

Vaisakh News Letter



HAMSA SIVA SOHAM



Taurus 2026 Rishabha

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The World Teacher Trust - Global



May the Light in me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK

Master E.K. • Invocation 2



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Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

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Prayer of the Year 2026-2027

Number one, the rod.

Zero to one, the serpent unwinds.

Number nine, the throne;

Number ten, the crown.

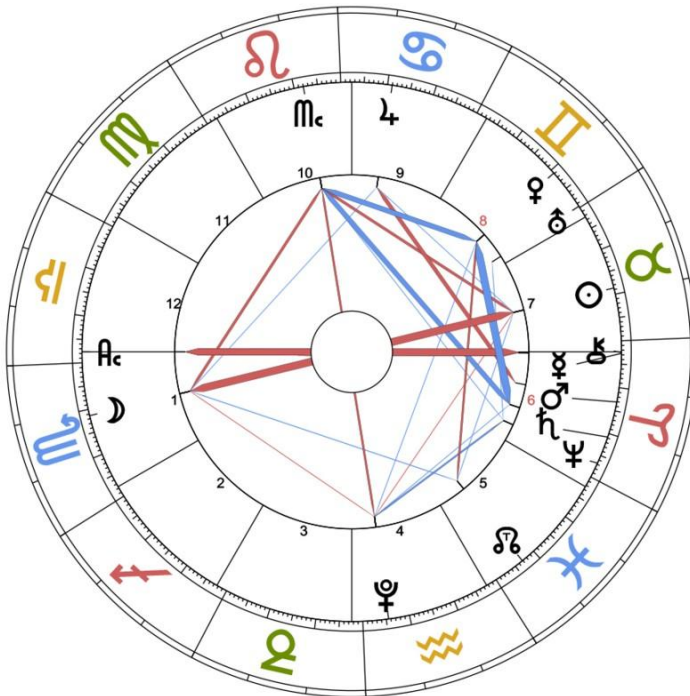
Kingdom gained. Hunter becomes saint.

Hunter bears pot. Light of life carried.

Mind and wisdom married.

Saint blesses the couple with holy water from pot.

Occult Meditation 81



Full Moon of Taurus, 1 May 2026, 07:23 pm CEST (UTC + 2)

Message of the month of Taurus ூ

Kali yuga, the iron age, started as the precession of the equinox was in Taurus and accelerated when Lord Krishna departed in the year 3102 BCE. With Kali, many “new” modes of living gained more prominence and it is said that in the age of Kali, humans would be conquered through money (Taurus) and sex (Scorpio), which is human greed in two flavours among many other vices that can be attributed to the age of Kali.

Before Kali, money existed only in the form of debt and the accounts were kept very simple, mostly in the minds of the people of the village societies. Debt being defined in the sense that we have to return a favour of some sort to another person. In such societies you never wanted to repay your debt fully, you would always pay less or more than required, as this would otherwise signal that no bond any longer existed between the two persons. Of course, there also existed debt between the rich land owners or merchants and the sovereign (the ruler) and this was also recorded in different ways but always as a virtual debt system. This was a system of settling or balancing personal accounts. This system still exists even today. With the start of Kali, money became tangible in the form of physical currency in paper or coins and became impersonal. This also led to the fact that people could exchange goods and services with strangers and soldiers which you would otherwise never have done before as any exchange previously was based on trust and the fact that you would be repaid in kind in the future. As money became tangible money lending became a profession. Money and power corrupts and consequently many were affected, the wealthy land owners, the merchants, the priests and the sovereign.

In ancient times and according to the scriptures there exists something called a Jubilee in Jewish tradition where the land was to lie fallow, debts were to be forgiven, enslaved were to be set free, and property that had been sold was to be returned to its original owners or their descendants.

Similarly, Julius Caesar implemented significant debt reforms during his time as sovereign, which included the cancellation of a substantial portion of outstanding debts.

All the Sons of God have always promoted the idea of community living where money and sex are put on the back burner and where the focus is on helping and sharing life experiences and all available resources are being used for the

common good. Today many have the inner feeling that such a way of living is worth more than collecting wealth for personal use. Blessed are the few that can live this life style.

Today we are drowning in debt from all angles. Governments have been borrowing with no intention to pay anything back since World War 2 and many people live a lifestyle based on credit which is totally unsustainable. Countries can default and people can become bankrupt in our current setup of societies. A great reset or debt jubilee would be one way out of the current global financial mess. Blessed are the ones that can live a life with balanced accounts. There is a belief that in the near future many changes will be seen to the financial system on all levels.

Every year as the Sun enters Taurus, we are given the opportunity to conquer Kali through the equalising of the Taurus (money) energy and its opposite energy of Scorpio (sex).

The Lord Sanat Kumara, the King of our planet, initiates the year in Aries and communicates His vision for the year to Lord Maitreya, the Christ, on the Taurus full moon at the Vaisakh festival in the Himalayas. How this is implemented by the Hierarchy will be communicated on the Gemini full moon and then set in motion for the benefit of all beings on this planet.

Composed by Heinrich Schwägermann Lorenzen



Johann Gabriel Doppelmayr (1677-1750): Taurus



Message of the Teacher

Tuning the personality to the soul

It is the MASTER within each one of us, who makes the call, provided our lifestyle is carved in a fashion that we continue to live with the cardinal principles of discipleship. Our domestic, economic and social life, when not in tune with the instructions of discipleship and have diverted too far, then attending to the group life is not possible. Something or the other comes in the way. The person can be sick or his proximate relatives can be sick, or his own children can be sick, or there is some problem in the vocation - some problem relating to personality, that should be seen that there is an obstruction of the personality. Those who have been able to respond regularly are the ones who are in a position to experience the MASTER. That means they have been able to work off their personality life, and they show the demonstration of their commitment to walk the path. Some sacrifice from the personality angle is always demanded to walk into the path of the soul. And the soul is always willing to sacrifice in terms of the personality, is it not? The all-powerful soul is willing to sacrifice with unlimited love and compassion in favour of the personality. Should not the personality reciprocate similar love and respect?

The personality is the unfoldment of the soul. It is subordinate to the soul. So the personality should have respect for the soul. Then the soul would have compassion to the personality. The training is to tune the personality to the soul, so that the soul quality is transmitted through the personality. When we are too much in the personality, the soul waits withdrawn.

Compiled by Ludger Philips

Utterances of Lord Krishna



You say the seed germinates into a tree. The seed never germinates. It stimulates an attraction of the surrounding states of matter and you call this growth. In fact, I do not grow but I make beings grow. I AM the seed principle in all. I AM no seed in the seed; no mind in the mind; no matter in matter. I AM your nothing in everything. But I AM My everything in everything. Where does the will exist in a man ? It is not in any part of his body, or even in any part of his mental faculties. Will is beyond body, senses and mind, yet it pervades all. Thus, I stand as will in the wilful. You say he is a brilliant chap. Where is his brilliance in him ? Thus, I stand as brilliance in the brilliant. (7, 10)

You say he is strong. Where is his strength in him? I stand as the strength beyond motives in all the strong people with motives. You say this man is lustful. Where is his lust in him? I stand as the lust properly regulated in all those lustful. (7, 11)

Krishna statue installed by Master Kumar
in Orriùs, Spain

1





Lord Maitreya Maitreya Community

The Path of Community

The Work now moving through the world is quietly clearing away superstition, ignorance, and fear, and strengthening courage, will, and living knowledge in human consciousness. Every sincere step toward light is welcomed, no true effort is refused, and prejudices that come from ignorance are simply brought into the open so they can be left behind.

To the one who toils, a simple question is put. Are the roots of cooperation and community already alive in your consciousness? If an inner flame of this understanding has begun to shine in your mind, you are invited to let the Teaching shape your daily life, not as outer labels but as clear, kind ways of thinking, speaking, and serving.

The Teaching is given in great simplicity. You do not need to tire yourself over hard expressions or hidden meanings. Each line is meant as a seed for action, to cooperate more openly, to fear less, to purify your thought, and to share in the work for the Common Good.

The Plan with which we work has a steady rhythm. It supports all who serve quietly and impersonally for the upliftment of others, and it offers deeper inspiration to those whose intent is firm to serve, to enlighten, and to help build true community. Such workers do not need to stand out. They live as ordinary people, yet their simple deeds carry an invisible fire of goodwill.

To all workers and seekers, a clear greeting is given. Your striving is seen, your courage is needed, and the path of community opens with every step you take toward light, cooperation, and fearless goodwill.

Composed by Srikanth Kaligotla

Master Morya
Maruvu Maharshi

Trust versus Doubt



We must turn our attention to the serpentine venom of doubt. Doubt is of two kinds: one coils in its lair, in darkness, immobile and barbed. The other is ever crawling, sliding, and whirling. Usually the first is characteristic of youth; the second, of old age. The basis is not so much fear as deceitfulness in the nature of people. People distort their current judgments by these traits, influenced by their own past deceptions. Though man is not inclined to self-examination, he is always ready to judge others, using himself as a standard.

Try to catch hold of the tip of doubt. Do not hinder your steps with such soiled fetters. Truly, it is easier to carry a real snake in your bosom than to be strangled by the boa constrictor of doubt.

It should be understood how, in every sense, trust increases one's possibilities. But what kind of trust is the best? And what doubt is the worst? The inner trust that needs no words of affirmation is the best. The fleeting doubt is the worst. It is not the gnawing serpent of doubt that is most to be feared, because with just one achievement the serpent can be destroyed. But the swarm of small worms of doubt requires a lengthy cure. The strongest trust can be upset neither by thought nor word. It would be better to swallow a deadly poison than to remain in the illness of doubt. He who is shielded with trust needs no other armor. (*Agni Yoga*, 1929)

Compiled by Sabine Anliker



Master Koot Hoomi
Devâpi Maharshi

Shambala 96: The Rod of Initiation (yoga danda)

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

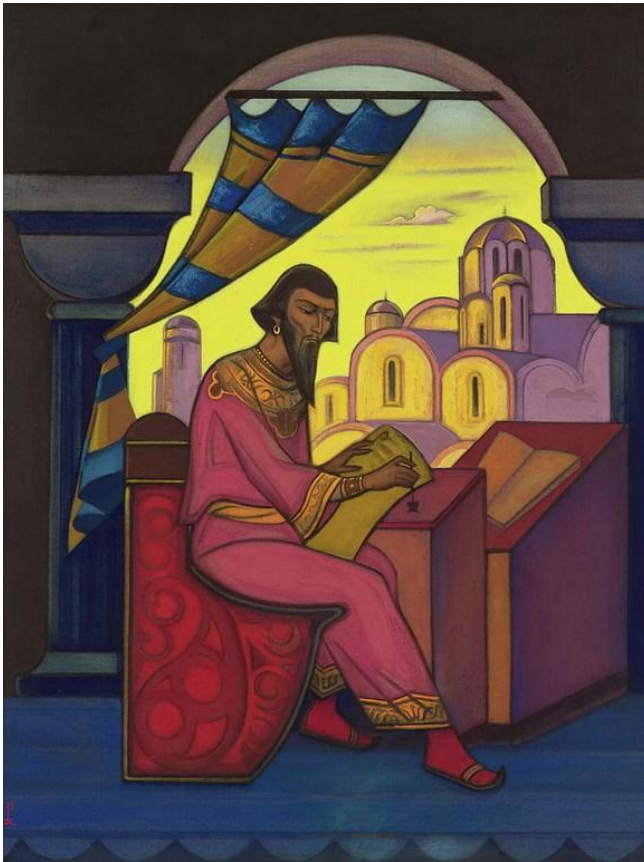
Through his teachings, Master Djwhal Khul informs that the Rods of Initiation are of four kinds. One is located in Central Spiritual Sun (Aditya Mandala), Second located in the Solar Center (Savitru or the Central Sun), Third with the Sun (Surya) of our Solar System and the fourth on the planet.

The first one, Cosmic is with Mahadeva, the Cosmic Logos. On the Systemic Plane (Savitru), the Rod of initiation is with Sri Maha Vishnu, the Solar Logos. The third Rod of Initiation of the Planetary logos is held by Lord Dattatreya. The fourth is held on the planet by the Lord Sanat Kumara.

The four Lords that hold the Rods of initiation may be visualized as a Hierarchy of Yoga. In order, they are Lord Sanat Kumara, Lord Dattatreya, Sri Maha Vishnu and Sri Mahadeva. The four Rods of Initiation were employed during the formative stages of this creation. Consequently, the fourfold creation resulted through the four Yugas, Four States, Four Varnas of Brahmana, Kshatriya, Vysya and Sudra according to the quality and work, and the four faces of the creator. Four states of Existence, Awareness, Thought and Action came to be. The Rod of Initiation has become a subject of special interest in Theosophical Wisdom. Only the ones initiated through the touch of the Rod of Initiation, are enabled to transcend the earth plane.

The Rod of Initiation brings about an expansion of consciousness, aligns the seven centers in the body, and causes synthesis. All yoga practices are towards such a goal. The students striving in such a pursuit gradually transcend the circumscriptions of religion, traditions and superstitions and stay with the practice of relating to the Master center or the God center within. Through time, with an ardent practice and with the grace coming from the Master, the student stands a chance of the Presence of Lord Sanat Kumara and also the touch of the

Rod of Initiation. This has been hinted by Master Djwhal Khul in his teachings.
Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.



Nicholas Roerich - Yaroslav the Wise

PRACTICAL WISDOM

Action builds. Reaction destroys.
Action comes from constructive mind.
Reaction comes from emotional mind.



Message of Master E.K.

The Planetary Intelligences

Just as we have our own personality, the total earth has its own personality. Just as we have our own mind, the total earth has its own mind. Just as we have the many forces in us working, forces that work for health and strength, forces which are working to make us understand things and read things; the psychological and the supra psychological intelligences in us- all these things are working in the total earth also. They are working in the total solar system also. Those forces are called planetary forces and planetary intelligences. They know how to direct the races of this earth, just as our intelligence knows how to direct the members in our family.

Compiled by Ludger Philips



Arkhip Kuindzhi: After the Thunderstorm, Sumi, 1879

Master CVV-Yoga

Aphorisms to Disciples 96



282. Do not remain in peripherals. Orient to centre, time and again.
283. Be in the centre always. Expand to peripherals to function and contract again back to the centre. Practice this and strive to be aligned with the centre.
284. Peripherals grip you. Centre releases you. Peripherals lead you to analysis and centre keeps you in synthesis.

Composed by Guru Prasad Kambhampati



Mount Shasta



Vidura

Teachings of Wisdom

Unripe fruit yields not juice.
Unripe action yields not
the desired result.
Ripened fruit not only yields juice,
but also gives the seed
to further the species.
Mature actions, likewise,
give birth to series of acts of goodwill.

PRACTICAL WISDOM

A sculptor sculpts an angel over decades
but destroys it with one erratic emotion.
Aspirants build the temple within over years
but their emotional reactions destroy it overnight.

Saraswathi

Saraswathi Suktam 12 - 2



The Word in Anahata, the Heart Centre is equidistant to the Word in the Muladhara and Sahasrara Centres. Likewise man is equidistant to spirit and matter. The Word in Sahasrara descends no further than to the heart. The Word in Muladhara can ascend no further than to the heart. Thus, the individual called, man, becomes the child of Spirit and Matter -the Son of the Virgin, the Son of God.

The human being should dwell in the heart. It is the seat of man, and from there he should rule his life like a king. We can rule our lives as kings or as Masters of our life, provided we have linked up to the Word in Sahasrara, pulled up from Muladhara and reside in Anahata. The Word in Muladhara nourishes the form and maintains it. The Word in the heart or Anahata nourishes the soul. The Word in Sahasrara, guides us to fulfil the Plan.

How do we know whether we reside in the heart or below it? If we are constantly aware of others' needs, and in responding to them, forget our own needs, then it is said that we think and act from the heart.



Hanuman



7. Hanuman and Ramayana 1

In the story of Ramayana, Hanuman finds Sita who is imprisoned in an island and enables her to join Rama, the Lord. Hanuman is the Sadguru and Rama, the Divine. It is significant to note that the one who conducts the release of Sita is the 'Son of Air'.

Hanuman is also known as "Vayu Putra".

Sita is representative of the individual Soul who is imprisoned in an island. We are all imprisoned in the islands of our own thoughts. We build our own circumscriptions and build our own world within the world, which is separated from the world.

Sita getting imprisoned in the island is a symbolic representation of separativity from total life. Desire causes such separativity. And then later she seeks to re-join Lord Rama and conducts penance. Then appears the teacher Hanuman, who is the son of Air, meaning air personified.

If you take Mother Sita as the imprisoned individual Soul (Jeevatma), and Rama as the Super-Soul (Paramatma), Hanuman is the one who acts as messenger between Sita and Rama. He is an agent of Rama that goes to Sita, informs Sita about Rama. He collects information about Sita and informs Rama about Sita. This is the Teacher principle and he ensures that the Soul and the Super-Soul join together. This is a significant Yoga principle, very beautifully illustrated in Ramayana.



On Secret Doctrine

Upanishads - 9

Web of creation 2



We continue, quoting from ‘Ether, as its Noumenon’:

“From Intelligence (called Mahat in the Purânas) associated with Ignorance (Isvar, as a personal deity) attended by its projective power, in which the quality of dulness (tamas, insensibility) predominates, proceeds Ether - from ether, air; from air, heat; from heat, water; and from water, earth “with everything on it.” “From this, from this same self, was the Ether produced,” says the Veda. (Taittirîya Upanishad I I. 1)”.

* * * * *

1. Brahmanandavalli of the Taittiriya Upanishad details the sequence of emanation of the elements.
2. Mme HPB gives a description of the Primordial substance. “We touch and do not feel it ; we look at it without seeing it; we breathe it and do not perceive it; we hear and smell it without the smallest cognition that it is there; for it is in every molecule of that which in our illusion and ignorance we regard as Matter in any of its states, or conceive as a feeling, a thought, an emotion. . . . In short, it is the “upadhi,” or vehicle, of every possible phenomenon, whether physical, mental, or psychic”.
3. Such Upadhi or the vehicle (the primordial substance) is termed ‘chaos’ and is said to open everywhere, the cycle of manifestation.
4. Thus, the first emanation or Ether from Mahat, is described.
5. The Secret Doctrine carefully distinguishes this Ether from the ‘imponderable substance’ which was once known as the ‘Ethers of space’
6. The primordial chaos is termed Æther and not Ether. This must be carefully noted by every occult student.
7. Æther is what is known as the Aditi of the Scriptures of the East. The

northern or the subtle or the upper part of it is called 'Akâsa'.

8. Upper Æther or Akâsa, is the celestial virgin and mother of every existing form and being, from whose bosom, as soon as "incubated" by the Divine Spirit, are called into existence Matter and Life, Force and Action.

Compiled by Rama Prasad Joshi



Carina Nebula (NASA)



Venus Venus in Aquarius

Venus is the ruler of the third decanate of Aquarius and Dhanishta is the constellation of the third decanate of Aquarius. This is the reason why we have to tune up to the Dhanishta constellation. Every time the moon moves into the constellation of Dhanishta we have the possibility of gaining the Venusian principle. That is why Master CVV suggested attunement to that constellation for the benefit of humanity. Incidentally, Master CVV was also born in this constellation. Venus in the third decanate of Aquarius, is the highest aspect of Venus.



Discipleship

Inner Fire



What are the optimal conditions for keeping the inner fire burning? The warmth of the pulsation of the inner golden heart brings radiations that dry out the firewood and maintain a harmonious flame and glow. Nevertheless, at times we may perceive a dullness and coldness inside, with the fire being seemingly very dim or almost non-existent. During these dark moments, which can sometimes extend into dark times, our sense of direction, trust and perseverance are tested. Investigating our own purpose, the meaning and goal of this incarnation, might pave the way for a fresh beginning: the rekindling of the inner flame and alignment with the Master Energy. Meanwhile, the perception of inner and outer groups can offer relevant support in turbulent times, thus creating a group light and group flame.

Composed by Ute and Peter Reichert

PRACTICAL WISDOM

Mankind has been building and destroying over centuries
like the children on the seaside.
The Masters wait with patience and compassion.



Hymns to Agni, the Sacred Fire Rgveda, Mandala-1, Sūkta - 12, Ṛk - 10

स नः पावक दीदिवोऽग्ने देवाँ इहा वह ।
उप यज्ञं हविश्च नः ॥

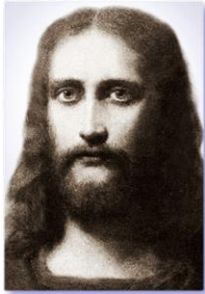
sa naḥ pāvaka dīdivo'gne devāṃ ihā vaha |
upa yajñam haviśca naḥ ||

Word Meaning:

pāvaka	The purifying one
dīdivo (dīdi-vaḥ)	Oh! Shining with light
gne (<i>agne</i>)	Oh! Agni
saḥ	thou
naḥ	for us
vaha	do bring
ihā	hither
devāṃ (devān)	the gods
upa	to
naḥ <- vayam	our
yajñam	sacrifice
ca	and
haviś	offering

Meaning:

Oh Agni! You are the one who ignites! Pavaka! Bring forth the devas (the intelligences). May our offerings be passed on, to the devas!



Life and Teachings of Master Jesus

Part 24

Jesus was delighted to listen to the speech given by Lokayatha. Maharshi Lokayatha, who imparted extraordinary knowledge, was also considered to be working for the welfare of the world. No one could comprehend the number of students trained by him or for how many centuries he had been doing that for the welfare of the world. His body showed no sign of his age. Neither young nor old, his body was strong as well as delicate with a fine golden complexion. The tip of his nose was sharp, gracefully curved, reminiscent of an eagle. His form and his penetrating vision were imprinted deep inside the heart of Jesus. Jesus considered Maharshi Lokayatha, Mother Pratchi and the teachers who taught as Siddhas. Immersed in such thoughts, he went to his cottage.

As he returned to his cottage, he was still uncertain about what to do next. The next morning, all the students had gone to their respective homes. What should he do? The merchant, who had brought him from his homeland to India, did not know that he was now in Nepal. Should he go back on his own? Or would his father's messenger send a message? Thinking thus, Jesus fell asleep at midnight. When he woke up in the morning, the same scene that had happened three years ago at sunrise, recurred.

When he opened his eyes, Lokayatha Maharshi was standing at the main door of his room with a smile.

Lokayatha: "Good morning! Your three years of education have completed very satisfactorily. I have come to see you, knowing that you would be bidding us farewell and leaving today. You have grown a lot in these three years. You have captured all our hearts. You have become our beloved one. Wish you all the very best. In which direction are you headed?"

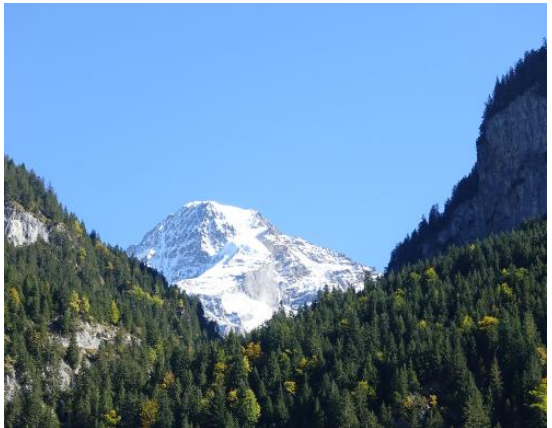
Jesus: "Gurudev! I bow down to your lotus feet and pray that you instruct me about my next duty. Apart from that, I have some doubts that are troubling me. I am confident that you will surely have the answers to my questions. Can you

kindly enlighten me?”

Lokayatha: “I know what doubts you have. Is there any relation between your father Joseph and me? Is there any relation between your mother and Mother Pratichi? These are your questions. There is no relation. There have to be two of us for a relation to be. When there is only one as two, how can there be any relation? Mary and Joseph, in Israel, are our physical forms. There, we are your parents. Here we are in our subtle bodies. Physical bodies are born from the five elements. Subtle bodies are born from the divine nature. Being born into the subtle is to be born twice. This is a superior yogic state. The being is imperishable. On the path of yoga, one can build an imperishable body. To those, who are not initiated into the teachings of yoga and do not lead a divine life, the divine body is not formed. The relations in the physical form and the relations in the subtle form are different. There, we are acting as your parents. Here we are your teachers.

You are still experiencing the divine in the form of sound. In your previous lives, you had the habit of connecting to the inner sound by playing the flute. In this life, in the presence of Mother Pratichi, you have learned to connect with the inner sound without the flute. She played the role of your teacher to guide you to God’s grace and the vision of God. I have been your teacher for ritualism and the deeds done for the welfare of the world.

After meeting me on the first day, beholding the beauty of Siddha Ashram, you entered a valley. There, while facing the lake with your eyes closed, you had the vision of a deity who gave you a flute. That deity is also Mother Pratichi. I am aware of the movements of all the beings in the ashram. I know about all your experiences. I have come to clarify your doubts. Mother Pratichi appeared to you in three forms. I have appeared to you in two forms.”



The Externalisation of Hierarchy 11



There is no end to suffering and sorrow. More and more conditioning. More and more wealth, power, thinking does not give the way back. We are prisoners of our wealth, power, mind, because the knowledge is lost how to live free while being surrounded; it is totally lost. That is why it is said that man stays upside down in the muladhara while the form is upright. The form is upright but the man is upside down. The form gained greater importance than the owner of the form. It is like your automobile becoming more important than you, the horse you ride upon is more important than you. Breakfast, lunch, dinner, extra chocolate and cake, it is all body program. It is like feeding the horse.

In this situation the Hierarchy came to help the man, to help him overcome his being imprisoned in matter. The Hierarchy was being formed in Lemurian times. The four archangels came down in Lemurian times. Gabriel, Raphael. El means, belonging to Him. There are four Kumaras, of them one is the Lord of the Planet. There are other Kumaras that descended like Ganesha, Hanuman, Kapila, Dattatreya. Their purpose is to help humanity reverse the inversions we suffer from. All our understandings are upside down. We have to reverse our inversions. For that reason Shambala and the Hierarchy were formed. They help the humanity to make an ascent. This event happened 18 million years ago.

We only have the dates as per the humanity of a few thousand years in the west. Is that enough to know when the human history has 18 million years? To think we have only the history of 2000 years is not enough. We should know the past relating to our entry on the planet and how we went through so many forms. There were times when humans had two heads on one body, or two heads and four hands. One head in the body, so many experiments were done, we were all part of it. All these forms were made by Manu. More and more sophisticated forms were being made, from very rough forms to subtle forms. Humanity was guided by Hierarchy from 18 million years ago and all were given the wisdom. But since orientation of humanity was oriented to matter, they misused the wisdom - all the stories of the great wars. With the help of the wisdom that the

humanity received with the help of Gods who were king initiates at that time, people started to cling to matter and were leading huge wars. It were the wars between the divine and the diabolics.



Giovanni di Paolo: Creation of the World and Expulsion from Paradise, 1445



The Significance and Importance of the Fire Ritual 11

Then there is the invocation relating to the cosmic bird. There is a bird with its two wings. That is what we call the life principle or pulsation. If it is in balance, everything is possible. This great bird occupies a greater part of the Vedic knowledge. He is called the great eagle. It is he who soars from the matter to the spirit of Taurus. It is the serpent becoming winged serpent, then thereafter holding the two wings in balance and experiencing the existence. That principle in the universe is invoked, and thereafter the time aspect is invoked. This is where you hear the sound PHAT. There were many PHATs today in the fire ritual. Even without uttering they were coming. It is the time aspect and the sounds relating to it are uttered.

Thereafter you invoke another Lord who is called the man-lion. He is called NARA SIMHA. There are many more who are invoked in the fire ritual, but I will stop with him, because too many concepts at a time are not recommended for speaking. The sounds NARA SAHA are very potential sounds. SA and HA making SIMHA here, and SOHAM is also made from the same sound. HASOUM is made from the same sound. HAMSA, the swan, is also made from the same sound. These are the two basic sounds relating to the Ajna centre and the throat centre. NA is the sound relating to the cosmic existence. We have NARAYANA. I hope he is also here. Without him existence is not possible. He is called the background consciousness. RA is the sound that unfolds the background consciousness into all existence. RA is the process of unfoldment or involution. NA is the process of evolution.

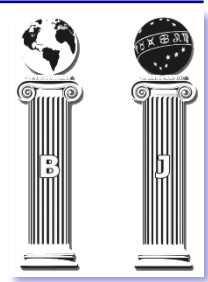
So, we have covered through
the sound NA the head centre,
the sound RA the heart centre,
the sound SA the throat centre, and
the sound HA the brow centre.

These are all the higher centres we have.



Temple Service

5. Human Body, the Temple 3



He then started building Temples. Temple was an agreeable concept to man because he could not see God in the fellow human beings and in himself. So slowly the Temples came so that we can speak to God about whatever we want but there is no need to hear, because if he says something, which is not pleasant, we are not willing to hear. For example, if he tells us, "don't talk much" — do we listen? We don't listen! So, we created a God who just listens to us and rarely He speaks to us. He also does not speak because He also knows that we do not listen.

To enable experiencing God, came varieties of rituals, worship and prayer. Before that there was alignment with God. When we are in alignment with God, no prayer is needed. When we are one with Him, we are in the bliss of fulfilment. It is just like when we are fulfilled of hunger we don't think of food. So, prayers, rituals, worships and varieties of them have come and then different prayers, different rituals, different Temples came. Man was engaged with differences than with the Temple and God. They were fighting with differences. Like this, there is digression. So, be it a Temple, church or a mosque or a synagogue, the Path is not so much evident but the path has been kept intact from the beginning.

On Synthesis

Be joyful at all times.
 Relate to all things
 as far as they are not unlawful.
 There is nothing unlawful if you choose
 to be decently joyful each day.



On Healing

3. Co-operation with the Five Kingdoms 12

The next kingdom the healer confronts is the human kingdom. He is to develop the necessary harmony with the humans - the most difficult task. Man is the enemy of man. He feels it easier to live with the plant and the animal than with the human. Even wild animals are preferred to the human animal! I see in Europe people preferring to live with cats and dogs than the human being. They find the latter more amiable companions than the humans. To live with humans has become a nightmare! It shows our inability to live with our own stock. The more and more man is put to civility he is finding it more and more difficult to adjust with the humans. Don't you see that we are developing a human society where the rights are dominating the responsibilities? Yes! We need to found a global society for fundamental human responsibilities. That should be the dawn of the new era. Unless man learns his responsibility towards a co-being, including the human, there is no future to this humanity. The future is sealed by the acts of ignorance. All the Scriptures echo the human values, be it of East or of West. Today the modern man is almost deaf to his echo. He feels that that the religion is not useful to him in this space age. He is partly true because the religionists are busy building their isms and do not propagate Truth through demonstration.



Sanat Kumara



Learn to be alone 3

Words can be misunderstood. “Words are whores”, says a Master of Wisdom. Words have limited capacity to express the intent. When the Lord says, “Learn to be alone”, it is mostly misunderstood as learning to be lonely. Then the whole teaching suffers an inversion, total inversion. To be lonely means to get circumscribed strongly, to get separated and to get divided. It is like an island, which disassociates with the mainland. Spirituality is all about union and unity. In the name of spirituality people separate themselves, try to be separative and try to be special. Then they suffer loneliness. They build walls around them in the name of yoga, in the name of discipline. They walk into darkness of ignorance and look for light. That is the trick of Kali Yuga.

That apart, one can be lonely for a while to establish in oneself the afore reached truth and to reinforce that truth in oneself. One can stay apart for a while and then come back with greater affirmation to practice to see the One in all and all in One. Sincere students can arrange time to be lonely once in a week to get into this reaffirmation. For this they are advised not to excessively associate with social activities such as public functions, dinners, gatherings and social entertainment. This looks antisocial, but it is not really so. Decidedly social parties are time killers to disciples.



Seventh Ray and Magic

The incoming of the 7th Ray 43

The aspirant should always care first to keep his pentagram intact. It is his first temple of great significance. “Calibrate your instrument first” is one of the instructions of Master KPK. Before you use the instrument, it has to be set to right calibration. If not, the work that is turned out using the machine would be qualified with errors, which would entangle the aspirant in the viscous circle of cause and effect.

To work out this instrument, the aspirant has to primarily practice orienting and moving his consciousness within. The consciousness of the aspirant naturally flows from within to without via the 5 senses through the sense activity. The aspirant has to adopt to a rhythm in daily life, which facilitates turning himself more and more into subjectivity. The objective activity should slowly be conducted in a manner, which would enable him subjective contemplation and orientation.

To keep his pentagram intact, he needs to gradually withdraw. He needs to practice withdrawing his consciousness from sense objects, from sense activity and attempt to withdraw from the five senses. Without withdrawing oneself from excessive objective activity, subjective activity cannot develop. The aspirant has to practice to steady himself in the inner and relate with the outer when required and return to the inner.

The aspirant has to achieve the right balance between subjective and objective. He needs to practice consciously expanding into and withdrawing from the objective. The symbol given for the withdrawal into the subjective and expansion into the objective, is turtle. It brings out its limbs and its head from its shell to relate with the outer when needed and to withdraw them into its shell when not needed.

Composed by Guru Prasad Kambhampati

Enlightening Encounters

Sadguru Sree Sivananda Murthy 10



Once in 2013, for the birthday celebrations of Lord Krishna (September 04th, 2013) Sree Sadguru informed his associates to invite Saukumarya as the chief guest to speak upon Lord Krishna. He told his associates that Saukumarya is the best person to speak upon Lord Krishna and to invite him. Let us honour him in the name of Krishna and rejoice. Saukumarya was perplexed. Yet, he humbly accepted the assignment, went to Hyderabad and participated in the function which is 'youtubed'. Saukumarya's speech on Lord Krishna deeply pleased Sree Sadguru. He unequivocally said, "In the form of Saukumarya, Lord Krishna blessed the gathering. The Presence of Lord Krishna is made to manifest. Saukumarya is a blessed Soul and is the right person to present to us, Lord Krishna. Saukumarya is known by so many groups all over the world as their Master. He is a representative of the World Teacher. He is also a Master to us. I fondly say that he is "Our Master". I am today extremely happy for his presentation of Krishna as the Universal Consciousness. To Saukumarya, Krishna is not only the one, that visited and performed on this holy land for about 100 years. To him, Krishna is ever present and he is the Universal Consciousness. To see the lord as the form, to see him beyond the form and to see him in all that is, is the ultimate practice which Saukumarya promotes. This is the synthesis of wisdom."

Sree Sadguru went on speaking of the talk of Saukumarya until after mid night to his close gathering. Saukumarya also felt blessed for having spoken of Krishna, as he does every year.

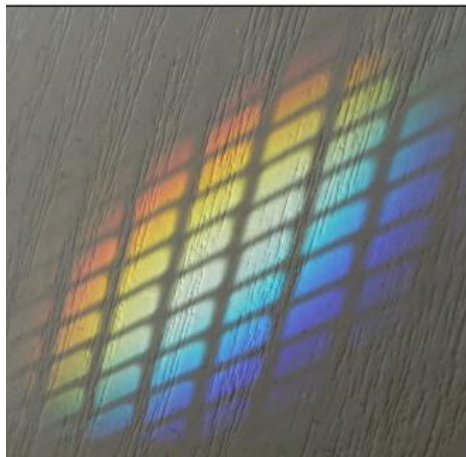




Uranus The Alchemist of the Age Uranus and the Seven Rays 4

Working with the Seventh Ray, Uranus works out simultaneous existence in all the seven planes. Simultaneity is the hallmark of Uranus. Spirit represents Existence. When such Spirit is brought down through the inter-penetrating rays of Uranus into Earth's atoms, the Earth gets lifted up eventually to the kings of beauty.

In this task Uranus works with the Second Ray and Jupiter to cause fusion of the Heart and Mind. This fusion enables the mind to gain the synthesis, thereby overcoming the conflict of the Fourth Ray. The result is Harmony. The harmonious mind is helpful for creating conditions which lead to critical transformations of instincts into intellects.





Master EK

Vishnu Sahasranama
Stanza 14 - 8

8. The limbs of an individual are his own counterparts. The Lord in every one of us is a unit Lord who is provided with a complete set of all the limbs to develop. Though sometimes the actions of the lower nature may render the physical development of the limb defective, any creature is never created defective of the potential mechanism of the limbs. Above the etheric plane, the body of every individual is perfect and without any defect. For all the beings well-behaved, the same perfection holds good with the manifestation of the physical limbs also. Perfection of manifestation is one of the splendours of the Lord.



Master Mountain



Paracelsus Health and Healing Perception of Apana Prana, Part 2

To cognize the sickness relating to Apana, health science suggests periodical examination of urine, of excreta, and in the case of women the healthiness of the menstruations.

Apana Prana can be strengthened and stabilized by practice of Yoga Asanas and Yoga Prakriyas such as Kapala Bhati where the emphasis is on up-thrust of Apana in cooperation with Udana. When emphasis is laid on exhalation more than inhalation, gradually Apana Prana gains the strength. This is where in all lessons of preliminary yoga, breathing is strongly suggested. To make a slow, soft, deep, uniform breathing helps to tone-up the system. One would not breathe up to the full capacity of one's lungs.

Consciously breathing in lung-full of fresh air and consciously releasing entirely the air from the lungs is a general practice which requires no specialist to guide. Sit as erect as possible, draw back the stomach as much possible and let all breathing be done. This would lead in expansion and contraction more of lungs than of the belly. Breathing is for the functioning of the lungs, the emphasis should therefore be on breathing-in as far as possible for lung expansion and breathing-out as far as possible for lung contraction. Except during sports and games, at other times, men do not breathe as much as is possible. Even sports and games are not so regularly played. Therefore, the general breathing condition of the humans is far below the normal, resulting in feeble functioning of Apana.



The Female Hierarchy

Part 37

Wisdom in association with execution enables appropriate manifestation. Without ability to execute nothing can manifest. Just execution without wisdom would be preparing some kind of soup which cannot be consumed! This is how the Prajapatis and Manus exist in creation. One is wisdom and another is action. Between the two, the head should precede the execution. That's why in human formation also the head is above and the shoulders are supporting the head. So, when we take our head, it is Prajapati. When we take the hands, they are the executives. That's why we say in Purusha Suktam, some of you know Purusha Suktam, "Brahmanosya mukhamasit" - the Brahman, they permeate the head. "Baahu rajanyakrutah" - meaning the shoulders are permeated by the executive ability. When we say shoulders, take it in its functional aspect but not the physical aspect. Shoulders speak of shouldering the responsibility of administering. These two should be kept in mind when we speak of Prajapatis and Manus.

Through the Manus, the rulers descend. Through Prajapatis, the teachers descend. If one is predominantly of the nature of wisdom, then he tends to the line of Prajapatis. When someone tends more towards the execution of an idea or an objective, he is in the line of Manus. Blessed is the one who has both the qualities - the quality of a Prajapati and the quality of a Manu. Such a one is called a king initiate. He is not only a king but also a very wise king. In him the priest is instituted. If you see any civilization, initially it was the initiates that came down as kings. Most of you are familiar with the Old Testament. The prophets were also rulers until Samuel - he was the last prophet who was also a ruler. So also in the Vedic system, it was 2-in-1: the prophet functioning as the king as such. Later, through involutionary process, the two got separated. There is an advisor to the king and there is a king. Only when the two work in close understanding, there is a beautiful manifestation.

This text is not proofread by the author and might have some mistakes.

Stories for Young People

Navavidha Bhakti 1

The term “Yoga” essentially means *union*. It signifies the state of oneness between the individual self and the Divine. To attain this inner unity, seekers have tread various spiritual paths, each emphasizing a distinct approach to relating with the Divine. These include Karma Yoga (the path of selfless action), Jnana Yoga (the path of pure knowledge), Bhakti Yoga (the path of devotion), and Dhyana Yoga (the path of meditation), among others.

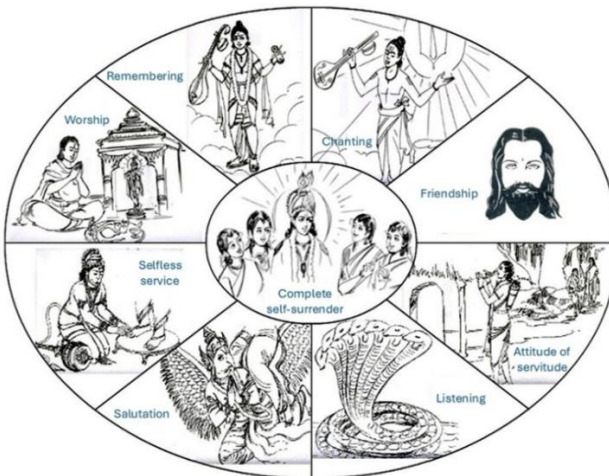
In Śrīmad Bhāgavatam, Prahlaāda, while explaining to his father Hiranyaśipu the means of relating to the Omnipresent through the path of devotion, elucidates the nine forms of devotion, known in Sanskrit as Navavidha Bhakti.

These are:

Listening	Selfless service	Attitude of servitude
Constant remembrance	Worship	Friendship
Chanting	Salutation	Complete self-

Devotion means being absorbed in the Lord and experiencing His presence. The *Bhāgavata* presents the lives of many devotees that stand as living examples of the ninefold paths of devotion. Let’s dwell upon each one of them.

Composed by Sanath Sripathi on the basis of Śrīmad Bhāgavatam



Window to World Service

News & Activities

SPAIN

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Activities, part 1

Goodwill in Action is a non-profit association that has been working since 1997 through volunteering for the social and labour inclusion of the residents of the Poble-sec neighbourhood and its surroundings, in the city of Barcelona, attending to people in a situation or at risk of social exclusion.

From the reception service, which has two social workers, we carry out personalised work plans, workshops for labour insertion, training for basic needs (food, clothes and personal and household hygiene products) and activities for children, such as school reinforcement.

The three axes of the entity are networking with local entities, the structuring of the support to families in work plans for social and labour insertion and social volunteering. In 2024, 40 members of the WTT have collaborated financially with BVA or by volunteering.

On average, more than 1.970 kg of food are distributed weekly in 193 food parcels for the families attended weekly, covering an average of 433 people per week. Personal and household hygiene products are also provided. Family work plans are made, depending on the needs of each family, and, to improve the situations in which they find themselves.

The work plans include training and job search in addition to covering basic needs and also the attention to the children of the families that are attended within the space of school reinforcement. All these activities are carried out by more than 87 volunteers who make the day-to-day running of the Goodwill in Action project possible.

Basic needs

The aim of this programme is to help cover the basic needs of the families assisted in the work plans offered by Goodwill in Action. This programme is divided into two main areas: food, personal hygiene and household products, and clothing.

Food and hygiene products

The Food Service distributes basic necessities: pasta, rice, pulses, oil, sugar, flour, biscuits, cereals, bread, eggs, cheese, chocolate, milk, fruit, vegetables and canned vegetables, among other products.

Thanks to the collection campaigns of shops, schools and individuals, as well as the food purchases made by the organisation itself, it is possible to complement the food provided by the Food Bank, which, despite being important, is insufficient to

feed the families served.

Concept Number

Families served * 480

People attended * 1.036

People attended weekly 433

Lots of food delivered 8.9900

Distributed food 98.489 Kg

Welcome and work plans

Goodwill in Action offers a space for information, guidance and advice to all individuals and families who need support in any aspect of their daily lives. The reception service aims to favour the incorporation and participation in society of people and families who are at risk of exclusion.

Coordination and networking with other agents, services and resources both in the Poble-sec neighbourhood and in the city of Barcelona, as well as the elaboration of individualised work plans, allow us to offer tools to people so that they can enjoy a dignified life.

Concept Number

Work plans 586

Early attention to individuals and families 640

Beneficiary persons 1.332

Employment workshop

We accompany people in their search for work, through the employment workshop and follow-up interviews to facilitate their integration into the labour market.

We make known to the business world the potential of the people who carry out the labour insertion plans.

Concept Number

People who have attended 671

Sessions held 453

Work offers managed 1.546

People who have found work 598

Training - Skills workshop

The Professional Skills Workshop is held in parallel to the employment workshop. Its purpose is to analyse the professional career of each participant and to work on aspects such as skills, competences and personal skills in order to face possible job interviews and prepare for their labour market insertion.

Concept Number

Training sessions 183

Registered users 1.034

Hours of training 275

Picture to the Month

Taurus - Contemplation on Receiving and Implementing the Plan



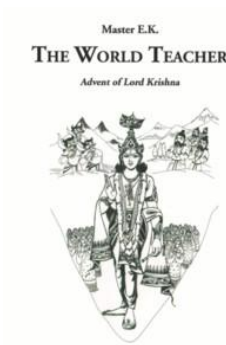
The state of Shambala is depicted by a circle with a central point. State of getting into personality, in association with the divine is symbolically depicted as (point and triangle in the circle). The state of conducting divine acts in the world is depicted as (triangle descending from the point in the circle). Getting into the world, they conduct the works of goodwill. The state is depicted symbolically as (circle: 'Being' associated with Divine; above the triangle: Divine Personality; above the square: Objective World). May you envision the Path to Shambala through the comprehension of these symbols.

Dr K. Parvathi Kumar: Shambala. Dhanishta, Visakhapatnam

Image composed by Ludger Philips

Book Review

The World Teacher. Advent of Lord Krishna



An Avatar is the descent of the Omnipresent One, to be one with the beings. He descends to uphold the law and to establish the law in the beings. Among such Avatars the Avatar of Krishna is considered full and complete, not only by the Puranas and Itihasas but also by the acts of the Lord as Krishna. The wheel of light that emerged from him has been piercing through the envelope of darkness that dawned around him during his time and the present times. The actual incidents in the story of such a “World Teacher” have taken to the form of this book.

Ekkirala Krishnamacharya: The World Teacher. Advent of Lord Krishna

PDF: <https://www.aquariusbookhouse.com/product/the-world-teacher-advent-of-lord-krishna-2/>

Order book: https://worldteachertrust.org/en/web/publications/book_shops

Whisperings of Light



To guide, inspire and inform the students, Dr K. Parvathi Kumar inaugurated a portal on the internet relating to Shambala <https://www.facebook.com/groups/wttshambala>. The Master frequently shared thoughts and quotes on Shambala together with sharing a picture from the paintings of Nicholas Roerich with enlightening statements which blessed the students with deeper insight and further inspired meditational work.

All these pictures along with the statements are collected into this booklet for use by the sincere seekers who are working with this rhythm, as given by the Master, to co-operate with the plan.

K. Parvathi Kumar: Whisperings of Light

PDF: https://worldteachertrust.org/_media/pdf/en/whisperings_of_light.pdf

Order book: <https://www.aquariusbookhouse.com/>

Astrological Important Days

in April / May 2026

20.04. ☽	03:39	Sun enters Taurus
21.04. ♂	00:45	5th phase of ascending moon starts (End 21.04. at 21:50) <i>Birthday of Shankaracharya, the great initiate of the of Advaita</i>
22.04. ♀	19:20	7th phase of ascending moon starts <i>Descent of Ida, the power to materialize</i>
23.04. ♃	17:19	8th phase of ascending moon starts (End 24.04. at 15:52)
25.04. ☿		<i>Birthday of St. Mark</i>
26.04. ☾	14:37	11th phase of ascending moon starts (End 27.04. at 14:46) <i>The day of Nârâyana</i>
30.04. ♃	17:43	Phase of full moon starts
01.05. ♀	19:23	Full Moon of Taurus ☾ <i>According to the lunar calendar: Moon in Visākha or Anūrādha, Sun in Taurus or Gemini. Transmits the energies of Sanat Kumara, whose name is also Visakha. Birthday of Gautama Buddha.</i> <i>Birthday of Master St. Germain</i>
08.05. ♀		<i>White Lotus Day: The day Helena P. Blavatsky left the physical plane.</i>
09.05. ☿	10:33	8th phase of descending moon starts (End 10.05. at 11:37)
	19:54	23rd constellation Dhanishta starts (End 10.05. at 21:20)
	21:00	Dhanishta-Meditation
11.05. ☽	11:55	10th phase of descending moon starts, <i>Birthday of Hanuman</i>
12.05. ♂	11:22	11th phase of descending moon starts (End 13.05. at 10:00)
16.05. ☿	01:41	Phase of New Moon starts <i>Contemplation on "The Pledge"</i>
	22:01	New Moon of Taurus ●
21.05. ♃	02:36	Sun enters Gemini

All times are in CEST (Central European Summer Time) UTC+2 (Universal Time Coordinated plus 2 hours); Data source: Astrological Diary 2025/2026, www.worldteachertrust.org
The World Teacher Trust - Global, CH-6362 Stansstad



The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make beautiful
our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

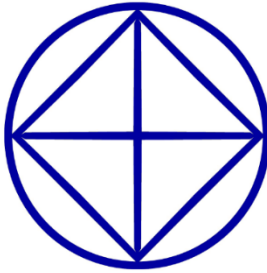
The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



May we stand in Light and
Perform our obligations and duties
To the surrounding Life to be Enlightened.

May we float in Love and
Share such Love and compassion
With the fellow beings to be fulfilled.

May we tune up to the Will and
Thereby alert our Wills to gaze
The Plan and cause the work of Goodwill.

May the Light, Love and Will
Synthesise our lives into One Life.