represent it well. He misunderstands and misinterprets.

We well advice listeners not to talk of the teaching. They would do better to listen at least for 12 years before they risk talking of the teaching. Let the teaching be assimilated through silent practice. Teaching is for practice; not for re-teaching. Most of the followers of a teacher indulge into teaching, which according to us is irresponsibility. It destroys them. They get hurt on the way. They lose the thread of contact with the teacher. Once a chela loses a teacher it takes lives to re-find the right One.

I wish to caution many well-meaning aspirants not to get into this quagmire.



Message of Master E.K.

Knowledge and Service

Expertise in knowledge exonerates not anyone from the riddles of life. The only way to solve riddles is through service to life. Knowledge could be exciting. But excitement would not serve the basic needs of life. It is time that men of knowledge should turn to service. It is admissible that men learn to alternate knowledge and service.



Vidura

Wisdom Teachings

Enjoy the pleasure things
that do not hinder the Law.



Shirdi Sai Saying

Terminator

The Master is one who ignites the path to self-realisation. He is skilful to direct upon the path. Once he takes the grip of the disciple, he never releases the grip until self-realisation is accomplished.

The parents give a mortal life with the terminals of birth and death. The Teachers terminates the terminals.



Sri Ramakrishna

The Lord

The sun is many times larger than the earth,
but distance makes it appear like a small disc.

So the Lord is infinitely great,
but being too far away from Him,
we are incapable of comprehending His real greatness.

Discipleship

Worship

Every religion has emphasised the value efficacy of a united attempt to contact the Divine. The collective worshipping of the Deity and the performance of religious rites is a part of the public life of all peoples. Religious rites open up a channel of communication between those taking part in them and the intelligence or powers they are seeking to approach. By means of this channel, they are enabled to pour forth illumination, peace or power into those who thus approach them, the particular result depending upon the worshipper's capacity to receive. The whole process is purely scientific, based on vibration and dynamics.

There is much revolt against ritual and many good and well-meaning people regard themselves as having outgrown it. They forget that rituals and ceremonies have their place and teaching value when they are used to reveal and not to obscure. Where the meaning of ritual remains hidden and unrealised, there must be as a consequence be demonstrated a spirit of deadness, of uselessness and of weariness over forms and ceremonies. But where it is realised that ritual and organised ceremonies are a constructive force, and then cooperation becomes possible. Ritual and worship leads one to God, as does nature, life, experience, trial, pain and instinct.

a disciple

Occult Meditations



Meditation 5

Night is my mother. Day is my father. Twilight is my Guru. Life is my friend. Death is my bedroom.

Commentary:

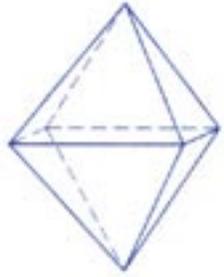
Mother is protective. Mother is also possessive. Mother is verily light veiled. The veil is *Maya*, illusion or ignorance. The Mother veils the light seven times. The light is beyond the veils of the Mother. Unveiling is the work of the disciple. The *Guru*, the Teacher, helps the disciple in the latter's effort to unveil. When unveiled the selfsame darkness reappears as light, as day, as the Father.

Without the veils of the Mother (illusion, ignorance, darkness), there is no creational play. The players (the souls) do not relate to each other. They do not relate to the creation either. They remain dreamers and do not evolve. The evolution of the souls is through relating to each other and to the creation. In such act of relating, they learn, they experience, they fulfil and then they realise the beauty and splendour of the creation. But in relating to each other and to the creation, the souls create bondage. Knowledge is the means by which the play is carried out without causing self-bondage.

The one who recognises the Mother can also recognise the illusion. True recollection of the Mother is true recollection of the illusion. When the Mother or illusion is forgotten, man falls into ignorance. At every step, there is illusion and the disciple is to recollect this truth. Otherwise he sees the impermanent as the permanent and does not see that which is permanent.

The *Guru*, the Teacher, helps to see the light and the darkness. He teaches how to see the light and how to act in darkness. He teaches the duality of existence and he trains the student to see the permanent in the impermanent. He does not shun impermanence, ignorance and illusion. He leads the disciple to act appropriately. Rejecting ignorance, illusion, etc. is a false doctrine taught by many false teachers. But the Teacher does not do so. Rejecting the Mother, rejecting Her world is utter ignorance. The Teacher shows how to live in the world, how to *live well* in the world and how to leave the world like a dew drop that rolls off the leaf without affecting itself or the leaf. He gives the clue to enter the world, to play in tune with the law of the world and to leave. Such *Guru* is twilight.

Cont. p. 18



Rudra

7. Kapardin

The Vedic Seers pictured Rudra with a hair style. The hair is gathered upwards and tied-up like a coil. Hair is a symbolic representation of the multitudes of thoughts that one generates every day. When these thoughts relate to the Divine, they symbolise upward growth. When they are gathered together and tied-up, the thoughts remain forever divine (symbolically). This hair dress is called *Kapardin* in Sanskrit. The Lord Siva is said to have such a hair dress. This hair dress also gives the message to the beings to live in peace by remaining elevated, and in alleviating thoughts.

cont. f.P. 17 Occ. Meditation

Twilight contains both light and darkness. The *Guru* teaches both; he demonstrates how to work with both of them and leads the disciple to the knowledge that the two (light and darkness) are but one.

While the Father is the light, the knowledge, and the Mother is the veil, the darkness, and the Teacher is *Guru*, to experience the three, life is the basis. Therefore, life is considered as the friend. Life is the real friend. If life does not exist, one cannot experience. Life enables pulsation, respiration and circulation in the body. It should remain always with us; without life the soul is nought. One should pray that the life stays with him until he fulfils. After fulfilment, the soul can consciously experience the departure from the bodies (physical, emotional and mental) called death. One dies three times before he really lives as a knower. One can consciously die and come back, just like one moves consciously into the bedroom and comes back. To such accomplished ones, death is an interval.

Ashram Leaves



Origin of a Sun

Space is a potential globe. It conceals all the geometrical properties of a globe and the numerical potencies of zero.

The area in the space globe is full of potential points which are concealed Suns.

The origin of Sun is denoted by a point in space-time. The moment a point emerges, it works as a geometrical centre of its own globe of space.

On Love

Love is God.
God is Love.



On Change

The Wise always look to the tide of change
and always move forward.



On Silence

Silence is golden,
Stillness (Be-ness) is diamond.
From gold to diamond,
from etheric to causal is the path.



Hymns On Agni



2. YADANGA DASUSHE TVAMAGNE BHADRAM KARISHYASI TAVET TAT SATYA MANGIRAH

Oh Lord Agni! We follow you in spirit by worshipping you. You bestow splendour and protection to us and such splendour and protection reach you back.

Agni the Cosmic Fire is worshipped to follow HIM in spirit. The principles followed by Agni are:

- I) to create, sustain and rejuvenate
- II) to promote purity and brilliance
- III) working for welfare of creation

The worshippers of Agni are those who follow these principles in their life. Worshipping a deity is the means by which one gets inspired to follow the qualities of such deity.

The true worship of Agni is not only doing the fire rituals but acquiring the qualities of Agni. Such qualities would enable the followers to shine forth and to get protected. Insofar as such followers follow Agni, it facilitates Agni also to conduct the Divine Plan in greater measure. It thus helps Agni too. When a master trains students and the students inspired by the master carry out acts of good-will like the master, the master's work is also facilitated. Hence the hymn says that in the first instance the worshippers are benefited and in the second instance Agni is also benefited.

Children's Section

The Doctrine of Ethics

The acts of Good will,
the accomplishments
of the son,
the beauty of one's wife
are not for public
aggrandisement.

Dear Children

I suggested to you to see the sky from time to time in the nights to find and to know the stars and planets. I now suggest to you not to miss to see the sky before the dawn and after the dusk.

12 minutes before sunrise and 12 minutes after sunrise a magic happens in the eastern sky. This can only be seen can not be explained fully in words. You can see life giving, enlightening colors. These colors not only invigorating but also improve our brain quality. The wisdom says that the light before and after dawn bestow light and life to all beings.

Likewise in the evening 12 minutes before and 12 minutes after sunset the magic of the sky can be experienced.

The sky contains all colors. In the night you can see black and blue black. In the day you can see indigo, violet, red, orange, golden yellow, sky blue and white.

Looking into the sky, registering the brilliant colors of the sky and feeling them in the forehead, closing the eyes will help receiving the life and the light energies for self-vitalization.

I wish you always lookup in life with the help of the illumined sky and illumined brain.

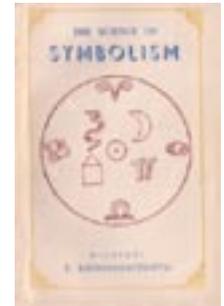
Dr. K. Parvathi Kumar

(from the editorial of Dr. Kumar on the website: www.jugendforum-mithila.de)

Book Review

The Science of Symbolism

Among the creative sciences, Symbolism stands foremost. It is also the simplest and easiest of all the creative sciences. The Science of Symbolism enables the readers to understand the World Scriptures in their true light, which is different from the religious approach. The booklet, though small, covers a vast area and a deep volume of the scriptures with a unique way of revealing the synthesis of the Ancient Wisdom.



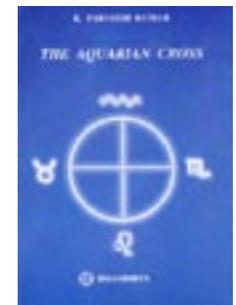
Ekkirala Krishnamacharya: The Science of Symbolism

Copies: The World Teacher Trust, info@worldteachertrust.org

The Aquarian Cross

The Aquarian Cross is one of the cosmic symbols. The cosmic mind is represented by a fourfold cross. It speaks of the fourfold existence at all planes. Each time we look at it we must get the recollection of our own fourfold existence. Then the purpose is well served. The symbolism of the cross and the astrological significance of the Aquarian Cross are well explained with deeper symbolism coupled with ancient wisdom.

The book is based on lectures, which K. Parvathi Kumar gave during a group living in Posadas, Argentina, in December 1993.



K. Parvathi Kumar: The Aquarian Cross

Copies: The World Teacher Trust, info@worldteachertrust.org

News - Review Tours of the Teacher

41st WTT Intercontinental Tour 2005

Puerto Rico, 24th – 28th November 2005

We arrived in Puerto Rico on Thursday, November 24. We went directly to the place of the conference, a Zen center in High Caimito, a mountain surrounded by trees and colorful nature where the city could be seen at a distance. Friday was a day for sightseeing in the Old San Juan and the beautiful beaches of Puerto Rico.

The group living was held on the 26th and the 27th of November where the Master spoke to us about the three Cosmic Fires, the races like layers of the people, of how to see the divine in the worldly and then he held a section of questions and answers. In these answers, a high vibration was obtained that surrounded us and a sensation of the magic of the soul penetrated us; we were deeply moved. He answered questions about the transcendent God and the immanent God, astrology and the principles of each of the planets. He spoke widely on the Solar Angel. He also answered questions on the true devotion, the Feminine Lodge and Shamballa, the White Island. We left for Venezuela in afternoon of the 28th.

Venezuela, 28th November –1st December 2005

Once we arrived in Caracas, we went to the place of the group living, the Retreat House of Santa Maria Mazzarello in Los Teques. We began with the evening meditation and we finalized the activity Thursday, December 1, with breakfast.

He spoke about the Presence and the Grace, which is the motto of the retreat house in where we were. It is a house directed by Salesian catholic nuns who were very impressed with Master Kumar's presence, recognizing in him "a holy man," and offering their house to him for whenever he decides to return. The retreat house offered the perfect atmosphere to us for the activity that we had.

He gave us the keys to enter into the Presence to go beyond the pairs of opposite. He indicated the importance of observation, which complements the meditation. When we undertake the yoga of synthesis, we discover that there is no illusion but the splendor in the creation. He spoke to us of the path of Grace, which was the one used by Master Jesus to be connected with the Presence all the time.

The group of Mithila children delighted the Master, Kumari Garu and all the participants with typical dances of India in commemoration of his sixtieth birthday. Also, they performed a dialog between Krishna and Arjuna. Master was very pleased.

cont.

Window to World Service News & Activities

(Inputs welcome)

Group reports: Germany

Name of the group: W.T.T.-group of Münster-North

Contact: Hans Kleyböcker E-Mail: Teppich-Kettel-Service@web.de

Activities:

- Co-operation with the organization: "Schutzgemeinschaft Externsteine" (it takes care of the cultural and natural monument „Externsteine“ in Germany).
- Co-operation with the magazine "Paracelsus Health and Healing"

Group reports: Germany

Name of the group: W.T.T.-group of Frankfurt Area

Contact: Karin Diekmann E-Mail: KarinDiekmann@gmx.de

Activities:

- Work for the Paracelsus magazine
- Regular visits and help for the shelter for the homeless in Langen

Dates of the Next Travels 2007

2nd May

Visahkha Festival.

12th May

Birthday of Lord Hanuman.

25th May to 30th June

May Call group life and tour in Europe.

During these dates you won't be able contact Dr. K.P. Kumar.

You find the updates on: www.worldteachertrust.org/vaisakh15_e.htm

Book Announcement

The WTT-Global is planning to publish the book "May Call II" for the May Call celebrations. The book contains further Master CVV messages of Dr. K. Parvathi Kumar.

Paracelsus Camp for Children



The Paracelsus-Center of WTT-Global organises a Paracelsus-Camp for children from 05th - 10th August, 2007. Like in the previous years, the camp takes place in Einsiedeln, Switzerland, where the great initiate Paracelsus passed his childhood. The program has activities for children in the age of about 8 - 12 years. The deadline for registration is May 30th, 2007.

You can download information:

Invitation for the Paracelsus-Camp (PDF-document):

www.worldteachertrust.org/camp/camp07_invitation_e.pdf

Registration form (word document): http://www.worldteachertrust.org/camp/camp07_regist_e.doc

Report from the Paracelsus-Camp 2006: http://www.worldteachertrust.org/camp/camp06_lukas_e.pdf

You can also contact the Paracelsus-Center for questions or the registration:

WTT – Global, Paracelsus-Center, Wasenmattstrasse 1, CH-8840 Einsiedeln, Tel. 0041 (0)55 422 07 79, Fax: 0041 (0)55 422 07 80, Email: info@paracelsus-center.ch

Extracts from the Teachings

Lecture During the Full Moon Hours of Scorpio, Part VII

Dr. Sri K. Parvathi Kumar

Fürigen Group Living, Switzerland, November 2005

The Horror of Scorpio – Death

Now we shall get into the horror of Scorpio. The horror of Scorpio is death. It is nice to speak about death, but it is a personal horror. Sooner or later it is better that we get familiarized with it, because one day or the other, sooner or later, today or tomorrow, we have to meet with it. We read in the book that the death is to the body, that you don't die. It is very nice to hear, but very difficult. Then there is the death to the personality which is also nice to hear, but difficult. Then there is death to the individuality. In the books of Madam Bailey, Master Djwhal Khul speaks that we need to die three times to live eternally. But for us, living itself is something like dying. It is not so easy for many to live. To live is difficult and to die is much more difficult. The knowledge of death is relevant only to those who know how to live. How to live beyond death is the next step. How to live through death is the intermediate step.

There are many scriptures in the Orient that gave techniques to transcend death. Today in the books of Madam Bailey, a lot is written as information about death. Here and there, there are clues given how to work out. We all have body consciousness. Death demands to lift up the consciousness from the state of body. To some extent it happens to you in sleep, in the sense, when a mosquito is on you, you don't know it. In the wakeful hours you know it. Likewise, if there is some little sound, you hear it in the wakeful hours, and you don't listen to it in deep sleep. During the process of sleep, the awareness withdraws from the periphery of the body into the core of the body, and the core is in the heart. So, withdrawal into the heart and again expression from the heart into the mind and the senses can be easily understood in terms of getting into sleep and coming out of sleep. This withdrawal of awareness from the outer layers of the body, from the objective layers of the body is what is given as a clue and then it is also understood that

death has to be withdrawal of awareness before withdrawal of life. That means you consciously withdraw. Occultism is the practice on the way to accomplish death.

Death is really not there. It is shifting awareness from one plane to another. It is shifting awareness from objectivity to subjectivity, and further shifting from subjectivity into deeper subjectivity, and then the deepest subjectivity. Awareness can unfold and permeate into every layer of the body, and this awareness shall have to be given a training to withdraw, the ability to withdraw. This process of withdrawal is given as a process of meditation. In meditation, the mind objective is applied upon respiration. In subjectivity, it meets with pulsation. Then the awareness which exists in the subjective mind enters into pulsation. From pulsation, it enters into subtle pulsation. This is how you enter into the source from where you express.

So, meditation also helps to walk to the path of death. The Mayans and Mexicans carried this secret, and, of course, the Indians. The Indians expressed the path in different ways. I will try to present it from various scriptural dimensions. The first and foremost is Patanjali Yoga, where the steps 4, 5 and 6 of Pranayama, Pratyahara and Dharana, it is a process of dying to the outer consciousness, the objective consciousness to experience the subjective existence, where you know tangibly that you exist without the body. When that state of awareness becomes familiar, when you are delinked to the body through the event of death, you don't suffer death. You depart, but you don't die. That is why Patanjali Yoga is a scientific process of such a withdrawal. When you reach the 6th step of Dharana, you will clearly know that you hold the body and the body does not hold you. This is consciously experienced. Hence, the eight-fold Path of Yoga is the path to immortality, and from the 7th and 8th step, it is the path for self-realisation.

The ability to withdraw from the layers of the body is possible through meditation. You withdraw by applying the objective mind on respiration; the subjective mind applies itself upon pulsation, and the pulsation enters into the subtle pulsation. The subtle pulsation has the characteristic of moving upwards, reaching the pituitary. When it reaches the pituitary, it builds a bridge with the pineal, and then one experiences the body of light and knows that the body of flesh and blood is not the only body one has. That is why from times immemorial, meditation is seen as a means to realise oneself as the body of light. So, the soul enters into the body through the five pulsations of life and occupies the body of five elements through the five pulsations and five sensations. Meditation is a process of withdrawal from the five sensation and five pulsations of the body. This is how it is done.

In Bhagavad Gita, in the 8th chapter, the Lord speaks of conscious movement out of the body. This is very significant that it is in the 8th chapter. Scorpio is the 8th sign. 8 also stands for Saturn and death. In that chapter, in the 13th strophe, the Lord gives the clue as to how to move out of the body. He says, "Link up to the OM that is happening in you. As you utter forth OM, do not see the OM as different from you. Identify yourself with OM."

It is through exhalation that you utter forth. So, follow the path of exhalation, identify with OM and then move upwards with OM even beyond your body. The body is below. Visualise that with every OM you are moving out of the body through Sushumna and Brahma Randra and then sit on your head. The head of the body becomes your seat. This requires identity with OM. You will realise that you do not die. Don't see OM as something different from you. Visualise your staying beyond the body and the expanse of blue. It is a practice. Even if we are informed of these practices, because of our individual Karma we don't get into it. Patanjali Yoga speaks of the steps of Pranayama, Pratyahara and Dharana, and the Lord in Bhagavad Gita speaks of taking to the thread of OM which is the thread of consciousness in you, while it is also the thread of life in you. Out of awareness, there is emergence of life. So, you take to the thread of awareness and try to move up. That is how a practice is given in Bhagavad Gita. *cont.*

This text is not proofread by the author and might have some mistakes.





Paracelsus Health and Healing

Psychological Healing

The treatments for sickness cannot be the same for all. The diseases of the masses, that of average citizens and intelligentsia and that of religious people differ widely, not so much in their physical expression, but in their psychological condition. For example, a bloated stomach can be due to a non-digestion of food or due to fears and uncertainties, and can also be due to anxieties and irritations. A bloated stomach could also be the result of unfulfilled emotions and aspirations. There are varieties of psychological reasons for stomach imbalance.

This is a point to be cognized by an average healer. He needs to grasp these distinctions and gauge the point in evolution of each patient, which he or she may have reached. Some need to be dealt with work at the psychological plane, while others may have to be dealt with at the emotional plane. Some may need just a physical cure.

If the same discomforts are repeatedly reported the healer should think deeper than routine treatment. Deeper diagnosis does not mean always more tests, X-rays, electrocardiograms, etc. It means to give more time to the patient, more interactions, seeking more information at a deeper level than just at superficial social levels.

Palliatives and ameliorating applications may eliminate present undesirable conditions; but they build up again and again in psy-

chologically and emotionally disturbed persons. These psychological imbalances shall have to be studied in terms of attitude of mind inhibitions, complexes, unknown fears, morbid conditions and neurotic disturbances. In all such cases, more time, more attention and a friendlier attitude is desirable from the healer.

The healing practitioner should be able to absorb and dispel, through interaction and conversation, the negative energy in such persons and also fill them with positive dynamic energy. Through talk, the healing practitioner should be able to revitalize the de-vitalized patients. This requires humour and cheerfulness as a quality in the healing practitioner. The patient should leave the doctor's chamber with a better mind, a solaced and comforted mind. This is needed from the healing practitioners/doctors, who are mostly officious and air either seriousness or unfriendliness.

Psychologically positive energies should naturally emerge from a healer. This would result in a friendly atmosphere where the patient feels comforted. It is a paradox today that many psychologists turn out to be patients after a decade, by means of their work. This is because they absorb the patient's negative energy but do not know how to neutralize it within them. The key is humour, cheer, friendliness, relaxation exercises, and even meditations with colour, sound, symbol, etc.

Much of the psychological healing can be done by the patient himself if right colour, or symbol, or sound is given to him with a technique to contemplate. This is the future.

Dr. K. Parvathi Kumar

Extract from: **Paracelsus – Health and Healing**

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Astrological Important Days in April/May 2007

20.04.	13:07	☉ → ♉ / Sun enters Taurus	
21.04.	00:12	5 th phase of ascending moon starts	☉ 00°27' ♉ / ☽ 18°27' ♋
	‡	<i>Birthday of Sankaracharya, the great philosopher initiate of Advaita</i>	
		(End 22:09 on 21.04.)	
22.04.	20:54	7 th phase of ascending moon starts	☉ 02°16' ♉ / ☽ 14°16' ♋
	☉	<i>Descent of Idâ force for manifestation and materialisation</i>	
23.04.	20:29	8 th phase of ascending moon starts	☉ 03°14' ♉ / ☽ 27°14' ♋
	☽	(End 20:54 on 24.04.)	
26.04.	23:54	11 th phase of ascending moon starts	☉ 06°17' ♉ / ☽ 06°17' ♎
	♃	<i>Day of Nârâyana: For healing, synthesis, and for self-contemplation</i>	
		(End 02:09 on 28.04.)	
01.05.	09:48	Phase of full moon starts	☉ 10°35' ♉ / ☽ 28°35' ♎
	♁	<i>Birthday of Vedavyâsa, contemplation upon the Hierarchy with The World Teacher presiding over the groups of disciples</i>	
02.05.		Birthday of Lord Hanumân	
	♃		
	12:09	☉ Full moon of Taurus (Vaisâkh-Festival)	☉ 11°38' ♉ / ☽ 11°38' ♎
08.05.		White Lotus Day: The day of departure of HPB from the physical	
09.05.	18:53	8 th phase of descending moon starts	☉ 18°41' ♉ / ☽ 12°41' ♎
	♃	(End 17:52 on 10.05.)	
10.05.	03:08	23 rd constellation <i>Dhanishtha</i> starts	☽ 17°18' ♎
	♃		
	21:00	Dhanishtha-Meditation (<i>Dhanishtha</i> -constellation ends at 02:37 on 11.05.)	
12.05.	14:01	11 th phase of descending moon starts	☉ 21°24' ♉ / ☽ 21°24' ♎
	‡	<i>Day of Nârâyana</i> (End 11:18 on 13.05.)	
16.05.	01:03	Phase of new moon starts	☉ 24°44' ♉ / ☽ 12°44' ♎
	♃	New moon point of Taurus: Contemplation upon 'The Pledge'	
	21:27	● New moon of Taurus	☉ 27°05' ♉ / ☽ 27°05' ♎
18.05.	15:01	3 rd phase of ascending moon starts	☉ 27°13' ♉ / ☽ 21°13' ♎
	♀	<i>Contemplation upon the sound emerging from the seat of the heart (Leo) to the mouth via the throat</i> (End 12:32 on 19.05.)	
20.05.	10:44	5 th phase of ascending moon starts	☉ 28°59' ♉ / ☽ 16°59' ♋
	☉	<i>Birthday of Sankaracharya, the great philosopher initiate of Advaita</i>	
		(End 09:46 on 21.05.)	
21.05.	12:12	☉ → ♊ / Sun enters Gemini	
23.05.	10:23	8 th phase of ascending moon starts	☉ 01°51' ♊ / ☽ 25°51' ♎
	♃	(End 11:52 on 24.05.)	
26.05.	16:21	11 th phase of ascending moon starts	☉ 04°58' ♊ / ☽ 04°58' ♎
	‡	<i>Day of Nârâyana</i> (End 18:55 on 27.05.)	

All dates are in MEST (middle European summer time)

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Great Invocation



Let us form the Circle of Good Will.

OMNIA VINCIT AMOS.

From the South through Love
which is pure.

From the West through Wisdom
which is true.

From the East through Will
which is noble.

From the North through Silence
which is golden.

May the Light make beautiful
our lives.

O Hierophant of our Rite
Let his love shine.

OMNIA VINCIT AMOS.

Let us form the Circle of the World
Servers.

We bow down in homage
and adoration

To the Glorious and Mighty Hierarchy,
The Inner Government of The World,
and to its Exquisite Jewel,
The Star of the Sea -
The World Mother.

From the point of Light
within the Mind of God
let Light stream forth
into the minds of men.
Let light descend on Earth.

From the point of Love
within the Heart of God
let love stream forth
into the hearts of men.
May the Lord return to Earth

From the centre where the
Will of God is known
let purpose guide the little wills of men,
the purpose, which the Masters
know and serve.

From the centre which we call
The race of men
Let the Plan of Love and Light
work out
And may it seal the door
where evil dwells.

From the Avatar of Synthesis
Who is around
let His energy pour down
in all kingdoms.
May He lift up the Earth to the
Kings of Beauty.

The Sons of Men are one
and I am one with them.
I seek to love, not hate.
I seek to serve and not exact
due service.
I seek to heal, not hurt.

Let pain bring due reward
of light and love.
Let the soul control the outer form
and life and all events,
and bring to light the love
which underlies the happenings
of the time.

Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate
and outer cleavages be gone.

Let love prevail.
Let all men love.

Master D.K