

Vaisakh News Letter



HAMSA SIVA SOHAM



Taurus 2023 Rishabha

Letter No. 1 / Cycle 37 – 120th April until 21st May 2023
The World Teacher Trust - Global



May the Light in me be the light before me
May I learn to see it in all.

May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



Contents

Master E.K. • Invocation	2
Prayer of the Year 2023-2024	4
Message of the Month.....	6
Message of the Teacher	7
Utterances of Lord Krishna	8
Lord Maitreya	8
Master Morya - Maruvu Maharshi.....	9
Master Koot Hoomi - Devapi Maharshi	10
Message of Master E.K.....	11
Message of Master C.V.V	12
Vidura Wisdom Teachings	13
Saraswathi	14
Ashram - Regulations for Entry	15
On Secret Doctrine	16
Saturn	17
Discipleship.....	19
Doctrine of Eternal Presence/Sound/OM Namō Narayanaya	20
Guidelines to Members / On Healing / Rudra	21
Sanat Kumara	27
Seventh Ray and Magic	28
Enlightening Encounters	30
Uranus	32
Vishnu Sahasranama Master EK	34
Paracelsus - Health and Healing	37
The Female Hierachy	40
Stories for Young People	42
Window to World Service	44
Image of the Month	46
Book Review	47
Astrological Important Days	49
Master D.K - Great Invocation.....	50

Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

Contact: The World Teacher Trust - Global

The Vaisakh Newsletter in English and French: info@worldteachertrust.org; German: kulapati@wt-de.org, Spanish: WTT Argentina: wtt@wttargentina.org, WTT Spain: info@wttes.org; Brazilian Portuguese: brasil@worldteachertrust.org

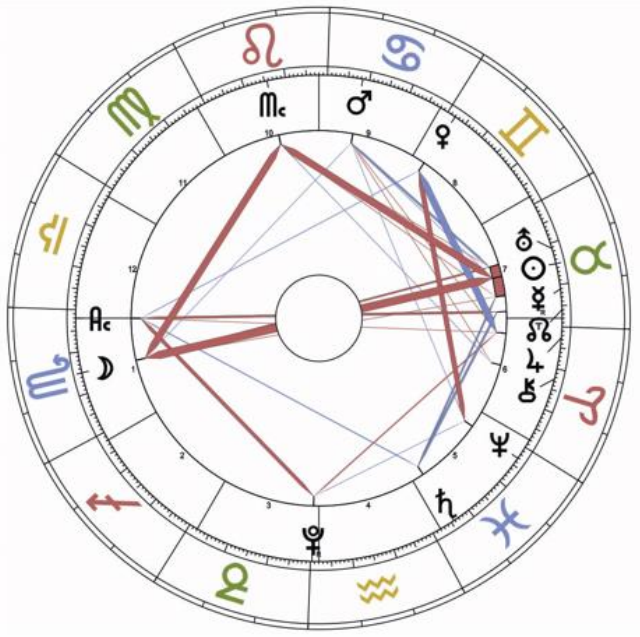
Prayer of the Year 2023-2024

In His name we live, in His temple we live;
In Him verily we live until He opens His eye in us.

In His name He lives, in His temple He lives;
In Him verily He lives, as He opens His eye in us.
In the meanwhile, let us wait, let us look to Him
and not to each other.

Let us call Him in all to find all in Him,
When the life is a Car festival and not a war festival.

Occult Meditation 25



Full Moon of Taurus, 5 May 2023, 07:34 pm CEST (UTC + 2)

Message of the month of Taurus ♉

Taurus - Illumined Art of Living

Aries is always the first sign of the zodiac and the new spiritual year. It is the seed pushing forth the first two leaves that emerge from the earth during Spring, that resemble the symbol of Aries, Ram's horns. Aries holds the force of creation. However, completion is not a task of Aries.

Aries hands the initiating fiery ideas from the Mind of God to Taurus for anchoring, application, and completion. Thus, completion is the task of Taurus.

Taurus is the sign of illumination. It is second in the zodiac, first earthy sign, feminine (receptive) and on the fixed cross. Taurus flows through Venus, the lord of the sign and Vulcan or Hephaestus in Greek, who is the divine blacksmith, forger, and considered husband of Venus.

Taurus develops the astral desire nature - desire that later become aspiration, then illumination. Taurus brings desires down to the physical plane, where we seek to clarify what we desire on the wheel of form (mutable cross). As the desires are lifted up to the soul, we step upon the fixed cross of the soul.

Over eons of time, desire transforms into aspiration to know one's purpose and the Will, Plan and Purpose of the Divine. These states develop with the help of Vulcan, divine forger who places the lead of the personality into the fires of experience, transforming the personality into a chalice of gold - molten gold upon which the Sun's rays reflect.

Taurus brings forth vision in our lives, revelations, when our desires are purified.

The New Group of World Servers (NGWS) is governed by Taurus. As the "seeing" part of humanity, the NGWS must see the Way ahead, bring in the Light, via the "Eye" (Ajna, the centre of direction), to hold and embody the goal, vision and Plan of God. In this way the NGWS teaches humanity, the right values. The Buddha, born on the full moon of Taurus, taught humanity the Eightfold Noble Path of right actions and right values.

Taurus, does not rush blindly into the world. Taurus lives within, always pondering things deeply before coming to final decisions and actions. From the Light of Earth to the Light of Life, this is the attainment Taurus struggles with. Taurus often acts as the mediator as Buddha acts as mediator between humanity & the Will of the Father. Taurus is the bridge between spirit and

matter. It is the Light or Revelation.

Upon invitation, Taurus brings illumination and vision into our lives. Taurus is the art of living. The keynote of Taurus is,

“If our eye (Ajna) be single, our whole body is filled with Light”.

We ponder upon the gifts, purpose, and qualities of Taurus in our lives and realize we are strengthened, thereby. OM.

Composed by Risa D'Angeles



Alexander Jamieson (1782-1850): Taurus



Message of the Teacher

Progress 2

The knowledge of collective progression dawns upon the human being in his advanced states of understanding. It is an aspect of love that dawns upon him that his brothers also need to progress along with him. His individual progress is no progress when some progress and some do not progress.

The human consciousness is one. Therefore the entire human consciousness needs to move forward but not in bits and pieces. The whole human consciousness is becoming, is changing for the better.

When a part of the society is stuck, the humanity as a whole is also stuck. This can be seen only from the point of synthesis. The seers see this. They therefore strive for the progression of humanity as a whole.

Madam Blavatsky gained this dimension in the presence of the Hierarchy. She realised that the Hierarchy is working for the progress of the whole humanity, with no bias neither towards east nor towards west. It inspires the able ones to help the weak. When the strong give a helping hand to the weak, all progress together, if not, the strong are also stuck along with the weak.

Compiled by Ludger Philips

Utterances of Lord Krishna



Learn to know that happiness is from within and not from without. It is from yourself. It is yourself; verily. Propose happiness, you are the proposal itself. Your proposal is your own projection, whether happy or unhappy. Then, know you are privileged not to propose unhappiness, but to propose only happiness. Engage yourself; entertain yourself; enlighten yourself. Now you illuminate yourself, because your light is but yourself, the Me in you. Practise this ease of making yourself out of the illusion of 'non-yourself'. Then you are synthesized.

That means you have made a yogi of yourself, you have become a yogi. You have merged yourself into the creator of yourself, the 'I AM' in you. You have become a Creator. You are in the Creator. You are the Creator himself. Achieve, transform, become and be a creator.

(5,24)

PRACTICAL WISDOM

Realise the Temple within.

Release the Temple service at once.

Be the image that transmits seven celestial lights.

Lord Maitreya

Maitreya Community

Call for Action



Self-governance and self-reliance are the key attributes for an aspirant. Only the self-governing ones are even eligible to govern others. It is but absurd if one looks to govern others without being able to govern oneself. The battle is on, and we can only give a call for the battle. Precisely, without fear and as much as possible, doing things oneself. Manifestation of personal responsibility is the way. It is by affirmation strengthened by personal example and not mere casting oneself at the feet of the teacher, quoting them, nor the miracles. Precious is the action, which is not in need of any apparatus or assistants. Even a mistake in daring is easily remedied than all the mumbling that we see. The work with constant comparison of the personal values to that of common good in alignment to the universal welfare and goodwill as the undercurrent is the desired action.

At the same time, he who discovers a precious formula cannot cry it out of the window, because the resulting harm would obliterate the best usefulness. The deep work happens in secrecy and silence. Indeed, as a sealed vessel, as an unplundered mountain, as a bow tensed with an arrow - thus stand! And as a drink from the vessel is flaming, and as the mountain is inexhaustible, and as the arrow is lethal - thus act! Thus, in the armour of personal responsibility let us make haste.

Take notice, there has been success only where there has been complete courage and that doubts create a slavish timidity. Precisely in the days of grave sickness of the planet it is important to be filled with unshakable courage. By groping nor panic one does pass, but the preparation and precision of a sword can cleave through the harmful veils. Very grave is the moment, and it is necessary to intensify all courage. Behold our call - it is one with full knowledge of the truth of Good, personal responsibility and affirmation that the battle is but a lawful one.

Composed by Srikanth Kaligotla



Master Morya
Maruvu Maharshi

Agni Yoga permeates the whole of Life

Truly, no being can act without affecting his surroundings. Not only does he stir up the various layers of the atmosphere with each action but he literally drags his near ones with him. Man must realize his responsibility toward the universe. A person, with each elevation of the spirit, is of substantial aid to others.

Only as beacons of Agni Yoga can we, with justice, illumine the workings of chaotic thought. But for this, we must consecrate ourselves in sacrifice to Agni Yoga.

Just as Fire is the all-embracing principle, so does Agni Yoga permeate the whole of life. One can notice how one's consciousness is gradually sharpened, how the real values of one's surroundings become clear, how one's understanding of the immutability of the cooperation of worlds grows. Thus, life fills with the signs of highest understanding. Truth as reality enters one's daily life. (Agni Yoga, 1929)

Compiled by Sabine Anliker



Master Koot Hoomi
Devâpi Maharshi

Shambala 60: Transcendental travel

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

Sudden deaths due to accidents, natural calamities or massacres, should be seen as a phase of constructive adjustments or rectifications in the subtle planes. When a family member departs, it disturbs the physical, vital and mental planes of the members of the family group. They find a new equilibrium in due course of time. There is a temporary respite to the departed being. When a being dies (physical), first thing one experiences, is an inexplicable state of comfort. Exiting the confines of the skeleton is the reason for such comfort. There is a feeling of sorrow in one's vital and mental planes, in the memory of one's family members. One is relieved of such suffering in a week's duration in that plane, which is about seven months in physical earth plane. Death can be seen as a phase of emancipation for the beings. The comfort that a being experiences after death is much greater than when taking to a form! Physical body is like a cage. The being that exits rejoices the unbound state, as much as a bird let out of the cage rejoices. Teachings are given at Shambala, about the process of death, the experiences during the death and the transformations that follow. To the knowers, death is seen as a change, and a process of transformation.

There is no fear of death to the ones that have received the touch of Shambala. They do not invite death, but as it approaches, they are courageous and are prepared for the transcendental travel. Thus, the approach is unique. Such is the touch of Shambala!

Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.

Message of Master E.K.



The Lord of the World

Just as the ice block made up of water floats in water, the physical body of the human being exists distinctly on the basis of inner man. Thus, there is the body on the physical plane distinct from its presiding intelligence (known as the inner man). Here the physical body is the world and the inner man presiding over it is the Lord of the World. The ice block when melted becomes one with water. Similarly in the subtler planes, the planes and the Lords of the planes remain as one. Each plane of existence is a body or vehicle to the Lord that presides over it. When ice block is turned into water the existence of the ice block is absorbed into the existence of water. When water turns into steam, the existence of water is absorbed into existence of steam, when the steam is absorbed into the air, the former loses its existence into the latter. Thus the grosser is absorbed into the subtler planes and in each and every plane the Lord of the Worlds exists with the respective planes as his body.

Compiled by Ludger Philips



Master CVV-Yoga

Aphorisms to Disciples 60

175. “May Call” is like a sunrise. It must not be ignored.

176. You should not look for strange things in Prayer. You should remain normal and observe all that is happening. The adjustments that are taking place in you are of my concern. Your due is only to observe. Speeches that you make about these adjustments, out of your own fondness for them, are not truths.

177. In your prayer, submit to me your incapacibilities, ignorance and defects. To rectify them is my work. It is my duty to see that you are in proper order.

Composed by Guru Prasad Kambhampati



8 May: White Lotus Day, the day of passing of H.P. Blavatsky

Vidura



Teachings of Wisdom

Learn to see the enemies
in your thoughts
instead of seeing them in persons.
Weed out the inner enemies.
Then, even the outer enemies
are weakened.

PRACTICAL WISDOM

Orderly functioning at group level
is the fundamental for coordination.



Saraswathi Saraswathi Suktam 7

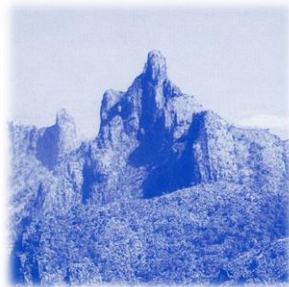
The precision of utterance 6

There are schools where a bell is used to help people to get into contemplation and deep meditation. The sound of the bell is in many cases better than our throat. In Buddhist temples, the bell is used very effectively. This is a reminder that one day our throats should reverberate like the bell producing the necessary vibrations. Such should be the strength of the voice. One should have a metallic, magnetic and vibrant utterance. The hymn hints at it.

When we do so the darkness of ignorance and doubt are dispelled in us. The 'golden saw' cuts into pieces the lump of ignorance hidden within us. It enables the liberation of the utterer from bondage.



Ashram Regulations for Entry



The cave 11

There can be a practice of three respirations and an interval to experience pulsation. Like that nine intervals can be experienced with nine sets of three respirations each. This set of $9 \times 3 = 27$ respirations together with the 9 intervals is called one unit of practice.

Three such units of practice can be carried out in each sitting. Thus in all, 81 respirations are practiced in 27 sets and the pulsation can be experienced 27 times during the intervals. Then one sitting of practice is complete.

Likewise, if three such sittings are made with an interval of eight hours in a day, the practice is completed for a day.

If this practice is continuously done in this manner for $2 \frac{1}{2}$ years or 30 months, the student can find himself in deep association with the pulsating principle. This pulsating principle is the basis of respiration.

On Secret Doctrine



Maruts 3

The Vayu Purâna shows, and Harivansa corroborates, that the Maruts – the oldest as the most incomprehensible of all the secondary or lower gods in the Rig Veda – “are born in every manvantara (Round) seven times seven (or 49); that in each Manvantara, four times seven (or twenty-eight) they obtain emancipation, but their places are filled up by persons reborn in that character.” What are the Maruts in their esoteric meaning, and who those persons “reborn in that character”? In the Rigveda and other Vedas, the Maruts are represented as the storm gods and the friends and allies of Indra. They are the “Sons of heaven and of earth.” This led to an allegory that makes them the children of Siva, the great patron of the Yogis, “the Maha-Yogi, the great ascetic, in whom is centred the highest perfection of austere penance and abstract meditation, by which the most unlimited powers are obtained, marvels and miracles are worked, the highest spiritual knowledge is acquired, and union with the great spirit of the universe is eventually gained.” In the Rig Veda the name Siva is unknown, but the god is called Rudra, which is a word used for Agni, the fire god, the Maruts being called therein his sons. ¹

Unless Vayu is favorable, you cannot experience any plane of existence; be it material plane, vital plane, mental plane, buddhic plane, the plane of bliss, the plane that which we call the plane of atman or the Soul or Paramatman, the Universal Soul. Vayu is the basis. Vayu in its seven-fold aspects are the seven Maruths.

Vayu or the cosmic intelligence of air, is one of the fifteen cosmic intelligences. If Vayu does not function well, there will be connection and

¹ The Secret Doctrine. The Theosophical Publishing Company, 2014; unabridged verbatim edition.

disconnection. The seven Maruths conduct seven winds and have their source in cosmic intelligence, Vayu.

The Vayu emerges from Rudra - the chief intelligence of the cosmic person.

The hierarchy of Maruths is

Cosmic person;

Rudra;

Vayu;

Maruths.

That is how it is four fold.

The cosmic person come from the cosmic egg. The cosmic egg has come through the twenty-seven elements that emerge from the cosmic nature.

The cosmic nature comes from Parabrahman or absolute God. .¹

Composed by Rama Prasad Joshi



Sri Krishna statue installed by Master KPK
in Wermelskirchen, Germany

¹ K. Parvathi Kumar: Lectures on Secret Doctrine, vol. 3. Dhanishta-Editions, India, pp 16-17.

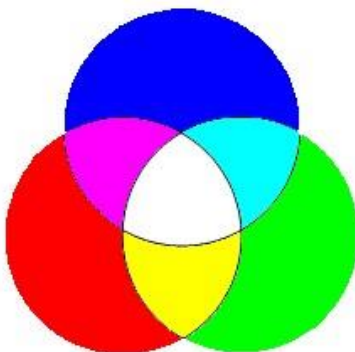
Saturn

Sam - The Key to Saturn

Trigunatmaka 2



The Awareness that springs out of Existence is the first expressed state of Existence. When Awareness is, Existence is known. That we exist, we know only when we are awakened. In sleep we do not experience existence although we exist. It is only by inference we know that we exist in sleep. How we existed in sleep is not known because Awareness is absorbed into Existence. Awareness is the basis for all experience. Awareness is also the basis for self realization. The theologians all over the globe recognize this Awareness as 'mother principle' and existence as 'father principle'. The God in creation is Awareness. This is because the Awareness details into 3 qualities and 5 states of matter. The Awareness itself has its basis in Existence. Hence, Existence is called the Father and Awareness is called the Mother.





Discipleship

Silent Work and Healing

The golden heart throbs and emanates the inner soundless sound that carries healing into the world, in silence. Silent work is emanating a special fragrance as it is freed from craving for outer recognition, simply supporting and extending a helping hand where needed. To become increasingly sensitive and responsive to the call of the suffering, even before it is uttered, marks a disciple's attitude, his way of life. This process transforms over time into a natural happening where linking up to the source of the healing energy makes the disciple into a conscious transmitter of healing energy, well aware of the fact that he is only a channel and not a doer. It is an act of sharing and caring.

Composed by Ute and Peter Reichert

PRACTICAL WISDOM

Knowledge dispels superstition.
Pure knowledge dispels even tradition.

Doctrine of Eternal Presence

Introduction to Srimad Bhagavatham 10



Thus Narada opens the eye (of comprehension) and asks Vedavyasa to see with his (Narada's) eye, where he finds the whole creation as Krishna. Until then his comprehension of Krishna was different. After Narada's initiation his comprehension was complete and total. That is why if you see certain narrations in Mahabharata and the narrations in Srimad Bhagavatha, written by the same grand seer Vedavyasa, there is a difference.





Sound Respiration and Pulsation

The Anahata sound 2

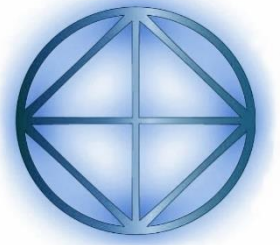
There are people who utter OM but they don't listen. The next step for them is to listen to that which they utter. When you utter OM you can listen provided you have developed the faculty to listen in the day to day life. If we really utter OM and completely listen to it, by the time we utter it three times, we are already within and forget the outside.

Our mind is very inquisitive and tries to trace the source from which the sound is coming. When we are uttering OM, where is it becoming audible in us? The mind would like to know. That is how the mind goes inside to trace the origin of the sound.

When you trace the origin, you will find that it is being uttered even after you have stopped uttering it physically. It is a happening and on that happening there are many periodical manifestations of sounds. We have to try to identify ourselves with the imperceptible sound that is happening within. That sound is what we call the sound ANAHATA.



OM Namō Narayanaya



The Path to Realization 6

When the discipline relating to the 1st step is achieved, one is called an 'entered apprentice'. It is relatively easy. When one accomplishes the discipline related to the 2nd step, one is called a 'disciple' who sees the One Presence invariably and inevitably in all that is. Then comes the discipline relating to the 3rd step. The 3rd step relates to the presence without the form and the presence within the form. One may see the presence in two beings present before him, but to see the presence that exists in the space between the two is the practice in 3rd step. It is a discipline of seeing and listening in and around oneself through the forms and without the forms. In this discipline, one lives in the awareness that the one Narayana, the essence of all, exists within and without and that one is living in Narayana, moving in Narayana and his very being is essentially Narayana.





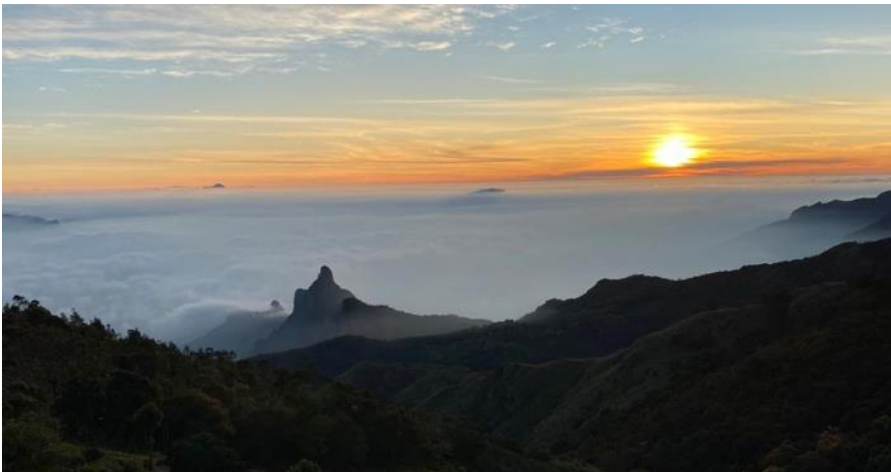
The World Teacher Trust

Guidelines to Members, 50-52

50. Garuda also brings in the impact of the incoming 7th Ray, bringing in the new World Order.

51. The World Teacher Trust exposes the students to Universal Wisdom, which is ageless and inexhaustible.

52. The World Teacher Trust respects all the teachers that guide humanity towards the Light of Be- ness (Brahmatva).



Master Mountain, Nilagiris

On Healing

2. The Fundamental Understanding 4



Usually man identifies himself either with his thought pattern or with his emotional attachments or with his body. To some, they are their body. To some others they are the aggregate of their emotions. To yet others they are the aggregate of their thoughts. But there are still others who know themselves as souls and function through the human machine that has the facility of thought, of sensation, of emotion and of the form (the physical body). Such ones are still. Their presence gives the muse of the stillness to their system that enables flow of soul energy. The other name for the flow of the soul energy is healing. As soul, we are immortal and divine and we function through the mortal body that is limited by the cycles of time. Insofar as the identity is lost we remain as ‘the poor mortals’. Verily we are poor, when we lose the identity.



Rudra The Lord of Cosmic Will and Vibration

A few dimensions of Rudra 53
Mayobhave

He is the Lord that gives pleasant experience through the senses. The awareness of the souls is expressed through the mind and the senses. The force that causes such expression, to experience the objectivity, is another great act of Rudra. He is the one that functions through the senses. Rudra should be understood as the Lord of Force in all planes of existence.



Photo: Hubble / NASA

Sanat Kumara



Love of God 2

When one is in love, he cares not for his life. He cares not for his dignity. He cares not for the social rules. He cares little of comments, criticism and calumny. To him what he loves stands paramount. It is the best state of sacrifice, self-sacrifice.

Do we have such love for God? Do we have the intense desire to know HIM? Is it a casual enquiry of God? Is it a part-time occupation? Is it a fashion? Is it for the glamour of it? Is it to brand oneself as an aspirant, a disciple, a master and thereby stand distinguished amidst the social circles? There are many benefits in the world, if you put on saintly robes or saintly attire, long hair, impressive barb, white clothes, symbols on the forehead, rosaries around the neck etc. These are common for the true and untrue ones. The true ones are not on the lookout for worldly comforts and pleasures. The untrue ones put on these insignia to mark, to publish and to benefit from the society. Where are we with respect to our relation with God?

Many people are God fearing. Very few are God-minded. The former fear God due to wrong indoctrination by the religions. They worship God for fear of calamities that may befall. The God-minded ones are intensely curious to know God and realise HIM in themselves. There is a third category, who worship for benefits such as health, wealth, progress, comfortable living etc. These are not seekers of God, they are seekers from God. They want to get either mundane or super mundane benefits from God. In all their efforts they are only seeking for themselves from God. They are in eternal illusion that they are dear to God.



Seventh Ray and Magic

The incoming of the 7th Ray 7

Only by stepping up into Synthesis, man would realise the true equanimity. He would realise unity of left and right; wrong and correct, divine and diabolic. He would realise that everything that is opposite is only seemingly opposite but in truth they are complementary to each other.

To be united is divine and to be divided is diabolic. Both have their equal role in the creation. In ancient scriptures, it is said that they both, Adityas (celestial deities) and Daityas (diabolic), were born from out of one father: Prajapati Kashyapa. Prajapati Kashyapa had two wives, Aditi and Diti. From Aditi came the Adityas and from Diti came the Daityas.

In the beginning, the tendency was to be united with the ONE. However much everything was being pushed to be separated from the ONE, they were getting back into the ONE. The creation could not progress. Then came the Daityas. Their role is to separate, to cause division. They did their job very well and only then the creation was possible. Separation and division are both part of the Plan.

But in the Grand Plan, there is a limit to everything. For the creation as well, a limited space was identified. The space identified to carry out the creation is called the active space and the rest is called passive space. Likewise, Devas and Daityas also have limits. They must play their roles only within the boundaries and limits set for them. When the Daityas cross their limits, the Devas interfere and set them back to their limits and vice-versa.

Such is the relation between the seeming opposites. With the synthesising energy of the incoming 7th Ray, man tends to realise the higher unity in all that is presented separately and specially.

Composed by Guru Prasad Kambhampati

Enlightening Encounters

Sree Satya Sai Baba 2

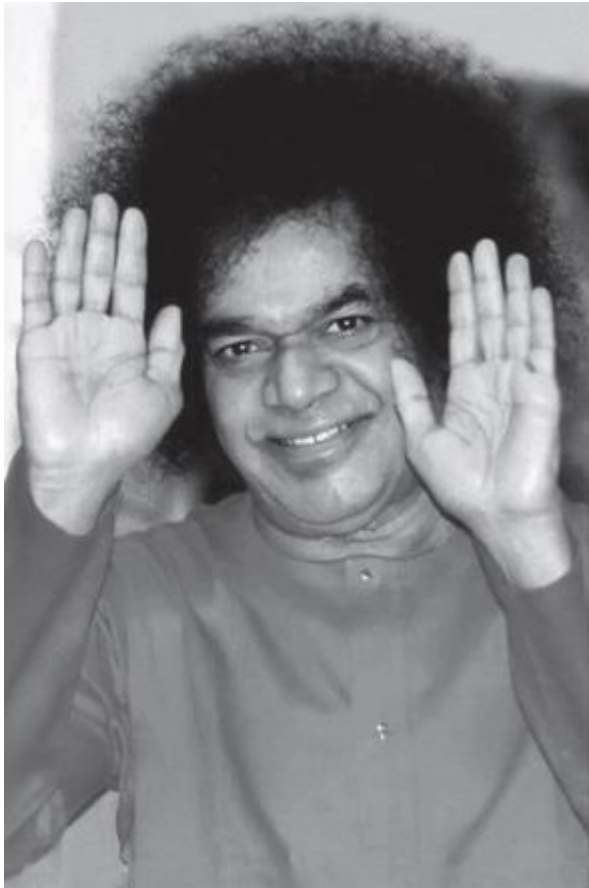


On 3rd April, 1973, Saukumarya was to attend to a professional work at Hyderabad. He reached Hyderabad on 2nd April and came to know that the scheduled work has been postponed. His client, who was a devotee of Sree Satya Sai Baba informed Saukumarya of the postponement of the work. He further informed that he would be visiting Sree Satya Sai Baba before noon and if Saukumarya was interested he would arrange to pick him up so that they could go together to Sree Satya Sai. Saukumarya readily agreed, as he is ever ready to meet saints and sages.

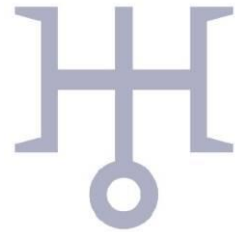
Thus, on 3rd April, Saukumarya went to a palatial residential house of a devotee of Sree Sai Baba and waited along with many in the front yard of the house, to receive Sree Baba who was to arrive from Bangalore. There were devotees standing in a row on either side holding garlands, flowers and other offerings. The moment arrived. Sree Sai's car turned into the compound and the devotees tended to be emotional. They started chanting bhajans and were craving for the looks and smiles of Sree Satya Sai. Sree Baba gently stepped out of the car, looked at the gathering and blessed them all raising his two hands. As he was walking into the house through a carpeted path, devotees offered flowers and garlands. Sree Baba accepted one garland to be placed around his shoulders. The rest of the garlands, he gently touched. He looked at the people on either side with much love and walked into the house with a smile on his countenance.

The host of the house made an announcement, "It is now lunch time. I request all devotees gathered here to have lunch along with Sree Baba and later proceed home. The devotees felt blessed to have lunch along with Baba. Baba was seated in a hall on the first floor while the gathering filled the whole house in the ground and the first floors. By sheer coincidence, Saukumarya was offered a place to sit besides Sree Satya Sai Baba on the right side. Sree Baba, while taking to his chair behind the table arranged for him, removed the

garland, looked at Saukumarya and smilingly handed it over to him. He also gusted to Saukumarya to sit by his side on the floor. Later he indicated to the group to take their seats on the floor for lunch. All eyes of the gathering were on Saukumarya whom they did not know and whom Sree Baba blessed by handing over the garland that was held by him before.



Uranus The Alchemist of the Age



Suppression of disease

In the medical history of humanity the orthodox medicine has come to be from the times of hypocrites. The medicinal system has grown through much research, but the diseases have also grown. It is today common knowledge that medicines also contribute to sickness. The allopathic medicine with its powerful antibiotics is said to be injecting excessive poison into the human bodies bringing about many unseen side effects. The sickness is attacked with the medicines; the human auto-healing principle is forgotten. There is an auto-healing system in the humans and the animals which is worked out by the vital body. The ancient medicinal systems believe in vitalizing the vital body, which in turn would throw away the sickness which is foreign to the body. The method was strengthening the energies in the person to resist the disease and throw it out by cure. The orthodox medicine ignores this natural functioning of the vital system and straight away deals with the sickness. In doing so the cause for sickness remains unaddressed and the sickness is suppressed. The suppressed sickness emerges through other ways in a more powerful way. Today there are many sicknesses which are getting tougher for cure. In the medical field it is viewed that the medical system is not appropriately addressing the sickness, and that the sickness reappears in different forms. Such was the understanding of visionaries like Paracelsus, Hahnemann and the like, who saw the futility of the allopathic approach to cure.



Master EK Vishnu Sahasranama

Stanza 4, 1-5

सर्वज्ञ सर्वज्ञ सर्व शिवः शैशिवः ॥

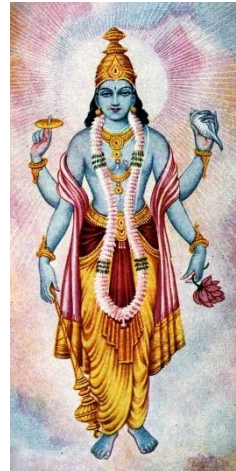
सर्वज्ञस्य शिवः क्वानि शैशिवः प्रज्ञ शिवः ।

Meaning :

Invoke Him as all and everything ; as Siva, the Lord of auspiciousness; stable as a rock, the origin of all beings and as the unspendable hidden treasure and contribution of all. He is the Lord of occurrence, the source and the goal of imagination, the one who maintains all. He is the Lord of emanation and the Lord of all and everything as well as the Lord of splendours.

Explanation :

1. All means that the Lord pervades all. Here all includes creation and beyond creation.
2. Sarva means the Lord of the dissolution or merging of the creation.
3. Sivah means the Lord who is the embodiment of auspiciousness. Realise gradually that whatever occurs contributes to the ultimate well-being.
- 4 Just as the rock is stablest of all, that is on the physical plane, the Lord is the stablest of all the creation. He forms the very content that stands eternally. On His surface, everything floats.
5. The origin of beings is the monad which descends as Jeeva or permanent atom (refer Secret Doctrine by H. P. Blavatsky).





Paracelsus Health and Healing

Prana - life force, part IV Devas of golden hue and sunlight 1

The relation between the Devas of golden hue and man is very close. These Devas are powerful and are highly beneficial in nourishing man's life, once the process of their reception and assimilation by man's etheric body and distribution to man's physical body is scientifically understood. Indiscreet exposure to the rays of Sun is highly dangerous. Unprotected, man lies at the mercy of the solar radiation resulting in the menace of sunstrokes, sun burns and sun spots. Man should be intelligent enough to protect himself from the dangers of solar radiation and yet receive, daily, the solar energy through the golden rays of the morning and evening sun. He should learn the science of attracting the golden rays and rejecting the solar radiation by appropriate exposure to the sunlight.

Exposing to sunlight throughout the day during sunny days in the sea beaches is not seen as an intelligent act. Gaining good health is more important than gaining the brown skin through sun tanning. Civilisations developed shelters and clothing originally basing on the principle of exposure to and protection from the solar energy. Today regardless the weather conditions and the seasons there is a global copy of structuring the shelters to work and to reside which is yet another act of ignorance. Protecting from excessive heat and excessive cold and at the same time enabling appropriate exposure to passing breeze and sunlight, considering the seasonal conditions, should be the essence of the science of building shelters either for residence or for work.

When man's etheric body is in good order, adequate Prana is absorbed through the right way of living. This keeps the form organised. Man also receives Prana from the planet and from the Pranic forms surrounding him

such as fellow men, animals, and trees. This could be discussed later. The primary Prana is received from the Sun and the air. The science of reception and assimilation of this energy forms the basic theme to hold good health and an organised form. The science of yoga contains this knowledge by which the form is held intact until the purposes of yoga are fulfilled. The form of man contacts diseases and decays faster when the flow of Prana throughout his system is not free and is impeded.

Dr K. Parvathi Kumar - Extract from: Paracelsus - Health and Healing. Website: www.paracelsus-magazin.ch/en





The Female Hierarchy

Part 2

Actually, it is the female who builds the Hierarchy. The male is like the existence. It is the nature, which is called female, that builds matter of different gradations and of different qualities, resulting in different states of awareness. Though we say different states of existence, the appropriate way of saying is different states of awareness. Existence has no difference, wherever it is. Existence is just existence. It is what it is all times. It is the nature that builds different states of awareness through different states of matter that it emits - from the most subtle to the most dense the nature builds different gradations of matter. Therefore, we have different states of awareness. The awareness is according to the subtlety or density of matter. It has nothing to do with any kind of difference as is attributed to existence. Existence IS at all times. That's why God is immutable, and He remains in any state as just the same. Be it in the stone, be it in the plant, be it in the animal, be it in the human, be it in the semi-human semi-divine, be it in the varieties of angels, the existence is just the one. The difference arises in terms of awareness. The awareness is different in stone, the plant, the animal, the man, and then the divine man, and then the planetary angels, solar angels, cosmic angels, and then the cosmic consciousness. The differences are made on account of nature. It is nature that builds the Hierarchy.

This text is not proofread by the author and might have some mistakes.

Stories for Young People

On Service

Replace emotion by devotion
and intellect by intuition
through offering life to Service.
Let it be a slow and gradual process.

Paths to Shambala 1: Understanding Cosmic Life

Despite great challenges, people from all over the world have been trying to reach a mysterious place in Tibet and its mountains since the mid-19th century. In the tradition of Asia, it is revered as the abode of great beings who protect and eventually save the humanity. Due to the theosophical movement, this knowledge had reached the West and the question of the real existence of the place motivated the curious, the adventurous and the spiritual, alike. Humanity longed for change, the end of the dull materialism of a dark age full of hatred, competition and warfare.

Before Lord Krishna left his body 5,000 years ago, he secured the protection of the divine law by appointing Lord Maitreya as the protector of the purity of the doctrine and inspiring the assembly of Rishis. He also appointed Master Morya as the guardian of the spiritual administrative law of the earth. For these guardians, Master Morya established inaccessible abodes that became known as Shambala and Kalapa.

Chinese tradition calls the Kunlun Mountains, the "Abode of the Gods." It was there, 1000 years before Christ, that the then reigning Chinese emperor was said to have met Kwan Yin, the Goddess of Mercy. And Lao-tzu had referred to the mountains as the headquarters of the Great White Brotherhood. There were several places where the "Abode of the Gods" was believed to be - all the way to Shigatse near the ancient Tibetan capital of Lhasa.

This was also the environment in which Jesus had taught and lived after his crucifixion and resurrection: in Leh, a town on the southern edge of the Karakoram Mountains - the locals knew.

Tibet bordered the spheres of influence of many states, including three great powers: India, which was dominated by the British, the Soviet Union and China. They observed a state ruled by monks. The rivalries between the great powers

caused their intelligence services to react neurotically to any stranger who even approached Tibet. As if the geological and climatic challenges of moving into Tibet were not obstacle enough, the political conditions made access almost impossible. Madame Blavatsky failed twice in the mid-19th century despite all her efforts, and it was only the company of her Master that enabled her to reach Shambala (1868).

So, what motivated Nicholas Roerich and his wife Helena to travel through Central Asia? Were they seeking the path to Shambala? Although their journey, which lasted almost 5 years, is well documented (diaries, letters, cash books of the material expenditure and - last but not least, the records of the secret services), the Roerichs confused friends and enemies with statements of the most diverse motives, which caused headaches for their biographers.

Even the chosen itinerary seemed less that of spiritual seekers than that of adventurers. They started their journey south-west of the Himalayas and encountered the first challenges of their journey in the Karakoram Mountains, in front of the Kunlun Mountains from the south. Through Turkestan, via (Moscow!), they passed Siberia from west to east, then turned south again, through Mongolia to Tibet. They endeavoured to enter Lhasa, the capital of Tibet, as their final destination. Why did the Roerichs travel over 5,000 kilometres through Central Asia if Shambala was their destination? A journey over 35 inaccessible mountain passes from 14,000 to 21,000 feet in altitude, through sandy deserts and according to experiences - as Roerich notes "without the conventional sentimentality", they saw "much light and justifiably harmful darkness". A journey that not only pushed them to their physical breaking point, but also put their trust in their spiritual guide, Master Morya, to a severe test? They had understood his instruction:

The experience of travelling gives the best key to understanding cosmic life. The true traveller ... thinks about the path that lies behind him and clearly expresses the desired direction. He will evaluate future circumstances and anticipate the better possibilities." (Adapted from: R. A. Drayer)

Dedicated to Angela Fremont.

Sources: Nicholas Roerich: Heart of Asia. 1930; Nicholas Roerich: Shambhala. 1930; Ruth A. Drayer: Nicholas and Helena Roerich. The Spiritual Journey of Two Great Artists and Peacemakers. 2005.

Window to World Service News & Activities

UNITED STATES OF AMERICA

Name of the group: Yoga School Friends - A bridge between Shambala and Shasta

Contact: Charles Smith and Srikanth Kaligotla

Address: P.O. Box 1600, Mt. Shasta, CA, 96067

Phone: +1 530 4080447 E-Mail: YogaFriendsUsa@gmail.com

Website: <https://yogafriends.org/>

Facebook: <https://www.facebook.com/YogaFriendsUSA>

Activities

In the past year we maintained the Yoga Friends School - USA website and Facebook page. Addition some new materials along the way. The focus is on:

- Externalization of Hierarchy
- Masters of Wisdom
- Aquarian age
- Master CVV, MN, EK, KPK
- Continuity of consciousness
- Synthesis and the Aquarian age

A write up was published in the form of an ad that was run weekly in the Mount Shasta Newspaper and also flyer handouts to inform and familiarize the locals of the Yoga school.

A weekly rhythm in relating to Shasta & Shambala has been established since August 2021. A Friday morning meditation ritual was created for those interested - with a focus on the regular features of the WTT meditation plus an emphasis on Sanat Kumara and Mount Shasta. This is being conducted over Zoom meeting (every Friday @6 AM Pacific time).

The goal for the year of holding local educational gatherings was not deemed possible due to cautions created by the Covid-19 virus, though some visitors were welcomed to Mount area. As per Master's direction, we are looking forward to gather at the Mount for Autumnal equinox (September) going forward.

Picture to the Month
Taurus: The Three Phases of the Word



Sun in Taurus is called the fertilising bull. This represents the import of the word. Moon in Taurus is called the cow. This represents that which is impregnated. Word is twofold: the concept and the language. Language is feminine by nature and the content is masculine by nature. Their union is wisdom as creation. This is symbolised by Mercury as the calf also in Taurus. Thus we find that The Word, in its four stages of expression, has three phases.

Dr. Ekkirala Krishnamacharya: Spiritual Astrology

Image composed by Ludger Philips

Book Review

Our Heritage



This book draws upon Master E.K's rich experience. In the form of questions and answers sessions the reader is taken into a very readable and enjoyable tour of the following subjects for investigation: Vedas - Religion - God - Yoga - Man and Dharma - Law of Karma - Astrology - The Guru - Spiritualism - Miscellaneous.

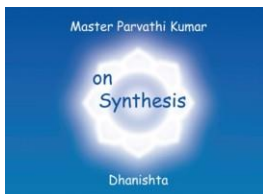
The reader will find this book easy to enter into, due to the spontaneity of the Master's replies, and his power of synthesis and precise explanations will be readily digestible by a wide audience. A book full of practical answers and wisdom for the seeker of truth.

E. Krishnamacharya: Our Heritage

Copies: Kulapathi Book Trust, India, kulapathibooktrust@gmail.com

PDF: https://worldteachertrust.org/_media/pdf/en/ek/our_heritage.pdf

On Synthesis



The underlying principle of the universal phenomenon is synthesis. In the surrounding nature we see rhythm, order, and a system in every aspect. The unity on which the entire universe is constructed is synthesis.

This booklet is a collection of teachings from a seminar on "Simple Steps to Synthesis", by Dr. K. Parvathi Kumar given in January 2022 to the Western brotherhood. These teachings provide simple steps for the aspirants to attain to synthesis through five aspects of inner discipline, namely inclusiveness, understanding, resolution of contraries, health and education.

K. Parvathi Kumar: On Synthesis

Info: The World Teacher Trust, info@worldteachertrust.org

PDF: https://worldteachertrust.org/_media/pdf/en/on_synthesis.pdf

Astrological Important Days in April / May 2023

20.04.	06:12	● New moon of Aries (Solar eclipse)	☉ 29°50' T / ☽ 29°50' T
☿	10:13	☉ → ☌ / Sun enters Taurus	
22.04.	04:19	3 rd phase of ascending moon starts	☾ 01°43' ☌ / ☽ 25°43' ☌
☿		<i>Contemplation upon the sound emerging from the seat of the heart (Leo) to the mouth via the throat</i> (End 23.04. at 04:18)	
24.04.	04:55	5 th phase of ascending moon starts	☾ 03°41' ☌ / ☽ 21°41' ♋
☽		<i>Birthday of Śankarâchârya, the great philosopher initiate of Advaita</i> (End 25.04. at 06:10)	
25.04.		<i>Birthday of St. Mark</i>	
26.04.	07:58	7 th phase of ascending moon starts	☾ 05°46' ☌ / ☽ 17°46' ♌
☿		<i>Descent of Idâ force for manifestation and materialisation</i>	
27.04.	10:09	● 8 th phase of ascending moon starts	☾ 06°49' ☌ / ☽ 00°49' ♌
☿		(End 28.04. at 12:32)	
30.04.	16:59	11 th phase of ascending moon starts	☾ 10°01' ☌ / ☽ 10°01' ♌
☉		<i>Day of Nârâyana: For healing, synthesis, and for self-contemplation</i> (End 01.05. at 18:40)	
01.05.		<i>Birthday of Master St. Germain</i>	
04.05.	20:14	Phase of full moon starts	☾ 14°02' ☌ / ☽ 02°02' ♌
☿		<i>Birthday of Gautama Buddha, (Moon in Viśâkha or Anûrâdha, Sun in Taurus or Gemini) Transmission of the energy of Sanat Kumâra, whose name is also Viśâkha.</i> (Lunar eclipse)	
05.05.	19:34	○ Full moon of Taurus (Viśâkha-Festival)	☾ 14°58' ☌ / ☽ 14°58' ♌
08.05.		White Lotus Day: The day of departure of HPB from the physical	
12.05.	05:37	● 8 th phase of descending moon starts	☾ 21°11' ☌ / ☽ 15°11' ♍
♀		(End 13.05. at 03:21)	
	09:33	23 rd constellation <i>Dhanishta</i> starts	☽ 17°31' ♍
	21:00	Dhanishta-Meditation (<i>Dhanishta</i> -constellation ends 13.05. at 08:05)	
14.05.	01:13	10 th phase of descending moon starts	☾ 22°56' ☌ / ☽ 10°56' ♍
☉		<i>Birthday of Hanumân</i>	
	23:16	11 th phase of descending moon starts	☾ 23°49' ☌ / ☽ 23°49' ♍
		<i>Day of Nârâyana</i> (End 15.05. at 21:33)	
18.05.	18:13	Phase of new moon starts	☾ 27°28' ☌ / ☽ 15°28' ☌
☿		<i>Contemplation upon 'The Pledge'</i>	
19.05.	17:53	● New moon of Taurus	☾ 28°25' ☌ / ☽ 28°25' ☌
21.05.	09:09	☉ → ♊ / Sun enters Gemini	
27.05.	04:13	● 8 th phase of ascending moon starts	☾ 05°34' ♋ / ☽ 29°34' ♌
☿		(End 28.05. at 06:27)	
29.05.		May Call Day	

All times are in CEST (Central European Summer Time)/UTC+2 (Universal Time Coordinated plus 2 hours);
 From: »Astrological Calendar 2023/2024«; www.worldteachertrust.org;
 Publisher: The World Teacher Trust – Global, Edition Hier und Jetzt, ISBN 978-3-907246-81-8.



The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make
beautiful our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on
earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

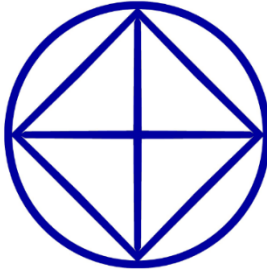
The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the
time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



**May we stand in Light and
Perform our obligations and duties
To the surrounding Life to be Enlightened.**

**May we float in Love and
Share such Love and compassion
With the fellow beings to be fulfilled.**

**May we tune up to the Will and
Thereby alert our Wills to gaze
The Plan and cause the work of Goodwill.**

**May the Light, Love and Will
Synthesise our lives into One Life.**