

Vaisakh News Letter



HAMSA SIVA SOHAM



Virgo 2026 Kanya

Letter No. 5 / Cycle 40 – 23rd August until 22nd September 2026
The World Teacher Trust - Global



May the Light in me be the light before me
May I learn to see it in all.
May the sound I utter reveal the light in me
May I listen to it while others speak.

May the silence in and around me present itself,
The silence which we break every moment,
May it fill the darkness of noise we do
And convert it into the Light of our background.

Let virtue be the strength of my intelligence,
Let realisation be my attainment,
Let my purpose shape into the purpose of our earth,
Let my plan be an epitome of the Divine Plan.

May we speak the silence without breaking it.
May we live in the awareness of the background.
May we transact light in terms of joy.
May we be worthy to find place in the Eternal Kingdom OM.

Master EK



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Dr Sri K. Parvathi Kumar was President of the 'World Teacher Trust' and Founder of the 'Vaisakh Newsletter'. The teachings given in the name of the Masters are seed thoughts expressed by them. They are elaborated and described for easier comprehension of an average group member.

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Prayer of the Year 2026-2027

Number one, the rod.

Zero to one, the serpent unwinds.

Number nine, the throne;

Number ten, the crown.

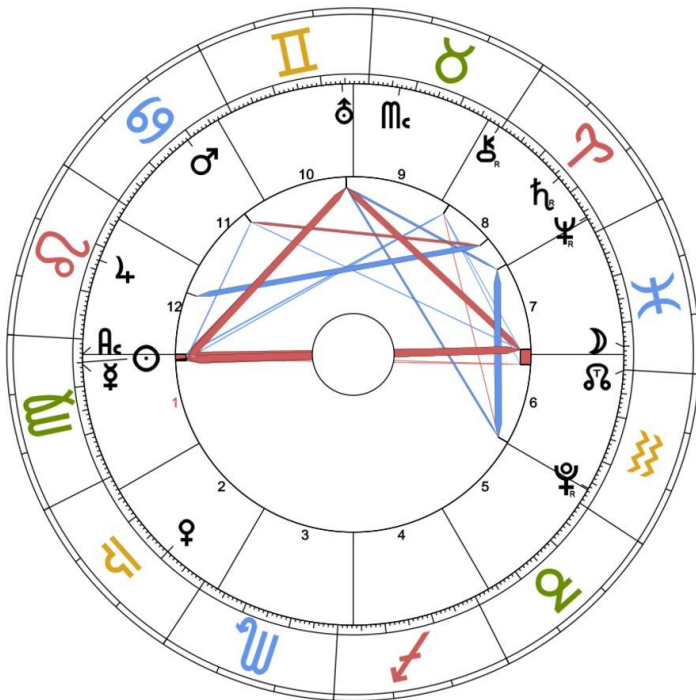
Kingdom gained. Hunter becomes saint.

Hunter bears pot. Light of life carried.

Mind and wisdom married.

Saint blesses the couple with holy water from pot.

Occult Meditation 81



Full Moon of Virgo, 28 August 2026, 06:18 am CEST (UTC + 2)

Message of the month of Virgo ♍

Virgo has the traditional ruler of Mercury. Virgo is the 6th sign of the zodiac and is a mutable Earth sign. Virgo is the belly or the intestines or the digestive system in the body but not only the physical body. Can we digest the emotions that we encounter, can we digest the mental apparent contradictions that we encounter and can we digest the spiritual concepts and ideas we are introduced to?

To digest means to integrate into our system, so we can absorb and use what we take in physically, emotionally, mentally and spiritually.

Mercury as the ruler of Virgo is many different things but Mercury is represented by the 4th ray according to Master DK, the energy of conflict and discontent, deception and deceit, malicious intent and manipulation, and the list goes on. This is one side of Mercury, the other side is being the messenger of God, the healer and the bringer of Light into the mind from the Buddhic plane.

Mercury is a doubled edged sword and it has the power of illumination but we have to fulfil the basic conditions or pre-requisites for this to happen as the situation would otherwise turn out to be a very painful experience.

The esoteric ruler of Virgo is Moon but this is a blind for the energy of Vulcan. The energy of Vulcan is the energy that gives us the will to progress on the Path however this will only come when we are visited by the grace of the World Mother or spiritual side of the Moon.

Master EK's book *Spiritual Astrology* says that Virgo governs service for the suffering mankind.

All the limitations and sufferings of the lower man, before he receives the grace of the World Mother, are denoted by the sixth-house affairs of Virgo. The suffering humanity at large can be understood by the role of sixth house in Virgo and twelfth house in Pisces. Ignorance, poverty, competition, struggle for existence, limitation and self-conditioning are the traits of these two houses.

The symbol of this sign is a virgin which denotes purity, holiness and the sublime nature expressed through the highest concept of motherhood. While Cancer represents nature as mother, Virgo represents the second aspect of the Logos as mother. If we can have a comprehension of the matter that fills the Maha Para Nirvanic plane, we can get a true understanding of the symbol of the World Mother that is located in this sign. The emanation is like the emergence of a wave in the

ocean. The wave is not different from the ocean in essence but differs from it as a state. This state, before creation, is called the Holy Mother of all creation. This forms the matter of the Maha Para Nirvanic plane. This plane is located in the sign of Virgo..

Composed by Heinrich Schwägermann Lorenzen



Johann Gabriel Doppelmayr (1677-1750): Virgo



Message of the Teacher

Learn to offer

Learn to offer, not to receive. Whatever is given, learn to offer. Learn that kind of offering. In meditation it is offering your total being. That effort is like offering a flower. The Lord offers himself to you, and through you he offers himself to the world at large, because he is the most high when it comes to offering. He offers himself totally to you, when you offer yourself totally to him, and he gives you the whole world at large. Your life is just an offering to the beings. You have offered your mind, body etc. within 10 minutes. That is how offering is done.

Compiled by Ludger Philips

PRACTICAL WISDOM

May you live long with sound health of body and mind,
to make your life His prayer.

May the light dawn upon you ever and forever.

May the star shine upon your heads,
and lead you on and on

until you are The Path, itself.

- Master EK -

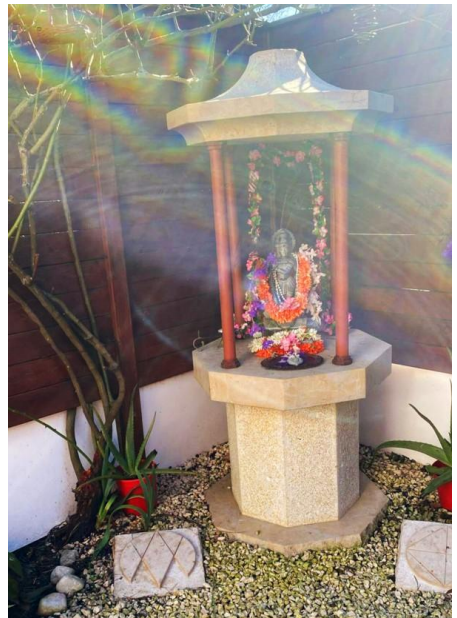
Utterances of Lord Krishna



The man of knowledge is directly linked up with Me and his path, among the four, is the direct one. He becomes devoted to Me by his direct knowledge. I AM the nearest one to the man of knowledge and he is dearest to Me. (7, 17)

All the four paths are desirable but the man of knowledge is verily Myself. The rest of the three should come to this path before they come to Me. This is because knowledge and knowing are one, the knower himself. The knower in everyone is 'I AM' in all. The man of knowledge is directly gravitated to Me and hence achieves the highest at the first stroke. (7, 18)

Rainbow of the Krishna statue installed
by Master Kumar in Orriùs, Spain





Lord Maitreya Maitreya Community

Conscious Action

To unite tenderness with duty is a rare strength. Love without responsibility becomes weak, and duty without love becomes harsh. When both are held together, action gains steadiness and quiet wisdom.

The emerging consciousness is not troubled by contrasts. It does not confine or pressure the human spirit through rigid control. Instead, it widens perception, allowing one to meet life with awareness rather than compulsion.

Humanity is not meant to remain enclosed within narrow habits of thought. To live as though in a small coop, concerned only with personal boundaries, is to forget one's greater purpose. The call is to know the Earth, to take part in its unfolding, and to serve its well-being with intention.

It is easy to take comfort in the idea that there is still plenty of time. Yet such thinking dulls vigilance. Life is shaped by many forces, and change does not always announce itself. To delay right action is to quietly step away from responsibility. It must also be remembered that humanity carries within itself the power to divide and destroy. Malice is not distant; it moves actively through the world. To recognize this is not to fear it, but to refuse participation in it.

Let each step be guided with care and firmness, so that through conscious action one helps in the building of a more conscious world.

Composed by Srikanth Kaligotla

Master Morya
Maruvu Maharshi

The Teaching of Agni Yoga is
much Tension and Danger



It is essential not to mislead newcomers into thinking that the Teaching of Agni Yoga is easy. Truly, it is not easy, for there is much tension and danger in it. No one should be seduced by the idea of honeyed ease. Gaining mastery of the fires is a slow process. Premature and hasty steps threaten the striving one with conflagration. What seemed to be a high achievement is later seen as low, when one is on the next step.

You know how difficult it is to see Fohat, how the cumulative efforts of many years are required for one to be able to see this energy. But what will a weak spirit say when he learns that beyond Fohat is Para-Fohat, which in turn is nourished by Pan-Fohat! These energies can fill only the strongest consciousness with rejoicing and with love.

Few are the trusted builders who with self-denial accept the thoughts coming from space into the chalice of their hearts. They are not frightened of being scorched by the fires of the far-off worlds. They do not resent bearing the burden of anguish caused by surrounding imperfection. They are approached by the super-radiant fires of space and exchange thought with the sparks of spatial consciousness, silently kindling thoughts and answering questions. Weighty is the protective canopy of blessing, but it alone provides entrance into the highest Abode.

The ancient teachings use symbols of construction to represent the entrusted task. Their true meaning should be understood. Around an Agni Yogi you will always find construction, whose very difficulties are stepping stones in the overcoming of imperfection. Manifestations of Light are not easy to achieve, but then the Fire of Space illumines the far-off worlds. (*Agni Yoga*, 1929)

Compiled by Sabine Anliker



Master Koot Hoomi
Devâpi Maharshi

Shambala 100: Full Moon Meditations

Recollect Shambala, bow down to the Lord Sanat Kumara, and tread the path of Lord Maitreya, the World Teacher.

The moon reflects completely to a state of complete brilliance at the time of Full Moon every month. During the two nights preceding the Full Moon and then for another two nights after the Full Moon, the moonlight is very pleasing. Lord Sanat Kumara is engaged in a state of meditation to enable distribution of this brilliance of the moonlight for the benefit of the planet and planetary beings. The meditation proceeds as a consecration for five nights.

Moonlight as the basis, Lord Sanat Kumara causes certain adjustments in the subtle layers of the planet and also of the beings engaged in pursuit of truth. Moonlight is but the reflected light of the Sun. Therefore, this ritual of five nights centered around the Full Moon causes rectifications in the mental and buddhic layers. This ritual happens every Full Moon. Twelve such rituals in a year cycle are carried out at Shambala from the ancient most times.

Through the ritual, there is utmost support and uplift coming from Lord Sanat Kumara and his close associates who are the accomplished ones, to the planet itself and the aspirants. To enable finer transformations of the mental layers (fabric), consciously aligning to Shambala during the Full Moon meditations is the key. Forming a triangle with Full Moon, Shambala and oneself, the meditation is to be conducted. Visualize the effulgence of the Full Moon and Shambala entering the central column and touching the six centers in us.

The present Moon has once been the Earth globe. Even at that time, Lord Sanat Kumara was the Lord of the planet. Therefore, there is a deeper friendly association between the Moon and Lord Sanat Kumara. The Moon therefore co-operates with Lord Sanat Kumara in distributing the energy through the twelve full moons to the present Earth globe and to the beings on the planet that are in pursuit of the 'Self'.

The body of light is gradually strengthened when the Full Moon meditations are conducted with such comprehension (as stated above). Such beings are enabled to experience the touch of the divine. Ability is also gained to listen to the divine and to envision the divine.

Lord Sanat Kumara wishes that the aspirants on the path receive the grace and strength coming from Shambala through the Full Moon meditations and progress.

Samasta yogi janataarakam tam |
Sanatkumaram Saranam Prapadye ||

Originally conceived in Telugu by K. P. Kumar; translated into English by Tapovana group.



Nicholas Roerich: Setting Moon



Message of Master E.K.

Suffering is not necessary for evolution

It is ignorance that makes us experience sorrow and difficulties. It is the divine knowledge that makes us overcome difficulties. So, evolution is a very artistic and a beautiful process in the creation of God. We need not have an ugly idea of God thinking that suffering is necessary for evolution because the scriptures say on the contrary that difficulties are due to ignorance. That is how I understand. If we know how to behave in the kingdom of God, then the more fit we are, the more God's blessings will be showered upon us. We will never suspect any suffering when God's grace is being showered upon us.

Compiled by Ludger Philips



Master CVV-Yoga

Aphorisms to Disciples 100



296. Be regular with Prayers. Be honest with your Prayers.
297. Be honest with Prayers but do not gather husk around it. The husk you gather gradually solidifies to becomes a hurdle.
298. The husk you gather is the feeling of your being honest with Prayers. This will lead to unwarranted pride and superiority complex. This will consequently lead to looking-down upon people who are not with Prayers or service or wisdom.
299. Be with Prayers and beware of the husk.

Composed by Guru Prasad Kambhampati



Mount Shasta



Vidura

Teachings of Wisdom

Let not the mind engage
in conspiracy,
and in short term benefits,
gained through unlawful means.
Let not the mind weaken
at short term losses,
suffered through lawful means.
Let the mind ideate
the future consequences
of the present actions,
to "check-mate" the present attitudes
that bring future sufferings.

PRACTICAL WISDOM

Distinguish criticism from analysis,
discrimination and differentiation.

These are mental abilities
while criticism is a mental debility.

Saraswathi

Saraswathi Suktam 12 - 5

Conscious breathing 2



Through the oxygen which we breath in and the carbon which we expel, heat generates and the inertia is burnt up. During meditation heat generates. Preliminary to meditation one should breath consciously at least 24 times, so that the whole body gets charged with 'Frictional Fire'. Each time oxygen is inhaled and pumped up through exhalation, the fire gets pushed from below upwards. Once the filament glows, we do not need to pump any more. A proper process of meditation generates so much fire in us that we get enlightened - Solar Five. The initial enlightenment is at the Heart Centre, where we experience the Golden Hue. Slowly, as we progress it brightens further to be of Diamond Hue. The former is called Etheric Body. The latter is called Causal Body. The other name for the Causal Body is Solomon's Temple. When we are body conscious our colour is brown -earthy colour. Thus, colourwise the graduation is from brown to Golden Hue and from Golden Hue to Diamond Hue.



Hanuman

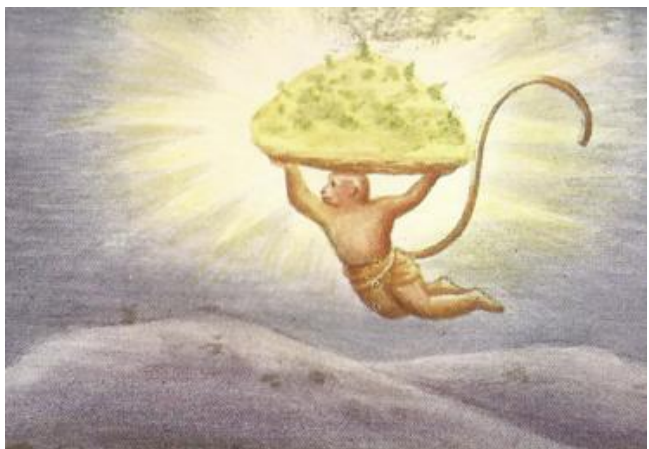
7. Hanuman and Ramayana 5

There is another interesting story from the war in Ramayana.

Ravana, was a great strategist in war. He decides to remove the dead bodies of the diabolics and put them into the waters of the ocean. Because of this, there was no possibility to make an account of the diabolic army. He thought, with this strategy, the army opposite can be weakened psychologically. On the other side, the dead bodies of the monkeys were all on the battlefield.

Then came a situation in war. Lakshmana faints and a herb from Himalayas was needed to be brought to bring back Lakshmana to awareness. Hanuman who goes flying, he goes overnight to Himalayas, locates the herbal mountain. He had no time to search for the appropriate herb. So, he just took the entire herb mountain. He comes back with the Sanjeevani Mountain, which is full of life giving herbs.

As he comes back and sets the mountain on the ground, all the dead monkeys come back to life, while Ravana loses by his own strategy. Ravana's diabolic army does not come back to life because their bodies are disposed off into the waters of the sea!



On Secret Doctrine

Upanishads - 13



In this lesson, we study the reference made to the energy of Siva, as referenced from Bṛhadāraṇyaka Upaniṣad in the Secret Doctrine:

In the Vedas, he is the divine Ego aspiring to return to its pure, deific state, and at the same time that divine ego imprisoned in earthly form, whose fierce passions make of him the “roarer,” the “terrible.”

This is well shown in the Brihadāraṇyaka Upanishad, wherein the Rudras, the progeny of Rudra, god of fire, are called the “ten vital breaths” (prāṇa, life) with manas, as eleventh, whereas as Siva, he is the Destroyer of that life.

* * * * *

1. Brihad refers to the enormity of its presence (magnitude or size of the Upanishad). Its grandeur is of such magnitude. This is an ‘Aranyaka’ relating to the Yajur Veda.
2. The Sanskrit meaning of Rudra also means the roarer, the terrible one that causes one to weep. Rudras are the lords of vibration.
3. The ability to see through will enable a being to experience the Divinity and its activity and the Lord of Vibrations. Rudra helps in this direction. The vibration of the Lord exists in all that Is. And that is what is to be perceived by the student who worships Rudra.
4. "katame rudra iti" translates to "Which are the Rudras?" It is a question from the Brihadaranyaka Upanishad (3.9.4), where Sage Yajnavalkya is asked to define the Rudras.
5. The sage answers: "It is the ten organs in the human body, and the mind as the eleventh. They get into the body and depart from the body." (There is a roar or a cry as they enter and there is again a cry when departing). This is symbolically given.
6. Rudra is the foremost of the Devas that are tangible entities emerging out of the intangible and the absolute God. He is the Lord that sprouts as the cosmic

fire, as the first spur and leads the Devas for their manifestation. He permeates the three ethers beyond the five elements and brings forth the whole universe from the seeming nothingness.

7. It is again He who withdraws the whole creation into naught. He is the passage between the negative zero to positive zero and again from positive zero to negative zero.

Compiled by the Brotherhood of Sadguru Tapovana



Sage Yajnavalkya teaching King Janaka



Venus

Venus in Libra 3

We do not have to look into our charts to see if we have Venus in Libra. We shall see with how many persons we are agreeable. Others agreeing with us is different, but how do we hold in our being about others? Do we have differences in our being about others? Do we have dislikes in our being about others? Others' disagreeability has nothing to do with our agreeing with others, if we wish to tread the path of discipleship. If you love me, I love you; if you hate me, I hate you. This is not the path of discipleship. More often we see people in the initial stages hugging each other, and when there is greater interaction, it develops into repulsion. If there are differences in us about others, that means the Venus principle in us is sleeping. We need to make sure that, as far as we are concerned, there should be no disagreeability in us about others. This is what is called the fundamental quality of friendliness. Mitra is the Sanskrit name for friendliness. To Lord Maitreya all beings on this planet are agreeable. He has no game of love and hate. He has no policy of 'dividing and ruling'. This is the second aspect of Venus. The third aspect of Venus is to gain group consciousness; that means, we feel the other beings in our own being and we experience the experiences of the other beings also. For instance, if my friend Heinrich has a headache, we feel the headache in him, because we are permeating in consciousness from the state of individuality to the state of group. But the group consciousness cannot develop by itself; it develops only through our working out Venus in Libra. We cannot function suddenly as souls. It is a good wish, but on the path we have to work out all the aspects: from the beauty of the form to the beauty of behaviour and from the beauty of behaviour to group consciousness. In this process the faculty of love is developed.

Discipleship

Keep on Keeping on



The act of embarking upon a spiritual path is not merely a finite objective in itself; rather, it is a continuous commitment that necessitates ongoing dedication and perseverance. The dynamic of commitment can be defined as an ongoing process of observing and witnessing our individual personality, with its associated thoughts, speeches and actions. The vitality or prana of the work at hand is a continuous happening when there is the necessary alignment and a healthy detachment from the rumbles of the objective life. It is important to note that developments can and may never be forced. The objective is to establish an equilibrium between activity and inactivity. However, it is evident that life frequently presents challenges and difficulties, serving as a sweet reminder that we may have misjudged our progress and failed to recognise that certain stages of our development remain far beyond our reach at this moment. Wishful thinking can be a double-edged sword, with the potential to cause more harm, particularly when an individual lacks the necessary knowledge to formulate specific wishes or aspirations. It is essential to persist in the experimental process, to continue to experience and express. Keep on keeping on!

Composed by Ute and Peter Reichert

PRACTICAL WISDOM

Labour not excessively
for wealth.



Hymns to Agni, the Sacred Fire Rgveda, Mandala-1, Sūkta - 13, Ṛk - 2

मधुमंतं तनूनपाद्यज्ञं देवेषु नः कवे ।

अद्या कृणुहि वीतये ॥

madhu-mantam tanū-napāt yajñam deveṣu naḥ kave ।

adya kṛṇuhi vītaye ॥

Word Meaning:

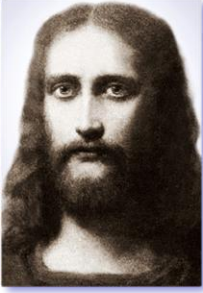
tanū-napāt	The son of the body; the physical one
kave	the composer
adya	now
kṛṇuhi	do make
naḥ	our
madhu-mantam	honeyed (of nectar)
yajñam	offering
deveṣu	in the devas
vītaye	for (their) advent and presence

Meaning:

Oh Agni! The composer and the poet (kavi)! You hold the offerings of nectar. We offer to you, the foods of vigour and nourishment. May you present them to the devas so that they may rejoice.

Explanation:

This hymn speaks about the advent of the devas as the transformations happen within. This process is presided by Agni. The offerings made by the one, in the body are received by Agni. The devas receive ‘madhu’, meaning the nectar or honey as the food. As the transformations happen, there is an advent of the devas who joyfully receive the offering of honeyed foods and bestow their presence.



Life and Teachings of Master Jesus

Part 28

Guide: “At the very beginning, the earth formed as a mass around the North Pole. The human race was the first to reside on it. The North Pole was not where it is today. The poles keep shifting. They move one degree anticlockwise every 72 years. At first, when the earth was formed, the North Pole was located in the northern part of the Himalayas. That region of land is called the White Island (Swetha Dweepa) by our Hierarchy. The consciousness of earth is present in the White Island. At present that region is called the Gobi desert. ‘Gobi’ is a modified name. The original name is ‘Gopi’. ‘Gopi’ means secret nature (pravrutthi) in Sanskrit. The consciousness of earth is called Gopi. It is secretly being protected. The one that protects is called Sanat Kumara. He is the one known as Pradhymna in Puranas.

The centre of the consciousness of the earth in the Gobi desert is called Shambala. It is called Shambala village in the Puranas. All the inhabitants of the White Island, having Shambala as their village, are indeed the ones that have attained the state of Samadhi. They have the glory of Lord Vishnu as their bodies. They are always in meditation, in alignment with the omnipresent One, and are always absorbed in meditation to manifest His Will upon earth. Sanat Kumara, the mind-born son of the creator (Brahma manasa putra), graced to reside on earth and be their leader. During the incarnation of Sri Krishna, he was born as his son and was known as Pradyumna. At the beginning of the Kali Yuga, he gave up his body and is again residing in Shambala as Sanat Kumara. He is the king of the earth. Just as you are to your body, Sanat Kumara is to the earth.”

Jesus: “How great Sri Krishna must be, that Sanat Kumara, being the Brahma manasa putra was born as his son in that incarnation.”

Guide: “Sri Krishna is eternal. From Him emerged Lakshmi and Narayana. From them emerged Chaturmukha Brahma (four faced creator), and from Chaturmukha Brahma emerged the mind born sons of the creator (Brahma manasa putras). They

are:

1. Sanaka,
2. Sanandana,
3. Sanat Kumara,
4. Sanat Sujata, and
5. Narada.

The first four sons are carrying out their responsibilities in the four-fold divine manifestations of Vasudeva. Narada, who coordinates everyone and everything, shines as a Devarshi who executes the work of the divine in all the worlds. The indwelling Supreme Being, the Omni Present One is Sri Krishna. His incarnation on earth is merely His Grace.”

Jesus: “I have heard from the elders that the sound of His flute is deep inside every being. Please explain it to me.”

Guide: “The sound of Lord Krishna’s flute is verily the sound Om. It is the source of creation. In beings, that sound exists as consciousness. That only exists as the life and the awareness. The descended one, Lord Krishna, has once again awakened all beings through his flute. The sound waves emanating from him have greatly influenced this earth in terms of its consciousness. The very same waves have also caused awakening in you.”

Jesus: “Your omniscience brings me joy. It also makes me wonder. The guidance you provide me is also compassion beyond any reasoning. My getting attracted to the flute and my practicing the flute music, is due to the encouragement and knowledge bestowed unto me by Mother Pratichi.”



Arkhip Kuindzhi: Rainbow, 1900

The Externalisation of Hierarchy 15



There is the linking of the energy enabling the externalisation of Hierarchy. The orientation even of the devotees, all over the planet there are so many religions and theologies, and so many persons who pray to the divine. What for do we pray? We pray to receive, for our daily bread, for our health, longevity, material health, to secure our property, family. Always the prayers are for selfish purposes. That is not the original purpose of prayers. It is always seeking, from the minerals, plants, animals, humans, devas, we also seek from God. Everywhere we are only - I use a strong word - we are sucking from everywhere, sucking, sucking. As if it is not enough, we pray to receive. We seek from surroundings, not from above. Therefore most of the devotees are not devoted. They are so selfish that they want light, more light. We pray for getting healed from incurable sicknesses but not of the selfishness. We want more and more wealth. If we walk up to Jacob, we think to get more wealth. All our pilgrimages are for material things. I know, in the north-west of Spain, Santiago's path, people start right from Italy, via Switzerland via France or Spain - for what? Enlightenment comes when you offer yourself and not when you seek. It is not a path of seeking but a path of offering. It is not begging, stealing.



White Magic 1

On this auspicious day of the birth of Jesus the Christ let us try to recollect the very fundamentals of discipleship which we often forget on account of our mental preoccupation with very advanced concepts. It is very normal for a student to neglect the basics and consequently, all the exercises he does will not lead to any fruition. The man who is searching for truth or self-transformation has to establish an organized way, a systematized way of doing things so that there is a balanced approach and regular and uniform progress. Normally, we try to pick up something here and something else there and after 10-12 years we end up in total confusion about what we are doing.

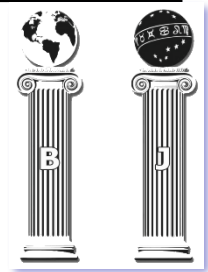
Discipleship is a long path which is not achieved overnight. If the fundamentals are not taken care of, it will cause lopsided development leading to vexation, disgust and disappointment and maybe eventually even depression. This is because what was to be done initially was not done and advanced steps are taken up too early. There is a very scientific approach to gradual spiritual unfoldment which will enable harmony at every step. The beauty is experienced in every step and every activity will give us great joy.

Most of us get frustrated because we forget the fundamentals. We have to have proper understanding so that we take a very balanced approach.

This text is not proofread by the author and might have some mistakes.

Temple Service

6. Esoteric Temple 4



There has to be training for the mind to open the outer activity at Will and close it at Will. That means as we complete the activity at the end of the day and go home, nothing relating to objectivity should be with us while we are at home. It is just taking rest in its true sense! Many people carry their bureaus in their mind even into the bedroom. Even while on bed they keep thinking about their bureau or things relating to the objectivity. The Temple work is possible only for those who can suspend the objective mind and turn subjective. The subjective activity is much more than the objective activity, because the objectivity is not even 1/7th of the human activity. Only one-fold is outside, the other six dimensions are inside. It is in relation to these six dimensions that we have six chakras. How can we experience the inner side unless we are able to close the outer side at Will? In the Temple work First Initiation is seen as the ability to suspend the mind from getting into objectivity and turn to subjectivity. This has to be daily practiced to be able to turn inward. Initially, it is recommended to be done in the name of meditation. When the mind can close the thoughts relating to objectivity at Will, only then the Inner Temple will be opened.

On Synthesis

A man who is rigid should develop
the ability to be flexible.

Flexible people know
how to accommodate as much as possible.

Rigid people tend to reject.



On Healing

3. Co-operation with the Five Kingdoms 16

The Devas are - as already said - beings of light, of transparency and of sublime character. Their glimpses are witnessed through the Initiates. People engaged in clandestine thoughts, diabolic acts and unwholesome speeches are far from this world. When every act of yours is transparent enough, the light pierces through and the matter of your body transmutes to enable transparency of light. This needs to be gradually worked out during the study and practice of healing.

The Devas of light, of minerals, plants and animals and of the five elements, the five senses, help us incessantly, with no expectation of return/remuneration from us. We cannot help them. They do help us. Do we help those, who do not help us? If we do so we are nearer to this kingdom. You are proximate to their presence. The link is possible. The daily prayer or worship of Light either directly or through a Master of Wisdom should form part of a healer's life. This enables linkup for harmony. The prayer is the link to the Light, which is the Light of the Soul. It enables the functioning of light through the mind. The man in God functions through the mind. The God in man functions through the light. Prayer links up the mind to the light. The prayer enables formation of a bridge for God in man to function through man in God. God in man and the light form the higher circle. Man in God and the mind form the lower circle. The link up causes 8 - the number of the soul - the Christ or Krishna.

Sanat Kumara



Practise Harmlessness in Thought, Word and Deed 2

Physically hurting is the crude form of Himsa. Vocal hurting is more painful than physical hurt. If someone is hurt physically the body heals soon. But if he is hurt vocally the hurt continues for longer time. One may forgive, but would not forget. Do not believe in the statement uttered forth by the priests, “Forget and forgive.” The more appropriate statement is, “You may not forget, but you may forgive.” Jesus Christ has forgiven those who crucified him. But he does not forget what was done to him. He has forgiven so much that he serves them again. Forgetting is not helpful. Forgiving is helpful. Forgiving is divine. Forgetting is ignorance. The knowledgeable ones do not forget, but they forgive totally. They forgive so completely that they are ready to serve those who have hurt them!

As said earlier, if one aspires for light, he must necessarily set himself on the path of Ahimsa, harmlessness. Harmlessness leads to love. One becomes so loving that he thinks twice before he plucks a flower or a fruit from a tree. When one is harmless in the true sense of the word, the plants, the animals, the humans and even the devas would like to be with him and around him. This is true. This is the secret of the saints, the yogis around whom all like to gather.



Seventh Ray and Magic

The incoming of the 7th Ray 47

As the purpose of his life drives the aspirant, and as he presides over his closed pentagram and conducts the work for long years to realise the purpose of the soul, there would be a gradual, yet a steady shift in the state of awareness of the aspirant. The awareness gradually shifts from the pentagram and orients to the soul. As the pentagram stands in total alignment with the soul, it starts receiving the light of the soul constantly.

As the pentagram receives the light of the soul, a process of transmutation starts happening to his pentagram. Every cell of the pentagram then transmutes into light and the pentagram eventually becomes lighted and the awareness of the aspirant transcends the conditioning of death.

The aspirant then becomes an effective instrument. An instrument which is well calibrated, lighted and which would be of great use for realisation of His Plan. The aspirant is then introduced to Master in his heart and is given entrance into the activities in relation to higher plan, His Plan, Divine Plan.

He then realises that while the purpose of the soul is being worked out, there is also a greater purpose for which he can contribute. He is introduced to many such ones who are working for the Plan. Many have been thus working for hundreds of years. The aspirant receives great inspiration and he willingly submits himself to the work.

His Plan presides over his pentagram and His energy starts flowing through the pentagram. He completely surrenders himself to His Plan to the extent that He and His work alone remains and nothing else; not even he or his purpose and much less the purpose of his pentagram. He sacrifices himself. He totally surrenders to HIM and His work.

This state is what Master DK refers to as pentagram becoming “a ring of fire that serves the Plan.”

Composed by Guru Prasad Kambhampati

Enlightening Encounters

U G - The Master 3



UG was a unique person, a person that was simple, authoritative and yet friendly. Strong in conviction, he did not allow anyone to follow him. A follower remains a follower, he cannot be original, is what one should understand from his various talks. He promises nothing and expects nothing. He was truly original. To be spiritual is to be original, is the understanding of Saukumarya too.

On many occasions, Saukumarya had interactions with UG. The encounters were as unique as UG himself.

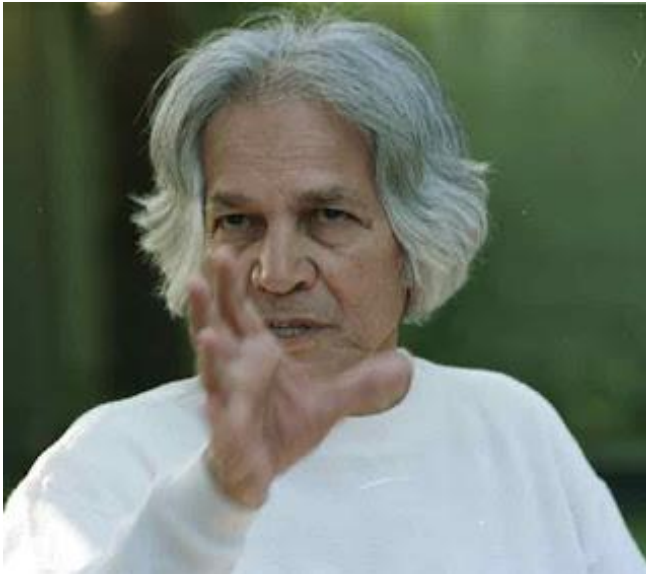
It was 1997. On one occasion, when Saukumarya flew to Chennai on professional work and stepped into the house of a friend who was also a relative, to stay, he found UG and a few followers of his in the drawing room. The host introduced Saukumarya to UG and UG to Saukumarya. UG was 27 years elder to Saukumarya and was in his 79th year. He stood up from his seat and offered Namaskar to Saukumarya. Saukumarya responded with equal warmth. Saukumarya was stunned to notice the agility with which UG stood up and wished Saukumarya. He was the first to greet, for he was speedier. Saukumarya excused himself, got into the house, to the arranged room, freshened himself up and came back to join UG, his associates and the host's family. Again, it was UG who stood first and showed a place to sit to Saukumarya, which was the other end of the sofa in which UG was sitting.

There was some conversation for about two hours where the associates were asking questions to UG and UG was briskly answering in his own style. Saukumarya was just a witness. He did not involve in the conversation and was in complete silence, observing what was happening. Suddenly UG declared "It is time for dinner, let us stop this." He turned to Saukumarya and said, "Is it not the time to dine? I am hungry." Saukumarya nodded the head. The dinner was ready and all were invited to join the dining table. UG headed the table and suggested to Saukumarya to sit on the other side where they could see face to face. The dinner was served. Conversations continued. Dinner was over. UG did not talk, so was

Saukumarya. The rest were speaking as between them and with the host. The topic was the dishes that were served for dinner.

After dinner, the associates once again shifted along with UG to their earlier meeting place. Saukumarya also took to his earlier seat.

Yet another two hours, spicy questions were made to UG and UG answered with equal vigour and extra spice. The group was engaged and was absorbed. Saukumarya was as silent as before. The clock struck 11:00 hours. UG broke the conversations and said, "It is late. We should sleep." He turned to Saukumarya and said, "Should we not sleep, sir!" Saukumarya nodded in affirmation. The group dispersed to their allotted places and Saukumarya to his room. UG was taken to the room on the roof.





Uranus The Alchemist of the Age Uranus and the Seven Rays 8

Transmuting the scientific knowledge into a way of wisdom and of light is yet another work Uranus does. One of the characteristics of Uranus is scientific mind, which is related to the Fifth Ray. The concrete knowledge of science is put to series of transformations through incessant discoveries leading the scientists into the frontiers of light and of wisdom. This is de-mystifying many ancient concepts into their scientific dimensions. The ancients found much through their scientific experiment and gave out certain truths relating to the universe. As the humanity degenerated with desire, passion and lust, the mist gathered around the scientific concepts of the ancients. The wisdom was lost due to excessive inclination to material pleasures. The science today conforms many of these so-called mystical concepts. It's a process of de-mystification. Even the Truth-seekers would approach the Truth more through scientific means than through the mystical practices. The scientific approach to Truth is today called occultism. An occultist has a scientific approach to the ultimate Truth. The path of Yoga given by Patanjali is pure science to be applied upon man, which is getting more and more popular. In the eightfold path of Yoga given by Patanjali there is no belief sought. There are no clouds of mysticism. Every human who is willing to follow the discipline of Yoga would find the same Truth within and without. Master C.V.V. also says, "This is a path of direct knowledge. I do not allow blind faith." The science carries out the work to its logical conclusion and the influence of Uranus finally produces an unfolded spiritual consciousness. This is frequently called in the esoteric circles as 'reversing the wheel'.



Master EK

Vishnu Sahasranama

Stanza 15 - 3-6

3. The law of creation produces the various lokas, the various devas and the laws governing them all. All of them abide the law since they can behave only according to the laws of existence and the properties of matter, force and mind. This law which includes the laws of the universe works under the awareness of the Lord.
4. Every part of the creation forms in its completeness and exactitude. Hence, the Lord is accomplished in every part of his creation. Yet each part is incomplete in itself and each individual falls short of the perfection of the totality since he has his own defects of the lower nature, while progressing each individual falls short of the accomplishment and after attaining liberation he is accomplished.
5. The individual self is made up of four layers: a) the physical body, b) prana, c) mind, d) soul. All these are the manifestations of the same Lord.
6. The manifestation of the cosmos and the formation of the individual takes place in four steps of descent: a) Vasudeva b) Sankarshana c) Pradyumna d) Aniruddha.

Master
Mountain





Paracelsus Health and Healing Perception of Prana 2

When men are affected by emotions such as anger, worry, irritation, fear, hatred, jealousy, anxiety, etc, they unconsciously cause an impact on the smooth functioning of the pranic principle. When this impact frequently happens, the organ relating to the function of this Prana, namely, the heart is also affected. Every extreme emotion disturbs the rhythm of inhalation. The consequent disturbed currents affect the heart beat and also the lungs. As a further consequence, the blood circulation is also affected. In the human activity, when the importance of maintaining the rhythm of respiration is not cognised, it should be considered as ignorant and fatalistic. Emotional outbursts and emotional suffering are unworthy to be maintained even from the standpoint of health. The related tension causes subtle but regular, negative impact on the body thereby making the body vulnerable for sicknesses. Stable, strong, comfortable and cheerful mind is the basic requirement to resist the importance of the society. When one does not have such a resistant mind, he opens up his system for attacks of strain and stress, falling into sicknesses.

Dr. K. Parvathi Kumar: Occult Healing Vol. 1, Dhanishta, Visakhapatnam, India 2019



The Female Hierarchy

Part 41

(In the Female Hierarchy, the foremost is Kala.)

Then comes the next step. At Sahasrara you have Anasuya, meaning total absence of malice. Malice comes when we are into the three qualities. When you are into the quality of dynamism, poise, and inertia, which create an activity. The qualities cause activity. When the activity is generated the related carbons are also generated. So, they have to be cleaned. Every day our activity generates lot of carbon in our system. The activity is the activity of the triple quality. If your awareness stands beyond the triple quality, you stand without any malice, without any pollution. To stay beyond the three qualities and to flow through the three qualities and yet retain an unmaliced state is a state of awareness. For example, as you wake up in the morning, you are fresh like a flower in your awareness, so fresh, so harmonious, until you get into activity. When you open your fridge for milk and you don't find milk, you are disturbed. Or you go to your stove and try to enflame it because you want to make some coffee or tea and there is no gas. If there is no order you are disturbed. So, already from a very peaceful, poised, harmonious, orderly state, we take to some kind of disturbance. Imagine the nature which always stays unperturbed by whatever happens around and tries to contribute order to disorder. When there is disorder that awareness causes order. It contributes harmony where there is conflict. It contributes poise wherever there is disequilibrium. That kind of nature is called the second in Hierarchy. That is what we call Anasuya.

This text is not proofread by the author and might have some mistakes.

Stories for Young People

4. Selfless Service - Hanuman

The life of Hanuman is a true reflection of devotion expressed through selfless service.

When Hanuman met Rama and Lakshmana for the first time, he approached them disguised as a Brahmin to ascertain their identities. He welcomed them with respectful, articulate, and grammatically perfect speech. Lord Rama immediately recognized that only a person well-versed in the four Vedas could speak in such a measured and flawless manner. It is said, in order to truly assess another person's knowledge, one must be a master of the subject oneself. Thus, their very first meeting stands as a testimony to the greatness of both.

It is intriguing to note that such a knowledgeable and capable person wholeheartedly submitted himself to the Lord, remaining in constant service of Lord Rama and assisting him in his divine mission.

Hanuman played a crucial role in the search for Goddess Sita, who had been abducted by Ravana and held captive in Lanka. He leapt across the vast ocean to reach Lanka to learn about her whereabouts and well-being. He submitted to her the ring given by Lord Rama as a sign of assurance, and in return brought back her jeweled hair ornament, called Choodamani, as a token of her message to Rama.

Later during the fierce war, when Lakshmana fell unconscious struck by the arrows of Indrajit, the royal physician advised that only the Sanjeevani herb could bring him back to life. Without a moment's hesitation, Hanuman flew to the Himalayan mountains. Unable to identify the exact herb, he lifted the entire mountain and brought it to Lanka so that Lakshmana could be revived. The life-giving herb not only restored Lakshmana but also revived many warriors who had fallen on the battlefield.

Even during the great Mahabharata war in the next yuga, Hanuman adorned the flag of Arjuna's chariot with his presence and greatly assisted Arjuna by creating favorable winds in battle. In this way, he supported Lord Krishna in the reinstatement of dharma during the Dwapara Yuga.

In the Srimad Bhagavata, this form of devotion is described as "Pada

Sevanam,” which literally means serving the holy feet of the Lord. Pictorially, Lord Hanuman is often depicted either seated at the lotus feet of Lord Rama, or opening his heart to reveal Lord Rama and Mother Sita seated within it, symbolizing that the Lord eternally dwells in his heart.

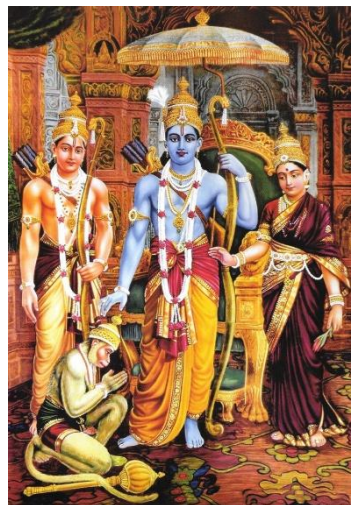
There is a subtle inner meaning in the phrase “serving the lotus feet of the Lord.” The Lord may not always be visibly present before our eyes. However, when one learns to see the divine presence in all beings and treats them with kindness - while performing one’s duties toward family, friends, society, and profession as an offering to the Lord - one begins to experience the presence of the divine within.

In Ramayana, Lord Rama is praised as one who possesses great virtues - being principled, of noble conduct, courageous, one who has mastered his anger, and one who is free from jealousy etc., Constantly recollecting such qualities inspires one to imbibe them in one’s own life. It is in this context that it is often said that wherever the name of Lord Rama is sincerely chanted - or where his qualities are sincerely contemplated and practiced - the presence of Hanuman can be felt.

Thus, Hanuman stands as the eternal symbol of devotion expressed through knowledge, humility, strength, and above all, selfless service rendered at the feet of the Lord.

Composed by Sanath Sripathi on the basis of Śrīmad Bhāgavatam

Raja Ravi Varma: Sri Rama



Window to World Service News & Activities

SPAIN

Name of the group: WTT Group of Madrid / Brothers of the Eagle (Hermanos del Águila)

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Activities 1

Through “Hermanos del Águila,” we continue our project to spread knowledge about the energies of Toledo, and we organize various activities, including group meditations on Full Moons (with a special gathering for the celebration of the Wesak/Vaisakh Festival), on the Solstices, on the Equinoxes, and an intergroup gathering during the first degrees of Sagittarius.

We collaborate with Dhanishtha Publishing on the translation, editing, and transcription of books, seminars, or talks for subsequent publication, either in the monthly newsletter or through the publisher.

We also assist in the sale of books among members of the “Hermanos del Águila” group and to certain specialized bookstores.

We have books purchased or donated by the group members themselves for loan and reading by other members or supporters who cannot acquire them either due to financial constraints or because the edition is out of print. We also have courses and seminars taught by Master P. Kumar available.

All members of the Madrid chapter of the WTT participate in the various activities of the “Brothers of the Eagle” group, founded in 2007 under the inspiration of Master P. Kumar, initially as “The Eagle of Toledo” also inspired by the Master. Joining them are other WTT members, who participate online and at annual in person or virtual gatherings.

We hold group meditations on Fridays, joining the rest of the WTT groups via Zoom. Later, also on Fridays, following the invocation to Garuda, some join other WTT members for a study session organized by the Barcelona group on “Teachings of Master Morya.”

We participate in the gatherings organized by WTT Spain, including the May Call held in Catalonia, and some also attend the Scorpio Full Moon celebration in Montserrat.

Some group members contribute to the virtual broadcasts of the Evening Meditation, as well as those for Garuda, Mula, and WHHO, via the Zoom platform.

Virtually all members of the group participate in the WHHO Healing Meditation, meditating on Thursdays and Sundays at 12 p.m. via virtual meetings on the Zoom platform.

Picture to the Month
Virgo - Nature bestows forms to the beings



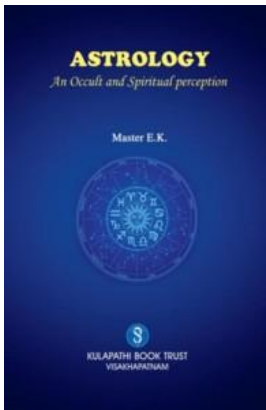
To accomplish the purpose of life, form is but essential. Out of her love for the beings, mother nature bestows the forms. The forms are merged back into the Nature once the purpose is fulfilled. This act of merging back is also conducted by the mother. Once the purpose is accomplished, it is but appropriate to surrender the form to the same source. The body, mind and the senses belong to mother nature. Having availed through the day, as you prepare to slip into sleep, gratefully retribute the five elements, body and the mind to the reservoir that the nature is. Shambala instructs that this practice be conducted each night as we prepare to slip into sleep.

Dr K. Parvathi Kumar: Shambala. Dhanishta, Visakhapatnam

Image composed by Ludger Philips

Book Review

Astrology - An Occult and Spiritual Perception



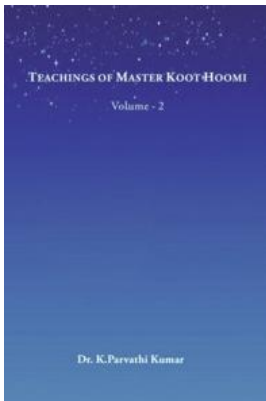
The ancient Indian seers compared astrology with a lamp in the room. If you illuminate the lamp in the room, then you will be able to see what is there in the room and walk around without stumbling and faltering. But the light in the room never adds anything to the already existing articles in the room. In a similar manner, the knowledge of astrology works only as a light in your own life. This anthology of Master EK's lectures on astrology given in the West unlocks many occult secrets and takes the seekers into the unknown realms of spiritual awakening.

Ekkirala Krishnamacharya: Astrology - An Occult and Spiritual Perception

PDF: https://worldteachertrust.org/_media/pdf/en/ek/astrology_an_occult_and_spiritual_perception.pdf

Order Book: <https://www.aquariusbookhouse.com/product/astrology-an-occult-and-spiritual-perception/>

Teachings of Master Koot Hoomi, Vol. 2



A good teacher deploys people into work and those who are consistent in the work are given teachings. Giving teachings to those who do not apply the wisdom in their daily work causes constipation and congestion in the minds of the students. For this reason, in Yoga, rhythmic action stands prior to imparting of knowledge. The inclination to receive the teachings and thereby the presence of the Teacher, has to be cultivated by the student. A cultured student receives well from the Teacher.

The book "The Teachings of Master Koot Hoomi" Vol. 2 contains instructions of Master Koot Hoomi, which have been propounded by Dr. K. Parvathi Kumar in the Vaisakh News Letters.

K. Parvathi Kumar: Teachings of Master Koot Hoomi, Vol. 2

PDF: https://worldteachertrust.org/_media/pdf/en/teachings_of_master_koot_hoomi_2.pdf

Order book: <https://www.aquariusbookhouse.com/product/teachings-of-master-koot-hoomi-vol-ii/>

Astrological Important Days

in August/September 2026

23.08.☉	04:18	Sun enters Virgo
25.08.♂		1883: <i>Birthday of Master MN</i>
26.08.♀	21:18	23rd constellation Dhanishta starts (End 27.08. at 22:45)
	21:00	Dhanishta-Meditation
27.08.♋	05:39	Phase of Full Moon starts, <i>Contemplation upon Gâyatri, the World Mother who sits on the Lion</i> 1983: <i>Foundation of WTT-Europe (later WTT-Global) in Geneva</i>
28.08.♀	06:18	Full Moon of Virgo ☾
03.09.♋	22:55	8th phase of descending moon starts (End 04.09. at 20:44)
03.9. / 04.09.		<i>Birthday of Lord Krishna</i> (8th desc. moon ph. in Rohini)
06.09.☉	15:59	11th phase of descending moon starts (End 07.09. at 13:34)
08.09.♂		<i>Birthday of Mother Mary</i>
10.09.♋	07:03	Phase of new moon starts, <i>Contemplation upon ,The Pledge‘</i>
11.09.♀	05:27	New Moon of Virgo ●
14.09.♊	03:37	4th phase of ascending moon starts, <i>Ganesha festival and Birthday of Sripada Srivallabha, Avatar of Lord Dattatreya; Contemplation on Ganesha, the cosmic Jupiter, from the head center to the base center.</i>
15.09.♂	04:14	5th phase of ascending moon starts, (End 16.09. at 05:29) <i>Festival of the Seven Seers (Rishi Panchami). Contemplation on the 7 Seers of the Great Bear represented by the 7 Masters of the 7 Rays.</i>
18.09.♀	09:31	8th phase of ascending moon starts (End 19.09. at 11:57)
21.09.♊	16:31	11th phase of ascending moon starts (End 22.09. at 18:13) <i>Contemplation upon Gâyatri, the World Mother with a rainbow hallow around the head</i>
23.09.♍	02:05	Sun enters Libra (Autumn Equinox) <i>Contemplation on the Female Hierarchy</i>
	05:39	23rd constellation Dhanishta starts (End 24.09. at 07:05)
	21:00	Dhanishta-Meditation

All times are in CEST (Central European Summer Time)/UTC+2

(Universal Time Coordinated plus 2 hours);

Data source: Astrological Diary 2025/2026, www.worldteachertrust.org

The World Teacher Trust - Global, CH-6440 Brunnen



The Great Invocation

Let us form
the circle of good will.
Omnia Vincit Amor.

From the South through
love, which is pure,
from the West through
wisdom, which is true,
from the East through will,
which is noble,
from the North through
silence, which is golden.
May the light make beautiful
our lives.
Oh! Hierophant of our rite,
let his love shine.
Omnia Vincit Amos.

We bow down
in homage and adoration
to the glorious
and mighty hierarchy,
the inner government
of the world,
and to its exquisite jewel,
the star of the sea
- the World Mother.

From the point of light
within the mind of God,
let light stream forth
into the minds of men.
Let light descend on earth.

From the point of love
within the heart of God,
let love stream forth
into the hearts of men.
May the Lord return to
earth.

From the centre
where the will of God
is known,
let purpose guide
the little wills of men,
the purpose
which the Masters
know and serve.

From the centre
which we call
the race of men,
let the plan of love and
light work out,
and may it seal the door
where evil dwells.

From the Avatar
of Synthesis
who is around,
let his energy pour down
in all kingdoms.
May he lift up the earth
to the kings of beauty.

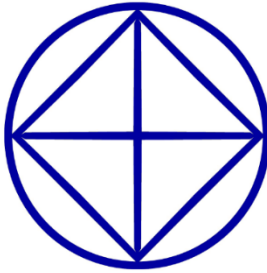
The sons of men are one,
and I am one with them.
I seek to love, not hate.
I seek to serve,
and not exact due service.
I seek to heal, not hurt.

Let pain bring
due reward of light
and love.
Let the soul control
the outer form and life
and all events,
and bring to light
the love that underlies
the happenings of the time.

Let vision come and
insight. Let the future
stand revealed. Let inner
union demonstrate and
outer cleavages be gone.

Let love prevail.
Let all men love.

Master DK



May we stand in Light and
Perform our obligations and duties
To the surrounding Life to be Enlightened.

May we float in Love and
Share such Love and compassion
With the fellow beings to be fulfilled.

May we tune up to the Will and
Thereby alert our Wills to gaze
The Plan and cause the work of Goodwill.

May the Light, Love and Will
Synthesise our lives into One Life.