Vaisakh News Letter



HAMSA SIVA SOHAM



Taurus 2021 Rishabha

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May the Light in me be the light before me May I learn to see it in all. May the sound I utter reveal the light in me May I listen to it while others speak.

May the silence in and around me present itself, The silence which we break every moment, May it fill the darkness of noise we do And convert it into the Light of our background.

Let virtue be the strength of my intelligence, Let realisation be my attainment, Let my purpose shape into the purpose of our earth, Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it. May we live in the awareness of the background. May we transact light in terms of joy. May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Prayer of the Year 2021-2022

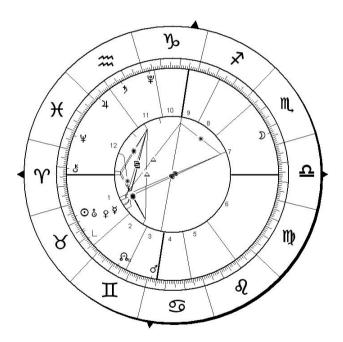
Tables turn. Time tables framed. Planetary adjustments.

Levels set in squares. Set-squares erected.

Right angles established. Wrong angles adjusted.

Accounts squared up.

Occult Meditation 86



Full Moon of Taurus, 27 April 2021, 05:31 am CEST (UTC + 2)

Message of the Month of Taurus $\overleftarrow{}$

Taurus presents "incentive to live". Taureans have major intent to live to fulfil their desires and aspirations. Since it is an earth sign, they look for physical plane experience. They gather much matter and material splendour. Taurus stands for the bull and the bull cultivates. It ploughs to unearth the treasures of the earth. Its emphasis on the physical is very high. But, spiritually speaking, Taurus is the divine bull that signifies the world in its fourth state. It brings down from the state of beyond to the physical plane. Rain waters that come down to fertilize the earth is also symbolized by Taurus. The showering rain enables growth of fauna and flora besides the produce of food with which much life is manifested.

The bull in Taurus is also called the Word made flesh and blood. The moon in Taurus is called the cow that generates milk on earth, again to nourish the beings. The Mercury in Taurus is called the calf that spreads wisdom in the form of Vedic incantations.

Working with the discipline relating to Visuddhi is suggested to disciples in the month of Taurus.

May the aspirants practice the voice of silence and the principles relating to it in the month of Taurus.



Message of the Teacher

Serve. Do not Seek

On a hot summer day when man reaches home in the afternoon, he would not like to move out again. He would instead like the cool in the house. So also, a seeker of Truth, when he realizes that Divinity is omnipresent, he stops at once seeking or searching. Instead, he starts serving.

Seekers are those that grope in darkness. Thousands of years passed by in seeking, least did the seekers know that what they seek is right under their nose.

Time has come that the Omnipresence is understood and the immediate vicinity is served. The cool shade of Divinity is for those who feel the Omnipresence. Neither the hot sun nor torrential rain nor biting cold hinder their work. Health or ill-health likewise does not come in the way of service. Crises are seen as passing clouds.



Utterances of Lord Krishna



Hold on to the key. Then you will know from within What to do and what not to do. Without the key the intricacies of Karma are too deep to know. (4-17)

Perceive inaction in action. Perceive action in inaction. The wise ones do so. The wise ones succeed and fulfil. (4-18)



Lord Maitreya Maitreya Community Daring Servers

Just goodness does not enable one to be the member of the community of Maitreya.

Equanimity, ability, adaption to the laws of nature are equally important.

Teachers of goodwill are also not eligible unless they demonstrate the teaching in action. We do not encourage preachers. We measure their preaching with their daily actions. There must be as much goodwill in work as in teaching.

A little service here and there to an in-significant community is but a beginning. What we look for is fearlessness in service. We also look for incessant manifestation, up-to the physical plane, the subtle service.

The servers of the community are those who are not dependent on any outer resource including their body.

Be bold, daring and be silent while at service.

Generate Goodwill Wherever You Are



Your good, your progress and your welfare are concurrently linked with your thoughts, speeches and actions. Your development is for your sake only. If you turn lawful and just, you have saved yourself. Do not think it is a service to humanity at large. Most of you think that a god or a master is pleased with your attitude. Attitude apart, action is important. We care as to how much you do good to others, how much you are just to others, and how much you implement the law for others' sake as well.

A worker in the field that works for remuneration is already benefitted by the remuneration. But that which he generates in the field amidst the co-workers is what we count. He may turn out good work and yet generate conflict, competition, covetousness and so on. The outcome of work is varied and is multiple in nature. We count the bi-products of your work apart from the work that you generate.

A disciple is one who continues to generate goodwill wherever he is.

Master Koot Hoomi Devâpi Maharshi

Sambala 36



Recollect Sambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, The World Teacher.

Our Sun is guided by the Great Bear, the Pleiades and the Sirius. He in turn receives the triple energy and transmits through the seven rays, seven sounds and seven colours, to earth via Shamballa.

Shamballa has a great role to receive 3 times 7 energy from the Sun and transmit it through the seven ashrams on the planet. It is a subtle service which mostly remains unnoticed and un-thanked.

Visualize three great centers around the Sun namely the Great Bear, the Pleiades and the Sirius. Meditate upon the three different energies transmitted from the three centers upon the Sun. Further visualize reception unto Shamballa of the triple energies via the seven rays. Further visualize the work of Shamballa in transmitting the resultant energy to the seven ray ashrams of the planet.

The inmates of the seven ashrams regularly receive on a daily basis these energies and transmit them to humanity at large for their evolution. The humanity as such is unaware of the work of the ashrams, of Shamballa and of the Sun. Yet the work goes on. Vaisakh News Letter 35/01 😽

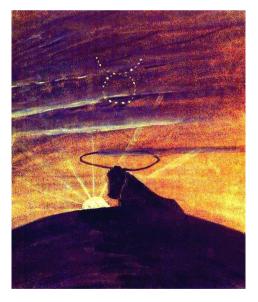
Message of Master E.K.

Ensure the Welfare of Others

To live well is one major thought that leads humanity. To ensure welfare of others is another thought.

For the ones who hold the latter thought, life moves forward with much less effort. For the ones who live with the former thought, life itself is an effort. Their mental intellectual and intuition unfoldment also remains limited.







Master CVV-Yoga

Aphorisms to Disciples 36

102. During the prayer, my energy transmission is in accordance with the deficiencies in different planes relating to you. I adjust the physical, the astral, the mental and the buddhic. To equilibrate much energy is spent to adjust the sickness and disease. To me the physical plane is as important as the buddhic plane. Proportionate adjustments are done among the layers of the body. Over emphasis is not laid on any layer of the body.

103. When buddhic plane is adjusted you do get intuitional ideas.

104. The adjustments in prayer can be seen inside and outside. Surely the outer movements recede; do not be under illusion that outer adjustments are needed.



Vidura

Teachings of Wisdom



Indulging in acts of goodwill, man enjoys the fruits of goodwill.

PRACTICAL WISDOM

A Teacher has a place to stay, but not a home. A Teacher participates in life, untouched by the ordinary. A Teacher guards, but does not impose. A Teacher is grateful and is not forgetful. A Teacher may beautify a discussion but never argues. A Teacher rejoices in the beauty of far-off world, not so much in the joyless world of men. A Teacher repeats only to enable Pupils to gain the details which are yet to be comprehended and implemented. Encircle the Teacher with the protective wall of devotion. With the Teacher acts fructify. Betrayal of him is dreadful.

Saraswathi



Suktam 5 Crystallisation 1

Fools define themselves. Wise ones do not. We are all of the Infinite. Do not, therefore, define. As we define, we tend to judge! This is another veil. "Judge not" is the occult dictum. Judging is ignorance. "Judge not lest thou shall be judged" is a commercial approach. We don't judge because we will also be judged. So we follow the dictum (if at all we follow) out of fear of being judged. Thus, it is not natural. That was not what wisdom intended to say. Surely that was not the way Jesus might have said.

We pull down the wisdom of the Great Ones according to our level of awareness. That is how most of the teachings get distorted. Many and many more concepts get crystallized each time a Great One moves amidst us. Only a handful make the right understanding. Others in their effort to understand, mostly misunderstand. Untruth spreads faster than Truth and the consequence is distortion of wisdom. It happened many times. It will happen again and again. That is how the Word suffers mutilations and manipulations. We need to straighten ourselves a bit, before we approach the science of wisdom. Hence working with the Sacred Word is imminent.

Ashram Regulations for Entry

Application of the Key of Sound 6



No one can enter into the ashram of a Master unless one has gained the needed degree of purity in speech. Once a student in Greece approached Asclepius and enquired about the significance of a double-tongued serpent. Asclepius replied, "Worry not, about a double-tongued serpent. It is less dangerous than a multi tongued man who speaks truth and untruth in variety of ways. Man is more poisonous than the serpent. Learn to use your tongue. You can be an angel of healing through right use of your tongue."

Once a Mexican hermit was approached by a Mexican to find out which chaste food is to be used during the spiritual training. The hermit answered, "What you speak through your tongue is more important than what you eat through your tongue. What you put out as speech through tongue matters much, what you put in through tongue matters little. First purify the speech and then come to me to know the right food."

> Speech can transform the speaker and the listeners Speech can elevate the speaker and the listener Speech can inspire the speaker and the listeners Speech is a magnetic tool in the hands of the humans.

PRACTICAL WISDOM

Adversity is the key to turn around and find a new time table for activity.

On Secret Doctrine



Magic

Magic is a dual power. It can be evil or goodwill. It is the quality of thought that turns it to be goodwill or evil. Therefore, along with magic, the science of good and evil also exists. The consequences reveal if an act of magic was of evil or of goodwill. The motive decides. If one uses science for goodwill it becomes white magic; when it is used for evil it is sorcery. The alchemists and the Rosicrucians when turned out to be plenty during the medieval times, the science of the Rose and Cross got diluted and lost. All good things degenerate generally in Kali age.

In Kali age all magic is for one-upmanship, for profit, for money and for power. The true Rosicrucian can only be recognized by another Rosicrucian. "Only a mason knows another" is a popular saying. Like in every branch of science, there is much misguidance in the name of guidance.

The fundamentals of Pythagoreans, Vrindavanams, masons, alchemists and Rosicrucians are just the same. They differ in frills due to different times.

In the age of Kali, the science is diluted and the conscience is shrouded with motives. There is more black magic in the name of magic.

All claim to be secret societies and sacred societies doing nothing. This is because they know nothing. They are but duplicates and unholy copies of their original.

As long as absolute unity is held high as a principle, the bedrock of truth remains unshattered. Once the truth of absolute unity is lost, every edifice falls. A house of packs is bound to fall. *Aham Yeva Brahman*, I am Brahman, I am That, That I am, That, is the foundation rock of any school of philosophy. Peter means such a rock.

Saturn

Karma

The Spirallic Path 2



The karma aspect binds us to some extent, but through will, we can restructure it. Will Divine starts functioning from within. In spite of us, the will generates from within and pushes us to improve our own being in course of time. Not always we can remain where we are. That is how people get into the spiritual activity at one point of time or the other, according to the timetable of the soul.

According to the degree of will that is exercised one finds some sensible activity, but if the will is not pure, and is coupled with certain other motives, then in the name of spiritualism one gets into wrong spiritual activities. Thus, karma binds and allows not the progress unless and until the right motive is found.

Discipleship

The Qualities of Sound Mind (From the Laws of Right Relationship)

Glamour and Illusion 4

A major glamour affecting all is the personality aura of others - a fusion of their physical, emotional and mental nature. The glamour of personalities, which are not the least what we think they are, can lead us into devious and difficult situations. We are glamoured by our own personalities also - our intelligence and experience, our aims and ambitions. The glamour of social pride, of place and position, afflicts many. It is not a product of intelligence and sound thinking, but of emotional delusion. In the eyes of God, there are only human beings. There are no classes such as those that the world recognizes. Man must free himself from the tyrannies of the caste system, of social, religious and financial grading.

Glamour is of terrible power owing to man's domination by the emotional nature. It is something from which he must consciously free himself - a new field of effort. Freedom from emotional control will guard one from belief in something that is non-existent. It is only by its harmful effects that we finally know glamour for what it is. Emergence from such a state is a devastating process. Then we say, "Why was I so deluded?" We have to learn to distinguish truth from error and the real from the unreal. Thus, those who are deceived are only learning a needed lesson.

A disciple

78. Namarupavivarjitam

Devoid of name and form



The Teacher knows himself to be the being. He does not relate himself to the formations that happen through him. He remains eternal as I AM in all. He does not live in definitions. He does not live in names and forms; he knows that names and forms are but the facilities to function through. He remains at all times as the nameless and the formless one and is not conditioned by the name and the form. Names and forms happen in the world of triplicity; the Teacher is beyond. He therefore does not associate with name and form except for the defined purposes. He gives this knowledge to his students also.

Very early in the morning I recollect the holy sandals of the Master in the inner chamber of my heart.

PRACTICAL WISDOM

The values that keep us afloat are basic fundamentals. Live them as you do and promote them too as a disciple.



Sound

3. Filter the speech to eliminate avoidable speeches.1

At the end of the day, if we look back, we find that many times we have spoken when it was not necessary. That is why there is so much speech on the planet. Among all the five kingdoms of Nature, only the human being is given speech, and he makes more an abuse than a use of it. He speaks more than required. When there is nothing to do, the human being indulges in speeches. Between two constructive functions there is avoidable speech. Between two constructive functions, what is required is silence. But what normally a human being does? Between two functions if he is given leisure, he indulges in speech. Somehow, we feel compelled to speak all the time. But the disciples feel compelled to be silent, and speak only when required.

We do the opposite of it. We are expected to keep a diary to observe in retrospect as to how we speak. Through enormous avoidable speech we spend away lots of energy. We are so fond of speech. We have to speak even while we are eating. See, how we are habituated to speak even while we are eating. There is the least importance given to the food that is being taken, and there is great importance attached to speeches which are more often useless. You do not integrate with the food which you take in. Not only that, the human being is so much habituated to speak, he puts fine music through a tape recorder, then keeps speaking without listening to the music! The moment a tape is inserted into a recorder, the person who inserts the tape speaks of the tape.

OM Namo Narayanaya

Meaning 4



In all that is visible, there is an equipoised activity of manifestation and demanifestation resulting in an apparent existence. The apparent existence looks so tangible due to the equipoised action of appearance and disappearance. The best example that can be given in this regard is the river. The river is visible to the naked eye, but the waters in the river are ever moving in such poise that one feels the existence of the river.

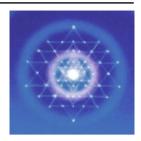
But no one can step into the same river for a second time. As one steps in and steps out, and steps in again, the waters that he steps in for the second time are different from the waters that he stepped in for the first time. There are in-flowing waters and out-flowing waters causing the appearance of an apparent river at a place in a time. As it is true with the river waters, so it is true with all appearances. On one side, there is formation of atoms, and on the other side, there is dissolution of atoms. The formation and dissolution are so perfectly balanced that they give birth to an apparent existence. It is similar with our form, too. In us, there is regular formation of atoms and their disappearance according to a periodicity and in the meanwhile we feel the tangible existence of our form. The energies of formation and dissolution are eternally at work to enable the apparent existence of form. The sound of Narayana speaks of this grand process at micro level and also macro level.

Ether Work Out

Up to the higher mental plane and lower Buddhic plane, man works out his own plan, by constructing his own logic, his own ideas, customs, beliefs, scriptures, practices and his own definition of the terms God and religion and will to execute his plan. He will have the guidance of scriptures etc. When the individual plan is stopped and when the higher Buddhic plane is experienced, there will be a plan of the planetary principles to him and this plan is worked out by the intelligences of the vital plane.

These intelligences are solar and planetary by nature. They work out the changes in the human constitution through the instrumentality of the vital layers. They exist in all degrees of intelligence and technically termed, the 'Ethers of Prana' by Master C.V.V. These ETHERS WORK OUT as channels starting from the river of Plenty of Prana and irrigate the various fields of consciousness into the cogent and archetypal plan which once again repeats in that particular constitution. A peaceful and perfect communion exists between the Plenty of Prana and the channels of individual Prana, that are constantly formed and maintained along the nerves, blood vessels and blood stream. Like the magnetic lines in a magnet are controlled by those of an enormously big magnet, the ether of the earth planet arranges the etheric currents of constitution and works out. The nerves, blood vessels and the components of skeleton of man are only like the lines of iron dust around the magnet. Every line has an invisible line of force keeping the dust in a line. Similarly, every line of ether rearranges the Chakras and the Kundalini of the constitution and it finally rearranges the physical constitution also.

Listening to the Invisible Master 3



The Being as awakens recognises or becomes conscious of his existence. Even before he recognises his existence, he was very much existing. Because he exists, he awakens and becomes conscious of existence. As soon as he gains self-consciousness, he enters into the field of thought and with the help of the five senses and the body, externalises himself into the objective world. Thus, he is familiar with his thought plane and plane of senses and the physical plane as he consciously manifests into objectivity with his external implements.

One in a million enquires into the secret of one's slipping into the sleep and awakening from the sleep. Such is the ardent enquirer, who strives to know as to how he awakens, where from he awakens, what was he, and where was he before such awakening. Each one of us know for certain that we do exist in the sleep hours. This knowledge is with us inherently. Since we know that we do awaken after a duration from our sleep we happily tend to sleep. If we are not sure that we do exist through the sleep hours, none of us would even date to sleep or even allow some kind of giddiness to overtake us!

There is as much subtle or subjective world as in the objective world. The Vedas pronounce that 3/4th is invisible, immortal and divine, while 1/4th is visible and mortal. That which we see in the gross objective plane is subject to constant change on account of the subtle intelligences functioning in the subtle planes which are divided for purposes of our comprehension as three (3).



Rudra The Lord of Cosmic Will and Vibration

> A Few Dimensions of Rudra 29 Mahadeva

Mahadeva means the Deva of the Devas, the abode of the Devas and the source of the Devas. Maha means Mega. He is the Mega Deva who precedes all the Devas. Rudra as Shiva, the most auspicious one, is seen as the abode, since he makes way for them into creation and lives in all of them as their will.



Sanat Kumara

Function as a Soul, not as a Personality 3



That is how each one of us feels: I am male, I am female, I am Indian, I am Swiss, I am German, I am Spanish and so on. I AM is neither Indian, nor Swiss, nor German, nor Spanish. I AM cannot be American, however great the Americans feel. Americans feel great and use the word great many times. But I AM consciousness is greater than the great.

Then again there are other identities: I am a businessman, I am a teacher, I am a ruler, I am young, I am old and I was an infant and so on. There is another category who feels I am a disciple, I am a Master, I am a Mason. All these identities are incorrect identities. They relate to the personalities; they do not relate to the soul. Soul remains I AM. At best it can be THAT I AM, or I AM THAT I AM. The rest is build-up. One cannot be his build-up. One cannot identify with his build-up. The building needs a builder. The builder is the soul. Recollecting that one is a soul, a person, is much more important than remembering the build-up. Without the soul there cannot be personality, there cannot be mind and body. But without personality, mind and body the soul can be.



From the Teacher's Pen Questions and Answers

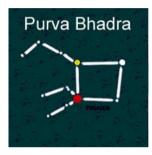
Points of Spiritual Influx

Question: Dear Master, we hear from the teachings of Master Djwhal Khul that London, New York, Geneva, Tokyo and Darjeeling are the five points of spiritual influx. Do they continue to be so now?

Answer: Dear brother, the points of spiritual influx keep changing from time to time according to necessity. There is a change of these centers from the beginning of 2020, and the new centers will be formed in due course of time at the city points. Right now, the energies are being distributed from the spiritual ashrams of every continent which are under the guidance of the adepts. They are mostly at the sacred mountain ranges and valleys. Not much can be spoken of the future centers until they are once again formed after the present change which lasts for seven years.

The Wisdom of Nakshatras

Star 25: Purva Bhadra



Lord Hanuman is said to have been born in this constellation. Purva Bhadra is extremely intelligent and yet an unbiased, simple and peace-loving energy. The faith in God is complete in this constellation. All that is supernatural is of great interest to the natives of this constellation. The pure heart emerging from this constellation enables access to the ethereal dimensions of life more than

to the mundane. The character of Purva Bhadra is one of bona fide. The natives are generally of good reputation. They cherish speaking the truth and try to be truthful. They distance themselves from cheap tricks of manipulation and dishonesty. They are optimistic and always benevolent and helpful to others. Friendliness, love and affection are their natural qualities. They pour their heart's energies into every work that they do; they are not careless or inattentive. They do well in spirituality. They are fairly good in studies relating

to astrology, astronomy, occult sciences and normal sciences. In terms of earning money and living in society, they believe in simplicity and are honourable. They prefer to be self-employed, for they do not find a boss or a superior virtuous enough to serve.

Purva Bhadra is a protective constellation. It gives an anterior protection and anterior shelter, while Uttara Bhadra gives a posterior shelter and protection. An anterior shelter is a protection that is ahead of you. It means, the natives of this constellation offer shelter and protection to those



who follow them. Lord Hanuman was always moving ahead of Lord Rama to ensure complete protection to Lakshmana and Sita. In fact, Hanuman is an embodiment of protection for all those who worship him. The beauty of Purva Bhadra is that it is ruled by Jupiter, the preceptor and also the Lord. Thursdays are very propitious to the natives of this constellation.

The cosmic deity of this constellation is Lord Shiva, who constitutes the Jupiter for the universe. The seer is Agastya, who is an embodiment of Lord Shiva. The single-horned unicorn, the one-footed serpent (the serpent of Kundalini), the unitary symbol Shiva Lingam (Ekapada), who is also called the unborn one (Aja), are but symbols relating to Purva Bhadra.

The worship of Shiva or Hanuman enables the natives of Purva Bhadra to ensure auspiciousness ahead of them. Purva Bhadra natives are also considered to be lucky-footed ones. It is but natural that when a Sadguru (seer) or Lord Shiva or

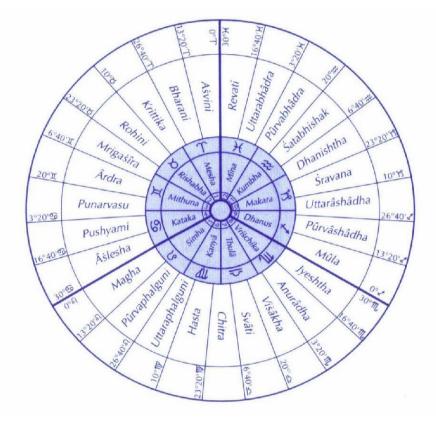
Hanuman step in, things turn out to be auspicious. The number relating to Purva Bhadra is 7, the colour is golden yellow or silver grey, the gemstone is a yellow sapphire, the favourable number is 3, the fruit is mango, the tree is neem, the element is ether, the bird is a peacock, and the animal is a lion.





Jupiter being the presiding deity and planet, education, intelligence, wealth, expansion are but very common for the natives of Purva Bhadra. Their knowledge precedes their wealth. Their preference is also more towards knowledge than towards wealth. Since they are ruled by Ekapada, the single-footed deity, they would eventually be raised by a single parent. In the human body they represent the right brain as also the thighs and the legs.

The natives of Purva Bhadra are well balanced in their abstract thinking and practical working. Purva Bhadra natives mature in all dimensions of life earlier than their age. Since they are sky loving ones, they do not hold a permanent abode on Earth. They keep moving. They learn sciences and practice them. They are intuitive and goodwill-oriented. Being Jupiterians, they are good orators and also have sound sleep. They are adventurous and brave individuals and are driven by the purpose. They love mysticism and occult practices. The Purva Bhadra natives are medium sized and have broad cheeks and fleshy lips. They look simple. They are principled and therefore suffer mentally. They care not for their attire. They also care not for blind beliefs. They are respected and honoured in the society. They love food. They have smiling eyes and pleasing personality. They evolve their own program of self-development and do not carry the sheep-like mentality. They approach life with freshness along with the support of knowledge. The daylily plant represents their vibrant, fresh and powerful personality.



Uranus

The Alchemist of the Age

Small is no Small, Big is no Big 3

Support of the group though seemingly not strong, is the strength. Uranus drives one towards it. The big cannot ignore the small. In the wisdom books there is a story. There was a huge elephant which was frequently moving in the areas where many rats lived. It was trampling the rats carelessly. The rats felt the crisis, gathered into a group and approached the elephant while he was at rest. They explained to the elephant the problem they had due to its careless movement. The elephant felt sorry and apologized. It said it would be more careful henceforth. The group of rats were joyful, they thanked the elephant and said, "For this friendliness you show unto us, we are grateful and we shall help you if and when you are in need." The elephant smiled and said, "You little ones, I admire your thought of helping me in my crisis. Little you realize that you are too small to help." The rats said, "Who knows!" and left thankfully. Time passed by; a circus company spotted the strong elephant and wanted to capture it. They spread a net in the area where the elephant moved and the elephant was caught in it. It could not wriggle out. It was already evening hours and it found no way to get out of it. Then came the group of rats as if from nowhere. They quickly cut off the net with their sharp teeth and the elephant escaped. Later the elephant came with all humility and humbleness, extolled the group of rats for saving its life.

The big need the small, just as the small need the big. The one that is big in one situation could be small in another situation. Uranus teaches this to individuals, groups, nations and races who think themselves to be superiors, the big ones.

Master EK

Vishnu Sahasranama

The Occult Significance and Splendour of these Names 2

The sons of death have to take refuge in the living God and find their culmination in Him. Everywhere we find fear of birth, fear of disease, old age and death. One lives beyond these fears, by chanting the thousand names of the Lord with devotion. This is because a devotee of the Lord bears no malice, no anger, no hatred and no coveted expectation of anything. Remember that the vault of heavens decorated with the sun, moon and the sparkling myriads is kept in poise by the Lord of all Lords, who lives in everyone of them. Since He pervades all, you remember that the whole creation which includes the gods and demons and the beings astral, etheric, etherial and meteorological, exists in obedience to Him. Why? Look here, your own mind, senses, will, discrimination, ability, brilliance, valour, courage, your own abode and the dweller of the above are all pervaded by the living Lord.

Every science starts with a tradition and tradition starts with the law in the background. The Lord beyond the Law is the living Lord of all. The wisdom centres, the creative and reproductive intelligences, the elementals and the Lords of elements which include the movable and the immovable find their emergences in the Lord Himself. Synthesis, wisdom, understanding, learning, formulating and executing of the various activities of the creation are included in the one wisdom which comes out as the breath of the Lord.





Paracelsus Health and Healing

Bowel Syndrome



Amoebiasis, indigestion, constipation, gas formation, diarrhea, vomiting, and ulcers in the mouth all have only one cause resulting in bowel syndrome. It is simply lack of knowledge regarding what to eat, how to eat, when to eat, in what quantities to eat and with what attitude to eat. It is also associated with inadequate intake of water.

Knowledge of food and of water intake is given great importance. Each person by experience knows what food is suitable to his constitution, what is easily digestible to him, what is nourishing to him, and what food keeps his body light and active. It is but minimum knowledge that every person should hold relating his body.

He should also know basically the remedial measures through food to rectify slight imbalances that happen periodically so that he can avoid medicines. In case he feels slight discomfort in the stomach staying on waters would adjust the imbalance within 24 hours.

Ayurveda says, "Abstaining from food, staying on waters is by far the best medicine for all stomach and digestive imbalances."

Besides conscious intake of water of 4 to 5 litres during the day depending upon the winter or summer is highly helpful. "Water cleanses men and gods alike," says the ancient wisdom. A person who drinks 2 litres of water before breakfast, a litre of water between breakfast and lunch and 1 to 2 lifters of water between lunch and dinner keeps away all sicknesses of stomach. Remember that stomach is the birth place for sicknesses. Healthy stomach is already a strong base for healthy life.

Man walked away from natural remedial methods and resorts to medicines for every simple and purely temporary discomfort.

There is a natural way to health which has become occult now to modern man. *Dr K. Parvathi Kumar* Extract from: Paracelsus - Health and Healing. Website: www.paracelsus-

magazin.ch/en

Dimensions of Ancient Wisdom

Dr K. Parvathi Kumar Group Life Teaching, Part 25 June 2018, Billerbeck, Germany

The planet is for all. Why do you feel completely disturbed, when you see a mosquito or a fly? The fly knows that there are humans, and they accept humans. The problems with the humans is they cannot accept the fly. A mosquito knows that there is human, it is always in the mood to attack, and the human instincts always want to kill it

The ability to include, the ability to accept, the ability to integrate through inclusion is the higher dimension, which enables us to stay in the forehead. That is the case with the Christ. The Christ knows what it is and how it is on the planet and how it is changing, how it is becoming. How it is and how it is becoming is a kind of witnessing on the background of awareness, when the drama happens upon our own being. That ability to completely witness and do what is to be done in adjustment is the work of the World Teacher whom we call the Christ or Lord Maitreya.

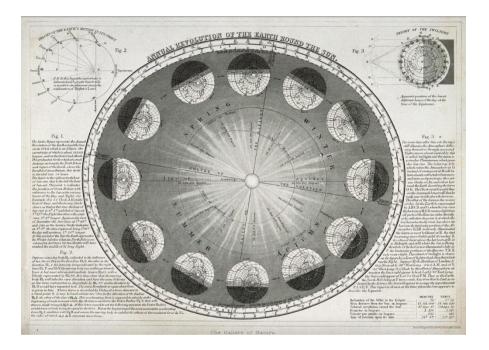
Pranayama, the fourth step leads you to that. You are drawn back into yourself, further drawn up within yourself and you are posited at the brow center, and you are now in a state where you can stay free on the throne which is Ajna. So much happens with the help of Pranayama, and the four Prana principles, namely inhalation as Prana, exhalation as Apana, equilibrium of the two as Samana resulting in pulsation and that pulsation taking to the upward path called Udana, leading up to the threshold of Vyana which is the final Prana which put you via Ajna into the surrounding world.

The four Pranas are observed completely functioning with the four steps of Pranayama and you are into the air element up with the help of the pulsating principle passing over Gemini. Libra is utilised, Gemini is utilised, only Aquarius remains, the Aquarian air.

We will come to further details in the afternoon.

But what is important is that we must find time in our daily routine, to sit, to turn inward and to contemplate upon respiration, reach pulsation, and then set upon the subtle pulsation which leads you to the brow center. That is the theme, which must be worked out.





This text is not proofread by the author and might have some mistakes.

Stories for Young People

On Service

Indulging in acts of goodwill, man enjoys the fruits of goodwill.

1. A Failed Attack

Nightime. A farmer crosses his courtyard. In the shelter of a bush lurks a man with a rifle. As he raises the gun and aims it at the farmer, he is struck by a strong light and knocked down. Neither the danger nor the rescue is perceived by the threatened man.

In a dream a young man is watching this scene. He recognizes the farmer Daniel Rayborn, the owner of the gold mine, where Bob Singleton works as an assistant manager. Bob lives in Colorado, where the mine is situated. The scene took place on Rayborn's farm in Wyoming. Bob is horrified. Why would he dream such a thing? Rayborn is popular. Is he in danger? Who was the attacker, Bob could not discern the answers. Was the rescue by chance?

Thinking about it, Bob is sure that someone is seriously intent upon taking Rayborn's life. Bob feels it is his duty to warn Rayborn, even though he has no idea where the danger is coming from. In a letter to Pearl, his younger sister, only relative and adviser, Bob writes, "Tell me what to do. You are much smarter than I am." Pearl attempts to reassure her brother and announces Rayborn's imminent arrival in Colorado. How and what does Pearl know?

A few days later, Grey, the manager of the mine, arrives at the mining site. He seems to be unfocused and nervous and delegates upcoming decisions to Bob. Later, Rayborn, his children, Nada and Rex, and a geologist named King also arrive and their presence is celebrated in the camp. The geologist has an excellent reputation. He is said to be able not only to recognize the likelihood of gold deposits by analyzing the rock, but also to estimate their yield by the course of the veins. Bob is soon busy with the visitors and mine operations and forgets about the dream.

Bob is later called to the tunnel. Grey has had an accident. He was hit by the rockfall after a blast and is badly injured. Everyone is trying to save Grey's life. But Grey is not interested in having his life saved. He asks Rayborn to talk

to with him in private and eventually, Grey leaves his body. Bob later accompanies Grey's body on its last journey to Greys family in San Francisco.

From: Godfré Ray King: The Magical Presence. Saint Germain Publishing. 3rd ed. 2015. King describes his encounter with Master Count Saint Germain in the year 1931. Compiled by: b.k.



Picture from the room at McCloud Hotel in McCloud, California, where Guy Ballard (1878-1939; pen name "Godfré Ray King") lived in 1930.

Window to World Service News & Activities

Germany

Name of the group: WTT Group of Lake Constance Area Contact: Sabine and Manfred Markgraf Address: Zum Schlossblick 3, D-88633 Heiligenberg Phone: +49 75549899991 E-Mail: manfred.markgraf@email.de Website: www.guterwille.de / www.pflanzenheilkräfte.de

Activities

Activities in our region included:

- Study Group "On Healing"
- May Call celebration 2020 in Château du Liebfrauenberg
- Kräuterstube at Lake Constance (Herbal Circle)
- Monthly newsletter on healing herbs
- Invitations for healing seminars
- Support for refugees

Study Group "Yoga of Synthesis"

The study group regularly meets once every three weeks. The group meetings have two parts: the first part comprises meditation and singing of mantras, the second part focuses on studying a specific topic from the wisdom teachings. In 2019 we began with the book "Hercules". Our standard meditation is

complemented by the healing mantram "OM-NA-MO-NA-RA-YA-NA-YA" dedicated to the sick people registered in our blue book.

In summer we regularly gather in our garden for a joint summer festivity, and before Christmas we



carry out together a candle ritual to celebrate the birth of light and the birth of Jesus.

Kräuterstube at Lake Constance (Herbal Circle)

The Herbal Circle established in June 2009 with 7 people has experienced a rise in numbers and activities. Our aim is to inspire people to respect our mother Nature and find remedies in nature. We focus on studying the qualities and the healing effects of herbs and trees as well as on producing tinctures and balms

Monthly Newsletter on Healing Herbs

Since February 2010 we have been issuing monthly newsletters on medicinal herbs. Each newsletter gives a detailed description of one herb that is in flower that particular month. The idea is to awaken interest in domestic medicinal herbs and trees so that people go out in nature and get acquainted with the herbs. As of today, the newsletter is sent to 3,000 addresses.

Invitation of healers and organization of seminars and workshops

Anton Styger has been clairvoyant from his childhood and can see severe and incurable (for orthodox medicine) diseases through dialogues and prayers. These are mainly diseases caused by negative energies or elementals.

Support for refugees

Support for Iraqui refugee in all kinds of paperwork.

Picture to the Month of Taurus Taurus - Apollo and the Seven Centres above the Neck



There are seven other centres above the neck (the portion of body ruled by Taurus) which bear a direct correspondence and relationship on the solar-cosmic level (second bridge) with the seven stars of the constellation of Pleiades. The guru establishes a direct link between these centres of the disciple and the stars of that constellation. ...

When the link is established through a continuous process of improving the fitness of the disciple, Pleiades begin to shower the spiritual food as principles upon him. They are appropriately called the seven mothers of Kumara, a newborn babe and an eternal child. The disciple becomes a kumara only after the second birth (spiritual birth). The Pleiades are also thought of as the wives of the seven great seers (the constellation of the Great Bear). Pleiades establishes a link between the seven stars of the Great Bear and the seven centres above the neck of the disciple.

Dr E. Krishnamacharya: Spiritual Astrology

Book Review

The World Teacher. Advent of Lord Krishna

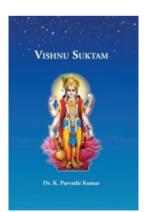
Master E.K. THE WORLD TEACHER Advess of Lord Krishns An Avatar is the descent of the Omnipresent One, to be one with the beings. He descends to uphold the law and to establish the law in the beings. Among such Avatars the Avatar of Krishna is considered full and complete, not only by the Puranas and Itihasas but also by the acts of the Lord as Krishna. The wheel of light that emerged from him has been piercing through the envelope of darkness that dawned around him during his time and the present times. The actual incidents in the story of such a "World Teacher" have

taken to the form of this book.

Ekkirala Krishnamacharya: The World Teacher. Advent of Lord Krishna.

Info: The World Teacher Trust, info@worldteachertrust.org

PDF: https://worldteachertrust.org/_media/pdf/en/ek/the_world_teacher.pdf



Vishnu Suktam

Vishnu means the permeating light of the universe. It is in this light all forms live, move and have their being. It dwells in all forms, while the latter dwell in it. Vishnu is like the ocean of light, while the beings live as tides of the ocean. Essentially the tide is also the ocean, though seen differently.

The book on Vishnu Suktam by Dr K. Parvathi Kumar is an effort to make an elaborate commentary on the suktams with the help of the word meaning and the basic meaning given by Master EK. It is an offering for students who have appetite for wisdom beyond

religious limitations. K. Parvathi Kumar: Vishnu Suktam Info: The World Teacher Trust, info@worldteachertrust.org PDF: https://worldteachertrust.org/_media/pdf/en/vishnu_suktam.pdf

Astrological Important Days in April / May 2021

19.04. D	20:32	• 8 th phase of ascending moon starts (End 20.04. at 21:13)	⊙ 29°55′ Ƴ / ໓ 23°55′ ♋	
	22.33	$\odot \rightarrow \delta$ / Sun enters Taurus		
22.04		11 th phase of ascending moon starts	⊙ 02°50′ ♂/D 02°50′ 112	
ц Ц	20.00	Day of Nârâyana: For healing, synthesis, a	ANALISTICATION AND AND A CONTRACTORS AND	
		(End 23.04. at 18:18)	ind for sen contemplation	
26.04.	09:14	Phase of full moon starts	⊙ 06°17′ ♂/ » 24°17′ <u>∽</u>	
D		Birthday of Vedavyâsa, contemplation upon	the Hierarchy with The World	
		Teacher presiding over the groups of disciples		
27.04.	05:31	O Full moon of Taurus (Vaišâkh-Festival)	⊙ 07°06' ♂/♪ 07°06' ¶,	
		• 8 th phase of descending moon starts	⊙ 13°07′ 8/ D 07°07′ ≈	
D		(End 04.05. at 09:40)		
04.05.	04:56	23 rd constellation <i>Dhanishta</i> starts	D 17°29′ ₩	
ď	21:00	Dhanishta-Meditation (Dhanishta-constellat	ion ends 05.05. at 05:41)	
06.05.	10:41	11 th phase of descending moon starts	⊙ 16°03′ ♂/⊅ 16°03′ ₭	
4		Day of Nârâyana (End 07.05. at 12:02)		
08.05.		White Lotus Day: The day of departure of	HPB from the physical	
10.05.	18:26	Phase of new moon starts	O 20°14′ ♂/♪ 08°14′ ♂	
D		New moon point of Taurus: Contemplatio	n upon 'The Pledge'	
11.05.	20:59	New moon of Taurus	O 21°18′ ♂/♪ 21°18′ ♂	
12.05.		1922: Departure of Master CVV from the	physical	
14.05.	02:09	3 rd phase of ascending moon starts	O 23°26′ ♂/♪ 17°26′ Д	
Q		Contemplation upon the sound emerging	from the seat of the heart	
		(Leo) to the mouth via the throat (End 15.05. at 04:30)		
16.05.	06:31	5 th phase of ascending moon starts	⊙ 25°32′ ♂/♪ 13°32′ S	
0		Birthday of Šankarâchârya, the great philosopher initiate of Advaita		
		(End 17.05. at 08:05)		
18.05.	09:03	7 th phase of ascending moon starts	⊙ 27°34' ୪/⊅ 09°34' ର	
ď		Descent of Idâ force for manifestation and	l materialisation	
19.05.	09:20	● 8 th phase of ascending moon starts	⊙ 28°33' ୪/⊅ 22°33' ର	
ğ		(End 20.05. at 08:53)		
20.05.	21:37	$\odot \rightarrow \mathbb{I}$ / Sun enters Geminis		
22.05.	05:46	11 th phase of ascending moon starts	⊙ 01°17′ 其/》 01°17′ <u>∽</u>	
		Day of Nârâyana: For healing, synthesis, and for self-contemplation		
		(End 23.05. at 03:13)		
24 OF		13 th phase of ascending moon starts	Q 00050/ X () 00050/ -	
24.05.	00:09	is phase of ascending moon starts	⊙ 02°59′ 𝓜 /♪ 26°59′ <u>∽</u>	
24.03. D	00:09	Day of Narasimha (End 24.05. at 20:41)	о 02°59° д /й 26°59° <u>т</u>	

All times are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours); From: »Astrological Calendar 2021/2022 «; www.worldteachertrust.org;

Publisher: The World Teacher Trust – Global, Kohlhüttenstr. 10, CH-6440 Brunnen.



Let us form the circle of good will. Omnia Vincit Amor.

From the South through love, which is pure, from the West through wisdom, which is true, from the East through will, which is noble, from the North through silence, which is golden. May the light make beautiful our lives. Oh! Hierophant of our rite, let his love shine. Omnia Vincit Amos.

We bow down in homage and adoration to the glorious and mighty hierarchy, the inner government of the world, and to its exquisite jewel, the star of the sea - the World Mother. The Great Invocation

From the point of light within the mind of God, let light stream forth into the minds of men. Let light descend on earth.

From the point of love within the heart of God, let love stream forth into the hearts of men. May the Lord return to earth.

From the centre where the will of God is known, let purpose guide the little wills of men, the purpose which the Masters know and serve.

From the centre which we call the race of men, let the plan of love and light work out, and may it seal the door where evil dwells. From the Avatar of Synthesis who is around, let his energy pour down in all kingdoms. May he lift up the earth to the kings of beauty.

The sons of men are one, and I am one with them. I seek to love, not hate. I seek to serve, and not exact due service. I seek to heal, not hurt.

Let pain bring due reward of light and love. Let the soul control the outer form and life and all events, and bring to light the love that underlies the happenings of the time.

Let vision come and insight. Let the future stand revealed. Let inner union demonstrate and outer cleavages be gone.

Let love prevail. Let all men love.

Master DK



May we stand in Light and Perform our obligations and duties To the surrounding Life to be Enlightened.

May we float in Love and Share such Love and compassion With the fellow beings to be fulfilled.

May we tune up to the Will and Thereby alert our Wills to gaze The Plan and cause the work of Goodwill.

May the Light, Love and Will Synthesise our lives into One Life.